

"The Double-edged Sword of Faith"

Sunday, November 13, 10:50 AM, 2022

First Unitarian Universalist Society of San Francisco





Order of Service
Sunday, November 13, 2022
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at bit.ly/uusfconnections2022

Welcome back to those returning to onsite Worship Service!

Please stay masked during the Worship Service and maintain social distance.

After service we invite you to convene for coffee hour in the Courtyard
or online on the 1st and 3rd Sundays of the month (<https://bit.ly/coffeeuu>)

Please be mindful of social distance and wear your mask when you are not eating or drinking.

Prelude

Song of Faith

Life is the Greatest Gift of All

Felix Mendelssohn

Brother James' Air/Harold Darke

Reiko Oda Lane, organist

Opening Words and Welcome

Rev. Vanessa Rush Southern, Senior Minister

Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

*Hymn 40

The Morning Hangs a Signal

MEIRIOYDD

[\(CLICK HERE OR TURN TO PAGES 8 & 9 TO VIEW HYMN\)](#)

Brief Invitations

Greeting One Another

Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Times of Spoken and Silent Meditation

Music *A Long, Long Way the Sea-Winds Blow*

arr. Kai Leith; M. C. H. Davis
UUSF Choir, Kai Leith, conductor

Reflection

Richard Davis-Lowell, Worship Associate

Offering

Today's offering will go to support the work of the **San Francisco Interfaith Council** (<https://www.sfinterfaithcouncil.org>) -- over 800 houses of worship or religiously affiliated organizations (universities, nonprofits) in the city of San Francisco. Rev. Southern serves as Chair of the Board of the Council and we are a cornerstone congregation in the Winter Shelter that the Council has helped make happen since 1989. To make a donation on Vanco (bit.ly/uusfpayments) or using the Donate Button (below) & on our website, please select the "Offering" choice to make your gift. If you are sending a check, please mark in the memo today's date and "special offering" 11-13-22.



DONATE

Music *American Anthem*

arr. Lee Musiker; Gene Scheer
Kate Offer, soprano; Wm. García Ganz, pianist

Reading

Music *Just One Person* from *Snoopy*

Hal Hackady, Larry Grossman
UUSF Choir, Wm. García Ganz, conductor; Kai Leith, pianist

Sermon "The Double-edged Sword of Faith"

Rev. Vanessa Rush Southern

*Hymn 114

Forward Through the Ages

ST. GERTRUDE

[\(CLICK HERE OR TURN TO PAGES 10 & 11 TO VIEW HYMN\)](#)

*Benediction

Postlude *Allegro Maestoso (Sonata II)*

Felix Mendelssohn
Reiko Oda Lane, organist

*Please rise in body or spirit.

PARTICIPANTS

Worship Leaders

Rev. Vanessa Rush Southern, Senior Minister
Richard Davis-Lowell, Worship Associate

Sunday Support

Shulee Ong; Eric Shackelford;
Jackson Munn, Cameras
Jonathan Silk, Communications Director
Joe Chapot, Live Chat Moderator
Dan Barnard, Facilities Manager
Kelvin Jones, Sexton
Athena Papadakos, Flowers
Linda Messner, Head Usher

Musicians

Reiko Oda Lane, Organist
UUSF Choir
Kate Offer, Soprano
Kai Leith, Pianist & Conducting
Wm. García Ganz, Pianist & Conducting



"We, Unitarian Universalists, are called to build the Beloved Community. To do that, UUs must attend to the unfinished business of dismantling racism and oppression in our congregations and Association and with our community partners. How do we stand in solidarity with the social movements of our times and how do they change us?" ~Paula Cole Jones

Led by Paula Cole Jones Workshop - REGISTER: <https://bit.ly/uusfpcj>

Friday, November 18 from 6:00 pm to 8:00 pm on Zoom

Saturday, November 19 from 10:00 am to 3:00 pm on Zoom

Plan to attend a virtual workshop for our congregation, "Building a Culture of Inclusion," designed to help us put into action our commitment to the work of anti-racism. Website: <https://www.uusf.org/racialjustice>



