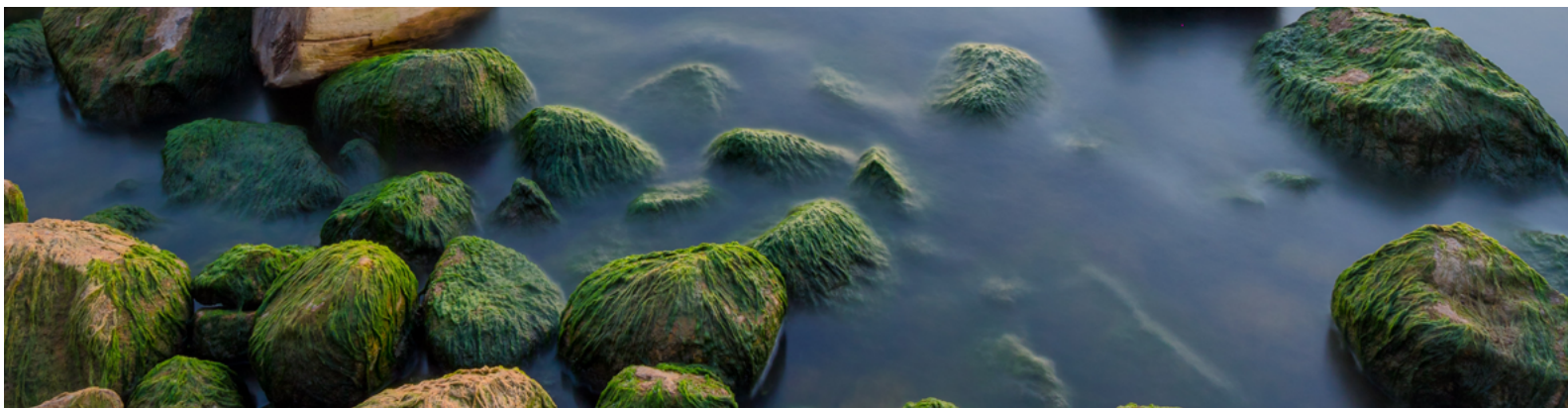


# **“The River of Life: An Ingathering”**

Sunday, September 11, 10:50 am, 2022

First Unitarian Universalist Society of San Francisco





**Order of Service**  
**Sunday, September 11, 2022**  
**10:50 AM - 12:15 PM**

Livestreamed at [bit.ly/uusfmedia](https://bit.ly/uusfmedia)

New to UUSF? Complete Our Connections form at [bit.ly/uusfconnections2022](https://bit.ly/uusfconnections2022)

Welcome back to those returning to onsite Worship Service!  
Please stay masked during the Worship Service and maintain social distance.

After service we invite you to convene for coffee hour in the Courtyard.

As we ease back into the new normal, we want to keep our congregation and staff safe.  
Please be mindful of social distance and wear your mask when you are not eating or drinking.

---

Prelude	<i>Shall We Gather at the River?</i>	Robert Lowry/Dale Wood
	<i>O Come, You Longing Thirsty Souls</i>	Richard Purvis
	<i>Come, Thou Fount of Every Blessing</i>	Gilbert Martin
		Reiko Oda Lane, Organist

Welcome	Rev. Vanessa Rush Southern, Senior Minister
---------	---

Greet Your Neighbors

Brief Invitations

*Hymn 126	<i>Come Thou Fount of Every Blessing</i>	NETTLETON
	Reiko Oda Lane, Organist; UUSF Chorus, directed by Mark Sumner	
	<a href="#">(CLICK HERE OR TURN TO PAGES 6 &amp; 7 TO VIEW HYMN)</a>	

Unison Chalice Lighting	Sam King, Worship Associate
-------------------------	-----------------------------

We light this chalice for the light of truth,  
the warmth of love,  
and the fire of commitment.  
We light this symbol of our faith  
as we gather together.

Covenant

Love is the spirit of this church, and service is its prayer.  
This is our great covenant: to dwell together in peace,  
to seek the truth in freedom, and to help one another.



From all that dwell be - low the skies; let songs of hope and  
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5  
faith a - rise; Let peace, good - will on earth be sung through  
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8  
ev - ery land, by ev - ery tongue.  
ca - da tie - rra, ca - da voz. A - men.

