

Saying "I'm Sorry"

Sunday, January 17, 10:50 AM, 2021

First Unitarian Universalist Society of San Francisco





Order of Service
Sunday, January 17, 2021
10:50 AM to 12:15 PM

Livestreamed at <http://www.youtube.com/c/UUSFMedia>

New to UUSF? [Complete our Connections Form Here](#)

Prelude

A Tribute to Martin Luther King, Jr.
Let Us Break Bread Together

Reiko Oda Lane, organist

Hampton Sisler

American Spiritual arr. Nelson Russell

Opening and Welcome

Rev. Vanessa Rush Southern, Senior Minister

Hymn 131

Love Will Guide Us

OLYMPIA

Reiko Oda Lane, organist; Leandra Ramm, Brielle Marina Neilson,
Ben Rudiak-Gould, Asher Davison, songleaders; Mark Sumner, conductor

[\(CLICK HERE OR SCROLL DOWN TO PAGES 5 & 6 TO VIEW HYMN\)](#)

Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Brief Invitations

Meg McGuire and Rev. John Buehrens

Meditation on Breathing

When I breathe in, I'll breathe in peace.
When I breathe out, I'll breathe out love.

Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Ritual of Remembrance and Commitment

Meg McGuire, Ministerial Intern

Spoken and Silent Meditation

Music Leandra Ramm, soprano; Brielle Marina Neilson, alto; Ben Rudiak-Gould, tenor;
Asher Davison, bass; Mark Sumner; conductor
MLK U2, arr. Bob Chilcott

Reflection

Dennis Adams, Worship Associate

Offering

The offering today goes to support the work and ministries of the congregation.



Music Eric Shackelford, soloist; Leandra Ramm, soprano; Brielle Marina Neilson, alto;
Ben Rudiak-Gould, tenor; Asher Davison, bass; Mark Sumner, pianist
Up to the Mountain Patty Griffin, arr. Mac Huff

Reading From Brené Brown's "Unlocking Us" Podcast with author Harriet Lerner
in conversation about her book, "I'm Sorry: How To Apologize & Why It Matters"

[Learn More Here](#)

Hymn 1023

Building Bridges Cotemporary English Quaker Round
Leandra Ramm, Brielle Marina Neilson, Ben Rudiak-Gould,
Asher Davison, songleaders; Mark Sumner, pianist

[\(CLICK HERE OR SCROLL DOWN TO PAGE 7 TO VIEW HYMN\)](#)

Sermon **Saying "I'm Sorry"**

Rev. Vanessa Rush Southern

Music

Brand New Day from *The Wiz* Produced for the Biden Inauguration by Derek Silbermann

Benediction

Rev. Vanessa Rush Southern

Postlude

Roll, River Jordan!

Reiko Oda Lane, organist
American Spiritual arr. Ralph Simpson



PARTICIPANTS

Service Notes

Rev. Vanessa Rush Southern, Senior Minister

Meg McGuire, Ministerial Intern

Dennis Adams, Worship Associate

Rev. Dr. John Buehrens

Technology

Eric Shackelford, camera

Shulee Ong, camera

Jonathan Silk, sound/oos design

Joe Chapot, social media

Thomas Brown, sexton

Alex Darr, Zoom Coffee Hour

Judy Payne, flowers

Musicians

Reiko Oda Lane, organist

Leandra Ramm, soprano

Brielle Marina Neilson, alto

Ben Rudiak-Gould, tenor

Asher Davison, bass

Eric Shackelford, soloist

Mark Sumner; pianist

$\text{♩} = 60$

1. Love will guide us, peace has tried us, hope in-
 2. If you can - not sing like an - gels, if you
 3. Love will guide us, peace has tried us, hope in-

side us will lead the way on the
 can - not speak be - fore thou - sands, you can
 side us will lead the way on the

road from greed to giv - ing. Love will
 give from deep with - in you. You can
 road from greed to giv - ing. Love will

Words: Sally Rogers, © 1985 Sally Rogers, used by perm. of
 Thrushwood Press Publishing

④ Music: Traditional, arr. by Betty A. Wylder, 1923-
 © 1992 Unitarian Universalist Association

OLYMPIA
 L.M.

guide us through the hard night.
change the world with your love.
guide us through the hard night.



