

"Lessons from the Road"

Sunday, March 24, 10:50 AM, 2024

First Unitarian Universalist Society of San Francisco





Order of Service
Sunday March 24, 2024
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2024>

A Guide for Newcomers! - What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

Welcome to Worship!

UUSF no longer requires masks indoors on our premises,
following the lead of the San Francisco Department of Health.

We do, however, strongly recommend people to wear masks
or do anything else that protects and respects their own health and comfort.
There is a designated mask-only area on the far right side of the Sanctuary.

Prelude *Goodness: Sonata in F major, K 332, 1st mvmt.* Wolfgang A. Mozart
Rami Bar-Niv, pianist

Opening Words and Welcome Rev. Vanessa Rush Southern, Senior Minister

Unison Chalice Lighting Mari Magaloni Ramos, Worship Associate

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

*Hymn 295 *Sing Out Praises for the Journey* WESTMINSITER ABBEY
Andy Kessler, songleader; Wm. García Ganz, accompanist

[\(CLICK HERE OR TURN TO PAGE 6 TO VIEW HYMN\)](#)

Brief Invitations

Galen Workman, Trustee

Greeting One Another *Divinity: Adagio*

Johann Sebastian Bach ed. By Ferruccio Busoni
Rami Bar-Niv, pianist

Child Dedication of Sophia Kathleen Chapot Rev. Vanessa Rush Southern & Mari Magaloni Ramos
with parents Joe and Jayanti Chapot

Unison Covenant

Mari Magaloni Ramos

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

**Doxology

TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Canvass Testimonials

Kathleen McClung and Dennielle Kronenberg

Music *Colour: Excerpt from "Rhapsody in Blue and White"*

Rami Bar-Niv
Rami Bar-Niv, pianist

Time of Prayer/Meditation

**Children/youth exit to classes during doxology.

*Hymn 391

Voice Still and Small

Words and Music: John Corrado

Andy Kessler, songleader; Wm. García Ganz, accompanist

[\(CLICK HERE OR TURN TO PAGE 7 TO VIEW HYMN\)](#)

Offering

This morning's offering will benefit the work and ministries of **First Unitarian Universalist Society of San Francisco (UUSF)**. Learn more at www.uusf.org. To make a donation on Vanco (bit.ly/uusfpayments), using the Donate Button on our website, or by scanning the QR code below, please select the line for either Sunday Plate Offering or Special Sunday Offerings. The designation is important to ensure your gift gets applied correctly. If you are sending a check, please mark in the memo today's date, 03-24-24, "Sunday Plate"



Offertory *Love: Sonata in F major, K 332, 2nd mvmt*

Mozart
Rami Bar-Niv, pianist

Sermon "Lessons from the Road"

Rev. Vanessa Rush Southern

*Hymn 57

All Beautiful the March of Days

BEAUTIFUL GREEN

Andy Kessler, songleader; Wm. García Ganz, accompanist

[\(CLICK HERE OR TURN TO PAGES 8 & 9 TO VIEW HYMN\)](#)

*Benediction

Postlude *Spring: Sonata in F major, K 332, 3rd mvmt.*

Mozart
Rami Bar-Niv, pianist

*Please rise in body or spirit.

PARTICIPANTS

Worship Leaders

Rev. Vanessa Rush Southern, Senior Minister
Mari Magaloni Ramos, Worship Associate
Kathleen McClung & Dennielle Kronenberg, Canvass Testimonials
Galen Workman, Trustee

Sunday Support

Shulee Ong, Camera; Eric Shackelford, Camera; Jackson Munn, Camera
Jonathan Silk, Communications Director
Thomas Brown, Jose Matias Pineda, Francisco Castellanos, Sextons
Carrie Steere-Salazar, Flowers
Linda Messner, Head Usher

Musicians

Rami Bar-Niv, Pianist
Andy Kessler, Songleader
Wm. García Ganz, Accompanist

ABOUT



Rami Bar-Niv, a renowned Israeli pianist, he travels extensively and has become an international citizen. Born in Tel-Aviv, he graduated from the Ron Conservatory and the Rubin Academy of Music, earning numerous prizes and scholarships. After studying at Mannes College of Music in New York, he won numerous competitions and began a successful concert career. Bar-Niv has performed in various countries, including North, Central, and South America, Europe, Africa, Asia, Australia, New Zealand, and Israel. He has received the "Best Performer Award" from the Israeli government and is often sent abroad to represent Israel in concerts. Bar-Niv's recordings have been highly praised and his compositions are published, recorded, and performed worldwide. His master classes, workshops, and private teaching are highly sought after, and he is frequently invited to teach on five continents while on concert tours. Learn more about Rami by going to <https://www.ybarniv.com/rami/>

