

To
Relationships,
with
Love



Sunday, February 13, 10:50 AM, 2022
First Unitarian Universalist Society of San Francisco



Order of Service
Sunday, February 13, 2022
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? [Complete our Connections Form Here \(bit.ly/uusfconnections2022\)](https://bit.ly/uusfconnections2022)

Prelude	<i>When Thou Art Near, BWV 508</i>	Johann Sebastian Bach
	<i>What Wondrous Love Is This</i>	The Southern Harmony 1835 arr. D Wood
		Reiko Oda Lane, Organist

Greeting and Welcome	Rev. Vanessa Rush Southern, Senior Minister
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Hymn 126	<i>Come, Thou Fount of Every Blessing</i>	NETTELTON
	Reiko Oda Lane, Organist; UUSF Choir	

[\(CLICK HERE OR TURN TO PAGES 5 & 6 TO VIEW HYMN\)](#)

Unison Chalice Lighting	Dennis Adams, Worship Associate
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We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Brief Invitations

Meditation on Breathing

When I breathe in, I'll breathe in peace.
When I breathe out, I'll breathe out love.

Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Ritual of Remembrance and Commitment

Dennis Adams

Time of Spoken and Silent Meditation

Anthem *I Beheld Her, Beautiful as a Dove*

8th century responsory, Healey Willan
UUSF Choir led by Mark Sumner, Music Director

Reflection

Dennis Adams

Offering

Today's Offering will go to "Side With Love" Campaign of the Unitarian Universalist Association. Through our Side with Love campaign we amplify the voices of the oppressed through online media; we show up in partnership at justice events across the country; we lobby national leaders on immigration reform, racial justice, equality for lesbian, gay, bisexual, transgender, and queer people, religious freedom, and more; and above all we work to make love real in the world ([read more here](#)) To make a donation on Vanco or using the Donate Button on our website, please select the "Special Offering" choice to make your gift. If you are sending a check, please mark in the memo "**Special Offering**" 2-13.22. bit.ly/uusfpayments



Offertory Music *The Gift of Love* Hal Hopson
UUSF Choir led by Mark Sumner, Music Director; Wm. Garcia Ganz, Pianist

Reading from "Eat, Pray, Love" by Elizabeth Gilbert Rev. Vanessa Rush Southern

Anthem *Love is the Spirit of This Church* Paul Ayres
UUSF Choir led by Mark Sumner, Music Director; Wm. Garcia Ganz, Pianist

Sermon "To Relationships, with Love" Rev. Vanessa Rush Southern

Hymn 131 *Love Will Guide Us* OLYMPIA
UUSF Choir

[\(CLICK HERE OR TURN TO PAGES 7 & 8 TO VIEW HYMN\)](#)

Benediction Rev. Vanessa Rush Southern

Postlude *In Thee Is Gladness*, BWV 615 Johann Sebastian Bach
Reiko Oda Lane, Organist

PARTICIPANTS

Worship Leaders

Rev. Vanessa Rush Southern, Senior Minister
Dennis Adams, Worship Associate

Muscians

Reiko Oda Lane, Organist
Mark Sumner, Music Director
Wm. Garcia Ganz, Pianist
UUSF Choir

Sunday Support

Eric Shackelford, Camera
Shulee Ong, Camera
Don Shearer, Camera
Jonathan Silk, Sound Livestream
Joe Chapot, Live Chat Moderator
Remigio Flood, Sexton
Kelvin Jones, Sexton
Athena Papadakos, Flowers
Tom Brookshire, Les James, Alex Darr, Zoom Coffee Hour



Sunday Virtual Coffee Hour

12:15 pm Sundays

Anyone is welcome to join our community for our Virtual Coffee Hour, immediately following the Sunday Worship Service. Coffee not required.

Join the **Sermon Discussion Group**, led by **Donald Matusen**, at Virtual Coffee Hour after church today. Let the host know if you want to join this group when you arrive at Coffee Hour.

