

"Easter in Holy Week Times"



Easter Service

Sunday, April 12, 2020, 10:50 AM

First Unitarian Universalist Society of San Francisco



Order of Service
Sunday, April 12, 2020
10:50 AM to 12:15 PM

Livestreamed at <http://www.youtube.com/c/UUSFMedia>

Prelude

O Sons and Daughters, Let Us Sing 15th Century French Hymn

Now the Green Blade Riseth A French Melody

Reiko Oda Lane, organist

Tom Dambly, trumpeter

arr. David Ruhl

UUSF Handbell Choir

arr. Kevin McChesney

Opening and Welcome

Rev. Vanessa Rush Southern, Senior Minister

Rev. Alyson Jacks, Associate Minister

Mark Sumner, pianist; Asher Davison and Laurel Sprigg, songleaders

Jesus Christ is risen today, Alleluia!
Earth and heav'n in chorus say, Alleluia!
Raise your joys and triumphs high, Alleluia!
Sing, ye heav'ns, and earth reply, Alleluia!

Lo, the earth awakes again -- Alleluia!
From the winter's bond and pain. Alleluia!
Bring we leaf and flower and spray -- Alleluia!
To adorn our *challenged way. Alleluia!

Change, then, mourning into praise, Alleluia!
And, for dirges, anthems raise. Alleluia!
How our spirits soar and sing, Alleluia!
How our hearts leap with the spring! Alleluia!

Hearts are strong, and voices sing, Alleluia!
Where, O death, is now thy sting? Alleluia!
As he died his truth to save, Alleluia!
Where they victory, O grave? Alleluia!

* original "happy day"

Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Meditation on Breathing

When I breathe in, I'll breathe in peace.
When I breathe out, I'll breathe out love.

Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Ritual of Remembrance and Commitment

Spoken and Silent Meditation

Music

Asher Davison, bass-baritone; Mark Sumner, accompanist
The People That Walked in Darkness from *Messiah* George F. Handel

Reading
Persephone

Sharon Weld
Lynn Ungar

Offertory

[The offering today will go to the Good Samaritan Family Resource Center in support of their COVID-19 effort to provide food and basic resources support to families.](#)



Offertory Music Asher Davison, bass-baritone; Laurel Sprigg, soprano; Mark Sumner, accompanist
Sound the Trumpet Henry Purcell

Reading
Passover

Rev. Alyson Jacks
Kathleen McTigue

Music
How Beautiful Are the Feet from *Messiah*

Laurel Sprigg, soprano; Mark Sumner, accompanist
George F. Handel

Sermon

Easter in Holy Week Times

Rev. Vanessa Rush Southern



Song Asher Davison, bass-baritone; Laurel Sprigg, soprano; Mark Sumner, accompanist
Lean On Me Bill Withers

Some-times in our lives we all have pain, we all sorrow.
But if we are wise we know that there's always tomorrow.

Chorus:

Lean on me when you're not strong and I'll be your friend, I'll help you carry on,
For it won't be long 'til I'm gonna need somebody to lean on.

Please swallow your pride if I have things you need to borrow,
For no one can fill those of your needs that you won't let show. (Chorus)

If there is a load you have to bear that you can't carry,
I'm right up the road, I'll share your load if you just call me. (Chorus)

Just call on me brother when you need a hand. We all need somebody to lean on.
I just might have a problem that you'd understand. We all need somebody to lean on.

Just call on me sister when you need a hand. We all need somebody to lean on.
I just might have a problem that you'd understand. We all need somebody to lean on.....
lean on.....lean on.....

Benediction

Postlude
Fanfare for the Common Man

Reiko Oda Lane, organist
Aaron Copland

Send us your Easter bonnet photos
from home to jsilk@uusf.org

OFFERTORY

The offering today will go to the Good Samaritan Family Resource Center. The Good Samaritan Family Resource Center's mission is to help vulnerable families, including immigrant families, access needed services, develop self-sufficiency, and participate fully as members of the San Francisco community. Many of the families they serve are in dire need as a result of the COVID-19 pandemic. If you are in need, please let Alyson or Vanessa know. Our emails are VRSouthern@uusf.org or AJacks@uusf.org.

