



"Is it Pastoral Care, Pastorial Care, or Pastural Care?"

Sunday, February 4, 10:50 AM, 2024

First Unitarian Universalist Society of San Francisco



Order of Service
Sunday February 4, 2024
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2024>

A Guide for Newcomers! - What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

Welcome to Worship!

UUSF no longer requires masks indoors on our premises,
following the lead of the San Francisco Department of Health.

We do, however, strongly recommend people to wear masks
or do anything else that protects and respects their own health and comfort.
There is a designated mask-only area on the far right side of the Sanctuary.

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|---------|--|---|
| Prelude | <i>Wake Now My Senses</i> <i>Life Is the Greatest Gift of All</i> | Traditional Irish Melody/Dale Wood BROTHER JAMES' AIR/Harold Darke Reiko Oda Lane, organist |
|---------|--|---|

| | |
|---------------------------|--------------------|
| Opening Words and Welcome | Rev. Fred Rabidoux |
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Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

[\(CLICK HERE OR TURN TO PAGES 6 & 7 TO VIEW HYMN\)](#)

Brief Invitations

Galen Workman, Board of Trustees

Greeting One Another

Story for All Ages "The Elephant and The Dog"

Rev. Sonya Sukalski, Sabbatical Minister

From *Ancient Stories for Modern Times* Retold by Faye Mogensen

Unison Covenant

Sam King, Worship Associate

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

**Doxology

TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and
 De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
 faith a - rise; Let peace, good - will on earth be sung through
 fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
 ev - ery land, by ev - ery tongue.
 ca - da tie - rra, ca - da voz. A - men.

Responsive Reading 640

The Beatitudes Mathew and Luke

Rev. Fred Rabidoux

[\(CLICK HERE OR TURN TO PAGE 8 TO VIEW READING\)](#)

**Children/youth exit to classes during doxology.

*Hymn 1014

Answering the Call to Love

Jason Shelton

The promise of the Spirit:
 Faith, hope and love abide.
 And so every soul is blessed and made whole;
 The truth in our hearts is our guide.

Chorus

*We are answering the call of love,
 Hands joined together as hearts beat as one.
 Emboldened by faith
 we dare to proclaim
 We are answering the call of love.*

Sometimes we build a barrier
 to keep love tightly bound.
 Corrupted by fear,
 unwilling to hear,
 Denying the beauty we've found.

Chorus

A bright new day is dawning
 when love will not divide.
 Reflections of grace
 in every embrace,
 Fulfilling the vision divine.

Chorus

Time of Prayer/Meditation

Rev. Fred Rabidoux

Offering

This morning's offering will go towards UUSF's **Minster's Discretionary Fund**. The Minister's Discretionary Fund allows the ministers to help the congregation and people in our sphere to meet a challenging situation with resources that are not available in any other way. It could be gas money, food, help with visiting an ailing member of the community, or many other needs that come up suddenly. Your spirit of generosity lends vigor to our values and makes our love for the world tangible. To make a donation on Vanco (bit.ly/uusfpayments), using the Donate Button on our website, or by scanning the QR code below, please select the line for either Sunday Plate Offering or Special Sunday Offerings. The designation is important to ensure your gift gets applied correctly. If you are sending a check, please mark in the memo today's date, 02-04-24, "Sunday Plate"


 DONATE


Offertory

Wondrous Love
 arr. Alice Parker
 UUSF Choir, Mark Sumner, director

Sermon

Is it Pastoral Care, Pastorial Care, or Pastural Care?

Rev. Fred Rabidoux

Music *Lady of the Season's Laughter* arr. Mark Sumner
UUSF Choir, Mark Sumner, director; Wm. García Ganz pianist

*Benediction Rev. Fred Rabidoux

Postlude *La Beatitudo* Charles Piroye
Reiko Oda Lane, organist

*Please rise in body or spirit.

PARTICIPANTS

Worship Leaders

Rev. Fred Rabidoux, Guest Minister
Rev. Sonya Sukalski, Sabbatical Minister
Sam King, Worship Associate
Galen Workman, Board of Trustees

Sunday Support

Shulee Ong, Camera; Eric Shackelford, Camera; Jackson Munn, Camera
Jonathan Silk, Communications Director
Thomas Brown, Jose Matias Pineda, Francisco Castellanos, Sextons
Carrie Steere-Salazar, Flowers
Linda Messner, Head Usher

Musicians

Reiko Oda Lane, Organist
UUSF Choir
Mark Sumner, Music Director
Wm. García Ganz pianist

ABOUT

Rev. Fred Rabidoux has been a member of UUSF since 1996 and volunteered at the reception desk for quite a while before attending Starr King School for the Ministry in September 1999, from which he graduated in 2003. He was among the first board members of the then newly formed Faithful Fools and was an active Fool for many years, volunteering in the Fools' bible study program until the COVID-19 pandemic resulted in the discontinuation of the bible study program. In the congregation's first Fools Ordination in April 2004, Rev. Rabidoux received his ordination from UUSE. Alex Darr led a Fools' processional into the sanctuary while standing on stilts. He served as Pastoral Care Minister on an interim basis in the summer of 2006 and then filled that position permanently for several years along with Senior Minister Greg Stewart. That ministry ended in 2012, when Fred retired. He remained active in volunteering in a pastoral care capacity and is currently a member of the church's Lay Chaplains. He resides in San Francisco and shares his home with his faithful dog, Anchor.