Join via Zoom: <https://zoom.us/j/725737157> / **Meeting ID:** 725 737 157



Young Adult Virtual Coffee Hour

12:15 pm Sundays

The UUSF 20s & 30s Ministry Committee has suspended in-person events until further notice. Instead, join Vanessa, Maddy and Joe for a virtual Young Adult Coffee Hour every Sunday after worship! Bring your favorite warm beverage and/or brunch of choice as we catch up and reflect together.

Join via Zoom: bit.ly/coffeeya / **Meeting ID:** 875 0960 2044 **Passcode:** 322357

Come, Thou Fount of Every Blessing

$\text{♩} = 88$

1. Come, thou fount of ev-'ry bless-ing, tune our hearts to sing thy
2. Come, thou fount of ev-'ry vis-ion, lift our eyes to what may
3. Come, thou fount of in-spi-ra-tion, turn our lives to high-er

grace. Streams of mer-cy nev-er ceas-ing, call for
come. See the li-on and the young lamb dwell to-
ways. Lift our gloom and des-per-a-tion, show the

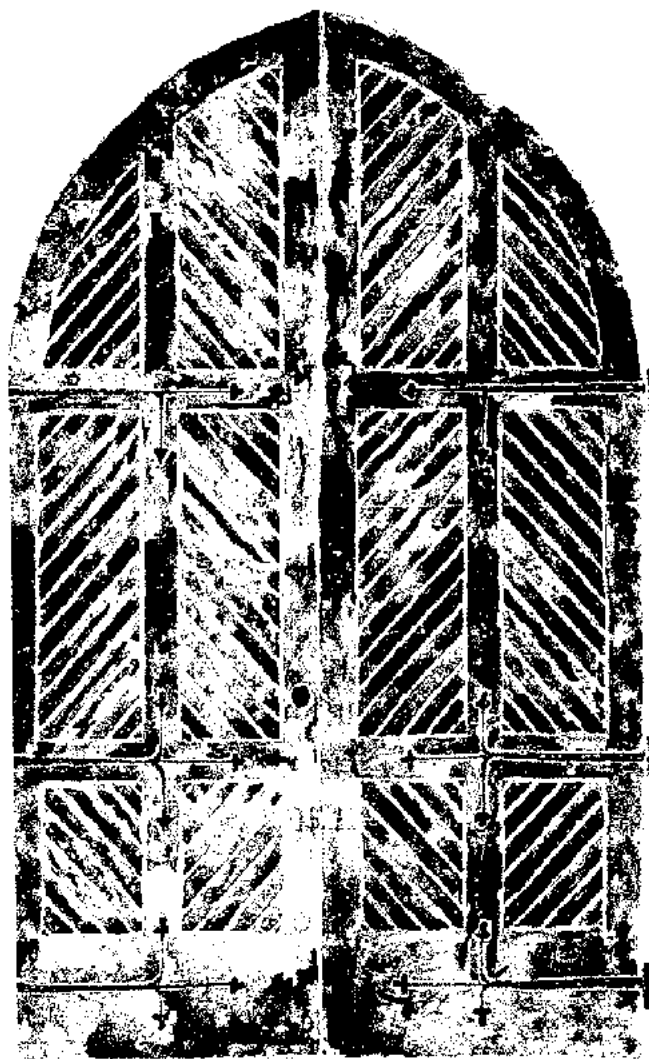
songs of loud-est praise. While the hope of life's per-
ge-th-er in thy home. Hear the cries of war fall
prom-ise of this day. Help us bind our-selves in

fec-tion fills our hearts with joy and love, teach us
si-lent, feel our love glow like the sun. When we
un-ion, help our hands tell of our love. With thine

Words: v. 1, Robert Robinson, 1735-1790, adapt.,
⊕ vs. 2-3, Eugene B. Navias, 1928-
Music: John Wyeth, *Repository of Sacred Music, Part II*, 1813

NETTLETON
8.7.8.7.D.

ev - er to be faith - ful, may we still thy good - ness prove.
all serve one an - oth - er, then our hea - ven is be - gun.
aid, O fount of jus - tice, earth be fair as heav'n a - bove.



