



"TURNING POINTS"



Order of Service
Sunday, August 16, 2020
10:50 AM to 12:15 PM

Livestreamed at <http://www.youtube.com/c/UUSFMedia>

. . . while it is all very well to talk of 'turning points', one can surely only recognise such moments in retrospect. Naturally, when one looks back to such instances today, they may indeed take the appearance of being crucial, precious moments in one's life; but of course, at the time, this was not the impression one had. Rather, it was as though one had available a never-ending number of days, months, years. . .

Kazuo Ishiguro, *The Remains of the Day*.

Prelude

Ties and Round and Round
Revolt and Reveal (part 1)

Jennifer Peringer, pianist
Zenobia Powell Perry
Paula Dreyer

Opening and Welcome

Rev. John Buehrens

Hymn 1074

Turn the World Around Harry Belafonte and Robert Freedman
Asher Davison and Brielle Neilson, song leaders; Jon Silk, drummer; Jennifer Peringer

[\(CLICK HERE OR SCROLL DOWN TO PAGES 6 to 11 TO VIEW HYMN\)](#)

Unison Chalice Lighting

Richard Davis-Lowell, Worship Associate

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Invitations

Rev. John Buehrens

Meditation on Breathing

When I breathe in, I'll breathe in peace.
When I breathe out, I'll breathe out love.

Covenant

Richard Davis-Lowell

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Ritual of Remembrance and Commitment

Rev. John Buehrens

Spoken and Silent Meditation

Music

Revolt and Reveal (part 2)

Jennifer Peringer

Paula Dreyer

Reflection

Richard Davis-Lowell

Offertory

[The offering today goes to support the work and ministries of the congregation.](#)



Music

Requiem Milonga (part 1)

Jennifer Peringer; Martha Rodríguez Peringer, flutist
Valerie Coleman

Reading

"The Art of Hearing Heartbeats" by Jan-Philipp Sendker

Rev. John Buehrens

Music

Requiem Milonga (part 2)

Jennifer Peringer; Martha Rodríguez Peringer
Valerie Coleman



Sermon "Turning Points"

Rev. John Buehrens

Hymn 1028 *The Fire of Commitment* Words: Mary Katherine Morn; Music: Jason Shelton

[\(CLICK HERE OR SCROLL DOWN TO PAGES 12 to14 TO VIEW HYMN\)](#)

Benediction

Rev. John Buehrens

Postlude

Concertino Op. 107

Jennifer Peringer; Martha Rodríguez Peringer

Cecile Chaminade

PARTICIPANTS

Service Notes

Rev. John Buehrens

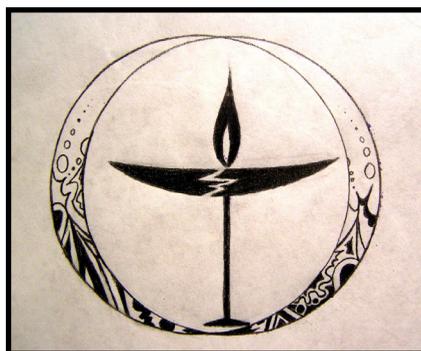
Richard Davis-Lowell, Worship Associate

Technology

Jonathan Silk, livestream sound; Eric Shackelford, camera;
Joe Chapot, social media; Alex Darr, remote zoom; Robert Delao, sexton

Musicians

Jennifer Peringer, pianist; Martha Rodríguez Peringer, flutist;
Asher Davison, Songleader; Brielle Neilson, Songleader; Jon Silk, drummer



ABOUT

Jennifer and Martha Rodríguez Peringer have been making music together since they met in 2005 and fell in love while collaborating on a performance of Mozart's *opera Cosi fan Tutti*.

For more information about their performing and teaching activities go to bernalhillplayers.com, and sfcmc.org.



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1074 Turn the World Around

Upbeat calypso ♩ = 160

D D/F# G A A/C# D

*chords repeat 2-bar pattern unless otherwise noted

1. We come from the fi - re, liv - ing in the fi - re,
 2. We come from the wa - ter, liv - ing in the wa - ter,
 3. We come from the moun - tain, liv - ing on the moun - tain,

go back to the fi - re, turn the world a - round.
 go back to the wa - ter, turn the world a - round.
 go back to the moun - tain, turn the world a - round.

Words & music: Harry Belafonte, 1927 - and Robert Freedman, © 1975 Clara Music Publishing Corp. (ASCAP).

