



#### Order of Service Sunday, January 10, 2021 10:50 AM to 12:15 PM

Livestreamed at <a href="http://www.youtube.com/c/UUSFMedia">http://www.youtube.com/c/UUSFMedia</a>

New to UUSF? Complete our Connections Form Here

Prelude

The Old Year Now Hath Passed Away
The Rejoicing - Minuet - Bourree - Finale

Reiko Oda Lane, organist Johann Sevastian Bach George F. Handel

Opening and Welcome

Rev. Vanessa Rush Southern, Senior Minister

Hymn 170

We are a Gentle, Angry People SINGING FOR OUR LIVES
Asher Davison, song leader; Reiko Oda Lane, organist

(CLICK HERE OR SCROLL DOWN TO PAGES 5 & 6 TO VIEW HYMN)

Unison Chalice Lighting

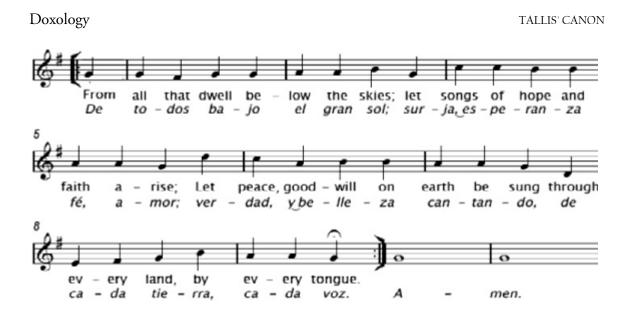
We light this chalice for the light of truth, the warmth of love, and the fire of commitment.

We light this symbol of our faith as we gather together.

**Brief Invitations** 

Covenant

Love is the spirit of this church, and service is its prayer. This is our great covenant: to dwell together in peace, to seek the truth in freedom, and to help one another.



Ritual of Remembrance and Commitment

Spoken and Silent Meditation

Music

Inner Temple

Christine Tulis, harpist Christine Tulis

Reflection

Carmen Barsody, Worship Associate

#### Offering

The offering today goes to support the work and ministries of the congregation.



Music

Guardians of Light

Christine Tulis, harpist Christine Tulis

Reading "The Sins of Scripture" by John Shelby Spong

Rev. Vanessa Rush Southern

Music

Mountain of the Saints

Christine Tulis, harpist Christine Tulis

Sermon "Homosexuality and the Bible"

Rev. Vanessa Rush Southern

Hymn 6

Just as Long as I Have Breath

NICHT SO TRAURIG

Asher Davison, song leader; Reiko Oda Lane, organist

(CLICK HERE OR SCROLL DOWN TO PAGE 7 TO VIEW HYMN)

Benediction

Rev. Vanessa Rush Southern

Postlude

Toccata in G Minor

[Organ Symphony No. VI]

Reiko Oda Lane, organist Charles Maria Widor



## **PARTICIPANTS**

#### Service Notes

Rev. Vanessa Rush Southern, Senior Minister Carmen Barsody, Worship Associate

#### **Technology**

Eric Shackelford, camera
Shulee Ong, camera
Jonathan Silk, sound/oos design
Joe Chapot, social media
Thomas Brown, sexton
Alex Darr, Zoom Coffee Hour
Amy Kelly, flowers

#### Musicians

Reiko Oda Lane, organist Christine Tulis, harpist Asher Davison, song leader

Cover image by Yoav Hornung (<u>learn more</u>)

## **ABOUT**

Christine Tulis is a harpist, singer, mystic, healing artist and award winning composer exploring the spiritual qualities of the harp and the ability of music to connect us to inspired states of being. She began playing the harp as a result of a life changing spiritual experience she had upon encountering the instrument for the first time. Her compositions are born from states of prayerful meditation and are informed by her primary musical influences - the Celtic tradition, Medieval and Renaissance periods and music of the Middle East and India. To learn more about her healing sessions, Harp Immersions please visit <a href="https://www.christinetulis.com">www.christinetulis.com</a>.

# We Are a Gentle, Angry People



Words & music: Holly Near, 1944- , © 1979 Hereford Music, arr. by Patrick L. Rickey, 1964- , arr. © 1992 Unitarian Universalist Association

SINGING FOR OUR LIVES 9.5.5.D.



