

"From Fragility to Accountability"



Sunday, July 26, 2020, 10:50 AM

First Unitarian Universalist Society of San Francisco



Defund Protest 2020

Order of Service
Sunday, July 26 2020
10:50 AM to 12:15 PM

Livestreamed at <http://www.youtube.com/c/UUSFMedia>

Prelude Rita Fabrizio, flutist; Hugo Wainzinger, guitarist
No Es Que Me Haya Olvidado, By Mistake, Contigo Hugo Wainzinger

Opening and Welcome Carmen Barsody

Hymn 360 *Here We Have Gathered* OLD 124th
Mark Sumner and Brielle Nielson, song leaders; Reiko Oda Lane, organist

[\(CLICK HERE OR SCROLL DOWN TO PAGES 6 & 7 TO VIEW HYMN\)](#)

Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Invitations

Dennis Adams, Worship Associate

Call To Worship

Chatting With Friends

Rita Fabrizio; Hugo Wainzinger

Hugo Wainzinger

Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Ritual of Remembrance and Commitment

Spoken and Silent Meditation

Music Rita Fabrizio; Hugo Wainzinger
Libera Hugo Wainzinger

Reading Sam Dennison and Carmen Barsody
"United Nations Universal Declaration of Human Rights"

[\(CLICK HERE OR SCROLL DOWN TO PAGE 9 TO READ ALONG\)](#)

Reflection Carmen Barsody

Music Rita Fabrizio; Hugo Wainzinger
Young Romance Hugo Wainzinger

Reflection Sam Dennison

Offertory

[The offering today goes to support the work and ministries of the congregation.](#)



Music Rita Fabrizio; Hugo Wainzinger
If I Told You Hugo Wainzinger

[\(CLICK HERE OR SCROLL DOWN TO PAGE 8 TO VIEW HYMN\)](#)

Benediction

Postlude

Reiko Oda Lane, organist

Onward, Ye Peoples!

Jean Sibelius

PARTICIPANTS

Service Notes

Carmen Barsody, Faithful Fools; Sam Dennison, Faithful Fools;
Dennis Adams, Worship Associate

Technology

Jonathan Silk, livestream sound; Eric Shackelford, camera;
Joe Chapot, social media; Alex Darr, remote zoom; Robert Delao, sexton

Musicians

Reiko Oda Lane, organist; Hugo Wainzinger, guitarist; Rita Fabrizio, flutist;
Mark Sumner, Songleader; Brielle Nielson, Songleader

REFERENCES

"White Fragility" by Robin Diangelo

"Until We Reckon: Violence, Mass Incarceration,
and A Road to Repair" by Danielle Sered

ABOUT

Hugo Wainzinger is a composer, guitarist, and arranger.

Born in Argentina, he was exposed to a wide variety of music since childhood. He absorbed many musical styles, making him uncommonly versatile as an arranger, largely through the influence of his mother, a passionate bolero singer.

A prolific composer as well as a wide-ranging performer, he spans the spectrum from classical to jazz to contemporary and world music. Frequently performing as a soloist, he also plays with both Latin and American artists at various Bay Area venues and festivals including the San Francisco Jazz Festival.

In addition to his active career as a composer and performer, he engineers and produces recording projects at HeartStrings Studio in Mountain View, California.

Rita Fabrizio was born into a family of professional musicians, Rita began her flute studies at twelve years old. She received her Bachelors degree in music from San Francisco State University, and went on to study with Isabelle Chapuis at San Jose State University where she received her Master's degree in French flute repertoire.

She has over 30 years experience as a flute instructor, and she has performed with local orchestras and chamber groups in the San Francisco Bay Area, Santa Cruz, and Monterey Counties.