Ritual of Remembrance

Rev. Vanessa Rush Southern

Music *At the River*

Aaron Copland

Wm. García Ganz, pianist; chorus, directed by Mark Sumner

Introduction to the Gathering of the Waters

Revs Vanessa Southern and Laura Shennum

\*Hymn

*The Storm is Passing Over* written by Charles Tindley; arr. Barbara Baker

UUSF Choir, directed by Mark Sumner, Wm. García Ganz, pianist

Have courage my soul and let us  
journey on. Tho' the night is dark and  
I am far from home. Thanks be to  
God, the morning light appears.

The storm is passing over,  
Hallelu!

Refrain:

Hallelujah! Hallelujah!  
The storm is passing over,  
Hallelu!

Billows rolling high, and thunder  
shakes the ground, Lightning's flash  
and tempest all around, Jesus walks  
the sea and calms the angry waves,

And the storm is passing over,  
Hallelu!

Refrain:

Hallelujah! Hallelujah!  
The storm is passing over,  
Hallelu!

The stars have disappeared, and  
distant lights are dim, My soul is filled  
with fears, the seas are breaking in.  
I hear the Spirit cry, "Be not afraid, 'tis  
I," And the storm will soon be over,  
Hallelu!

Refrain:

Hallelujah! Hallelujah!  
The storm is passing over,  
Hallelu!

## Gathering of the Waters

### Blessing of the Waters

Blessed be these waters,  
and this community,  
here re-gathered,  
to live into this gift of time and togetherness.

### Offering

The offering today goes to support the work of **Food and Water Watch**. With more than 2 million supporters, **Food & Water Watch** fights for safe food, clean water, and a livable climate for all of us. More info at <https://www.foodandwaterwatch.org/> To make a donation on Vanco ([bit.ly/uusfpayments](https://bit.ly/uusfpayments)) or using the Donate Button (below) & on our website, please select the “Offering” choice to make your gift. If you are sending a check, please mark in the memo today’s date and “special offering” 9-11-22.



Music      *Love is the Water that Wears Down the Rock*      Pat Wictor  
UUSF Choir, Nancy Munn, soprano soloist

Meditation      Laura Shennum

### Meditation on Breathing

When I breathe in, I'll breathe in peace.  
When I breathe out, I'll breathe out love.

Closing Words      Rev. Vanessa Southern; Rev. Laura Shennum and Sam King

\*Hymn 1007      *There's a River Flowin' in My Soul*      words & music by Rose Sanders; arr. Kenny Smith  
UUSF Choir conducted by Wm. García Ganz; Mark Sumner, pianist  
([CLICK HERE OR TURN TO PAGES 8 & 9 TO VIEW HYMN](#))

### \*Benediction

Postlude      *Fanfare Voluntary*      William Mathias  
Reiko Oda Lane, Organist

---

\*Please stand as you are able.



## PARTICIPANTS

### **Worship Leaders**

Rev. Vanessa Rush Southern, Senior Minister  
Rev. Laura Shennum, Minister of Congregational Life  
Sam King, Worship Associate

### **Sunday Support**

Jonathan Silk, Communications Director  
Joe Chapot, Live Chat Moderator  
Eric Shackelford, Camera  
Remigio Flood, Sexton  
Kelvin Jones, Sexton  
Athena Papadakos, Flowers  
Linda Messner, Head Usher  
Tom Brookshire, Les James,  
Ralph Fenn, Zoom Coffee Hour

### **Musicians**

Reiko Oda Lane, Organist  
Mark Sumner, Music Director  
Nancy Munn, Soprano Soloist  
Wm. García Ganz, Pianist  
UUSF Choir



After the service join us in the Courtyard for a celebratory dessert food/baked good/yummy thing to share after service at our social hour, as we welcome Rev. Laura Shennum (and all of us back) to the UUSF community!

# Come, Thou Fount of Every Blessing

$\text{♩} = 88$

1. Come, thou fount of ev-'ry bless-ing, tune our hearts to sing thy  
2. Come, thou fount of ev-'ry vis-ion, lift our eyes to what may  
3. Come, thou fount of in-spi-ra-tion, turn our lives to high-er

grace. Streams of mer-cy nev-er ceas-ing, call for  
come. See the li-on and the young lamb dwell to-  
ways. Lift our gloom and des-per-a-tion, show the

songs of loud-est praise. While the hope of life's per-  
geth-er in thy home. Hear the cries of war fall  
prom-ise of this day. Help us bind our-selves in

fec-tion fills our hearts with joy and love, teach us  
si-lent, feel our love glow like the sun. When we  
un-ion, help our hands tell of our love. With thine