- We are gay and straight together,
   And we are singing, singing for our lives.
   We are gay and straight together,
   And we are singing, singing for our lives.
- 6. We are a gentle, loving people, And we are singing, singing for our lives. We are a gentle, loving people, And we are singing, singing for our lives.



- Words: Alicia S. Carpenter, 1930-, © 1981 Alicia S. Carpenter Music: Johann G. Ebeling, 1637–1676,
- harmony rev. by John Edwin Giles, 1949–1996
   1992 Unitarian Universalist Association

NICHT SO TRAURIG 7.7.7.7.7.7.

# What's Coming Up? Ways to Connect in These Times



Virtual Coffee Hour: Starts at 12:15 PM

Join via Zoom: <a href="https://zoom.us/j/725737157">https://zoom.us/j/725737157</a>

Meeting ID: 725 737 157

Dial by Phone: +1-669-900-6833 (San Jose)

#### Wish Guidance on Using Zoom?

There are a variety of ways you can learn how to connect through Zoom. The Church has prepared a Guide that explains the Zoom system, and all the basics you need to know in using the system. To access the Guide, <u>click here</u>. You can also access brief on-line tutorials on Zoom To see an example of these tutorials (on how to join a Zoom meeting) <u>click here</u>.

During these times we want you to have our email information handy. Please reach out to your ministers for any reason -- you are having a hard time (or know someone who is); you have a great idea for our new version of shared life in these times (or know someone with skills we could use in this chapter of life together); and because you don't know who to call about what's on your mind. Keep these handy:

Please contact Rev. Alyson Jacks (ajacks@uusf.org) or Vanessa Southern (vrsouthern@uusf.org)

In spite of all the COVID-19 restrictions, members of the church continue offering Pastoral Care and support to one another. One of those groups is the Lay Chaplains (Jan Oringer, Liz Strand, Gino Fortunato, Linda Harris, and Marty Vanderlaan) have been joined this Summer by retired ministers Margot Campbell-Gross and John Buehrens. To contact this team, send an email to chaplains@uusf.org or telephone one of the lay chaplains. We will respond to your request and connect you to someone who can help. In providing care we often rely on a network of UUSF volunteers who have indicated they are available to help other members of the congregation. We wish to express our deep appreciation for the help of these volunteers.

### Council of Committee Chairs Meeting Sunday, January 10, 12:30 PM (on zoom)

Committee chairs (or their designees) are invited to attend the Council of Committee Chairs (COCC) meeting this Sunday, January 10, beginning at 12:30 PM. The meeting will cover such items as the Center renovations, UU Eighth Principle activities, committee activities under COVID restrictions and much more!



Anyone with questions or who would like to suggest other agenda items can contact Board members Rochelle Fortier or Carrie Steere-Salazar.

# Humanists & Non-Theists EcoHumanism

Sunday, January 10, 1:00 PM

Millie is a humanist concerned with addressing social justice critiques of humanism. In this presentation, she will be discussing ecohumanism, which counters the claim that humanism's focus on people is incompatible with respect for other species and the environment, and is overly optimistic about technological progress as a means to mitigate climate change and other ecological



problems. **Rev. Millie Phillips**, a member of the Unitarian Universalist (UU) Society of San Francisco, was ordained by our congregation a year ago. Until recently she was serving the UU Community of Lake County.

Join this Zoom meeting

https://us02web.zoom.us/j/87328963448?pwd=ZU9MRHdJMjFxRis5cTV6V00yb1FyUT09

Meeting ID: 873 2896 3448

Passcode: 757637

Dial by your location

+1 669 900 6833 US (San Jose)

#### Aloha AUUction 2021 Is Almost Here!

### Online Silent Auction January 29, 2021 - February 4, 2021

#### Online Live Auction February 5, 2021

Everyone can donate by clicking on the button below!



The fabulous Aloha AUUction 2021 is almost here, and if you haven't decided what to donate, here are a few of the great ideas already proposed by UUs and friends:

Weekend and week-long getaways
Parties and cultural events (for dates later in 2021)
Online family and kid-friendly activities (some with kits of materials)
Fine wine

Original artwork or other valuable items
Food preparation and delivery
Cookies, pies, and other scrumchies
Services like shopping, teaching a skill, consulting

Questions? Email Sue Anthony at <a href="mailto:susan.j.anthony@comcast.net">susan.j.anthony@comcast.net</a>.



