

# "Love and Accountability"

Sunday, February 28, 10:50 AM, 2021

First Unitarian Universalist Society of San Francisco



**Order of Service**  
**Sunday, February 28, 2021**  
**10:50 AM to 12:15 PM**

Livestreamed at <http://www.youtube.com/c/UUSFMedia>

New to UUSF? [Complete our Connections Form Here](#)

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Prelude Music for Lute and Vihuela (from the 16th century)

*Prelude and Allegro*  
*Ricercar and Fantasia*

S. de Murcia  
F. de Milano  
Eric Hamilton, guitarist

Opening and Welcome

Meg McGuire, Ministerial Intern

Hymn 188

*Come, Come Whoever You Are*

PILGRIMAGE

Brielle Marina Neilson; Mark Sumner, song leaders

[\(CLICK HERE OR SCROLL DOWN TO PAGE 6 TO VIEW HYMN\)](#)

Unison Chalice Lighting

Carmen Barsody, Worship Associate

We light this chalice for the light of truth,  
the warmth of love,  
and the fire of commitment.  
We light this symbol of our faith  
as we gather together.

Musical Meditation *Pavane no. 2*

L de Milan  
Eric Hamilton, guitarist

Covenant

Love is the spirit of this church, and service is its prayer.  
This is our great covenant: to dwell together in peace,  
to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and  
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5  
faith a - rise; Let peace, good - will on earth be sung through  
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8  
ev - ery land, by ev - ery tongue.  
ca - da tie - rra, ca - da voz. A - men.

Ritual of Remembrance and Commitment

Carmen Barsody

Spoken and Silent Meditation

Hymn 1011

*Return Again*

Shlomo Carlebach

Brielle Marina Neilson; Mark Sumner, song leaders

[\(CLICK HERE OR SCROLL DOWN TO PAGE 7 TO VIEW HYMN\)](#)

Invitation

Mari Magaloni & Liz Strand, 8th Principle Task Force

Offering

The offering today goes to support the work of the Interfaith Movement for Human Integrity.



Music *Guardame las Vacas*

L. de Narvaez  
Eric Hamilton, guitarist

Reflection

Daniel Jackoway, Worship Associate

Music *Volta*

R. Dowland  
Eric Hamilton, guitarist

Sermon "**Love and Accountability**"

Meg McGuire

Hymn 1028

*Fire of Commitment*

Words: Mary Katherine Morn; Music: Jason Shelton  
Mark Sumner, pianist; Brielle Marina Neilson, song leader; Jon Silk, drums

[\(CLICK HERE OR SCROLL DOWN TO PAGES 8-10 TO VIEW HYMN\)](#)

Benediction

Meg McGuire

Postlude

*Allemande*

R. Johnson  
Eric Hamilton, guitarist



# PARTICIPANTS

## Service Notes

Meg McGuire, Ministerial Intern  
Carmen Barsody, Worship Associate  
Daniel Jackoway, Worship Associate  
Mari Magaloni & Liz Strand, 8th Principle  
Task Force

## Technology

Eric Shackelford, camera  
Shulee Ong, camera  
Jonathan Silk, sound/oos design  
Joe Chapot, social media  
Thomas Brown, sexton  
Les James, Zoom Coffee Hour  
Judy Payne, flowers

## Musicians

Eric Hamilton, guitarist  
Mark Sumner, song leader/pianist  
Brielle Marina Neilson, song leader  
Jon Silk, drums

Cover image by Alex Perez ([more info](#))



## ABOUT

Classical guitarist, Eric Hamilton has been in the music industry for the past 50 years. Along with decades as a performing guitarist, he is an expert violin and guitar technician acting as head of quality control for two Bay Area import companies. He has taught both privately and for public school districts in LA and Alameda counties and has recorded to date 15 albums of music for the guitar with multiple YouTube listings ([www.youtube.com/erichamiltonmusic](http://www.youtube.com/erichamiltonmusic)).

