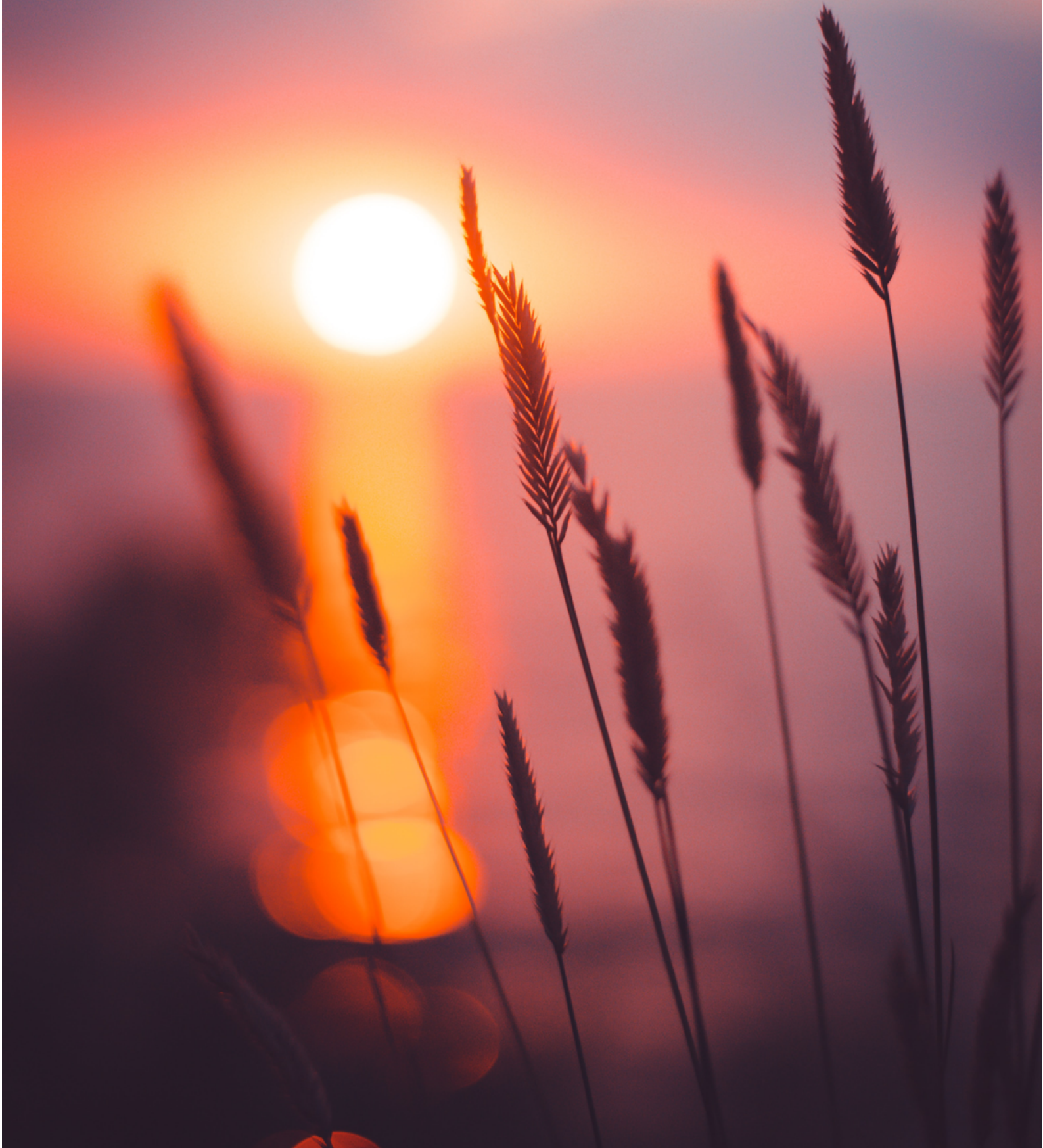


# "Letting Go & Beginning Anew"

Sunday, January 1, 10:50 AM, 2023

First Unitarian Universalist Society of San Francisco





**Order of Service**  
**Sunday, January 1, 2023**  
**10:50 AM - 12:15 PM**  
Livestreamed at [bit.ly/uusfmedia](https://bit.ly/uusfmedia)

New to UUSF? Complete Our Connections form at [bit.ly/uusfconnections2022](https://bit.ly/uusfconnections2022)

Welcome back to those returning to onsite Worship Service!  
Please stay masked during the Worship Service and maintain social distance.