Building Bridges

1023

♩ = 96

①

Fm

Cm

Fm

Cm



Build - ing Bridg-es — be-tween our di - vi-sions, — I

②



reach out to you, will you reach out to me? With

③



all of our voic-es — and all of our vi-sions,

④



friends, we could make such sweet har-mo-ny.

Words: The women of Greenham Common peace occupation in England, 1983

Music: Contemporary English Quaker Round

What's Coming Up? Ways to Connect in These Times



Virtual Coffee Hour: Starts at 12:15 PM

Join via Zoom: <https://zoom.us/j/725737157>

Meeting ID: 725 737 157

Dial by Phone: +1-669-900-6833 (San Jose)

Wish Guidance on Using Zoom?

There are a variety of ways you can learn how to connect through Zoom. The Church has prepared a Guide that explains the Zoom system, and all the basics you need to know in using the system. To access the Guide, [click here](#). You can also access brief on-line tutorials on Zoom To see an example of these tutorials (on how to join a Zoom meeting) [click here](#).

During these times we want you to have our email information handy. Please reach out to your ministers for any reason -- you are having a hard time (or know someone who is); you have a great idea for our new version of shared life in these times (or know someone with skills we could use in this chapter of life together); and because you don't know who to call about what's on your mind. Keep these handy:

Please contact Rev. Alyson Jacks (ajacks@uusf.org) or Vanessa Southern (vrsouthern@uusf.org)

In spite of all the COVID-19 restrictions, members of the church continue offering Pastoral Care and support to one another. One of those groups is the [Lay Chaplains](#) (Jan Oringer, Liz Strand, Gino Fortunato, Linda Harris, and Marty Vanderlaan) have been joined this Summer by retired ministers Margot Campbell-Gross and John Buehrens. To contact this team, send an email to chaplains@uusf.org or telephone one of the lay chaplains. We will respond to your request and connect you to someone who can help. In providing care we often rely on a network of UUSF volunteers who have indicated they are available to help other members of the congregation. We wish to express our deep appreciation for the help of these volunteers.

"Justice & Hope"

Rev. Dr. Martin Luther King, Jr. Birthday Celebration Virtual Interfaith Prayer Service

