













" What Do We Do When We're Under Attack?" Sunday, September 6, 2020, 10:50 AM First Unitarian Universalist Society of San Francisco



Order of Service Sunday, September 6, 2020 10:50 AM to 12:15 PM

Livestreamed at http://www.youtube.com/c/UUSFMedia

Prelude

Dreams Ain't Gonna Let Nobody

Opening and Welcome

Rev. Millie Phillips

Spiritual

Langston Hughes and Pat Wynne

The Rockin' Solidarity Chorus; Pat Wynne, director

Hymn 157Step by Step the Longest MarchSOLIDARITYAsher Davison, song leader; Ben Rudiak-Gould, song leader; My-Hoa Steger, pianist(CLICK HERE OR SCROLL DOWN TO PAGE 6 TO VIEW HYMN)

Unison Chalice Lighting

Sam King, Worship Associate

We light this chalice for the light of truth, the warmth of love, and the fire of commitment. We light this symbol of our faith as we gather together.

Invitations

Meditation on Breathing

When I breathe in, I'll breathe in peace. When I breathe out, I'll breathe out love.

Covenant

Love is the spirit of this church, and service is its prayer. This is our great covenant: to dwell together in peace, to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON



Ritual of Remembrance and Commitment

Spoken and Silent Meditation

Music

The Rockin' Solidarity Chorus; Pat Wynne, director Jon Fromer Joe Glazer

Offertory

The offering today goes to support the work and ministries of the congregation.



Music

We Will Rise

The Rockin' Solidarity Chorus; Pat Wynne, director Hali Hammer

Sermon "What Do We Do When We're Under Attack?"

Rev. Millie Phillips

Hymn 1020WoyayaTranscribed from Ysaye M. BarnwellAsher Davison, song leader; Ben Rudiak-Gould, song leader; My-Hoa Steger, pianist(CLICK HERE OR SCROLL DOWN TO PAGES 7 to 10 TO VIEW HYMN)

Benediction

Postlude

They'll Never Keep Us Down If You're Looking For Freedom The Rockin' Solidarity Chorus; Pat Wynne, director Jon Fromer



PARTICIPANTS

Service Notes Rev. Millie Phillips, Guest Minister Sam King, Worship Associate

Technology

Jonathan Silk, livestream sound; Eric Shackelford, camera; Joe Chapot, social media; Alex Darr, remote zoom; Thomas Brown, sexton

Musicians

The Rockin' Solidarity Chorus; Pat Wynne, director; Asher Davison, song leader; Ben Rudiak-Gould, song leader; My-Hoa Steger, pianist



ABOUT

San Francisco Rockin Solidarity Labor Chorus

The Labor Heritage/Rockin' Solidarity Chorus is based in the San Francisco Bay Area and is made up of workers from many unions, as well as students and independent folks who love to sing. We are dedicated to building more democracy and representation within our unions and we come together to celebrate our love of music and workers' culture.

The Chorus is directed by musician and labor organizer **Pat Wynne**. Under her leadership, we borrow from many musical traditions such as South African and Gospel; traditional and newly composed labor songs; songs in Yiddish, Latin, Spanish and Xshosha; and parodies of popular songs created in the Joe Hill tradition. Pat Wynne's musical mission is to create a new canon of labor music that better reflects the diversity of our working population. Our accompanist and Pat Wynne's musical collaborator is Bernard Gilbert.

https://laborchorus.com/

Membership

Become a member of UUSF!

We are thrilled to have so many visitors to our services these last few months. Along with worship, there are <u>classes</u>, <u>small group ministry</u> and other programs available to you. And, please consider joining our church community.

To learn more about membership, schedule an appointment with <u>Revs Jacks</u> or <u>Southern</u> so that we can get to know you and answer your questions. <u>Sign-up</u> for an upcoming New to UU class (2 sessions, September 22 and 29).

We look forward to meeting you!



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Woyaya

= 72



Words & music: Loughty Amoa, Solomon Amarfio, Robert M. Bailey, Roy Bedeau, Francis T. Osei, Whendell K. Richardson, and Mac Tontoh © 1993 Chappell & Co., Inc. All rights reserved. Used by permission. Warner Bros. Publications US, Inc., Miami, FL 33014 Transcribed from Ysaye M. Barnwell, 1946 - , Woyaya - 2



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Woyaya - 3



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What's Coming Up? Ways to Connect in These Times



Virtual Coffee Hour: Starts at 12:15 PM

Join via Zoom: <u>https://zoom.us/j/725737157</u> Meeting ID: 725 737 157 Dial by Phone: +1-669-900-6833 (San Jose)

Wish Guidance on Using Zoom?

