

For Such a Time as This

Sunday, June 7, 2020, 10:50 AM

First Unitarian Universalist Society of San Francisco



Order of Service
Sunday, June 7, 2020
10:50 AM to 12:15 PM

Livestreamed at <http://www.youtube.com/c/UUSFMedia>

Prelude

Ubi Caritas - Where There Is Charity and Love

Reiko Oda Lane, organist
James Aylward

Opening and Welcome

Rev. Vanessa Rush Southern, Senior Minister

Hymn 1015

I Know I Can

Words: Dennis Hamilton, Music: Jeannie Gagne, arr. Mark Freundt
Wm. Garcia Ganz, pianist; Gilead Wurman and Asher Davison, song leaders

[\(CLICK HERE OR SCROLL DOWN TO PAGES 5 TO VIEW HYMN\)](#)

Unison Chalice Lighting

Rochelle Fortier Nwadibia, Worship Associate

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Invitations

Meditation on Breathing

When I breathe in, I'll breathe in peace.
When I breathe out, I'll breathe out love.

Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Ritual of Remembrance and Commitment

Rev. Vanessa Rush Southern

Spoken and Silent Meditation

Hymn 1040

Hush

African-American spiritual
arr. Jason Shelton

Reflection

Rev. Vanessa Rush Southern

Offertory

[The offering today goes to support the work and ministries of the congregation.](#)



Hymn1007

There's a River Flowin in My Soul

Rose Sanders
arr. Kenny Smith

Reading "my dream about being white" by Lucille Clifton Rochelle Fortier Nwadibia

Hymn 97

Sometimes I Feel Like a Motherless Child

WHEATLEY

Sermon

For Such a Time as This

Rev. Vanessa Rush Southern

Hymn 169

We Shall Overcome

MARTIN

[\(CLICK HERE OR SCROLL DOWN TO PAGES 7 TO VIEW HYMN\)](#)

Benediction

Rev. Vanessa Rush Southern

Postlude

Jupiter Theme - *I vow to thee, my country*

Reiko Oda Lane, organist
Gustav Holst



PARTICIPANTS

Service Notes

Rev. Vanessa Rush Southern, Senior Minister; Rochelle Fortier Nwadibia, Worship Associate

Technology

Jonathan Silk, livestream sound; Eric Shackelford, camera;
Joe Chapot, social media; Alex Darr, remote zoom

Musicians

Reiko Oda Lane, organist; Gilead Wurman, baritone;
Asher Davison, bass-baritone; Wm. Garcia Ganz, pianist; Jon Silk, drums

June 14 Worship Service LiveStream

"A Welcoming Community"

We look at the importance of community and the power of radical welcoming - a celebration of the congregation and a thanks for priceless gifts. This will be Sharon Weld's last sermon with us as our 2019-2020 Ministerial Intern.



WANT TO MAKE A DONATION TO UUSF?

<http://bit.ly/uusfpayments>

MAKE YOUR PLEDGE TO SUSTAIN THE MINISTRY OF UUSF!

<https://www.uusf.org/pledge>

♩ = 68

1. Though days _____ be dark _____ with
 sor - - - row heals _____ my

storms _____ And bur - dens _____ weigh _____ my
 soul _____ And bur - dens _____ make _____ me

heart _____ Though troub-les wait at
 strong, _____ Though troub-les wait at

Chords: F, F/A, C/B^b, B^b, Gm7, F#^o7, Gm, Gm/F, E^bM7, E^b, Dm, C7, Dm, C/E, F/A, Am7, F#^o, Gm, Am

⊕ Words: Dennis Hamilton, 1944 -
 ⊕ Music: Jeannie Gagné, 1960 -,
 ⊕ arr. Mark Freundt, 1966 -

I Know I Can - 2

B \flat M7 Am7 Gm7 F/C Gm/C C9/E

ev' - ry turn, I know I can go
 ev' - ry turn, I know (I know) I can (I can) go

Verses Last time

B \flat F B \flat F

on. 2. When on.
 on. 3. My

3. My sister in my heart,
 My brother in my song,
 Though troubles wait at every turn,
 I know I can go on.
4. And though the journey is long,
 The destination is near,
 Though troubles wait at every turn,
 I know I can go on.
5. So brothers take my hand
 And sisters sing my song,
 When hope awaits at every turn,
 I know we will go on.

