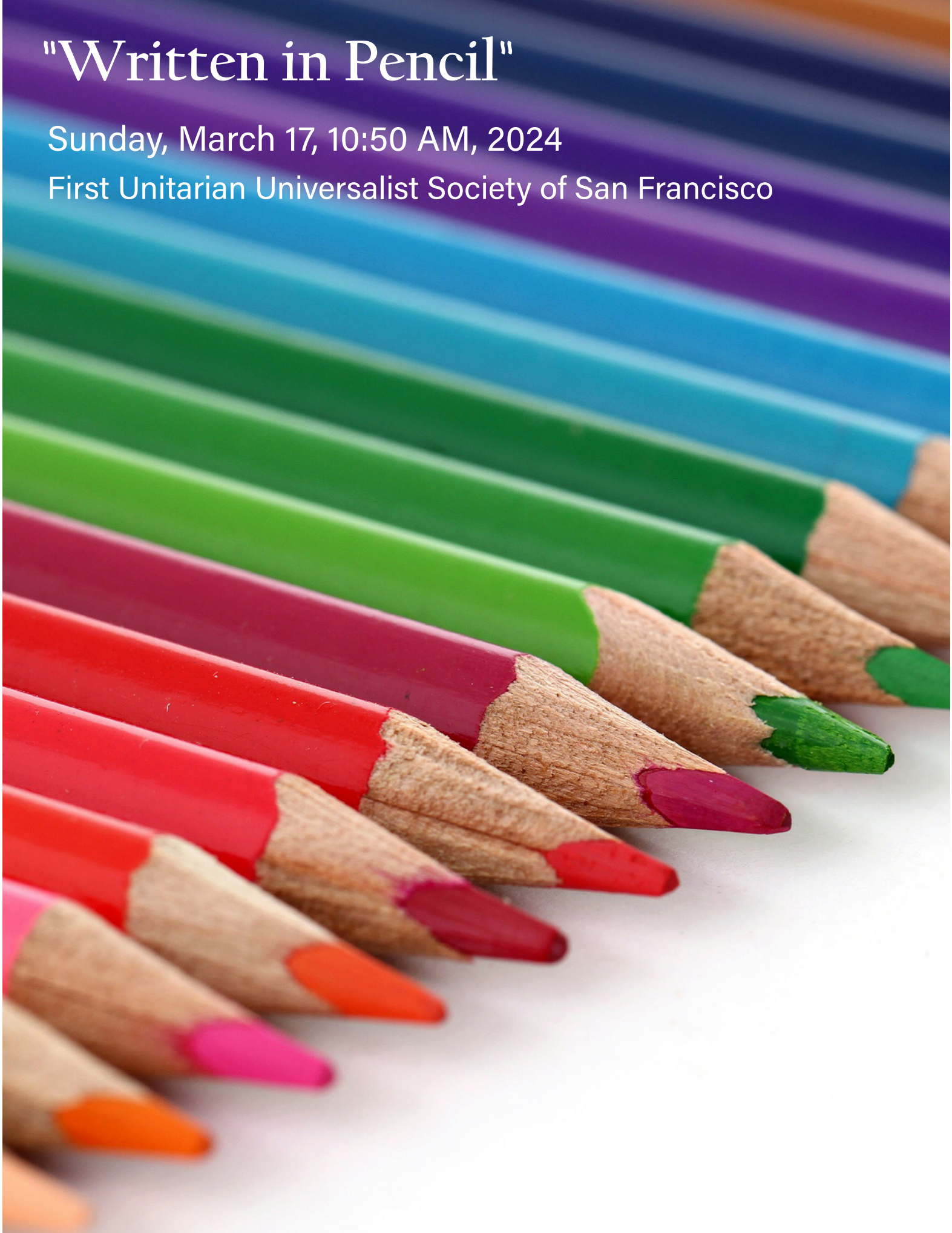


# "Written in Pencil"

Sunday, March 17, 10:50 AM, 2024

First Unitarian Universalist Society of San Francisco





**Order of Service**  
**Sunday March 17, 2024**  
**10:50 AM - 12:15 PM**

Livestreamed at [bit.ly/uusfmedia](https://bit.ly/uusfmedia)

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2024>

A Guide for Newcomers! - What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

**Welcome to Worship!**

UUSF no longer requires masks indoors on our premises,  
following the lead of the San Francisco Department of Health.

We do, however, strongly recommend people to wear masks  
or do anything else that protects and respects their own health and comfort.  
There is a designated mask-only area on the far right side of the Sanctuary.