208 Every Time I Feel the Spirit

♩ = 116

Ev - 'ry time I feel the Spir - it mov - ing

in my heart, I will pray. Yes, ev-'ry time I feel the

Spir - it mov - ing in my heart, I will pray. *Fine*

1. Up - on the moun - tain, my God spoke, o'er the
2. The Riv - er Jor - dan runs right cold, chills the

Words: African American spiritual, c. 1750-1875

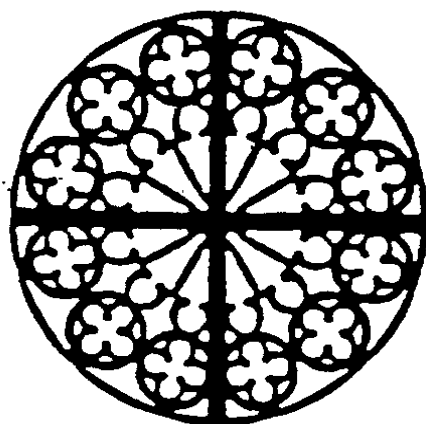
Music: African American spiritual, adapt. and arr. by William Farley Smith,
1941- , © 1989 The United Methodist Publishing House

PENTECOST
Irregular

mount came fire and smoke. All a-round me looks so
bod - y, not the soul. Ain't but one train on this

shine, ask my God if all was mine.
track, runs to heav - en and right back.

D.C. al Fine



640

THE BEATITUDES

Blessed are you poor. The realm of God is yours.

Blessed are you who hunger today. You shall be satisfied.

Blessed are you who weep today. You shall laugh.

Blessed are the humble. They will inherit the earth.

Blessed are the merciful. They will find mercy.

Blessed are the peacemakers. They will be ranked as children of God.

You are the salt of the earth. And if salt become tasteless, how is its saltiness to be restored? It is good for nothing.

You are the light of world. When a lamp is lit, it is not put under a bushel, but on the lampstand, where it gives light to everyone in the house.

MATTHEW AND LUKE

TODAY!

Forum, Feb. 4 at 9 am (Breakfast). 9:30 am (event begins): Reproductive Rights & Planned Parenthood - www.uusf.org/forum

Christian Garcia is VP of Government Relations and Communications at Planned Parenthood Northern California. He will be speaking about Reproductive Justice and how we, as a community, can become active in ensuring all residents of the US have access to a full range of reproductive health care. This Forum event will be hosted by our Women's Rights Group. Zoom: <https://bit.ly/uuforum-02-04-24>
You can phone in at +1-719-359-4580. Meeting ID: 992 5059 2654, Passcode: 364458

Monthly Parent/Guardian Group - 1st Sundays during worship (Sun, Feb 4)

Facilitated by Rev. Laura Shennum, Minister of Congregational Life. Parents and guardians gather on the first Sunday after the doxology in the Fahs room to check in about our roses/thorns and offer each other support as well as resources. If you have any questions, contact Rev. Laura at lshennum@uusf.org.

Newcomer Orientation - Sunday, February 4 at 12:30 pm in the Fireside Room

Do you want to learn more about Unitarian Universalism? Join us in the Fireside Room after the service to meet some of our members and learn more about our congregation and Unitarian Universalism in the community.

Come to an Art-making Art Reception - Sunday, February 4, 12:30 pm, King Rooms

Can you draw a dragon? Come to the reception for the Children's Multicultural Museum art show and make a dragon card to celebrate the Chinese Lunar New Year! Bring snacks to share for the reception and enjoy the retrospective of over 20 years of children's art that has been exhibited "in the round" on a holiday tree at Davies Symphony Hall.

Also, visit the TSK Room Book Corner, which is available to everyone on the first Sunday of the month!



New UU: A Welcome Home - Sunday, February 4, 1:00 pm - 3:00 pm, Chapel

Come to our New UU class with Rev. Laura Shennum! This participatory workshop, held at UUSE, will introduce you to Unitarian Universalism and our community.

EXTRAVAGANZA OF JOY!



Friday, February 9, 6pm to 9pm!

It's back! We are gearing up for the next Extravaganza of Joy! We will have a potluck dinner, followed by pub-style trivia. Create a team of your own to compete, or create a team onsite. There will be prizes! All ages are encouraged to attend!

Register at <https://bit.ly/UusfJoy020924>.

If you have any questions, email **Alicia Cover** at acover@uusf.org.



HAPPENINGS

UUSF will once again be hosting the Interfaith Winter Shelter this year from February 12 to March 4.

