

The background of the entire page is a blurred photograph of tall, golden-brown grasses or reeds. The blades are oriented vertically, creating a sense of height and movement. The background is a clear, bright blue sky. The text is positioned in the upper left corner of the image.

# **"Weaving Waters"**

Sunday, February 6, 10:50 AM, 2022

Regional Assembly Worship Service



**Order of Service**  
**Sunday, February 6, 2022**  
**10:50 AM - 12:15 PM**

Livestreamed at [bit.ly/uusfmedia](https://bit.ly/uusfmedia)

New to UUSF? [Complete our Connections Form Here \(bit.ly/uusfconnections2022\)](https://bit.ly/uusfconnections2022)

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Music for Gathering      *I See You*

Crispy Watkins

Honoring the Land and Welcome

Call to Worship

Chalice Lighting

Opening Song      *Blessed Spirit of My Life*      Shelly Jackson-Denham

Parable Part 1      *Reflect*

## Offering

Today's Offering will go to **UU Refugee and Immigrant Services and Education**. UURISE is creating a prominent national leadership in immigration and refugee advocacy and resettlement and advancing justice and human rights for immigrants and refugees. Learn More: <http://uurise.org/>

**DONATE**

<https://bit.ly/UURISE-PWR>

Embodied Hymn      *Oh River*

MaMuse  
Crispy Watkins

Parable Part 2      *Rejoice*

## Prayer

## Blessing

Musical Response      *Spirit Hold Me*

Crispy Watkins

Parable Part 3      *Renew / Go Forth!*

Closing Song      *Blue Boat Home*

Peter Mayer

## Benediction and Extinguishing the Chalice

Postlude      *Blue Boat Home Reprise*

Peter Mayer  
Penelope Venturini

# PARTICIPANTS

## Worship Leaders

Sunday Service Coordinator: Matthew Clayton Davis

Rev Summer Albayati

Rev Justin Almeida

Marena McGregor, Assistant Director of Lifespan Religious Education

Jamili Omar, Director of Lifespan Faith Formation

RejUUvenation Youth Leadership Collective with Penelope Venturini

Pacific Western Region Emerging Adult Task Force with Amelie Heise and Charlie Mara

Eric Bliss

Music by Crispy Watkins (<https://crispywatkins.com/>)



## Sunday Virtual Coffee Hour

### 12:15 pm Sundays

Anyone is welcome to join our community for our Virtual Coffee Hour, immediately following the Sunday Worship Service. Coffee not required.

Join the **Sermon Discussion Group**, led by **Donald Matusen**, at Virtual Coffee Hour after church today. Let the host know if you want to join this group when you arrive at Coffee Hour.

Join via Zoom: <https://zoom.us/j/725737157> / Meeting ID: 725 737 157



## Young Adult Virtual Coffee Hour

### 12:15 pm Sundays

The UUSF 20s & 30s Ministry Committee has suspended in-person events until further notice. Instead, join Vanessa, Maddy and Joe for a virtual Young Adult Coffee Hour every Sunday after worship! Bring your favorite warm beverage and/or brunch of choice as we catch up and reflect together.

Join via Zoom: [bit.ly/coffeeya](https://bit.ly/coffeeya) / Meeting ID: 875 0960 2044 **Passcode:** 322357



# To Sir(ve), With Love February 2022 Programing

Go to [www.uusf.org/programs](http://www.uusf.org/programs) to register and to learn more!

This February, we want to talk about what we love, and what we serve with love in our lives. Having just lost the great Sidney Poitier, the title of his movie, "To Sir, With Love" came to mind so we adapted it to name our program, "To Sir(ve), With Love" which seemed so appropriate too since Poitier's life was also so much about service to what he loved!

## To Life, To Justice, with Love

Thursday, February 10, 7-8pm - Register: [bit.ly/tosirwithlove22](http://bit.ly/tosirwithlove22)

**Bob Bacon**, attorney and member, will share with us how he got introduced to the issue of the death penalty and the work of advocating both to get people off death row but also for an end to the death penalty. Bob has dedicated himself to this work for 31 years now. He has also been a member at UUSF since 1994.

## The Sonnet, with Love

Monday, February 14, 7-8pm - Register: [bit.ly/tosirwithlove22](http://bit.ly/tosirwithlove22)

**Robert Lavett Smith**, poet and member, will share with us how he got introduced to poetry and to the particular form of the sonnet and why he fell in love with it as a form. He has been a part of UUSF, first as a visitor and then as a member, since moving to the Bay Area from New Jersey in the fall of 1987.

## To an Infinite Universe of Puzzles and Toys, with Love

Thursday, February 17, 7-8pm - Register: [bit.ly/tosirwithlove22](http://bit.ly/tosirwithlove22)

One way to see how fast the Universe is expanding is to measure the apparent recession speed of galaxies at a range of distances from us. **Phil Marshall**, Staff Scientist at SLAC National Accelerator Laboratory and member of UUSF. Phil is a scientist at Stanford University and SLAC National Accelerator Laboratory in Menlo Park.

