

# "Little Things Mean a Lot"

Sunday, November 27, 10:50 AM, 2022

First Unitarian Universalist Society of San Francisco





**Order of Service**  
**Sunday, November 27, 2022**  
**10:50 AM - 12:15 PM**

Livestreamed at [bit.ly/uusfmedia](https://bit.ly/uusfmedia)

New to UUSF? Complete Our Connections form at [bit.ly/uusfconnections2022](https://bit.ly/uusfconnections2022)

Welcome back to those returning to onsite Worship Service!

Please stay masked during the Worship Service and maintain social distance.

After service we invite you to convene for coffee hour in the Courtyard  
or online on the 1st and 3rd Sundays of the month (<https://bit.ly/coffeeuu>)

Please be mindful of social distance and wear your mask when you are not eating or drinking.

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Prelude

*Greetings and Thanks to the Natural World*

lyrics a daily Thanksgiving inspired by the Onondaga Nation, music Christine Tulis  
Christine Tulis, harpist and singer

Opening Words and Welcome

Wonder Dave, Worship Associate

Unison Chalice Lighting

We light this chalice for the light of truth,  
the warmth of love,  
and the fire of commitment.  
We light this symbol of our faith  
as we gather together.

\*Hymn 21

*For the Beauty of the Earth*

DIX

[\(CLICK HERE OR TURN TO PAGE 8 TO VIEW HYMN\)](#)

## Greeting One Another

## Covenant

Love is the spirit of this church, and service is its prayer.  
 This is our great covenant: to dwell together in peace,  
 to seek the truth in freedom, and to help one another.

## \*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and  
 De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5  
 faith a - rise; Let peace, good - will on earth be sung through  
 fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8  
 ev - ery land, by ev - ery tongue.  
 ca - da tie - rra, ca - da voz. A - men.

## Times of Spoken and Silent Meditation

"When we Pause to Remember" by Alicia Forde from To Wake, To Rise by William G. Sinkford, editor

Music *Deep Peace*

lyrics traditional Celtic Blessing, music Bill Douglas  
 Christine Tulis, harpist and singer

## Reflection

Wonder Dave

## Offering

Our offering this morning will go to support the works and ministries of **Native American Rights Fund**([www.narf.org](http://www.narf.org)). The Mission of the Native American is to hold governments accountable. They fight to protect Native American rights, resources, and lifeways through litigation, legal advocacy, and legal expertise. Since 1970, the NARF has provided legal assistance to Native American tribes, organizations, and individuals nationwide who might otherwise have gone without adequate representation. NARF has successfully asserted and defended the most important rights of Indians and tribes in hundreds of major cases, and has achieved significant results in such critical areas as tribal sovereignty, treaty rights, natural resource protection, voting rights, and Indian education. To make a donation on Vanco ([bit.ly/uusfpayments](http://bit.ly/uusfpayments)) or using the Donate Button (below) & on our website, please select the “Offering” choice to make your gift. If you are sending a check, please mark in the memo today’s date and “special offering” 11-27-22.



DONATE

Music    *In Every Gathering*

lyrics Rumi, music Christine Tulis  
Christine Tulis, harpist and singer

Reading    “Thanksgiving” from Sonata for Voice and Silence by Mark Belletini

Music    *Waves*

lyrics and music Christine Tulis  
Christine Tulis, harpist and singer

Sermon    "Little Things Mean a Lot"

Rev. Vanessa Rush Southern

\*Hymn 16

*‘Tis a Gift to Be Simple*

SIMPLE GIFTS

[\(CLICK HERE OR TURN TO PAGES 9 & 10 TO VIEW HYMN\)](#)

\*Benediction

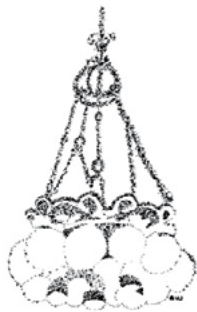
Postlude    *Kind and Generous*

Natalie Merchant arranged by Christine Tulis  
Christine Tulis, harpist and singer

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\*Please rise in body or spirit.