360 Here We Have Gathered

$\text{♩} = 76$

1. Here we have gath - ered, gath - ered side by side;
 2. Here we have gath - ered, called to cel - e - brate
 3. Life has its bat - tles, sor - rows, and re - get:

cir - cle of kin - ship, come and step in - side!
 days of our life - time, mat - ters small and great:
 but in the shad - ows, let us not for - get:

May all who seek here find a kind - ly
 we of all a - ges, wom - en, chil - dren,
 we who now gath - er know each oth - er's

word; may all who speak here
 men, in - fants and sa - ges,
 pain; kind - ness can heal us:

⊕ Words: Alicia S. Carpenter, 1930- , © 1979 Alicia S. Carpenter
 Music: Genevan psalter, 1543

OLD 124TH
 10.10.10.10.10.

feel they have been heard. Sing now to -
 shar - ing what we can. Sing now to -
 as we give, we gain. Sing now in

geth - er this, our hearts' own song.
 geth - er this, our hearts' own song.
 friend - ship this, our hearts' own song.

[BACK TO PAGE 1 \(CLICK HERE\)](#)

Now Let Us Sing

368

$\text{♩} = 116$

1. Sing to the power of the
Now let us sing, sing, sing, sing,
Sing to the power of the
faith with-in. Sing to the power of the
sing, sing. Now let us sing, sing,
faith with-in. Lift up your voice,
sing, sing. Lift up your voice, be not a -
be not a-fraid; sing to the power of the faith with-in.
afraid; now let us sing to the power of the faith with-in.

2. Sing to the power of the hope within. . . .

3. Sing to the power of the love within. . . .

4. Sing to the power of the joy within. . . .

Words & music: Anonymous

ROBESON
Irregular

An Excerpt from the Universal Declaration of Human Rights

Preamble

Whereas recognition of the inherent dignity and of the equal and inalienable rights of all members of the human family is the foundation of freedom, justice and peace in the world,

Whereas disregard and contempt for human rights have resulted in barbarous acts which have outraged the conscience of humanity as a whole, and the advent of a world in which human beings shall enjoy freedom of speech and belief and freedom from fear and want has been proclaimed as the highest aspiration of the common people,

Whereas it is essential, if humanity is not to be compelled to have recourse, as a last resort, to rebellion against tyranny and oppression, that human rights should be protected by the rule of law,

Whereas it is essential to promote the development of friendly relations between nations,

Whereas the peoples of the United Nations have in the Charter reaffirmed their faith in fundamental human rights, in the dignity and worth of the human person and in the equal rights of all human beings and have determined to promote social progress and better standards of life in larger freedom,

Whereas Member States have pledged themselves to achieve, in cooperation with the United Nations, the promotion of universal respect for and observance of human rights and fundamental freedoms,

Whereas a common understanding of these rights and freedoms is of the greatest importance for the full realization of this pledge,

Now, therefore, The General Assembly, Proclaims this Universal Declaration of Human Rights as a common standard of achievement for all peoples and all nations, to the end that every individual and every organ of society, keeping this Declaration constantly in mind, shall strive by teaching and education to promote respect for these rights and freedoms and by progressive measures, national and international, to secure their universal and effective recognition and observance, both among the peoples of Member States themselves and among the peoples of territories under their jurisdiction.

Article 1

All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of common humanity.

Article 2

Everyone is entitled to all the rights and freedoms set forth in this Declaration, without distinction of any kind, such as race, colour, sex, language, religion, political or other opinion, national or social origin, property, birth or other status. Furthermore, no distinction shall be made on the basis of the political, jurisdictional or international status of the country or territory to which a person belongs, whether it be independent, trust, non-self-governing or under any other limitation of sovereignty.

Article 3

Everyone has the right to life, liberty and the security of person.

Proclaimed by the United Nations General Assembly 10 December 1948

What's Coming Up? Ways to Connect in These Times



Virtual Coffee Hour: Starts at 12:15 PM

Join via Zoom: <https://zoom.us/j/725737157>

Meeting ID: 725 737 157

Dial by Phone: +1-669-900-6833 (San Jose)

Wish Guidance on Using Zoom?

There are a variety of ways you can learn how to connect through Zoom. The Church has prepared a Guide that explains the Zoom system, and all the basics you need to know in using the system. To access the Guide, [click here](#). You can also access brief on-line tutorials on Zoom To see an example of these tutorials (on how to join a Zoom meeting) [click here](#).