57 All Beautiful the March of Days

$\text{♩} = 120$

1. All beau - ti - ful the march of days, as
 2. O'er white ex - pans - es spar - kling clear the
 3. O Thou from whose un - fath - omed law the

sea - sons come and go; the hand that shaped the
 ra - diant morns un - fold; the sol - emn splen - dors
 year in beau - ty flows, thy self the vi - sion

rose hath wrought the crys - tal of the snow; hath
 of the night burn bright - er through the cold; life
 pass - ing by in crys - tal and in rose. Day

sent the hoar - y frost of heaven, the
 mounts in ev - ery throb - bing vein, love
 un - to day doth ut - ter speech, and

⊕ Words: Frances Whitmarsh Wile, 1878-1939
 Music: English melody, arr. by Ralph Vaughan Williams, 1872-1958,
 used by perm. of Oxford University Press

FOREST GREEN
 C.M.D.

W I N T E R

flow - ing wa - ters sealed, and laid a si - lent
 deep - ens round the hearth, and clear - er sounds the
 night to night pro - claim, in ev - er chang - ing

love - li - ness on hill and wood and field.
 an - gel - hymn, "Good will to all on earth."
 words of light, the won - der of thy name.



Voice Still and Small

391

$\text{♩} = 46$

Voice still and small, deep in-side all, I hear you call,

sing-ing. In storm and rain, sor-row and pain,

still we'll re-main sing-ing. Calm-ing my fears,

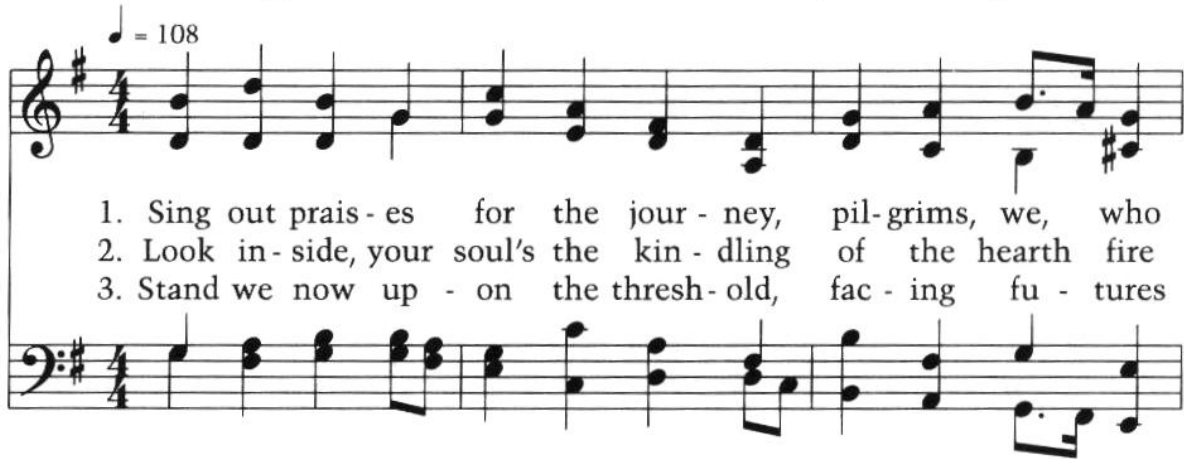
quench-ing my tears, through all the years, sing-ing.