After service we invite you to convene for coffee hour in the Courtyard  
or online on the 1st and 3rd Sundays of the month (<https://bit.ly/coffeeuu>)

Please be mindful of social distance and wear your mask when you are not eating or drinking.

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Prelude      *5 centuries of guitar favorites* (various composers)

Eric Hamilton, guitarist

Opening and Welcome

Rev. Laura Shennum, Minister of Congregational Life

Unison Chalice Lighting

Mari Magaloni Ramos, Worship Associate

We light this chalice for the light of truth,  
the warmth of love,  
and the fire of commitment.  
We light this symbol of our faith  
as we gather together.

\*Hymn 58

*Ring Out, Wild Bells*

[\(CLICK HERE OR TURN TO PAGE 6 TO VIEW HYMN\)](#)

## Greeting One Another

## Covenant

Love is the spirit of this church, and service is its prayer.  
 This is our great covenant: to dwell together in peace,  
 to seek the truth in freedom, and to help one another.

## \*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and  
 De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5  
 faith a - rise; Let peace, good - will on earth be sung through  
 fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8  
 ev - ery land, by ev - ery tongue.  
 ca - da tie - rra, ca - da voz. A - men.

Reading “When we Pause to Remember...” by Rev. Alicia Forde

From “To Wake, To Rise: Meditations on Justice and Resilience”

Music *January Waltz*

Judi Morningstar  
 Eric Hamilton, guitarist

Times of Spoken and Silent Meditation

Rev. Laura Shennum

Music *Sakura*

Japanese folk song  
 Eric Hamilton, guitarist

## Offering

Our offering this morning will go towards the work and ministries of this church. To make a donation on Vanco ([bit.ly/uusfpayments](http://bit.ly/uusfpayments)) or using the Donate Button (below) & on our website, please select the “Offering” choice to make your gift. If you are sending a check, please mark in the memo today’s date and “special offering” 1-01-23.



DONATE

Offertory Music

*Omaggio a Debussy*  
*Olor a Cafe Negro*

M. DeFalla  
Nicaraguan folk song  
Eric Hamilton, guitarist

Beginning Anew

Rev. Laura Shennum

\*Hymn 1028

*The Fire of Commitment*

Jason Shelton

[\(CLICK HERE OR TURN TO PAGES 7, 8 & 9 TO VIEW HYMN\)](#)

\*Benediction

Rev. Laura Shennum

Postlude *Madronos*

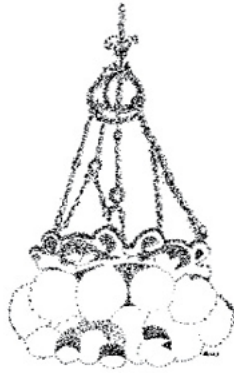
F. Moreno-Torroba  
Eric Hamilton, guitarist

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\*Please rise in body or spirit.