## PARTICIPANTS

### **Worship Leaders**

Rev. Vanessa Rush Southern, Senior Minister  
Wonder Dave, Worship Associate

### **Sunday Support**

Shulee Ong; Eric Shackelford;  
Jackson Munn, Cameras  
Jonathan Silk, Communications Director  
Joe Chapot, Live Chat Moderator  
Dan Barnard, Facilities Manager  
Amy Kelly, Flowers  
Linda Messner, Head Usher

### **Musicians**

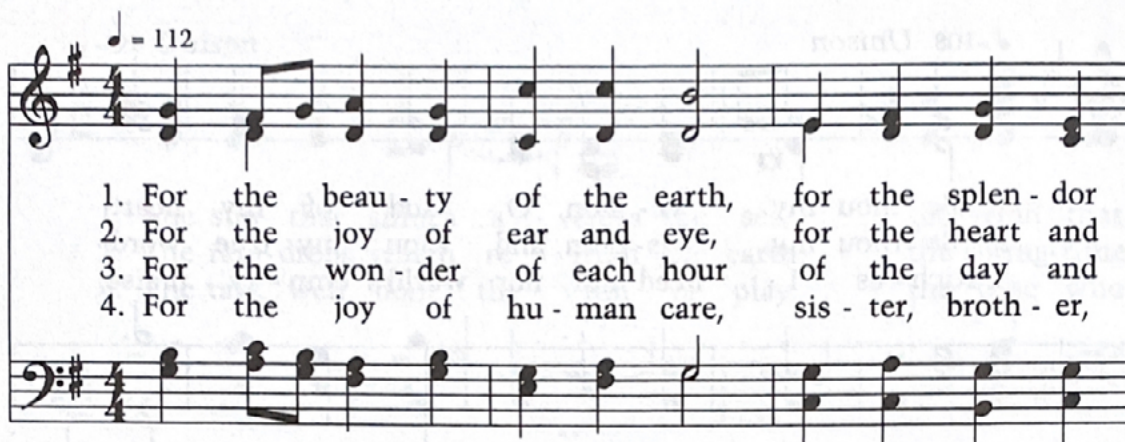
Christine Tulis, Harpist and Singer  
Ben Rudiak-Gould, Songleader  
Mark Sumner, Pianist

## ABOUT

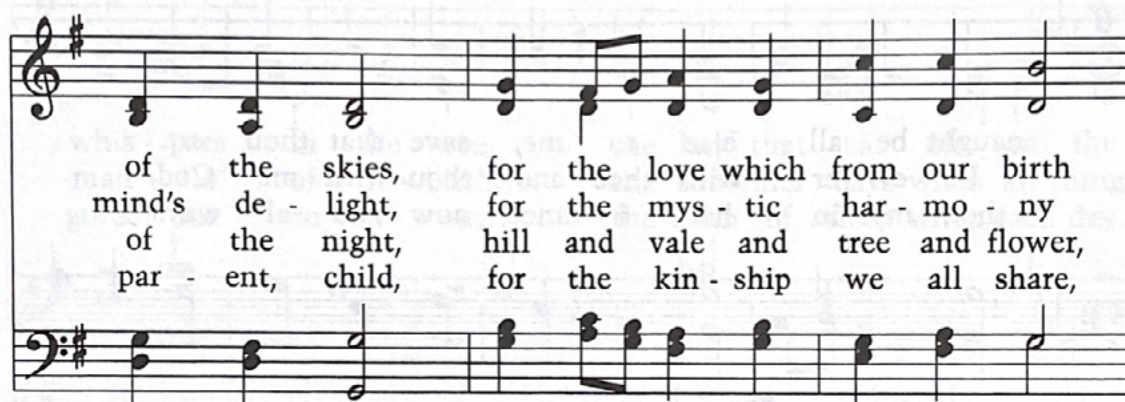
**Christine Tulis** is a harpist, singer, mystic, healing artist and award-winning composer. She began playing the harp as a result of a life changing spiritual experience upon encountering the instrument for the first time when she was in her early 20's. Her compositions are born from states of prayerful meditation and are informed by her primary musical influences - the Celtic tradition, Medieval chant and the music of the Middle East and India. She has shared her spiritually inspired music widely in the U.S. and it is played in healing centers, churches and yoga studios around the country. To learn more about her healing sessions, recordings, live or online concerts and sound healings please visit [www.christinetulis.com](http://www.christinetulis.com).