THE *8th* PRINCIPLE

40 The Morning Hangs a Signal

$\text{♩} = 60$



1. The morn - ing hangs a sig - nal up -
 2. A - bove the gen - er - a - tions the
 3. The soul has lift - ed mo - ments, a -

on the moun - tain crest, while all the sleep - ing
 lone - ly proph - ets rise, while truth flares as the
 bove the drift of days, when life's great mean - ing

val - leys in si - lent dark - ness
 day - star with - in their glow - ing
 break - eth in sun - rise on our

rest. From peak to peak it flash - es, it
 eyes; and oth - er eyes, be - hold - ing, are
 ways. Be - hold the ra - diant to - ken of

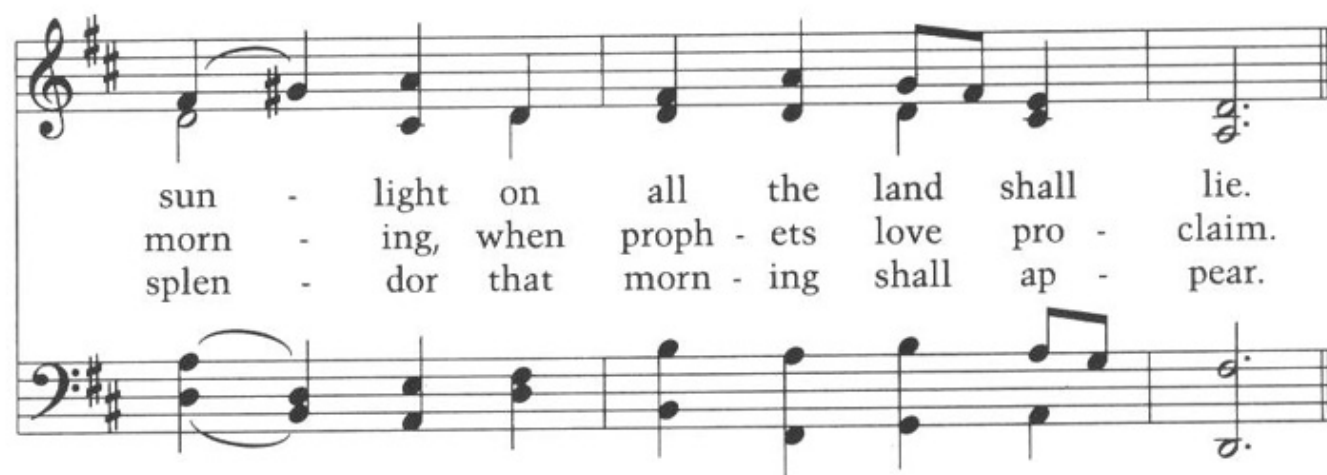
⊕ Words: William Channing Gannett, 1840-1923, rev.
 Music: William Lloyd, 1786-1852

MEIRIONYDD
 7.6.7.6.D.

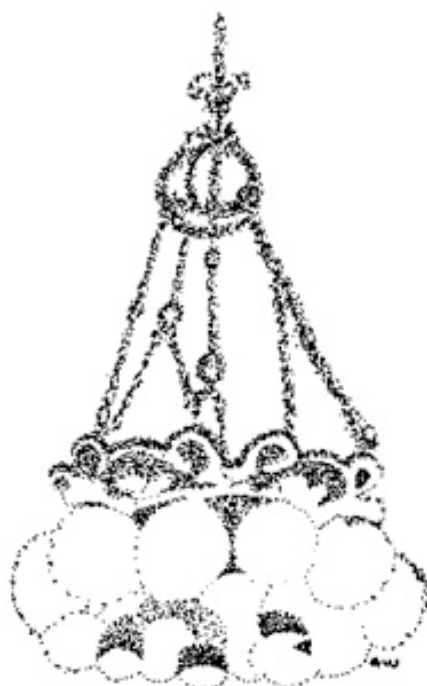
M O R N I N G



laughs a - long the sky, till glo - ry of the
 kin - dled from that flame; and dawn be - comes the
 faith a - bove all fear; night shall re - lease its



sun - light on all the land shall lie.
 morn - ing, when proph - ets love pro - claim.
 splen - dor that morn - ing shall ap - pear.