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⊕ Arr. Jason Shelton, 1972 -

Whoa, _____ so is life! Ah, _____

The first system of the musical score consists of three staves. The top staff is a vocal line in treble clef with a key signature of two sharps (D major). It contains the lyrics "Whoa, _____ so is life! Ah, _____" with long horizontal lines indicating sustained notes. The middle and bottom staves are piano accompaniment, with the middle staff in treble clef and the bottom staff in bass clef. The piano part features a steady bass line and chords in the right hand.

so is life! Whoa, _____ so is life!

The second system of the musical score continues the vocal and piano parts. The vocal line has the lyrics "so is life! Whoa, _____ so is life!". The piano accompaniment maintains the same harmonic and rhythmic structure as the first system.

Ah, _____ so is life!

The third system of the musical score concludes the vocal and piano parts. The vocal line has the lyrics "Ah, _____ so is life!". The piano accompaniment continues with the same accompaniment pattern.

Do you know who I am?

2nd time only

Do you know who I am? Do I know who you are?

Do I know who you are?

See we one a-noth-er clear-ly? Do we know who we are?

See we one an - oth - er clear - ly?

Do you know who I am? Do I know who you are?

Do we know who we are?

See we one a-noth-er clear-ly? Do we know who we are?

This system contains the first two lines of the musical score. The top line is a vocal melody in treble clef with lyrics. The second line is a piano accompaniment in treble clef. The bottom two lines are a piano accompaniment in bass clef. The key signature has two sharps (F# and C#).

Whoa, _____ so is life! A-ba-tee-wah, _____

This system contains the second two lines of the musical score. The top line is a vocal melody in treble clef with lyrics. The second line is a piano accompaniment in treble clef. The bottom two lines are a piano accompaniment in bass clef. The key signature has two sharps (F# and C#).

so is life! Whoa, _____

This system contains the final two lines of the musical score. The top line is a vocal melody in treble clef with lyrics. The second line is a piano accompaniment in treble clef. The bottom two lines are a piano accompaniment in bass clef. The key signature has two sharps (F# and C#).

so is life! A-ba-tee - wah, _____ so is life!

Building in intensity - louder each time

D2

1. Wa - ter make the riv - er, riv - er wash the moun-tain
 2. Heart is of the riv - er, bod-y is the moun-tain
 3. We are of the spir - it, tru-ly of the spir - it

D2

Fi - re make the sun - light, turn the world a - round.
 Spir-it is the sun - light, turn the world a - round.
 On - ly can the spir - it turn the world a - round!

gliss. last time only

Whoa, _____ so is life! A-ba-tee - wah, _____ (ha!)

so is life! Whoa, _____ so is life! A-ba-tee-

wah, _____ (ha!) so is life! so is life!

1028 The Fire of Commitment

With joy and energy ♩ = 150

Chords: Eb, Bb/D, Cm7, Eb/Bb, Ab, Bb

Chords: Eb, Ab/Bb, Eb, Bb/D, Cm7, Bb

1. From the light of days re - mem - bered burns a
 (2. From the) stor - ies of our liv - ing rings a
 (3. From the) dreams of youth - ful vis - ion comes a

Chords: Ab, Eb/G, Fm7, Bb, Eb, Bb/D

bea - con bright and clear Guid - ing hands and hearts and
 song both brave and free Call - ing pil - grims still to
 new, pro - phet - ic voice Which de - mands a deep - er

Note: The use of percussion is highly recommended.

⊕ Words: Mary Katherine Morn, 1961 - and Jason Shelton, 1972 -

⊕ Music: Jason Shelton, 1972 - , © 2001 Jason Shelton

FIRE OF COMMITMENT, 8.7.8.7 with refrain

Cm7 Eb/Bb Db Ab Bbsus Bb Ab Bb

spir - its In - to faith set free from fear.
 wit - ness to the life of lib - er - ty When the
 jus - tice built by our cour - a - geous choice

Cm Bb Ab Eb/G Fm7 Eb/G

fire of com - mit - ment sets our mind and soul a -

Ab Bbsus Bb Cm Eb/G Ab Eb

blaze When our hun - ger and our pas - sion meet to

Db Ab Bbsus Bb Bb7 Cm Bb

call us on our way When we live with deep as -

Ab Eb/G Fm7 Eb/G Ab Bbsus Bb

sur - ance of the flame that burns with - in Then our

The first system of music features a vocal line in the treble clef and piano accompaniment in the grand staff. The key signature has two flats (Bb and Eb). The vocal line consists of quarter notes: A-flat, B-flat, C, D, E-flat, F, G, A-flat, B-flat, C. The piano accompaniment includes a right-hand part with eighth-note patterns and a left-hand part with chords.