More information can be found at [www.erichamiltonmusic.com](http://www.erichamiltonmusic.com).

## OFFERTORY

**Interfaith Movement for Human Integrity** is a statewide California organization that connects people of faith to the work of social justice. Working at the intersection of spirituality and social movements, we mobilize congregations to take a stand on issues of social justice like immigration and mass incarceration, and we engage people of faith to develop their own leadership so they can stand up against racism, discrimination and the political challenges of the day.



Today's flowers are in loving memory  
of our Father and Grandfather,  
Jim Tovar, who watched over  
and cared for us his whole life  
from Chris, Margaret, and Chris Dean.



Photo: Jim Tovar and Chris Dean

## 188 Come, Come, Whoever You Are

The image shows a musical score for the song 'Come, Come, Whoever You Are'. It consists of four staves of music in 3/4 time, with a key signature of two flats (B-flat and E-flat). The first three staves contain the main melody with lyrics underneath. The first staff has a circled '1' above the first measure and a circled '2' above the eighth measure. The second staff has a circled '3' above the eighth measure. The third staff has a circled '4' above the eighth measure. The fourth staff is labeled 'Counterpoint' and contains a single line of music with lyrics underneath.

Come, come, who - ev - er you are, wan - der - er,  
wor - ship - er, lov - er of leav - ing. Ours is no  
car - a - van of — de - spair. Come, yet, a - gain, come. —

*Counterpoint*  
though you've bro - ken your vows a thou - sand times

Come, Come, Whoever You Are  
Wanderer, worshiper, lover of leaving.  
Ours is not a caravan of despair.  
Come, even if you have broken your vows  
a thousand times  
Come, yet again, come, come.

(Lynn Adair Ungar (music) & Jalal ad-Din Muhammad Rumi (text) )

[BACK TO PAGE 1 \(CLICK HERE\)](#)

# Return Again

1011

$\text{♩} = 108$

1

Re - turn a - gain, Re - turn a - gain, Re -

turn to the home of your soul, soul.

2

Re - turn to who you are, Re - turn to what you are,

Re - turn to where you are born and re - born a - gain.

Words & music: Shlomo Carlebach, 1925 - 1994, © Shlomo Carlebach (BMI)  
Soul@NeshamaCarlebach.com. All rights reserved. Used by permission.

[BACK TO PAGE 2 \(CLICK HERE\)](#)

# 1028 The Fire of Commitment

With joy and energy ♩ = 150

Piano introduction in E-flat major, 4/4 time. The right hand features a rhythmic pattern of eighth notes with accents, while the left hand plays a steady eighth-note accompaniment. Chords are indicated above the staff: E♭, B♭/D, Cm7, E♭/B♭, A♭, and B♭.

Vocal line and piano accompaniment for the first line of lyrics. The vocal line has three verses. The piano accompaniment consists of chords in the right hand and a rhythmic accompaniment in the left hand. Chords are indicated above the staff: E♭, A♭/B♭, E♭, B♭/D, Cm7, and B♭.

1. From the light of days re - mem - bered burns a  
 (2. From the) stor - ies of our liv - ing rings a  
 (3. From the) dreams of youth - ful vis - ion comes a

Vocal line and piano accompaniment for the second line of lyrics. The vocal line continues with the lyrics. The piano accompaniment continues with chords and accompaniment. Chords are indicated above the staff: A♭, E♭/G, Fm7, B♭, E♭, and B♭/D.

bea - con bright and clear Guid - ing hands and hearts and  
 song both brave and free Call - ing pil - grims still to  
 new, pro - phet - ic voice Which de - mands a deep - er

Note: The use of percussion is highly recommended.

