## Welcome to the First Unitarian

### **Universalist Society of San Francisco**

#### **Families and Children**

Interested in learning about our Family Ministry and Sunday School programs?

Visit our website (www.uusf.org/family-ministry-classes-and-programs) Questions? Rev. Alyson Jacks, ajacks@uusf.org or 415-776-4580.

#### Take a Seat

For people with chemical sensitivities, there is a scent-free zone, at the front of the right aisle. For people with service animals, please find marked area on left aisle.

Hearing impaired? Just ask an usher for an assistance device.

#### Candles

At the front of the sanctuary may be lit at any time as a silent sign of gratitude or concern.

#### Fill Out A Yellow Visitor Card

Let us know who you are by filling out a yellow visitor card. We'll send you our weekly e-mail, The Flame, and our monthly newsletter, FirstNews.

Tour of the Church (Sundays)

Meet your guide in the front of the Sanctuary at 12:15 PM.

#### Stay For Coffee Hour and Conversation

Coffee hour will follow the service in the TSK Room or Courtyard.

#### Bookcorner

Open on the 1st and 3rd Sundays of the month following the service.

#### People Ages 18 to 39

Stop by the 20s & 30s table in the Gallery after Worship to meet the young adult community and learn about upcoming events. Questions? Email youngadults@uusf.org or call 415-590-7836.

#### Humanists And Non-Theists Discussions

1PM most Sundays in the Fireside Room.

#### Newcomer Orientation

First Sunday of each month at 12:30 PM.

#### Invitation To Membership - April 5 (email ajacks@uusf.org)

1st Sunday of alternate months. Info: www.uusf.org/membership

Please go to www.uusf.org/newsletters current church activities.

#### Get Involved Now!

www.uusf.org/getinvolved

#### **Community Suppers**

Church members are cordially invited to attend one or more of our spring 2020 Community Suppers. The suppers are small and informal. Most are soup and salad affairs — the host providing soup and bread, and the guests providing salad and dessert. If you would like to attend one of these Suppers, please go to www.bit.ly/supper2020 to sign up!

#### Interfaith Food Pantry Volunteers Needed

We need 20 volunteers to help give out food (groceries) to about 300 low income families on 8 Saturday mornings throughout the year. Ongoing opportunity for 3-4 hours on one or more of 8 Saturday mornings throughout the year. Next opportunity is March 28

### Welcome to the First Unitarian Universalist Society of San Francisco

Cince its founding in 1850 our congregation has been a **J**beacon of religious liberalism in this city. During the Civil War, the Rev. Thomas Starr King was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our reliaious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

If you are interested in learning more, we invite you to a Newcomers Orientation usually held on the first Sunday of each month following the service. At the Welcome Table you will find pamphlets and other information. For more about our congregation, please visit our website at www.uusf.org.

#### "White Fragility" by Robin DiAngelo Classes led by Rev. Vanessa Southern

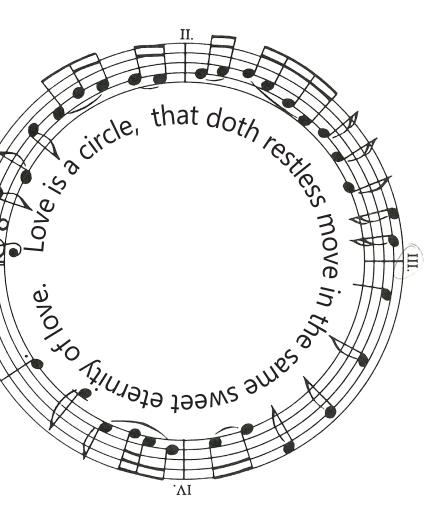
Minister's Book Group will meet on Wednesday, March 25 from 6:30-8PM and Thursday, March 26 from 12-1:30 PM. We will offer another chance for folks to read and discuss White **Fragility** by educator Dr. Robin DiAngelo. This 150-page book is packed with information and frame-shifting invitations (and shoves) for white folks about issues of race and how to talk about and think about it. The book group will be divided into white caucusing groups and a group for people of color, each with its own facilitator.

The book is a must-read, I think, for all of us, but especially for white folks. Last year people got a lot out of reading it, but especially out of the discussions so please join!

Letting us know you are coming, however, is required, as is reading the book! Folks who came before are welcome to come again for a second pass at the material. Each read opens up insight. I look forward to seeing you all.

RSVP: www.bit.ly/marchmbc

#### First Unitarian Universalist Society of San Francisco



# What Goes Around...



Order of Service Sunday, March 1, 2020 11:00 AM to 12:15 PM Prelude Andante Cantabile Cesar Franck Reiko Oda Lane, organ Opening and Welcome Rev. Vanessa Rush Southern, Senior Minister \*Round Love is a Circle (words on cover) **Unison Chalice Lighting** Sharon Weld, Ministerial Intern We light this chalice for the light of truth, the warmth of love. and the fire of commitment. We light this symbol of our faith as we gather together. **Brief Invitations** Scott Benbow, Trustee

#### **Greeting One Another**

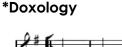
When I breathe in, I'll breathe in peace. When I breathe out, I'll breathe out love.

