

A rustic dining table setting featuring a burlap placemat on a dark wooden table. In the foreground, a silver plate holds a folded white napkin. To the left of the plate is a silver fork, and to the right are a silver knife and spoon. In the background, another similar place setting is visible, along with a black lantern containing warm-toned lights.

# "Coming to the Table"

Sunday, November 29, 10:50 AM, 2020  
First Unitarian Universalist Society of San Francisco

**Order of Service**  
**Sunday, November 29, 2020**  
**10:50 AM to 12:15 PM**

Livestreamed at <http://www.youtube.com/c/UUSFMedia>

New to UUSF? [Complete our Newcomer Form Here](#)

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Prelude VanNessa Hulme, soprano; Derek Silbermann, pianist  
*Come Sunday* Duke Ellington, Arr. Derek Silbermann  
*When You Wish Upon A Star* Leigh Harline/Ned Washington, Arr. Derek Silbermann

Opening and Welcome Meg McGuire, Ministerial Intern

Hymn 325 *Love Makes A Bridge* EMERY  
VanNessa Hulme, soprano; Derek Silbermann, pianist

[\(CLICK HERE OR SCROLL DOWN TO PAGE 6 TO VIEW HYMN\)](#)

Unison Chalice Lighting

We light this chalice for the light of truth,  
the warmth of love,  
and the fire of commitment.  
We light this symbol of our faith  
as we gather together.

Brief Invitations Dennis Adams, Worship Associate

Meditation on Breathing

When I breathe in, I'll breathe in peace.  
When I breathe out, I'll breathe out love.

Covenant

Love is the spirit of this church, and service is its prayer.  
This is our great covenant: to dwell together in peace,  
to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and  
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5  
faith a - rise; Let peace, good - will on earth be sung through  
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8  
ev - ery land, by ev - ery tongue.  
ca - da tie - rra, ca - da voz. A - men.

Ritual of Remembrance and Commitment

Dennis Adams

Spoken and Silent Meditation

Meg McGuire

Music

VanNessa Hulme, soprano; Derek Silbermann, pianist  
Debbie Friedman

“Mi Sheberiach”

Translation from Hebrew:

May the source of strength, Who blessed the ones before us,  
Help us find the courage to make our lives a blessing, and let us say, Amen.

Bless those in need of healing with a speedy recovery,  
The renewal of body, the renewal of spirit, and let us say, Amen.

Offering

Our offering this morning will go to **Sogorea Te' Land Trust** is an urban Indigenous women-led land trust based in the San Francisco Bay Area that facilitates the return of Indigenous land to Indigenous people. Through the practices of repatriation, cultural revitalization, and land restoration, Sogorea Te' calls on native and non-native peoples to heal and transform the legacies of colonization, genocide, and patriarchy and to do the work our ancestors and future generations are calling us to do.



Music

*Precious Lord*

VanNessa Hulme, soprano; Derek Silbermann, pianist  
Thomas A Dorsey

Reading

“Perhaps The World Ends Here” by Joy Harjo

Meg McGuire

Music

*Look For the Silver Lining* VanNessa Hulme, soprano; Derek Silbermann, pianist  
Jerome Kern, Lyrics: B.G. De Sylva, Arr. Derek Silbermann

Sermon "**Coming To The Table**"

Meg McGuire

Hymn 155

*Circle Round For Freedom*

CIRCLE CHANT

VanNessa Hulme, soprano; Derek Silbermann, pianist

[\(CLICK HERE OR SCROLL DOWN TO PAGES 7 & 8 TO VIEW HYMN\)](#)

Benediction

Meg McGuire

Postlude

*Autumn Leaves*

Derek Silbermann, pianist

Joseph Kosma, Arr. Derek Silbermann

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## PARTICIPANTS

### **Service Notes**

Meg McGuire, Ministerial Intern

Dennis Adams, Worship Associate

### **Technology**

Eric Shackelford, camera

Shulee Ong, camera

Jonathan Silk, sound/oos design

Joe Chapot, social media

Thomas Brown, sexton

Les James, Zoom Coffee Hour

### **Musicians**

VanNessa Hulme, soprano

Derek Silbermann, pianist

Leandra Ramm, song leader

Brielle Marina Neilson, song leader

Ben Rudiak-Gould, song leader

Asher Davison, song leader

Mark Sumner, director

Reiko Oda Lane, organist

Cover image "farmhouse tableware" by Hannah Busing ([learn more](#))

# ABOUT

A jack of many musical trades: pianist, composer, teacher, arranger and music director **Derek Silbermann** is a recent transplant from the Los Angeles music community. Derek started his musical journey as a classical piano student in Santa Barbara, pursuing many other instruments through high school he discovered composition as a means of playing every instrument. Going into college Derek moved on to study "classical" (he prefers the term concert) composition as his emphasis.