Cm Eb/G Ab Eb/G Fm7 Bb Bbsus

pro - mise finds ful - fill - ment and our fu - ture can be -

The second system continues the vocal and piano parts. The vocal line notes are: G, A-flat, B-flat, C, D, E-flat, F, G, A-flat, B-flat, C. The piano accompaniment maintains the eighth-note patterns in the right hand and chords in the left hand.

Eb Bb/D Cm7 Eb/Bb Ab Bb

gin.

The third system shows the vocal line with a slur over the notes: G, A-flat, B-flat, C, D, E-flat, F, G, A-flat, B-flat, C. The piano accompaniment continues with similar rhythmic patterns.

1, 2 Eb Ab/Bb 3 Eb(add9)

2. From the
3. From the

The fourth system includes a first ending bracket with three measures. The first measure has a chord of Eb. The second measure has a chord of Ab/Bb. The third measure has a chord of Eb(add9). Below the piano part, there are handwritten annotations: '2. From the' and '3. From the' with arrows pointing to specific notes. There is also a handwritten 'EV' in the piano part.

What's Coming Up? Ways to Connect in These Times



Virtual Coffee Hour: Starts at 12:15 PM

Join via Zoom: <https://zoom.us/j/725737157>

Meeting ID: 725 737 157

Dial by Phone: +1-669-900-6833 (San Jose)

Wish Guidance on Using Zoom?

There are a variety of ways you can learn how to connect through Zoom. The Church has prepared a Guide that explains the Zoom system, and all the basics you need to know in using the system. To access the Guide, [click here](#). You can also access brief on-line tutorials on Zoom To see an example of these tutorials (on how to join a Zoom meeting) [click here](#).

During these times we want you to have our e-mail information handy. Please reach out to your ministers for any reason -- you are having a hard time (or know someone who is); you have a great idea for our new version of shared life in these times (or know someone with skills we could use in this chapter of life together); and because you don't know who to call about what's on your mind. Keep these handy:

THIS SUMMER HERE ARE OUR SCHEDULES

Alyson Jacks: AJacks@uusf.org;

or for emergencies, 415-971-3194

Vanessa Southern on vacation through August 16th.

If you have a pastoral emergency our Lay Chaplains are available but so too are Minister Emerita, Margot Campbell Gross and retired senior minister, John Buehrens.

Here are all the contacts for reaching out:

Margot Campbell Gross: margotcg@sbcglobal.net or for emergencies, 415-661-8316

John Buehrens: jbuehrens@comcast.net or for emergencies, 617-216-0962

Lay Chaplains: Chaplains@uusf.org

Taking Care of Each Other

We are wondering if there are folks who might be able to make a soup or stew for folks who are getting over being sick and delivering it to them (or having someone come and deliver it). Let us know if you can do vegan, vegetarian, meat-based soups or stews or any of the above. And just know, if we ask, and you aren't available that week, that is fine; we just want a list of folks who might be willing and able! Let us know at Chaplains@uusf.org



Junior and Galen talking while being filmed for "Unsettled". Photo by Tom Shepard.

Humanists and Non-Theists

How this UU Community Helped Settle the Unsettled

Sunday, August 169, 1PM (New ZOOM links every week)

In 2011 members of UUSF acted on a request from the Unitarian Universalists United Nations Office to help gay and lesbian refugees settle in San Francisco. We were asked to assist newly arrived refugees with navigating US institutions such as MUNI, DMV, and Costco for the eight months the US government pays refugee benefits. Galen Workman, one of the original UUSF Guardian Group mentors, will talk about his experience helping refugees and how it felt to be filmed by a documentary film maker for three years while working with one client.

Galen was a primary contact Junior Mayema whose story is told in *Unsettled: Seeking Refuge in America*. This award-winning documentary is streaming for free now through August 20 [here](#). The film is an excellent, realistic, and engaging look at who refugees really are and what they face when they arrive in the Bay Area.

Please join us by Zoom: <https://us02web.zoom.us/j/86226163154?pwd=QnVLTnVzbHh4YmtSY29uMS9YcW5YQT09>

Meeting ID: 862 2616 3154

Password: 288403

One tap mobile

+16699006833,,86226163154#,,,,,0#,,288403# US (San Jose)

+12532158782,,86226163154#,,,,,0#,,288403# US (Tacoma)

Dial by your location: +1 669 900 6833 US

Meeting ID: 862 2616 3154

Password: 288403

Find your local number: <https://us02web.zoom.us/u/keoUiPbxLj>



New UU: A 2-Sessions Series for Visitors and Newcomers.