## PARTICIPANTS

### **Worship Leaders**

Rev. Laura Shennum, Minister of Congregational Life  
Mari Magaloni Ramos, Worship Associate

### **Sunday Support**

Shulee Ong; Eric Shackelford;  
Jackson Munn, Cameras  
Jonathan Silk, Communications Director  
Joe Chapot, Live Chat Moderator  
Thomas Brown, Sexton  
DeAndre Smith, Sexton  
Flowers by the Flower Committee  
Linda Messner, Head Usher

### **Musicians**

Eric Hamilton, Guitarist  
Wm. García Ganz, Pianist  
Ben Rudiak-Gould, Songleader

## ABOUT

Classical guitarist, **Eric Hamilton** has been in the music industry for the past 50 years. Along with decades as a performing guitarist, he is an expert stringed instrument technician currently acting as head of quality control and staff luthier for Lark in the Morning world instruments dealers in Berkeley CA. He has taught both privately and for public school districts in LA and Alameda counties and has recorded to date 15 albums of music for the guitar with multiple YouTube listings ([www.youtube.com/erichamiltonmusic](http://www.youtube.com/erichamiltonmusic)).

More information can be found at [www.erichamiltonmusic.com](http://www.erichamiltonmusic.com)

## Ring Out, Wild Bells

$\text{♩} = 132$

1. Ring out, wild bells, to the wild, wild sky, the fly - ing  
 2. Ring out the old, ring in the new, ring, hap - py  
 3. Ring out the grief that saps the mind for those that  
 4. Ring out false pride in place and blood, the civ - ic

cloud, the frost - y light: the year is dy - ing  
 bells, a - cross the snow: the year is go - ing,  
 here we see no more; ring out the feud of  
 slan - der and the spite; ring in the love of

in the night; ring out, wild bells, and let it die.  
 let it go; ring out the false, ring in the true.  
 rich and poor; ring in re - dress to hu - man - kind.  
 truth and right; ring in the com - mon love of good.

# 1028 The Fire of Commitment

*With joy and energy* ♩ = 150

Chord progression for piano accompaniment:

- Measure 1: Eb, Bb/D, Cm7, Eb/Bb, Ab, Bb
- Measure 2: Eb, Ab/Bb, Eb, Bb/D, Cm7, Bb
- Measure 3: Ab, Eb/G, Fm7, Bb, Eb, Bb/D

Vocal parts and lyrics:

1. From the light of days re-mem-bered burns a  
 (2. From the) stor-ies of our liv-ing rings a  
 (3. From the) dreams of youth-ful vis-ion comes a

bea-con bright and clear Guid-ing hands and hearts and  
 song both brave and free Call-ing pil-grims still to  
 new, pro-phet-ic voice Which de-mands a deep-er

*Note: The use of percussion is highly recommended.*

⊕ Words: Mary Katherine Morn, 1961 – and Jason Shelton, 1972 –

⊕ Music: Jason Shelton, 1972 – , © 2001 Jason Shelton

FIRE OF COMMITMENT, 8.7.8.7 with refrain

Cm7 Eb/Bb Db Ab Bb<sub>sus</sub> Bb Ab Bb  
 spir - its In - to faith set free from fear.  
 wit - ness to the life of lib - er - ty When the  
 jus - tice built by our cour - a - geous choice

Cm Bb Ab Eb/G Fm7 Eb/G  
 fire of com - mit - ment sets our mind and soul a -

Ab Bb<sub>sus</sub> Bb Cm Eb/G Ab Eb  
 blaze When our hun - ger and our pas - sion meet to

Db Ab Bb<sub>sus</sub> Bb Bb7 Cm Bb  
 call us on our way When we live with deep as -



$A^b$   $E^b/G$   $Fm7$   $E^b/G$   $A^b$   $B^b_{sus}$   $B^b$

sur - ance of the flame that burns with - in Then our

$Cm$   $E^b/G$   $A^b$   $E^b/G$   $Fm7$   $B^b$   $B^b_{sus}$

pro - mise finds ful - fill - ment and our fu - ture can be -

$E^b$   $B^b/D$   $Cm7$   $E^b/B^b$   $A^b$   $B^b$

gin.