# 21 For the Beauty of the Earth

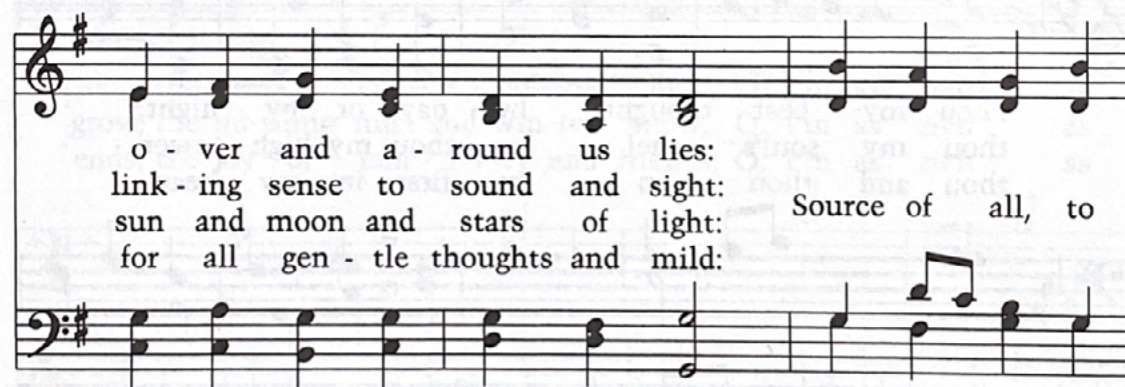
$\text{♩} = 112$



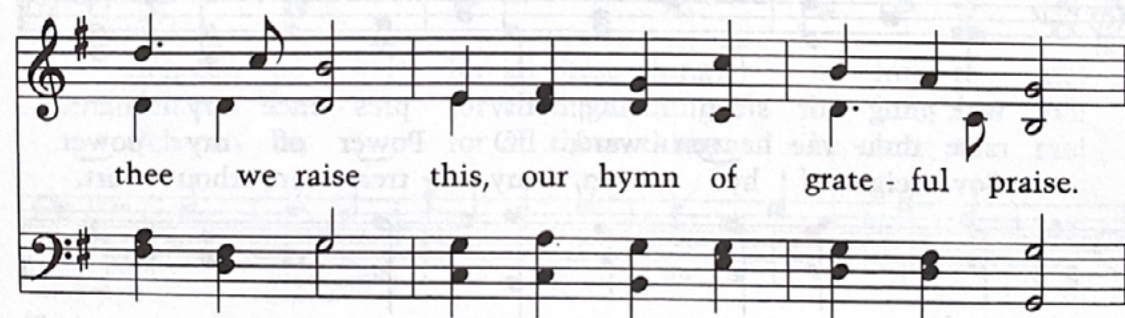
1. For the beau - ty of the earth, for the splen - dor  
 2. For the joy of ear and eye, for the heart and  
 3. For the won - der of each hour of the day and  
 4. For the joy of hu - man care, sis - ter, broth - er,



of the skies, for the love which from our birth  
 mind's de - light, for the mys - tic har - mo - ny  
 of the night, hill and vale and tree and flower,  
 par - ent, child, for the kin - ship we all share,



o - ver and a - round us lies:  
 link - ing sense to sound and sight: Source of all, to  
 sun and moon and stars of light:  
 for all gen - tle thoughts and mild:



thee we raise this, our hymn of grate - ful praise.

Words: Folliott Sanford Pierpoint, 1835-1917, adapt.  
 Music: Conrad Kocher, 1786-1872, abridged

DIX  
 7.7.7.7.7.7.

# 16 'Tis a Gift to Be Simple

*♩ = 104 Unison*

'Tis a gift to be sim - ple, 'tis a gift to be free, 'tis a

gift to come down where we ought to be, and

when we find our-selves in the place just right, 'twill be in the val-ley of

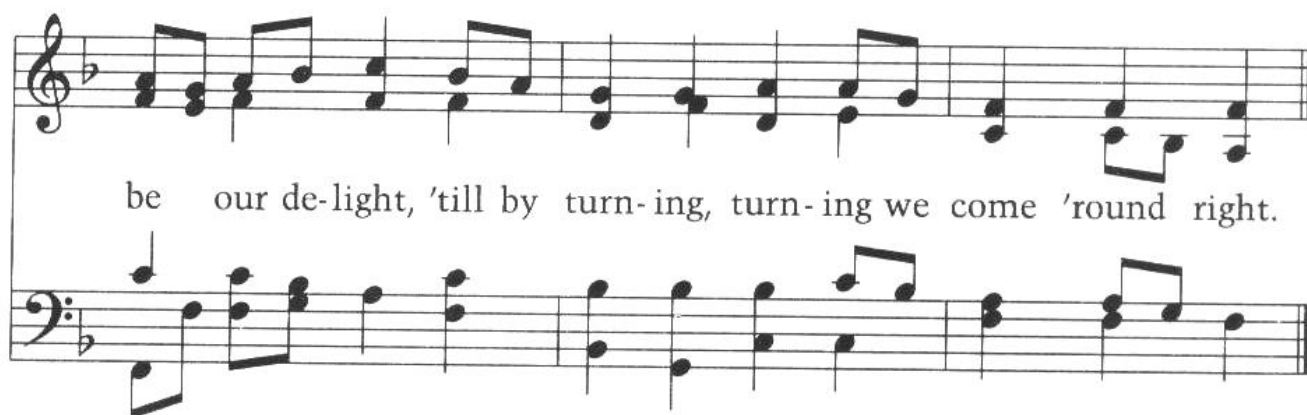
love and de - light. When true sim - plic - i - ty is gained, to