⊕ Words & music: John Corrado, 1940- , © 1987 John Corrado

VOICE STILL AND SMALL
Irregular

295 Sing Out Praises for the Journey

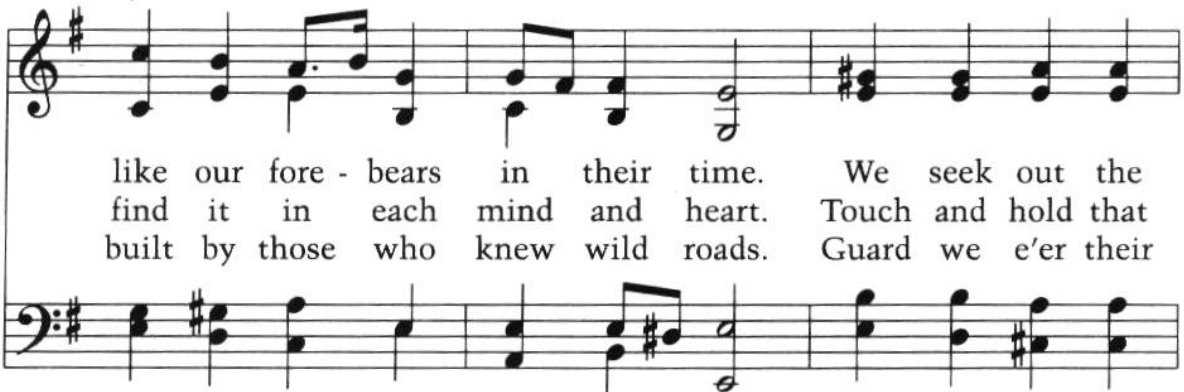
$\text{♩} = 108$



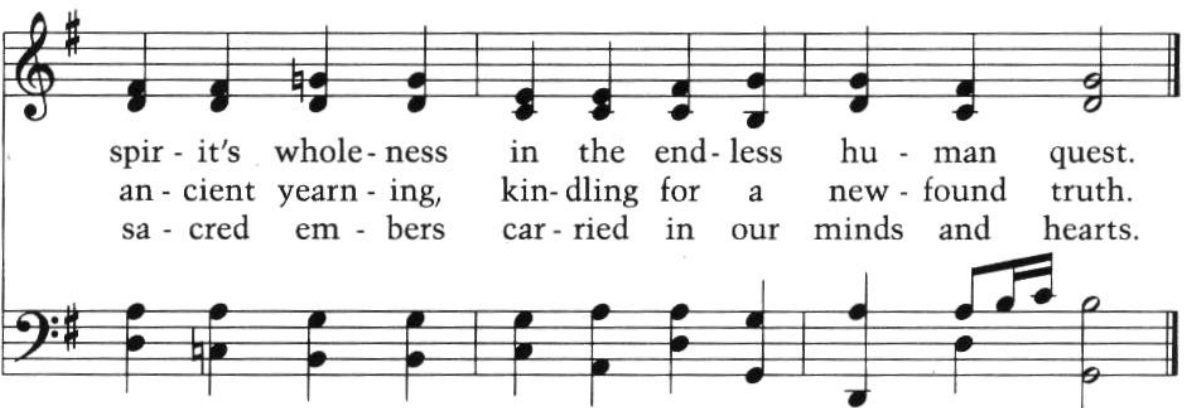
1. Sing out prais - es for the jour - ney, pil - grims, we, who
2. Look in - side, your soul's the kin - dling of the hearth fire
3. Stand we now up - on the thresh - old, fac - ing fu - tures



car - ry on, search - ers in the soul's deep yearn - ings,
pil - grims knew. Find the spir - it, al - ways rest - less,
yet un - known. Hearth be - hind us, way - side hos - tel



like our fore - bears in their time. We seek out the
find it in each mind and heart. Touch and hold that
built by those who knew wild roads. Guard we e'er their



spir - it's whole - ness in the end - less hu - man quest.
an - cient yearn - ing, kin - dling for a new - found truth.
sa - cred em - bers car - ried in our minds and hearts.

UUSF Annual Operating Fund Pledge Drive for 2024-25

It's Pledge Season! March is the UUSF Annual Operating Fund Pledge Drive for 2024-25. Members, friends, and visitors alike make financial commitments to our community, enabling our ministry to flourish. Learn more about the drive at the Pledge Table in the gallery, after worship. To make your pledge go to <https://bit.ly/Pledgeuusf24-25>

<https://www.uusf.org/pledge>



TODAY!

Open Door Legal - Forum with Adrian Tirtanadi - Sunday, March 24, 9:30 am TSK Room

Open Door Legal (ODL) is a nonprofit organization in San Francisco working to create the first universal access to legal care, aiming to end injustices like domestic violence, wage theft, and illegal expropriation. ODL operates as a "general hospital" and has secured over 50 million dollars in assets for low-income communities of color, resulting in high employee satisfaction rates. Adrian Tirtanadi, a University of Maryland law graduate, founded ODL. A light breakfast will be offered at 9:00 am. Zoom: <https://bit.ly/uuforum-03-24-24>. You can phone in at +1 669 444 9171. Meeting ID: 936 3244 9750, Passcode: 609122
More info: <https://www.uusf.org/forum>

Stop by the Kings Gallery to see the new artwork on display until April 29!

