

“A Time of Transition”



Sunday, May 1, 10:50 AM, 2022
First Unitarian Universalist Society of San Francisco



Order of Service
Sunday, May 1, 2022
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at bit.ly/uusfconnections2022

Welcome back to those returning to onsite Worship Service!

Please stay masked during the Worship Service and maintain social distance.

After service we invite you to convene for coffee hour in the Courtyard.

As we ease back into the new normal, we want to keep our congregation and staff safe.

Please be mindful of social distance and wear your mask when you are not eating or drinking.

Prelude *Aria - Goldberg Variations*

J.S. Bach
Elliott Etzkorn, Pianist

Welcome

Rev. Alyson Jacks, Associate Minister

*Hymn 347

Gather the Spirit

HOPE

UUSF Choir; Wm. García Ganz, Accompanist

[\(CLICK HERE OR TURN TO PAGES 5 - 7 TO VIEW HYMN\)](#)

Unison Chalice Lighting

Richard Davis-Lowell, Worship Associate

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Brief Invitations

Rev. Vanessa Rush Southern, Senior Minister

Greeting One Another

Love is the spirit of this church, and service is its prayer.
 This is our great covenant: to dwell together in peace,
 to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
 De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
 faith a - rise; Let peace, good - will on earth be sung through
 fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
 ev - ery land, by ev - ery tongue.
 ca - da tie - rra, ca - da voz. A - men.

Teacher Recognition Ceremony

Rev. Alyson Jacks

Singing Children Out

Go Now in Peace

Go now in peace
 Go now in peace
 May the Spirit of Love surround you,
 Everywhere, everywhere, you may go.

Times of Spoken and Silent Meditation

Rev. Vanessa Rush Southern

Music

We Must Dream Aloud

Alexander Post

UUSF Choir Led by Mark Sumner, Music Director

Reading from "Transitions: Making Sense of Life's Changes" by William Bridges

Offering

The offering today goes to support the work and ministries of this congregation. To make a donation on Vanco ((bit.ly/uusfpayments)) or using the Donate Button (below) & on our website, please select the “Offering” choice to make your gift. If you are sending a check, please mark in the memo today’s date and “offering” 5-01-22.



Offertory Music *The Twenty-Third Psalm*

Bobby McFerri
UUSF Choir Led by Mark Sumner, Music Director

A Time of Transition

Rev. Alyson Jacks

Music *New Beginnings*

Jim Papoulis
UUSF Choir Led by Mark Sumner, Music Director

A Time of Transition

Rev. Vanessa Rush Southern

*Hymn 1020

Woyaya

Transcribed from Ysaye Barnwell, Arr. Jeannie Gagné
UUSF Choir; Wm. García Ganz, Accompanist

[\(CLICK HERE OR TURN TO PAGES 8 - 11 TO VIEW HYMN\)](#)

Benediction

Postlude *Everybody Wants to Rule the World*

Roland Orzabal, Ian Stanley, and Chris Hughes
Elliott Etzkorn, Pianist

*please stand if you are willing and able.

PARTICIPANTS

Worship Leaders

Rev. Alyson Jacks, Associate Minister
Rev. Vanessa Rush Southern, Senior Minister
Richard Davis-Lowell, Worship Associate

Sunday Support

Eric Shackelford, Camera
Shulee Ong, Camera
Donald Shearer, Camera
Joe Chapot, Live Chat Moderator
Jonathan Silk, Communications Director

Remigio Flood, Sexton

Kelvin Jones, Sexton

Judy Payne, Flowers

Linda Messner, Head Usher

Tom Brookshire, Les James,
Ralph Fenn, Zoom Coffee Hour

Musicians

Mark Sumner, Music Director

Wm. García Ganz, Accompanist

Elliott Etzkorn, Pianist

UUSF Choir

FLOWER DEDICATION



Dedicated to Wallace Brown Cleland, (April 29, 1927 to September 13, 2015), on his 95th birthday, by Thad and Lucy Smith. Photo is of Wally after being awarded the Ann Dillon Award by former board member, Thad Smith, at the 2008 Annual Meeting.