Join Revs. Jacks and Southern, and special guests, for a two session New UU class in September. This interactive class will introduce you to Unitarian Universalism and our congregation. If you don't have Zoom capability, there is a simple way to call in to participate. More information will be sent to those who register. ([click here](#))

Session 1: Tuesday, September 22, 7-8:30 PM ([Register Here](#))

A Quick Journey from Past to Present, Unitarian Universalist History and Theology.

To understand where we are now culturally as a movement, in our philosophies and practices, and our place in the larger landscape of religious history, we'd like to give you an overview of some of the big sweeps of time and where Unitarian Universalism's roots began and where we find ourselves today. We will cover history, theology and a bit of what we call "polity" -- how we run ourselves and why we do it like that.

Session 2: Tuesday, September 29, 7-8:30 PM ([Register Here](#))

UUSF Past to Present

Along the same lines we'd like you to see the history of this particular congregation, it's place in the life and history of San Francisco and California. What has been part of this life, and right now how does this congregation understand the work of spiritual growth, the call to social action, what are our worship traditions (and why are they the way they are), how do we connect and take care of each other, and what is entailed in being called "a member."



[Adult Religious Education Programs](#)

Morning Metta Meditation

Tuesdays, Thursdays and Saturdays, 8-8:30 AM

Led by Elena Perez

The zoom link: <https://us04web.zoom.us/j/75735734442> (password metta)

You are warmly welcomed to join "Morning Metta Meditation" group, which meets Tuesdays, Thursdays and Saturdays, 8-8:30 AM. Elena leads a simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience. Attendees can choose to leave their microphone and camera off and just follow along.

Elena Perez is a member of UUSEF. She is a Licensed Acupuncturist who practices in SF at Dance With Life Chiropractic in the Inner Sunset, and in Fresno at Benessere Fresno.

Questions? email elena@communityneedles.com

TNT Hangout and Crafts - August 19 at 7PM

We're gathering on the Wednesday when there isn't Becoming Together for hanging out and crafts. This is unstructured time to catch up, make things, play games, and connect as a community. Come for all or part of it, show up anytime between 7 and 8:30, we'll be here.

Join on ZOOM: <https://us02web.zoom.us/j/81007012772?pwd=K0pHV21lVGhWVGtRUIhDYktiRmlhUT09>

Meeting ID: 810 0701 2772

Password: dynamite

One tap mobile: +16699009128,,81007012772#,,,,0#,,07412206# US

Phone Passcode: 07412206

Sumner's Summer Offerings

With Music Director Dr. Mark Sumner

Mondays and Thursday

7:00 to 8:30 pm

For the Zoom link and a schedule of Offerings email Mark at sngwtme@gmail.com

Join me Monday and Thursday evenings from 7 to 8:30 PM for weekly Zoom singing exercises! Through late August I am covering a variety of musical areas some specific and others quite broad. The hope is there is something of interest at each session AND, upon cursory review, something that will draw YOU in!

For those having Zoom fatigue these activities involve you in ways that should minimize those effects. Judging from initial reactions, this may very well continue into the Fall so keep your eye out for that news!

UUSF 20s & 30s Ministry August Program

TNT Hangouts & Crafts

August 5 & 19

7:00pm to 8:30pm

Becoming Together

Wednesdays August 15 & 29

7:00pm to 8:30pm

More info at uusf.org/tnt

CLICK
HERE



All Faiths Food Pantry

Every Saturday
7:30 to 11:00 am

Old First Presbyterian Church
1751 Sacramento St, San Francisco, CA 94109
Corner of Van Ness and Sacramento

[SIGNUP HERE](#)

Questions: Contact Megan Lehmer - 415-385-0408 or mlehmer@drlehmer.com

Due to Covid-19, we have made some changes in how we handle the All Faiths Food Pantry. Rather than rotating between the five churches, all the churches are sending volunteers every week as we are encouraging younger people to volunteer, and suggesting that people over 60 not volunteer for safety reasons. We need twenty-five volunteers every week for the Food Pantry to go smoothly as we usually serve about 300 low income clients.

The Food Pantry takes place at Old First Presbyterian Church at the corner of Van Ness and Sacramento. We do offer free parking at the church garage located just south of the church on Sacramento as we give out stickers for the parking vouchers for anyone who parks in the garage at the end of the Food Pantry. The truck brings the food (groceries) from the SF/Marin Food Bank at 7:30 AM, so we need volunteers to arrive early. We are usually done with clean up by 11AM.