# QUALITY WINE BOTTLE DONATIONS DESPERATELY NEEDED BY ALOHA AUCTION!!

We need your wine bottle donations in order to create two cases of wine to auction off at this year's auction. Please consider donating a \$15+ bottle of wine to support this major fundraising event for the UUSF!

Bottles can dropped off at Susan Anthony's home or if you live in SF, she can come collect the bottle from you!

Contact Susan at <a href="mailto:susan.j.anthony@comcast.net">susan.j.anthony@comcast.net</a> for more information.



# Special BIPOC (Black, Indigenous, People of Color) Gathering 1st Sunday of the Month from 9:30 AM to 10:50 AM

An invitation for those who would like to join our monthly BIPOC gatherings. The sacred space is open to our members and friends who are Black, Indigenous and People of Color, takes place by Zoom (for now) on the first Sunday of every month often from 9:30-11am. If you are interested in attending or finding out more, please email <a href="mailto:bipoc@uusf.org">bipoc@uusf.org</a>. Please come join this space for joy, renewal, care and inspiration.

# Journey Toward Wholeness Racial Equity Task Force Meeting

Tuesday, January 26, 7PM to 8:30 PM

The Journey Toward Wholeness / Racial Equity Task Force meets monthly on the 4th Tuesday. Last month we created a covenant for our work together and clarified that our focus, for the moment, will be on furthering the work within UUSF to dismantle white supremacy culture and build Beloved Community.

If you're interested in joining us on Tuesday, email <a href="mailto:info@uusf.org">info@uusf.org</a> for meeting information and the materials for the meeting.







# ADVANCE APPOINTMENTS are encouraged to help maintain social distancing.



All donors must bring and wear a MASK or CLOTH-BASED FACE COVERING.



PONATIONS TESTED
FOR COVID ANTIBODIES
to help identify potential
convalescent plasma donors.



# **Blood Drive**

#### First Unitarian Church

Tuesday, January 19, 2021 10:00 AM – 3:00 PM

Location: TSK Room 1187 Franklin Street San Francisco, CA 94109

To make an appointment, visit vitalant.org and click donate. Use your unique sponsor code: First Unitarian



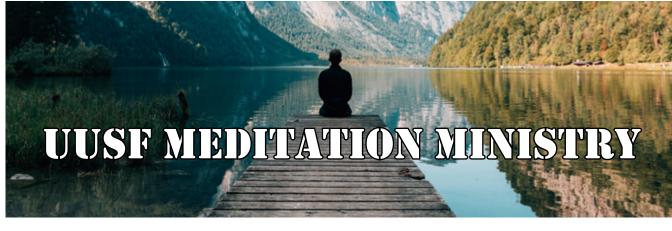
# UUSF Blood Drive - Tuesday, January 19 10AM to 3PM - At the Center (1187 Franklin Street)

We're hosting a blood drive! Blood donation is essential, even more so during the ongoing COVID-19 pandemic. If you are able, please come by the UU Center on Tuesday, January 19 to donate today. Additional safety measures will be taken due to COVID-19. This will be considered a successful drive if we can get at least 30 people to donate, so please share this widely!

To make an appointment, visit vitalant.org and click donate.

Use your unique sponsor code: First Unitarian

Click Here to Schedule an Appointment



#### **Adult Religious Education Classes**

Meditation is a practice where an individual uses a technique – such as mindfulness, or focusing the mind on a particular object, thought, or activity – to train attention and awareness, and achieve a mentally clear and emotionally calm and stable state.

UUSF has the great fortune to offer two meditation programs you can participate in at any time. They are lead by **Elena Hanyo Perez**, a member of UUSF, licensed acupuncturist, and lay minister with Bright Dawn Center for Oneness Buddhism.

**ZOOM LINK** 

https://us04web.zoom.us/j/75735734442#success

PASSWORD: metta

#### Morning Metta Meditation

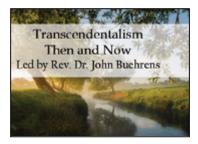
Tuesdays & Thursday, 8-8:30 AM

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience

#### **Equanimity Practice**

Fridays, 8-8:30 AM

A meditation practice on cultivating equanimity- that is accepting the reality of life's highs and lows, and developing an attitude of peaceful calm abiding throughout the inevitable changes.



#### Transcendentalism Then and Now

Wednesday, January 6, 13, 20, & 27, 2021 7:30 - 9PM Led by Rev. Dr. John Buehrens and hosted by UU Church of Palo Alto

Registration: Advance registration is required. Please email **Marilyn Austin** at <u>areclasses@uucpa.org</u> to sign up for the class. The link will be provided to registered participants.