PARTICIPANTS

Service Notes

Rev. Vanessa Rush Southern, Senior Minister; Rev. Alyson Jacks, Associate Minister;
Sharon Weld, Ministerial Intern

Technology

Jonathan Silk, livestream & sound; Eric Shackelford, camera;
Joe Chapot, social media; Alex Darr, remote zoom

Musicians

Reiko Oda Lane, organist; Mark Sumner, pianist; Tom Dambly, trumpeter;
Asher Davison, bass-baritone; Laurel Sprigg, soprano

WANT TO MAKE A DONATION TO UUSF?

<http://bit.ly/uusfpayments>

MAKE YOUR PLEDGE TO SUSTAIN THE MINISTRY OF UUSF!

<https://www.uusf.org/pledge>

What's Coming Up? Ways to Connect in These Times

Virtual Coffee Hour: Starting at 12:15 PM, as soon as worship ends today, join us!

Join via Zoom: <https://zoom.us/j/725737157>

Meeting ID: 725 737 157

One tap mobile: +16699006833,,725737157# US (San Jose)

During these times we want you to have our email information handy. Please reach out to your ministers for any reason -- you are having a hard time (or know someone who is); you have a great idea for our new version of shared life in these times (or know someone with skills we could use in this chapter of life together); and because you don't know who to call about what's on your mind. Keep these handy:

What would you like to see happen or like to host?

Send your ideas to Senior Minister, **Vanessa Rush Southern** at VRSouthern@uusf.org

Or if it is an **Adult Education/Spiritual Growth programming** idea send it to Associate Minister, **Alyson Jacks**, at AJacks@uusf.org

If you have pastoral needs (everything from wanting to talk about the strain of these times to being worried about needing food delivered) e-mail our Ministerial Intern, **Sharon Weld**, at SWeld@uusf.org

Minister's Book Group: April is Poetry Month!

So, Join us for..... Thursday Poetry and Lunch gatherings. You can phone or Zoom in. We'll gather from **noon - 1 PM on Thursday, April 16 and 23rd**. Bring a favorite poem to share and we'll see how many we can have a chance to share and reflect on. If you don't have any to share, that's fine too. I will come prepared with my favorites. Email JChapot@uusf.org or call us if you are interested in participating. We'll get you the Zoom link or the phone number to connect. It will be the same for all four weeks, so you can connect when you are able to join.

Minister's Book Group with Poet, Bob Smith

Wednesday, April 29, 6:30-8PM & Thursday, April 30, noon-1:30 PM the Minister's Book Group will host its first ever Special Guest/Author. Poet and Member, **Bob Smith (Robert Lavett Smith)** will meet with us to read some of his, and some of our favorite of his poems and answer questions about poetry and his process of writing poetry. Those who would like to should order and read his "Collected Early Poems" by Robert Lavett Smith from Amazon. Then bring a couple of favorites you would like to share with the group and discuss. Please RSVP to JChapot@uusf.org and we will give you a link for joining via Zoom video or a phone number for calling in.

Upcoming 20s & 30s Community Online Events

20s & 30s Community Craft Time - Mondays at 8PM

Join via Zoom: <https://zoom.us/j/154195353>

Meeting ID: 154 195 353

One tap mobile: +16699006833,,181918881# US (San Jose)

We'll have a crafty thing anyone can do at home, or bring your own craft project. We're just going to hang out and make art together.

Becoming Together - Wednesdays at 7:30 PM (No Becoming Together on 4/15)

Join via Zoom: <https://zoom.us/j/362402456>

Meeting ID: 362 402 456

One tap mobile: +16699009128,,362402456# US (San Jose)

Now weekly and online! All people ages 18 to 39 are invited to join us for 90 minutes of reflection and sharing.

Online YAM Roundup - The Young Adult Ministry Initiative, a project of UUSF, is now putting together a weekly round-up of online YA ministry opportunities. [The latest roundup can be seen here](#). Get the latest round-up by following the YAMI Facebook Page here: facebook.com/uuyami.

Want to put on an event? If you are a young adult and want to put on an online event, please email youngadults@uusf.org. We want to enable you.

Get Connected!

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[Read our Newsletters here](#)





The Interfaith Food Pantry is going strong with a number of adjustments to accommodate for COVID-19. Anyone wanting to volunteer!