LAST WEEK'S OFFERTORY



Last week our Sunday Worship Offering raised \$827 for **The David Sheldrick Wildlife Trust**! Inspired by her husband's work as a founder warden in Tsavo National Park, Daphne Sheldrick established The David Sheldrick Wildlife Trust in 1997. The Trust works closely with the Kenyan Wildlife Trust to safeguard natural habitats. Learn More: <https://www.sheldrickwildlifetrust.org/>.

Sunday Virtual Coffee Hour 12:15 pm Sundays

Anyone is welcome to join our community for our Virtual Coffee Hour, immediately following the Sunday Worship Service. Coffee not required. Join the **Sermon Discussion Group**, led by **Donald Matusen**, at Virtual Coffee Hour after church today. Let the host know if you want to join this group when you arrive at Coffee Hour.

Join via Zoom: <https://zoom.us/j/725737157> / Meeting ID: 725 737 157

Gather the Spirit

347

$\text{♩} = 108$

F Gm7 F7/A Bb Bb7 Eb/Bb

1. Gath - er the spir - it, har - vest the power.
 2. Gath - er the spir - it of heart and mind.
 3. Gath - er the spir - it grow - ing in all,

Cm7 Bb/D Gm7 G7 Cm7

Our sep - 'rate fires will kin - dle one flame.
 Seeds for the sow - ing are laid in store.
 drawn by the moon and fed by the sun.

F Gm7 F7/A Bb D7 Gm Gm7

Wit - ness the mys - ter - y of this hour. Our
 Nur - tured in love, and con - science re - fined, with
 Win - ter to spring, and sum - mer to fall, the

⊕ Words & music: Jim Scott, 1945- , © 1990 Jim Scott

GATHER THE SPIRIT
 9.9.9.10. with refrain

H O P E

C7 Bb/F Bb/F Cm/F Bb F/A

trials in this light ap - pear all the same.
 bod - y and spir - it u - nit - ed once more.
 cho - rus of life re - sound - ing as one.

Gm Cm7 F Bbm9/D D7

Gath - er in peace, gath - er in thanks.

Gm Dm/F Cm/Eb Bb/D Gm7 G7 Cm7

Gath - er in sym - pa - thy now and then.

D7 Gm Gm7 Dm7

Gath-er in hope, com-pas-sion and strength.

Bb7 Eb/Bb Cm7 F7 Bb

Gath-er to cel-e-brate once a-gain.

1020

Woyaya

♩ = 72

Shaker

The musical score is written in 6/8 time with a tempo of 72 beats per minute. It features a shaker part at the top, a vocal melody in the middle, and a piano accompaniment in the bottom. The key signature has one flat (Bb). The score is divided into three systems. The first system shows the vocal melody starting with a C chord, followed by the lyrics 'We are go - ing.' The second system continues the vocal melody with lyrics 'heav - en knows where we are go - ing, but we know with-in...' and includes chords F/C, C, Dm/C, and C. The third system shows the vocal melody with lyrics 'And we will get there, heav - en knows how we will' and includes chords F/C and C. The piano accompaniment consists of a steady eighth-note pattern in the right hand and a more complex pattern in the left hand.

Words & music: Loughy Amoa, Solomon Amarfio, Robert M. Bailey, Roy Bedeau,
Francis T. Osei, Whendell K. Richardson, and Mac Tontoh © 1993 Chappell & Co., Inc.

All rights reserved. Used by permission. Warner Bros. Publications US, Inc., Miami, FL 33014

Ⓢ Transcribed from Ysaye M. Barnwell, 1946 - ,

Ⓢ arr. Jeannie Gagné, 1960 -

Woyaya - 2

get____ there, but we know we will... It will be hard, we

know, and the road will be mud- dy and rough, but we'll

get there, heav - en knows how we will get____ there, but

(harmony) heav - en knows how we will get____ there, but

Chords: G, F, G7, G, C, G, C, F/C, C, Dm/C

Dynamic: *f*

Woyaya - 3

The musical score is arranged in three systems, each with a vocal line (treble clef) and a piano accompaniment (grand staff). The lyrics are written below the vocal line.

System 1:

- Chords: C, Dm/C
- Vocal: we know we will. — Wo - ya - ya, —
- Piano: Accompaniment for the vocal line.

System 2:

- Chords: C, Dm/C, C
- Vocal: Wo - ya - ya, — Wo - ya - ya, — Wo - ya - ya, — We are
- Piano: Accompaniment for the vocal line.