⊕ Words: Mary Katherine Morn, 1961 - and Jason Shelton, 1972 -

⊕ Music: Jason Shelton, 1972 - , © 2001 Jason Shelton

FIRE OF COMMITMENT, 8.7.8.7 with refrain

Cm7 E<sup>b</sup>/B<sup>b</sup> D<sup>b</sup> A<sup>b</sup> B<sup>b</sup><sub>sus</sub> B<sup>b</sup> A<sup>b</sup> B<sup>b</sup>

spir - its In - to faith set free from fear.  
 wit - ness to the life of lib - er - ty When the  
 jus - tice built by our cour - a - geous choice

Cm B<sup>b</sup> A<sup>b</sup> E<sup>b</sup>/G Fm7 E<sup>b</sup>/G

fire of com - mit - ment sets our mind and soul a -

A<sup>b</sup> B<sup>b</sup><sub>sus</sub> B<sup>b</sup> Cm E<sup>b</sup>/G A<sup>b</sup> E<sup>b</sup>

blaze When our hun - ger and our pas - sion meet to

D<sup>b</sup> A<sup>b</sup> B<sup>b</sup><sub>sus</sub> B<sup>b</sup> B<sup>b</sup>7 Cm B<sup>b</sup>

call us on our way When we live with deep as -

Ab Eb/G Fm7 Eb/G Ab Bbsus Bb

sur - ance of the flame that burns with - in Then our

The first system of music features a vocal line in the upper staff and piano accompaniment in the lower two staves. The key signature has two flats (Bb and Eb). The vocal line consists of quarter and eighth notes. The piano accompaniment includes a rhythmic pattern of eighth notes in the right hand and chords in the left hand. Chord symbols are placed above the vocal line.

Cm Eb/G Ab Eb/G Fm7 Bb Bbsus

pro - mise finds ful - fill - ment and our fu - ture can be -

The second system continues the musical piece with similar notation and structure as the first system. The vocal line and piano accompaniment are shown with the same key signature and chord symbols.

Eb Bb/D Cm7 Eb/Bb Ab Bb

gin.

The third system shows the vocal line and piano accompaniment. The piano accompaniment in the right hand features a consistent eighth-note rhythmic pattern. The left hand plays chords. The system concludes with a fermata over the final note of the vocal line.

1. 2. 3. Eb/Bb Eb(add9)

2. From the  
3. From the

The fourth system shows the piano accompaniment for the final part of the piece. It includes first, second, and third endings. The first ending leads to a final chord, Eb/Bb. The second and third endings are marked with '2. From the' and '3. From the' respectively. The system ends with a final chord, Eb(add9), and a double bar line.



# What's Coming Up?

## Ways to Connect in These Times

### **Wish Guidance on Using Zoom?**

There are a variety of ways you can learn how to connect through Zoom. The Church has prepared a Guide that explains the Zoom system, and all the basics you need to know in using the system. To access the Guide, [click here](#). You can also access brief on-line tutorials on Zoom To see an example of these tutorials (on how to join a Zoom meeting) [click here](#).

*During these times* we want you to have our email information handy. Please reach out to your ministers for any reason -- you are having a hard time (or know someone who is); you have a great idea for our new version of shared life in these times (or know someone with skills we could use in this chapter of life together); and because you don't know who to call about what's on your mind. Keep these handy:

Please contact Rev. Alyson Jacks ([ajacks@uusf.org](mailto:ajacks@uusf.org)) or Vanessa Southern ([vsouthern@uusf.org](mailto:vsouthern@uusf.org))

In spite of all the COVID-19 restrictions, members of the church continue offering Pastoral Care and support to one another. One of those groups is the [Lay Chaplains](#) (Jan Oringer, Liz Strand, Gino Fortunato, Linda Harris, and Marty Vanderlaan) have been joined this Summer by retired ministers Margot Campbell-Gross and John Buehrens. To contact this team, send an email to [chaplains@uusf.org](mailto:chaplains@uusf.org) or telephone one of the lay chaplains. We will respond to your request and connect you to someone who can help. In providing care we often rely on a network of UUSF volunteers who have indicated they are available to help other members of the congregation. We wish to express our deep appreciation for the help of these volunteers.