bow and to bend we shan't be a - shamed. To turn, turn will

Words: Joseph Bracket, 18th cent.  
Music: American Shaker tune

SIMPLE GIFTS  
Irregular with refrain

THE CELEBRATION OF LIFE



be our de-light, 'till by turn-ing, turn-ing we come 'round right.







UUSF Presents:

# Holiday Faire

**Sunday, December 4<sup>th</sup> 12:30pm**

Treat yourself to the UUSF Holiday Faire after services on Sunday, December 4. You deserve to have some fun, see old friends and make new ones. We will be serving a Traditional Mexican Christmas meal followed by desserts and tea in our Olde Victorian Tea Room.

And while you're at it, indulge in hot chocolate with fixings or a nice glass of wine while you do a little caroling and admire the décor. Looking for gifts? You will find one of a kind items at our Jumble Sale. Check out Fair Trade baskets, Up on Top Cookies and several arts and crafts displays. Make an ornament for someone you love and find other surprises. There will be something for everyone!

Here are some tips for making the Fair a great experience:

- Bring cash or checks if you can. Tickets for food and drink are available in the MLK room and can be purchased there by credit card. However, vendors may only accept cash.
- Want to contribute to the Jumble Sale? Drop off new and gently used items that are not too big at the church office up until December 2, or drop them off at the Holiday Faire table on Sunday. Contact Kathleen Quenneville at 510-917-5112 or [kquen@pacbell.net](mailto:kquen@pacbell.net) if you have questions.
- Bring your appetite! Our lunch caterer, El Buen Comer, is a woman-owned small local business using organic sources. Lunch is \$20 for adults (\$10 for children) but you can pay more or less as your means allow! Our Tea Room will feature desserts baked by UU elves and a nice selection of tea served by the children of our church.
- Want to be part of it all? You can volunteer at the Holiday Faire table this Sunday and vendor applications will also be taken until November 27.

Questions?

Christopher Rodriguez at [Holidayfair@uusf.org](mailto:Holidayfair@uusf.org) or Cheryl Deaner at [cdd.mft@gmail.com](mailto:cdd.mft@gmail.com)

## HOLIDAY FAIRE THEME SONG

"Come, come, come, come - Come to the Holiday Faire.  
Come, come, come, come - Your friends will all be there!"

We will have some food and maybe some wine,  
And we're all going to have a very good time -

So come, come, come, come - Come to the Holiday Faire!"

# Events, Meetings & Volunteer Opportunities ([www.uusf.org/news](http://www.uusf.org/news))

## **The Pagan Interest Circle (PICT) Celebrates Both MOON and SUN Rituals this December!**

Full Moon Ritual on Saturday, December 3 at 7:00pm on ZOOM

Gather 'Round in the Darkness of the Night. Who is the Bringer of the Light? To honor and keep our connection to PICT's virtual community, we will ZOOM together on Saturday December 3rd at 7:00pm, for PICT's monthly Moon Circle, one of four annual virtual rituals we intend to host. To join this ritual, please contact **Christine Patch-Lindsay**, [cplhealer@comcast.net](mailto:cplhealer@comcast.net), for the ZOOM link no later than 3:00pm December

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## **Black, Indigenous, & People of Color Gathering - December 4 from 9:30 am to 10:50 am, Stebbins Room**

The sacred space is open to our members and friends who are Black, Indigenous and People of Color. The meeting takes place by Zoom and in-person in the Stebbins Room on the first Sunday of every month often from 9:30-10:50am. If you are interested in attending or finding out more, please email [bipoc@uusf.org](mailto:bipoc@uusf.org). Please come join this space for joy, renewal, care and inspiration.