<https://signup.com/go/pambAKf>

- All five churches are working together, rather than rotating with each church taking responsibility for a single Saturday according to the calendar as we have done in the past. The reason here is that we are trying to have younger volunteers and encouraging anyone who is over 60 to stay home. The next pantry is every Saturday, rather than May 16 as all the churches are pitching in together to try to get younger volunteers. (One church only had volunteers who were over 60.)
- A truck from the SF/Marin food pantry still delivers food at 7:30 am at Old First Presbyterian Church at the corner of Van Ness and Sacramento (1751 Sacramento St, San Francisco, CA 94109)
- Volunteers can still park in the church garage slightly east of the church on Sacramento. We give out stickers, so volunteers can park for free.
- We make an attempt to distance volunteers who unload the truck. Everyone wears gloves and masks as available. We use disinfectant spray liberally.
- We use the large room, where the clients used to line up, for the volunteers to pack the food for our clients into paper bags. (Anything which falls on the floor is discarded.) Each client gets only one bag, so they get a little less food than before.
- The bags are then taken upstairs where the clients pick the pre-loaded bags from tables we set up outside in order to minimize volunteers' contact with clients. We are now just checking pantry cards and no longer check ID's to streamline the process to get clients are on their way with a minimum of contact with volunteers.
- We do have a translator as about 80% of our clients are Cantonese, many of whom are monolingual. We are purchasing an awning to protect the bags in case of rain.
- Please contact **Megan Lehmer** if you have any questions: mlehmer@gmail.com



WELCOMING THE DAY

A (Potentially) Daily Spiritual Practice

Rev. John Buehrens and Rev. Margot Campbell Gross

Livestream Monday mornings at 8AM beginning Monday, April 13.

Join via Zoom:

<https://zoom.us/j/976297377?pwd=cXVmY2lEVjhFUUszeTVtQitMUIZOdz09>

Meeting ID: 976 297 377

Password: 591440

One tap mobile: +16699006833,,976297377#,,#,591440# US (San Jose)

Dial by Phone: +1 669 900 6833 US (San Jose)

Too many of us awaken to the (sometimes overwhelmingly) bad news of the day. To incoming emails or texts asking us to do those things that we either know that we don't want to do, or that we don't feel capable of doing. How we start each day can shape the whole day and our presence and attitude in it. During this disruptive time of sheltering in place, self-isolation and physical distancing, John and Margot you join them by Zoom, weekly on Monday mornings, To explore how to begin, deepen, and sustain a spiritual practice of "Welcoming the Day" Although both are inspired by the spiritual practice of the late **Dr. Harry Scholefield**, This is not a "one size fits all" approach to spiritual resilience. Far from it! Please join us.

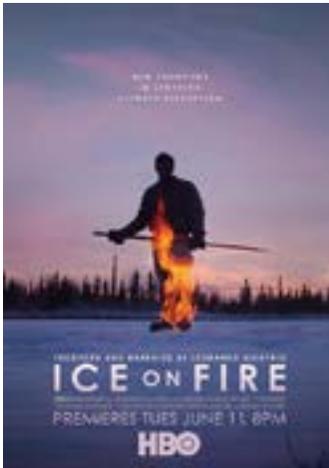


Sensible Cinema

Sponsored by the UUSF Social Justice Council
Celebrating Earth Day's 50th Anniversary

ICE ON FIRE

Friday, April 17, 7:00pm
Virtual Film Discussion Gathering via Zoom



Leonardo DiCaprio's latest documentary film focuses on the reason for and solutions to climate change. Unlike his previous film, *Before the Flood* (Sensible Cinema's film choice for April of 2017) this one reviews the problem and presents very up-to-date technological ways greenhouse gases can be removed from the atmosphere. It offers a spectrum of choices with promising answers.

The film premiered on HBO in June, 2019, is produced by Leonardo DiCaprio, George DiCaprio and Matthew Schmid. It's directed by Leila Conners and narrated by Leonardo DiCaprio. 98 mins

Watch the film at your own convenience at this link:

<https://www.youtube.com/watch?v=WgAflG6MW1c>

The Zoom invitation will be sent out with the flyer to viewers on the standard Sensible Cinema lists. If you'd like to attend this event give Larry a call. Leave a message with email address if no answer.

Free Admission (donations appreciated).

As usual, popcorn and other refreshments will also be available.

For more information please contact:

Melvin Starks (melvinstarks734@hotmail.com) or Larry Danos (415-722-6480)

Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the Rev. Thomas Starr King was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

For more about our congregation,
please visit our website at www.uusf.org.