System 3:

- Chords: C, F/C, C, Dm/C
- Vocal: go - ing, heav - en knows where we are go — ing, but
get there, heav - en knows how we will get — there, but
- Piano: Accompaniment for the vocal line.

Woyaya - 4

The musical score is divided into three systems, each with vocal staves and piano accompaniment. The first system includes first and second endings. The piano part features a steady eighth-note accompaniment in the left hand and chords in the right hand.

System 1:

- Vocal 1:** we know with-in. — And we will we know we will. —
- Vocal 2:** we know with-in. — And we will we know we will. —
- First Ending:** 1 C
- Second Ending:** 2 C

System 2:

- Vocal 1:** Wo-ya - ya, — Wo-ya - ya, —
- Vocal 2:** Wo ya ya, — Wo ya ya, —
- Chord:** Dm/C
- Key:** C

System 3:

- Vocal 1:** Wo-ya-ya yi-ya - ya, Wo-ya-ya yi-ya - ya, Ya!
- Vocal 2:** Wo ya ya, — Wo ya ya, — Ya!
- Chord:** Dm/C
- Key:** C

Events, Meetings & Volunteer Opportunities (www.uusf.org/news)

UUSF All Church Retreat 2022 is Back! - Register (<https://bit.ly/uusfretreat22>)

You are invited to the UUSF All Church Retreat, this Memorial Day Weekend. Two long years of being apart have taken their toll, so come and enjoy actually being with the community amidst the beauty and serenity of the redwood forest near Occidental, CA. Partake in peer-led workshops, attend an outdoor Sunday worship, or give us your most captivating performance at the Talent Show! Or relax and get away from the hustle and bustle of life in the city. Scholarships are available for those needing financial assistance (<https://bit.ly/acr-scholarships22>) Ask Questions or pick up Paper Form at the ACR Table today!

It's May Day! Maypole Dancing and Beltane Fires! "The Pagan Interest Circle (PICT) invites revelers of every age to join in the traditional Beltane Maypole in the UUSF Courtyard. Gather at 12:30 pm.

Make sure you bring a brown bag lunch or have a snack to tide you over the noon lunch hour. Don't forget to bring flowers for making garlands! We'll dance the maypole and light the cauldron around 1:00 pm



Celebrating the Life of Robert Kingsbury Lane - Sunday, May 1st, 2pm, Sanctuary

Livestream: <https://bit.ly/boblane0501>

Please join us on Sunday, May 1st at 2:00 pm online or in our Sanctuary for a Memorial Service for Robert Lane. The remarkable **Robert Kingsbury Lane**--loving husband of UUSF Organist Reiko Oda Lane, father, grandfather, brother, and friend--passed away on February 19, 2022, age 77. Robert spent his last day surrounded by family and the beauty of nature on a sunny and secluded beach, soaking his feet in the Pacific ocean and delighting his grandkids with treasures he'd sifted from the sand.

UUSF Budget Announcements for May!

By April 19th both the UUSF Finance Committee and Board of Trustees approved the proposed FY23 Budget. This budget covers the period of July 1, 2022 to June 30, 2023. The Congregation will vote on the Budget in a Hybrid Zoom & In-person meeting on Sunday, May 22, at 1pm in the TSK Room. Prior to the Budget Vote Meeting on May 22, there will be two Budget Info Meetings on **May 2** via Zoom (<https://bit.ly/uumtgmay2>) and **May 16** via Zoom (<https://bit.ly/uumtgmay16>). Check out the budget roll-up (<https://bit.ly/uubudgetrollup>). Per UUSF Bylaws any proposed amendments should be sent to the Secretary at least seven days before the meeting, or by May 15 to: **Scott Benbow** - secretary@uusf.org. Our Annual Meeting will be on Sunday, June 5 at 1pm, TSK Room/Zoom.