A partnership among San Francisco Interfaith Council, the SF Department of Homeless Services, and Episcopal Community Services, the IWS operates in different area churches during the coldest, wettest months of the year, providing shelter and meals to homeless men and women each night. We are looking for volunteers to help cook and serve breakfast Monday through Friday and folks who can help cook and serve dinner on six designated nights. We will also need volunteers to help with food procurement and with evening hosting. If you are interested in volunteering in any capacity, follow this link to sign up, or you can contact **Gordon Sharafinski** at gsharaf@gmail.com, who will be coordinating volunteers, or **Hanna Hart** at hanna@harts.net. The shelter is always a favorite opportunity to make a difference! Sign up at <https://bit.ly/UUSFIWS24> or scan the QR code.



Monthly Grief Group - 1st Wednesday of the Month from 7-8:30pm on Zoom

Facilitated by Rev. Laura Shennum, Minister of Congregational Life. This is a monthly drop-in group for those who need support with grief or loss. The first meeting will be Wednesday, February 7. To receive the zoom link, please register at <https://bit.ly/UusfGriefGroup>. If you have any questions, contact Rev. Laura at lshennum@uusf.org.

Young Adult Lunch (and meeting Emma) - Sunday, February 11 at 12:30 pm in the Fireside Room

Calling all Young Adults to get together for the first time in 2024 to connect, catch up, and meet **Emma Wakeling**, who recently joined as Membership and Young Adult Manager. It will also be a chance to share ideas about the Young Adult Group's activities for the year ahead. Light snacks will be provided. Please RSVP so we can gauge numbers using this form at <https://bit.ly/UusfYoungAdultsLunch>. Reach out to Emma if you'd like to connect before the event or with any thoughts or questions: ewakeling@uusf.org.



Adult Spiritual Growth Classes (www.uusf.org/are)

LOVE AND DEATH - The Christian Scriptures for Skeptics, Seekers, and Religious Liberals

A Six-Week Online Course with Rev. John Buehrens. Monday Evenings, 7:00 pm to 8:30 pm, February 19 to March 25. This is quite unlike a traditional class in an orthodox Christian church during the season of Lent. Yet in 2024, Ash Wednesday, the start of that season, happens to fall on St. Valentine's Day, February 14. So perhaps we should ponder again a key assertion of the Christian mythos: Love Transcending Death. The final session is on Monday after Palm Sunday, starting what Christian tradition calls Holy Week. Each live session on Zoom will consist of three thirty-minute segments. The first will take up a key theme in the Christian scriptures, beginning with the meaning of the "Kingdom (or Commonwealth) of God" and the relationship between Jesus, John the Baptist, and the origins of the forty-day practice of Lent. The first key text will be the oldest and shortest of the gospel traditions, according to Mark. Participants will be encouraged (but not required) to read previous commentary by Rev. Buehrens in his book, *Understanding the Bible: An Introduction for Skeptics, Seekers, and Religious Liberals* (Beacon, 2004). Available through the UUA Bookstore, Beacon, Amazon, Thrift Books. Register at <https://bit.ly/loveanddeathuu24>

Minister's Book Group, led by special guest host Asani Seawell

Asani Seawell, a member of the UUSF, is going to lead the book group in February while Rev. Vanessa is on sabbatical. Asani has picked *How We Fight for Our Lives: A Memoir* by **Saeed Jones** for February. Asani Seawell (she/her/hers) lives in Portland, OR, and has been a member of UUSF since January 2023. A lifelong lover of books, she spent her high school and college years as a library assistant and almost chose a career in library sciences before pursuing her degrees in psychology.

How We Fight for Our Lives: A Memoir by Saeed Jones - Wednesday, February 28, 6:30 pm, Zoom

Haunted and haunting, *How We Fight for Our Lives* is a stunning coming-of-age memoir. Jones tells the story of a young, black, gay man from the South as he fights to carve out a place for himself within his family, within his country, and within his own hopes, desires, and fears. Through a series of vignettes that chart a course across the American landscape, Jones draws readers into his boyhood and adolescence—into tumultuous relationships with his family and into passing flings with lovers, friends, and strangers. Each piece builds into a larger examination of race and queerness, power and vulnerability, love and grief: a portrait of what we all do for one another—and to one another—as we fight to become ourselves.

This session will be on Zoom only, and more information can be found below and to register go to <https://bit.ly/mbg1232024>. Questions? Email Alicia Cover at acover@uusf.org.

Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

UUSF MEDIA

You can listen to our sermon-only podcasts at <https://bit.ly/SermonsUUSF>

Visit <https://bit.ly/ServicesUUSF> to listen to our complete service podcasts

Watch our videos at <http://www.youtube.com/c/UUSFMedia>

Go to our website at <https://www.uusf.org/>



"Thus Do We Covenant"

Sunday, January 28, 10:50 am, 2024

WATCH LAST WEEKS SERVICE: <https://bit.ly/UUSFServices>