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Prelude      *Happy the Home Where Love Abides*  
                  *Fuga - Ciacona Variations in D Minor*

Alice Jordan  
Johann Pachelbel  
Reiko Oda Lane, organist

Opening Words and Welcome

Rev. Vanessa Rush Southern, Senior Minister

Unison Chalice Lighting

We light this chalice for the light of truth,  
the warmth of love,  
and the fire of commitment.  
We light this symbol of our faith  
as we gather together.

\*Hymn 300

*With Heart and Mind*

MACH'S MIT MIR, GOTT

[\(CLICK HERE OR TURN TO PAGES 6 & 7 TO VIEW HYMN\)](#)

Greeting One Another

Story for All Ages "It's Not What You Believe, But How" by Gary Kowalski Rev. Laura Shennum  
Minister of Congregational Life

Unison Covenant

Love is the spirit of this church, and service is its prayer.  
This is our great covenant: to dwell together in peace,  
to seek the truth in freedom, and to help one another.

\*\*Doxology

TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and  
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5  
faith a - rise; Let peace, good - will on earth be sung through  
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8  
ev - ery land, by ev - ery tongue.  
ca - da tie - rra, ca - da voz. A - men.

Canvass Testimonials

Greggory Stevens and Nancy Munn

Music *Love is Love is Love*

words and music, Abbie Betinis  
UUSF Choir, Mark Sumner, director

Time of Prayer/Meditation

Rev. Cheryl M. Walker, Guest Minister

\*\*Children/youth exit to classes during doxology.



# PARTICIPANTS

## Worship Leaders

Rev. Cheryl M. Walker, Guest Minister  
Rev. Vanessa Rush Southern, Senior Minister  
Rev. Laura Shennum, Minister of Congregational Life  
Greggory Stevens and Nancy Munn, Canvass Testimonials  
Galen Workman, Trustee

## Sunday Support

Shulee Ong, Camera; Eric Shackelford, Camera; Jackson Munn, Camera  
Jonathan Silk, Communications Director  
Thomas Brown, Jose Matias Pineda, Francisco Castellanos, Sextons  
Athena Papadakos, Flowers  
Linda Messner, Head Usher

## Musicians

Reiko Oda Lane, Organist  
UUSF Choir  
Mark Sumner, Music Director  
Wm. García Ganz, Pianist

# ABOUT

I (Rev. Cheryl M. Walker) was born and raised in the East Harlem section of New York City. My parents both worked outside of the home; my dad worked for the Metropolitan Transit Authority, and my mom worked in a Head Start Center (she eventually became the Director after she graduated from college, a year before I did). I am the third of their four children. My mother was a Southerner and my father a New Yorker, so I learned to navigate different cultures at an early age.

I loved growing up in New York with all of its diversity. There were people speaking different languages, who ate different foods, celebrated different holidays. I learned to love our differences and not fear them. I also gained an early sense of independence as I did not need a car or driver's license to go places. That, too, stays with me.

I was raised as a Muslim, which imbued me with an ontological security in who I was as an African American. Eventually, I found Islam's tent too small, and I searched for a new faith home. It would take me 30 years to find Unitarian Universalism. I still keep some of the practices from my faith background; I pray five times a day or more, and I don't eat pork.

After graduating college, I began a career in technology, primarily on Wall Street. Working in corporate America gave me the ability to help my family financially, and I gained analytical and managerial skills. It was a good career for 25 years, but eventually I felt a call to serve humanity and my God through Unitarian Universalist ministry.

In 2004, I graduated from Union Theological Seminary in New York and was the recipient of the Maxwell Fellowship for the promise of excellence in ministry. Shortly before I graduated, I met Elizabeth, and we have been together ever since.

For four years, I served as the assistant Minister at the Unitarian Church of All Souls of New York, and for the past thirteen years, I have been the solo Minister of the Unitarian Universalist Congregation of Wilmington.

Elizabeth and I live with two cats, Ntohzake and Octavia. We are both very close to our families of origin and our families of choice. For fun, we love to travel, see movies, and play miniature golf. I am also a die-hard baseball fan of the New York Yankees.



## With Heart and Mind

$\text{♩} = 88$

1. With heart and mind and voice and hand may  
 2. A mind that's free to seek the truth; a  
 3. A heart that's kind, a heart whose search makes

we this time and place tran - scend to  
 mind that's free in age and youth to  
 Love the spir - it of our church, where

make our pur - pose un - der - stood: a  
 choose a path no threat im - pedes, wher -  
 we can grow, and each one's gift is

mor - tal search for mor - tal good, a  
 ev - er light of con - science leads. Our  
 sanc - ti - fied, and spir - its lift, where

⊕ Words: Alicia S. Carpenter, 1930- , © 1990 Alicia S. Carpenter  
 Music: Johann Hermann Schein, 1686-1630, harmony by  
 J. S. Bach, 1685-1750

MACH'S MIT MIR, GOTT  
 8.8.8.8.8.8.

firm com - mit - ment to the goal of  
 mar - tyrs died so we could be a  
 ev - ery door is o - pen wide for

jus - tice, free - dom, peace for all.  
 church where ev - ery mind is free.  
 all who choose to step in - side.



