Welcome to the First Unitarian

Universalist Society of San Francisco

Families and Children

Interested in learning about our Family Ministry and Sunday School programs?

Visit our website (www.uusf.org/family-ministry-classes-and-programs) Questions? Rev. Alyson Jacks, ajacks@uusf.org or 415-776-4580.

Take a Seat

For people with chemical sensitivities, there is a scent-free zone, at the front of the right aisle. For people with service animals, please find marked area on left aisle.

Hearing impaired? Just ask an usher for an assistance device.

Candles

At the front of the sanctuary may be lit at any time as a silent sign of gratitude or concern.

Fill Out A Yellow Visitor Card

Let us know who you are by filling out a yellow visitor card. We'll send you our weekly e-mail, The Flame, and our monthly newsletter, FirstNews.

Tour of the Church (Sundays)

Meet your guide in the front of the Sanctuary at 12:15 PM.

Stay For Coffee Hour and Conversation

Coffee hour will follow the service in the TSK Room or Courtyard.

Bookcorner

Open on the 1st and 3rd Sundays of the month following the service.

People Ages 18 to 39

Stop by the 20s & 30s table in the Gallery after Worship to meet the young adult community and learn about upcoming events. Questions? Email youngadults@uusf.org or call 415-590-7836.

Humanists And Non-Theists Discussions

1PM most Sundays in the Fireside Room.

Newcomer Orientation

First Sunday of each month at 12:30 PM.

Invitation To Membership - April 5 (email ajacks@uusf.org)

1st Sunday of alternate months. Info: www.uusf.org/membership

Please go to www.uusf.org/newsletters for current church activities.

Help Wanted! Get Involved Now!

www.uusf.org/getinvolved

Community Suppers

Church members are cordially invited to attend one or more of our spring 2020 Community Suppers. The suppers are small and informal. Most are soup and salad affairs — the host providing soup and bread, and the guests providing salad and dessert. If you would like to attend one of these Suppers, please go to www.bit.ly/supper2020 to sign up!

Interfaith Food Pantry Volunteers Needed

We need 20 volunteers to help give out food (groceries) to about 300 low income families on 8 Saturday mornings throughout the year. Ongoing opportunity for 3-4 hours on one or more of the 8 Saturday mornings throughout the year. Next opportunity is March 28.

Welcome to the First Unitarian Universalist Society of San Francisco

Cince its founding in 1850 our congregation has been a **J**beacon of religious liberalism in this city. During the Civil War, the Rev. Thomas Starr King was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our reliaious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

If you are interested in learning more, we invite you to a Newcomers Orientation usually held on the first Sunday of each month following the service. At the Welcome Table you will find pamphlets and other information. For more about our congregation, please visit our website at www.uusf.org.

"White Fragility" by Robin DiAngelo Classes led by Rev. Vanessa Southern

Minister's Book Group will meet on Wednesday, March 25 from 6:30-8PM and Thursday, March 26 from 12-1:30 PM. We will offer another chance for folks to read and discuss White **Fragility** by Educator Dr. Robin DiAngelo. This 150-page book is packed with information and frame-shifting invitations (and shoves) for white folks about issues of race and how to talk about and think about it. The book group will be divided into white caucusing groups and a group for people of color, each with its own facilitator.

The book is a must-read, I think, for all of us, but especially for white folks. Last year people got a lot out of reading it, but especially out of the discussions so please join!

Letting us know you are coming, however, is required, as is reading the book! Folks who came before are welcome to come again for a second pass at the material. Each read opens up insight. I look forward to seeing you all.

RSVP: www.bit.ly/marchmbc

First Unitarian Universalist Society of San Francisco



A Thousand Cuts and the Work of Healing

Order of Service Sunday, March 8, 2020 11:00 AM to 12:15 PM

Prelude	Neditation from " Reiko Oda Lane,			Jules Massenet	
Opening and	Welcome R	ev. Vanessa I	Rush South	ern, Senior Minister	
*Hymn 305	De Colores			DE COLORES	
Unison Chalice Lighting Sharon Weld, Ministerial Intern We light this chalice for the light of truth, the warmth of love, and the fire of commitment. We light this symbol of our faith as we gather together.					
Brief Invitations			Eric Shackelford, Trustee		
Greeting One Another When I breathe in, I'll breathe in peace. When I breathe out, I'll breathe out love.					
Reflection	David Heilbron, Worship Associate				
*Covenant					
Love is the spirit of this church, and service is its prayer. This is our great covenant: to dwell together in peace, to seek the truth in freedom, and to help one another.					

*Doxology

Skits

TALLIS' CANON



The children and teachers depart for classes on the second stanza. If you want your child to attend Sunday School, meet in the gallery following the children's recessional, or ask for assistance in the church office. Rev. Jacks (ajacks@uusf.org) can answer auestions or address special needs.