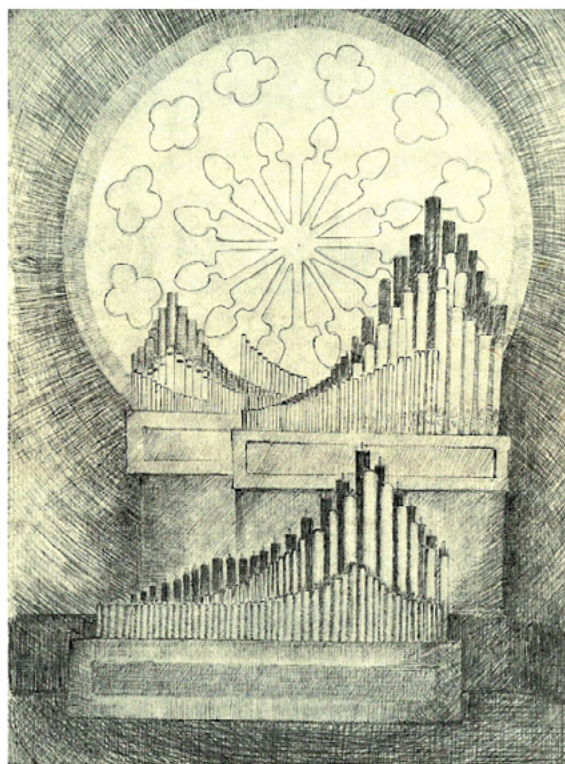
Words: v. 1, Robert Robinson, 1735–1790, adapt.,  
⊕ vs. 2–3, Eugene B. Navias, 1928–  
Music: John Wyeth, *Repository of Sacred Music, Part II*, 1813

NETTLETON  
8.7.8.7.D.

LOVE AND COMPASSION



ev - er to be faith - ful, may we still thy good - ness prove.  
all serve one an - oth - er, then our hea - ven is be - gun.  
aid, O fount of jus - tice, earth be fair as heav'n a - bove.



# 1007 There's a River Flowin' in My Soul

Slow gospel feel ♩ = 120

*E♭ E♭7 A♭/C E♭ B♭7*

There's a riv-er flow-in' in my soul. —  
heart. —  
mind. —

*E♭ E♭/G B♭*

There's a riv-er flow-in' in my soul. —  
heart. —  
mind. —

*B♭7 E♭ E♭/G E♭/B♭ G*

And it's tell - in' me that I'm some - bo - dy.

The musical score is written for voice and piano. It features a key signature of two flats (B♭ and E♭) and a 4/4 time signature. The tempo is marked 'Slow gospel feel' with a quarter note equal to 120 beats per minute. The score is divided into three systems. The first system contains the first line of the vocal melody and piano accompaniment. The second system contains the second line. The third system contains the third line. Chord symbols are placed above the staff lines. The lyrics are written below the vocal staff.

Words & music: Rose Sanders, 1945 - ,  
arr. Kenny Smith, 1965 -



There's a River Flowin' in My Soul - 2

Cm A<sup>b</sup>sus2 E<sup>b</sup> A<sup>b</sup> E<sup>b</sup>

— There's a riv-er — flow-in' in my soul. —  
heart. —  
mind. —

1, 2 3 *Sing this section several times* A<sup>b</sup>

There's a — There's a riv-er — flow-in'. There's a —

Last time E<sup>b</sup> A<sup>b</sup> E<sup>b</sup>

riv-er — flow-in' in my soul. —

# Events, Meetings & Volunteer Opportunities ([www.uusf.org/news](http://www.uusf.org/news))



## Ways You Can Support the October 16th

### Homecoming Party and Auction

**BUY YOUR TICKETS IN ADVANCE.** This not only assures you an easier entrance to the Auction but serves as an RSVP to us as we prepare for October 16. Tickets: <https://bit.ly/uusfauction2022>

**MAKE A DONATION.** Contact **Debbie Wu** ([Debbiewu@mac.com](mailto:Debbiewu@mac.com)) with your items, such as trips, dinners, events or objects. Include details such as price, dates, description, etc. Also, Thad Smith is creating cases of wine to auction off at this year's auction. Please consider donating a \$15+ bottle of wine to support this major fundraising event for the UUSF! Bottles can be dropped off at the church on Sunday or during the week (ring the bell and someone will come to take them from you).