[BACK](#)

$\text{♩} = 60$

1. Love will guide us, peace has tried us, hope in-
 2. If you can - not sing like an - gels, if you
 3. Love will guide us, peace has tried us, hope in-

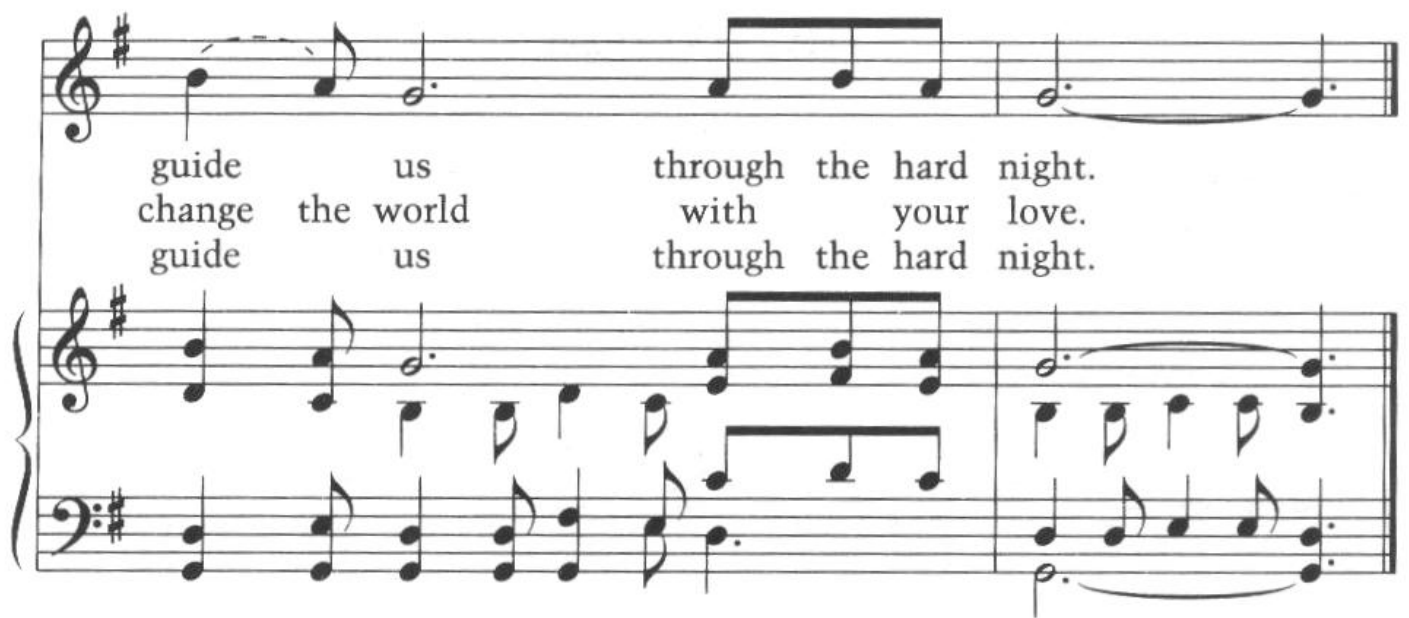
side us will lead the way on the
 can - not speak be - fore thou - sands, you can
 side us will lead the way on the

road from greed to giv - ing. Love will
 give from deep with - in you. You can
 road from greed to giv - ing. Love will

Words: Sally Rogers, © 1985 Sally Rogers, used by perm. of
 Thrushwood Press Publishing