# 1017 Building a New Way

*Swing 128*  
 Rock feel, swing eighths ♩ = 116

Cm7

1. We are build - ing  
 (2. We are work) - ing

G7

- a new way. — We are build -  
 - to be free. — We are work -

G7sus

ing — a new way. —  
 ing — to be free —

Words & music: Martha Sandefer, 1952 - , © 1986 Martha Sandefer,  
 ⊕ arr. Jim Scott, 1946 -



Building a New Way - 2

Cm7

We are build - ing a new way, ——— feel - ing strong -  
 We are work - ing to be free ——— hate and greed

Fm7

Cm7

er ev' - ry day, ——— We are build - ing —  
 — and jeal - ous-y. ——— We are work - ing —

G7

Cm7

1, 2, 3  
G 7(#9)

4  
Cm9

—— a new way. ———  
 —— to be free. ———

2. We are work  
 3. We can feed  
 4. Peace and free -

3. We can feed our every need (3X)  
 Start with love, that is the seed.  
 We can feed our every need.

4. Peace and freedom is our cry (3X)  
 Without these this world will die.  
 Peace and freedom is our cry.

## UUSF Annual Operating Fund Pledge Drive for 2024-25

It's Pledge Season! March is the UUSF Annual Operating Fund Pledge Drive for 2024-25. Members, friends, and visitors alike make financial commitments to our community, enabling our ministry to flourish. Learn more about the drive at the Pledge Table in the gallery, after worship. To make your pledge go to <https://bit.ly/Pledgeuusf24-25>

<https://www.uusf.org/pledge>



## Events, Meetings & Volunteer Opportunities ([www.uusf.org/news](http://www.uusf.org/news))

### TODAY!

#### **Real Solutions to San Francisco's Shortage of Affordable Housing - Sunday Forum, March 17, 9:30 am TSK Room**

San Francisco's housing development faces political issues, with market-rate housing being unaffordable for most residents. Calvin Welch, former Program Director and President of the San Francisco Information Clearinghouse, questions the dangers of unregulated policies and suggests solutions. A light breakfast will be offered at 9:00 am. Zoom: <https://bit.ly/uuforum-03-17-24>. You can phone in at +1 669 444 9171. Meeting ID: 946 1659 7146, Passcode: 265935 For more info please go to <https://www.uusf.org/forum>

#### **Stop by the Kings Gallery to see the new artwork on display until April 29!**

From March 10 to April 29, the UUSF Art Committee is featuring the artist **Charles Dabo**. Mr. Dabo aims to create artwork that connects to his cultural heritage and encourages contemplation and interest in various aspects. He uses geometric shapes in abstract compositions to explore optical illusions and traditional wisdom. Charles' work is characterized by vivid colors, stylized mythical animals, and geometric shapes associated with West African proverbs and legends.

### HAPPENINGS

#### **Effective Altruists meet Unitarian Universalists! Saturday, March 23, 1:00 to 3:00 pm**

UUSF is hosting a hangout and chat event with the UUSF 20s and 30s Community, organized by Ruth Wong. The event aims to teach effective altruism and introduce others to Unitarian Universalism, focusing on humanity and making the world a better place. Light vegan Thai food will be provided, and kids are welcome. The event is a great opportunity to learn about effective altruism and introduce others to Unitarian Universalism. The church has an outdoor playground and attendees are encouraged to bring drinks or snacks to share. This event is also posted on Facebook; please RSVP there: <https://bit.ly/3Pk6f12> For those new to effective altruism: <https://www.effectivealtruism.org/>

# HAPPENINGS

## **The Pagan Interest Circle (PICT) is inviting attendees to a Springtime Ritual on the Eve of the Full Moon, Saturday, March 23 at 7:00 pm in the Chapel**

On March 19th, Ostara, the Spring Equinox, occurs in the Northern Hemisphere. The sun's zenith marks the beginning of the day and night, with the earth awakening with more sunlight and heat. This Full Moon after the Vernal Equinox is an auspicious time to plant seeds, focusing on abundance, balance, change, fertility, and growth. A ritual will work magic to create these benefits. You are welcome to bring a non-alcoholic beverage and/or finger food to share in fellowship after the ritual. For more information, contact Megan Stoddard at [mstodd1@hotmail.com](mailto:mstodd1@hotmail.com).