Monday, January 18, 8:30 am

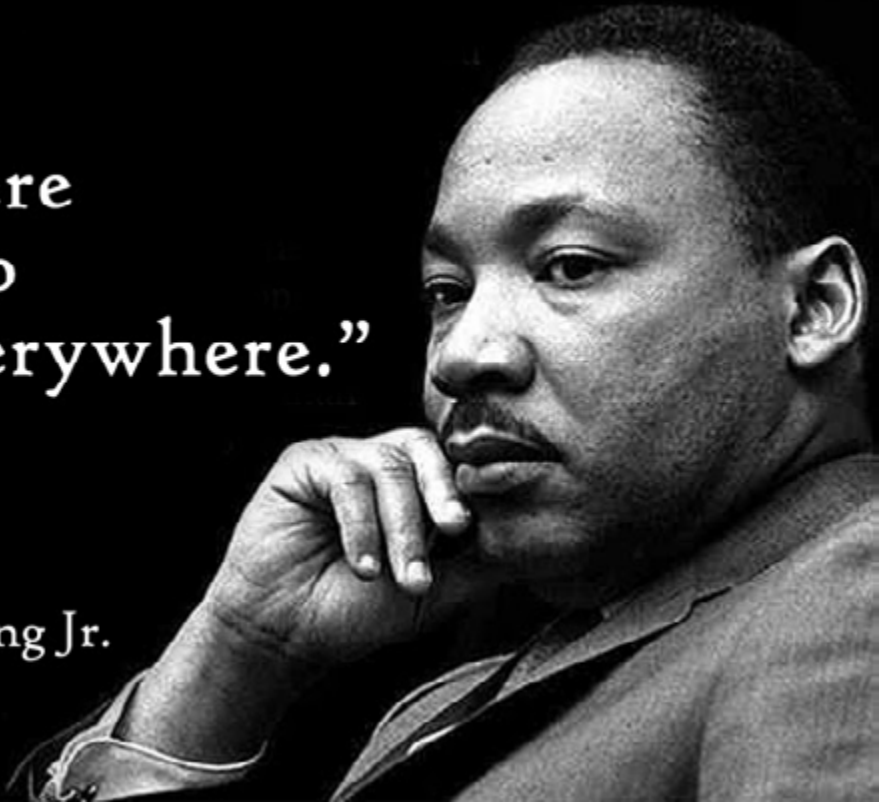
ZOOM REGISTRATION

(Follow the link below to register for the call. We are taking this extra step to model best practices for holding virtual meetings).

https://zoom.us/meeting/register/tJ0kdeuprDIsH9HBByiOO__kJA5jCcFE-27ON

“Injustice
anywhere
is a threat to
justice everywhere.”

—Martin Luther King Jr.





Forum

Rev. Leslie Takahasi of Mt. Diablo UU on "Widening the Circle"

Sunday, January 17, 1:30 PM

"What Is at stake here is nothing less than the future of our faith"

The Sunday Forum and the Human Rights Working Group invites you to this important Forum "Widening The Circle" a report by the U U A Commission On Institutional Change on the problems of white supremacy and systemic racism historically and presently within the U U A. The featured speaker will be Rev. Leslie Takahasi- Chair of the Commission On The Institutional Change. Rev. Takahasi is also the Sr. Minister of Mt Diablo UU and coauthor of the book ["The Arc of The Universe Is Long: Anti Racism and The Unitarian Universalist Association"](#) along with many other publications.

Everyone is welcome. Please join us at the Zoom link below:

<https://zoom.us/j/92000514298?pwd=eEFkb0RhSWZxMFhpTTVVQU56NnhNUT09>

Meeting ID: 920 0051 4298

Passcode: 452775

Dial by your location

+1 669 900 6833 US (San Jose)

Find your local number: <https://zoom.us/u/adtEPMbnr>

Aloha AUUction 2021 Is Almost Here!

Online Silent Auction January 29, 2021 - February 4, 2021

Online Live Auction February 5, 2021

Deadline for donations is January 26, so it's time to post your donation by clicking on the button below!

**CLICK HERE
TO DONATE ITEM**

Everybody can donate something, and all the proceeds go to our church and its important programs!

See what has already been donated ([here](#)) by UUSF congregants and friends. The ideas are limitless. Here are just a few.

Fine wine

Original artwork or other valuable items

Food preparation and delivery

Cookies, pies, and other scrumchies

Services like shopping, teaching a skill, consulting

Weekend and week-long getaways

Parties and cultural events (for dates later in 2021)

Online family and kid-friendly activities (some with kits of materials)

Questions? Email Sue Anthony at susan.j.anthony@comcast.net.

Register to bid: It's not too early to register on the Silent Auction site so you'll be ready when the bidding starts Friday, January 29!

Register Here



QUALITY WINE BOTTLE DONATIONS DESPERATELY NEEDED BY ALOHA AUCTION!!

We need your wine bottle donations in order to create two cases of wine to auction off at this year's auction. Please consider donating a \$15+ bottle of wine to support this major fundraising event for the UUSF!

Bottles can be dropped off at Susan Anthony's home or if you live in SF, she can come collect the bottle from you!

Contact Susan at susan.j.anthony@comcast.net for more information.

Because **of you**, life doesn't stop

#VitalToLife

Blood Drive

First Unitarian Church

Tuesday, January 19, 2021
10:00 AM – 3:00 PM

Location: TSK Room
1187 Franklin Street
San Francisco, CA 94109

To make an appointment, visit vitalant.org and click donate. Use your unique sponsor code: **First Unitarian**

ADVANCE APPOINTMENTS
are encouraged to help maintain social distancing.

