

“What’s Going On?”



Sunday, March 27, 10:50 AM, 2022

First Unitarian Universalist Society of San Francisco



Order of Service
Sunday, March 27, 2022
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at bit.ly/uusfconnections2022

Welcome back to those returning to onsite Worship Service!
Please stay masked during the Worship Service and maintain social distance.
After service we invite you to convene for coffee hour in the Courtyard.
As we ease back into the new normal, we want to keep our congregation and staff safe.
Please be mindful of social distance and wear your mask when you are not eating or drinking.

Prelude *All People That on Earth Do Dwell* Thewes/Curry
Reiko Oda Lane, Organist

Opening Words and Welcome Rev. Vanessa Rush Southern, Senior Minister

Hymn 90 *From all the Fret and Fever All the Day* COOLINGE
Choir; Reiko Oda Lane, Organist

[\(CLICK HERE OR TURN TO PAGE 5 TO VIEW HYMN\)](#)

Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Brief Invitations

Meditation on Breathing

When I breathe in, I'll breathe in peace.
When I breathe out, I'll breathe out love.

Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Ritual of Remembrance and Commitment

Time of Spoken and Silent Meditation

PARTICIPANTS

Worship Leaders

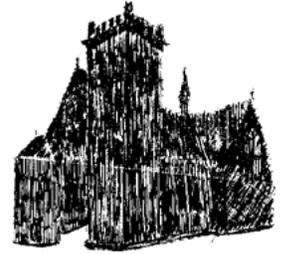
Rev. Vanessa Rush Southern, Senior Minister
Nancy Hardies, Annual Fund Testimonial

Sunday Support

Eric Shackelford, Camera
Shulee Ong, Camera
Donald Shearer, Camera
Joe Chapot, Live Chat Moderator
Jonathan Silk, Communications Director
Remigio Flood, Sexton
Kelvin Jones, Sexton
Amy Kelly, Flowers
Linda Messner, Head Usher
Tom Brookshire, Les James,
Ralph Fenn, Zoom Coffee Hour

Muscians

Reiko Oda Lane, Organist
Mark Sumner, Music Director
Wm. García Ganz, pianist
UUSF Choir



Sunday Virtual Coffee Hour

12:15 pm Sundays

Anyone is welcome to join our community for our Virtual Coffee Hour, immediately following the Sunday Worship Service. Coffee not required. Join the **Sermon Discussion Group**, led by **Donald Matusen**, at Virtual Coffee Hour after church today. Let the host know if you want to join this group when you arrive at Coffee Hour.

Join via Zoom: <https://zoom.us/j/725737157> / Meeting ID: 725 737 157



These last years have been a complicated time for all of us. It's like we've been wandering through a forest, and we've found some bright spots and clearings along the way, but we aren't out of the woods yet. As a community, we need to help each other through.

UUSF is in a more stable place than in the worst of it. Rental income isn't back to 100%, but we've been able to return to in-person, at least partly. And we have a lot of hope for the future. But we still need your support and generosity to make it through.

If you'd like to pledge online, you can do so at uusf.org/pledge. We also mailed pledge forms to everyone, and we will have them available after the service each Sunday in March if you would rather fill it out in paper. Please get your pledges in by the end of March!

Questions? Email Co-Chairs: Sam King & "Wonder Dave" Crady (aof@uusf.org)

From All the Fret and Fever of the Day

90

$\text{♩} = 58$

The musical score is written for voice and piano. It consists of four systems of music. Each system has a vocal line in the upper staff and a piano accompaniment in the lower staff. The key signature has one flat (B-flat), and the time signature is 3/2. The tempo is marked as quarter note = 58. The lyrics are as follows:

1. From all the fret and fe - ver of the
2. In qui - et - ness and sol - i - tude we

day, let there be mo - ments when we turn a -
find the sound - less wis - dom of the deep - er

way, and, deaf to all con - fus - ing out - er
mind; with clear har - mo - nious pur - pose let us

din, in - tent - ly lis - ten for the voice with - in.
then bring rich - er mean - ing to the world a - gain.

⊕ Words: Monroe Beardsley, b. 1915
Music: Cyril V. Taylor, b. 1907, © Hope Publishing Co.

COOLINGE
10.10.10.10.

