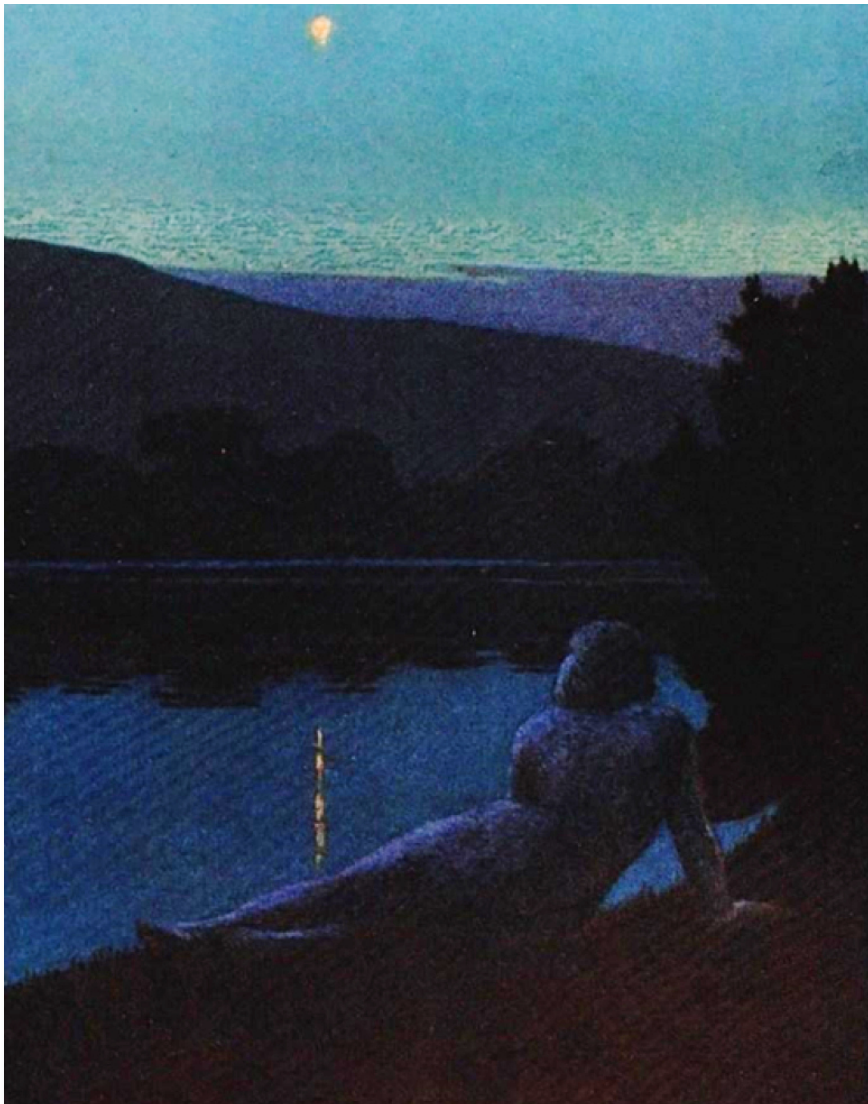


"Story Time"



Sunday, August 9, 2020, 10:50 AM

First Unitarian Universalist Society of San Francisco

Order of Service
Sunday, August 9, 2020
10:50 AM to 12:15 PM

Livestreamed at <http://www.youtube.com/c/UUSFMedia>

“Praised be the fathomless universe, for life and joy, and for objects and knowledge curious.”

-- Walt Whitman

Prelude
Salut d'Amour

Andrés Vera, cellist; My-Hoa Steger, pianist
Edward Elgar

Opening and Welcome

Rev. Alyson Jacks, Associate Minister

Hymn 143

Not in Vain the Distance Beacons

HYMN TO JOY

Mark Sumner and Brielle Nielson, song leaders; Reiko Oda Lane, organist

[\(CLICK HERE OR SCROLL DOWN TO PAGES 6 & 7 TO VIEW HYMN\)](#)

Unison Chalice Lighting

Don Wiepert, Worship Associate

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Invitations

Rev. Alyson Jacks

Meditation on Breathing

When I breathe in, I'll breathe in peace.
When I breathe out, I'll breathe out love.