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## **Newcomer Orientation - Sunday, December 11 at 12:30 pm in the Fireside Room**

Interested in learning more about Unitarian Universalism? Join us on December 11th after the service in the Fireside Room to meet some of our members and learn more about our congregation and Unitarian Universalism in the community. Questions? Email [info@uusf.org](mailto:info@uusf.org)

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## **Forum: How Factory Farming Endangers Our Future with Wayne Hsiung - Dec. 11, 9:30 am TSK/Online**

Animal rights activist Wayne Hsiung is an attorney, former faculty member at Northwestern School of Law, and co-founder of the Simple Heart Initiative. His work documenting disease and animal abuse at factory farms has been covered by The Washington Post, The Wall Street Journal, and The New York Times. He recently faced trial on felony charges related to an investigation and piglet rescue at the largest pig farm in the nation, and was acquitted by a Utah jury on October 8, 2022, a victory for the "right to rescue." Wayne blogs and hosts a podcast at [simpleheart.substack.com](http://simpleheart.substack.com). Forum: <https://www.uusf.org/forum> Zoom: <http://bit.ly/3VkpSxt>

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## **Our Right To Celebrate With Love! - Dec. 11, 12:30 pm TSK Room/Online**

All are invited to join our Human Rights Working Group for a special lunch to hear about our activities this year - our successes, our trials and tribulations, - and our plans for 2023! We would love to answer questions about our efforts, and welcome suggestions from newcomers and oldcomers alike. We look forward to seeing you. RSVP if you can at [humanrights@uusf.org](mailto:humanrights@uusf.org). Our unique plant-based lunch, courtesy of animal rights activist **Dean Guzman-Wyrzykowski**, will be environmentally-friendly and healthy! Menu to be announced soon. Natural wine from the vine will also be available.

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## **Up On Top Cookie Sale!**

Plan now to attend the annual Up On Top cookie sale, on December 4, as part of the Holiday Faire. Proceeds from the faire provide holiday gifts for Up On Top children. Available cookie varieties include: Mexican Wedding Cake, Chocolate Chip, Ginger, Sugar Cookies, Date Bars and more. Each dozen cookies is priced at a \$20 donation. Please bring cash or a check to purchase cookies. Up On Top After School Program was founded by our church community and opened in 2001. It serves 60 low-income children at the Tenderloin Recreation Center. More information is at [www.upontop.org](http://www.upontop.org). If you wish to volunteer to bake or help with the sale, please contact **Luanne Schulte** at [Luanne215@yahoo.com](mailto:Luanne215@yahoo.com).

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## **Call for volunteers: Annual Homeless Person's Memorial Vigil - 5:30 pm, December 15 (Processional at 5:00)**

*Organized by SF Interfaith Council, SF Night Ministry, Faithful Fools, SF Coalition on Homelessness, and ABD/Skywatchers*, this memorial vigil is held every year on or near the Winter Solstice to honor the memories of our neighbors and friends who have died on the streets of San Francisco that year. We gather at Civic Center Plaza across from City Hall, have a singing processional, and return for a vigil in the plaza. In preparation for the memorial we create fabric banners that hold the name of each loved one lost that year. If you're interested in volunteering to be part of that creative process—whether you're great with a sewing machine or scissors and glue—please contact **Deirdre** at [dbvisser@gmail.com](mailto:dbvisser@gmail.com).

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## **STRENGTHENING OUR RESILIENCY MUSCLE CLASS - Twice a month! Second Thursdays or First Saturdays.**

**First Class: December 3, 9-10:30am. Second Class: December 8, 6-8pm - Online only; Drop-in classes; Attend any session.**

Lec by Rev. Laura Shennum, Minister of Congregational Life After the pandemic, many of us are trying to find ways to regain our resiliency. Each month we will explore a new tool to help strengthen our resiliency muscle. We will look at stress management, building connections, making meaning, and much more. Each session covers a specific resiliency tool and is complete unto itself. Only one tool will be discussed each month and you can choose to attend the Saturday AM or Thursday PM session. This course is based on the specialized training Laura received for a Certificate in Resilient Leadership from Seattle School of Theology & Psychology. Register at <https://bit.ly/sormclass>



# "After the OObleck" A Forgiveness Ritual"

November 20, 2022

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# Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

## OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

## OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

For more about our congregation,  
please visit our website at [www.uusf.org](http://www.uusf.org).

First Unitarian Universalist Society of San Francisco  
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