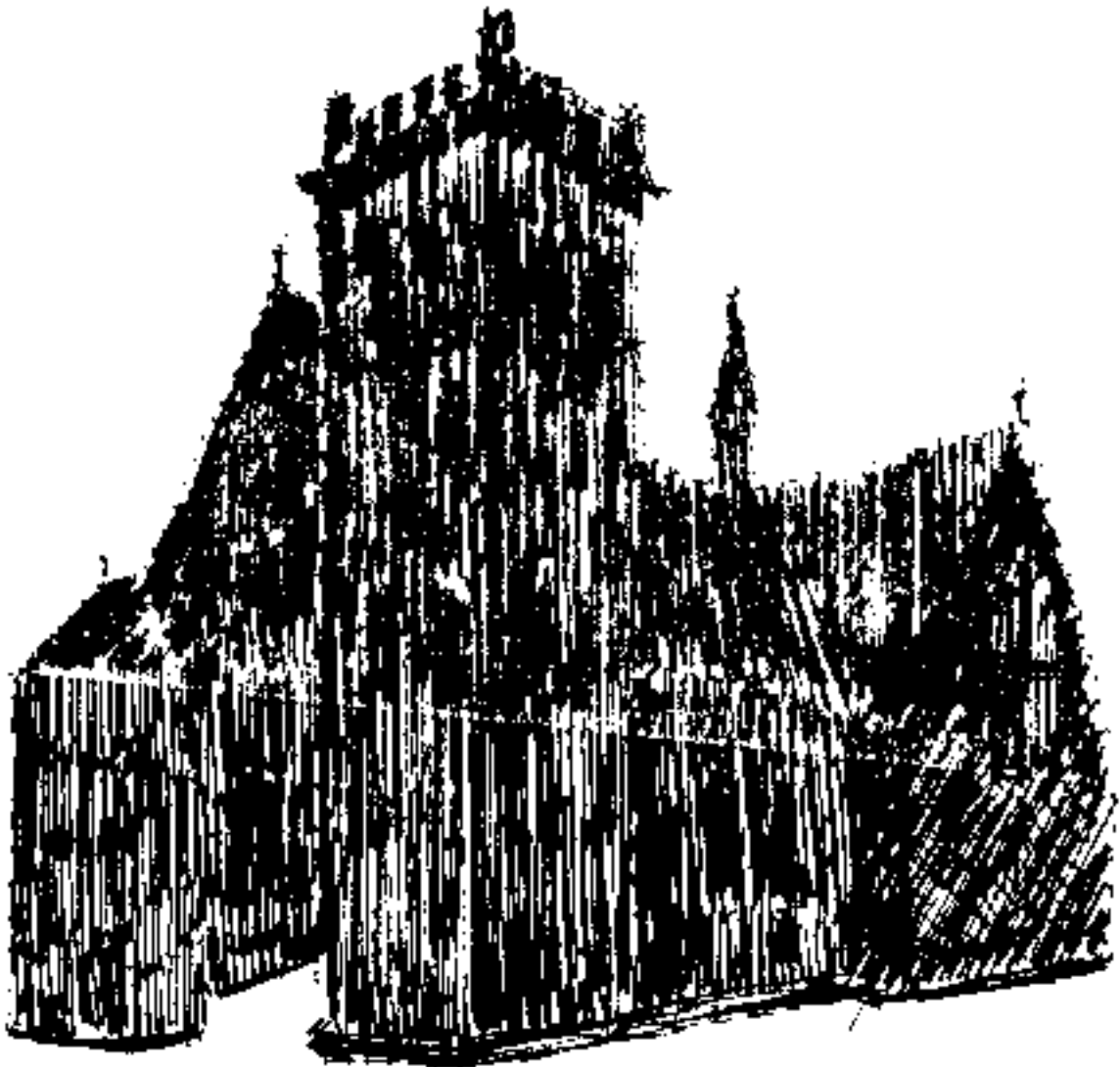
⊕ Music: Traditional, arr. by Betty A. Wylder, 1923- ,
 © 1992 Unitarian Universalist Association

OLYMPIA
 L.M.



guide us through the hard night.
change the world with your love.
guide us through the hard night.

The musical score is written in G major (one sharp) and 4/4 time. The vocal line is on a single staff with a treble clef. The piano accompaniment consists of two staves, treble and bass, with a grand staff brace on the left. The lyrics are aligned with the vocal melody.



[BACK](#)

OFFERTORY



Unitarian Universalists affirm unconditional, universal love as a foundation and grounding for our actions in the world. We strive to be of service to our communities and advocate for change on local, state, national, and international levels.