Covenant

Don Wiepert

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Ritual of Remembrance and Commitment

Rev. Alyson Jacks

Spoken and Silent Meditation

Music

Du bist die Ruh

Andrés Vera; My-Hoa Steger
Franz Schubert

Reflection

Don Wiepert, Worship Associate

Offertory

[The offering today goes to support the work and ministries of the congregation.](#)



Music

Cello Sonata No. 4 C Major (introduction)

Andrés Vera; My-Hoa Steger
Beethoven

Reading

From "Until The End of Time", by Brian Greene
From "On Creativity", by David Bohm

Don Wiepert
Rev. Alyson Jacks

Music

Abendlied unterm gestirnten Himmel

Andrés Vera; My-Hoa Steger
Beethoven

"Evening Song Under a Starry Sky"

*When the sun sets
and the day tilts to its rest,
Luna beckons gently and kindly,
and night descends.*

*When the stars gleam splendidly,
and a thousand sunbeams shimmer:
the soul feels so wonderful,
it wrenches loose from the dust.*

*It gazes so gladly at those stars,
as if it were looking back to its
homeland; it gazes at those far
things,
and forgets all worldly trifles.*

*It wants only to struggle, it wants
only to strive,
and to float free of its mortal frame:
the world is too narrow and small;
among the stars would it like to
live.*

*Whether earth's storms rage,
or false fortune rewards evil,
it gazes hopefully upward,
to where the Star-judge sits
enthroned.*

*No fear can torment it any longer,
no power can command it;*

*with a transfigured face,
it soars upward toward the heavenly
light.*

*A vague premonition creeps up on
me
from another world:
not much longer will last
my earthly pilgrimage.*

*Soon I will have attained my goal,
soon I will have risen up to you.
I will soon reap at God's throne
the beautiful reward of my earthly
sorrows.*

Sermon "Story Time"

Rev. Alyson Jacks, Associate Minister

Hymn 350

The Ceaseless Flow of Endless Time

MCKEE

[\(CLICK HERE OR SCROLL DOWN TO PAGE 8 TO VIEW HYMN\)](#)

Benediction

Postlude

Paraphrase on Hymn to Joy

Reiko Oda Lane, organist

Beethoven

PARTICIPANTS

Service Notes

Rev. Alyson Jacks, Associate Minister

Don Wiepert, Worship Associate

Technology

Jonathan Silk, livestream sound; Eric Shackelford, camera;
Joe Chapot, social media; Alex Darr, remote zoom; Robert Delao, sexton

Musicians

Reiko Oda Lane, organist; Andrés Vera, cellist; My-Hoa Steger, pianist;
Mark Sumner, Songleader; Brielle Nielson, Songleader



ABOUT

Andrés Vera is a soloist, chamber and orchestral musician, who has performed in countless venues throughout the United States, Europe, the Caribbean and Asia. He performs the Classical cello and the Baroque cello. He is the newest member of the Grammy-nominated Quartet San Francisco, a crossover string quartet that excels in multiple styles — from jazz to tango, pop to funk, blues to bluegrass, gypsy swing to big band and beyond. More info at <https://www.andresveracello.com/>

My-Hoa Steger née Lê graduated from the Dalton School of Music at Western Michigan University with a Bachelor of Music in Piano Performance in 1999. She worked under Silvia Roederer of the Verdehr Trio, as well as with Lori Sims and Christopher Taylor. After graduation, Mrs. Steger went on to study classical Bel Canto voice with Italian soprano Antonella Banaudi, choral performance with John Sigerson, and played in the Dirichlet Quartet, an experimental quartet to study the influence of Bach on the quartet genre. Currently, My-Hoa is West Coast Music Coordinator for the Schiller Institute, an international organization founded in 1984 to create a global Renaissance in classical culture.