## **Sunday Virtual Coffee Hour** **12:15 PM on Sundays**

Anyone is welcome to join our community for our Virtual Coffee Hour, immediately following the Sunday Worship Service. Coffee not required.

Come to the special **8th Principle breakout room at Coffee Hour** after this service to hear more about the 8th Principle and to have a chance to join the discussion and get your questions answered. Simply say, when you enter the coffee hour zoom, that you want to go to the 8th Principle breakout room! We'll see you there!

Join the **Sermon Discussion Group**, led by **Donald Mathussan**, at Virtual Coffee Hour after church today. Let the host know if you want to join this group when you arrive at Coffee Hour.

**Join via Zoom:** <https://zoom.us/j/725737157>

**Meeting ID:** 725 737 157

**One tap mobile:** +16699006833,,725737157#



## Last Chance to Bid on a Fabulous Hawaii Vacation for 2, Airfare Included!

Bidding for an incredible Hawaii trip will close on Sunday 2/28 at 12:30 pm. If you didn't get a chance to bid on this during the live Auction on 2/5, you can do it now!

Want a peek at what is on offer?  
See Stephanie Gowin's description [here](#).

Bidding for an incredible Hawaii trip will close on 2/28 at 12:30 PM!

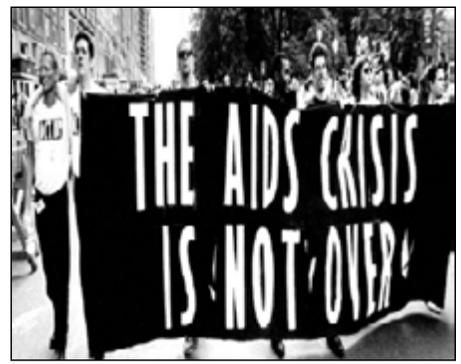
**CLICK HERE  
TO BID**

**Humanists and Non-Theists**

## **The AIDS Epidemic Has Not Gone Away**

Sunday, February 28 at 1:00 PM

While tremendous progress has been made in the US and other wealthy countries in the prevention and treatment of AIDS, the disease still ravages many marginalized communities and poorer countries. Shanthi Noriega has worked in many of these countries focusing on international programs, working with vulnerable populations including sex workers, men who have sex with men, and transgender persons across Africa, Latin America, and Southeast Asia. Shanti will share with us her experience working for close to a decade with the World Health Organization (WHO) where she supported the development of national guidelines for HIV programs and led a global survey program aimed at identifying gaps in HIV services. **Zoom Info Below**



<https://us02web.zoom.us/j/83490656021?pwd=UUlmbllvTjZVYXBNNNGJ6ZFJ0a2dJdz09>

**Meeting ID:** 834 9065 6021

**Passcode:** 924828

**Dial by your location**

+1 669 900 6833 US (San Jose)



## **Special BIPOC (Black, Indigenous, People of Color) Gathering**

**1st Sunday of the Month from 9:30 AM to 10:50 AM**

An invitation for those who would like to join our monthly BIPOC gatherings. The sacred space is open to our members and friends who are Black, Indigenous and People of Color, takes place by Zoom (for now) on the first Sunday of every month often from 9:30-11am. If you are interested in attending or finding out more, please email [bipoc@uusf.org](mailto:bipoc@uusf.org).

Please come join this space for joy, renewal, care and inspiration.

A lit oil lamp in a circular frame, symbolizing the campaign. The lamp is the central focus, with a flame. It is set against a blurred background of a church interior with people and a stained glass window.

# ANNUAL OPERATING FUND CAMPAIGN

COMING MARCH 7, the official launch of the annual operating fund campaign. Letters are being sent to every member and contributing friend asking for a pledge of support for the fiscal year starting July 1, 2021. Though we can't meet together for a launch luncheon, you will have an opportunity to see and be seen on the virtual donor wall during the Sunday services in March. When you make your pledge of support, send a selfie to the church [aof@uusf.org](mailto:aof@uusf.org).