During these times we want you to have our e-mail information handy. Please reach out to your ministers for any reason -- you are having a hard time (or know someone who is); you have a great idea for our new version of shared life in these times (or know someone with skills we could use in this chapter of life together); and because you don't know who to call about what's on your mind. Keep these handy:

THIS SUMMER HERE ARE OUR SCHEDULES

Vanessa Southern (here all July and August 17-31): VRSouthern@uusf.org;

or for emergencies, 908-723-1342

Alyson Jacks (here until July 9 and July 27 onward): AJacks@uusf.org;

or for emergencies, 415-971-3194

If you have a pastoral emergency our **Lay Chaplains** are available but so too are Minister Emerita, **Margot Campbell Gross** and retired senior minister, **John Buehrens**.

Here are all the contacts for reaching out:

Margot Campbell Gross: margotcg@sbcglobal.net or for emergencies, 415-661-8316

John Buehrens: jbuehrens@comcast.net or for emergencies, 617-216-0962

Lay Chaplains: Chaplains@uusf.org

Taking Care of Each Other

We are wondering if there are folks who might be able to make a soup or stew for folks who are getting over being sick and delivering it to them (or having someone come and deliver it). Let us know if you can do vegan, vegetarian, meat-based soups or stews or any of the above. And just know, if we ask, and you aren't available that week, that is fine; we just want a list of folks who might be willing and able! Let us know at Chaplains@uusf.org



Humanists and Non-Theists

A Crash Course in American Democracy and the 2020 Election

TODAY

1PM

New ZOOM links every week

(Ed. note: we have posted the wrong links recently. We promise that the below ZOOM info is accurate for this Sunday's H/NT meeting.)

Helen Grieco, Northern California organizer of Common Cause-a non-partisan and non-profit group, will talk for 20 minutes on July 26 at 1pm about “The Nuts and Bolts of Democracy” Fraud, and Abuses of the Voting System and what Common Cause is doing to protect voters." There will be 15 minutes of questions and answers following her presentation.

Further readings:

[UCI Law: Fair Elections During a Crisis](#)

[DFAD: Fixing Out Broken Democracy](#)

[Common Cause: Preparing for the 2020 General Election in LA County](#)

Please join us by Zoom: <https://us02web.zoom.us/j/86331828917?pwd=K1dtdGhUdC9YWU5ldG1FQXludDBYUT09>

Meeting ID: 863 3182 8917

Passcode: 982144

One tap mobile: +16699006833,,86331828917#,,,,,0#,,982144# US

STOP THE MONEY

PIPELINE

[UUSF Green Committee](#)

Bring your input to the Green Meeting on July 27!

Monday, July 27, 6PM (On Zoom)

The Green Committee will meet via Zoom this Monday, July 27, at 6pm. We will be following up on the ideas generated in the brainstorm meeting that Vanessa led early this summer. We would love your input on projects such as Stop the Money!--pulling out the financial backing behind the destructive fossil fuel industries. And maybe you'll add another new idea or two! Our beautiful planet needs our help!

If you would like to attend, let **Betsy Darr** know, and she will put you on the list to receive the Zoom link: betdarr@gmail.com

The Pagan Interest Circle (PICT) Invites you to our August Ritual Circles via ZOOM

First Harvest: Corn and Grain

Saturday, August 1, 7PM (On Zoom)

We gather virtually(!) on the evening of a Solar Holiday on the Wheel of the Year. Lammas is one of the cross-Quarter days, one of the four Greater Sabbats, marking the first day of Autumn. (In the modern Wiccan calendar, Samhain is the beginning of Winter and the New Year, Imbolc marks the end of Winter: the Spring season; Summer begins at Beltane; Lammas comes at Summer's end.)

Lammas comes from the Anglo-Saxon words for "loaf mass" and refers to the celebration honoring the first loaf of bread made from grain of the year's first harvest.

This day is also known by its Celtic name, Lughnassadh, which refers to games that, according to folklore, the Celtic Sun God Lugh established in honor of his Mother.

To attend the rituals, please contact Nancy Buffum at nancybuffum@gmail.com to access the ZOOM link and meeting password.

