

"Covenant: Laying the Foundation"



Sunday, January 21, 10:50 AM, 2024
First Unitarian Universalist Society of San Francisco

[\(CLICK HERE OR TURN TO PAGE 6 TO VIEW HYMN\)](#)

Brief Invitations

Jonah Berquist, Moderator

Greeting One Another

Story for All Ages *Recipe for a Covenant*

Rev. Laura Shennum

Unison Covenant

Mari Magaloni Ramos

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Reflection

Mari Magaloni Ramos

Anthem

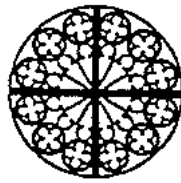
A Gaelic Blessing

John Rutter

Nancy Munn, soprano; Morgen Warner, soprano; Akane Ota, alto;
Ben Rudiak-Gould, tenor; Andrew Kessler, bass; Wm. García Ganz, accompanist

Time of Prayer/Meditation

Rev. Laura Shennum



PARTICIPANTS

Worship Leaders

Rev. Laura Shennum, Minister of Congregational Life
Mari Magaloni Ramos, Worship Associate
Jonah Berquist, Moderator

Sunday Support

Shulee Ong, Camera; Eric Shackelford, Camera; Jackson Munn, Camera
Jonathan Silk, Communications Director
Thomas Brown, Jose Matias Pineda, Francisco Castellanos, Sextons
Athena Papadakos, Flowers
Linda Messner, Head Usher

Musicians

Reiko Oda Lane, Organist
Nancy Munn, Soprano
Morgen Warner, Soprano
Akane Ota, Alto
Ben Rudiak-Gould, Tenor
Andrew Kessler, Bass
Wm. García Ganz, Pianist

INTERFAITH WINTER SHELTER

UUSF will once again be hosting the Interfaith Winter Shelter this year from February 12 to March 4.

A partnership among San Francisco Interfaith Council, the SF Department of Homeless Services, and Episcopal Community Services, the IWS operates in different area churches during the coldest, wettest months of the year, providing shelter and meals to homeless men and women each night. For 35 years, our congregation has hosted 60–70 guests—men and women—each night during the residency. It is an important ministry of the church and a vital service to the community.

We are looking for volunteers to help cook and serve breakfast Monday through Friday and folks who can help cook and serve dinner on six designated nights. We will also need volunteers to help with food procurement and with evening hosting. All volunteers must be vaccinated (boosters are advised!). We will be observing COVID protocols to make volunteering as safe as possible. If you are interested in volunteering in any capacity, follow this link to sign up, or you can contact **Gordon Sharafinski** at gsharaf@gmail.com, who will be coordinating volunteers, or **Hanna Hart** at hanna@harts.net. The shelter is always a favorite opportunity to make a difference!

Sign up at <https://bit.ly/UUSFIWS24> or scan the QR code.



361 Enter, Rejoice, and Come In

$\text{♩} = 112$

1. En - ter, re - joice, and come in.
 2. O - pen your ears to the song.
 3. O - pen your hearts ev - 'ry - one.

En - ter, re - joice, and come in.
 O - pen your ears to the song. To - day will be a
 O - pen your hearts ev - 'ry - one.

joy - ful day; en - ter, re - joice, and come in.

4. Don't be afraid of some change.
 Don't be afraid of some change.
 Today will be a joyful day;
 enter, rejoice, and come in.

5. Enter, rejoice, and come in.
 Enter, rejoice, and come in.
 Today will be a joyful day;
 enter, rejoice, and come in.

Words & music: Louise Ruspini
 ⊕ Arr. by Betty A. Wylder, 1923- , © 1992 Unitarian Universalist Association

REJOICE
 7.7.8.7.