During this time Derek developed what his mentor, pianist and composer Tamir Hendelman referred to as "Derek's Augminishedstyle" which to this day pervades Derek's sound despite genre, style or instrumentation. Derek was a Music Composition Merit Scholarship recipient through his years at Cal State Northridge where he also studied: film composition, classical piano, jazz, organ, harpsichord, sound design and synthesis. While at CSUN, Derek participated in many jazz bands and classes led by Gary Pratt, Matt Harris and Bill Cunliffe. While working for the film/TV/video game composer Larry Hopkins, Derek was ghost writer on much of the first 2 seasons of "Desperate Housewives", cues on video game "Jak and Daxter 3" as well as other multimedia projects.

Together, he and his wife, VanNessa, own Silbermann Studios. [www.silbermannstudios.com](http://www.silbermannstudios.com) Derek is an active jazz and multi styles pianist in the greater Bay Area. Derek also currently serves as the music director at St. Mark's Episcopal Church in Santa Clara where his duties include leading the music program whether conducting from the organ, piano or harpsichord and will begin his Master's Degree study at San Jose State University in 2021.

**VanNessa Hulme Silbermann** is a vocalist, director and educator. As a vocalist, VanNessa is anything but typical. She has been hailed internationally and at home for her uniqueness and ability to sing all genres, from classical to musical theater, gospel to R&B. As a versatile stage actor, VanNessa has performed over 150 lead and supporting roles in opera and musical theater. She is a 3 time regional finalist in the Metropolitan Opera National Council Auditions and the Winner of the Llangollen Eisteddfodd Music Festival "Music Theater Singer of the World" and a finalist in the music festivals Opera Competition. As a director, VanNessa has over 100 productions under her belt, ranging from live theater to music events to speakers and educational seminars, both for school and professional organizations. She is known for her creative choices, audience participation, and bringing the arts to under-served communities. Education is of high importance to VanNessa and she continues to invest herself in educating children about music and helping them to tap in to their own creativity. She has taught in both public and private schools for nearly 20 years. VanNessa, with her husband Derek, is the co-owner of Silbermann Studios, a music education and performance organization.

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## Love Makes a Bridge

♩ = 66 *Unison*

1. Love makes a bridge from heart to heart, and hand to hand. Love
2. Love breaks the walls of lan-guage, gen - der, class, and age. Love
3. Love lifts the hopes that force and fear have beat - en down. Love



- finds a way when laws are blind, and free - dom banned.  
 gives us wings to slip the bars of ev - ery cage.  
 breaks the chains and gives us strength to stand our ground.



4. Love rings the bells of wanted birth  
and wedding day.  
Love guides the hands that promise more  
than words can say.
5. Love makes a bridge that winds may shake,  
yet not destroy.  
Love carries faith through life and death,  
to endless joy.

Words: Brian Wren, 1936- , © 1983 Hope Publishing Co.  
 Music: Gerald Wheeler, b. 1929, © Gerald Wheeler

EMERY  
8.4.8.4.

# 155 Circle 'Round for Freedom

*♩* - 72

Cir-cle 'round for free-dom, cir-cle 'round for peace, for

*Melody*

Cir-cle 'round for free-dom, cir-cle 'round for peace, for

Cir-cle 'round for free-dom, cir-cle 'round for peace, for

all of us im-pris-oned, cir-cle for re-lease,

all of us im-pris-oned, cir-cle for re-lease,

all of us im-pris-oned, cir-cle for re-lease,

cir-cle for the plan-et, cir-cle for each soul, for the

cir-cle for the plan-et, cir-cle for each soul, for the

cir-cle for the plan-et, cir-cle for each soul, for the

Melody line may be doubled by an instrument  
 Words & music: Linda Hirschhorn, 1947- , © 1985 Linda Hirschhorn

CIRCLE CHANT  
 Irregular

chil-dren of our chil-dren, keep the cir-cle whole.

chil-dren of our chil-dren, keep the cir-cle whole.

chil-dren of our chil-dren, keep the cir-cle whole.