Cover image by English Artist Margaret C. Cook. ([learn more](#))

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143

Not in Vain the Distance Beacons

$\text{♩} = 69$

1. Not in vain the dis-tance bea-cons. For-ward, for-ward
 2. Oh, we see the cres-cent prom-ise of that spir-it
 3. Yea, we dip in-to the fut-ure, far as hu-man

let us range. Let the great world spin for-ev-er
 has not set; an-cient founts of in-spi-ra-tion
 eye can see, see the vi-sion of the world, and

down the ring-ing grooves of change;
 well through all our fan-cies yet;
 all the won-der that shall be,

through the shad-ow of the globe we
 and we doubt not through the a-ges
 hear the war-drum throb no long-er,

Words: Alfred Lord Tennyson, 1809–1892
 Music: Ludwig van Beethoven, 1770–1827

HYMN TO JOY
 8.7.8.7.D.

sweep a - head to heights sub - lime, we, the heirs of
 one in - creas - ing pur - pose runs, and the thoughts of
 see the bat - tle flags all furled, in the par - lia -

all the a - ges, in the fore - most files of time.
 all are wid - ened with the pro - cess of the suns.
 ment of free - dom, fed - er - a - tion of the world.

The Ceaseless Flow of Endless Time

$\text{♩} = 96$

1. The cease-less flow of end-less time no
 2. The pres-ent slips in-to the past, and
 3. The past and fu-ture ev-er meet in

one can check or stay; we'll view the past with
 dream-like melts a-way; the break-ing of to-
 the e-ter-nal now: to make each day a

no re-gret, nor fu-ture with dis-may.
 mor-row's dawn be-gins a new to-day.
 thing com-plete shall be our New Year vow.

⊕ Words: John Andrew Storey, 1935—
 Music: African American spiritual, c. 1750–1875, adapt. and harmony by
 Harry T. Burleigh, 1866–1949

MCKEE
 C.M.

What's Coming Up? Ways to Connect in These Times



Virtual Coffee Hour: Starts at 12:15 PM

Join via Zoom: <https://zoom.us/j/725737157>

Meeting ID: 725 737 157

Dial by Phone: +1-669-900-6833 (San Jose)

Wish Guidance on Using Zoom?

There are a variety of ways you can learn how to connect through Zoom. The Church has prepared a Guide that explains the Zoom system, and all the basics you need to know in using the system. To access the Guide, [click here](#). You can also access brief on-line tutorials on Zoom To see an example of these tutorials (on how to join a Zoom meeting) [click here](#).

During these times we want you to have our e-mail information handy. Please reach out to your ministers for any reason -- you are having a hard time (or know someone who is); you have a great idea for our new version of shared life in these times (or know someone with skills we could use in this chapter of life together); and because you don't know who to call about what's on your mind. Keep these handy:

THIS SUMMER HERE ARE OUR SCHEDULES

Alyson Jacks: AJacks@uusf.org;
or for emergencies, 415-971-3194

Vanessa Southern on vacation through August 16th.

If you have a pastoral emergency our **Lay Chaplains** are available but so too are Minister Emerita, **Margot Campbell Gross** and retired senior minister, **John Buehrens**.

Here are all the contacts for reaching out:

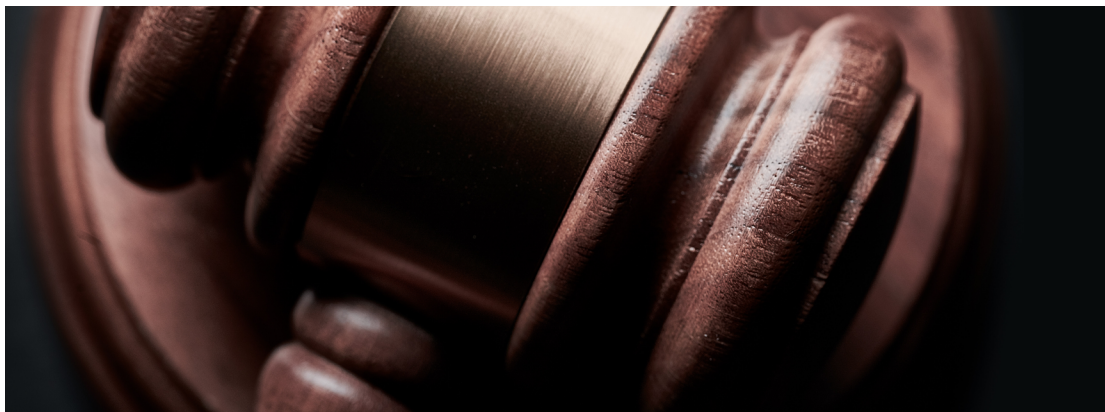
Margot Campbell Gross: margotcg@sbcglobal.net or for emergencies, 415-661-8316

John Buehrens: jbuehrens@comcast.net or for emergencies, 617-216-0962

Lay Chaplains: Chaplains@uusf.org

Taking Care of Each Other

We are wondering if there are folks who might be able to make a soup or stew for folks who are getting over being sick and delivering it to them (or having someone come and deliver it). Let us know if you can do vegan, vegetarian, meat-based soups or stews or any of the above. And just know, if we ask, and you aren't available that week, that is fine; we just want a list of folks who might be willing and able! Let us know at Chaplains@uusf.org



Humanists and Non-Theists

Mini-Law School: Supreme Court 2020 Review of Major Cases, A Humanist's View

Sunday, August 9, 1PM (New ZOOM links every week)

We will look at the Supreme Court's major decisions during the 2019-2020 term, which involved DACA, discrimination against LGBTQ persons in employment, expansion of religious liberty rights, abortion, and much more. True to the Mini-Law School tradition, Professor Chan will try to put the decisions into legal context for non-lawyers, and for this audience, offer a humanist perspective of the justices and how they decide.

Leland is an attorney who teaches constitutional law at Golden Gate University. He also teaches classes to the general public who have an interest in the constitution and the decisions of the Supreme Court.

Please join us by Zoom: <https://us02web.zoom.us/j/88234258542?pwd=OUFWc1Y2UkFUdDNOZlQvTHNEaktOQT09>

Meeting ID: 882 3425 8542

Password: 687334

One tap mobile

+16699006833,,88234258542#,,,0#,,687334# US (San Jose)

+12532158782,,88234258542#,,,0#,,687334# US (Tacoma)

Dial by your location: +1 669 900 6833 US

Meeting ID: 882 3425 8542

Password: 687334

Find your local number: <https://us02web.zoom.us/j/88234258542?pwd=OUFWc1Y2UkFUdDNOZlQvTHNEaktOQT09>



New UU: A 2-Sessions Series for Visitors and Newcomers.

Join Revs. Jacks and Southern, and special guests, for a two session New UU class in September. This interactive class will introduce you to Unitarian Universalism and our congregation. If you don't have Zoom capability, there is a simple way to call in to participate. More information will be sent to those who register. ([click here](#))

Session 1: Tuesday, September 22, 7-8:30 PM ([Register Here](#))

A Quick Journey from Past to Present, Unitarian Universalist History and Theology.

To understand where we are now culturally as a movement, in our philosophies and practices, and our place in the larger landscape of religious history, we'd like to give you an overview of some of the big sweeps of time and where Unitarian Universalism's roots began and where we find ourselves today. We will cover history, theology and a bit of what we call "polity" -- how we run ourselves and why we do it like that.

Session 2: Tuesday, September 29, 7-8:30 PM ([Register Here](#))

UUSF Past to Present

Along the same lines we'd like you to see the history of this particular congregation, it's place in the life and history of San Francisco and California. What has been part of this life, and right now how does this congregation understand the work of spiritual growth, the call to social action, what are our worship traditions (and why are they the way they are), how do we connect and take care of each other, and what is entailed in being called "a member."