There are a variety of ways you can learn how to connect through Zoom. The Church has prepared a Guide that explains the Zoom system, and all the basics you need to know in using the system. To access the Guide, <u>click here</u>. You can also access brief on-line tutorials on Zoom To see an example of these tutorials (on how to join a Zoom meeting) <u>click here</u>.

During these times we want you to have our email information handy. Please reach out to your ministers for any reason -- you are having a hard time (or know someone who is); you have a great idea for our new version of shared life in these times (or know someone with skills we could use in this chapter of life together); and because you don't know who to call about what's on your mind. Keep these handy:

Please contact Rev. Alyson Jacks (ajacks@uusf.org) or Vanessa Southern (vrsouthern@uusf.org)

In spite of all the COVID-19 restrictions and the Zooming of church activities and groups, various members of the church community continue offering Pastoral Care to UUSF congregants. <u>The Lay Chaplains</u> (Jan Oringer, Liz Strand, Gino Fortunato, Linda Harris, and Marty Vanderlaan) have been joined this Summer by retired ministers Margot Campbell-Gross and John Buehrens.

To contact this team, send an email to <u>chaplains@uusf.org</u> or telephone one of the lay chaplains. We will respond to your request and connect you to someone who can help. In providing care we often rely on a network of UUSF volunteers who have indicated they are available to help other members of the congregation. We wish to express our deep appreciation for the help of these volunteers.

SMALL GROUP MINISTRIES

During these challenging times, many of us are looking for a way to find connection within the congregation and a way to have thought conversations around spirituality and life's journey.

The Small Group Ministries program is an excellent way to do that. You can sign up for the next series that runs from the first week of October through May now through the end of September. The groups meet for 2 hours every other week with groups of 10 people. Initial sessions will meet virtually through Zoom and will transition to in person meetings when it is possible to do that safely at the church. You can also participate by phone.

Bobbi Kovac, Co-Coordinator of Small Group Ministries, shares why the program has been meaningful to her:

"I have participated in the Small Group Ministry (SGM) for the last three years as a member, a co-facilitator, and co-coordinator.

"It has been my privilege to meet through these years, inspiring and personable individuals with a commitment to the holding of others, in compassion and mutuality.

"SGM allows for one to have a secure space within a group, to be free to be vulnerable and share in the discovery and exploration of current ideas in philosophical trends, intercultural connections, our relationships with each other and with our planet, and to serve as a host for our infinitely diversified, human interests.

"The group process enables us to open to and experience uplifting affirmational thoughts, poetry writings, musical and artistic pieces. This serves to strengthen remembering our connection to our deeper selves and our life's purpose.

"Finally, SGM offers us a cherished time, through two meetings each month, to broach our illusory walls in order to evolve in our own awakening, with a luminous heart."

To sign up for the upcoming Small Group Ministries series, <u>follow this link</u> or contact Small Group Ministry coordinators, **Barbara Kovac** (415-370-9766), or **Gregg Biggs** (415-505-4690) or through <u>sgm@uusf.org</u>



Humanists and Non-Theists White Fragility

Sunday, September 6, 1PM (New ZOOM links every week)

Robin J. DiAngelo is an American academic, lecturer, and author working in the fields of critical discourse analysis and whiteness studies. She formerly served as a tenured professor of multicultural education at Westfield State University and is currently an Affiliate Associate Professor of Education at the University

of Washington. Her book, White Fragility was written to explain why it's so hard for white people to talk about racism, and was a New York Times Bestseller in 2019. We will view a video of a panel where DiAngelo discusses her book in dialog with two African-Americans.