We Shall Overcome

169

$\text{♩} = 56$

1. We shall o - ver - come, we shall o - ver -
 2. We'll walk hand in hand, we'll walk hand in
 3. We shall all be free, we shall all be
 4. We shall live in peace, we shall live in

come, we shall o - ver - come some - day!
 hand, we'll walk hand in hand some - day!
 free, we shall all be free some - day!
 peace, we shall live in peace some - day!

Oh, deep in my heart I do be -
 Oh, deep in my heart I do be -
 Oh, deep in my heart I do be -
 Oh, deep in my heart I do be -

lieve we shall o - ver - come some - day!
 lieve we'll walk hand in hand some - day!
 lieve we shall all be free some - day!
 lieve we shall live in peace some - day!

What's Coming Up? Ways to Connect in These Times



Virtual Coffee Hour: Starts at 12:15 PM

Join via Zoom: <https://zoom.us/j/725737157>

Meeting ID: 725 737 157

Dial by Phone: +1-669-900-6833 (San Jose)

Wish Guidance on Using Zoom?

There are a variety of ways you can learn how to connect through Zoom.

The Church has prepared a Guide that explains the Zoom system, and all the basics you need to know in using the system. To access the Guide, [click here](#).

You can also access brief on-line tutorials on Zoom To see an example of these tutorials (on how to join a Zoom meeting) [click here](#).

During these times we want you to have our e-mail information handy. Please reach out to your ministers for any reason -- you are having a hard time (or know someone who is); you have a great idea for our new version of shared life in these times (or know someone with skills we could use in this chapter of life together); and because you don't know who to call about what's on your mind. Keep these handy:

What would you like to see happen or like to host?

Send your ideas to Senior Minister, **Vanessa Rush Southern** at VRSouthern@uusf.org

Or if it is an Adult Education/Spiritual Growth programming idea send it to Associate Minister, **Alyson Jacks**, at AJacks@uusf.org

If you have pastoral needs (everything from wanting to talk about the strain of these times to being worried about needing food delivered) e-mail our Ministerial Intern, **Sharon Weld**, at SWeld@uusf.org



UUSF 20-21 End of Year Meetings

Congregational Meeting Approve 20-21 Budget

Today at 12:30 PM on ZOOM ([REGISTER HERE](#))

A Congregational Meeting will be held on June 7, immediately following the service, to vote on the proposed budget for the coming church year (2020-21). The proposed budget has been posted on UUSF's public website and can be found here ([click here](#)). Two informational sessions have already been held.

[Register for this meeting today.](#) You will receive a personalized video link from Zoom.

UUSF Annual Congregational Meeting

Sunday, June 14, 12:30 PM on ZOOM ([REGISTER HERE](#))

June 14th is our Annual Meeting; held each June in compliance with our Bylaws. The meeting takes place shortly after services. The Annual Meeting celebrates the 2019-20 church year with the presentation of the Anne Dillon award, the selection of new Board and Nominating Committee members ([click here](#)), a reading of the May Treat Morrison trust, and much more! Don't miss this final congregational meeting of the year!

[Register for this meeting today.](#) You will receive a personalized video link from Zoom.

Humanists and Non-Theists

Coronavirus Diagnostics

Today at 2PM on Zoom

From the beginning of the Covid-19 pandemic, the availability of reliable diagnostic tests has been of concern. Diagnostics tests have been developed to detect the presence of the virus as well as to detect antibodies that develop as a result of infection. It is generally believed by scientists that the pandemic cannot be controlled, as the economy opens up, without adequate testing capacities and contact tracing.

