

"Love and Accountability"

Sunday, February 28, 10:50 AM, 2021

First Unitarian Universalist Society of San Francisco



Order of Service
Sunday, February 28, 2021
10:50 AM to 12:15 PM

Livestreamed at <http://www.youtube.com/c/UUSFMedia>

New to UUSF? [Complete our Connections Form Here](#)

Prelude Music for Lute and Vihuela (from the 16th century)

Prelude and Allegro
Ricercar and Fantasia

S. de Murcia

F. de Milano

Eric Hamilton, guitarist

Opening and Welcome

Meg McGuire, Ministerial Intern

Hymn 188

Come, Come Whoever You Are

PILGRIMAGE

Brielle Marina Neilson; Mark Sumner, song leaders

[\(CLICK HERE OR SCROLL DOWN TO PAGE 6 TO VIEW HYMN\)](#)

Unison Chalice Lighting

Carmen Barsody, Worship Associate

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Musical Meditation *Pavane no. 2*

L de Milan
Eric Hamilton, guitarist

Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Ritual of Remembrance and Commitment

Carmen Barsody

Spoken and Silent Meditation

Hymn 1011

Return Again

Shlomo Carlebach

Brielle Marina Neilson; Mark Sumner, song leaders

[\(CLICK HERE OR SCROLL DOWN TO PAGE 7 TO VIEW HYMN\)](#)

Invitation

Mari Magaloni & Liz Strand, 8th Principle Task Force

Offering

The offering today goes to support the work of the Interfaith Movement for Human Integrity.



Music *Guardame las Vacas*

L. de Narvaez
Eric Hamilton, guitarist

Reflection

Daniel Jackoway, Worship Associate

Music *Volta*

R. Dowland
Eric Hamilton, guitarist

Sermon "**Love and Accountability**"

Meg McGuire

Hymn 1028

Fire of Commitment

Words: Mary Katherine Morn; Music: Jason Shelton
Mark Sumner, pianist; Brielle Marina Neilson, song leader; Jon Silk, drums

[\(CLICK HERE OR SCROLL DOWN TO PAGES 8-10 TO VIEW HYMN\)](#)

Benediction

Meg McGuire

Postlude

Allemande

R. Johnson
Eric Hamilton, guitarist



PARTICIPANTS

Service Notes

Meg McGuire, Ministerial Intern
Carmen Barsody, Worship Associate
Daniel Jackoway, Worship Associate
Mari Magaloni & Liz Strand, 8th Principle
Task Force

Technology

Eric Shackelford, camera
Shulee Ong, camera
Jonathan Silk, sound/oos design
Joe Chapot, social media
Thomas Brown, sexton
Les James, Zoom Coffee Hour
Judy Payne, flowers

Musicians

Eric Hamilton, guitarist
Mark Sumner, song leader/pianist
Brielle Marina Neilson, song leader
Jon Silk, drums

Cover image by Alex Perez ([more info](#))



ABOUT

Classical guitarist, Eric Hamilton has been in the music industry for the past 50 years. Along with decades as a performing guitarist, he is an expert violin and guitar technician acting as head of quality control for two Bay Area import companies. He has taught both privately and for public school districts in LA and Alameda counties and has recorded to date 15 albums of music for the guitar with multiple YouTube listings (www.youtube.com/erichamiltonmusic).

More information can be found at www.erichamiltonmusic.com.

OFFERTORY

Interfaith Movement for Human Integrity is a statewide California organization that connects people of faith to the work of social justice. Working at the intersection of spirituality and social movements, we mobilize congregations to take a stand on issues of social justice like immigration and mass incarceration, and we engage people of faith to develop their own leadership so they can stand up against racism, discrimination and the political challenges of the day.



Today's flowers are in loving memory
of our Father and Grandfather,
Jim Tovar, who watched over
and cared for us his whole life
from Chris, Margaret, and Chris Dean.



Photo: Jim Tovar and Chris Dean

188 Come, Come, Whoever You Are

Come, come, who - ev - er you are, wan - der - er,
wor - ship - er, lov - er of leav - ing. Ours is no
car - a - van of — de - spair. Come, yet, a - gain, come. —

Counterpoint
though you've bro - ken your vows a thou - sand times

Come, Come, Whoever You Are
Wanderer, worshiper, lover of leaving.
Ours is not a caravan of despair.
Come, even if you have broken your vows
a thousand times
Come, yet again, come, come.