The image shows a musical score for three voices. The top two staves are in treble clef, and the bottom staff is in bass clef. The lyrics are: "chil-dren of our chil-dren, keep the cir-cle whole." The melody is simple and repetitive, with a final whole note on the word "whole".

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# What's Coming Up? Ways to Connect in These Times



**Virtual Coffee Hour:** Starts at 12:15 PM

Join via Zoom: <https://zoom.us/j/725737157>

Meeting ID: 725 737 157

Dial by Phone: +1-669-900-6833 (San Jose)

## **Wish Guidance on Using Zoom?**

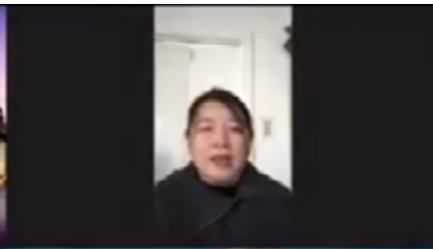
There are a variety of ways you can learn how to connect through Zoom. The Church has prepared a Guide that explains the Zoom system, and all the basics you need to know in using the system. To access the Guide, [click here](#). You can also access brief on-line tutorials on Zoom To see an example of these tutorials (on how to join a Zoom meeting) [click here](#).

During these times we want you to have our email information handy. Please reach out to your ministers for any reason -- you are having a hard time (or know someone who is); you have a great idea for our new version of shared life in these times (or know someone with skills we could use in this chapter of life together); and because you don't know who to call about what's on your mind. Keep these handy:

Please contact Rev. Alyson Jacks ([ajacks@uusf.org](mailto:ajacks@uusf.org)) or Vanessa Southern ([vrsouthern@uusf.org](mailto:vrsouthern@uusf.org))

In spite of all the COVID-19 restrictions and the Zooming of church activities and groups, various members of the church community continue offering Pastoral Care to UUSF congregants. [The Lay Chaplains](#) (Jan Oringer, Liz Strand, Gino Fortunato, Linda Harris, and Marty Vanderlaan) have been joined this Summer by retired ministers Margot Campbell-Gross and John Buehrens.

To contact this team, send an email to [chaplains@uusf.org](mailto:chaplains@uusf.org) or telephone one of the lay chaplains. We will respond to your request and connect you to someone who can help. In providing care we often rely on a network of UUSF volunteers who have indicated they are available to help other members of the congregation. We wish to express our deep appreciation for the help of these volunteers.



## Special BIPOC (Black, Indigenous, People of Color) Gathering

1st Sunday of the Month from 9:30 AM to 10:50 AM

An invitation for those who would like to join our monthly BIPOC gatherings. The sacred space is open to our members and friends who are Black, Indigenous and People of Color, takes place by Zoom (for now) on the first Sunday of every month often from 9:30-11am. If you are interested in attending or finding out more, please email [bipoc@uusf.org](mailto:bipoc@uusf.org). Please come join this space for joy, renewal, care and inspiration.

## Wednesday Morning Vigils!

Wednesdays from 7:30-9AM at UUSF

As a consequential election approaches, With the overt threat to subvert its outcome; With the prospect of a shift in the Supreme Court that could threaten long held basic rights; Our choices and our voices on the ballots and in the public square are critical.

We cannot afford to be silent. We invite you to join fellow UUs and other people of conscience as we gather with signs and banners in front of our church.

We have banners and signs but feel free to make and bring your own addressing those concerns you find most critical to raise.

We want to do this in a way that is safe for everyone so please bring and wear your masks, use hand sanitizer, and socially distance.

The garage and interior of the church will not be available so please find street parking if you drive.

Let us know what you think at [neveragain@uusf.org](mailto:neveragain@uusf.org)

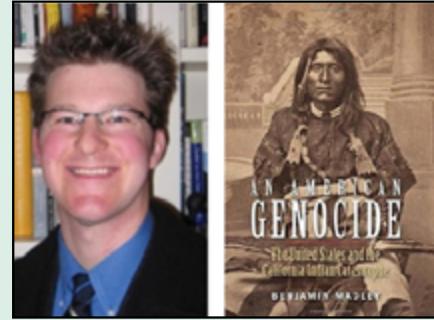


**Humanists and Non-Theists**

## **An American Genocide**

**Sunday, November 29, 1PM**

Dr. Benjamin Madley, Ph.D, UCLA, where he writes about Native America, the United States, and colonialism in world history. He will speak about his break-through book, published by Yale University Press, *An American Genocide: The United States and the California Indian Catastrophe, 1846-1873*. Madley describes pre-contact California before explaining how the Gold Rush



stirred vigilante violence against California Indians. He narrates the rise of a state-sanctioned killing machine and the broad societal, judicial, and political support for genocide. This book received the Los Angeles Times Book Prize for History, the Raphael Lemkin Book Award from the Institute for the Study of Genocide, the Charles Redd Center / Phi Alpha Theta Award for the Best Book on the American West, the California Book Awards Gold Medal for Californiana, and many other awards.