Lori Lai will explain testing basics explaining the various test types such as molecular, antibody, antigen. Lori is a member of our congregation and is actively involved in diagnostic test research and development.



Join Zoom Meeting

<https://us02web.zoom.us/j/82624882540?pwd=NTc5UEdNSHoxaEJ4bGZpRElXZncvUT09>

Meeting ID: 826 2488 2540

Password: 213083

Dial by Phone: +1-669-900-6833 US (San Jose)

Immigration Justice in the Age of COVID-19

Wednesday, June 10, 6:30 PM - 8PM (On Zoom)

This is a discussion re activism opportunities and letter writing to ICE detainees in the Yuba City, CA facility.

Zoom Links

<https://us02web.zoom.us/j/88180919366?pwd=MVcxZERWcVZPVWVWSXVGWFN4TmtxUT09>

Meeting ID: 881 8091 9366

Password: 612020

Dial by Phone: +1-669-900-6833 US (San Jose)



We invite you to take a minute to recall the situation over the past several years. Thousands of children were being forcibly separated from their parents at the border, and tens of thousands of people seeking refuge at our border from deadly situations in their home countries were being placed in crowded, filthy “camps” under brutal and inhumane conditions.

Many people were horrified by this situation and the historic echoes they brought to mind and the slogan “Never Again Is Now” began to reverberate across the country. We at UUSF took up this slogan and amplified the demands, “No More Kids in Cages”, “Shut Down the Camps” at public witnesses on the steps of the sanctuary every Sunday and Wednesday. We gathered monthly to write letters of support to ICE detainees at the Yuba facility and some of our members made visits to detainees. People from a dozen faith groups joined us in September for a rush hour witness event. Some of our members joined UUSC delegations to the border to assist with relief efforts for immigrants. We began sounding a gong in our services every Sunday – 7 times for the 7 children who died in immigration detention – in a ritual that continues to this day.

Now COVID-19, a pandemic like the world has not seen in many decades has radically

changed much in our society. Josh Leash from the UUSC says “In times of crisis, it is easy to get lost in focusing on our immediate needs, without feeling like we have room for big-picture concerns such as human rights. In truth, however, our immediate needs are deeply connected to our human rights. It is precisely in such periods of global distress that human rights protections are most needed.” **WE MUST BE SAFE BUT WE MUST NOT BE SILENT!**

COVID-19 is spreading exponentially in prisons and detention centers with their tight quarters and inadequate hygiene and healthcare. A new ACLU report notes that the spread of disease and death in U.S. jails alone, without rapid intervention, could lead to an additional 100,000 deaths beyond those we’re already seeing unfold. We are at a precipice and the need for immediate action is urgent. So we invite you to follow this [LINK](#) today to get more information about the situation and actions to take as well as connect with some of the groups that activists within our church community have found helpful as we determine the most effective actions to take.

If you are not able to join us that night but would like to write a letter to a detainee or work with us on current immigration justice actions, please contact us at neveragain@uusf.org



WELCOMING THE DAY

A (Potentially) Daily Spiritual Practice

Rev. John Buehrens and Rev. Margot Campbell Gross

Monday mornings at 8AM

Too many of us awaken to the (sometimes overwhelmingly) bad news of the day. To incoming emails or texts asking us to do those things that we either know that we don't want to do, or that we don't feel capable of doing. How we start each day can shape the whole day and our presence and attitude in it. During this disruptive time of sheltering in place, self-isolation and physical distancing, John and Margot you join them by Zoom, weekly on Monday mornings, To explore how to begin, deepen, and sustain a spiritual practice of "Welcoming the Day" Although both are inspired by the spiritual practice of the late **Dr. Harry Scholefield**, This is not a "one size fits all" approach to spiritual resilience. Far from it! Please join us.