Your picture will be added to our virtual donor recognition montage. We look forward to seeing you there!

Get your pledge in by March 14th to be included in a drawing for a three day stay at Marty Vanderlaan's Tahoe cabin.



# UU Theology

*For Young Adults*

*Mondays at 7pm*

UU Theologies for Young Adults  
Mondays

7:00 - 8:30pm

March 1 thru April 5

What is theology? And why does it matter? How might we create Unitarian Universalist theologies that support our growth and connection as individuals and as a community? Join ministerial intern Meg McGuire and young adult coordinator Joe Chapot for a six session class specifically for young adults, where we will reflect and explore our individual beliefs, values and commitments, and ask how they fit into Unitarian Universalism, both as it has been and as it could be. The main idea we will be working with is theology as a house and each week we will look at a different part of this building; with the nature of the divine as the foundation, what holds us together as the walls, the roof being what shelters us in times of strife, and the door is where we come from and where we're going.

Registration: <https://form.123formbuilder.com/5810672/uu-theology-for-yas>

# UUSF MEDITATION MINISTRY

## [Adult Religious Education Classes](#)

Meditation is a practice where an individual uses a technique – such as mindfulness, or focusing the mind on a particular object, thought, or activity – to train attention and awareness, and achieve a mentally clear and emotionally calm and stable state.

UUSF has the great fortune to offer two meditation programs you can participate in at any time. They are lead by **Elena Hanyo Perez**, a member of UUSF, licensed acupuncturist, and lay minister with Bright Dawn Center for Oneness Buddhism.

### ZOOM LINK

<https://us04web.zoom.us/j/75735734442#success>

PASSWORD: metta

## **Morning Metta Meditation**

Tuesdays & Thursday, 8-8:30 AM

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience

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## **Equanimity Practice**

Fridays, 8-8:30 AM

A meditation practice on cultivating equanimity- that is accepting the reality of life's highs and lows, and developing an attitude of peaceful calm abiding throughout the inevitable changes.



**BAY AREA FOOD INSECURITY ON THE RISE!  
NEED Help? Want to GIVE Help? BOTH?**

Food insecurity is on the rise across the nation, including the Bay Area, as the continued COVID-19 pandemic affects jobs and reduces the access to healthy food by vulnerable seniors and individuals in quarantine. One study says that food insecurity has tripled in San Francisco in the past 6 months. If you are among this rising number of people and don't know how to access healthy food, we are here to help:

**To Get Help** connecting with sources of free healthy food, contact our lay chaplaincy team at [Chaplains@uusf.org](mailto:Chaplains@uusf.org)

**THE SAN FRANCISCO / MARIN FOOD BANK  
NEEDS YOUR HELP!!!**

In the past six months, his wonderful organization has almost doubled the number of households it serves to about 60,000 a month. Both the increase in the number of people served and the suggestion that those over 60 do not volunteer for safely reasons during the pandemic has produced a critical need for younger volunteers.

**TO HELP, please join us at the INTERFAITH FOOD PANTRY!**

Every Saturday  
7:30 AM to 11AM  
[SIGN-UP HERE](#)

# ART AT OUR FEET

## Childrens Sidewalk Art During the Shelter at Home

### Childrens Multicultural Museum Art Show

March 2021

Feel like you want to escape?

If you have chalk and a sidewalk area you can make your mark!

Wander through these photos of dogs and houses, cats and imaginary creatures, flowers, rainbows and suns, and spaceships at a stellar spaceport, and more! Curator Andrei Glase photographed these anonymous drawings in her neighborhood; they are combined here with photos submitted by children of the UU community of their own drawings.

Childrens Multicultural Museum was created in 1986 by children's art advocates at the UU. The mission is to provide traditional art and cultural experiences for children 5 to 12 years and their parents. There is no museum building, but there is lack of funds. And a collection of innovative creations using multicultural themes, recycled materials and children's imaginations.