Volunteers are provided masks and gloves to pack the food in bags in the large meeting inside the church. Every effort is made to keep everything sanitary. Tables are sanitized frequently, and anything which accidentally falls on the floor is discarded. The packed bags are taken to tables outside, where our clients can pick up the pre-packed bags. Our clients line up outside the church with attention paid to social distancing. As a majority of our clients are monolingual Cantonese speaking, we do arrange to have to have a translator on site at all times.

Sensible Cinema

Sponsored by the UUSF Social Justice Council

Celebrating 100th Year Anniversary of the Womens' Right to Vote

IRON JAWED ANGELS

Friday, August 21, 6:30pm

Virtual Film Discussion Gathering via Zoom



Iron Jawed Angels is a feature length (2 hours) dramatization made for HBO in 2004. It tells the story of women's suffrage in the U.S. from 1912 until the 19th Amendment was passed giving women the right to vote in August of 1920.

To watch the film go to the link below. In a "Reminder", I'll send the Zoom link to you about Aug. 18 to allow you to attend the discussion on Friday, Aug. 21. So, you watch the film on your own and attend the discussion if you can on our regular monthly film night, the 3rd Friday of the month (Aug. 21).

https://www.youtube.com/watch?v=hOrD0tH_WaM

If you want to be on my list for the "Reminder", please send me (Larry Danos) an email or call: Ldanos@sbcglobal.net / 415-722-6480.

[Adult Religious Education Classes](#)

Unitarian Universalist History With Rev. Dr. John Buehrens

Meets Tuesdays at 7PM for 90 minutes
September 8, 15, 22, 29 & October 6, 13

Limited to 15 people, so register today!

[Register Here](#)

Dive into the rich history of our faith tradition! Join Rev. Dr. John Buehrens, former president of the Unitarian Universalist Association, former Senior Minister of UU San Francisco, historian and “evangelical rabbi of liberal religion.” During the first session, the class will get to know each other and there will be a brief lecture. Subsequent weeks we will explore how Unitarians and Universalists separately encountered different stages of American history before consolidating in 1961, and finally, how the merged UUA has met the challenge of rapid social change over the last six decades.

- A. Ancient and European Background
- B. Universalist and Unitarian Origins in America
- C. Unitarian Transcendentalism
- D. Universalists in the Age of Reform
- E. The Gilded Age and the Progressive Era
- F. Religious Humanism and Consolidation
- G. The Six Decades of the UUA

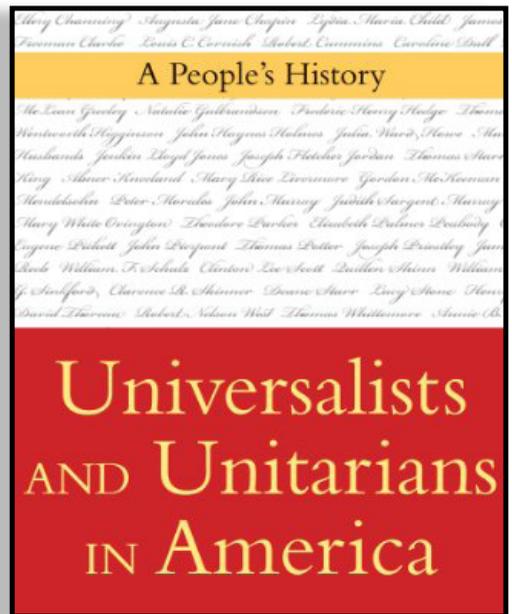
Participants are asked to read *Universalists and Unitarians in America: A Peoples' History* (Skinner House, 2011).

Buy a physical copy from the UUA Bookstore (\$15 + shipping.) Also available as an ebook on Google or Kindle.

[Purchase Book](#)

Participants are also asked to donate \$5 per session to UUSF, but no one will be turned away.

[Make a Donation](#)





UUSF Forum Returns!

Mark your calendars now because the UUSF Forum will resume on **Saturday, September 19** at 11AM. The Forum will be held over Zoom and a link with speaker information will be available in the coming weeks. Please note that discussions will now occur on Saturday mornings instead of Sunday as they did in the past. Questions? Email us at uuforum@uusf.org



UU the VOTE

Join UU the Vote in a national phone banking effort, beginning on Tuesday, August 25, 3-5PM. To register, [click here](#). UU The Vote works with congregations across the country to help with organizing efforts for local, state and national elections. If you are interested in learning more about UU the Vote, [click here](#). Rev. Alyson Jacks is helping to organize a UU the Vote chapter in our church. Contact her at ajacks@uusf.org. 76 days till election day!

Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the Rev. Thomas Starr King was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

For more about our congregation,
please visit our website at www.uusf.org.

First Unitarian Universalist Society of San Francisco
1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org