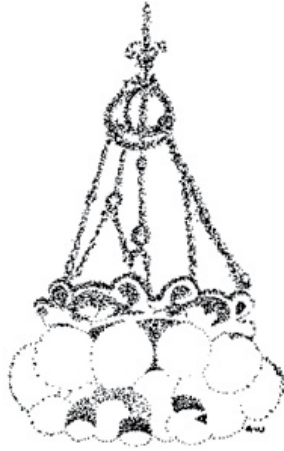


“Gaining Vision at the Edge of the Miraculous”

Sunday, January 22, 10:50 AM, 2023

First Unitarian Universalist Society of San Francisco





Order of Service
Sunday, January 22, 2023
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2023>

Welcome back to those returning to onsite Worship Service!

Please stay masked during the Worship Service and maintain social distance.

After service we invite you to convene for coffee hour in the Courtyard

or online on the 1st and 3rd Sundays of the month (<https://bit.ly/coffeeuu>)

Please be mindful of social distance and wear your mask when you are not eating or drinking.

Prelude *Song of Faith*
 The 23rd Psalm

Felix Mendelssohn
Harold Darke
Reiko Oda Lane, organist

Opening and Welcome

Sam King, Worship Associate

Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

[\(CLICK HERE OR TURN TO PAGES 6 & 7 TO VIEW HYMN\)](#)

Brief Invitations

Greeting One Another

Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Reading Lifting Our Voices #4, "We Touch the Floor" by Lisa Friedman

Music *L'dor vador*

Meir Finkelstein

Nancy Munn, soprano; UUSF choir conducted by Bill Ganz; Luis Maurer, pianist

Times of Spoken and Silent Meditation

Offering

Our offering this morning will go to offset the costs associated with our hosting of the **Winter Shelter** (<https://www.uusf.org/shelter>). Each year for over 30 years UUSF has hosted our homeless neighbors for between three weeks and a month during the winter season, in a program that is overseen by the San Francisco Interfaith Council. Daily members arrive early to prepare breakfasts and are part of the larger team that also prepares daily dinners. You can volunteer in this program but also help us provide for the stay with your donation to today's offering. To make a donation on Vanco (bit.ly/uusfpayments) or using the Donate Button (below) & on our website, please select the "Offering" choice to make your gift. If you are sending a check, please mark in the memo today's date and "special offering" 1-22-23.

[DONATE](#)

Offertory Music *Al Shlosha d'Varim*

Allan E. Naplan

Leandra Ramm, mezzo soprano; UUSF choir; Bill Ganz, conductor; Luis Maurer, pianist

Sermon "Gaining Vision at the Edge of the Miraculous"

Rabbi Jonthan Singer

*Hymn 20

Be Thou My Vision

SLANE

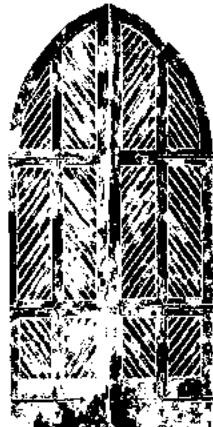
[\(CLICK HERE OR TURN TO PAGE 8 TO VIEW HYMN\)](#)

*Benediction

Postlude *Psalms 19*

Benedetto Marcello
Reiko Oda Lane, organist

*Please rise in body or spirit.





PARTICIPANTS

Worship Leaders

Rabbi Jonathan Singer, Guest Preacher
Sam King, Worship Associate

Sunday Support

Shulee Ong; Eric Shackelford; Jackson Munn, Livestream Cameras
Jonathan Silk, Communications Director
Joe Chapot, Live Chat Moderator
Thomas Brown, Sexton
Carrie Steere-Salazar, Flowers
Linda Messner, Head Usher

Musicians

Reiko Oda Lane, Organist
Bill Ganz, Conductor
Nancy Munn, Soprano
Leandra Ramm, Mezzo Soprano
Luis Maurer, Pianist
UUSF Choir

ABOUT

Rabbi Jonathan Singer is the Senior Rabbi of Congregation Emanu-El of San Francisco, sharing that title and responsibility with his wife Rabbi Beth Singer. He is originally from Upland, California, a graduate of Pomona College and received his rabbinic training at Hebrew Union College in Cincinnati, Ohio. He is in his tenth year at Emanu-El having previously held pulpits in Seattle, Washington and New Rochelle, New York. He loves San Francisco and is a big fan of our Senior Minister.

