# "Connection Through Sharing"

Sunday, August 27, 10:50 AM, 2023 First Unitarian Universalist Society of San Francisco





# Order of Service Sunday August 27, 2023 10:50 AM - 12:15 PM

#### Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <a href="https://bit.ly/uuconnections2023">https://bit.ly/uuconnections2023</a>

#### Welcome to the Worship!

UUSF will no longer require masks indoors on our premises, following the lead of the San Francisco Department of Health.

We do, however, encourage people to wear masks or do anything else that protects and respects their own health and comfort.

There is a designated mask-only area on the far right side of the Sanctuary.

Prelude Méditation from Thaïs Morning So Fair to See Jules Massenet Alice Jordan Reiko Oda Lane, organist

Opening Words and Welcome

Rev. Laura Shennum, Minister of Congregational Life

Unison Chalice Lighting

Daniel Jackoway, Worship Associate

We light this chalice for the light of truth, the warmth of love, and the fire of commitment.

We light this symbol of our faith as we gather together.

Ben Rudiak-Gould, songleader; Wm. Garcia Ganz, pianist

#### (CLICK HERE OR TURN TO PAGE 6 TO VIEW HYMN)

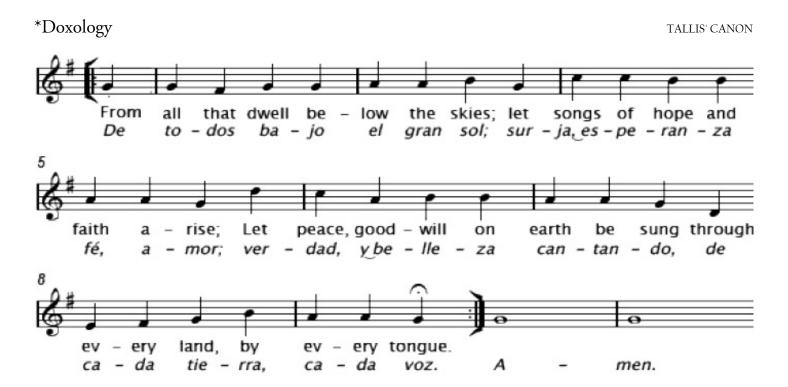
**Brief Invitations** 

Linda Enger, Board of Trustees

Greeting One Another

Unison Covenant Daniel Jackoway

Love is the spirit of this church, and service is its prayer. This is our great covenant: to dwell together in peace, to seek the truth in freedom, and to help one another.



Reflection

Megan Lehmer & Ralph Fenn, Small Group Ministries

Music Silent Noon

R. Vaughn Williams; Words by D.G. Rosetti Nancy Munn, soprano; Wm. Garcia Ganz, pianist

Time of Prayer/Meditation

Rev. Laura Shennum

#### Offering

This morning's offering will benefit the work and ministries of **First Unitarian Universalist Society of San Francisco (UUSF)**. Learn more at <a href="www.uusf.org/about">www.uusf.org/about</a>. To make a donation on Vanco (<a href="bit.ly/uusfpayments">bit.ly/uusfpayments</a>) or using the Donate Button (below) & on our website, please select the "Offering" choice to make your gift. If you are sending a check, please mark in the memo today's date 8-27-23 and "special offering".



Offertory Music I Got the Sun in the Morning from Annie Get Your Gun Irving Berlin Nancy Munn, soprano; Wm. Garcia Ganz, pianist

Sermon "Connections Through Sharing" Rev. Laura Shennum

Music The Peace of Wild Things composed by Gwyneth Walker (poem by Wendell Berry)

Nancy Munn, soprano; Wm. Garcia Ganz, pianist

When despair for the world grows in me and I wake in the night at the least sound in fear of what my life and my children's lives may be,
I go and lie down where the wood drake rests in his beauty on the water, and the great heron feeds.

I come into the peace of wild things who do not tax their lives with forethought of grief. I come into the presence of still water. And I feel above me the day-blind stars waiting with their light. For a time I rest in the grace of the world, and am free.

\*Hymn 354 We Laugh, We Cry CREDO

Ben Rudiak-Gould, songleader; Reiko Oda Lane, organist

(CLICK HERE OR TURN TO PAGES 7-9 TO VIEW HYMN)

\*Benediction

Postlude Allegro Maestoso

George Frideric Handel Reiko Oda Lane, organist

<sup>\*</sup>Please rise in body or spirit.

# **PARTICIPANTS**

#### Worship Leaders

Rev. Laura Shennum, Minister of Congregational Life Daniel Jackoway, Worship Associate Linda Enger, Board of Trustees Megan Lehmer & Ralph Fenn, Small Group Ministries

#### **Sunday Support**

Shulee Ong; Eric Shackelford, Cameras Jonathan Silk, Communications Director Matias Salazar, Sexton Judy Payne, Flowers Linda Messner, Head Usher

#### Musicians

Reiko Oda Lane, Organist Nancy Munn, Soprano Wm. Garcia Ganz, Pianist Ben Rudiak-Gould, Songleader

# SMALL GROUP MINISTRY

## Small Group Ministry Sign Ups!

Small Group Ministry is an ongoing program to help us deepen our connections to each other, grow spiritually and strengthen the First Unitarian Universalist Society of San Francisco community as a whole. Small groups of about ten people meet twice a month to share important parts of our lives. We practice deep listening, which enables us to form lasting friendships, build stronger community, and minister to each other.