Join via Zoom:

<https://zoom.us/j/976297377?pwd=cXVmY2lEVjhFUUszeTVtQitMUlZOdz09>

Meeting ID: 976 297 377

Password: 591440

Dial by Phone: +1-669-900-6833 US (San Jose)

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www.uusf.org

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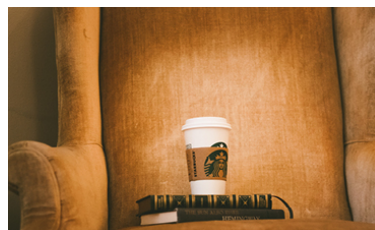
Poetry Lunch, A Monthly Affair

Thursday, June 11 at 12PM (On Zoom)

Led by Rev. Vanessa Rush Southern, Senior Minister

If there is a poem you'd like to share with the group, send it to [Rev. Vanessa](#) in advance and she will put it on our list of possibilities for the upcoming gathering... or the next one.

To attend this class online please go to the Adult Religious Education website page [here](#)



[Adult Religious Education Programs](#)

Write To It: A 3-week Writing and Reflection Practice

Saturdays, June 13, 20 and 27,
10AM to 12PM (On Zoom)

Led by Rev. Alyson Jacks, Associate Minister

In Write To It, participants are invited to spend time writing short daily reflections, memories or musings using suggested prompts. Each week, Rev. Jacks will provide a list of topics to help stir the imagination. Participants are encouraged to write daily, as they are able, writing no more than 300 words. We will meet on Saturday mornings to share in small groups, selecting 1 reflection to share. Write To It is open to anyone who likes to play with words, and those who want to try something new.

To Register, [click here](#)



[Adult Religious Education Programs](#)

Morning Metta Meditation

Tuesdays, Thursdays and Saturdays, 8-8:30 AM

Led by Elena Perez

The zoom link: <https://us04web.zoom.us/j/75735734442>
(password metta)

Elena leads a simple, centering lovingkindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience. Attendees can choose to leave their microphone and camera off and just follow along. **Elena Perez** is a member of UUSE. She is a Licensed Acupuncturist who practices in SF at Dance With Life Chiropractic in the Inner Sunset, and in Fresno at Benessere Fresno. Questions? elena@communityneedles.com



ARE YOU INTERESTED IN ATTENDING THIS YEAR'S UU GENERAL ASSEMBLY AS A DELEGATE?

This year, the annual all-UU meeting will be held in virtual space from June 24 - 28, so you won't even need to leave the safety of your home. Our Society can authorize seven delegates for the meeting. Delegates are able to vote on denominational issues (one of the issues this year has to do with investing ethically, for example). The meetings are dynamic, insightful and energizing. And one of the featured speakers in our own John Buehrens!

If you are interested in attending this meeting and are selected as an official delegate, the church will try to reimburse you for the \$150 registration fee. Non delegates are also encouraged to attend, but the registration fee will not be reimbursed and you would not be able to vote on denominational issues put before the membership.

Members interested in representing UUSF as a General Assembly delegate should contact Moderator [Carrie Steere-Salazar](#) or Senior Minister [Vanessa Rush Southern](#).

Public Events at UU General Assembly

This year UUA General Assembly is entirely online, and while it does still cost \$150 to participate in the full experience, there are free, public events that anyone can attend.

To view any of the follow event just go to this webpage: [UUA General Assembly Public Events](#)

A simple schedule for GA can be view here: [UUA General Assembly Summary Schedule \(West\)](#)

All times are Pacific

Thursday, June 25 at 3:00 p.m.

Synergy Bridging Worship

This is a transformative multigenerational worship. Come be inspired and illuminated at a celebration of treasured worship elements, rites of passage and brilliant contemporary musical performances. The service includes a collection to benefit the Katie Tyson Fund for Youth and Young Adult Ministry.

Friday, June 26 at 3:00 p.m.