Rev John Buehrens is the retired senior minister of the UU church in San Francisco. After the last time he gave a guest sermon at UUCPA, numerous members of our congregation asked the ARE Committee to arrange for him to teach a class for us. We have finally accomplished that! On the four Wednesday evenings in January, from 7:30 to 9:00, Rev. Buehrens will teach a class via zoom entitled Transcendentalism: Then and Now. He will identify contemporary issues as well as explore the pioneering efforts of our spiritual forbears in spiritual practice, women's rights, anti-racism, and ecotheology. All four sessions will include both lecture and discussion. Those wishing to attend should email <a href="mailto:areclasses@uucpa.org">areclasses@uucpa.org</a> in order to receive the zoom link.



#### Minister's Book Group: January

Wed, Jan. 27, 7:30-8 pm OR Thurs, Jan. 28, noon-1:30

Led by Rev. Vanessa Rush Southern

Join the Minister's Book Group in January when we read and discuss Michael Pollan's "How to Change Your Mind: What the New Science of Psychedelics Teaches Us About Consciousness, Dying, Addiction, Depression, and Transcendence."

The book is a journey through the renewed fascination with what psychedelics are teaching the medical and therapeutic world about how our mind functions and what relief it may offer to some of the most painful realities of life -- depression and the painful work of facing death. Since the work touches on so much that is often thought part of the religious realm I am particularly interested in discussing it with our book group.

#### **REGISTER HERE**



#### New UU: A 2-Session series for Visitors and Newcomers

Tuesday, February 2 and 9. From 7:00 - 8:30 p.m.

Led by Rev. Alyson Jacks and Rev. Vanessa Southern

REGISTER HERE - Questions? Email Rev. Jacks - ajacks@uusf.org

Join Revs. Jacks and Southern, and special guests, for a two session New UU class. This interactive class will introduce you to Unitarian Universalism and our congregation. If you don't have Zoom capability, there is a simple way to call in to participate.

# Session 1: A quick journey from Past to Present, Unitarian Universalist history and theology.

To understand where we are now culturally as a movement, in our philosophies and practices, and our place in the larger landscape of religious history, we'd like to give you an overview of some of the big sweeps of time and where Unitarian Universalism's roots began and where we find ourselves today. We will cover history, theology and a bit of what we call "polity" -- how we run ourselves and why we do it like that.

#### Session 2: First UU Society Past to Present

Along the same lines we'd like you to see the history of this particular congregation, it's place in the life and history of San Francisco and California. What has been part of this life, and right now how does this congregation understand the work of spiritual growth, the call to social action, what are our worship traditions (and why are they the way they are), how do we connect and take care of each other, and what is entailed in being called "a member."



# BAY AREA FOOD INSECURITY ON THE RISE! NEED Help? Want to GIVE Help? BOTH?

Food insecurity is on the rise across the nation, including the Bay Area, as the continued COVID-19 pandemic affects jobs and reduces the access to healthy food by vulnerable seniors and individuals in quarantine. One study says that food insecurity has tripled in San Francisco in the past 6 months. If you are among this rising number of people and don't know how to access healthy food, we are here to help:

To Get Help connecting with sources of free healthy food, contact our lay chaplaincy team at <a href="mailto:Chaplains@uusf.org">Chaplains@uusf.org</a>

# THE SAN FRANCISCO / MARIN FOOD BANK NEEDS YOUR HELP!!!

In the past six months, his wonderful organization has almost doubled the number of households it serves to about 60,000 a month. Both the increase in the number of people served and the suggestion that those over 60 do not volunteer for safely reasons during the pandemic has produced a critical need for younger volunteers.

#### TO HELP, please join us at the INTERFAITH FOOD PANTRY!

Every Saturday 7:30 AM to 11AM SIGN-UP HERE

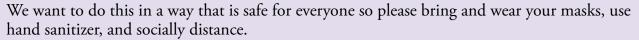
### Wednesday Morning Vigils!

Wednesdays from 7:30-9AM at UUSF

As a consequential election approaches, With the overt threat to subvert its outcome; With the prospect of a shift in the Supreme Court that could threaten long held basic rights; Our choices and our voices on the ballots and in the public square are critical.

We cannot afford to be silent. We invite you to join fellow UUs and other people of conscience as we gather with signs and banners in front of our church.