Adult Religious Education Programs

Morning Metta Meditation

Tuesdays, Thursdays and Saturdays, 8-8:30 AM

Led by Elena Perez

The zoom link: <https://us04web.zoom.us/j/75735734442> (password metta)

You are warmly welcomed to join "Morning Metta Meditation" group, which meets Tuesdays, Thursdays and Saturdays, 8-8:30 AM. Elena leads a simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience. Attendees can choose to leave their microphone and camera off and just follow along.

Elena Perez is a member of UUSF. She is a Licensed Acupuncturist who practices in SF at Dance With Life Chiropractic in the Inner Sunset, and in Fresno at Benessere Fresno.

Questions? email elena@communityneedles.com

TNT Hangout and Crafts - August 19 at 7PM

We're gathering on the Wednesday when there isn't Becoming Together for hanging out and crafts. This is unstructured time to catch up, make things, play games, and connect as a community. Come for all or part of it, show up anytime between 7 and 8:30, we'll be here.

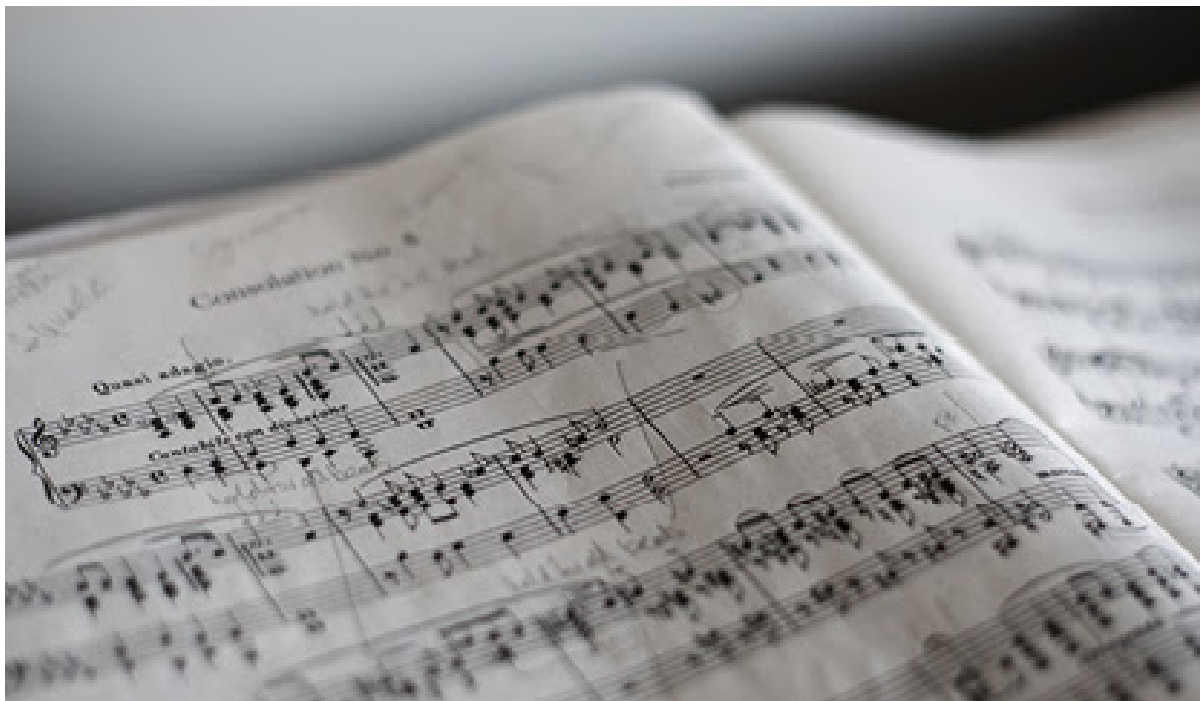
Join on ZOOM: <https://us02web.zoom.us/j/81007012772?pwd=K0pHV2l1VGhWVGtRUIhDYktiRmliUT09>