All donors must bring and wear a **MASK** or **CLOTH-BASED FACE COVERING**.

DONATIONS TESTED FOR COVID ANTIBODIES
to help identify potential convalescent plasma donors.

DONATE BLOOD
vitalant.org 877-25-VITAL

vitalant.
Formerly Blood Centers of the Pacific

UUSF Blood Drive - Tuesday, January 19

10AM to 3PM - At the Center (1187 Franklin Street)

We're hosting a blood drive! Blood donation is essential, even more so during the ongoing COVID-19 pandemic. If you are able, please come by the UU Center on Tuesday, January 19 to donate today. Additional safety measures will be taken due to COVID-19. This will be considered a successful drive if we can get at least 30 people to donate, so please share this widely!

To make an appointment, visit vitalant.org and click donate. Use your unique sponsor code: First Unitarian. If you are having issues signing up please contact Cheryl Trott. Cheryl is the Donor Recruitment Representative for the San Francisco Bay Area and Cheryl can be reached at CTrott@vitalant.org or 415-470-1808.

Wednesday Morning Vigils!

Wednesdays from 8AM-9AM at UUSF

As a consequential election approaches, With the overt threat to subvert its outcome; With the prospect of a shift in the Supreme Court that could threaten long held basic rights; Our choices and our voices on the ballots and in the public square are critical.

We cannot afford to be silent. We invite you to join fellow UUs and other people of conscience as we gather with signs and banners in front of our church.

We have banners and signs but feel free to make and bring your own addressing those concerns you find most critical to raise.

We want to do this in a way that is safe for everyone so please bring and wear your masks, use hand sanitizer, and socially distance.

The garage and interior of the church will not be available so please find street parking if you drive.

Let us know what you think at neveragain@uusf.org

[View More Photos](#)



Connect & Collaborate for Justice!

Get connected with UUs and UU-aligned justice makers in California who are working to manifest justice! UUJMCA is excited to host our monthly California JUUstice Collectives, where justice makers can join online spaces to share updates, resources, & events, as well as ask questions of others working on similar justice issues.

Find new collaborators, share opportunities for action and education, and create justice together in California in 2021! Each collective call will also feature reports and/or updates from California-based justice organizations & grassroots movements.

[Learn more & sign up for a January collective!](#)

California Unitarian Universalist JUSTICE COLLECTIVES

JANUARY 2021 GATHERINGS
CONNECT. COLLABORATE. CREATE

Connect with UUs working on similar justice issues
Share strategies, resources, events, and partners
Share important opportunities for action

Climate & Environmental Justice Collective
Thursday January 14 & Friday January 15 @ 7pm

Immigrant Justice Collective
Tuesday January 19 & Thursday January 21 @ 7pm

Racial Justice & Abolition Collective
Monday January 25 @ 5pm

Economic Justice Collective
Thursday January 28 @ 7pm

Learn more & Sign Up at:
UUJMCA.ORG/COLLECTIVES



Special BIPOC (Black, Indigenous, People of Color) Gathering

1st Sunday of the Month from 9:30 AM to 10:50 AM

An invitation for those who would like to join our monthly BIPOC gatherings. The sacred space is open to our members and friends who are Black, Indigenous and People of Color, takes place by Zoom (for now) on the first Sunday of every month often from 9:30-11am. If you are interested in attending or finding out more, please email bipoc@uusf.org.

Please come join this space for joy, renewal, care and inspiration.