Ritual of Remembrance and Commitment Rev. Vanessa Southern

Times of Spoken and Silent Meditation

Sunday from Sunday in the Park with George Music Wm. García Ganz, piano

> The Too-White Zone Mari Maglione and Michael Bossier Rochelle Fortier-Nwadibia and Don Shearer

Offertory Music You've Got to Be Carefully Taught from South Pacific

Ben Rudiak-Gould, tenor O. Hammerstein & R. Rodgers

Readina

Sharon Weld, Ministerial Intern

Music The Little Things You Do Together from Company Sondheim Leandra Ramm, Mark Sumner, Brielle Nielson, Asher Davison

Sermon A Thousand Cuts Rev. Vanessa Southern and the Work of Healing

*Hvmn 1014 Answering the Call of Love

We are answering the call of love:

Emboldened by faith, we dare to

we are answering the call of love.

hands joined together as hearts beat

The promise of the Spirit:

And so ev'ry soul

Chorus:

as one.

proclaim

Jason Shelton

Sometimes we build a barrier faith, hope and love abide. to keep love tightly bound. Corrupted by fear, is blessed and made whole: unwilling to hear. denying the beauty we've found. the truth in our hearts is our guide.

Chorus

A bright new day is dawning when love will not divide. Reflections of arace in ev'ry embrace, fulfilling the vision divine.

Chorus

*Benediction (Please be seated until after the Postlude)

How Firm A Foundation Postlude American Folk Hymn (arr. Franklin Ashdown)

* Please rise as you are able.

After the Service Today

Cards of Care, Cards of Gratitude (2nd Sunday)

12:15 PM, Gallery (TODAY)

Please stop by the table in the gallery after the service today to write a card to someone who may need a cheerful greeting, sympathy, well wishes or a thank you! We will stamp and mail them. (Second Sunday each month)

We Need Your Support! Please see Kathleen Moran and John Young today after church in the Gallery to sign the School and Communities First petition to get this vital item on the ballot for this November! The new law would close the corporate Prop 13 loophole that allows wealthy corporations to pay only 28% of the tax burden while homeowners pay 72%. It would require large corporations to be reassessed every year!

Singletarian Potluck (2nd sunday) 2PM, Kincaid Room (TODAY) Bring potluck items to share. Singletarian Potluck happens each month on the second Sunday. Questions? **Karen** at 415-613-2061.

Humanists and Non-Theists - 6PM Potluck, Fireside Room

"Holistic Democracy" Holistic democracy is a way of working together which encourages individuals to grow and learn as whole people and facilitates co-responsibility, mutual empowerment and fair participation of all in co-creating their social and organizational environment.

Faithful Fools invite you to join them on April 4th at 6PM, Sanctuary as we are SINGING FOR OUR LIVES! www.faithfulfools.org/feast-of-fools-2020

Wednesday, March 11, 7:30 AM to 9AM Please join our witness with signs and leaflets to those in rush hour traffic in front of our sanctuary every Wednesday morning from 7:30-9AM. Questions? Email neveragain@uusf.org

Becoming Together- Wednesday, March 11, 1PM, 7:30 PM People ages 18 to 39 are invited to our bi-monthly reflection group. Stop by the 20s & 30s Community (TNT) table in the Gallery to learn more.

Forum - Sunday, March 15, 9:30 AM, MLK Room "Roxanne Dunbar-Ortiz, author, An Indigenous Peoples' History of the **United States"** In her book, Roxanne reveals much of the truth about this history. Her research presents shocking evidence about the policies of our government in its treatment and indeed, genocide, of the indiaenous peoples of North America.

Pi(e) Day Luncheon Celebration, Sunday March 15 at 12:30 PM! (we're rounding up) after worship service, kicking off our Annual Operating Fund (pledge) campaign. It's FREE! There's enough pie for everyone, when we all come together in a spirit of generosity. You can expect food, fun and a prize drawing for early pledgers, plus the warm spirit of joining together in a grateful community. Questions? Email 2020-21 Annual Operating Fund Campaign Co-Chairs Nancy Buffum and Joe Dellert at aof@uusf.org. Learn more and make your pledge at **www.uusf.org/pledge**

Social Justice-Spaghetti Dinner - Sat., March 28, 6PM, TSK Keynote speaker will be Senior Fellow at the Oakland Institute David Bacon. He will speak on immigration and international politics. Donation is \$20. Questions? humanrights@uusf.org

"Seriously Funny" - Saturday, April 18, 7:30 PM, Sanctuary The Fake Comedy Collective in partnership with UUSF presents this special event featuring comedy and music to benefit Project Lifeline. Project Lifeline offers legal and medical services to unaccompanied children held at the border detention camps. 100% of the proceeds will go to this non-profit organization whose mission is to coordinate legal services, medical care, education & advocacy.

Upcoming

Social Justice Action: Wednesday Morning Rush Hour!

Tickets are \$25. Go to www.uuseriouslyfunny.eventbrite.com