## Virtual Screening of "To Sir, with Love"

Friday, February 18, 6:30 pm - Zoom Link: [bit.ly/sensiblecinemafeb22](http://bit.ly/sensiblecinemafeb22) Meeting ID: 854 6565 6481 / Passcode: 018102

To Sir, with Love directed by James Clavell and starring Sidney Poitier who plays as an engineer who accepts a stop-gap job as a teacher in a rough inner-city school and given charge of a group of students who were deemed as academic outcast.

## To Sir, with Love: A conversation about the life and work of Sidney Poitier

With **Cornelius Moore** Co- Director of Ca.NewsReel

Sunday, February 20, 1:00 pm (virtual) - Zoom Link: [bit.ly/sensiblecinemafeb22](http://bit.ly/sensiblecinemafeb22) Mtg. ID: 854 6565 6481 / Passcode: 018102

In recognition of Black History Month please join Sensible Cinema in an oral tribute to the late great Actor Activist Sidney Poitier. Our speaker will be Cornelius Moore Co- Director of Ca.News Reel.

## To Breathe, with Love

Monday, February 21, 7-8pm - Register: [bit.ly/tosirwithlove22](http://bit.ly/tosirwithlove22)

Many of us have practices we call spiritual, from meditation to yoga, from journaling to walking in nature. These are some of the things we do to calm our bodies, quiet our minds, and open our hearts. Led by **Rev. Margot Campbell Gross**.

## Make Em' Laugh: Serving with Love through Laughter

Thursday, February 24, 7-8pm - Register: [bit.ly/tosirwithlove22](http://bit.ly/tosirwithlove22)

For the last three years, church members **Mari Magaloni Ramos**, **Michael Bossier** and **Cal Ball** have produced a comedy Radio Show called the Mike and Mari Show, sharing their love of comedy, satire, improv and humor. Along with writing and producing a comedy radio show, each of them have worked in a variety of artistic venues including improv, comedy writing, music and music production, and much more. Come hear their stories of the power of laughter and what it has to teach us.

## To Support and Challenge, with Love

Monday, February 28, 7-8pm - Register: [bit.ly/tosirwithlove22](http://bit.ly/tosirwithlove22)

Many of us have heard of professional coaches. Unlike sports coaches who work with teams and athletes, professional coaches work with people of all backgrounds and stages of career, helping them set and achieve their goals or make changes in their lives and careers. But what is coaching? **Hanna Clements-Hart**, member for 10 years and an executive coach for 13 years, will give us a peek into this world and why she loves it. Hanna has worked with hundreds of individuals and dozens of companies and organizations such as Google, Twitter, Coursera, and the Packard Foundation.

# Events, Meetings & Volunteer Opportunities ([www.uusf.org/news](http://www.uusf.org/news))



## **Sign Up to Make Breakfast at the Winter Shelter - Go to [bit.ly/wintershelter2022](http://bit.ly/wintershelter2022) Now to Volunteer!**

The Interfaith Winter Shelter begins its residency in our building tonight and will provide shelter, dinner and breakfast to 60 men and women for the next three weeks through February 26. A partnership among San Francisco Interfaith Council, the SF Department of Homeless Services, and Episcopal Community Services, the IWS operates in different area churches during the coldest, wettest months of the year. It is an important ministry of the church and a vital service to the community. It is also a great opportunity to volunteer and to get to know other congregation members!

Thank you to all who have already volunteered to help cook dinners or breakfasts. We are still looking for volunteers to help cook and serve breakfast Monday through Friday. We still are short of morning volunteers on **2/11, 2/15, 2/16, 2/17, 2/18, 2/23 and 2/25**. We will be observing COVID protocols to make volunteering as safe as possible. If you are interested in volunteering in any capacity, [follow this link to sign up](#) or you can contact: **Gordon Sharafinsky** [gsharaf@gmail.com](mailto:gsharaf@gmail.com) who will be coordinating volunteers, or **Hanna Hart** [hanna@harts.net](mailto:hanna@harts.net). The shelter is always a favorite opportunity to make a difference!

## **Black, Indigenous, & People of Color Gathering - 1st Sunday of the month from 9:30 AM to 10:50 am**

The sacred space is open to our members and friends who are Black, Indigenous and People of Color, takes place by Zoom (for now) on the first Sunday of every month often from 9:30-11am. If you are interested in attending or finding out more, please email [bipoc@uusf.org](mailto:bipoc@uusf.org). Please come join this space for joy, renewal, care and inspiration.

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## **Food Pantry Needs Volunteers!!!**

UUSF is one member of the Interfaith consortium, and on Saturday, February 12, it is our turn to lead and staff the pantry. Volunteers work 7:30 to 11 am, loading in the groceries received from the Food Bank, assembling grocery bags, and taking the bags outdoors to distribute to participants. Sign-up at [bit.ly/uufairtrade](http://bit.ly/uufairtrade)

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## **Building Power & Democracy on Feb. 16, 7pm - Zoom: ([bit.ly/democracy0216](http://bit.ly/democracy0216)) Mtg. ID: 827 2384 8204**

Join UU the Vote and local partners and activists for discussion about how movements have articulated a vision and strategy for political agency and democracy. This features **Nicole Pressley**, formerly the National Organizer for UU the Vote, now serves as Field & Programs Director, and as a member of the Side With Love leadership team.