Service of the Living Tradition

Led by the Ministries and Faith Development Staff Group, this service honors fellowship and credentialed religious leaders; remembering those who have died, recognizing those who have completed active service, and welcoming those who have received fellowship or credentialed status in the past year. The service includes a collection to benefit the Living Tradition Fund. Members of the public are welcome.

Sunday, June 28 at 10:00am

Sunday Morning Worship

Join us for the largest annual gathering of UUs joining in worship. The worship service will include a collection for the Tomaquag Museum, an indigenous museum featuring an extensive collection and archive of Southern New England tribal communities. Members of the public are welcome.

Several Times

General Sessions

Unitarian Universalist Association (UUA) Co-Moderators Mr. Barb Greve and Elandria Williams preside over the general sessions in which the business of the Association is conducted.



Small Group Ministries

<https://www.uusf.org/smallgroupministries>

Grow Spiritually!

**From Barbara Kovac and Gregg Biggs, Co-Coordiators
for the Small Group Ministry program, 2020-2021 (sgm@uusf.org)**

Meet new people, share your life, explore interesting topics and grow spiritually in a welcoming setting! Small Group Ministry invites anyone who is interested – members, friends, and newcomers – to join this year's Small Groups, starting July 2020.

Each group of about 10 people meets for two hours every Sunday 4 weeks in July (7/5-7/26) and 4 weeks in August (8/2-8/23) from 1-3PM. From now until July 15th, we are accepting new applications to join for the Summer program.

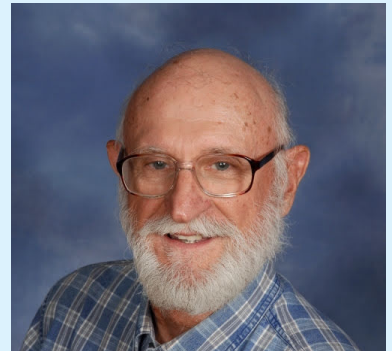
[Sign-Up Here](#)

Humanists and Non-Theists

The Bay Delta in Peril

Sunday, June 21, 1PM (On Zoom)

A summary of California's water delivery system with a focus on the Delta. The Trump administration significantly weakened existing protections for salmon and other endangered fish species in California's Bay-Delta watershed, in order to increase water diversions from the imperiled estuary to agribusinesses. In April, the state of California obtained an injunction to halt these practices but this injunction will end on May 31. **Larry Danos**, an environmental activist and member of our congregation, will discuss this and other threats to the health of California's water.



Join Zoom Meeting

<https://us02web.zoom.us/j/83772350623?pwd=OW1wNUhmMZE1vSll1dG5ialdPUHRYdz09>

Meeting ID: 837 7235 0623

Password: 991327

One tap mobile

+16699006833,,83772350623#,,1#,991327# US (San Jose)

Dial by Phone: +1 669 900 6833 US (San Jose)

Find your local number: <https://us02web.zoom.us/j/83772350623?pwd=OW1wNUhmMZE1vSll1dG5ialdPUHRYdz09>

Upcoming 20s & 30s Community Online Events

20s & 30s Community Craft Time - Mondays at 8PM

Join via Zoom: <https://us02web.zoom.us/j/86102627937?pwd=TDhWdytnZnU2Y0E2enNvUmFUNzgvdz09>

Meeting ID: 861 0262 7937

Password: 416671

Dial by Phone: +1-669-900-9128 (San Jose)

We'll have a crafty thing anyone can do at home, or bring your own craft project. We're just going to hang out and make art together.

Becoming Together - Wednesdays, June 10 and 24, 7PM

Join via Zoom: <https://us02web.zoom.us/j/86280318257?pwd=Z0N3VDdQVXZrdHZOL2QvWGVCU3VqZz09>

Meeting ID: 862 8031 8257

Password: 210519

Dial by Phone: +1-669-900-9128 (San Jose)

All people ages 18 to 39 are invited to join us for 90 minutes of reflection and sharing.