360 Here We Have Gathered

$\text{♩} = 76$

1. Here we have gath - ered, gath - ered side by side;
 2. Here we have gath - ered, called to cel - e - brate
 3. Life has its bat - tles, sor - rows, and re - gret:

cir - cle of kin - ship, come and step in - side!
 days of our life - time, mat - ters small and great:
 but in the shad - ows, let us not for - get:

May all who seek here find a kind - ly
 we of all a - ges, wom - en, chil - dren,
 we who now gath - er know each oth - er's

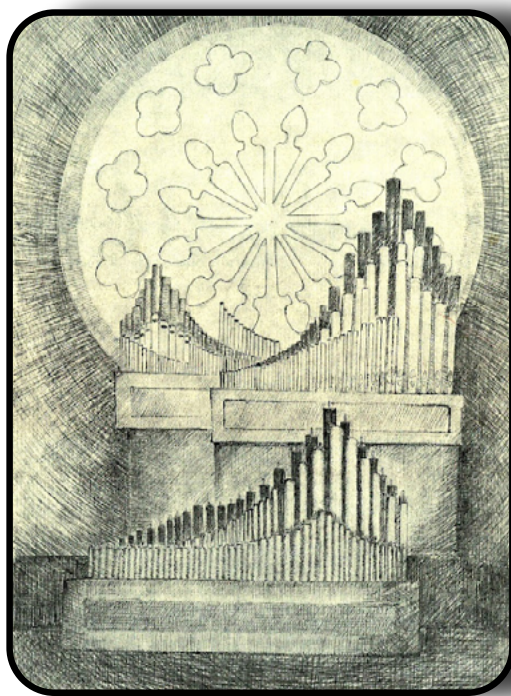
word; may all who speak here
 men, in - fants and sa - ges,
 pain; kind - ness can heal us:

⊕ Words: Alicia S. Carpenter, 1930- , © 1979 Alicia S. Carpenter
 Music: Genevan psalter, 1543

OLD 124TH
 10.10.10.10.10.

feel they have been heard. Sing now to -
 shar - ing what we can. Sing now to -
 as we give, we gain. Sing now in

geth - er this, our hearts' own song.
 geth - er this, our hearts' own song.
 friend - ship this, our hearts' own song.



Be Thou My Vision

20

♩ = 108 Unison

1. Be thou my vi - sion, O God of my heart;
 2. Be thou my wis - dom, and thou my true word;
 3. Rich - es I heed not, nor world's emp - ty praise,

naught be all else to me, save that thou art.
 I ev - er with thee and thou with me God;
 thou my in - her - i - tance, now and al - ways;

Thou my best thought, by day or by night,
 thou my soul's shel - ter, thou my high tower,
 thou and thou on - ly, first in my heart,

wak - ing or sleep - ing, thy pres - ence my light.
 raise thou me heav - en - ward, O Power of my power.
 Sov - 'reign of hea - ven, my trea - sure thou art.

Words: Ancient Irish, trans. by Mary E. Byrne, 1880–1931,
 versed by Eleanor H. Hull, 1860–1935, alt.

Music: Traditional Irish melody, harm. by Carlton R. Young, 1926– ,
 harmony renewal © 1992 Abingdon Press

SLANE
 10.10.9.10.

PRAISE AND TRANSCENDENCE

TODAY

Young Adult Lunch Outing - Sunday, January 22, 12:30 @ UUSF

Join fellow young adults for our monthly lunch outing. We will gather after Sunday worship service, pick a place to eat, and then walk over there. So come enjoy the 11am service and then join Maddy, Joe, old and new friends for a meal. This is a great opportunity to meet people in our community, whether you are brand new to UUism or a life-long member. We recommend bringing small bills or be prepared to use a money transfer service of your choice.

Faithful Fools Groupmuse - Sunday, January 22nd at 2:00 pm at 234 Hyde Street

Guitarist Ross Thompson and flutist Natalia Kaminska-Palarczyk formed Blue Heron Duo in 2011 and have performed in North America and Asia. The Blue Heron Duo performs a wide range of repertoire, including staple pieces for flute and guitar, but their true passion is collaborating with composers on new music. They have commissioned and premiered works in California and Korea, and are currently working on commissioning a program inspired by introspection. Their featured composers' music and composition process is heavily influenced by solitude and nature. Please sign up at <https://bit.ly/groupmuse-fools> (it costs \$5 to sign up and the musicians are paid by donation after the event when we pass the hat) because space is limited and Groupmuse requires guests to register in advance.

UPCOMING

Sign Up to Volunteer for the Interfaith Food Pantry - Saturday, January 28 from 8:15 am to 11:15 am

Join a wonderful community of volunteers every Saturday to feed our lower income neighbors. UUSF is leading the pantry crew on January 28, so this is a great time to connect with other members. Meet at Old First Presbyterian (Van Ness and Sacramento) from 8:15 - 11:15 am (or come early at 7:30 to help unload the truck). We will distribute food to 315+ households. If this is your first time, please introduce yourself to UUSF Coordinator Hanna Hart at info@uusf.org. Sign-Up: <https://bit.ly/foodpantryuusf>
Website: <https://www.uusf.org/foodpantry>

UUSF Women's Group Planning Forum! - Sunday, January 29, 9:30 am, TSK Room/Online

On January 29, there will be a forum hosted by the UUSF Women's Rights Group. A light breakfast will be served at 9am. An ecumenical group called SACReD is committed to ensuring reproductive justice for all women. We're organizing a meeting to go over the requirements for being a SACReD Congregation and what it means for UUSF. Before we may be designated, there must be a congregational vote. In order to understand more about SACReD, its guiding principles, and the procedures for attaining the designation, we hope that all UUSF members will attend this meeting.