[Adult Religious Education Programs](#)

July Poetry Lunches

Thursday, 12PM to 1PM, July 30

Led by Rev. Vanessa Rush Southern, Senior Minister

RSVP by either completing the registration form [here](#)

or email info@uusf.org

By popular demand again, our poetry gathering over lunch will continue!

If there is a poem you'd like to share with the group, please send it to Rev. Vanessa in advance (VRSouthern@uusf.org) and she will put it on our list of possibilities for the upcoming gathering... or the next one.

Questions? email info@uusf.org



[Adult Religious Education Programs](#)

Morning Metta Meditation

Tuesdays, Thursdays and Saturdays, 8-8:30 AM

Led by Elena Perez

The zoom link: <https://us04web.zoom.us/j/75735734442> (password metta)

Elena leads a simple, centering lovingkindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience. Attendees can choose to leave their microphone and camera off and just follow along. **Elena Perez** is a member of UUSF. She is a Licensed Acupuncturist who practices in SF at Dance With Life Chiropractic in the Inner Sunset, and in Fresno at Benessere Fresno. Questions? elena@communityneedles.com



[Adult Religious Education Programs](#)

Minister's Book Group

Book: "So You Want to Talk About Race" by Ijeoma Oluo

Wednesday, 7PM to 8PM, July 29

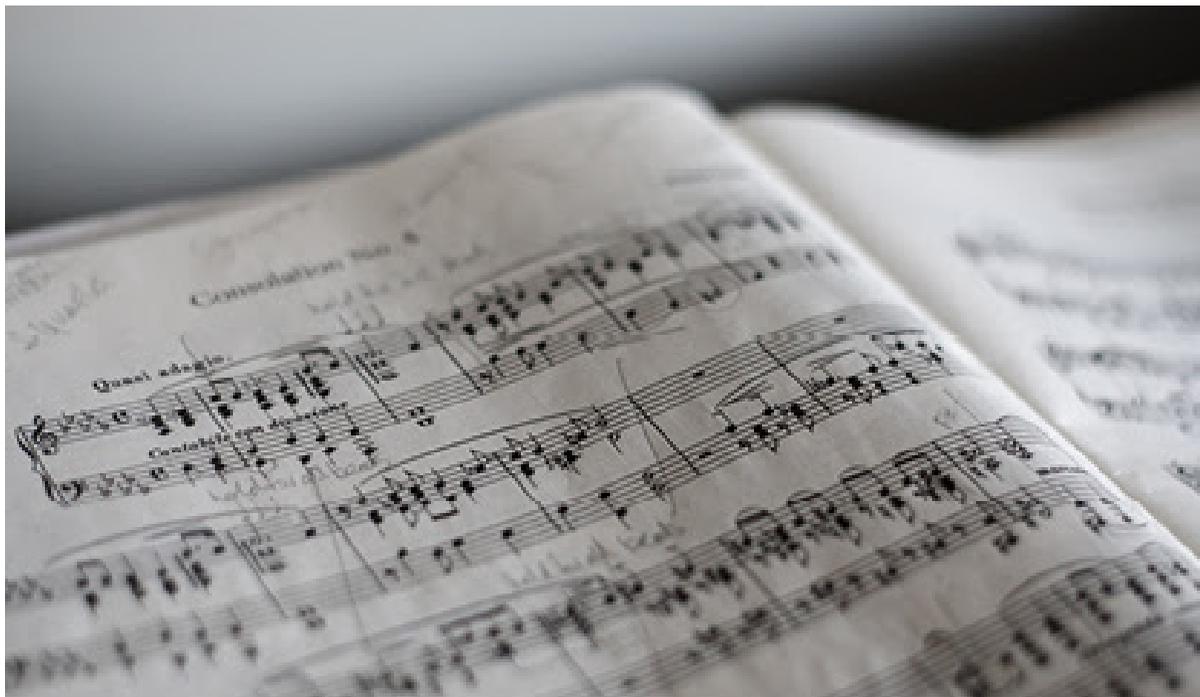
Led by Rev. Vanessa Rush Southern, Senior Minister

RSVP by either completing the registration form [here](#)
or email info@uusf.org

Join us for a month of book group meetings as we dive into the best-selling and illuminating book "So You Want to Talk About Race" by Ijeoma Oluo. We will meet for one hour to discuss a section of the book, which is described as a "hard-hitting but user-friendly examination of race in America." This, I hope, will give us the space to go in a bit deeper as each chapter is rich with insights and opportunities for discussion.