Through our Side with Love campaign (formerly “Standing on the Side of Love”) we amplify the voices of the oppressed through online media; we show up in partnership at justice events across the country; we lobby national leaders on immigration reform, racial justice, equality for lesbian, gay, bisexual, transgender, and queer people, religious freedom, and more; and above all we work to make love real in the world.

Over eighty percent of Unitarian Universalist congregations, and many more individual UUs and others who care about justice, have become a part of Side with Love.

www.sidewithlove.org

[BACK](#)

To Sir(ve), With Love February 2022 Programing

Go to www.uusf.org/programs to register and to learn more!

This February, we want to talk about what we love, and what we serve with love in our lives. Having just lost the great Sidney Poitier, the title of his movie, "To Sir, With Love" came to mind so we adapted it to name our program, "To Sir(ve), With Love" which seemed so appropriate too since Poitier's life was also so much about service to what he loved!

The Sonnet, with Love

Monday, February 14, 7-8pm - Register: bit.ly/tosirwithlove22

Robert Lavett Smith, poet and member, will share with us how he got introduced to poetry and to the particular form of the sonnet and why he fell in love with it as a form. He has been a part of UUSF, first as a visitor and then as a member, since moving to the Bay Area from New Jersey in the fall of 1987.

To an Infinite Universe of Puzzles and Toys, with Love

Thursday, February 17, 7-8pm - Register: bit.ly/tosirwithlove22

One way to see how fast the Universe is expanding is to measure the apparent recession speed of galaxies at a range of distances from us. **Phil Marshall**, Staff Scientist at SLAC National Accelerator Laboratory and member of UUSF. Phil is a scientist at Stanford University and SLAC National Accelerator Laboratory in Menlo Park.

Virtual Screening of "To Sir, with Love"

Friday, February 18, 6:30 pm - Zoom Link: bit.ly/sensiblecinemafeb22 Meeting ID: 854 6565 6481 / Passcode: 018102

To Sir, with Love directed by James Clavell and starring Sidney Poitier who plays as an engineer who accepts a stop-gap job as a teacher in a rough inner-city school and given charge of a group of students who were deemed as academic outcast.

To Sir, with Love: A conversation about the life and work of Sidney Poitier

With **Cornelius Moore** Co- Director of Ca.NewsReel

Sunday, February 20, 1:00 pm (virtual) - Zoom Link: bit.ly/sensiblecinemafeb22 Mtg. ID: 854 6565 6481 / Passcode: 018102

In recognition of Black History Month please join Sensible Cinema in an oral tribute to the late great Actor Activist Sidney Poitier. Our speaker will be Cornelius Moore Co- Director of Ca.News Reel.

To Breathe, with Love

Monday, February 21, 7-8pm - Register: bit.ly/tosirwithlove22

Many of us have practices we call spiritual, from meditation to yoga, from journaling to walking in nature. These are some of the things we do to calm our bodies, quiet our minds, and open our hearts. Led by **Rev. Margot Campbell Gross**.

Ministers Book Group - February Book: "Pleasure Activism" by adrienne maree brown

Led by Vanessa Southern on 2/23/22, 6:30-8 pm & 2/24/22, 12-1:30 pm - Register at bit.ly/MBG0222

This month's MBG is part of our "To (Sir)ve, with Love" programming all February. Goodreads describes this month's book thusly: "How do we make social justice the most pleasurable human experience? How can we awaken within ourselves desires that make it impossible to settle for anything less than a fulfilling life? Editor adrienne maree brown finds the answer in something she calls "pleasure activism," a politics of healing and happiness that explodes the our myth that changing the world is just another form of work.

Make Em' Laugh: Serving with Love through Laughter

Thursday, February 24, 7-8pm - Register: bit.ly/tosirwithlove22

For the last three years, church members **Mari Magaloni Ramos, Michael Bossier and Cal Ball** have produced a comedy Radio Show called the Mike and Mari Show, sharing their love of comedy, satire, improv and humor. Along with writing and producing a comedy radio show, each of them have worked in a variety of artistic venues including improv, comedy writing, music and music production, and much more. Come hear their stories of the power of laughter and what it has to teach us.

