

**Welcome to the First Unitarian
Universalist Society of San Francisco**

Families and Children

Interested in learning about our Family Ministry and Sunday School programs?

Visit our website (www.uusf.org/family-ministry-classes-and-programs)

Questions? Rev. Alyson Jacks, ajacks@uusf.org or 415-776-4580.

Take a Seat

For people with chemical sensitivities, there is a scent-free zone, at the front of the right aisle. For people with service animals, please find marked area on left aisle.

Hearing impaired? Just ask an usher for an assistance device.

Candles

At the front of the sanctuary may be lit at any time as a silent sign of gratitude or concern.

Fill Out A Yellow Visitor Card

Let us know who you are by filling out a yellow visitor card. We'll send you our weekly e-mail, The Flame, and our monthly newsletter, FirstNews.

Tour of the Church (Sundays)

Meet your guide at the foot of the Chancel at 12:15 PM.

Stay For Coffee Hour and Conversation

Coffee hour will follow the service in the TSK Room or Courtyard.

Bookcorner

Open on the 1st and 3rd Sundays of the month following the service.

People Ages 18 to 39

Stop by the 20s & 30s table in the Gallery after Worship to meet the young adult community and learn about upcoming events. Questions? Email youngadults@uusf.org or call 415-590-7836.

Humanists And Non-Theists Discussions

12:30 PM most Sundays in the Fireside Room.

Newcomer Orientation

First Sunday of each month at 12:30 PM.

Invitation To Membership - February 2 (email ajacks@uusf.org)

1st Sunday of alternate months. Info: www.uusf.org/membership

Please go to www.uusf.org/newsletters current church activities.



**HOSTING OUR HOMELESS NEIGHBORS
IN FEBRUARY: HELP NEEDED!!**

I know many folks come to church and value the ability to find ways to serve. We witness to pain all the time and the powerlessness is soul-deadening and the wise among us, who want to stay alive inside, respond to that deadening, by choosing life, choosing service.

For 31 years our congregation is one of only 4, I believe, that host the homeless in the winter, a month each. Our month begins in February, and we need some help, as always for the work to live on. So...

Our leaders of this program, **Hanna Hart** and **Ben Bear** and **Gordon Sharafinski** — a big, loving thank you to them — are looking for a few potential volunteers. Here's where you can come in!

NEEDED:

- Additional folks who could be evening liaisons/ hosts when other church's groups are providing dinner at the shelter. The job entails being at church from about 5:30 PM to 8:30 PM and helping support the groups in finding what they need working in our kitchen. This person also refills salt, pepper, sugar etc., so that it's ready for the morning shift the next day.
- Weekdays shoppers. Ideally, we would find three or four people who could each take two trips to the food bank and Cash & Carry and drop stuff off at church. Requires a car and being able to lift 40 lbs or arrange for help on each end.
- Lead chefs. Experience preferred. People who know how to think through big quantities of food preparation and are good at giving orders and getting a meal out on time to a deeply appreciative dining room!

If you think you might step in one of these ways, or even have more questions to know if you can serve in one of these ways, please contact us at **wintershelter@uusf.org**. And thank you. As Thurman said, "What the world needs is for people to come alive."

Vanessa

First Unitarian Universalist Society of San Francisco
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415-776-4580 / info@uusf.org
www.uusf.org / [#fuussf](https://twitter.com/fuussf)



The Year of...

Order of Service
Sunday, February 2, 2020
11:00 AM to 12:15 PM

Prelude Ombra Mai Fu George Frideric Handel
Andrés Vera, cello; My Hoa Steger, piano

Opening and Welcome Rev. Vanessa Rush Southern, Senior Minister

*Hymn 1031 Filled with Loving Kindness Trad Buddhist Meditation
Ben Rudiak-Gould, song leader; Mark Sumner, piano

Unison Chalice Lighting Daniel Jackoway, Worship Associate
We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Brief Invitations Reece Hart, Trustee

Message for All Ages The Story of the Rat Version by Kat Liu

Greeting One Another
When I breathe in, I'll breathe in peace.
When I breathe out, I'll breathe out love.

*Covenant
Love is the spirit of this church, and service is its prayer. This is our
great covenant: to dwell together in peace, to seek the truth in
freedom, and to help one another.

*Doxology TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

The children and teachers depart for classes on the second stanza. If you want
your child to attend Sunday School, meet in the gallery following the children's
recessional, or ask for assistance in the church office. **Rev. Jacks (ajacks@uusf.org)**
can answer questions or address special needs.

Ritual of Remembrance and Commitment Rev. Vanessa Southern

Times of Spoken and Silent Meditation

Music Ständchen Franz Schubert

Reflection Lori Lai, Board Treasurer

Offertory Music Du bist die Ruh Franz Schubert

Story Lori Lai

Hymn 194 Faith Is a Forest MO-LI-HUA

Sermon The Year of... Rev. Vanessa Southern

*Hymn 350 The Ceaseless Flow of Endless Time MCKEE

*Benediction
(Please be seated until after the Postlude)

Postlude Humoresque Antonin Dvorak

* Please rise as you are able.