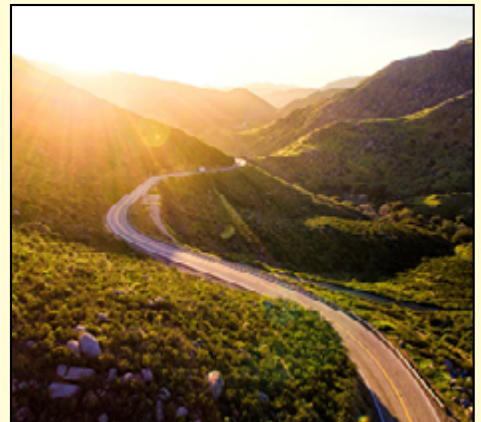
Journey Toward Wholeness

Racial Equity Task Force Meeting

Tuesday, January 26, 7PM to 8:30 PM

The Journey Toward Wholeness / Racial Equity Task Force meets monthly on the 4th Tuesday. Last month we created a covenant for our work together and clarified that our focus, for the moment, will be on furthering the work within UUSF to dismantle white supremacy culture and build Beloved Community.

If you're interested in joining us on Tuesday, email info@uusf.org for meeting information and the materials for the meeting.





UUSF MEDITATION MINISTRY

[Adult Religious Education Classes](#)

Meditation is a practice where an individual uses a technique – such as mindfulness, or focusing the mind on a particular object, thought, or activity – to train attention and awareness, and achieve a mentally clear and emotionally calm and stable state.

UUSF has the great fortune to offer two meditation programs you can participate in at any time. They are lead by **Elena Hanyo Perez**, a member of UUSF, licensed acupuncturist, and lay minister with Bright Dawn Center for Oneness Buddhism.

ZOOM LINK

<https://us04web.zoom.us/j/75735734442#success>

PASSWORD: metta

Morning Metta Meditation

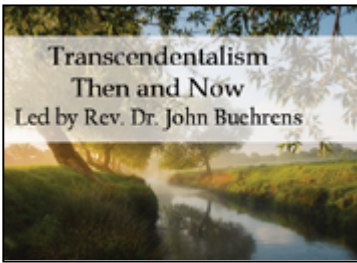
Tuesdays & Thursday, 8-8:30 AM

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience

Equanimity Practice

Fridays, 8-8:30 AM

A meditation practice on cultivating equanimity- that is accepting the reality of life's highs and lows, and developing an attitude of peaceful calm abiding throughout the inevitable changes.



Transcendentalism Then and Now

Wednesday, January 6, 13, 20, & 27, 2021 7:30 - 9PM

Led by Rev. Dr. John Buehrens and hosted by UU Church of Palo Alto

Registration: Advance registration is required. Please email **Marilyn Austin** at areclasses@uucpa.org to sign up for the class. The link will be provided to registered participants.

Rev John Buehrens is the retired senior minister of the UU church in San Francisco. After the last time he gave a guest sermon at UUCPA, numerous members of our congregation asked the ARE Committee to arrange for him to teach a class for us. We have finally accomplished that! On the four Wednesday evenings in January, from 7:30 to 9:00, Rev. Buehrens will teach a class via zoom entitled Transcendentalism: Then and Now. He will identify contemporary issues as well as explore the pioneering efforts of our spiritual forbears in spiritual practice, women's rights, anti-racism, and ecotheology. All four sessions will include both lecture and discussion. Those wishing to attend should email areclasses@uucpa.org in order to receive the zoom link.



Minister's Book Group: January

Wed, Jan. 27, 7:30-8 pm OR Thurs, Jan. 28, noon-1:30

Led by Rev. Vanessa Rush Southern

Join the Minister's Book Group in January when we read and discuss Michael Pollan's "How to Change Your Mind: What the New Science of Psychedelics Teaches Us About Consciousness, Dying, Addiction, Depression, and Transcendence."

The book is a journey through the renewed fascination with what psychedelics are teaching the medical and therapeutic world about how our mind functions and what relief it may offer to some of the most painful realities of life -- depression and the painful work of facing death. Since the work touches on so much that is often thought part of the religious realm I am particularly interested in discussing it with our book group.

[REGISTER HERE](#)



BAY AREA FOOD INSECURITY ON THE RISE! NEED Help? Want to GIVE Help? BOTH?