Contact **Thad Smith** at [630smith@gmail.com](mailto:630smith@gmail.com) for more information.

**VOLUNTEER.** See us in at our table in the lobby after church on Sunday to chat, volunteer and buy tickets. Want to create a fun thing to do, such as games, arts and crafts or a contest? We're all ears!

**Join the auction & party planning team.** Prior experience not needed! Our next meeting/ mailing party will be after church on **September 18 in the Kinkaid Room**. Go to <https://www.uusf.org/auction> for info and links or join us in-person. We hope to see you there!

Go to (<https://bit.ly/uusfauction2022>) or scan the QR Code and buy your tickets online! ↗

---

## Free Stuff Giveaway this Sunday!

Over the last couple years UUSF has accrued many random things, bits and bobs, mysterious donations, and a lot of unclaimed lost and found. It's all this stuff that has no purpose at the center, so this Sunday we are giving it away. Before and after service everyone is invited to peruse and take anything from our Giveaway Table. Mugs, masks, jackets, umbrellas, glasses, chargers, toys, and so much more is waiting for you this Sunday.

---

## Dangerous Truths Episode 6: The U.S. War with Mexico, Manifest Destiny and the Rise of the U.S. Empire

Join us on **Sunday, September 18, 9:30 to 11am** with guest speaker **Amy S. Greenberg**, George Winfree Professor of American History. Hear about the significance of this war and about the movement against the war that it provoked. Amy Greenberg is an historian of antebellum America (1800-1860) with a particular interest in the relationship between the United States and the rest of the world in the decades before the Civil War. Zoom Link: <https://bit.ly/Dangeroustruths6> Meeting ID: 912 9764 9127 Passcode: 291025 Info: <https://www.uusf.org/>

---

## In September, the Council of Committee Chairs will meet in the TSK Room

Save the Date, the first of our tri-annual Council of Committee Chairs meetings is scheduled for Sunday, September 18 at 12:30pm in TSK Room. These meetings help our community coordinate and enable leaders to operate more effectively. All groups and committee leaders are requested to attend, or send someone in their place. The event will be hybrid.

Zoom Link: <https://us02web.zoom.us/j/725737157> Meeting ID: 725 737 157 Dial by your location: +1 408 638 0968

---

## Making Good Trouble

We're partnering with Get out the Vote to encourage voters from underserved communities to make their voices heard this November. Stop by the TSK Room after the service to write in community, or just pick up letters to take home and return. Donations for stamps are always appreciated. If you cannot come to church but want to help out, let us know and we can deliver letters to your home and pick them up for mailing when they are finished. Email Julia at [jpwald@waldlawyers.com](mailto:jpwald@waldlawyers.com) or call the church office (415-776-4580) with your request and your contact information.

---

## Sensible Cinema Virtual Screening - Friday, September 16, 6:30 pm Online & In-person

A Dangerous Idea" is a documentary by Stephanie Welch explores how biologically determined politics has disenfranchised women and people of color and provided a rationale for state sanctioned crimes and policies committed against America's most vulnerable citizens. Joining us on September 16 will be Milton Reynolds a Bay Area based activist career educator, author, equity and inclusion consultant. For more info and Zoom links go to <https://www.uusf.org/cinema>

---

## Become a volunteer at the Interfaith Food Pantry! Info: [uusf.org/foodpantry](http://uusf.org/foodpantry) Sign-Up at [bit.ly/foodpantryuusf](http://bit.ly/foodpantryuusf)

UUSF is one member of the Interfaith consortium, and on **Saturday, September 24**, it is our turn to lead and staff the pantry. Volunteers work 7:30 to 11am, loading in the groceries received from the Food Bank, assembling grocery bags, and taking the bags outdoors to distribute to participants. In these times of uncertainty and social distancing, it is uplifting to work alongside each other in love and service to our community. If you have questions, contact **Hanna Hart** at [info@uusf.org](mailto:info@uusf.org).