(Lynn Adair Ungar (music) & Jalal ad-Din Muhammad Rumi (text))

[BACK TO PAGE 1 \(CLICK HERE\)](#)

Return Again

1011

$\text{♩} = 108$

The musical score is written on four staves in 2/4 time with a key signature of one flat (Bb). The melody is in the treble clef. The first staff begins with a circled '1' above the first measure. The lyrics 'Re - turn a - gain, Re - turn a - gain, Re -' are written below the notes. The second staff has a first ending bracket over the last two measures, with a circled '1' above the first measure of the bracket and a circled '2' above the second measure, which is marked 'Fine'. The lyrics 'turn to the home of your soul, soul.' are written below. The third staff begins with a circled '2' above the first measure. The lyrics 'Re-turn to who you are, Re - turn to what you are,' are written below. The fourth staff has a 'Fine' marking above the final measure, which is marked with a fermata. The lyrics 'Re - turn to where you are born and re - born a-gain.' are written below.

Re - turn a - gain, Re - turn a - gain, Re -

turn to the home of your soul, soul.

Re-turn to who you are, Re - turn to what you are,

Re - turn to where you are born and re - born a-gain.

Words & music: Shlomo Carlebach, 1925 - 1994, © Shlomo Carlebach (BMI)
Soul@NeshamaCarlebach.com. All rights reserved. Used by permission.

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1028 The Fire of Commitment

With joy and energy ♩ = 150

Chords: Eb, Bb/D, Cm7, Eb/Bb, Ab, Bb, Eb, Ab/Bb, Eb, Bb/D, Cm7, Bb, Ab, Eb/G, Fm7, Bb, Eb, Bb/D

1. From the light of days re-mem-bered burns a
 (2. From the) stor-ies of our liv-ing rings a
 (3. From the) dreams of youth-ful vis-ion comes a

bea-con bright and clear Guid-ing hands and hearts and
 song both brave and free Call-ing pil-grims still to
 new, pro-phet-ic voice Which de-mands a deep-er

Note: The use of percussion is highly recommended.

⊕ Words: Mary Katherine Morn, 1961 - and Jason Shelton, 1972 -

⊕ Music: Jason Shelton, 1972 - , © 2001 Jason Shelton

FIRE OF COMMITMENT, 8.7.8.7 with refrain

Cm7 Eb/Bb Db Ab Bb^{sus} Bb Ab Bb

spir - its In - to faith set free from fear.
 wit - ness to the life of lib - er - ty When the
 jus - tice built by our cour - a - geous choice

Cm Bb Ab Eb/G Fm7 Eb/G

fire of com - mit - ment sets our mind and soul a -

Ab Bb^{sus} Bb Cm Eb/G Ab Eb

blaze When our hun - ger and our pas - sion meet to

Db Ab Bb^{sus} Bb Bb7 Cm Bb

call us on our way When we live with deep as -

A^b E^b/G $Fm7$ E^b/G A^b B^b_{sus} B^b
 sur - ance of the flame that burns with - in Then our

Cm E^b/G A^b E^b/G $Fm7$ B^b B^b_{sus}
 pro - mise finds ful - fill - ment and our fu - ture can be -

E^b B^b/D $Cm7$ E^b/B^b A^b B^b
 gin.

1. 2 E^b A^b/B^b 3 $E^b(add9)$
 2. From the
 3. From the



What's Coming Up?

Ways to Connect in These Times

Wish Guidance on Using Zoom?

There are a variety of ways you can learn how to connect through Zoom. The Church has prepared a Guide that explains the Zoom system, and all the basics you need to know in using the system. To access the Guide, [click here](#). You can also access brief on-line tutorials on Zoom To see an example of these tutorials (on how to join a Zoom meeting) [click here](#).

