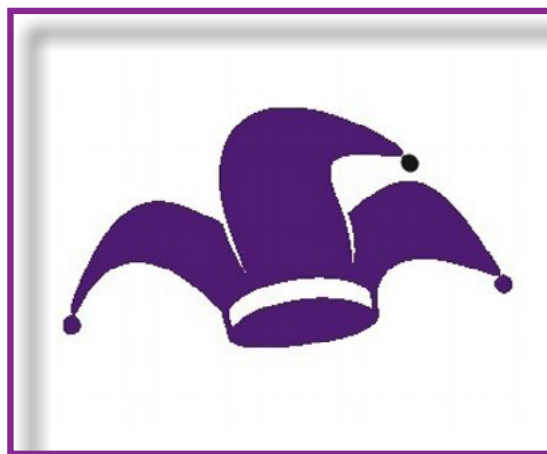


**A WORD
AFTER
A WORD
AFTER
A WORD
IS POWER**

from the poem "Spelling" by Margaret Atwood

Sunday, April 3, 10:50 AM, 2022
First Unitarian Universalist Society of San Francisco



Order of Service
Sunday, April 3, 2022
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at bit.ly/uusfconnections2022

Welcome back to those returning to onsite Worship Service!

Please stay masked during the Worship Service and maintain social distance.

After service we invite you to convene for coffee hour in the Courtyard.

As we ease back into the new normal, we want to keep our congregation and staff safe.

Please be mindful of social distance and wear your mask when you are not eating or drinking.

Prelude *Sonata in G*

Jean Barriere
Andrés Vera and Matthew Linaman, Cellists

Opening Words and Welcome

Carmen Barsody

Hymn 1000

Morning Has Come

Ben Rudiak-Gould, Songleader; Jon Silk, Drummer; Mark Sumner, Pianist

Jason Shelton

[\(CLICK HERE OR TURN TO PAGE 5 TO VIEW HYMN\)](#)

Unison Chalice Lighting

Poindexter (aka Dennis Adams), Worship Associate

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Poem "Together We" by Clarence E. Block

Cheryl Block-Shanks

Brief Invitations

Carmen Barsody

Covenant

Poindexter (aka Dennis Adams)

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Ritual of Remembrance and Commitment Loving Kindness meditation

Music *Song of the Birds*

Pablo Casals

Andrés Vera and Matthew Linaman, Cellists

Poetry Reflection

Carmen Barsody

Ed Bowers

Our offering this morning goes to support the work and ministries of Faithful Fools. On Friday we celebrated paying off our building, a feat for a small organization that was made possible by many of you who offered bridge loans and gave donations at the very beginning and throughout the 22 years. We thank you!! We must too invest in people, in just wages for minority leaders who do not have the security of generational wealth, and in the people we accompany, the people for whom we are their family, their primary community.

You can support our work by pressing the “donation” button (bit.ly/uusfpayments) in the Order of Service or at www.uusf.org. Please select the “Special Offering” choice to make your gift. If you are sending a check, please mark in the memo “Special Offering” 04-03-22. You can also give online at faithfulfools.org or at the Whole Fools table in the corridor where we have for sale our Poetry Anthologies, cards and other goods made by Sister Ade Kroll. Thank you in advance for your generosity.



Offertory Music	<i>Duet Op. 22, #2: Un poco adagio</i>	Friedrich Kummer
		Andrés Vera and Matthew Linaman, Cellists

Poetry Reflection	“A Fierce Thirst” by Jesse Johnson	Joel Yates
-------------------	------------------------------------	------------

Hymn 1007	There is a River Flowing’ in My Soul	music Rose Sanders, arr. Kenny Smith
		Ben Rudiak-Gould, Songleader; Mark Sumner, Pianist

[\(CLICK HERE OR TURN TO PAGE 8 TO VIEW HYMN\)](#)

Poetry Reflection	“Us As Community”	Kim Diamond
	“Fools” by Lynn Ungar	Poindexter (aka Dennis Adams)

Hymn 1028	<i>Fire of Commitment</i>	Jason Shelton
	Ben Rudiak-Gould, Songleader; Jon Silk, Drummer; Mark Sumner, Pianist	