We have banners and signs but feel free to make and bring your own addressing those concerns you find most critical to raise.



The garage and interior of the church will not be available so please find street parking if you drive.

Let us know what you think at <a href="mailto:neveragain@uusf.org">neveragain@uusf.org</a>

## **UUSF Community Art Show**

Now thru January (here)

This year's community art show is virtual. 20 artists are featured, and a range of items are available for purchase.

Check out the gallery on the UUSF website **here**.



Homage: Leonard Breger/ Bernal Hill Boogie



Becoming Together - Wednesdays January 13 & 27 7:00 to 8:30 pm

All young adults are invited to join us for our bi-monthly reflection time.

Join on ZOOM

TNT Hangouts - Saturdays January 9 & 23 6:00 to 8:00 pm

All young adults are invited to join us for our a bi-weekly hangout time.

Join on ZOOM



#### SMALL GROUP MINISTRY SPRING 2021 SIGN-UPS

Have you been looking for a way to build a deeper connection within the UUSF community – especially during the challenges of shelter in place? The Small Group Ministries program is an excellent way to do that. Sign up for the Spring 2021 session, open now through January 29, 2021. Many participants have found Small Group Ministries as a way to deepen their connection with the congregation and build meaningful friendships and support with individual members.

What can you expect? SGM groups meet for 2 hours every other week with groups of 10 people. Initial sessions will meet virtually through Zoom and will transition to in person meetings when it is possible to do that safely at the church.

Through moderated discussion and deep listening, participants explore a range of issues and topics related to spirituality, social justice and personal growth. Past topics have included understanding spiritual experiences, gratitude, Black Lives Matter, mortality and after life, connection, and the arts. The order of services allows everyone to participate with two skilled facilitators leading the discussion. Members have the option to select topics for sessions, and there is a community service project incorporated into the series that lets everyone volunteer in a meaningful way.

To sign up for the upcoming Small Group Ministries series email our Small Group Ministry coordinators, <a href="mailto:sgm@uusf.org">sgm@uusf.org</a>, or call them: Barbara Kovac at 415-370-9766 or Gregg Biggs at 415-505-4690.

Note: The registration link may say Fall 2020 to Spring 2021. We're reusing an old form, but it will work for anyone signing up just for Spring 2021.

#### **CLICK HERE**



Forum & Human Rights Working Group **Paula Cole Jones presenting on the 8th UU Principle**Saturday, January 16, 11 AM

Unitarian Universalism have long showed up for racial justice but the work is far from over. We can continue this work by endorsing and adopting the 8th Principle in our congregation as well as the U U A Institution. Please join us at this Forum on the 8th Principle featuring Paula Cole Jones-co author of the 8th Principle and leader of the 8th Principle Community, founder of ADORE and former president of DRUUMM.

Ms. Jones will give an in depth talk on Why The 8th Principle as well as her anti racism work among various UU congregations.

Everyone is welcome. Please join us at the Zoom link below: <a href="https://zoom.us/j/95001235941?pwd=QUxwMHNwaWg0NVh0YThUcVdqWjd0dz09">https://zoom.us/j/95001235941?pwd=QUxwMHNwaWg0NVh0YThUcVdqWjd0dz09</a>

Meeting ID: 950 0123 5941

Passcode: 774812 Dial by your location

+1 669 900 6833 US (San Jose)

Find your local number: <a href="https://zoom.us/u/aeJfX2yG8w">https://zoom.us/u/aeJfX2yG8w</a>



Humanists & Non-Theists The US Immigration System January 16, 2021 at 3:00 PM

This event is co-sponsored by the Bay Area Humanists

The presentation by Rochelle A. Fortier Nwadibia will give you a better understanding of the evolution of the immigration system that we have today. Learn the agencies, courts, and practices that make up the regime that determines who is able to enter, who is removed and who may be barred entry. Special emphasis will be placed on the asylum process.

During this presentation, you are invited to ask yourself the following: Who gets to be a US citizen? What are the origins of the exercise of this authority? What are the assumptions around what it means to be an American? When did it become OK to demonize non Americans? Is this system functioning in a way that reflects our values?? Are there legitimate moral questions plaguing the immigration system?