From March 10 to April 29, the UUSF Art Committee is featuring the artist **Charles Dabo**. Mr. Dabo aims to create artwork that connects to his cultural heritage and encourages contemplation and interest in various aspects. He uses geometric shapes in abstract compositions to explore optical illusions and traditional wisdom. Charles' work is characterized by vivid colors, stylized mythical animals, and geometric shapes associated with West African proverbs and legends.

HAPPENINGS

Monthly Grief Group - 1st Wednesday of the Month from 7-8:30pm on Zoom

Facilitated by Rev. Laura Shennum, Minister of Congregational Life. This is a monthly drop-in group for those who need support with grief or loss. The first meeting will be Wednesday, April 3. To receive the zoom link, please register at <https://bit.ly/UusfGriefGroup>. If you have any questions, contact Rev. Laura at lsennum@uusf.org.

HAPPENINGS

Black, Indigenous, and People of Color Gathering: April 7 from 9:30 am, On Zoom

This sacred space is open to our members and friends who are Black, Indigenous and People of Color. The meeting takes place by Zoom on the first Sunday of every month from 9:30-10:50am. If you are interested in attending or finding out more, please email bipoc@uusf.org. Please come join this space for joy, renewal, care and inspiration.

Sunday Forum with Dr. Stephen Zunes - Sunday, April 7, 9:30 am TSK Room

Dr. Stephen Zunes, a prominent scholar in U.S. Middle East policy and strategic nonviolent action, will discuss the recent election of Israel's right-wing government and the role of the U.S. government in perpetuating Israel's occupation of Palestine. For more info and Zoom links please go to <https://www.uusf.org/forum>

Monthly Parent/Guardian Group - 1st Sundays during worship (Sun, April 7)

Facilitated by Rev. Laura Shennum, Minister of Congregational Life. Parents and guardians gather on the first Sunday after the 11am service's doxology in the Fahs Room to check in about our roses/thorns and offer each other support as well as resources. If you have any questions, contact Rev. Laura at lshennum@uusf.org.

Fundraiser for the Jenin Freedom Theater - Sunday, April 7, 1pm, TSK Room - Lunch @ 1:00 pm & Presentation @ 1:30 pm

The UU Justice in the Middle East Committee will host an event on April 7 to support the Jenin Freedom Theater, a cultural center in Occupied Palestine, which has been nominated for a Nobel Peace Prize for its 17 years of providing theater and visual arts to the youth of the Jenin refugee camp. The event will feature a meal, video performances, and a photo display from S.F. Indy Bay photographer Leon Kunstenaar, highlighting the theater's history and the pro-Palestinian movement.

Sign Up to Volunteer for the Interfaith Food Pantry - Saturday, April 13, 2024

Join fellow UUSF members and other community volunteers to help distribute groceries to 325+ households. This is a great opportunity for individuals and families to pitch in and help feed our community. Food prices are high and we are needed now as much as ever! We lead the crew **Saturday, April 13, 2024**, and would love to have you join. Volunteer shifts start at 8:15 (or 7:30 if you can help unload the truck). Sign-up and more info can be found on our website (www.uusf.org/foodpantry) or go to bit.ly/foodpantryuusf. If you have any questions, please contact Hanna Hart hanna@harts.net or Ben Bear welcome.corporate.overlords@gmail.com

Newcomer Orientation - Sunday, April 14 at 12:30 pm in the Fireside Room

Do you want to learn more about Unitarian Universalism? Join us in the Fireside Room after the service to meet some of our members and learn more about our congregation and Unitarian Universalism in the community.

Save the Date - Passover Seder - Friday, April 26, 6:30 pm, TSK Room

Join us in celebrating freedom, exploring the connection between ancient ritual and modern liberation struggles, singing, and enjoying a delicious potluck dinner. All ages are welcome! We will provide chicken, wine, and traditional Passover food, including matzo and matzo ball soup. Please help us make this event a success by volunteering to help with set-up, clean-up, and/or bringing a dish to share. There is a suggested donation of \$10-20 to cover wine, food, and other costs, but no one turned away due to a lack of funds. Want to help organize this year's seder? Have new ideas or just want to lend a hand? Please email Mia at miashackelford@gmail.com.