ENTRANCE SONGS

Now Let Us Sing

368

$\text{♩} = 116$

1. Sing to the power of the
Now let us sing, sing,

faith with-in. Sing to the power of the
sing, sing. Now let us sing, sing,

faith with-in. Lift up your voice,
sing, sing. Lift up your voice, be not a -

be not a-fraid; sing to the power of the faith with-in.
afraid; now let us

2. Sing to the power of the hope within. . . .
3. Sing to the power of the love within. . . .
4. Sing to the power of the joy within. . . .

Words & music: Anonymous

ROBESON
Irregular

PRAISE SONGS AND DOXOLOGIES

TODAY!

Forum, January 21, 9:30 am: Humanizing Immigration with Bill Hing - Zoom: <https://bit.ly/uuforum-01-21-24>

After 50 years of practicing and teaching immigration law, **Professor Hing** advocates for the dismantling of the US immigration law and enforcement system. Relying on personal experiences and other reported examples, he will recount his experience interviewing children in border patrol detention, representing asylum seekers within a biased system, advocating against the deportation of longtime residents—some with a criminal history deserving of a second chance—and dealing with immigration judges who believe attempted rape is not persecution or threats to sick a dog on noisy children in the courtroom. He applauds those who are engaged in the disruption of the current system. Forum offers a light breakfast at 9:00 am. A light breakfast will be offered at 9:00 am. www.uusf.org/forum

Phone in at +1 669 444 9171. Meeting ID: 981 8713 7948, Passcode: 930854

Literarily Speaking/An Afternoon of Readings from UUSF Authors - Sunday, January 21, 12:30 pm in the TSK Room

Come enjoy lunch, readings, and discussions with UUSF authors. Readings from the works of **Dennis Adams, Sue Anthony, Bruce Clements, Robin Larsen, Kathleen McClung, and Bruce Neuburger**, with **Liz Strand** as our moderator.

HAPPENINGS

Congregational Covenanting Workshop - Saturday, January 27, 10:00 am to 3:00 pm, King Rooms

Lunch, light snacks, and childcare are provided. Teenagers are encouraged to participate.

January at UUSF is Covenant Month, focusing on the importance of covenant in fostering community cohesion and growth and culminating in the crafting of a new congregational covenant which will outline our expectations for communication and responsibilities.

Aisha Hauser, UU educator and consultant. will be present to guide us through the process. Since 2022 she has been providing support and advice as we work towards becoming a truly inclusive community.

All members and friends of the congregation are encouraged to attend. In the morning we will engage in world café style small group conversations followed by collectively reviewing our resulting conclusions and insights. The afternoon session will be spent condensing ideas, forming our covenant, and voting on the covenant.

Click or type (<https://bit.ly/4aS09Ox>) or scan the QR code to register for the Saturday gathering Registration Form or, even if you cannot be present, to share your ideas through a questionnaire. Covenant Questionnaire can be found at (<https://bit.ly/48P4LmG>).



Forum, Jan. 28 at 9 am (Breakfast). 9:30 am (event) : (YIMBY) Solutions to the SF Housing Shortage - www.uusf.org/forum

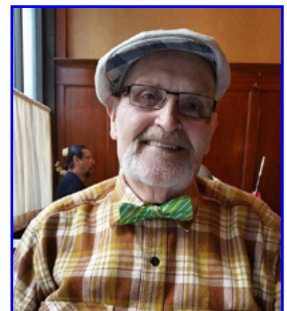
Have you ever wondered why it costs nearly \$1 million and four years to build a single affordable housing unit? In this talk, Jane Natoli from YIMBY Action will dive into what's preventing San Francisco from building the housing it desperately needs. We'll understand the impacts of low-density housing on the environment, homelessness, racial equity, and politics. We'll also explain why figures like Donald Trump and Tucker Carlson are so adamant about keeping the low-density housing laws that have led to racially discriminatory practices across the country.

<https://www.yimbyaction.org/>

Don Williams Memorial Service: Sunday, January 28, 2:00 pm, Sanctuary/Livestream

Don Williams, long time beloved member of UUSF and husband to David Jones, passed away surrounded by David's love early in the morning on Mon, Nov 6. There will be a service for Don at UUSF on Sunday, January 28 at 2:00 pm in the Sanctuary with a reception following. David welcomes cards. Any donations can be made to UUSF in Don's name.