Groups will meet starting in October and run through May. They will meet twice a month. If you are interested in participating, please register at the link provided. If you have questions, contact Rev. Laura at <a href="mailto:lshennum@uusf.org">lshennum@uusf.org</a>

Registration link: <a href="https://bit.ly/sgmuusf23">https://bit.ly/sgmuusf23</a>



# 346 Come, Sing a Song with Me



⊕ Words & music: Carolyn McDade, 1935- , © 1976 Surtsey Publishing Co.

A ROSE IN WINTER Irregular

# 354

# We Laugh, We Cry



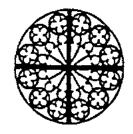
- ⊕ Words & music: Shelley Jackson Denham, 1950-, © 1980 Shelley Jackson Denham,
- harmony by Betsy Jo Angebranndt, 1931-, © 1992 Unitarian Universalist Association

CREDO Irregular



HERE AND NOW





# Events, Meetings & Volunteer Opportunities (www.uusf.org/news)

#### **TODAY**

#### Online Auction Starts in 3 Weeks! Time to Get Your Item into the Catalog! - www.bit.ly/UUAuction23

Have a favorite restaurant? Like partying with your friends? Have a service that you would like to offer? Ready to donate something nice to support our programs? Now is the time to put them online at <a href="https://bit.ly/UUAuction23">https://bit.ly/UUAuction23</a> then get your tickets. This year we will be donating \$5 from every ticket to "Maui Strong" to help disaster relief from Maui's fires. The Auction Committee met last Sunday, and here are a couple of areas we could use your support:

- 1. The authentic Hawaiian Luau will feature delectables such as Lomi Lomi Salmon, Poke, Poi, Haupia, Vegetarian Teriyaki Patties, side salads and dessert. We need volunteers to help Lori Lai with cooking on both Saturday and Sunday. Please contact Cheryl Deaner to schedule you at <a href="mailto:cdd.mft@gmail.com">cdd.mft@gmail.com</a>.
- 2. We need decorators. We have been extremely lucky to have Richard Davis as our set designer for the past few years, but he will not be able to do so this year. Please let us know if you would like to participate. You can email or call us or simply come visit our table today after church.

Mahalo from Co-chairs **Gino Fortunato** and **Gregory Stevens** (<u>gregorystevensw@gmail.com</u>) or Secretary **Cheryl Deaner** (<u>cdd.mft@gmail.com</u>, 415-282-2200)

#### Ukraine Day August 27 at Golden Gate Park Bandshell, 1:00pm

Free Ukrainian Culture Day "Golden Gate Park Band" Symphony in the Park! Be a Ukrainian advocate at this community celebration of music, dance and solidarity! Join the conversation on a "UU bench" to discuss our plans for a United Nations Sunday event at UUSF. (Look for Andrei in her red hat!) Contact: andreiglase@gmail.com

## **UPCOMING**

#### Black, Indigenous, & People of Color Gathering - Sept. 3 from 9:30 am to 10:50 am, Stebbins Room

This sacred space is open to our members and friends who are Black, Indigenous and People of Color. The meeting takes place by Zoom and in-person in the Stebbins Room on the first Sunday of every month from 9:30-10:50am. If you are interested in attending or finding out more, please email <a href="mailto:bipoc@uusf.org">bipoc@uusf.org</a>. Please come join this space for joy, renewal, care and inspiration.

#### From Wharf Rats to Lords of the Docks the Life and Times of Harry Bridges - Sept. 3, 12:30 pm, TSK Room

This one-man multi-media play written by and starring Ian Ruskin is a trip through some of America's most turbulent times with one of its most dynamic human beings as your guide. Harry Bridges believed that the most important word in the language of the working class is 'solidarity'. Admission is free and lunch will be available at a nominal cost.

#### Newcomer Orientation - Sunday, Sept. 10 at 12:30 pm in the Fireside Room

Do you want to learn more about Unitarian Universalism? Join us in the Fireside Room after the service to meet some of our members and learn more about our congregation and Unitarian Universalism in the community.

#### San Francisco: What's Its Future? Forum with Supervisor Dean Preston - Sept. 10, 9:00 am, TSK Room

At the same time, San Francisco has emerged as a leader in stopping pandemic related evictions, providing tenants facing displacement with free legal counsel, and working to reduce the number of homeless people living on our streets. Dean Preston serves on the San Francisco Board of Supervisors, representing District 5, which includes the Tenderloin, Fillmore, Western Addition, Hayes Valley, Lower Pacific Heights, Japantown, Alamo Square, North of Panhandle, Lower Haight, and Upper Haight.