Reflection

Nancy Buffum & Joe Dellert, AOF Co-Chairs

#### \*Covenant

Love is the spirit of this church, and service is its prayer. This is our great covenant: to dwell together in peace, to seek the truth in freedom, and to help one another.



TALLIS' CANON



The children and teachers depart for classes on the second stanza. If you want your child to attend Sunday School, meet in the gallery following the children's recessional, or ask for assistance in the church office. Rev. Jacks (ajacks@uusf.org) can answer questions or address special needs.

**Ritual of Remembrance and Commitment** Rev. Vanessa Southern

**Times of Spoken and Silent Meditation** 

Anthem Aaron Copland Simple Gifts Wm. García Ganz, piano "Reap What You Sow" Reflection by Marilyn Pfalz **Offertory Music** Panis Angelicus Cesar Franck Reading Galatians 6:7 **Anthem** All Circling Point from Spherical Madrigals Ross Lee Finney Richard Crashaw (1613-1649) In the Glorious Ephiphany of Our Lord God All-circling point. All cent'ring sphere. The word's one, round, eternal year... Sermon What Goes Around... Rev. Vanessa Southern \*Hymn 1074 Turn the World Around Harry Belafonte \*Benediction (Please be seated until after the Postlude) Ciacona Variations Postlude Johann Pachelbel

\* Please rise as you are able.

This mornings flowers are dedicated to the memory of John Brisbin Rutherford (1923 - 2014) on what would have been his 97th birthday by Thad & Lucy Smith.

### After the Service Today

Newcomer Orientation- 12:30 PM, Murdock Room (TODAY) New to this church? New to Unitarian Universalism? Come to this informal, interactive orientation to learn more about our church community and our faith tradition. Newcomer orientation is co-led by our ministerial and membership teams. Open to everyone.

Humanists and Non-Theists - 1PM, Fireside Room "Equality: An American Dilemma 1866-1896 " Professor Charles Postel is an American historian and professor at San Francisco State University. He studied at Laney College in Oakland before receiving his B.A. in history from UC-Berkeley in 1995, and his Ph.D. in history from UC-Berkeley in 2002. Lunch will be available for purchase.

#### SAVE THE DATE! - MARCH 15 AT 12:30 PM

Mark your calendars for the Pi(e) Day Luncheon Celebration, Sunday March 15 (we're rounding up) after worship service, kicking off our Annual Operating Fund (pledge) campaign. It's FREE! There's enough pie for everyone, when we all come together in a spirit of generosity. You can expect food, fun and a prize drawing for early pledgers, plus the warm spirit of joining together in a grateful community. Questions? email 2019-20 Annual Operating Fund Campaign Co-Chairs Nancy Buffum and Joe Dellert at aof@uusf.org. Learn more at www.uusf.org/pledge

# Social Justice Action: Wednesday Morning Rush Hour!

Wednesday, March 4, 7:30 AM to 9AM Please join our witness with signs and leaflets to those in rush hour traffic in front of our sanctuary every Wednesday morning from 7:30-9AM. Questions? Email neveragain@uusf.org

Forum - Sunday, March 8, 9:30 AM, MLK Room "The 1619 Project" Slavery – A terrible blemish on an otherwise democratic country or the defining contradiction of U.S. society? Join the reading and discussion of sections of this New York Times magazine special edition.

Humanists and Non-Theists - Sunday, March 8, 6PM, Fireside Room "Holistic Democracy" Holistic democracy is a way of working together which encourages individuals to grow and learn as whole people and facilitates co-responsibility, mutual empowerment and fair participation of all in co-creating their social and organizational environment. The potluck begins at 6PM (please bring something to share if you are able) and the discussion at 6:30.



The church marks the place to be in the morning with its "Spirit Saturday." Later that same evening is the annual Broadway Sing-A-Long and this year we will be connecting MORE with our attendees by singing lots more. We're returning to the "spirit of Broadway", this March 7th, starring YOU!!!! and yours!!!

The event starts with wine at 5:30 PM, a **Jordon Alexander** catered dinner at 6PM and group singing, led by **Mark Sumner**, from 7PM until we drop or get hired for the next B'way show!

Soloists are still welcome---but all of you---PARTICULARLY those of you who were once told 'not to sing'---are particularly welcome!

Questions? Contact us at singbroadway@uusf.org

# Upcoming

#### Broadway Sing-A-Long - Saturday, March 7, 5:30 PM, TSK Room

#### Tickets are \$30. The event includes a catered dinner, wine, and lots and lots of singing! Find our table located in the Gallery today!