[\(CLICK HERE OR TURN TO PAGE 10 TO VIEW HYMN\)](#)

Benediction		Carmen Barsody
-------------	--	----------------

Postlude	<i>Duet Op. 22, #2: Rondo</i>	Friedrich Kummer
		Andrés Vera and Matthew Linaman, Cellists

PARTICIPANTS

Worship Leaders

Carmen Barsody, Sermonizer
Ed Bowers, Sermonizer
Kim Diamond, Sermonizer
Cheryl Shanks, Sermonizer
Joel Yates, Sermonizer
Poindexter (aka Dennis Adams),
Worship Associate

Sunday Support

Eric Shackelford, Camera
Shulee Ong, Camera
Donald Shearer, Camera
Joe Chapot, Live Chat Moderator
Jonathan Silk, Sound
Remigio Flood, Sexton
Kelvin Jones, Sexton
Amy Kelly, Flowers
Linda Messner, Head Usher
Tom Brookshire, Les James,
Ralph Fenn, Zoom Coffee Hour

Muscians

Andrés Vera, Cellist
Matthew Linaman, Cellist
Mark Sumner, Songleader
Jon Silk, Drummer
Wm. García Ganz, Pianist



As of last Monday we have raised \$606,000 toward our \$750,000 budget and needs. Thank you to the 141 households who have given!! In order to plan and plan responsibly, and in order to be able to weather the remainder of the challenges ahead we need the remaining households, all of you, to give. It will take 100% participation to be the congregation and community we seek to be. Thank you also to all of those who have joined us as visitors and livestream guests and also given! The sense of our larger reach and connection has been so exciting.

To pledge online, you can do so at uusf.org/pledge or just send an email to Joe Chapot at jchapot@uusf.org or email Co-Chairs: Sam King & "Wonder Dave" Crady at aof@uusf.org telling us what your pledge for the church year 22-23 that begins July 1, 2022 will be. And thank you all! Forward together!



The Annual UUSF Passover Seder is back 4/22/22 at 6:30pm!

Join us in celebrating freedom, exploring the connection between ancient ritual and modern liberation struggles, singing, and enjoying a delicious potluck dinner. All ages are welcome! We will provide chicken, wine, and traditional Passover food, including matzo and matzo ball soup.

Please bring a dish to share if you are able. Suggested donation is \$10 per person, but no one will be turned away for lack of funds.

Please sign up (bit.ly/UUSeder22) so we can plan for food.

Questions? Eric at eshack@gmail.com.

Morning Has Come

1000

$\text{♩} = 112$

Use djembe, shaker, drum set, etc. for 12/8 (triplet) groove

F

The score consists of three systems. The first two systems are piano accompaniment in 12/8 time, featuring a treble staff with eighth-note triplets and a bass staff with sustained chords and a triplet eighth-note pattern. The third system includes a vocal melody line with three verses of lyrics and a piano accompaniment. The piano accompaniment in the third system features a treble staff with chords and a bass staff with a steady eighth-note accompaniment.

C/E F F/A B^b(add9) F/A Gm7 F/A B^b6 Gm7

1. Morn - ing has come, a - rise and greet the
 2. A new day dawns, once more the gift is
 3. O - pen our eyes to see that life a -

⊕ Words & music: Jason Shelton, 1972 - , © 2001 Jason Shelton
 MOUNTAIN MORNING, 10.10.10.10

Morning Has Come - 2

Chords: Csus4 C#°7 Dm7 C/E F F/A Gm7 F/A Bb Bm7(♮5)

day! Dance with joy and sing a song of
 giv'n. Won - der fills this mo - ment shared to -
 bounds; o - pen hearts to wel - come it a -

Chords: BbM7/C C Bb/D C/E F F/A Bb Dm7 Eb

glad - ness! The light of hope here shines
 geth - er. The light of peace here shines
 mong us. The light of love here shines

Chords: Bb F/A Bb/D DbM9 C F Gm7 F/A F/Bb

— up - on each face. May it bring faith to

Morning Has Come - 3

B \flat /C F/C Gm/C B \flat /C F

guide our jour - ney home. _____

The musical score is written for a vocal line and piano accompaniment. The key signature has one flat (B-flat), and the time signature is common time (C). The vocal line consists of a single line of music with lyrics underneath. The piano accompaniment is written for a grand piano, with a right-hand part and a left-hand part. The right-hand part features a series of eighth-note chords, while the left-hand part features a series of eighth-note chords. The score is divided into three systems. The first system includes the vocal line and the first two measures of the piano accompaniment. The second system includes the first two measures of the piano accompaniment. The third system includes the last two measures of the piano accompaniment, which end with a double bar line. The piano accompaniment includes various musical notations such as triplets, slurs, and ties.