During these times we want you to have our email information handy. Please reach out to your ministers for any reason -- you are having a hard time (or know someone who is); you have a great idea for our new version of shared life in these times (or know someone with skills we could use in this chapter of life together); and because you don't know who to call about what's on your mind. Keep these handy:

Please contact Rev. Alyson Jacks (ajacks@uusf.org) or Vanessa Southern (vrsouthern@uusf.org)

In spite of all the COVID-19 restrictions, members of the church continue offering Pastoral Care and support to one another. One of those groups is the [Lay Chaplains](#) (Jan Oringer, Liz Strand, Gino Fortunato, Linda Harris, and Marty Vanderlaan) have been joined this Summer by retired ministers Margot Campbell-Gross and John Buehrens. To contact this team, send an email to chaplains@uusf.org or telephone one of the lay chaplains. We will respond to your request and connect you to someone who can help. In providing care we often rely on a network of UUSF volunteers who have indicated they are available to help other members of the congregation. We wish to express our deep appreciation for the help of these volunteers.



Sunday Virtual Coffee Hour

12:15 PM on Sundays

Anyone is welcome to join our community for our Virtual Coffee Hour, immediately following the Sunday Worship Service. Coffee not required.

Come to the special **8th Principle breakout room at Coffee Hour** after this service to hear more about the 8th Principle and to have a chance to join the discussion and get your questions answered. Simply say, when you enter the coffee hour zoom, that you want to go to the 8th Principle breakout room! We'll see you there!

Join the **Sermon Discussion Group**, led by **Donald Mathussan**, at Virtual Coffee Hour after church today. Let the host know if you want to join this group when you arrive at Coffee Hour.

Join via Zoom: <https://zoom.us/j/725737157>

Meeting ID: 725 737 157

One tap mobile: +16699006833,,725737157#



Last Chance to Bid on a Fabulous Hawaii Vacation for 2, Airfare Included!

Bidding for an incredible Hawaii trip will close on Sunday 2/28 at 12:30 pm. If you didn't get a chance to bid on this during the live Auction on 2/5, you can do it now!

Want a peek at what is on offer?

See Stephanie Gowin's description [here](#).

Bidding for an incredible Hawaii trip will close on 2/28 at 12:30 PM!

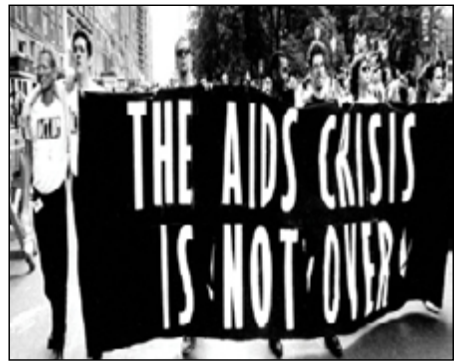
**CLICK HERE
TO BID**

Humanists and Non-Theists

The AIDS Epidemic Has Not Gone Away

Sunday, February 28 at 1:00 PM

While tremendous progress has been made in the US and other wealthy countries in the prevention and treatment of AIDS, the disease still ravages many marginalized communities and poorer countries. Shanthi Noriega has worked in many of these countries focusing on international programs, working with vulnerable populations including sex workers, men who have sex with men, and transgender persons across Africa, Latin America, and Southeast Asia. Shanti will share with us her experience working for close to a decade with the World Health Organization (WHO) where she supported the development of national guidelines for HIV programs and led a global survey program aimed at identifying gaps in HIV services. **Zoom Info Below**



<https://us02web.zoom.us/j/83490656021?pwd=UUlmbllvTjZVYXBNNNGJ6ZFJ0a2dJdz09>

Meeting ID: 834 9065 6021

Passcode: 924828

Dial by your location

+1 669 900 6833 US (San Jose)



Special BIPOC (Black, Indigenous, People of Color) Gathering

1st Sunday of the Month from 9:30 AM to 10:50 AM

An invitation for those who would like to join our monthly BIPOC gatherings. The sacred space is open to our members and friends who are Black, Indigenous and People of Color, takes place by Zoom (for now) on the first Sunday of every month often from 9:30-11am. If you are interested in attending or finding out more, please email bipoc@uusf.org.

Please come join this space for joy, renewal, care and inspiration.