**Please join us for this Zoom meeting using the link below:**

<https://us02web.zoom.us/j/87119438221?pwd=YUNnVkEwYUUh2d29tWnpDamJoelo2QT09>

**Meeting ID:** 871 1943 8221

**Passcode:** 025469

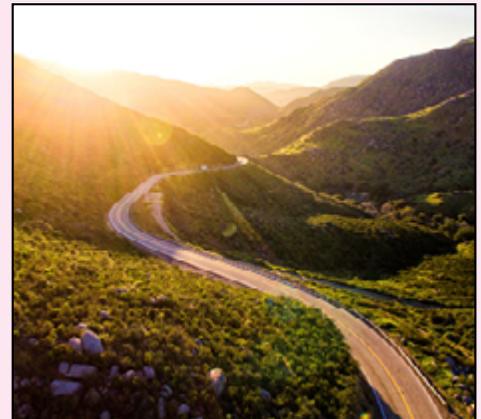
**Dial by your location**

+1 669 900 6833 US (San Jose)

## **Journey Toward Wholeness Racial Equity Task Force Meeting**

**Tuesday, December 22, 7PM to 8:30 PM**

The Journey Toward Wholeness / Racial Equity Task Force meets monthly on the 4th Tuesday. Last month we created a covenant for our work together and clarified that our focus, for the moment, will be on furthering the work within UUSF to dismantle white supremacy culture and build Beloved Community.



If you're interested in joining us on Tuesday, email [info@uusf.org](mailto:info@uusf.org) for meeting information and the materials for the meeting.



**NEW UU!**  
**Tuesday, February 2 & 9**  
**7:00 - 8:30 p.m.**

**New UU: A 2-Session series for Visitors and Newcomers**

**Tuesday, February 2 and 9 from 7PM - 8:30 PM**

**Led by Rev. Alyson Jacks and Rev. Vanessa Rush Southern**

**Pre-Registration Required ([click here to register](#))**

**Questions? Email Rev. Alyson Jacks [ajacks@uusf.org](mailto:ajacks@uusf.org)**

Join Revs. Jacks and Southern, and special guests, for a two session New UU class. This interactive class will introduce you to Unitarian Universalism and our congregation. If you don't have Zoom capability, there is a simple way to call in to participate.

**Session 1: A quick journey from Past to Present, Unitarian Universalist history and theology.** To understand where we are now culturally as a movement, in our philosophies and practices, and our place in the larger landscape of religious history, we'd like to give you an overview of some of the big sweeps of time and where Unitarian Universalism's roots began and where we find ourselves today. We will cover history, theology and a bit of what we call "polity" -- how we run ourselves and why we do it like that.

**Session 2: First UU Society Past to Present.** Along the same lines we'd like you to see the history of this particular congregation, it's place in the life and history of San Francisco and California. What has been part of this life, and right now how does this congregation understand the work of spiritual growth, the call to social action, what are our worship traditions (and why are they the way they are), how do we connect and take care of each other, and what is entailed in being called "a member."

# Yoga with Amy!

Wednesdays

7PM - 8:15 PM

Led by Amy Hunt

[Register here](#) or email us at [info@uusf.org](mailto:info@uusf.org)

These sessions are open to anyone, from those with no previous yoga experience to longtime yoga practitioners. As in most yoga classes, the sessions promote strength, flexibility, balance, and focus, as well as creating space for relaxation, but these particular

sessions have a therapeutic intention, aimed to increase the **resilience of your nervous system, essential to managing stress.**

These sessions are drop in, which means that you are free to join when you can. However, while a single yoga class can help us reset, the benefits of yoga practice build over time, so it's best to attend sessions each week if possible.