$\text{♩} = 76$

1. For
2. For
3. For
4. For

all that is our life we sing our thanks and praise; for
needs which oth - ers serve, for ser - vic - es we give, for
sor - row we must bear, for fail - ures, pain, and loss, for
all that is our life we sing our thanks and praise; for

all life is a gift which we are called to use to
work and its re - wards, for hours of rest and love; we
each new thing we learn, for fear - ful hours that pass: we
all life is a gift which we are called to use to

⊕ Words: Bruce Findlow, 1922-
Music: Patrick L. Rickey, 1964- , © 1992 Unitarian Universalist Association

SHERMAN ISLAND
6.6.6.6.6.6.

LOVE AND COMPASSION

build the com - mon good and
 come with praise and thanks for
 come with praise and thanks for
 build the com - mon good and

1.-3.
 make our own days glad.
 all that is our life.
 all that is our life.
 make our own days

4.
 glad.

LOVE AND COMPASSION

Events, Meetings & Volunteer Opportunities (www.uusf.org/news)

Episode 2 of the Dangerous Truths series: “The 1619 Project -Its Significance for Today”

March 27 at 1pm - Zoom: bit.ly/DangerousTruth / **Meeting ID:** 928 0003 6783 / **Passcode:** 797846 / **Phone:** 1-669-900-6833
Nikole Hannah-Jones was awarded the 2020 Pulitzer Prize for Commentary for The 1619 Project which appeared in the New York Times Magazine. Dr. James Taylor, Professor of Political Science and African American and Critical Diversity Studies at the University of San Francisco, will speak on aspects of this important work and our changing views of history. Info: www.uusf.org/hrwg

Celebrating the life of Ardeth Fortier (1929-2021) - Sunday, April 3, 2pm, Sanctuary

Ardeth Billings Owen Fortier died the morning of October 25, 2021, in her own home, with her children nearby. She was 92. Please join us to celebrate Ardeth's glorious life at UUSF or online at bit.ly/ardethmemorial

Abortion Rights March on April 9!

The UUSF Women's Group is rallying the congregation to join a nationwide march at noon on Saturday, April 9. Sponsored by riseup4abortionrights.org, it will take place at noon on Sproul Plaza, UC Berkeley campus. The group will be coordinating transportation for those who need it; and at the next two Sunday services it will be offering bright green bandanas to wear at the march.

The Annual UUSF Seder is Back! - Friday, April 22 @ 6:30 pm - Suggested donation is \$10/person, no one to be turned away for lack of funds. *The Freedom Holiday is back!* We will celebrate this Passover Service with food and song. We have an updated Haggadah by **Richard Davis and Mia Shackelford** and beautiful new candlesticks, crafted by Richard Davis. Sign-Up Now at (bit.ly/UUSeder22) for this potluck Passover Seder or see **Eric Shackelford** on Sunday. Questions? Eric at eshack@gmail.com.

Journey To Wholeness: Educating Ourselves Through the Arts

If we are serious about dismantling structural racism, we have a lot to learn. Our principles already call upon us to support one another in spiritual growth. One way to begin is by shared exploration of the cultural riches given to us by peoples of the world majority. Opportunity of the week: April 3rd, 7:30 pm at Fort Mason Center for Arts & Culture: Jaco Wong conducts “Inkling/Pictures at an Exhibition: A Multimedia Orchestra Experience” described as “a unique intersection between orchestral music, abstract animation and neuroscience.” For more information and tickets go to bit.ly/pictures-formason. and If you'd like to be connected with other UUSF members or friends who are interested in attending email us at racialjustice.info@uusf.org.

Seeking Your Most Heartfelt and Creative Donations for the UUSF Auction!

We on the Auction Committee are absolutely thrilled to be planning our auction festivities for next month. We have asked you to “Stand by Me” in song, and we are now asking you to Stand By Us in the courtyard, where we are going to hold the live auction and a big party on **Sunday, April 24!** Tickets are on sale at bit.ly/uuauctiontix and we would love to know if you are coming!

Of course, the live event is just one component of our auction. We are once again holding the super-popular Online Silent Auction for the week prior to the event. The Online Silent Auction goes live on **Saturday, April 16 and lasts through Saturday, April 23.** These combined events are only as vibrant as they are because of the deep generosity and endless creativity of the UUSF community. Each year, we are so grateful to receive offers of time at vacation homes, hours of professional services, bottles of wine, and home-hosted parties. People donate fine art as well as home-cooked meals. Do you have something that you'd feel joyful sharing with the community? We'd love to talk to you about the possibilities.