1007

There's a River Flowin' in My Soul

Slow gospel feel ♩ = 120

Chords: E^b E^b7 A^b/C E^b B^b7

There's a riv-er flow-in' in my soul. —
heart. —
mind. —

Chords: E^b E^b/G B^b

There's a riv-er flow-in' in my soul. —
heart. —
mind. —

Chords: B^b7 E^b E^b/G E^b/B^b G

And it's tell - in' me that I'm some - bo - dy.

The musical score is written for voice and piano. It features a 4/4 time signature and a key signature of three flats (B-flat major or D-flat minor). The tempo is marked 'Slow gospel feel' with a quarter note equal to 120 beats per minute. The score is divided into three systems. The first system contains the first line of the vocal melody and piano accompaniment. The second system contains the second line. The third system contains the third line. Chords are indicated above the vocal staff. The lyrics are written below the vocal staff, with line breaks indicated by dashes.

Words & music: Rose Sanders, 1945 - ,
arr. Kenny Smith, 1965 -

There's a River Flowin' in My Soul - 2

Cm A^bsus2 E^b A^b E^b

— There's a riv-er flow-in' in my soul. heart. mind.

1, 2 3 *Sing this section several times* A^b

There's a riv-er flow-in'. There's a

Last time E^b A^b E^b

riv-er flow-in' in my soul.

1028 The Fire of Commitment

With joy and energy ♩ = 150

Chords: Eb, Bb/D, Cm7, Eb/Bb, Ab, Bb, Ab/Bb, Eb, Bb/D, Cm7, Bb, Ab, Eb/G, Fm7, Bb, Eb, Bb/D

1. From the light of days re-mem-bered burns a
 (2. From the) stor-ies of our liv-ing rings a
 (3. From the) dreams of youth-ful vis-ion comes a
 bea-con bright and clear Guid-ing hands and hearts and
 song both brave and free Call-ing pil-grims still to
 new, pro-phet-ic voice Which de-mands a deep-er

Note: The use of percussion is highly recommended.

⊕ Words: Mary Katherine Morn, 1961 – and Jason Shelton, 1972 –

⊕ Music: Jason Shelton, 1972 – , © 2001 Jason Shelton

FIRE OF COMMITMENT, 8.7.8.7 with refrain

Cm7 E \flat /B \flat D \flat A \flat B \flat _{sus} B \flat A \flat B \flat
 spir - its In - to faith set free from fear.
 wit - ness to the life of lib - er - ty When the
 jus - tice built by our cour - a - geous choice

Cm B \flat A \flat E \flat /G Fm7 E \flat /G
 fire of com - mit - ment sets our mind and soul a -

A \flat B \flat _{sus} B \flat Cm E \flat /G A \flat E \flat
 blaze When our hun - ger and our pas - sion meet to

D \flat A \flat B \flat _{sus} B \flat B \flat 7 Cm B \flat
 call us on our way When we live with deep as -

A^b E^b/G $Fm7$ E^b/G A^b B^b_{sus} B^b

sur - ance of the flame that burns with - in Then our

Cm E^b/G A^b E^b/G $Fm7$ B^b B^b_{sus}

pro - mise finds ful - fill - ment and our fu - ture can be -

E^b B^b/D $Cm7$ E^b/B^b A^b B^b

gin.

1, 2 E^b A^b/B^b 3 $E^b(add9)$

2. From the
3. From the

Events, Meetings & Volunteer Opportunities (www.uusf.org/news)

Sunday Virtual Coffee Hour 12:15 pm Sundays

Anyone is welcome to join our community for our Virtual Coffee Hour, immediately following the Sunday Worship Service. Coffee not required. Join the **Sermon Discussion Group**, led by **Donald Matusen**, at Virtual Coffee Hour after church today. Let the host know if you want to join this group when you arrive at Coffee Hour.