VIRTUAL CELEBRATION OF OUR SOCIETY FOR COMMUNITY WORK (SCW) SCHOLARS

Sunday, June 28, 1:30 PM - 2:30 PM (On Zoom)

The SCW Scholarship Committee invites you to come and meet our scholars in a virtual celebration of their accomplishments in spite of incredible odds! As President Barack Obama said in his speech to high school graduates on May 16th:

"... just as you're about to celebrate having made it through, just as you've been looking forward to proms and senior nights, graduation ceremonies and, let's face it, a bunch of parties, the world is turned upside down by a global pandemic."

Each year SCW awards scholarships for deserving students who have graduated from a San Francisco high school and are the first of their generation to attend college. Many of our students are immigrants, refugees or dreamers who have excelled in high school academics and are motivated to go on to college. All of them are bright, energetic and give us great hope for our collective future. We have 15 continuing scholars from past years, and 6 new scholars who are just graduating from high school. Most years, we have thrown them all a lunch

party so they can meet members of UUSF and get to know each other - but with our social distancing in place, we are moving our event on-line this year. Also – we have an ask for the wider Church community. We are seeking intern opportunities for our college and college-bound Scholars. Many are first generation, low-income students from immigrant families. Their worlds have been turned upside down with the advancement of the COVID-19, especially those who suffer the loss of their summer plans to intern or work.

If you have or know of someone who may have a placement or project for our high-achieving students, we would really like to hear from you. These placements, paid or unpaid, will advance our Scholar's professional growth, skills, and networking while giving you and your organization energy and talent from a youth's perspective. Thank you so much for your consideration.

Please contact Maric Munn (msmunn@aol.com) or Nicky Trasvina (nrtrasvina@gmail.com)

[Please watch the weekly Flame for a link to the zoom meeting, and join us, prepared to be inspired.](#)

Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the Rev. Thomas Starr King was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

For more about our congregation,
please visit our website at www.uusf.org.

First Unitarian Universalist Society of San Francisco
1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org



Everybody's Got A Right to Live!

We Won't Be Silent Anymore!

The racial and economic disparities of the COVID-19 pandemic and the more recent police brutality against protesters nationwide make plainly apparent what has been true all along — that this society serves the interests of the rich, while ignoring the needs of the people who are poor or one emergency away from being poor.

In 1968, Rev. Dr. Martin Luther King Jr. and many others called for a “revolution of values” and sought to build a movement that could unite poor and dispossessed communities across the country. [The Poor People's Campaign: A National Call for Moral Revival](#) (PPC) is a continuation of this work, confronting the interlocking evils of systemic racism, poverty, climate change and ecological devastation, militarism and the war economy, and the distorted moral narrative of religious nationalism.

The UUA is an official part of the Poor People's Campaign (PPC). Together we demand that the 140 million poor and low-income people in our nation are no longer ignored, dismissed or pushed to the margins of our political and social agenda. UUSF's Economic Justice Working Group, Human Rights Working Group, and Social Justice Council encourage you to join two PPC events in June:

June 13, 11am PDT: Everybody's Got A Right to Live! We Won't Be Silent Anymore! Virtual Town Hall

Featuring Rev. Liz Theoharis, co-chair of the Poor People's Campaign: A National Call for Moral Revival, will be the keynote speaker. Hear participants in the PPC share their perspectives on racism, poverty, the war economy, environmental devastation, and the distorted moral narrative. For more information and/or to RSVP click here: <https://actionnetwork.org/events/poor-peoples-campaign-1968-2020-everybodys-got-a-right-to-live-we-wont-be-silent-anymore/>

June 20, 3pm PDT: Mass Poor People's Assembly and Moral March on Washington Digital Justice Gathering Be part of the largest digital and social media gathering of poor and low-wealth people, moral and religious leaders, advocates, and people of conscience in this nation's history. Please register here (<https://www.poorpeoplescampaign.org/june2020/>) to learn more and share this news.