**About the Leader:** Amy Hunt is a yoga teacher and yoga therapist (C-IAYT), as well as a high school English and Psychology teacher (and a UU!) Her training is primarily from the Minded Institute, where she studied yoga therapy for mental health. She's been running yoga sessions for stress, anxiety, depression, and trauma for individuals and groups of adults and young adults for 5 years. She recently relocated to the Bay Area, where she is training with the Prison Yoga Project.



## Membership

**Become a member of UUSF!**

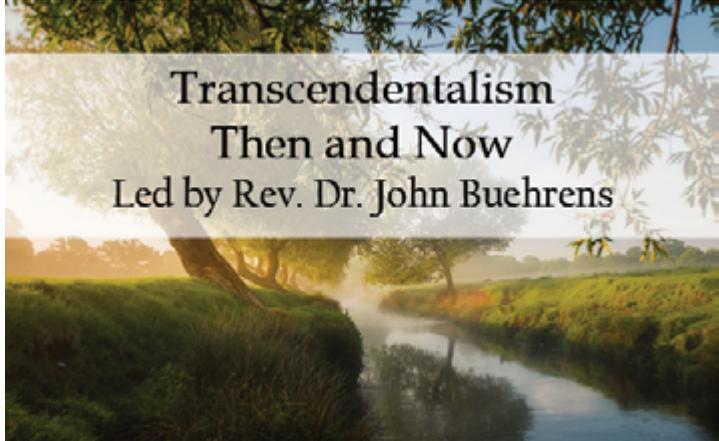
We are thrilled to have so many visitors to our services these last few months.

Along with worship, there are [classes](#), [small group ministry](#) and [other programs](#) available to you. And, please consider joining our church community.

To learn more about membership, schedule an appointment with [Revs Alyson Jacks](#) or [Rev. Vanessa Southern](#) so that we can get to know you and answer your questions. Our September New UU class has filled.

Check our [website](#) and upcoming [FLAME](#) for dates and registration for the next session.





## Transcendentalism Then and Now

Wednesday, January 6, 13, 20, & 27

6:30 - 9:00 p.m.

Leader: Rev. Dr. John Buehrens

Hosted by UU Church of Palo Alto

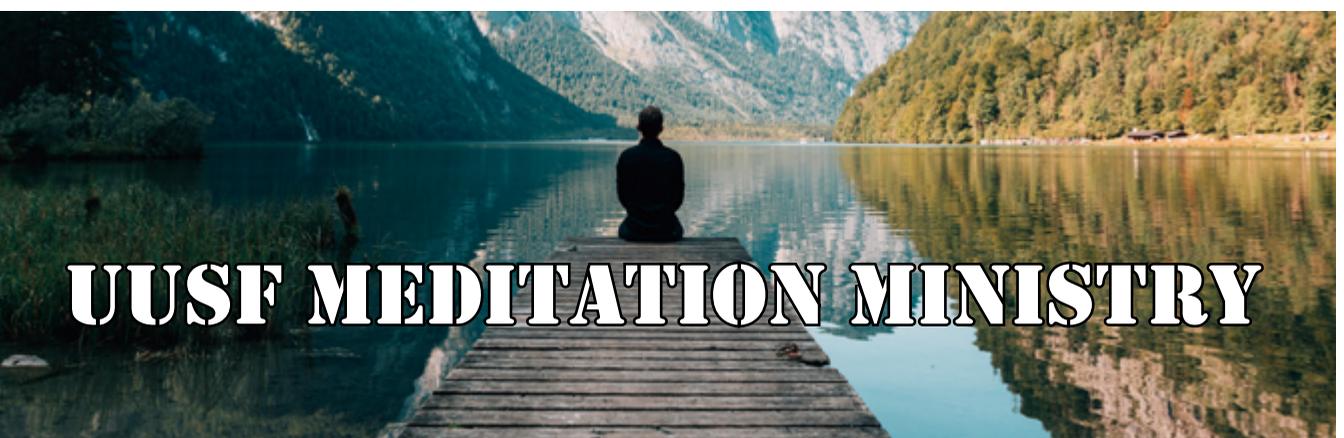
Advance registration is required.

Please email Marilyn Austin at [areclasses@uucpa.org](mailto:areclasses@uucpa.org) to sign up for the class.

The link will be provided to registered participants.