ANNUAL OPERATING FUND CAMPAIGN

COMING MARCH 7, the official launch of the annual operating fund campaign. Letters are being sent to every member and contributing friend asking for a pledge of support for the fiscal year starting July 1, 2021. Though we can't meet together for a launch luncheon, you will have an opportunity to see and be seen on the virtual donor wall during the Sunday services in March. When you make your pledge of support, send a selfie to the church aof@uusf.org.

Your picture will be added to our virtual donor recognition montage. We look forward to seeing you there!

Get your pledge in by March 14th to be included in a drawing for a three day stay at Marty Vanderlaan's Tahoe cabin.



UU Theology

For Young Adults

Mondays at 7pm

UU Theologies for Young Adults
Mondays

7:00 - 8:30pm

March 1 thru April 5

What is theology? And why does it matter? How might we create Unitarian Universalist theologies that support our growth and connection as individuals and as a community? Join ministerial intern Meg McGuire and young adult coordinator Joe Chapot for a six session class specifically for young adults, where we will reflect and explore our individual beliefs, values and commitments, and ask how they fit into Unitarian Universalism, both as it has been and as it could be. The main idea we will be working with is theology as a house and each week we will look at a different part of this building; with the nature of the divine as the foundation, what holds us together as the walls, the roof being what shelters us in times of strife, and the door is where we come from and where we're going.

Registration: <https://form.123formbuilder.com/5810672/uu-theology-for-yas>

UUSF MEDITATION MINISTRY

[Adult Religious Education Classes](#)

Meditation is a practice where an individual uses a technique – such as mindfulness, or focusing the mind on a particular object, thought, or activity – to train attention and awareness, and achieve a mentally clear and emotionally calm and stable state.

UUSF has the great fortune to offer two meditation programs you can participate in at any time. They are lead by **Elena Hanyo Perez**, a member of UUSF, licensed acupuncturist, and lay minister with Bright Dawn Center for Oneness Buddhism.

ZOOM LINK

<https://us04web.zoom.us/j/75735734442#success>

PASSWORD: metta

Morning Metta Meditation

Tuesdays & Thursday, 8-8:30 AM

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience

Equanimity Practice

Fridays, 8-8:30 AM

A meditation practice on cultivating equanimity- that is accepting the reality of life's highs and lows, and developing an attitude of peaceful calm abiding throughout the inevitable changes.



BAY AREA FOOD INSECURITY ON THE RISE! NEED Help? Want to GIVE Help? BOTH?

Food insecurity is on the rise across the nation, including the Bay Area, as the continued COVID-19 pandemic affects jobs and reduces the access to healthy food by vulnerable seniors and individuals in quarantine. One study says that food insecurity has tripled in San Francisco in the past 6 months. If you are among this rising number of people and don't know how to access healthy food, we are here to help:

To Get Help connecting with sources of free healthy food, contact our lay chaplaincy team at Chaplains@uusf.org

THE SAN FRANCISCO / MARIN FOOD BANK NEEDS YOUR HELP!!!

In the past six months, his wonderful organization has almost doubled the number of households it serves to about 60,000 a month. Both the increase in the number of people served and the suggestion that those over 60 do not volunteer for safety reasons during the pandemic has produced a critical need for younger volunteers.

TO HELP, please join us at the INTERFAITH FOOD PANTRY!

Every Saturday
7:30 AM to 11AM
[SIGN-UP HERE](#)

ART AT OUR FEET

Childrens Sidewalk Art During the Shelter at Home

Childrens Multicultural Museum Art Show

March 2021

Feel like you want to escape?

If you have chalk and a sidewalk area you can make your mark!

Wander through these photos of dogs and houses, cats and imaginary creatures, flowers, rainbows and suns, and spaceships at a stellar spaceport, and more! Curator Andrei Glase photographed these anonymous drawings in her neighborhood; they are combined here with photos submitted by children of the UU community of their own drawings.

Childrens Multicultural Museum was created in 1986 by children's art advocates at the UU. The mission is to provide traditional art and cultural experiences for children 5 to 12 years and their parents. There is no museum building, but there is lack of funds. And a collection of innovative creations using multicultural themes, recycled materials and children's imaginations.