To Support and Challenge, with Love

Monday, February 28, 7-8pm - Register: bit.ly/tosirwithlove22

Many of us have heard of professional coaches. Unlike sports coaches who work with teams and athletes, professional coaches work with people of all backgrounds and stages of career, helping them set and achieve their goals or make changes in their lives and careers. But what is coaching? **Hanna Clements-Hart**, member for 10 years and an executive coach for 13 years, will give us a peek into this world and why she loves it. Hanna has worked with hundreds of individuals and dozens of companies and organizations such as Google, Twitter, Coursera, and the Packard Foundation.

Events, Meetings & Volunteer Opportunities (www.uusf.org/news)



Sign Up to Make Breakfast at the Winter Shelter - Go to bit.ly/wintershelter2022 Now to Volunteer!

The Interfaith Winter Shelter provides shelter, dinner and breakfast to 60 men and women for the next three weeks through February 26. A partnership among San Francisco Interfaith Council, the SF Department of Homeless Services, and Episcopal Community Services. It is an important ministry of the church and a vital service to the community. It is also a great opportunity to volunteer and to get to know other congregation members! Thank you to all who have already volunteered to help cook dinners or breakfasts. We are still looking for volunteers to help cook and serve breakfast Monday through Friday. We still are short of morning volunteers on **Feb 16, 18 and 23**. If you are interested in volunteering in any capacity, [follow this link to sign up](#). Questions? Email us at wintershelter@uusf.org.

Young Adult Vesper Service on 2-15 at 7pm - Zoom: (bit.ly/vesper2-15-22) Mtg. ID: 89305540389 PC: 967004

Join Maddy and Joe for a Young Adult Vesper Service! This worshipful experience has many of the same elements as a Sunday morning service, but in a more intimate and engaging setting. In addition to the usual songs, readings, and reflections, there will be space for attendees to share their own responses and feelings as they arise.

Building Power & Democracy on Feb. 16, 7pm - Zoom: (bit.ly/democracy0216) Mtg. ID: 827 2384 8204

Join UU the Vote and local partners and activists for discussion about how movements have articulated a vision and strategy for political agency and democracy. This features **Nicole Pressley**, formerly the National Organizer for UU the Vote, now serves as Field & Programs Director, and as a member of the Side With Love leadership team.

February's Full Moon with The Pagan Interest Circle on 2-19-22

We Invite You to Work with the Energies of February's Full Moon with The Pagan Interest Circle (PICT) in Virtual Ritual Space at 7:00 pm on Saturday, February 19. The Wheel of the Year turns again on February 2nd. The pagan solar holiday Imbolc or Brigid's Day, coincides with the 2022 Chinese New Year of the Tiger. The days are growing longer and the earth is stirring from winter's dreaming. We start to see early signs of spring and feel the energies of anticipation and hope. It is a time of possibilities and renewal. To get the ZOOM link, contact **Christine Patch-Lindsay** at cplhealer@comcast.net NO LATER THAN 3:00 pm on Saturday, the day of the ritual, February 19th.

NEW! DANGEROUS TRUTHS: NEW PERSPECTIVES ON AMERICA'S HISTORY - EPISODE ONE!!!

The series will begin on Zoom on Sunday, February 27 at 1pm, and continue thereafter on the 4th Sunday of the month. Divisions in the United States about what our nation stands for continue to escalate, and they are damaging our frail democracy. The series will proceed with stories from the acclaimed 1619 Project, specifically emphasizing how free labor of African Americans fortified our early rise as a capitalist economic, political and military power, and drastically affected the current distribution of wealth. Discover why we have named this series Dangerous Truths. Learn more by going to our website page uusf.org/hrwg or contact us at humanrights@uusf.org.

