

“BEING ALIVE”

Sunday, October 16, 10:50 AM, 2022

First Unitarian Universalist Society of San Francisco



HOMECOMING AUCTION UUSF 2022

Order of Service
Sunday, October 16, 2022
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at bit.ly/uusfconnections2022

Welcome back to those returning to onsite Worship Service!

Please stay masked during the Worship Service and maintain social distance.

After service we invite you to convene for coffee hour in the Courtyard.

As we ease back into the new normal, we want to keep our congregation and staff safe.

Please be mindful of social distance and wear your mask when you are not eating or drinking.

Prelude *All Through the Night*
 Wake Now My Senses

Welsh Melody/arr. Dale Wood
Irish Melody /arr. Dale Wood
Reiko Oda Lane, organist

Opening Words and Welcome

Wonder Dave, Worship Associate

*Hymn 349

We Gather Together

KREMSE

UUSF Choir; Reiko Oda Lane, organist

[\(CLICK HERE OR TURN TO PAGE 6 TO VIEW HYMN\)](#)

We light this chalice for the light of truth,
 the warmth of love,
 and the fire of commitment.
 We light this symbol of our faith
 as we gather together.

Brief Invitations

Greeting One Another

Covenant

Wonder Dave

Love is the spirit of this church, and service is its prayer.
 This is our great covenant: to dwell together in peace,
 to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and
 De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
 faith a - rise; Let peace, good - will on earth be sung through
 fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
 ev - ery land, by ev - ery tongue.
 ca - da tie - rra, ca - da voz. A - men.

Times of Spoken and Silent Meditation

Rev. David Sammons, Minister Emeritus

Music *Sing Gently As One*

Eric Whitacre

USF Choir, Mark Sumner, director; Wm. García Ganz, pianist

Reflection

Wonder Dave

Offering

This Sunday's offering will go to the **UUA's Disaster Relief Fund**. The UUA Disaster Relief Fund is here for Florida congregations affected by Hurricane Ian, but we need your help now. The fund is near depletion and we have only just begun receiving urgent requests from congregations. You can make a one time or recurring contribution. To make a donation on Vanco (bit.ly/uusfpayments) or using the Donate Button (below) & on our website, please select the "Offering" choice to make your gift. If you are sending a check, please mark in the memo today's date and "special offering" 10-16-22.



Music *Hymn for These Times* Meggan Moorhead, Jay Rogers
Singers from Berkeley Choirs and UUSF Choir, Mark Sumner, director; Videography, Tha Htet

Reading "Not Sleepwalking" by Rev. Karen Foster Rev. David Sammons

Music *Being Alive* from *Company* Stephen Sondheim, arr. Mac Huff
UUSF Choir, Mark Sumner, director; Wm. García Ganz, pianist

Sermon "Being Alive" Rev. David Sammons

*Hymn 6 *Just as Long as I Have Breath* NICHT SO TRAURIG
UUSF Choir; Reiko Oda Lane, organist

[\(CLICK HERE OR TURN TO PAGE 7 TO VIEW HYMN\)](#)

*Benediction

Postlude *Amazing Grace* Early American Hymn/arr. Gilbert Martin
Reiko Oda Lane, organist

*Please rise in body or spirit.

After service (12:15 pm) we invite you to convene for coffee hour in the Courtyard or you are welcome to join our community for our Virtual Coffee Hour, immediately following the Sunday Worship Service. Coffee not required. **Zoom Link:** <https://zoom.us/j/725737157>; **Meeting ID:** 725 737 157
One tap mobile: +16699006833,,725737157#



PARTICIPANTS

Worship Leaders

Rev. David Sammons, Minister Emeritus
Wonder Dave, Worship Associate

Sunday Support

Livestream Video Team, Cameras
Jonathan Silk, Communications Director
Joe Chapot, Live Chat Moderator
Thomas Brown, Sexton
Kelvin Jones, Sexton
Carrie Steere-Salazar, Flowers
Linda Messner, Head Usher
Tom Brookshire, Les James,
Ralph Fenn, Zoom Coffee Hour

Musicians

Reiko Oda Lane, Organist
Mark Sumner, Music Director
Wm. García Ganz, Pianist
UUSF Choir

OFFERTORY

Thousands of Floridians have been affected. While the impact of the storm's destruction is still being assessed, we already know that the UU Congregation of Fort Myers building and campus received significant damage—at least \$20,000 worth. **The UUA Disaster Relief Fund** is here for congregations affected by the storm, but we need your help now. The fund is near depletion and we have only just begun receiving urgent requests from congregations. Learn more about the UUA's Disaster Relief and Resources at <https://bit.ly/3yzDFjQ>