In the before times our program served children in the Tenderloin, Civic Center and Chinatown areas with monthly workshops, summer sessions, an annual holiday display at SF Davies Symphony Hall, and exhibitions at the Fisher children's center of the Civic Center Main Library and at the UU Kings Galleries. Our annual UU show included an art making reception for kids; today we are replacing that in-person experience with this online art show. During the covid shelter art workshops and in-person exhibits have been paused. We plan to continue our program as we can. Contact the curator andreiglase@gmail.com or by mail at CMM, 1849 Geary Blvd #15371, SF CA 94115.

With the decline of art education it is just so essential to do what we can to encourage our young creative minds with individual and community art projects. Art is about making decisions ... so you want to sketch something without knowing exactly what the final picture will be? Make a little decision to see art all around. Watch out -- art may be right at your feet! [View the flier here!](#)



CLICK BUTTON
TO VIEW PHOTOS



NEW UU!

April 6

April 13

NEW UU! A Two-Session series for Visitors and Newcomers

Tuesday, April 6 and 13 from 7PM to 8:30 PM

[REGISTER HERE](#)

Questions? Email Rev. Jacks at ajacks@uusf.org

Join Revs. Jacks and Southern, and special guests, for a two session New UU class. This interactive class will introduce you to Unitarian Universalism and our congregation. If you don't have Zoom capability, there is a simple way to call in to participate.

Session One: A quick journey from Past to Present, Unitarian Universalist history and theology.

To understand where we are now culturally as a movement, in our philosophies and practices, and our place in the larger landscape of religious history, we'd like to give you an overview of some of the big sweeps of time and where Unitarian Universalism's roots began and where we find ourselves today. We will cover history, theology and a bit of what we call "polity" -- how we run ourselves and why we do it like that.

Session Two: First UU Society Past to Present

Along the same lines we'd like you to see the history of this particular congregation, it's place in the life and history of San Francisco and California. What has been part of this life, and right now how does this congregation understand the work of spiritual growth, the call to social action, what are our worship traditions (and why are they the way they are), how do we connect and take care of each other, and what is entailed in being called "a member."

Journey Toward Wholeness Racial Equity Task Force Meeting

Tuesday, March 30, 7PM to 8:30 PM

The Journey Toward Wholeness / Racial Equity Task Force meets monthly on the 4th Tuesday. Last month we created a covenant for our work together and clarified that our focus, for the moment, will be on furthering the work within UUSF to dismantle white supremacy culture and build Beloved Community.

If you're interested in joining us on Tuesday, email info@uusf.org for meeting information and the materials for the meeting.



UUSF Community Art Show

This year's community art show is virtual. 20 artists are featured, and a range of items are available for purchase.

Check out the gallery on the UUSF website [here](#).



Bird Dog by Jane Way ([view here](#))



Wednesday Morning Vigils!

Wednesdays from 8AM-9AM at UUSF

After 4 years where lies, racial hatred, patriarchy and xenophobia have been promoted from the highest political levels in the land, the people are rightly hungry for science, truth, morality and a broad embrace of humanity.

We give public and visual support especially to those progressive executive actions and proposed legislation by the Biden / Harris administration that address the injustices so stark in our society. This includes the proposal for immigration reform to grant rights, long overdue, to our immigrant brothers and sisters.

On the street at morning rush hour we see clearly the overwhelming contribution of immigrant workers to our economy. We greet construction workers, cooks, housekeepers, truck drivers, plumbers, carpet layers, elder care and childcare workers, roofers, gardeners, landscapers, janitors and many others on their way to work.

And, we celebrate with music that embodies our aspirations, and the resistance that is always part of the struggle for justice.

Join us in front of UUSF, Franklin & Geary. Each Wednesday morning from 8 to 9 AM. (Masks and social distancing required) Let us know what you think at neveragain@uusf.org.



"Being Ready"

Sunday, February 21, 10:50 AM, 2021

First Unitarian Universalist Society of San Francisco

[Click Here to Watch Last Weeks Worship Service](#)



UUSF MEDIA

[Listen to our Worship Sermon Podcasts Here](#)

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[Read our Newsletters Here](#)

[Contact us here](#)

Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions: "What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

For more about our congregation,
please visit our website at www.uusf.org.

First Unitarian Universalist Society of San Francisco
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