In the before times our program served children in the Tenderloin, Civic Center and Chinatown areas with monthly workshops, summer sessions, an annual holiday display at SF Davies Symphony Hall, and exhibitions at the Fisher children's center of the Civic Center Main Library and at the UU Kings Galleries. Our annual UU show included an art making reception for kids; today we are replacing that in-person experience with this online art show. During the covid shelter art workshops and in-person exhibits have been paused. We plan to continue our program as we can. Contact the curator [andreiglase@gmail.com](mailto:andreiglase@gmail.com) or by mail at CMM, 1849 Geary Blvd #15371, SF CA 94115.

With the decline of art education it is just so essential to do what we can to encourage our young creative minds with individual and community art projects. Art is about making decisions ... so you want to sketch something without knowing exactly what the final picture will be? Make a little decision to see art all around. Watch out -- art may be right at your feet! [View the flier here!](#)



CLICK BUTTON  
TO VIEW PHOTOS



# NEW UU!

April 6

April 13

## **NEW UU! A Two-Session series for Visitors and Newcomers**

**Tuesday, April 6 and 13 from 7PM to 8:30 PM**

[REGISTER HERE](#)

Questions? Email Rev. Jacks at [ajacks@uusf.org](mailto:ajacks@uusf.org)

Join Revs. Jacks and Southern, and special guests, for a two session New UU class. This interactive class will introduce you to Unitarian Universalism and our congregation. If you don't have Zoom capability, there is a simple way to call in to participate.

### **Session One: A quick journey from Past to Present, Unitarian Universalist history and theology.**

To understand where we are now culturally as a movement, in our philosophies and practices, and our place in the larger landscape of religious history, we'd like to give you an overview of some of the big sweeps of time and where Unitarian Universalism's roots began and where we find ourselves today. We will cover history, theology and a bit of what we call "polity" -- how we run ourselves and why we do it like that.

### **Session Two: First UU Society Past to Present**

Along the same lines we'd like you to see the history of this particular congregation, it's place in the life and history of San Francisco and California. What has been part of this life, and right now how does this congregation understand the work of spiritual growth, the call to social action, what are our worship traditions (and why are they the way they are), how do we connect and take care of each other, and what is entailed in being called "a member."

# Journey Toward Wholeness Racial Equity Task Force Meeting

Tuesday, March 30, 7PM to 8:30 PM

The Journey Toward Wholeness / Racial Equity Task Force meets monthly on the 4th Tuesday. Last month we created a covenant for our work together and clarified that our focus, for the moment, will be on furthering the work within UUSF to dismantle white supremacy culture and build Beloved Community.

If you're interested in joining us on Tuesday, email [info@uusf.org](mailto:info@uusf.org) for meeting information and the materials for the meeting.



## UUSF Community Art Show

This year's community art show is virtual. 20 artists are featured, and a range of items are available for purchase.

Check out the gallery on the UUSF website [here](#).



**Bird Dog by Jane Way ([view here](#))**



## Wednesday Morning Vigils!

Wednesdays from 8AM-9AM at UUSF

After 4 years where lies, racial hatred, patriarchy and xenophobia have been promoted from the highest political levels in the land, the people are rightly hungry for science, truth, morality and a broad embrace of humanity.

We give public and visual support especially to those progressive executive actions and proposed legislation by the Biden / Harris administration that address the injustices so stark in our society. This includes the proposal for immigration reform to grant rights, long overdue, to our immigrant brothers and sisters.

On the street at morning rush hour we see clearly the overwhelming contribution of immigrant workers to our economy. We greet construction workers, cooks, housekeepers, truck drivers, plumbers, carpet layers, elder care and childcare workers, roofers, gardeners, landscapers, janitors and many others on their way to work.

And, we celebrate with music that embodies our aspirations, and the resistance that is always part of the struggle for justice.