Please join us for this Zoom meeting using the link below:

https://us02web.zoom.us/j/83507265762?pwd=NmNNbnVSUEpBd1NEZUhwNHFTQjMrUT09

Meeting ID: 835 0726 5762

Passcode: 188377

One tap mobile

+16699006833,,83507265762#,,,,,0#,,188377# US (San Jose)

Dial by your location +1 669 900 6833 US (San Jose)

Find your local number: https://us02web.zoom.us/u/kbpWXuOlo5

Minister's Book Group: Fall 2020

Register Here: http://www.123formbuilder.com/form-5622479/sept-2020-mbg

Here we go folks. If you would like to join, email to <u>info@uusf.org</u> and let us know which book and which gathering (Wednesday night or Thursday noon) you'd like to join and we will send out the Zoom and phone information so you can join. As always, if you have suggestions of books for the rest of the year, let us know. One of the goals for this year is to look to center non-white voices. This will not be true with every book we choose, but it will be a lens I use in choosing, so please share works and authors who will be good companions in that effort.

Last note, making this book club accessible financially: Choosing some books that have just been published and at a time when libraries are closed can run the risk that some folks feel priced out of participating. I have set aside some of my professional expenses to help buy copies for those who might not be able to get a copy of the book otherwise. When you RSVP, let us know if you would like us to get you a copy or a digital version and we'll do that as long as the funds last!

September: "Girl, Woman, Other" by Geraldine Evaristo

This book by British writer, Geraldine Evaristo, is a novel and winner of the Booker Prize for 2019. Each chapter is from the perspective of 12 different character, all interwoven, most women of color, in an amazing journey through and with all these very different lives and perspectives It's a tour de force of creative imagination.

Dates: Wednesday, 9/23, 6:30-8 PM; Thursday, 9/24, noon-1:30 PM

October: "The Body: A Guide for Occupants" by Bill Bryson

Full disclosure: my biannual Minister's study group is reading this so it's my October book, but also one I would love a chance to discuss with all of you. Especially in this time of vulnerability around our bodies and health, but also as inheritors of traditions in Christianity that have distrusted body and embodiment, I thought this would be a good, fun dive into our most intimate partners in this life, our sweet bodied selves.

Dates: Wednesday, 9/23, 6:30-8 PM; Thursday, 9/24, noon-1:30 PM

November: "Caste" by Isabel Wilkerson

This book is already getting lots of press and buzz about its comparison of American class to systems of caste and rigid social hierarchies in India and Nazi Germany. Wilkerson the Pulitzer Prize-winning author of "The Warm of Other Suns" about the Great Migration will be worthy reading hot off the press.



Parents:

Join us for our upcoming Sunday School program for 2020-2021, beginning on Sunday, September 13 with a virtual Waffle Breakfast!!

To learn more about this year's classes and programs, <u>click here</u>. We offer programming for ages Pre-K through High School. Our classes are led by a team of paid Lead Teachers and supported by parent volunteers. Each month, we will host a video class on the 1st Sunday. On second Sundays, we'll have a social hour with games, check-ins, stories and other fun activities. Third Sunday's parents will receive a link to an interactive bulletin board (Padlet) with links to fun resources related to the lesson, and activities for the whole family too. We'll round out the month with an all-ages art exploration on 4th Sundays.

To register for Sunday School, click here.

Questions? Reach out to Rev. Alyson Jacks at ajacks@uusf.org.

Sumner's Summer Offerings With Music Director Dr. Mark Sumner

Mondays and Thursday 7:00 to 8:30 pm

For the Zoom link and a schedule of Offerings email Mark at sngwtme@gmail.com

Join me Monday and Thursday evenings from 7 to 8:30 PM for weekly Zoom singing exercises! Through late August I am covering a variety of musical areas some specific and others quite broad. The hope is there is something of interest at each session AND, upon cursory review, something that will draw YOU in!

For those having Zoom fatigue these activities involve you in ways that should minimize those effects. Judging from initial reactions, this may very well continue into the Fall so keep your eye out for that news!



New UU: A 2-Sessions Series for Visitors and Newcomers.

Join Revs. Jacks and Southern, and special guests, for a two session New UU class in September. This interactive class will introduce you to Unitarian Universalism and our congregation. If you don't have Zoom capability, there is a simple way to call in to participate. More information will be sent to those who register. (click here)

Session 1: Tuesday, September 22, 7-8:30 PM (<u>Register Here</u>) A Quick Journey from Past to Present, Unitarian Universalist History and Theology.

To understand where we are now culturally as a movement, in our philosophies and practices, and our place in the larger landscape of religious history, we'd like to give you an overview of some of the big sweeps of time and where Unitarian Universalism's roots began and where we find ourselves today. We will cover history, theology and a bit of what we call "polity" -- how we run ourselves and why we do it like that.