YouTube Livestream: <https://bit.ly/donwilliamsmemorial-uusf>



NEW TO UU?

Newcomer Orientation - Sunday, February 4 at 12:30 pm in the Fireside Room

Do you want to learn more about Unitarian Universalism? Join us in the Fireside Room after the service to meet some of our members and learn more about our congregation and Unitarian Universalism in the community.

New UU: A Welcome Home - Sunday, February 4, 1:00 pm - 3:00 pm, Chapel (<https://bit.ly/newuu-2-4-24>)

Come to our New UU class with Rev. Laura Shennum! This participatory workshop, held at UUSF, will introduce you to Unitarian Universalism and our community. Please register by going to <https://bit.ly/newuu-2-4-24>. Questions? Laura can be reached at lshennum@uusf.org or 509-881-9658.

A Guide for Newcomers: What to Expect from Worship - <https://bit.ly/newcomersguide-uusf>

We will address inquiries such as: When are services held? Where are the services? Does attending the service require signing up? May I bring my children? And many more. Go to <https://bit.ly/newcomersguide-uusf>

Adult Spiritual Growth Classes (www.uusf.org/are)

LOVE AND DEATH - The Christian Scriptures for Skeptics, Seekers, and Religious Liberals

A Six-Week Online Course with Rev. John Buehrens. Monday Evenings, 7:00 pm to 8:30 pm, February 19 to March 25. This is quite unlike a traditional class in an orthodox Christian church during the season of Lent. Yet in 2024, Ash Wednesday, the start of that season, happens to fall on St. Valentine's Day, February 14. So perhaps we should ponder again a key assertion of the Christian mythos: Love Transcending Death. The final session is on Monday after Palm Sunday, starting what Christian tradition calls Holy Week. Each live session on Zoom will consist of three thirty-minute segments. The first will take up a key theme in the Christian scriptures, beginning with the meaning of the "Kingdom (or Commonwealth) of God" and the relationship between Jesus, John the Baptist, and the origins of the forty-day practice of Lent. The first key text will be the oldest and shortest of the gospel traditions, according to Mark. Participants will be encouraged (but not required) to read previous commentary by Rev. Buehrens in his book, *Understanding the Bible: An Introduction for Skeptics, Seekers, and Religious Liberals* (Beacon, 2004). Available through the UUA Bookstore, Beacon, Amazon, Thrift Books. Register at <https://bit.ly/loveanddeathuu24>

Minister's Book Group, led by special guest host Asani Seawell

Asani Seawell, a member of the UUSF, is going to lead the book group during the months of January and February while Rev. Vanessa is on sabbatical. Asani has picked *Tomorrow and Tomorrow: A Novel* by Gabrielle Zevin for January 2024 and *How We Fight for Our Lives: A Memoir* by Saeed Jones for February. Asani Seawell (she/her/hers) lives in Portland, OR, and has been a member of UUSF since January 2023. A lifelong lover of books, she spent her high school and college years as a library assistant and almost chose a career in library sciences before pursuing her degrees in psychology.

Rev. Vanessa Rush Southern returns in March to lead the book group for *Starry Messenger: Cosmic Perspectives on Civilization* by Neil deGrasse Tyson on March 20, 2024.

All sessions will be on Zoom only, and more information can be found below and to register go to <https://bit.ly/mbg1232024>
Questions? Email Alicia Cover at acover@uusf.org.

Tomorrow and Tomorrow and Tomorrow: A novel by Gabrielle Zevin - Wednesday, January 24, 6:30 pm, Zoom

This book is a multi-layered narrative that spans across three decades and follows the lives of Sam Masur and Sadie Green, two individuals who first bond over video games in a children's hospital. They cross paths again in college and develop a successful video game. Their complex and enduring relationship explores themes of identity politics and privilege as they navigate the ups and downs of friendship, creative partnership, and their professional journey in the gaming industry. Zevin uses the video game industry as a backdrop to explore broader themes such as sexism, disability, pain, loss, grief, and the human desire for second chances and reinvention (from sparknotesai.com).