Meeting ID: 810 0701 2772

Password: dynamite

One tap mobile: +16699009128,,81007012772#,,,0#,,07412206# US

Phone Passcode: 07412206



Sumner's Summer Offerings

With Music Director Dr. Mark Sumner

Mondays and Thursday

7:00 to 8:30 pm

For the Zoom link and a schedule of Offerings email Mark at sngwtme@gmail.com

Join me Monday and Thursday evenings from 7 to 8:30 PM for weekly Zoom singing exercises! Through late August I am covering a variety of musical areas some specific and others quite broad. The hope is there is something of interest at each session AND, upon cursory review, something that will draw YOU in!

For those having Zoom fatigue these activities involve you in ways that should minimize those effects. Judging from initial reactions, this may very well continue into the Fall so keep your eye out for that news!



All Faiths Food Pantry

Every Saturday
7:30 to 11:00 am

Old First Presbyterian Church
1751 Sacramento St, San Francisco, CA 94109
Corner of Van Ness and Sacramento

[SIGNUP HERE](#)

Questions: Contact **Megan Lehmer** - 415-385-0408 or mlehmer@drlehmer.com

Due to Covid-19, we have made some changes in how we handle the All Faiths Food Pantry. Rather than rotating between the five churches, all the churches are sending volunteers every week as we are encouraging younger people to volunteer, and suggesting that people over 60 not volunteer for safety reasons. We need twenty-five volunteers every week for the Food Pantry to go smoothly as we usually serve about 300 low income clients.

The Food Pantry takes place at Old First Presbyterian Church at the corner of Van Ness and Sacramento. We do offer free parking at the church garage located just south of the church on Sacramento as we give out stickers for the parking vouchers for anyone who parks in the garage at the end of the Food Pantry. The truck brings the food (groceries) from the SF/Marin Food Bank at 7:30 AM, so we need volunteers to arrive early. We are usually done with clean up by 11AM.

Volunteers are provided masks and gloves to pack the food in bags in the large meeting inside the church. Every effort is made to keep everything sanitary. Tables are sanitized frequently, and anything which accidentally falls on the floor is discarded. The packed bags are taken to tables outside, where our clients can pick up the pre-packed bags. Our clients line up outside the church with attention paid to social distancing. As a majority of our clients are monolingual Cantonese speaking, we do arrange to have a translator on site at all times.



Virtual Art Show ([click here](#))

In light of these quarantined times the [UUSF Art Committee](#) has arranged a Virtual Art Show featuring photographer **Adrian Alvarez Johnson**.

From Adrian:

As a photographer and anthropologist my goal is to peak interest in a culture through images of its beauty and complexity. By sparking interest and consciousness of the Andean World I hope to contribute to its visibility, vibrancy, and survival. **Do you recognize the Chakana and the words that it is made out of?** If you were part of the Andean World you would recognize the people, places, and things in the Chakana word cloud. A person's worldview comes from the figures, stories, concepts, and technology they inherit from their culture. Each photo presented is as packed with meanings and the Andean worldview as the Chakana word cloud. Please take some time googling the words in the Chakana.

In these photos the legacy and vibrancy of the Andean World is Visible. Incan ruins and Quechua and Aymara speakers span from Columbia to Northern Chile and Argentina. Groups from across this region still converge in the ancient Incan capital of Cusco. The first photos are from the Cusco and the Machu Picchu region, then Lake Titicaca and Copacabana Bolivia, and finally the mining city of Potosi. These photos show an Andean World that has survived for 500 years but a world undoubtedly changed by conquest, occupation, mining, conversion, racism, slavery, religious syncretism, and cultural renewal and survival.

[CLICK HERE TO VIEW SHOW](#)

Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the Rev. Thomas Starr King was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

For more about our congregation,
please visit our website at www.uusf.org.

First Unitarian Universalist Society of San Francisco
1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org