Session 2: Tuesday, September 29, 7-8:30 PM (<u>Register Here</u>) UUSF Past to Present

Along the same lines we'd like you to see the history of this particular congregation, it's place in the life and history of San Francisco and California. What has been part of this life, and right now how does this congregation understand the work of spiritual growth, the call to social action, what are our worship traditions (and why are they the way they are), how do we connect and take care of each other, and what is entailed in being called "a member."



Adult Religious Education Programs

Morning Metta Meditation

Tuesdays, Thursdays and Saturdays, 8-8:30 AM Led by Elena Perez

The zoom link: https://us04web.zoom.us/j/75735734442 (password metta)

You are warmly welcomed to join "Morning Metta Meditation" group, which meets Tuesdays, Thursdays and Saturdays, 8-8:30 AM. Elena leads a simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience. Attendees can choose to leave their microphone and camera off and just follow along.

Elena Perez is a member of UUSF. She is a Licensed Acupuncturist who practices in SF at Dance With Life Chiropractic in the Inner Sunset, and in Fresno at Benessere Fresno.

Questions? email <u>elena@communityneedles.com</u>

First Unitarian Universalist Society of San Francisco presents: New Saturday Morning Forum Season

Saturday, September 19 at 11AM Forum Opener with Tim Redmond, reporter extraordinaire!



National Election Crises & San Francisco Hopes!

We are pleased to present long-time favorite UUSF Forum speaker, Tim Redmond, who will comment on the latest election news, nationally and locally, the state of our San Francisco issues, Post Office, SFPD, pandemic, and usual City Hall skirmishes.

Tim Redmond has been a political and investigative reporter in San Francisco for more than 30 years. He spent much of that time as executive editor of the Bay Guardian. He is the founder of 48 hills.org blog online, and continues to enlighten audiences throughout the Bay Area on the crucial issues of our time.

Join Zoom Meeting https://zoom.us/j/2200241232?pwd=aCt1dWI0OGxUdUxjeUJ5K0xSY09uUT09

> Meeting ID: 220 024 1232 Passcode: 328697 One tap mobile +16699006833,,2200241232#,,,,,,0#,,328697# US (San Jose) +12532158782,,2200241232#,,,,,0#,,328697# US (Tacoma)

Dial by your location +1 669 900 6833 US (San Jose) Meeting ID: 220 024 1232 Passcode: 328697 Find your local number: https://zoom.us/u/adBV68Dcre



All Faiths Food Pantry

Every Saturday 7:30 to 11:00 am

Old First Presbyterian Church 1751 Sacramento St, San Francisco, CA 94109 Corner of Van Ness and Sacramento

SIGNUP HERE

Questions: Contact Megan Lehmer - 415-385-0408 or mlehmer@drlehmer.com

Due to Covid-19, we have made some changes in how we handle the All Faiths Food Pantry. Rather than rotating between the five churches, all the churches are sending volunteers every week as we are encouraging younger people to volunteer, and suggesting that people over 60 not volunteer for safety reasons. We need twenty-five volunteers every week for the Food Pantry to go smoothly as we usually serve about 300 low income clients.

The Food Pantry takes place at Old First Presbyterian Church at the corner of Van Ness and Sacramento. We do offer free parking at the church garage located just south of the church on Sacramento as we give out stickers for the parking vouchers for anyone who parks in the garage at the end of the Food Pantry. The truck brings the food (groceries) from the SF/Marin Food Bank at 7:30 AM, so we need volunteers to arrive early. We are usually done with clean up by 11AM.

Volunteers are provided masks and gloves to pack the food in bags in the large meeting inside the church. Every effort is made to keep everything sanitary. Tables are sanitized frequently, and anything which accidently falls on the floor is discarded. The packed bags are taken to tables outside, where our clients can pick up the pre-packed bags. Our clients line up outside the church with attention paid to social distancing. As a majority of our clients are monolingual Cantonese speaking, we do arrange to have to have a translator on site at all times.

UU the VOTE

As Unitarian Universalists, we are called to affirm and promote our 5th Principle, "The right of conscience and the use of the democratic process within our congregations and in society at large." This election year, UUs across the country are working in critical swing states, where voter suppression activities are ongoing and threaten to disenfranchise millions of voters, particularly those living in underserved communities of color. Disinformation campaigns are confusing voters about how and where to register to vote and how to cast their ballot. The good news is that we can do something to help.