If you feel like you'd like to donate, but aren't quite sure what to donate, Sue Anthony has a wonderful gift of being able to chat with you about your talents. If you'd like a little coaching, Sue is available by email at susan.J.Anthony@comcast.net and she will also be at an auction table after services on Sundays. If you already know what you want to donate -- thank you! We have an intake form set up bit.ly/uuauctiondonate to take in all the details of your item plus pictures of it.

Quality Wine Bottle Donations Desperately Needed for Stand By Me Auction!!!

We need your wine bottle donations in order to create two cases of wine to auction off at this year's auction. Please consider donating a \$15+ bottle of wine to support this major fundraising event for the UUSF! Bottles can be dropped off at **Susan Anthony's** home or on Sunday at the church.

Contact Susan at susan.j.anthony@comcast.net for more information.



Adult Spiritual Growth Classes (www.uusf.org/are)

Minister's Book Group: Wednesday, March 30, 6:30-8 pm

Led by Rev. Vanessa Rush Southern, Senior Minister. This month's book is "Decolonizing Wealth: Indigenous Wisdom to Heal Divides and Restore Balance" by Edgar Villanueva. Register at bit.ly/bookgroup3-22



Philanthropy and the models of philanthropic giving, even the whole notion of philanthropy and the way it is structured have been under review and criticism of late. In 2018 Edgar Villanueva was at the front end of this wave of interrogation of the "good" work done by private givers and their foundations and charities. Villanueva asks whether as a model such "good" work mirrors colonial structures, entrenches patterns of inequity, but he brings to the work an alternative, and one grounded in the native traditions of his own community, the Lumbee Tribe. Let's look together at what he has to say – in critique and in offering an alternative.

Morning Meta Meditation

Tuesdays & Thursday, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience.

Equanimity Practice

Fridays, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

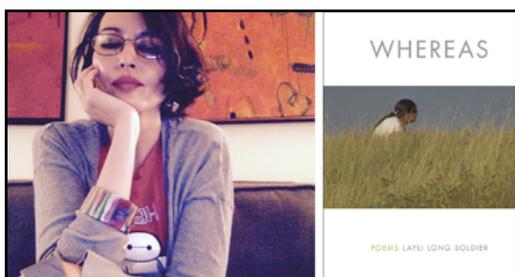
A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

Paganism 101 A Unitarian Exploration of the New Paganism

4th Sundays at 1 pm PST / 4 pm EST on Zoom - Series of 9 monthly classes - Register at bit.ly/paganism101class

This course introduces the practices, beliefs, and history of Modern Pagan spirituality. Participants in this class will create and maintain a student altar as we explore basic altar set up and ritual tools, the wheel of the year, deity, the four elements, and more. We also touch on different pagan paths and examine how modern paganism fits with Unitarian Universalist principles. Class is FREE. \$5 per class donation welcome but not required.

Minister's Book Group: Wednesday, April 27, 6:30-8 pm



Led by Rev. Vanessa Rush Southern, Senior Minister. April is Poetry Month! This is the first collection by Layli Long Soldier, a distinguished Oglala Lakota poet. The collection was winner of the National Book Critics Circle Award, of the Pen/Jean Stein Book Award and a finalist for the Griffin International Poetry Prize. You will need to see it, and read it — ideally — to understand some of what she does in the book. Note their will only be one session on Wednesday, 4/27, 6:30-8 PM. Register at bit.ly/MBGAPRIL22

Join Our Sunday Service Support Team!

It takes several teams of people to make Sunday Service happen, and you can join them! We are in need of more lay leaders to join our Greeters Team, Ushers Teams, and our Live Stream Team. Our greeters welcome and check people into our Sanctuary before Service. The ushers distribute Orders of Service and help folx find seats. Finally, our Livestream team works the cameras that record and broadcast our worship. No experience necessary! Just bring your best self and we will train you. If you want to join one of these teams, please email us at info@uusf.org



“The Question of Legacy”

[CLICK HERE TO VIEW LAST WEEKS WORSHIP SERVICE](#)



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UUSF MEDIA

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Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

For more about our congregation,
please visit our website at www.uusf.org.

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