

Sunday, June 5, 10:50 AM, 2022

First Unitarian Universalist Society of San Francisco

**"Finding Out
Who We Are"**





Order of Service
Sunday, June 5, 2022
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at bit.ly/uusfconnections2022

Welcome back to those returning to onsite Worship Service!
Please stay masked during the Worship Service and maintain social distance.
After service we invite you to convene for coffee hour in the Courtyard.
As we ease back into the new normal, we want to keep our congregation and staff safe.
Please be mindful of social distance and wear your mask when you are not eating or drinking.

Prelude *Ciacona in E Minor*

Dietrich Buxtehude
Reiko Oda Lane, Organist

Opening Words and Welcome

Rev. Vanessa Rush Southern, Senior Minister

*Hymn 360

Here We Have Gathered

OLD 124TH

UUSF Choir; Reiko Oda Lane, Organist

[\(CLICK HERE OR TURN TO PAGES 6 & 7 TO VIEW HYMN\)](#)

Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Brief Invitations

Meditation on Breathing

When I breathe in, I'll breathe in peace.
When I breathe out, I'll breathe out love.

Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Recognition of New Members

Rev. Alyson Jacks, Nancy Hardies, Judith Stoddard

2019- 2020 Members

Dave Crady, Cal Ball, Michael Bossier, Sarah Ellerman, Horst Basner, Jay Gupta,
Maggie Schilke, Nora Cata, Annie Pappenhagen

2020-2021 Members

Sherry and Jack Delo, Miriam Pokharel-Wood, John Bohman and Louis Van Horne, Sarah Turrin,
Caroline Kohout, Madeleine Gerlach, Deborah Baldwin, Jeanine Bray, Paul Kensinger

2021-2022 Members

Christina and Sam Hamner (Liam and Sterling), Kathleen Slobin, Elinor Mattern,
Maddie Fernandez, Irene Westler

This is a day of celebration for all of us, as we honor your commitment to become members of the First Unitarian Universalist Society of San Francisco. We know that you did not come to this decision lightly.

I ask the members of this congregation:

Will you now welcome these new members, enlarging the circle of community, embracing the gifts they bring?

Congregation:

We do. We not only welcome you, but also promise to nurture your new beginnings with our friendship and support. With eagerness and expectation, we look forward to working alongside you and building our beloved community together with you. We promise to care for you through courtesy, acceptance, respect and engagement.

New Members:

We accept your welcome. Eagerly, and with enthusiasm, we bring our gifts and talents at this time and to this place. We look forward to being co-creators of this community.

Time for Meditation and Prayer

Music *Hymn for These Times*

Jay Rogers
UUSF Choir led by Mark Sumner

Recognitions

Daniel Jackoway, Worship Associate

Offering

Our offering this week will go to the **Giffords Law Center**, the 501 c3 portion of Giffords (Giffords.org) and organization led by former Congresswoman Gabrielle Giffords working to make America safer by preventing gun violence. The Law Center has been working for 25 years on gun laws. Their experts help draft, implement, and defend the laws, policies, and programs that have been proven to work. To make a donation on Vanco (bit.ly/uusfpayments) or using the Donate Button (below) & on our website, please select the "Offering" choice to make your gift. If you are sending a check, please mark in the memo today's date and "special offering" 6-05-22.



Offertory Music *Zion's Walls*

Aaron Copland
UUSF Choir, Elliott Etzkorn, Accompanist

Sermon "Finding Out Who We Are"

Rev. Vanessa Rush Southern

Music *The Road Home*

Stephen Paulus
UUSF Choir led by Mark Sumner

Benediction

Postlude *All People That on Earth Do Dwell*

Old 100th arr, Mark Thewes
Reiko Oda Lane, Organist

*please stand if you are willing and able.

2021-2022 MEMBER BIOGRAPHIES

Christina, Sam, Liam, and Sterling Hamner

We are Christina and Sam Hamner (which some may acronymize as CASH), and we live in the Richmond District of San Francisco with our two children, Liam (4) and Sterling (1). We've been in San Francisco for almost 15 years and were married in Oakland in 2012 after meeting in school at Stanford. Sam is originally from Jacksonville, FL and Christina is from Louisville, KY (via Albuquerque, NM and a few other places). Both of our careers focus on product development -- Sam in Healthcare and Christina in Education Access and Equity. Creating a life and family in the San Francisco Bay Area led us to seek a community for personal support and spiritual growth that's egalitarian, pluralistic, non-dogmatic, and social justice-oriented -- and UUSF fit the bill! The Beloved Community at UUSF has been a loving source of stability and support for our family through the many ups and downs we've faced during the pandemic and major life events. We are so excited and grateful to be a part of this vibrant, diverse and multi-faceted community as we all emerge and reconnect in 2022!