The Unitarian Universalist Association has created an initiative called UU the Vote, a non-partisan effort, committed to making all voices heard through the ballot box. Here's a video that you can check out featuring UU the Vote National Organizer, Nicole Pressley. In it, Nicole talks about how important our efforts are and the moral imperative to take action.

Voting in Troubled Times: The Moral Imperative

So what can we do? Beginning September 8th, we are kicking off an initiative to reach out to voters in Ohio and other critical states with two goals in mind: (1) to help voters check that they are registered and provide them with information regarding how to register if they are not and; (2) help registered voters understand how to apply for and receive a vote-by-mail application and ballot.

This initiative is being led by our Associate Minister, Alyson Jacks and newly minted church member Cal Ball. We invite you to attend an orientation and kick-off meeting on September 8th at 7PM. Please join us - as Unitarian Universalists we are committed to manifesting our faith through action and this work is not only fulfilling and worthwhile, it's actually fun too! We hope you'll join us, and the thousands of UUs across the country.

The orientation meeting to learn more about UU the Vote and its activities will be held via Zoom and you can register for the meeting here:

When: Sep 8, 2020 7PM Pacific Time (US and Canada)

Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZIsduqqzsrG9ThiTOBPQ8gwnnwKE8uy6n8

After registering, you will receive a confirmation email containing information about joining the meeting.

ART COMMITTEE

For the month of September, 2020 the Art Committee is pleased to present a virtual art show in conjunction with Sensible Cinema the art and views of Chris Beale.



"The Rohingya: On the Edge of Existence" is an in-depth exhibit by photographer Chris Beale who documents the lives of the Rohingya from Myanmar and their struggle to survive as refugees in Bangladesh. Beginning in 2011, the exhibit spans six years, taking viewers from the Rohingya's confinement in internally displaced concentration camps in Rakhine State to their forced exodus to Bangladesh in 2017. The exhibition follows the recently released UN fact-finding mission report which documents a campaign that killed thousands and forced 750,000 Rohingya to flee to Bangladesh, and concludes that several of Myanmar's top military officials should be prosecuted in an international court on charges of genocide. Beale will join us to discuss his time spent documenting the refugee crisis as it unfolded in Myanmar and Bangladesh as well as the current situation in these two countries.

For Chris Beale's interview please check out the following YouTube Video link: <u>CLICK HERE</u>

For more of Chris Beale's photos and projects visit: CLICK HERE

Virtual Art Show with Sensible Cinema

The Rohingya: On the Edge of Existence

Art Show starts Thursday, September 3, runs through October 10 Link to Art Show: <u>https://www.youtube.com/watch?v=WwsIW_0Qpxs</u> Photographer Chris Beale's Web Site: <u>http://www.chrisbealephoto.com/</u>



Sensible Cinema

Sponsored by the UUSF Social Justice Council Friday, September 18, 6:30pm Virtual Film Discussion Gathering via Zoom

Two short films revolving around the lives of the Rohingya people when violence erupted between Buddhists and Muslims in the Rakhine state of Myanmar and the treatment they endured, with impunity, by the Burmese military. The filmmaker, Jeanne Hallacy, and producer, Gregg Butensky will be with us for discussion.

Click on film title to view film – Use uusf415 as password for both films.

1.) <u>Mother Daughter,</u> Sister

The stories from the victims of rape

used by the military as a weapon of war. Four women



share their stories from their refugee camp in Bangladesh. (27 min)

2.) <u>Sitwe</u> The story of two young people,



filmed over two years, whose Rohingya way of life was destroyed in 2012. The film reveals their aspirations and hopes for reconciliation. (20 min)



SCW COMMUNITY GRANTS

The SCW Community Grants Committee gives grants of \$500 to \$5000 to small nonprofit organizations in the Greater Bay Area seeking to bring equality and justice into the lives of others, and to support UUSF in a manner that enhances the shared values of both organizations.

Click Here to Apply for Grant

Deadline for all applications is Friday, September 25, 2020. Questions? Thad Smith, 630smith@gmail.com



Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious Biberalism in this city. During the Civil War, the Rev. Thomas Starr King was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

For more about our congregation, please visit our website at <u>www.uusf.org</u>.

First Unitarian Universalist Society of San Francisco 1187 Franklin Street, San Francisco, CA 94109 415-776-4580 / <u>info@uusf.org</u>