Adult Spiritual Growth Classes (www.uusf.org/are)

Morning Meditation & Equanimity Practice

Morning Meditation - Tuesdays & Thursday, 8-8:30 am: A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation. **Equanimity Practice - Fridays, 8-8:30 am:** A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

Both on Zoom: <https://bit.ly/3A8ZI73>

Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

CONGREGATIONAL COVENANT (under construction)

In an effort to make the world a better place, we support each other's journey to seek truth with openness, curiosity and respect for different perspectives and paths.

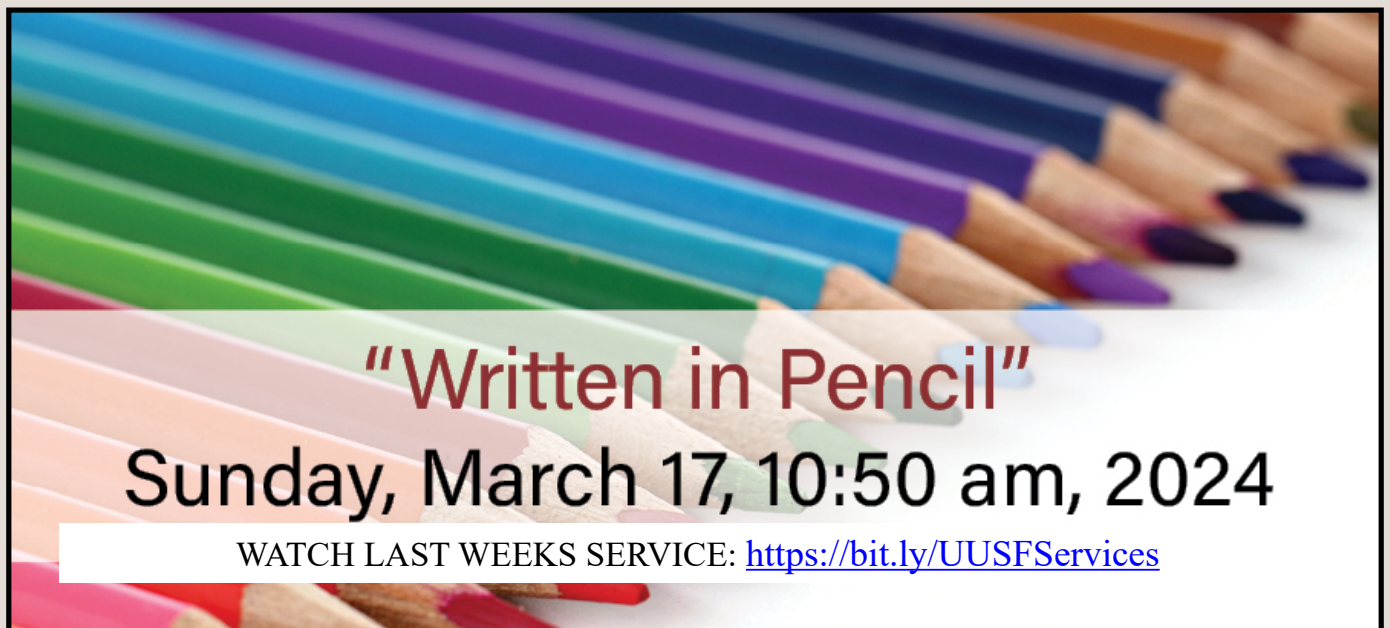
As love is our spirit, we commit to respect, accept, listen to and support each other.

We hold ourselves and each other accountable by continually assessing our individual and community actions toward living into our covenant. This will include speaking up when someone's actions are not aligned.

We commit to be in community with openness and loving kindness, acknowledging our own biases and differing perspectives.

UUSF MEDIA

View our videos <http://www.youtube.com/c/UUSFMedia>
Check out our Podcasts <https://www.uusf.org/worship-archives>
Go to our website at <https://www.uusf.org/>



"Written in Pencil"
Sunday, March 17, 10:50 am, 2024
WATCH LAST WEEKS SERVICE: <https://bit.ly/UUSFServices>