Kathleen Slobin

I retired in San Francisco as a Professor Emerita of Sociology from North Dakota State University with my partner Margaret Scott in 2007. We had been UU members in Fargo, ND/ Moorhead, MN. During the next 10 years my partner and I were docents at the California Academy of Sciences. I also volunteered as a storyteller at the Asian Art Museum. Margaret died in December 2018 after a long illness. As a part of my mourning process, I began attending my Fargo-Moorhead UU meetings via zoom for several months before switching to UUSF. I am beginning to feel very much at home as I become acquainted with my fellow members.

Elinor Mattern

My background is in public health, and I currently work in the field of environmental health with a focus on air quality. I live in the Glen Park neighborhood with my spouse and two young daughters. We love hiking, biking, and camping.

Maddie Fernandez

I came to San Francisco from the Central Valley and attended SFSU, then ended up staying for 14 years. I was first introduced to UUSF in 2008 and was always intrigued and inspired, but felt that now is the time to join the community.

Irene Westler

I felt a need to be more spiritual and connect deeper with faith. My friend Karen Grech, who is a member of UUSF, turned me onto UUism years ago. So, I started attending during the pandemic, calling into the ZOOM call. Joining seemed like a natural next step.

PARTICIPANTS

Worship Leaders

Rev. Vanessa Rush Southern, Senior Minister
Rev. Alyson Jacks, Associate Minister
Daniel Jackoway, Worship Associate
Nancy Hardies & Judith Stoddard, Membership

Sunday Support

Shulee Ong, Camera
Eric Shackelford, Camera
Donald Shearer, Camera
Jackson Munn, Camera
Joe Chapot, Live Chat Moderator
Jonathan Silk, Communications Director
Remigio Flood, Sexton
Kelvin Jones, Sexton
Athena Papadakos, Flowers
Linda Messner, Head Usher
Tom Brookshire, Les James,
Ralph Fenn, Zoom Coffee Hour

Musicians

Reiko Oda Lane, Organist
Mark Sumner, Music Director
Elliott Etzkorn, Pianist
UUSF Choir

ANNUAL MEETING 2022

June 5 at 12:30 pm, TSK Room & Online

Zoom Link: <https://bit.ly/meetinguusf>

Meeting ID: 725 737 157

One tap mobile: +16699006833,,725737157#

Each year, our community holds an annual meeting during the month of June. The Annual Meeting is an opportunity to thank the many members of the congregation who have volunteered their time and treasure during the year. We will vote on **Board of Trustee** and **Nominating Committee** candidates. We will announce the **Anne Dillon** award recipient, learn about **May Treat Morrison** and remember those who have died.

INFO: <https://www.uusf.org/cong-meetings-reports>

360 Here We Have Gathered

$\text{♩} = 76$

1. Here we have gath - ered, gath - ered side by side;
 2. Here we have gath - ered, called to cel - e - brate
 3. Life has its bat - tles, sor - rows, and re - gret:

cir - cle of kin - ship, come and step in - side!
 days of our life - time, mat - ters small and great:
 but in the shad - ows, let us not for - get:

May all who seek here find a kind - ly
 we of all a - ges, wom - en, chil - dren,
 we who now gath - er know each oth - er's

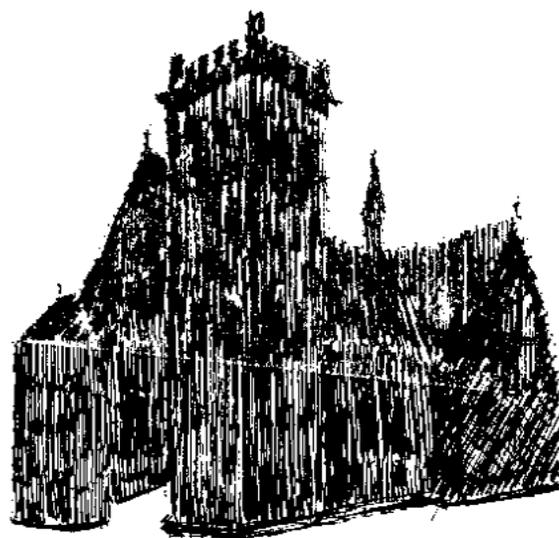
word; may all who speak here
 men, in - fants and sa - ges,
 pain; kind - ness can heal us:

⊕ Words: Alicia S. Carpenter, 1930- , © 1979 Alicia S. Carpenter
 Music: Genevan psalter, 1543

OLD 124TH
 10.10.10.10.10.

feel they have been heard. Sing now to -
 shar - ing what we can. Sing now to -
 as we give, we gain. Sing now in

geth - er this, our hearts' own song.
 geth - er this, our hearts' own song.
 friend - ship this, our hearts' own song.