Rev John Buehrens is the retired senior minister of the UU church in San Francisco. After the last time he gave a guest sermon at UUCPA, numerous members of our congregation asked the ARE Committee to arrange for him to teach a class for us. We have finally accomplished that! On the four Wednesday evenings in January, from 7:30 to 9:00, Rev. Buehrens will teach a class via zoom entitled Transcendentalism: Then and Now. He will identify contemporary issues as well as explore the pioneering efforts of our spiritual forbears in spiritual practice, women's rights, anti-racism, and ecotheology. All four sessions will include both lecture and discussion. Those wishing to attend should email [areclasses@uucpa.org](mailto:areclasses@uucpa.org) in order to receive the zoom link.

Although it is not required, helpful background reading for the course is Rev. Buehrens recent book, "Conflagration: How the Transcendentalists Sparked the American Struggle for Racial, Gender, and Social Justice" (Boston: Beacon Press, Jan. 2020). The paperback edition of this book will be available in Jan, 2021 from Beacon Press or the UUA Bookstore ([here](#))



# UUSF MEDITATION MINISTRY

## [Adult Religious Education Classes](#)

Meditation is a practice where an individual uses a technique – such as mindfulness, or focusing the mind on a particular object, thought, or activity – to train attention and awareness, and achieve a mentally clear and emotionally calm and stable state.

UUSF has the great fortune to offer two meditation programs you can participate in at any time. They are lead by **Elena Hanyo Perez**, a member of UUSF, licensed acupuncturist, and lay minister with Bright Dawn Center for Oneness Buddhism.

### ZOOM LINK

<https://us04web.zoom.us/j/75735734442#success>

PASSWORD: metta

## **Morning Metta Meditation**

Tuesdays & Thursday, 8-8:30 AM

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience

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## **Equanimity Practice**

Fridays, 8-8:30 AM

A meditation practice on cultivating equanimity- that is accepting the reality of life's highs and lows, and developing an attitude of peaceful calm abiding throughout the inevitable changes.

**Silent Auction 1/29-2/4**  
**Live Auction 2/5**



**SAVE THE DATE!**

**Aloha AUUction  
2021!**

The soft breezes and the inclusive culture of Hawaii—the most diverse state in the union—are calling all UUSF members and friends to participate in the fabulous Aloha AUUction 2021! This major UUSF fundraiser and fun-raiser will be held from the comfort of our homes, and all of us can participate to help our UUSF community thrive in the new year. We'll need donations in every category: Experiences, Services, Collector's Items. All of us can do something.

**Here are just a few ideas:**

*Weekend or week-long getaways, Cooking class, Zoom scavenger hunt, Storytelling, Homemade soup, Dinner preparation and delivery, Wine, beer, sake or kombucha tasting, Live online concert, Original art item, Baking/cooking projects with ingredients brought to your door, Kids' art materials kit delivered to your door, Planter filled with plants/flowers of your choice, Earrings made to order, 2 hours of garden care, Driveway car wash, 2 hours of shopping or other errands.*

To make a donation of any experience, service, or item [click here](#)

To get more information, please email Sue Anthony at [susan.j.anthony@comcast.net](mailto:susan.j.anthony@comcast.net).

# Special Holiday Virtual Coffee Hour

## "Warmth of Home"

Sunday, December 13 at 12:15 PM

"We will have a Special Holiday Virtual Coffee Hour on Sunday Dec 13 at 12:15pm. We invite those that want to participate to wear the most festive outfits, accessories and creative backgrounds to attend this special Zoom meet up. We will have icebreakers, games and encourage people to enjoy their brown bag holiday treats and beverages! Come celebrate the "Warmth of Home" with us!



## UUSF 20s & 30s Ministry December Program

### Becoming Together

Wednesdays December 2 & 16  
7:00 to 8:30 p.m.

### TNT Hangout

Saturdays December 5 & 19  
6:00 to 8:00 p.m.