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## **NEW! DANGEROUS TRUTHS: NEW PERSPECTIVES ON AMERICA'S HISTORY - EPISODE ONE**

The series will begin on Zoom on Sunday, February 27 at 1:00 pm, and continue thereafter on the 4th Sunday of the month. Divisions in the United States about what our nation stands for continue to escalate, and they are damaging our frail democracy. Conflicts are arising over newly uncovered facts about white supremacy, colonization, and a Eurocentric dominant culture. The first episode will review the significance of conflicts over the teaching of history, then begin with the 15th Century "Doctrine of Discovery" and its long impact on our laws regarding indigenous lands. The series will proceed with stories from the acclaimed 1619 Project, specifically emphasizing how free labor of African Americans fortified our early rise as a capitalist economic, political and military power, and drastically affected the current distribution of wealth. Discover why we have named this series Dangerous Truths. For more info go to our website page [uusf.org/hrwg](http://uusf.org/hrwg) or contact us at [humanrights@uusf.org](mailto:humanrights@uusf.org).



# Adult Spiritual Growth Classes ([www.uusf.org/are](http://www.uusf.org/are))

## **The Unfolding Story: A Four Part Spiritual Adventure in Book Binding, Art Making and Storytelling**

Four Workshops: Saturdays: February 19, March 19, April 16, and May 14 - 10:00 am to 1:00 pm - Max 10 People

We all have a story (or two) to tell. In the Unfolding Story, participants will create a 12 page accordion book (the first workshop). In an accordion book - or leporello - each page is connected to the other, allowing the story to seamlessly unfold. There will be a fee of \$30.00 to cover the cost of the materials. Financial assistance will be available to cover the cost of materials. Register at [bit.ly/unfolding2022](http://bit.ly/unfolding2022)

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## **Ministers Book Group - February Book: "Pleasure Activism" by adrienne maree brown**

Led by Vanessa Southern on 2/23/22, 6:30-8 pm & 2/24/22, 12-1:30 pm - Register at [bit.ly/MBG0222](http://bit.ly/MBG0222)

This month's MBG is part of our "To (Sir)ve, with Love" programming all February. Goodreads describes this month's book thusly: "How do we make social justice the most pleasurable human experience? How can we awaken within ourselves desires that make it impossible to settle for anything less than a fulfilling life? Editor adrienne maree brown finds the answer in something she calls "pleasure activism," a politics of healing and happiness that explodes the our myth that changing the world is just another form of work.

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## **Paganism 101 A Unitarian Exploration of the New Paganism**

4th Sundays at 1 pm PST / 4 pm EST on Zoom - Series of 9 monthly classes - Register at [bit.ly/paganism101class](http://bit.ly/paganism101class)

This course introduces the practices, beliefs, and history of Modern Pagan spirituality. Participants in this class will create and maintain a student altar as we explore basic altar set up and ritual tools, the wheel of the year, deity, the four elements, and more. We also touch on different pagan paths and examine how modern paganism fits with Unitarian Universalist principles. Class is FREE. \$5 per class donation welcome but not required.

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## **Morning Meta Meditation**

Tuesdays & Thursday, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience.

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## **Equanimity Practice**

Fridays, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

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## **New UU: A 2-Session series for Visitors and Newcomers - Wednesdays, March 30 and April 6**

A 2-Session series for Visitors and Newcomers Led by Rev. Alyson Jacks, Rev. Vanessa Southern

Join Revs. Jacks and Southern for a two session New UU class. This interactive class will introduce you to Unitarian Universalism and our congregation. If you don't have Zoom capability, there is a simple way to call in to participate.

**Session 1: Roots and Wings: History, Theology, Principles and Purposes:** To understand where we are now culturally as a movement, in our philosophies and practices, and our place in the larger landscape of religious history, we'd like to give you an overview of some of the big sweeps of time and where Unitarian Universalism's roots began and where we find ourselves today. We will explore some of our history, theology, our principles and purposes.

**Session 2: Community, Connection and Commitment:** In session 2, we'll make time to share our own spiritual journeys as a way to build connection and understanding. We'll learn about the many programs and activities in our community that are open to all. And finally, we'll talk about rights, roles and responsibilities of membership at First Unitarian Universalist Society of San Francisco.

Register at [bit.ly/newuuspring22](http://bit.ly/newuuspring22)





[CLICK HERE TO VIEW LAST WEEKS WORSHIP SERVICE](#)

# **“The Many Faces of Leadership”**

## **Sunday, January 30 Livestream**

Sunday, January 30



## **UUSF MEDIA**

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# Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

## OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

## OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

For more about our congregation,  
please visit our website at [www.uusf.org](http://www.uusf.org).

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