July 29: Chapters 14 - 17

Questions? email info@uusf.org



Sumner's Summer Offerings

With Music Director Dr. Mark Sumner

Mondays and Thursday

7:00 to 8:30 pm

For the Zoom link and a schedule of Offerings email Mark at sngwtme@gmail.com

Join me Monday and Thursday evenings from 7 to 8:30 PM for weekly Zoom singing exercises! Through late August I am covering a variety of musical areas some specific and others quite broad. The hope is there is something of interest at each session AND, upon cursory review, something that will draw YOU in!

For those having Zoom fatigue these activities involve you in ways that should minimize those effects. Judging from initial reactions, this may very well continue into the Fall so keep your eye out for that news!



All Faiths Food Pantry

Every Saturday
7:30 to 11:00 am

Old First Presbyterian Church
1751 Sacramento St, San Francisco, CA 94109
Corner of Van Ness and Sacramento

[SIGNUP HERE](#)

Questions: Contact **Megan Lehmer** - 415-385-0408 or mlehmer@drlehmer.com

Due to Covid-19, we have made some changes in how we handle the All Faiths Food Pantry. Rather than rotating between the five churches, all the churches are sending volunteers every week as we are encouraging younger people to volunteer, and suggesting that people over 60 not volunteer for safety reasons. We need twenty-five volunteers every week for the Food Pantry to go smoothly as we usually serve about 300 low income clients.

The Food Pantry takes place at Old First Presbyterian Church at the corner of Van Ness and Sacramento. We do offer free parking at the church garage located just south of the church on Sacramento as we give out stickers for the parking vouchers for anyone who parks in the garage at the end of the Food Pantry. The truck brings the food (groceries) from the SF/Marin Food Bank at 7:30 AM, so we need volunteers to arrive early. We are usually done with clean up by 11AM.

Volunteers are provided masks and gloves to pack the food in bags in the large meeting inside the church. Every effort is made to keep everything sanitary. Tables are sanitized frequently, and anything which accidentally falls on the floor is discarded. The packed bags are taken to tables outside, where our clients can pick up the pre-packed bags. Our clients line up outside the church with attention paid to social distancing. As a majority of our clients are monolingual Cantonese speaking, we do arrange to have to have a translator on site at all times.



Virtual Art Show ([click here](#))

In light of these quarantined times the [UUSF Art Committee](#) has arranged a Virtual Art Show featuring photographer **Adrian Alvarez Johnson**.

From Adrian:

As a photographer and anthropologist my goal is to peak interest in a culture through images of its beauty and complexity. By sparking interest and consciousness of the Andean World I hope to contribute to its visibility, vibrancy, and survival. **Do you recognize the Chakana and the words that it is made out of?** If you were part of the Andean World you would recognize the people, places, and things in the Chakana word cloud. A person's worldview comes from the figures, stories, concepts, and technology they inherit from their culture. Each photo presented is as packed with meanings and the Andean worldview as the Chakana word cloud. Please take some time googling the words in the Chakana.

In these photos the legacy and vibrancy of the Andean World is Visible. Incan ruins and Quechua and Aymara speakers span from Columbia to Northern Chile and Argentina. Groups from across this region still converge in the ancient Incan capital of Cusco. The first photos are from the Cusco and the Machu Picchu region, then Lake Titicaca and Copacabana Bolivia, and finally the mining city of Potosi. These photos show an Andean World that has survived for 500 years but a world undoubtedly changed by conquest, occupation, mining, conversion, racism, slavery, religious syncretism, and cultural renewal and survival.

[CLICK HERE TO VIEW SHOW](#)

Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the Rev. Thomas Starr King was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

For more about our congregation,
please visit our website at www.uusf.org.

First Unitarian Universalist Society of San Francisco
1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org