$E^b$   $A^b/B^b$   $E^b(add9)$

1, 2  
 2. From the  
 3. From the

# Events, Meetings & Volunteer Opportunities ([www.uusf.org/news](http://www.uusf.org/news))

## **Sign Up to Volunteer for the Interfaith Food Pantry - Saturday, January 7 from 8:15 am to 11:15 am**

Join a wonderful community of volunteers every Saturday to feed our lower income neighbors. UUSF is leading the pantry crew on January 7, so this is a great time to connect with other members. Meet at Old First Presbyterian (Van Ness and Sacramento) from 8:15 - 11:15 am (or come early at 7:30 to help unload the truck). We will distribute food to 315+ households. If this is your first time, please introduce yourself to UUSF Coordinator **Hanna Hart** at [info@uusf.org](mailto:info@uusf.org). Sign-Up: <https://bit.ly/foodpantryuusf>  
Website: <https://www.uusf.org/foodpantry>

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## **Council of Committee Chairs Meeting - Sunday, January 8 at 12:30 pm in TSK Room**

On Sunday January 8th, we will be holding our next Council of Committee Chairs meeting after service. We'll set it up as a hybrid in-person and on zoom. We are building the agenda, so if you have something you'd like to bring to the other chairs, please let me know. Otherwise, look forward to an update on the budget as well as an update from the Journey to Wholeness.

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## **Newcomer Orientation - Sunday, January 8 at 12:30 pm in the Fireside Room**

Interested in learning more about Unitarian Universalism? Join us on January 8 after the service in the Fireside Room to meet some of our members and learn more about our congregation and Unitarian Universalism in the community.

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## **New UU: A Welcome Home - Sunday, February 12 at 12:30 pm at UUSF**

Join our new Minister for Congregational Life Rev. Laura Shennum for our New UU class! Held in-person at UUSF after worship, this interactive class will introduce you to Unitarian Universalism and our congregation. Registration now open! **Questions?** Contact Joe Chapot ([jchapot@uusf.org](mailto:jchapot@uusf.org) or call 415-590-7836) Register: <https://bit.ly/uusfnewuwwinter23>

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## **Black, Indigenous, & People of Color Gathering - February 5 from 9:30 am to 10:50 am, Stebbins Room**

The sacred space is open to our members and friends who are Black, Indigenous and People of Color. The meeting takes place by Zoom and in-person in the Stebbins Room on the first Sunday of every month often from 9:30-10:50am. If you are interested in attending or finding out more, please email [bipoc@uusf.org](mailto:bipoc@uusf.org). Please come join this space for joy, renewal, care and inspiration.

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# Adult Spiritual Growth Classes ([www.uusf.org/are](http://www.uusf.org/are))

## **"Left on Tenth: A Second Chance at Life: A Memoir" by Delia Ephron**

Led by Rev. Vanessa Rush Southern, Senior Minister

This is a story of enduring the loss of a spouse and a sister (so it is about enduring profound grief) and it is about illness (Delia Ephron is diagnosed with cancer) and it is about love so good for Mid-February! It is very readable and my best friend makes a cameo appearance so read it and come.

There are two opportunities to participate, both on Zoom.

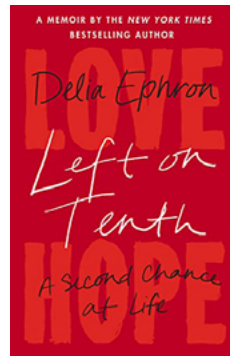
**Wednesday, February 15, 6:30-8:00 pm or**

**Thursday, February 16, noon-1:30 pm**

Register at <https://bit.ly/uusfmbgfeb23>

If you need help acquiring the book or purchasing it, please let us know at [info@uusf.org](mailto:info@uusf.org) for help.

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## **Morning Meditation**

Tuesdays & Thursday, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation

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## **Equanimity Practice**

Fridays, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.



# “Christmas Eve”

Saturday, December 24, 4:45 PM, 2022

First Unitarian Universalist Society of San Francisco

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# Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

## OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

## OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

For more about our congregation,  
please visit our website at [www.uusf.org](http://www.uusf.org).

First Unitarian Universalist Society of San Francisco  
1187 Franklin Street, San Francisco, CA 94109  
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