How We Fight for Our Lives: A Memoir by Saeed Jones - Wednesday, February 28, 6:30 pm, Zoom

Haunted and haunting, *How We Fight for Our Lives* is a stunning coming-of-age memoir. Jones tells the story of a young, black, gay man from the South as he fights to carve out a place for himself within his family, within his country, and within his own hopes, desires, and fears. Through a series of vignettes that chart a course across the American landscape, Jones draws readers into his boyhood and adolescence—into tumultuous relationships with his family and into passing flings with lovers, friends, and strangers. Each piece builds into a larger examination of race and queerness, power and vulnerability, love and grief: a portrait of what we all do for one another—and to one another—as we fight to become ourselves.

Welcome to the First Unitarian Universalist Society of San Francisco

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415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

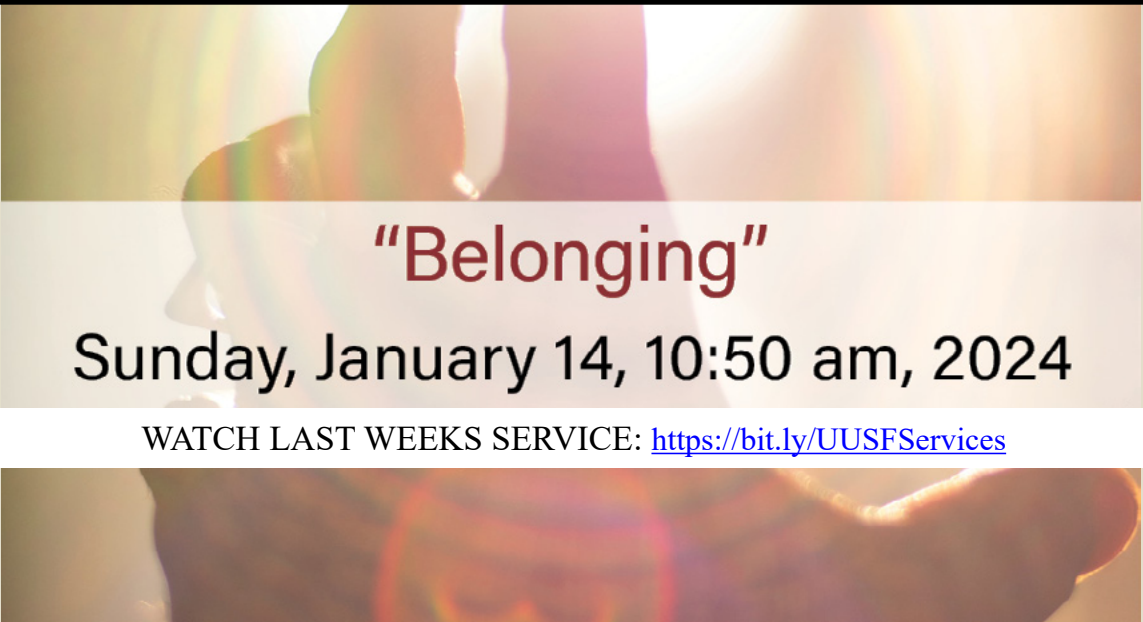
UUSF MEDIA

You can listen to our sermon-only podcasts at <https://bit.ly/SermonsUUSF>

Visit <https://bit.ly/ServicesUUSF> to listen to our complete service podcasts

Watch our videos at <http://www.youtube.com/c/UUSFMedia>

Go to our website at <https://www.uusf.org/>



"Belonging"

Sunday, January 14, 10:50 am, 2024

WATCH LAST WEEKS SERVICE: <https://bit.ly/UUSFServices>