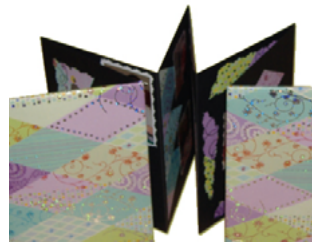
Journey To Wholeness: Educating Ourselves Through the Arts - Saturday, February 26, 4-5pm

If we are serious about dismantling structural racism, we have a lot to learn. Our principles already call upon us to support one another in spiritual growth. One way to begin is by shared exploration of the cultural riches given to us by peoples of the world majority. This month's opportunity is to join us for a Black History Month Celebration Concert with Martin Luther McCoy, multimedia presentation in person at the Museum of the African Diaspora, cosponsored by SFJAZZ. Free with museum admission. For further information and to register go to bit.ly/journeyfeb22. If you'd like to be connected with other UUSF members or friends who are interested in attending email us at racialjustice.info@uusf.org. Let us know at racialjustice.info@uusf.org if there is a relevant event or subject you'd like to share with others in our community, such as a book review, movie, performance or exhibit.

Adult Spiritual Growth Classes (www.uusf.org/are)

The Unfolding Story: A Four Part Spiritual Adventure in Book Binding, Art Making and Storytelling

Four Workshops: Saturdays: February 19, March 19, April 16, and May 14 - 10:00 am to 1:00 pm - Max 10 People



We all have a story (or two) to tell. In the Unfolding Story, participants will create a 12 page accordion book (the first workshop). In an accordion book - or leporello - each page is connected to the other, allowing the story to seamlessly unfold.

In subsequent workshops we will explore four phases of our lives: childhood, adolescence, young adulthood, and adulthood. Experimenting with different mediums, we will write, draw, paint, collage and construct to tell our story. What themes, symbols or images run through your life? What were the moments that gave shape to your life? What threads weave through your unfolding story? Let's discover!

Kathleen Rydar - a professional book binder and letterpress printer - will teach us the art of making a leporello. In the subsequent workshops, participants will spend time sharing our stories through writing, drawing, painting or collaging. Between workshops, Rev. Jacks will provide prompts and reflective exercises to help participants explore their life story.

There will be a fee of \$30.00 to cover the cost of the materials. Financial assistance will be available to cover the cost of materials.

Register at bit.ly/unfolding2022

Paganism 101 A Unitarian Exploration of the New Paganism

4th Sundays at 1 pm PST / 4 pm EST on Zoom - Series of 9 monthly classes - Register at bit.ly/paganism101class

This course introduces the practices, beliefs, and history of Modern Pagan spirituality. Participants in this class will create and maintain a student altar as we explore basic altar set up and ritual tools, the wheel of the year, deity, the four elements, and more. We also touch on different pagan paths and examine how modern paganism fits with Unitarian Universalist principles. Class is FREE. \$5 per class donation welcome but not required.

Morning Meta Meditation

Tuesdays & Thursday, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience.

Equanimity Practice

Fridays, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

New UU: A 2-Session series for Visitors and Newcomers - Wednesdays, March 30 and April 6

A 2-Session series for Visitors and Newcomers Led by Rev. Alyson Jacks, Rev. Vanessa Southern

This interactive class will introduce you to Unitarian Universalism and our congregation. Register at bit.ly/newuuspring22

Session 1: Roots and Wings: History, Theology, Principles and Purposes: To understand where we are now culturally as a movement, in our philosophies and practices, and our place in the larger landscape of religious history, we'd like to give you an overview of some of the big sweeps of time and where Unitarian Universalism's roots began and where we find ourselves today. We will explore some of our history, theology, our principles and purposes.

Session 2: Community, Connection and Commitment: In session 2, we'll make time to share our own spiritual journeys as a way to build connection and understanding. We'll learn about the many programs and activities in our community that are open to all. And finally, we'll talk about rights, roles and responsibilities of membership at First Unitarian Universalist Society of San Francisco.



"Weaving Waters"

Sunday, February 6, 10:50 AM, 2022

Regional Assembly Worship Service

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UUSF MEDIA

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Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

For more about our congregation,
please visit our website at www.uusf.org.

First Unitarian Universalist Society of San Francisco
1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org