Food insecurity is on the rise across the nation, including the Bay Area, as the continued COVID-19 pandemic affects jobs and reduces the access to healthy food by vulnerable seniors and individuals in quarantine. One study says that food insecurity has tripled in San Francisco in the past 6 months. If you are among this rising number of people and don't know how to access healthy food, we are here to help:

To Get Help connecting with sources of free healthy food, contact our lay chaplaincy team at Chaplains@uusf.org

THE SAN FRANCISCO / MARIN FOOD BANK NEEDS YOUR HELP!!!

In the past six months, his wonderful organization has almost doubled the number of households it serves to about 60,000 a month. Both the increase in the number of people served and the suggestion that those over 60 do not volunteer for safely reasons during the pandemic has produced a critical need for younger volunteers.

TO HELP, please join us at the **INTERFAITH FOOD PANTRY!**

Every Saturday
7:30 AM to 11AM
[SIGN-UP HERE](#)

UUSF Community Art Show

Now thru January ([here](#))

This year's community art show is virtual. 20 artists are featured, and a range of items are available for purchase.

Check out the gallery on the UUSF website [here](#).



Stir Crazy Shelter in Place by Nancy Buffum

UUSF 20s & 30s Ministry January Program

Becoming Together

Wednesdays January 13 & 27

7:00 to 8:30 p.m.

TNT Hangout

Saturdays January 9 & 23

6:00 to 8:00 p.m.

More info at uusf.org/tnt

Becoming Together - Wednesday, January 27
7:00 to 8:30 pm

All young adults are invited to join us for our bi-monthly reflection time.

[Join on ZOOM](#)

TNT Hangouts - Saturday, January 23
6:00 to 8:00 pm

All young adults are invited to join us for our a bi-weekly hangout time.

[Join on ZOOM](#)

Humanists and Non-Theists

Can Future Pandemics Be Prevented?

Sunday, January 24 at 1:00 PM

Natural mechanisms that check overpopulation of species include starvation, predation, conflict within and among species and diseases. Humans have been able to blunt most of these mechanisms leading to a population that burdens earth's resources and is changing the climate. However, in human history there have been a number of diseases that have reduced human populations significantly (e.g. the Black Death, the 1918 Flue pandemic). With Covid-19, humanity is faced, once again, with a disease that has spread throughout the world bringing a large number of deaths and suffering from the disease, breakdown of economic activity and interruption of normal human activity such as education, travel and social gatherings. The United States has played a leading role in this effort by training scientist in developing countries how to detect and characterize viruses and public health measures that can prevent wide spread infection. Many of these countries controlled Covid-19 before it decimated their populations and economies, but surprisingly the US and many other wealthy countries failed to implement these measures in a timely manner resulting in an out of control Covid-19 pandemic. We will view videos that describe scientific programs that may help prevent future pandemics.

[Click Here for Zoom Link](#)

Meeting ID: 889 6033 4143

Passcode: 540758

Dial by your location

+1 669 900 6833 US (San Jose)



Bay Area UU Meetup - Antiracism Focused

Tuesday, January 27 from 4PM to 5PM

The next Bay Area UU Meetup event is next Tuesday, 1/27 at 4pm. We're starting a new practice of focusing on anti-racism efforts being conducted by the various congregations of the Bay Area. There will still be space for people to ask questions and get support for other matters.

More details, including notes from prior meetings, can be found here:

<https://www.uusf.org/sfbauumeetup>

Join on ZOOM

<https://us02web.zoom.us/j/85190257067?pwd=MG40d2dtWlh6WVVhVGt4OEhUdG1mQT09>

Dial by your location: +1 408 638 0968

Meeting ID: 851 9025 7067

Passcode: 523065



SMALL GROUP MINISTRY SPRING 2021 SIGN-UPS

Have you been looking for a way to build a deeper connection within the UUSF community – especially during the challenges of shelter in place? The Small Group Ministries program is an excellent way to do that. Sign up for the Spring 2021 session, open now through January 29, 2021. Many participants have found Small Group Ministries as a way to deepen their connection with the congregation and build meaningful friendships and support with individual members.