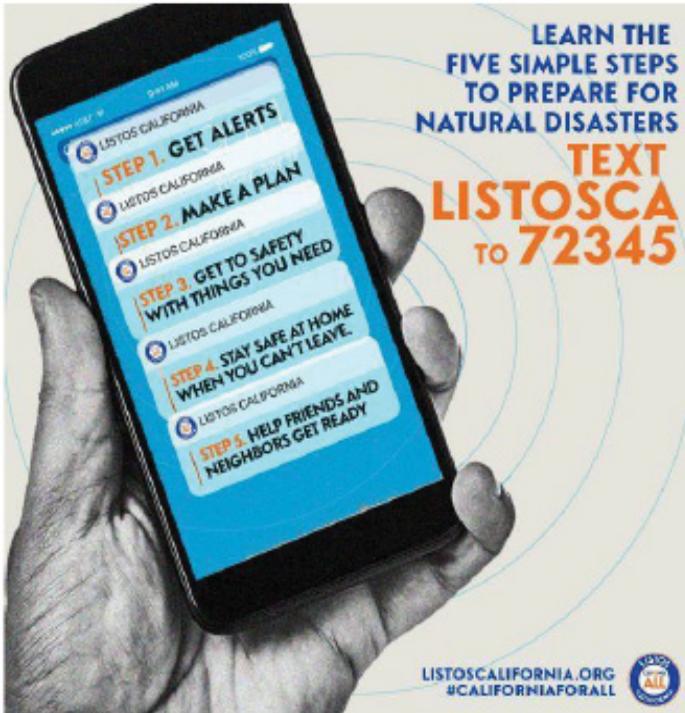
More info at [uusf.org/int](https://uusf.org/int)

## Sing in the Choir

With Music Director Dr. Mark Sumner  
Mondays and Thursday  
7:00 to 8:30 pm



For the Zoom link and a schedule of Choir Offerings email Mark at [sngwtme@gmail.com](mailto:sngwtme@gmail.com)!  
Join me Monday and Thursday evenings from 7 to 8:30 PM for weekly Zoom singing exercises!  
I am covering a variety of musical areas some specific and others quite broad. The hope is there is something of interest at each session AND, upon cursory review, something that will draw YOU in!



Support UUSF  
and Be Prepared for Any Disasters!

Text LISTOSCA to 72345  
AND use the Zipcode 94109

You can earn money for your congregation while learning more about disaster preparedness in this 7-day course.

Listos California is an initiative of the Governor's Office to help vulnerable Californians be better prepared for disasters such as earthquakes, wildfires, and floods. See [listoscalifornia.org](http://listoscalifornia.org) for more information and to download your Disaster Ready Guide.



**BAY AREA FOOD INSECURITY ON THE RISE!  
NEED Help? Want to GIVE Help? BOTH?**

Food insecurity is on the rise across the nation, including the Bay Area, as the continued COVID-19 pandemic affects jobs and reduces the access to healthy food by vulnerable seniors and individuals in quarantine. One study says that food insecurity has tripled in San Francisco in the past 6 months. If you are among this rising number of people and don't know how to access healthy food, we are here to help:

To Get Help connecting with sources of free healthy food, contact our lay chaplaincy team at [Chaplains@uusf.org](mailto:Chaplains@uusf.org)

**THE SAN FRANCISCO / MARIN FOOD BANK  
NEEDS YOUR HELP!!!**

In the past six months, his wonderful organization has almost doubled the number of households it serves to about 60,000 a month. Both the increase in the number of people served and the suggestion that those over 60 do not volunteer for safely reasons during the pandemic has produced a critical need for younger volunteers.

**TO HELP, please join us at the INTERFAITH FOOD PANTRY!**

Every Saturday  
7:30 AM to 11AM  
[SIGN-UP HERE](#)



**NURTURING THE WHOLE CHILD**  
**SINCE 1976**

**Enrollment is  
now open**



**Toddler class**

Ages 2-3 years

School day:

09:00 am – 02:30 pm

**Primary class**

Ages 3-6 years

School day:

09:00 am – 03:00 pm

**Afternoon Care:**

2:30/3:00 pm – 5:00pm

- Located in the heart of San Francisco
- Child-centered Montessori based education guided by qualified Toddler and Early childhood professionals
- We strictly adhere to health & safety regulations, including COVID-19 prevention protocols



BOOK A TOUR



Contact us : 415 683 7391

Montessori House of Children  
1187 Franklin St., San Francisco, CA 94109



# I Sing the Body Electric

Nov. 22

[Click Here to Watch Last Weeks Worship Service](#)

## UUSF MEDIA

[Listen to our Worship Sermon Podcasts Here](#)

[Check out our Complete Worship Service Archives Here](#)

[View all our videos Here](#)

[Read our Newsletters Here](#)

[Contact us here](#)

# Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions: "What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

For more about our congregation,  
please visit our website at [www.uusf.org](http://www.uusf.org).

First Unitarian Universalist Society of San Francisco  
1187 Franklin Street, San Francisco, CA 94109  
415-776-4580 / [info@uusf.org](mailto:info@uusf.org)