Join via Zoom: <https://zoom.us/j/725737157> / Meeting ID: 725 737 157

Young Adult Lunch Outing - 12:30 after Worship at UUSF

We will meet up after Sunday worship service, pick a place to eat, and then walk over there. So come, enjoy the morning spirit, and then join Maddy, Joe, old and new friends for a meal. This is a great opportunity to meet people in our community, whether you are brand new to UUism or a life-long member. We recommend bringing small bills or be prepared to use a money transfer service of your choice. If you plan to join but not attend Worship service, please text Joe so we know to wait for ya! (415-244-7253)

Celebrating the life of Ardeth Fortier (1929-2021) - Sunday, April 3, 2pm, Sanctuary

Ardeth Billings Owen Fortier died the morning of October 25, 2021, in her own home, with her children nearby. She was 92.

Please join us to celebrate Ardeth's glorious life at UUSF or online at bit.ly/ardethmemorial

Journey To Wholeness: Educating Ourselves Through the Arts

If we are serious about dismantling structural racism, we have a lot to learn. Our principles already call upon us to support one another in spiritual growth. One way to begin is by shared exploration of the cultural riches given to us by peoples of the world majority. Opportunity of the week: April 3rd, 7:30 pm at Fort Mason Center for Arts & Culture: Jaco Wong conducts "Inkling/Pictures at an Exhibition: A Multimedia Orchestra Experience" described as "a unique intersection between orchestral music, abstract animation and neuroscience." Info/ Tix go to bit.ly/pictures-formason. and If you'd like to be connected with other UUSF members or friends who are interested in attending email us at racialjustice.info@uusf.org.

April 8 and 9 Info on the Rise Up for Abortion Rights events locally! (uusf.org/hrwg)

On April 8, Friday, from 3 - 5 pm women from La Colectiva and others are going to be distributing green armbands and bandanas at 24th and Mission, S.F. and also practicing a choreographed dance of defiance called "El Violador Eres Tu" -- You're the Rapist. Everyone welcome to join.

On April 9, Saturday at 10:30 am people who live in the Mission area will be meeting in front of the McDonalds at 24th and Mission to get rides to go to the noon rally at UC Berkeley Sproul Plaza. Since many of the immigrant women from La Colectiva don't have cars there will be a need for help transporting people to Berkeley and back to S.F.

Also, on Wednesday, April 6 from 8 to 9 am is the vigil at the UUSF (1187 Franklin) will raise the issue of abortion rights and popularize the April 8 and 9 events. Please encourage all to come and bring something green to wear. Signs will be needed to let the passing traffic know that April 8 is wear green for abortion rights day, and the rally at Berkeley on April 9. More info available at riseup4abortionrights.org

What Does Peace Mean To You? - Art Show! - View the online show at uusf.org/art

Wander through these thoughts about peace from children. When asked for their ideas each face would blossom into a radiant beam of hope!showing how important it was to be asked such a question. Participate in the exhibit by expressing your thoughts about peace on a 3 x 5" card and join Andrei in the galleries to make and hang origami doves on April 9 from 11am till afternoon. Peaceniks unite!

ZOOM In to The Pagan Interest Circle's Full Moon Ritual

Saturday April 16th at 7:00 pm for Some Virtual Magic Making!

An old tradition on the Spring Equinox is to try to balance a raw egg on its small end. Whether anyone ever succeeds, you could say we're in a balancing act right now. Our April 16 ritual lies between the delicate arrival of Spring and the great, lusty Beltane fire festival. To attend the ritual, contact Christine Patch-Lindsay (cplhealer@comcast.net) BEFORE 3pm on Saturday April 16th to receive the Zoom link. Questions? Contact Shauna Pickett-Gordon at shauna0829@hotmail.com

Interfaith Food Pantry - We Need Volunteers on April 9.

Join volunteers every Saturday to feed our lower income siblings and distribute food items. Monthly on Saturdays from 7:30 to 11:00 am at Old First Presbyterian Church, 1751 Sacramento St, San Francisco, CA 94109. The next Saturday UUSF is running the Pantry is on April 9.