Black, Indigenous, & People of Color Gathering - February 5 from 9:30 am to 10:50 am, Stebbins Room

The sacred space is open to our members and friends who are Black, Indigenous and People of Color. The meeting takes place by Zoom and in-person in the Stebbins Room on the first Sunday of every month often from 9:30-10:50am. If you are interested in attending or finding out more, please email bipoc@uusf.org. Please come join this space for joy, renewal, care and inspiration.

Newcomer Orientation - Sunday, February 5 at 12:30 pm in the Fireside Room

Do you want to learn more about Unitarian Universalism? Join us in the Fireside Room today after the service to meet some of our members and learn more about our congregation and Unitarian Universalism in the community.

New UU: A Welcome Home - Sunday, February 12 at 12:30 pm at UUSF

Join our new Minister for Congregational Life Rev. Laura Shennum for our New UU class! Held in-person at UUSF after worship, this interactive class will introduce you to Unitarian Universalism and our congregation. Registration now open! **Questions?** Contact Joe Chapot (jchapot@uusf.org or call 415-590-7836) Register: <https://bit.ly/uusfnewuwwinter23>

Volunteer Opportunity at the Interfaith Winter Shelter - February 13 to March 3

From February 13 to March 3, our community will once again host the Interfaith Winter Shelter. For more than 30 years, UUSF and other faith communities in the area have collaborated with the city to provide a safe, warm place to sleep, dinner, and breakfast to 60-70 of our unhoused neighbors during the coldest, wettest months. Many people in our community volunteer for this annual ministry, helping with food preparation, shopping, and hosting. Please join other members of our congregation to help our neighbors in need. If you have any questions or would like to volunteer your time and talents, please contact **Hanna Hart** at hanna@harts.net. Sign-ups will be available soon! Website: <https://www.uusf.org/shelter>

Adult Spiritual Growth Classes (www.uusf.org/are)

"Left on Tenth: A Second Chance at Life: A Memoir" by Delia Ephron

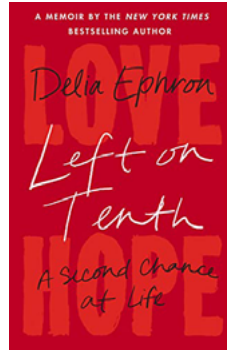
Led by Rev. Vanessa Rush Southern, Senior Minister

This is a story of enduring the loss of a spouse and a sister (so it is about enduring profound grief) and it is about illness (Delia Ephron is diagnosed with cancer) and it is about love so good for Mid-February! It is very readable and my best friend makes a cameo appearance so read it and come. There are two opportunities to participate, both on Zoom.

Wednesday, February 15, 6:30-8:00 pm or

Thursday, February 16, noon-1:30 pm

Register at <https://bit.ly/uusfmbgfeb23>



Morning Meditation

Tuesdays & Thursday, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation

Equanimity Practice

Fridays, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.



Remembering Donald Heyneman (1925-2022)

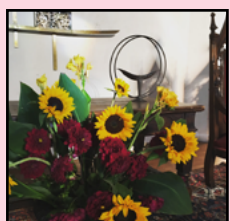
Saturday, February 18, 10:30 am, Sanctuary/Online

(<https://bit.ly/don-heyne-man-livestream>)

Donald Heyneman, PhD, touched the lives of family, friends, colleagues, students, and acquaintances with his kindness, warmth, humor, humility, and dedication to making our world a better place. On Saturday, February 18, the 98th anniversary of Don's birth, a memorial service honoring his life will be held in the Sanctuary at 10:30 a.m., and will be live streamed, followed by a reception in the King Rooms.

To learn more about Don Heyneman's incredible life, read his obituary

<https://bit.ly/Don-Heyneman-Obit>



You can have your flower dedication included in the Order of Service

The cost for a dedication is only \$25. Since 1902, the Flower Committee has been making flower arrangements for the Sanctuary on Sundays. A flower dedication can be made in honor of a loved one, and it will be listed in the Order of Service. Work with a member of the flower committee to find the arrangement that is right for you. Email jsilk@uusf.org for more information.

Website: <https://www.uusf.org/flowers>



“Once to every Soul and Nation...”

Sunday, January 15, 10:50 AM

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UUSF MEDIA

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Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

For more about our congregation,
please visit our website at www.uusf.org.

First Unitarian Universalist Society of San Francisco
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