114 Forward through the Ages

$\text{♩} = 126$

1. For-ward through the a - ges, in un-bro-ken line,
 2. Wid - er grows the vi - sion, realm of love and light;
 3. Not a - lone we con - quer, not a - lone we fall;

move the faith - ful spir - its at the call di - vine:
 for it we must la - bor, till our faith is sight.
 in each loss or tri - umph lose or tri - umph all.

gifts in dif - fer-ing meas - ure, hearts of one ac - cord,
 Proph - ets have pro - claimed it, mar - tyrs tes - ti - fied,
 Bound by God's far pur - pose in one liv - ing whole,

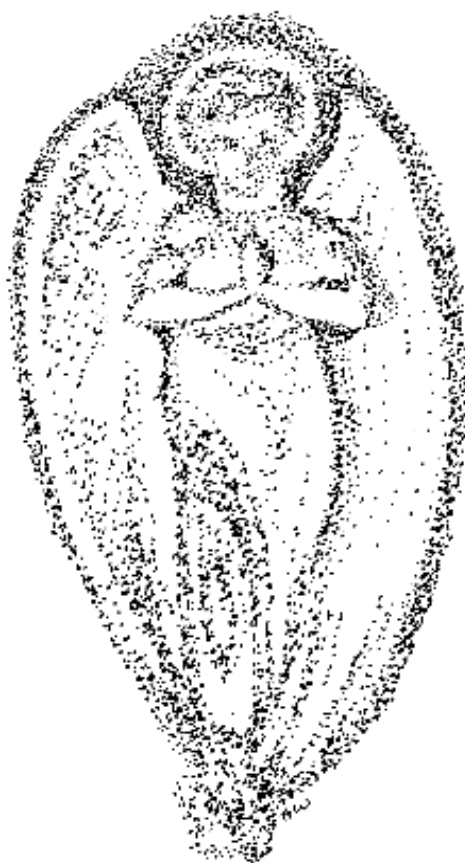
man - i - fold the serv - ice, one the sure re - ward.
 po - ets sung its glo - ry, he - roes for it died.
 move we on to - geth - er to the shin - ing goal.

⊕ Words: Frederick Lucian Hosmer, 1840–1929
 Music: Arthur Seymour Sullivan, 1842–1900

ST. GERTRUDE
 6.5.6.5. Triple

COMMITMENT AND ACTION

For-ward through the a - ges, in un-bro-ken line,
move the faith - ful spir - its at the call di - vine.



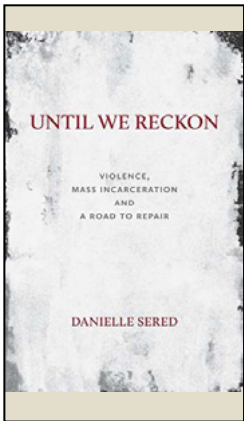
Adult Spiritual Growth Classes (www.uusf.org/are)



Take the Adult Religious Education Survey!

As we plan this year's Adult Religious Education classes, we would like your input. Please take a few minutes to fill out this survey. Thank you!

Go Here: <https://bit.ly/ASGSurvey2022>



November Book Group - "Until We Reckon: Violence, Mass Incarceration, and a Road to Repair" by Danielle Sered
Wednesday, November 16, 6:30 - 8:00pm or Thursday, November 17, 12:00 - 1:30 pm

More Info and to Register: <https://www.uusf.org/are>

Leader: Rev. Southern with Sam Dennison of the Faithful Fools!

How we can transition away from systems of mass incarceration through restorative justice? As a description of how and why restorative justice works, Danielle Sered shows us what we have to do to courageously confront the US legacy of white supremacy. In many ways, the book offers a roadmap for people who grew up white for coming to terms with racism and racial violence and then find a path to accountability and active engagement with changing racist institutions/systems.

This book group will be co-led with guest book group discussion leader, **Sam Dennison**! Sam bid at the auction for the right to pick the book and wanted to share the power and challenge of Sered's book with UUSF

If you need help acquiring the book or purchasing it, please let us know at info@uusf.org for help.



New Adult Spiritual Growth Class! "Strengthening Our Resiliency Muscle" Online Class

Second Thursday of the month from 6:30pm to 8:00pm

First Saturday of the month, starting Dec 3rd 9:00am to 10:30am

Register: <https://bit.ly/3WoYd93>

Leader: Rev. Laura Shennum

After the pandemic, many of us are trying to find ways to regain our resiliency. Each month we will explore a new tool to help strengthen our resiliency muscle. We will look at stress management, building connections, making meaning, and much more. This class can be ongoing or drop-in.

To register and get the Zoom link: <https://bit.ly/3WoYd93>



Morning Meditation

Tuesdays & Thursday, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience.