What can you expect? SGM groups meet for 2 hours every other week with groups of 10 people. Initial sessions will meet virtually through Zoom and will transition to in person meetings when it is possible to do that safely at the church.

Through moderated discussion and deep listening, participants explore a range of issues and topics related to spirituality, social justice and personal growth. Past topics have included understanding spiritual experiences, gratitude, Black Lives Matter, mortality and after life, connection, and the arts. The order of services allows everyone to participate with two skilled facilitators leading the discussion. Members have the option to select topics for sessions, and there is a community service project incorporated into the series that lets everyone volunteer in a meaningful way.

To sign up for the upcoming Small Group Ministries series email our Small Group Ministry coordinators, sgm@uusf.org, or call them: **Barbara Kovac** at 415-370-9766 or **Gregg Biggs** at 415-505-4690.

Note: The registration link may say Fall 2020 to Spring 2021. We're reusing an old form, but it will work for anyone signing up just for Spring 2021.

[CLICK HERE](#)

Spirit Saturday

Saturday, February 27, 10AM to 1PM

[CLICK HERE TO REGISTER](#)

Join us for our 2nd Virtual Spirit Saturday on February 27. For our upcoming Spirit Saturday, we offer three exciting workshops led by Ministerial Intern Meg McGuire, church member Mari Magaloni (with a workshop specific for Black, Indigenous, People of Color members and friends), and Rev. Alyson Jacks, Associate Minister. Spirit Saturday is a fun way to meet members and friends of UUSF, and enjoy a Saturday morning learning together.



Body and Spirit

Max Participants: 15

Leader: Meg McGuire

Whether we're still or in motion, silent or singing, alone or together, we're always in our bodies. Join ministerial intern Meg McGuire for some simple embodied practices and reflection on our bodies and their integral role in spiritual practice, healing and collective transformation.

UU Quilting Bee

Max Participants: 10

Leader: Mari Magaloni

THIS WORKSHOP IS FOR PEOPLE WHO IDENTIFY AS BLACK, INDIGENOUS AND PEOPLE OF COLOR. Unitarian Universalism is like a big spiritual quilt. But its integrity is uncertain. The chill is getting in where the squares of BIPOC UU's are missing. You are invited to the first in a series of BIPOC Quilting Bees in which we will begin the work of strengthening the quilt's integrity by filling in the missing blocks and adding some much-needed color!

In this workshop we will explore what it means to move from being an invited guest at the Chancel table to being a host. How would your race and culture inform the configuration and expression of Unitarian Universalist worship services? Please have plenty of paper and something to write with. If you are inclined, bring colored pencils, crayons, etc.

Leader Mari Magaloni is first generation Mexican-American and an actor/comic whose work focuses on the impact that politics, tech and social issues have on the emotional life of the "every-person".

I Do Believe

Max Participants: 10

Leader: Rev. Alyson Jacks

What is your personal credo? A credo expresses what you hold to be true in your heart. Think of it as your signature song! In Unitarian Universalism, we do not have a corporate credo, a statement of belief in which all are beholden. Rather, each person is invited to create their own credo, informed by our UU Principles and Purposes, and shaped by lived experience. In this workshop, we'll reflect and create our own personal credos through writing and simple art activities, with time to share our reflections.

Homosexuality and the Bible

Sunday, January 10, 10:50 AM, 2021

First Unitarian Universalist Society of San Francisco

[Click Here to Watch Last Weeks Worship Service](#)



UUSF MEDIA

[Listen to our Worship Sermon Podcasts Here](#)

[Check out our Complete Worship Service Archives Here](#)

[View all our videos Here](#)

[Read our Newsletters Here](#)

[Contact us here](#)

Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions: "What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

For more about our congregation,
please visit our website at www.uusf.org.

First Unitarian Universalist Society of San Francisco
1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org