Sign-Up at bit.ly/foodpantryuusf

Seeking Your Most Heartfelt and Creative Donations for the UUSF Auction!



We on the Auction Committee are absolutely thrilled to be planning our auction festivities for next month. We have asked you to "Stand by Me" in song, and we are now asking you to Stand By Us in the courtyard, where we are going to hold the live auction and a big party on **Sunday, April 24!** Tickets are on sale at bit.ly/uuauctiontix and we would love to know if you are coming!

Of course, the live event is just one component of our auction. We are once again holding the super-popular Online Silent Auction for the week prior to the event. The Online Silent Auction goes live on **Saturday, April 16 and lasts through Saturday, April 23.** These combined events are only as vibrant as they are because of the deep generosity and endless creativity of the UUSF community. Each year, we are so grateful to receive offers of time at

vacation homes, hours of professional services, bottles of wine, and home-hosted parties. People donate fine art as well as home-cooked meals. Do you have something that you'd feel joyful sharing with the community? We'd love to talk to you about the possibilities.

If you feel like you'd like to donate, but aren't quite sure what to donate, Sue Anthony has a wonderful gift of being able to chat with you about your talents. If you'd like a little coaching, Sue is available by email at susan.J.Anthony@comcast.net and she will also be at an auction table after services on Sundays. If you already know what you want to donate -- thank you! We have an intake form set up bit.ly/uuauctiondonate to take in all the details of your item plus pictures of it.

Quality Wine Bottle Donations Desperately Needed For Auction!!

We need your wine bottle donations in order to create cases of wine to auction off at this year's auction. Please consider donating a \$15+ bottle of wine to support this major fundraising event for the UUSF!

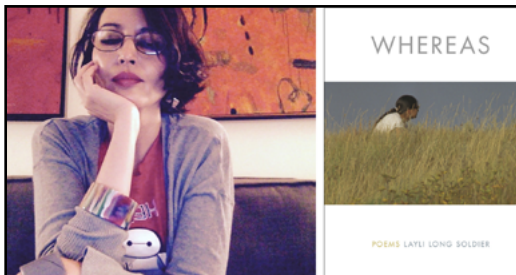
Bottles can be dropped off at Susan Anthony's home or at the church on Sunday or during the week (ring the bell and someone will come to take them from you).

Contact Susan at susan.j.anthony@comcast.net for more information.



Adult Spiritual Growth Classes (www.uusf.org/are)

Minister's Book Group: Wednesday, April 27, 6:30-8 pm



Led by Rev. Vanessa Rush Southern, Senior Minister. April is Poetry Month! This is the first collection by Layli Long Soldier, a distinguished Oglala Lakota poet. The collection was winner of the National Book Critics Circle Award, of the Pen/Jean Stein Book Award and a finalist for the Griffin International Poetry Prize. You will need to see it, and read it — ideally — to understand some of what she does in the book. Note there will only be one session on Wednesday, 4/27, 6:30-8 PM. Register at bit.ly/MBGAPRIL22

Morning Meta Meditation

Tuesdays & Thursday, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience.

Equanimity Practice

Fridays, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

Join Our Sunday Service Support Team!

It takes several teams of people to make Sunday Service happen, and you can join them! We are in need of more lay leaders to join our Greeters Team, Ushers Teams, and our Live Stream Team. Our greeters welcome and check people into our Sanctuary before Service. The ushers distribute Orders of Service and help folks find seats. Finally, our Livestream team works the cameras that record and broadcast our worship. No experience necessary! Just bring your best self and we will train you. If you want to join one of these teams, please email us at info@uusf.org

“What’s Going On?”

Sunday, March 27, 10:50 AM, 2022



[CLICK HERE TO VIEW LAST WEEKS WORSHIP SERVICE](#)

UUSF MEDIA

[Listen to our Worship Sermon Podcasts Here](#)

[Check out our Complete Worship Service Archives Here](#)

[View Our Videos Here](#)

[Check out our Website Here](#)

[View UUSF News Here](#)

[Contact us here](#)

Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

For more about our congregation,
please visit our website at www.uusf.org.

First Unitarian Universalist Society of San Francisco
1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org