# Adult Spiritual Growth Classes ([www.uusf.org/are](http://www.uusf.org/are))

## Minister's Book Club is Back

**September Book Group** - "The Family Roe: An American Story" by Joshua Prager

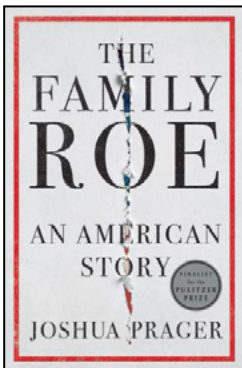
Leader: Rev. Vanessa Southern

Wednesday, September 21, 6:30-8 pm & Thursday, September 22, noon-1:30 pm

Zoom Links and More Info: <https://www.uusf.org/are>

This book reports on the Supreme Court's most divisive (and current) case, Roe v. Wade, and the unknown lives at its heart. The publisher writes, "Despite her famous pseudonym, 'Jane Roe,' no one knows the truth about Norma McCorvey (1947–2017), whose unwanted pregnancy in 1969 opened a great fracture in American life.

If you need help acquiring the book or purchasing it, please let us know at [info@uusf.org](mailto:info@uusf.org) for help.



**October Book Group** - "Sweet Remnants of Summer" by Alexander McCall Smith

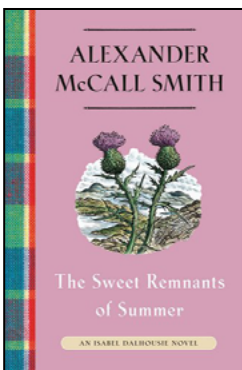
Leader: Rev. Dr. John A. Buehrens

Wednesday 10/19, 6:30-8 pm & Thursday, 10/20, noon-1:30 pm

Zoom Links and More Info: <https://www.uusf.org/are>

Alexander McCall Smith's latest Isabel Dalhousie novel, "Sweet Remnants of Summer". John writes, "I am addicted to this series, of which the current book is #14. Isabel lives in Edinburgh, where she is the publisher and editor of the mythical Review of Practical Ethics." The Library Journal says of the novel, "McCall Smith delves into the inner machinations of a modern-day philosopher whose nuanced approach stands in stark contrast to the fiery rhetoric of the day.

If you need help acquiring the book or purchasing it, please let us know at [info@uusf.org](mailto:info@uusf.org) for help.



## Morning Meta Meditation

Tuesdays & Thursday, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience.

## Equanimity Practice

Fridays, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

## Reproductive Freedom Weekend Oct 1-2



The UUSF Women's Rights Group invites you to begin the transformational work of building the multi-faith, multi-racial movement of SACReD, Spiritual Alliance Communities for Reproductive Dignity.

(<https://www.sacreddignity.org/about/>)

Our special guest for this Reproductive Freedom weekend is **Rev. Dr. Daniel Kanter**, the Sr. Minister and CEO of First Unitarian Church of Dallas, a Founding Partner of SACReD. Rev. Dr. Kanter has served on the Planned Parenthood of Greater Texas Board of Trustees and he is a recent past Chair of the Clergy Advocacy Board at Planned Parenthood of America.

**Oct 1, Saturday:** Reproductive Freedom Retreat. (9am – 5pm) "Train the Trainers" curriculum. Learn to equip the UUSF congregation to create a loving, justice-seeking faith community where shame, judgment or stigma for diverse reproductive decisions and journeys has no place. Rev. Dr. Kanter will give an introductory talk about SACReD, including its values and mission. RSVP to [lori\\_lai@att.net](mailto:lori_lai@att.net) with your dietary requirements, if any, for snack and lunch planning by Sept. 23, 2022.

**Oct 2, Sunday:** Sermon, to be followed by Q&A session during coffee hour. (11am – 2pm) Rev. Dr. Kanter will be our guest preacher and during the Sunday Service. He will be explaining how his congregation is actively working as a SACReD Partner Congregation to uphold and advance its values, mission and vision. During the coffee hour Q&A session, there will be opportunities for you to ask questions and explore related topics of your interest with Rev. Dr. Kanter. The Sunday Service will be live streamed and the coffee hour will be hybrid (live at UUSF and accessible by zoom).

(<https://www.uusf.org/womensgroup>)





# “Birthing a New World” Sunday, September 4

[CLICK HERE TO VIEW LAST WEEKS WORSHIP SERVICE](#)

## UUSF MEDIA

[Listen to our Worship Sermon Podcasts Here](#)

[Check out our Complete Worship Service Archives Here](#)

[View Our Videos Here](#)

[Check out our Website Here](#)

[View UUSF News Here](#)

[Contact us here](#)

# Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

## OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

## OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

For more about our congregation,  
please visit our website at [www.uusf.org](http://www.uusf.org).

First Unitarian Universalist Society of San Francisco  
1187 Franklin Street, San Francisco, CA 94109  
415-776-4580 / [info@uusf.org](mailto:info@uusf.org)