#### Global Conversations at UUSF - Sunday, Sept. 10, 12:30 pm to 2:00 pm, MLK Room

The UUSF Human Rights Working Group announces a new interactive discussion series. The purpose of this new program series is to discuss cultural, economic, political, historical, and scientific issues that affect the whole international community. Attendees will participate with questions and their own ideas. UUSF members and the general public are encouraged to participate and on September 10, the topic will be **Evolving Ireland: What's New?** with **Horst Bansner** as our speaker.

# **HAPPENINGS**

#### 2023-24 Sunday School Registration Now Open!

We are getting ready to welcome back our children and youth for the 2023-24 program year! We have some fun plans in store and need your help in making sure we have enough teachers as well as supplies. Please register your child(ren) so we can provide the most rewarding experience! If you have questions, please contact Alicia Cover, Religious Education Coordinator at <a href="mailto:acover@uusf.org">acover@uusf.org</a>. Registration link: <a href="https://bit.ly/UUSFRE2023-24">https://bit.ly/UUSFRE2023-24</a>

#### Help Wanted!

Are you interested in getting more involved at UUSF? We need your involvement! The UUSF Nominating Committee is matching Church groups who need volunteers with members looking for ways to get more involved. Every opportunity is unique in terms of time commitment, prior experience/skills and subject matter - we're confident that there is an opportunity that will suit you! NEW!!!

The Personnel Committee is looking for members! The Personnel Committee assists Rev. Vanessa, Rev. Laura and Director Laura in fulfilling their responsibilities... Go to <a href="https://bit.ly/personneluusf">https://bit.ly/personneluusf</a> to learn more.

Please go to <a href="https://www.uusf.org/nominatingcommittee">https://www.uusf.org/nominatingcommittee</a> to access available opportunities, or email the UUSF Nominating Committee at <a href="NomCom@uusf.org">NomCom@uusf.org</a> for more information. Check out our "Help Wanted" bulletin board in the Church Gallery during coffee hour on Sundays after service! If you are a Church group looking for volunteers, email the Nominating Committee and we'll work with you to publicize your opportunity.

#### Sign Up to Volunteer for the Interfaith Food Pantry - September 23

Join fellow UUSF members and other community volunteers to help distribute groceries to 325+ households. This is a great opportunity for individuals and families to pitch in and help feed our community. Food prices are high and we are needed now as much as ever!

We lead the crew Saturday, September 23, and would love to have you join. Volunteer shifts start at 8:15 (or 7:30 if you can help unload the truck). Sign-up and more info can be found on our website (<a href="www.uusf.org/foodpantry">www.uusf.org/foodpantry</a>) or go to <a href="mailto:bit.ly/foodpantryuusf">bit.ly/foodpantryuusf</a>. If you have any questions, please contact Hanna Hart <a href="mailto:hanna@harts.net">hanna@harts.net</a> or Ben Bear <a href="www.uusf.org/foodpantry.net">welcome.corporate.overlords@gmail.com</a>

#### Did you know that UUSF Board of Trustees meetings are open to members?

Each month, our Board meeting begins with a place on the agenda for membership to address the Board. If you would like to attend a Board meeting, email <a href="mailto:secretary@uusf.org">secretary@uusf.org</a> or <a href="mailto:moderator@uusf.org">moderator@uusf.org</a> for instructions.

The next Board meeting takes place on Tuesday, September 19th at 6:30pm.

# Adult Spiritual Growth Classes (www.uusf.org/are)

#### Weekly Grief Group - Saturdays, 10am-11:30am, starting September 9

This group facilitated by Bruce Clements will meet weekly in the Fahs Room to create a space for conversation, community, and sharing about grief people are experiencing in their lives. This group is drop-in. If you have questions, contact Laura Shennum at <a href="mailto:lshennum@uusf.org">lshennum@uusf.org</a>. Bruce Clements grew up in New York City and graduated from Columbia College, Union seminary and the state university of New York at Albany. After serving a church in Schenectady, New York, for seven years, he taught writing and literature at Union College, Schenectady, and the state university of Connecticut.

#### Morning Meditation & Equanimity Practice

Morning Meditation - Tuesdays & Thursday, 8-8:30 am: A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation. Equanimity Practice - Fridays, 8-8:30 am: A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes. Both on Zoom: <a href="https://bit.ly/3A8Z173">https://bit.ly/3A8Z173</a>

# Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109 415-776-4580 / info@uusf.org

#### **OUR SOCIETY'S VISION**

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

#### **OUR SOCIETY'S MISSION**

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

#### **UUSF MEDIA**

You can listen to our sermon-only podcasts at <a href="https://bit.ly/SermonsUUSF">https://bit.ly/SermonsUUSF</a>

Visit <a href="https://bit.ly/ServicesUUSF">https://bit.ly/ServicesUUSF</a> to listen to our complete service podcasts

Watch our videos at http://www.youtube.com/c/UUSFMedia

Go to our website at <a href="https://www.uusf.org/">https://www.uusf.org/</a>