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## **Open Door Legal - Forum with Adrian Tirtanadi - Sunday, March 24, 9:30 am TSK Room**

Open Door Legal (ODL) is a nonprofit organization that has been working to create the first system of universal access to legal care in San Francisco. The organization aims to end injustices such as domestic violence, wage theft, wrongful foreclosures, and illegal expropriation, which are the most prevalent issues in the United States. The organization believes that universal access to civil legal representation is the most cost-effective way to address poverty and can save the city up to \$4 on emergency services for every \$1 spent on its implementation. Open Door Legal operates as a "general hospital" in this system, focusing on building a layer of triage and general practice. Adrian Tirtanadi, a summa cum laude graduate of the University of Maryland, was inspired to think systemically about poverty and find solutions. After graduating law school, he founded ODL, which has grown almost 200 times in 10 years. Over the past decade, ODL has secured over 50 million dollars in assets for low-income communities of color, with employee satisfaction rates in the top 5% of all US workplaces. A light breakfast will be offered at 9:00 am. Zoom: <https://bit.ly/uuforum-03-24-24>. You can phone in at +1 669 444 9171. Meeting ID: 936 3244 9750, Passcode: 609122 For more info please go to <https://www.uusf.org/forum>

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## **An All-Ages Sangha in the Thich Nhat Hanh Plum Village Tradition - Fridays from 4:30 pm to 6:00 pm, Chapel**

We are happy to announce that a new weekly Buddhist meditation group is coming to UUSF. We are the Home Within Sangha—a local San Francisco community of meditation practitioners in Zen Master Thich Nhat Hanh's engaged Plum Village tradition. No experience is necessary. Come to 1187 Franklin Street, and someone will let you in at the glass doors. To join our mailing list, visit <https://bit.ly/SangaGroupUUSF> and click "Ask to join group" All are welcome. We hope to see you there!

## **Adult Spiritual Growth Classes ([www.uusf.org/are](http://www.uusf.org/are))**

### **Minister's Book Group, led by Rev. Vanessa Rush Southern**

Rev. Vanessa Rush Southern will host a Zoom discussion on March 20 at 6:30 pm regarding the book *Starry Messenger: Cosmic Perspectives on Civilization* by Neil deGrasse Tyson. You will find additional details regarding the book as well as a registration link below.

Dr. Tyson, director of the Hayden Planetarium at the American Museum of Natural History, has been serving since 1996. He is also the host and cofounder of the popular podcast *StarTalk*, which combines science, humor, and pop culture. Dr. Tyson is a recipient of 21 honorary doctorates, the Public Welfare Medal from the National Academy of Sciences, and the Distinguished Public Service Medal from NASA. Asteroid 13123 Tyson is named in his honor. Galileo Galilei's publication *Sidereus Nuncius* in 1610 brought cosmic truths to Earth, including observations of the Sun, Moon, stars, planets, and the Milky Way. The book emphasized that human eyes alone cannot reveal fundamental truths about nature and that Earth is not the center of all motion. These cosmic perspectives prompted people to rethink their relationships to one another, Earth, and the cosmos. Join the starry adventure outward and inward guided by Dr. Tyson!

This session will be on Zoom only, and more information can be found below and to register go to <https://bit.ly/mbg1232024>  
Questions? Email Alicia Cover at [acover@uusf.org](mailto:acover@uusf.org).

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### **Morning Meditation & Equanimity Practice**

**Morning Meditation - Tuesdays & Thursday, 8-8:30 am:** A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation. **Equanimity Practice - Fridays, 8-8:30 am:** A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

Both on Zoom: <https://bit.ly/3A8ZI73>

# Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109  
415-776-4580 / [info@uusf.org](mailto:info@uusf.org)

## OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

## OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

## CONGREGATIONAL COVENANT (under construction)

In an effort to make the world a better place, we support each other's journey to seek truth with openness, curiosity and respect for different perspectives and paths.

As love is our spirit, we commit to respect, accept, listen to and support each other.

We hold ourselves and each other accountable by continually assessing our individual and community actions toward living into our covenant. This will include speaking up when someone's actions are not aligned.

We commit to be in community with openness and loving kindness, acknowledging our own biases and differing perspectives.

## UUSF MEDIA

View our videos <http://www.youtube.com/c/UUSFMedia>  
Check out our Podcasts <https://www.uusf.org/worship-archives>  
Go to our website at <https://www.uusf.org/>



**"Religion... I Too Dislike It"**

**Sunday, March 10, 10:50 am, 2024**

WATCH LAST WEEKS SERVICE: <https://bit.ly/UUSFServices>