Ms. Nwadibia is a renowned international attorney in the field of migration and human rights representing asylum seekers and immigrants in US federal courts and administrative agencies. Ms. Nwadibia has over 20 years of experience as a human rights litigator, advisor and adjudicator. She is the former acting Chair and Commissioner of the Missouri Commission on Human Rights. Her work, including the leading case in the United States on female genital mutilation, has been recognized by the Congressional Research Service and Washington University School of Law. Ms. Nwadibia works in San Francisco representing clients on issues of human rights, asylum and migration. She has a Juris Doctor from Washington University School of Law, and a Master of International Affairs from the School of International and Public Affairs at Columbia University in the City of New York.

Everyone is welcome. Please join us at the Zoom link below:

#### Join Zoom Meeting

https://us02web.zoom.us/j/83468629410?pwd=QjYvRXliQkMvSGZkQjFiajRkdUl5Zz09

Meeting ID: 834 6862 9410

Passcode: 858751 Dial by your location

+1 669 900 6833 US (San Jose)



Forum **Rev. Leslie Takahasi of Mt. Diablo UU on "Widening the Circle"**Sunday, January 17, 12:30 PM

"What Is at stake here is nothing less than the future of our faith"

The Sunday Forum and the Human Rights Working Group invites you to this important Forum "Widening The Circle" a report by the U U A Commission On Institutional Change on the problems of white supremacy and systemic racism historically and presently within the U U A. The featured speaker will be Rev. Leslie Takahasi- Chair of the Commission On The Institutional Change. Rev. Takahasi is also the Sr. Minister of Mt Diablo UU and coauthor of the book" The Arc of The Universe Is Long: Anti Racism and The Unitarian Universalist Association along with many other publications.

Everyone is welcome. Please join us at the Zoom link below: <a href="https://zoom.us/j/92000514298?pwd=eEFkb0RhSWZxMFhpTTVVQU56NnhNUT09">https://zoom.us/j/92000514298?pwd=eEFkb0RhSWZxMFhpTTVVQU56NnhNUT09</a>

Meeting ID: 920 0051 4298

Passcode: 452775 Dial by your location

+1 669 900 6833 US (San Jose)

Find your local number: <a href="https://zoom.us/u/adtEPMbnr">https://zoom.us/u/adtEPMbnr</a>

#### Humanists and Non-Theists

#### Can Future Pandemics Be Prevented?

#### Sunday, January 24 at 1:00 PM

Covid-19, like many other diseases jumped to the human population from other animals. It has been estimated that there are 800,000 viruses in animals that can potentially jump to humans and cause pandemics.

Are we entering an age of pandemics caused by human overpopulation, international mobility, human

incursion into previously pristine areas exposing humans to novel pathogens, political division that politicizes public health measures, and overconsumption by wealthy nations?



#### **Click Here for Zoom Link**

Meeting ID: 889 6033 4143

Passcode: 540758 Dial by your location

+1 669 900 6833 US (San Jose)



# **UUSF MEDIA**

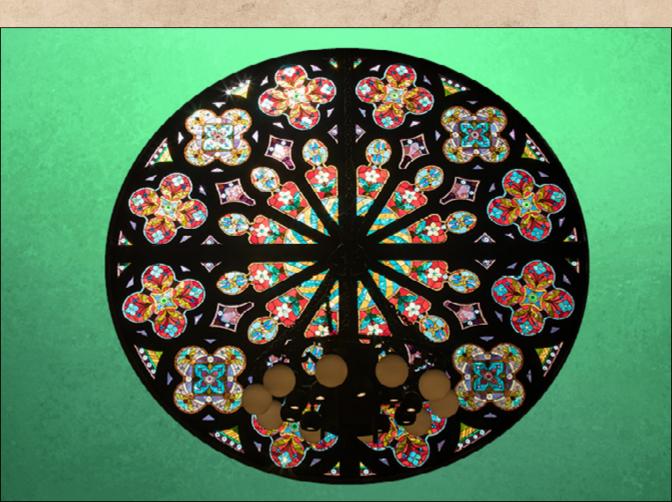
Listen to our Worship Sermon Podcasts Here

**Check out our Complete Worship Service Archives Here** 

View all our videos Here

Read our Newsletters Here

Contact us here



# Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the Rev. Thomas Starr King was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

For more about our congregation, please visit our website at <a href="https://www.uusf.org">www.uusf.org</a>.

First Unitarian Universalist Society of San Francisco 1187 Franklin Street, San Francisco, CA 94109 415-776-4580 / <u>info@uusf.org</u>