Equanimity Practice

Fridays, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

Events, Meetings & Volunteer Opportunities (www.uusf.org/news)

New UU: A Welcome Home - Sunday, November 13, 12:30 pm - Register Now at <https://bit.ly/newuu112022>

Join our new Minister for Congregational Life, Rev. Laura Shennum, for our fall New UU class! Held in-person at UUSF after worship, this interactive class will introduce you to Unitarian Universalism and our congregation. Questions? Email jchapot@uusf.org

Young Adult Lunch Outing - Sunday, November 13, 12:30 pm

Join fellow young adults for our monthly lunch outing. We will gather after Sunday worship service, pick a place to eat, and then walk over there. So come and enjoy the 11am service and then join Maddy, Joe, old and new friends for a meal. This is a great opportunity to meet people in our community, whether you are brand new to UUism or a life-long member. We recommend bringing small bills or be prepared to use a money transfer service of your choice.

Sign Up to Volunteer for the Interfaith Food Pantry - Saturday, Nov. 19 from 8:15 am to 11:15 am

Join a wonderful community of volunteers every Saturday to feed our lower income neighbors. UUSF is leading the pantry crew on November 19, so this is a great time to connect with other members. Meet at Old First Presbyterian (Van Ness and Sacramento) from 8:15 - 11:15 am (or come early at 7:30 to help unload the truck). We will distribute food to 315+ households. If this is your first time, please introduce yourself to UUSF Coordinator Hanna Hart at info@uusf.org. Sign-Up: <https://bit.ly/foodpantryuusf> Website: <https://www.uusf.org/foodpantry>

FORUM: An important conversation in a time of peril with Medea Benjamin - Nov. 20 at 9:30 TSK/Zoom

Russia's brutal February 2022 invasion of Ukraine has attracted widespread condemnation across the West. Government and media circles present the conflict as a dichotomy between an evil empire and an innocent victim. In her new book, War in Ukraine Medea Benjamin (along with co-author Nicolas Davies) insists the picture is more complicated. Medea Benjamin is a co-founder of CODEPINK and the fair trade advocacy group Global Exchange. Zoom Link: <https://bit.ly/forum-11-20-22>

The Holiday Faire is Back!!! Sunday, December 4, 12:15 pm

The Holiday Faire is back in person! Be present and buy presents at this year's festive winter event. Come see old friends and make new ones at our cheerful annual event. Sunday Dec 4th right after services. If you have questions or want to participate contact Christopher at holidayfair@uusf.org. And if you or anyone you know wants to be a vendor please contact Christopher!

You can have your flower dedication included in the Order of Service - Email Jonathan Silk at jsilk@uusf.org

Dedications are \$25. The Flower Committee has been designing flower arrangements every Sunday in the Sanctuary since 1902. A flower dedication can be made in honor of a loved one, and it will appear in the Order of Service. Website: <https://www.uusf.org/flowers>

Newcomer Orientation - Every First Sunday at 12:30 pm in the Fireside Room

Interested in learning more about Unitarian Universalism? Join us on December 4th after the service in the Fireside Room to meet some of our members and learn more about our congregation and Unitarian Universalism in the community. Questions? Email info@uusf.org

Virtual Coffee Hour is now 1st and 3rd Sundays of the month! - Zoom Link: <https://bit.ly/coffeeuu>

Following the service, we invite you to join us for virtual coffee hour. *Now happening on the 1st and 3rd Sundays of every month.*

Call for volunteers: Annual Homeless Person's Memorial Vigil - 5:30 pm, December 15 (Processional at 5:00)

Organized by SF Interfaith Council, SF Night Ministry, Faithful Fools, SF Coalition on Homelessness, and ABD/Skywatchers, this memorial vigil is held every year on or near the Winter Solstice to honor the memories of our neighbors and friends who have died on the streets of San Francisco that year. We gather at Civic Center Plaza across from City Hall, have a singing processional, and return for a vigil in the plaza.

In silence, in prayer, in song we remember them, honor them, mourn our loss, reach out to each other for comfort and hope, and nourish our solidarity in working for change. In preparation for the memorial we create fabric banners that hold the name of each loved one lost that year. If you're interested in volunteering to be part of that creative process—whether you're great with a sewing machine or scissors and glue—please contact Deirdre at dbvisser@gmail.com.

Across the Veil

November 6

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Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

For more about our congregation,
please visit our website at www.uusf.org.

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