ABOUT

Dave Sammons was ordained into the Unitarian Universalist ministry in 1965 and has served UU churches in Rochester, N.Y., Cincinnati, Ohio, Evanston, Illinois, and Walnut Creek, California, where he was Minister from the end of 1983 through June, 2016. After this he served on the faculty of Starr King School for the Ministry and was had interim ministries in Golden, Colorado and San Francisco, as well as serving as a consultant for the Unitarian Universalist Association. Dave has been a part of many denominational and civic groups, including the boards of Starr King, PSR and the Graduate Theological Union. He has earned several awards, including an honorary doctorate from Starr King and Outstanding Graduate from Pacific School of Religion, where he also earned a Doctor of the Ministry, to go along with his Master of Divinity from Starr King. Dave also served for a year as president of the PSR Board. His wife, Jan, is a retired teacher and they have five children and seven grandchildren.

We Gather Together

349

$\text{♩} = 116$

1. We gath - er to - geth - er in joy - ful thanks - giv - ing, ac -
2. We gath - er to - geth - er to join in the jour - ney, con -

claim - ing cre - a - tion, whose boun - ty we share; both
firm - ing, com - mit - ting our pas - sage to be a

sor - row and glad - ness we find now in our liv - ing, we
true af - fir - ma - tion, in joy and trib - u - la - tion, when

sing a hymn of praise to the life that we bear.
bound to hu - man care and hope — then we are free.

⊕ Words: Dorothy Caiger Senghas, 1930– , and
⊕ Robert E. Senghas, 1928– , © 1992 Unitarian Universalist Association
Music: Adrian Valerius's *Nederlandsch Gedenckclanck*, 1626,
arr. by Edward Kremser, 1838–1914

KREMSE
12.11.13.12.

H O P E

6 Just as Long as I Have Breath

Musical score for the hymn 'Just as Long as I Have Breath'. It features a treble and bass staff in 4/4 time with a key signature of one flat (B-flat). The tempo is marked as quarter note = 120. The lyrics are arranged in three systems, each with three verses. The first system contains the first verse, the second system contains the second and third verses, and the third system contains the fourth and fifth verses. The music is a simple, steady melody with a consistent bass line.

♩ = 120

1. Just as long as I have breath, I must ans - wer,
 2. Just as long as vi - sion lasts, I must ans - wer,
 3. Just as long as my heart beats, I must ans - wer,

"Yes," to life; though with pain I made my way,
 "Yes," to truth; in my dream and in my dark,
 "Yes," to love; dis - ap - point - ment pierced me through,

still with hope I meet each day. If they ask what
 al - ways: that e - lu - sive spark. If they ask what
 still I kept on lov - ing you. If they ask what

I did well, tell them I said, "Yes," to life.
 I did well, tell them I said, "Yes," to truth.
 I did best, tell them I said, "Yes," to love.

⊕ Words: Alicia S. Carpenter, 1930- , © 1981 Alicia S. Carpenter
 Music: Johann G. Ebeling, 1637-1676,
 ⊕ harmony rev. by John Edwin Giles, 1949-1996
 © 1992 Unitarian Universalist Association

NICHT SO TRAURIG
 7.7.7.7.7.7.



HURRAY! Our Auction is Today!

Our Homecoming Auction and Party starts at 12:30!

- If you haven't ordered advance tickets by the end of church at: <https://bit.ly/uusfauction.2022>, you can get tickets at 12:30pm at the door.
- **Come to Party!** We will have a poker raffle, table raffle, arts and crafts, dancing, children's activities, a costume contest, a photo booth and a **live auction** featuring auctioneer Gary Lorentzen and more! Enjoy the classic Homecoming décor while you reconnect with friends, meet new ones and have fun!
- **Enjoy Tailgate Dining** - Yummy food is being prepared with love by Thomas Brown and crew. Besides classic comfort food we will have vegetarian and gluten-free options. Enjoy a specialty cocktail, wine or craft beer as well as non-alcoholic beverages.
- **And most of all, come to support UUSF!** The auction is our biggest fundraising event of the year and all donations will strengthen our church - including funding a new intern in 2023! So see you at the Homecoming Auction and Party at 12:30pm today!

Making Good Trouble

Making Good Trouble - last call for Vote Forward letters. One final writing party here after next Sunday's service, October 23. Next up: texting parties with The Poor People's Campaign, the first one Tuesday, October 25th at 4pm. Training and camaraderie, it's easy and fun.