After the Service Today

Winter Shelter Volunteer Sign-Ups! - 12:15 PM, Gallery (TODAY)
On February 10 to February 29 UUSF will be the host community for the
meal and housing program for men. (see more info on the back)
Invitation to Membership! - Chapel (TODAY)
New members will be welcomed by church leadership and will be asked
to sign our membership book. We require all prospective members to
schedule a meeting with one of the ministers and attend the New UU
class, offered by-monthly. Questions? Email ajacks@uusf.org

Newcomer Orientation- Murdock Room (TODAY)
New to this church? New to Unitarian Universalism? Come to this informal,
interactive orientation to learn more about our church community and
our faith tradition. Newcomer orientation is co-led by our ministerial and
membership teams. Open to everyone.

Art Making Reception - 12:30 PM, TSK Room (TODAY)
This Art Committee's most recent exhibit was created by children from
the Betty Ann Ong Rec Center and Tenderloin Children's Playground
and is sponsored by the Children's Multicultural Museum (CMM).

Humanists & Non-Theists - 1PM, Fireside Room (TODAY)
"Impeaching A President" We will tackle these questions and more
and, by the end of the presentation, we will get a better sense
about how to answer them in a way that is consistent with our
cherished traditions.

Andrés Vera is a soloist, chamber and orchestral musician, who has performed in
countless venues throughout the United States, Europe, the Caribbean and Asia. He
performs the Classical cello and the Baroque cello. He is the newest member of the
Grammy-nominated Quartet San Francisco, a crossover string quartet that excels in
multiple styles — from jazz to tango, pop to funk, blues to bluegrass, gypsy swing to
big band and beyond.

Mrs. My-Hoa Steger née Lê graduated from the Dalton School of Music at
Western Michigan University with a Bachelor of Music in Piano Performance
in 1999. She worked under Silvia Roederer of the Verdehr Trio, as well as with
Lori Sims and Christopher Taylor. After graduation, Mrs. Steger went on to
study classical Bel Canto voice with Italian soprano Antonella Banaudi, choral
performance with John Sigerson, and played in the Dirichlet Quartet, an
experimental quartet to study the influence of Bach on the quartet genre.
Currently, Mrs. Steger is West Coast Music Coordinator for the Schiller Institute,
an international organization founded in 1984 to create a global Renaissance in
classical culture.

Upcoming
Social Justice Action: Wednesday Morning Rush Hour!
Wednesday, January 22, 7:30 AM to 9AM
Please join our witness with signs and leaflets to those in rush hour
traffic in front of our sanctuary every Wednesday morning from
7:30-9AM. Questions? Email neveragain@uusf.org

A Third American Revolution? Sunday, Feb. 9, 12:30 PM, TSK Room
A Book Talk by Rev. Dr. John Buehrens. Lunch Served (cost between \$10-15.
Funds will support the All Church Retreat Scholarship Fund)
John's book will be available for sale. Childcare will be available.

Transcendentalists like Theodore Parker, whose grandfather led
the Minutemen on Lexington Common on April 19, 1775, called for
a "Second American Revolution" to end slavery. We need to ask
ourselves if today we need a Third Revolution, one necessary to
prevent a populist regression to racism and autocracy. Join Rev. Dr.
John Buehrens as we explore this topic as he discusses his newest
book "CONFLAGRATION: How the Transcendentalists Sparked the
American Struggle for Racial, Gender and Social Justice."

Companionship Lunch - February 5, 12:30 PM to 2PM, TSK Room
Would you like an opportunity to check in and spend time with
members of your church community? All welcome!

Spiritual Practices Group - Feb. 8, 10:30 AM to 12PM, Chapel
If you attended the first Spirit Saturday, or wish you had, or are
both a UU and believe in, do, or are interested in doing spiritual
practices from other spiritual traditions, join us to share your
experiences and practices and learn about what others do.
Questions? Contact Rev. John Young johnlyoung43@gmail.com

Pagan Interest Circle: Gathers To Honor Brigid in Ritual Space
Feb. 8 at 7PM. Brigid, Goddess of Fire, Healing, Poetry and
Smithcraft brings fertility to the land and its people. Brigid, the Great
Triple Goddess of Celtic tradition, is honored at Imbolc (February
1st-2nd) in her Maiden aspect. Let's gather to honor Brigid. Let's
craft and make, for this year, our own dedication. You are welcome
to bring food or non-alcoholic beverage to share after the ritual.
Questions? Kristen Stephens k10stephens@att.net

Humanists & Non-Theists Potluck - "Textures of the Sierras"
Feb. 9 at 6PM. As we have grown older, we have come to appreciate
even more the details, the textures of nature. This talk begins with
some geologic and human history of the Sierras, concluding with
several walks in the Mammoth Lakes upper Lakes Basin, and the
oneness with nature that one may experience.

February Book Group - Led by Rev. Southern
In February we will read "The Overstory" by Richard Powers a novel
that won the 2019 Pulitzer Prize for Fiction. There are two opportunities
for folks to join in a conversation, on Wednesday, February 26 from
6:30-8PM or Thursday, February 27 from noon to 1:30 PM.

Community Suppers
Church members are cordially invited to attend one or more of our spring
2020 Community Suppers. The suppers are small and informal. Most are
soup and salad affairs — the host providing soup and bread, and the
guests providing salad and dessert. If you would like to attend one of
these Suppers, please go to **www.bit.ly/supper2020** to sign up!