UUSF Game Night: From Scrabble to DnD - Friday, May 6 from 6 - 8pm - Hosted by: UUSF 20s & 30s Community

We'll play classic games as well as modern ones. There is even some interest in starting a Dungeons and Dragons game. Bring your own games to share, and feel free to eat before or bring a dinner for yourself too (or order some delivery.) To be clear, folks of any age, not just young adults, are invited to join us. Questions: Email youngadults@uusf.org. RSVP by email or text **Joe Chapot** at 415-244-7253

Are You Unsure How to Use Google Docs? You Are Not Alone! - Sunday, May 8, 12:30-1:30 pm, TSK Room

If, like many of us, you are asked to use GoogleDocs as part of your UUSF committee work or other activities, but the whole thing confuses you, please join us after church for a 1 hour training on Sunday, May 8th, from 12:30-1:30pm, by our teenage whizzes, Leila Menezes and Isabel Murray. They will walk us through the basics and give us homework so we can apply what we learned. No need to bring your computer. Lunch will be provided (suggested donation: \$7/person, no one turned away for lack of funds.). We look forward to seeing you.

General Assembly: The Unitarian Universalist Association's Annual Meeting is Happening in June!

If you are interested in being a delegate to let us know at info@uusf.org General Assembly is the annual gathering of Unitarian Universalists, where we conduct business of the Association, explore the theological underpinnings of our faith, and lean fully into our mission and principles. GA 2022 will also feature face-to-face interactions, hanging banners, a browsable exhibit hall, meals with friends old and new, local site attractions, and more! Join us June 22 - 26, 2022 online or in-person in Portland, Oregon. Website: (<https://www.uua.org/ga>)

2022-23 ANNUAL OPERATING FUND CAMPAIGN UPDATE

As of last Monday we have raised \$732,000 toward our \$750,000 budget and needs. Thank you to those 189 households who have given!! In order to plan and plan responsibly, and in order to be able to weather the remainder of the challenges ahead we need the remaining households, all of you, to give. It will take 100% participation to be the congregation and community we seek to be. Thank you also to all of those who have joined us as visitors and livestream guests and also given! The sense of our larger reach and connection has been so exciting. To pledge online, you can do so at <https://bit.ly/UUSFPledge2022> or just send an email to **Joe Chapot** at jchapot@uusf.org

Adult Spiritual Growth Classes (www.uusf.org/are)

Morning Meta Meditation

Tuesdays & Thursday, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience.

Equanimity Practice

Fridays, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

Minister's Book Group: On hold until the fall!

Given the scheduling and life events of the late spring and early summer, our book group is on hiatus for a few months.

Please send your recommendations for next year's books and happy reading adventures to us all.

All the Best, Vanessa

The Passing of Trudy Lionel

As many of you already heard, last week Trudy Lionel, a beloved member of our community, passed away. Trudy was at home, as she wished, surrounded by her loving family.

Trudy was a devoted ringer of bells, member of the choir, gifted leader and a sweet spirit who blessed us in so many ways. In her final weeks of life she was able to attend her son Ben's wedding to Charli Sakari which was a huge joy to her and them.

Trudy had a distinguished career in chemistry, and had many interests to which she devoted time, resources and love – music, hiking, biking, and travel, to name just a few. She was generous to many causes and maintained connections to friends in various networks, a strong supporter of women in her field, even endowing a scholarship to women studying chemistry in her country of birth, Canada. She will be missed tremendously by those who knew and loved her.

A memorial service for Trudy will be held at the First Unitarian Universalist Society, on **Thursday, June 9th at 6 PM**. The service will be available on Livestream or in person. The livestream link is: <https://bit.ly/trudymemorial>. A reception will follow at UUSF. We ask that all participants be vaccinated and boosted, Covid-symptom free, on the day of attendance. Other Covid-protocols may be enforced depending on the level of Covid concern at the time of the service. We will publicize those the week before the service.

Go to (<https://bit.ly/trudylionel>) for a fuller obituary, written by Trudy's family.

Those who would like to write a note to Trudy's family can do so:

Stephen Gerard, Trudy's husband, and her children, Benjamin and Juliana, and daughter-in-law, Charli, are currently staying at their family home at: 664 Noe Street; San Francisco, CA 94114



Stephen Gerard & Trudy Lionel

[CLICK HERE TO VIEW LAST WEEKS WORSHIP SERVICE](#)



UUSF MEDIA

[Listen to our Worship Sermon Podcasts Here](#)

[Check out our Complete Worship Service Archives Here](#)

[View Our Videos Here](#)

[Check out our Website Here](#)

[View UUSF News Here](#)

[Contact us here](#)

Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

For more about our congregation,
please visit our website at www.uusf.org.

First Unitarian Universalist Society of San Francisco
1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org