Register here at <https://bit.ly/textbankingvoters>

Sign-Up to Volunteer for the Interfaith Food Pantry - Saturday, October 22 from 7:30 am to 11:30am

Join volunteers every Saturday to feed our lower income siblings and the next Saturday UUSF is running the pantry is on October 22! Meet at Old First Presbyterian (Van Ness and Sacramento) from 7:30 - 11:30am to sort and distribute food items. If this is your first time please introduce yourself to UUSF Coordinator Hanna Hart at info@uusf.org. Sign-Up: <https://bit.ly/foodpantryuusf> Website: <https://www.uusf.org/foodpantry>

Forum Featuring Tim Redmond! - Sunday, October 23, 9:00 am, TSK/ONLINE

San Franciscan's Analysis of the November Elections, Opinion and Discussion with **Tim Redmond**. Tim is the editor and publisher of 48 Hills, San Francisco's largest daily, online independent community news and culture site, launched by the editors of the legendary SF Bay Guardian alternative weekly newspaper. Anticipating the November elections, which may be the most important election of our lifetimes, is on all of our minds! Zoom Link: <https://bit.ly/forum1023> More Info: <https://www.uusf.org/forum>

How Do We Speak of Peace? Share peace activities and show you are a fan of peace!

View the film " Pictures from a Hiroshima Schoolyard " on Sunday, October 23 at 12:30 in TSK Room and Online. This film shows the relationship today between All Souls Unitarian in Washington DC and a school in Hiroshima that was devastated by the nuclear bomb. It is an inspiring film which renews all one's beliefs in children, the work of peacemaking and the efficacy of a committed Unitarian Church.

Faith in Action campaign to pass Prop M (the Empty Homes Tax)

This fall UUSF is invited to get involved with the Faith in Action campaign to pass Prop M (the Empty Homes Tax). Our goal is to confirm 8,000 YES vote commitments to tip the balance in getting this proposition passed! Next Sunday, Oct. 23 we'll have hard copy commitment cards that SF voters can sign, or you can sign (and share) virtually at <https://bit.ly/yespropm>.

Paula Cole Jones Workshop - November 18, and Saturday, November 19

Plan to attend a virtual workshop for our congregation, "Building a Culture of Inclusion," designed to help us put into action our commitment to the work of anti-racism. Led by Paula Cole Jones. Register at <https://bit.ly/uusfpcj>

"We, Unitarian Universalists, are called to build the Beloved Community. To do that, UUs must attend to the unfinished business of dismantling racism and oppression in our congregations and Association and with our community partners. How do we stand in solidarity with the social movements of our times and how do they change us?" ~Paula Cole Jones



"Across the Veil" - November 6 Worship Service



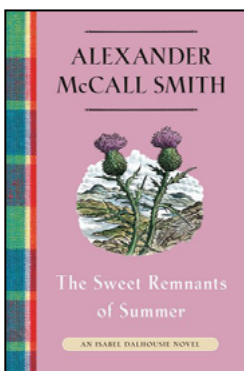
This is the time of year of the Pagan celebration of Samhain, and the Christian (no doubt borrowed and adapted!) witness to All Souls and All Saints, and to the celebrations of Día De Los Muertos in Mexico and across Latin America. All of these community and religious ceremonies and sacred times begin with the Samhain idea that at this time of year the veil between the living and the dying is thinned. It is a season, therefore, for reaching across that veil and pulling those we have loved and lost, their spirit and their legacy, more intentionally into our world for a while.

Rev. Southern and Mari Magaloni Ramos will lead a service on Sunday, November 6 at 10:50 am. in honor of this season, in which you are invited to bring the name of someone you lost and a couple of sentences about them. Feel free to bring a photo or a memento with you. You can even bring a favorite food of theirs (and after the service we can share that at social hour). The service will be participatory. To prepare please think of how you would finish these sentences:

I call out the name of _____, who was [fill in their relationship to you — parent, friend, teacher, neighbor] _____ to me.

I give thanks for [fill in something about them, their spirit, their part in your life. Please keep it short — one sentence — so that others can share too] _____.

Adult Spiritual Growth Classes (www.uusf.org/are)



October Book Group - "Sweet Remnants of Summer" by Alexander McCall Smith

Leader: Rev. Dr. John A. Buehrens

Wednesday October 19, 6:30-8 pm & Thursday, October 20, noon-1:30 pm

More Info and to Register: <https://www.uusf.org/are>

Alexander McCall Smith's latest Isabel Dalhousie novel, "Sweet Remnants of Summer". John writes, "I am addicted to this series, of which the current book is #14. Isabel lives in Edinburgh, where she is the publisher and editor of the mythical Review of Practical Ethics." The Library Journal says of the novel, "McCall Smith delves into the inner machinations of a modern-day philosopher whose nuanced approach stands in stark contrast to the fiery rhetoric of the day.

If you need help acquiring the book or purchasing it, please let us know at info@uusf.org for help.

Morning Meta Meditation

Tuesdays & Thursday, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience.

Equanimity Practice

Fridays, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

“Whose Land Is This?”

October 9

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Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

For more about our congregation,
please visit our website at www.uusf.org.

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