Join us in front of UUSF, Franklin & Geary. Each Wednesday morning from 8 to 9 AM. (Masks and social distancing required) Let us know what you think at [neveragain@uusf.org](mailto:neveragain@uusf.org).

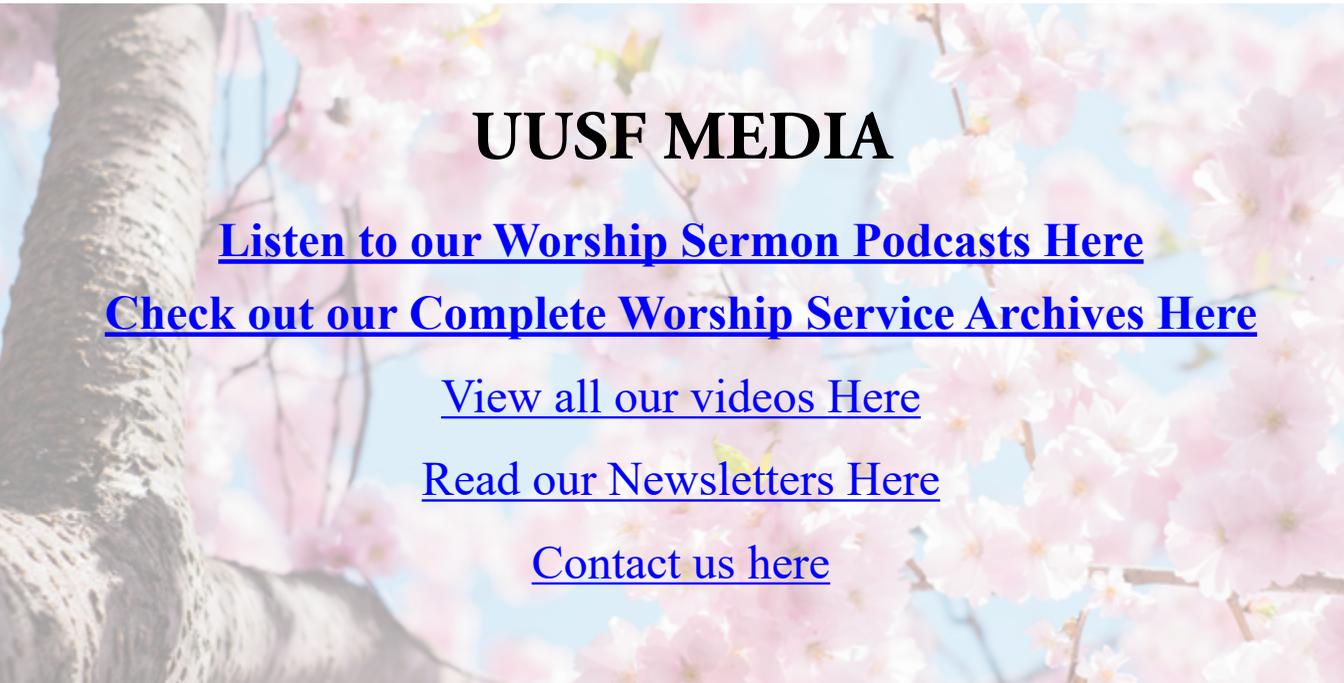


# "Being Ready"

Sunday, February 21, 10:50 AM, 2021

First Unitarian Universalist Society of San Francisco

[Click Here to Watch Last Weeks Worship Service](#)



## UUSF MEDIA

[Listen to our Worship Sermon Podcasts Here](#)

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[View all our videos Here](#)

[Read our Newsletters Here](#)

[Contact us here](#)

# Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

For more about our congregation,  
please visit our website at [www.uusf.org](http://www.uusf.org).

First Unitarian Universalist Society of San Francisco  
1187 Franklin Street, San Francisco, CA 94109  
415-776-4580 / [info@uusf.org](mailto:info@uusf.org)