Interfaith Food Pantry Needs Volunteers! Sign-Up at bit.ly/foodpantryuusf

Join volunteers every Saturday to feed our lower income siblings and on Saturday, June 11, it is our turn to lead and staff the pantry. Meet at Old First Presbyterian (Van Ness and Sacramento) on Saturday mornings from 7:30 - 11:30am to sort and distribute food items. Sign up at bit.ly/foodpantryuusf

One does not need to stay the entire time. Parking vouchers are available for volunteers to park for free in the church garage on Sacramento Street. Families are encouraged as this is a service activity which is appropriate for children age 5 and over. Organizers check the website every Thursday to see if we have enough people signed up. If not, they send prior participants an email to let them know more volunteers are needed.

Questions? Email UUSF Coordinator Hanna Hart at info@uusf.org

Website: uusf.org/foodpantry

Trudy Lionel Memorial Service - Livestream: <https://bit.ly/trudymemorial>

Trudy was a devoted ringer of bells, member of the choir, gifted leader and a sweet spirit who blessed us in so many ways. In her final weeks of life she was able to attend her son Ben's wedding to Charli Sakari which was a huge joy to her and them. A memorial service for Trudy will be held at UUSF, on **Thursday, June 9th at 6 pm**. The service will be available on Livestream or in person. Go to <https://www.uusf.org/trudylionel> to learn more.

The Pagan Interest Circle (PICT) meets for a Moon Dance, In-Person (!), for a Full Moon Ritual, June 11 at 7:00 pm in the Chapel

June 14th marks the Strawberry Full Moon, named by indigenous North American peoples for the ripening strawberries. It is generally a time of abundance, so close to Midsummer on the Wheel of the Year. This year, the Moon energy invites us to disconnect for a moment from the gravity of our responsibilities and just have fun. It's time to culminate whatever one's been working on over the past six months, and just be light and enjoy the energy. Together, let's craft a ritual about staying present, being grateful and celebrating all that we've done for ourselves. And yes, dance! For more information, contact Nancy Buffum at nancybuffum@gmail.com

Dangerous Truth Episode 5: "Native America And Manifest Destiny" with Professor Robert J. Miller

Sunday, June 19 from 1pm to 3pm. Zoom: <https://bit.ly/dangeroustruth5> MtgID: 986 7122 6456 Code: 275953 Tel: +1 669 900 6833
Email: humanrights@uusf.org Website: <https://www.uusf.org/hrwg>

Mr. Miller is a professor of law at the Sandra Day O'Connor School of Law at Arizona State University, and the author of many publications including Reservation "Capitalism: Economic Development in Indian Country (Praeger Publishers 2012). He is the Chief Justice of the Pascua Yaqui Tribe, and a citizen of the Eastern Shawnee Tribe. His book, *Native America, Discovered and Conquered: Thomas Jefferson, Lewis and Clark, and Manifest Destiny* examines the concept of Manifest Destiny and the westward thrust of the newly formed American union. The story begins with the Lewis and Clark expedition into the Pacific Northwest at the behest of Thomas Jefferson. How did this expansion and the belief in Manifest Destiny play out for the Indigenous peoples, and for the United States? What are the effects of this history on all of us to this day?



Photo: Captain William Clark of the Lewis and Clark Expedition Meeting with the Indians of the Northwest by Charles M. Russell, 1897.

General Assembly: The Unitarian Universalist Association's Annual Meeting is from June 22 to June 26

If you are interested in being a delegate to let us know at info@uusf.org. General Assembly is the annual gathering of Unitarian Universalists, where we conduct business of the Association, explore the theological underpinnings of our faith, and lean fully into our mission and principles. GA 2022 will also feature face-to-face interactions, hanging banners, a browsable exhibit hall, meals with friends old and new, local site attractions, and more! Join us June 22 - 26 online or in-person in Portland, Oregon. Website: (<https://www.uua.org/ga>)



"I'm So Glad We Had This Time Together"

Sunday, June 12, 11:00 am, Sanctuary/Online

Rev. Alyson Jacks & Rev Vanessa Southern, preaching

Join us for a joyous good-bye celebration for Rev. Alyson Jacks who is retiring this June. We'll share stories, salutations and some surprises too. There will be wonderful music by our church and bell choir, percussionist Allen Biggs, pianist Lucas Keeley, and our organist Reiko Oda Lane. Let's celebrate and be glad for this incredible time we've had together.

This is a family friendly service for ages 6 and up. Childcare for children 0-5 will be available that morning. Following the service, there will be a luncheon celebration in the courtyard.

Livestream Begins at 10:50 am: <https://bit.ly/alysonjxy>

Adult Spiritual Growth Classes (www.uusf.org/are)

Morning Meta Meditation

Tuesdays & Thursday, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience.

Equanimity Practice

Fridays, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

Paganism 101: A Unitarian Exploration of the New Paganism

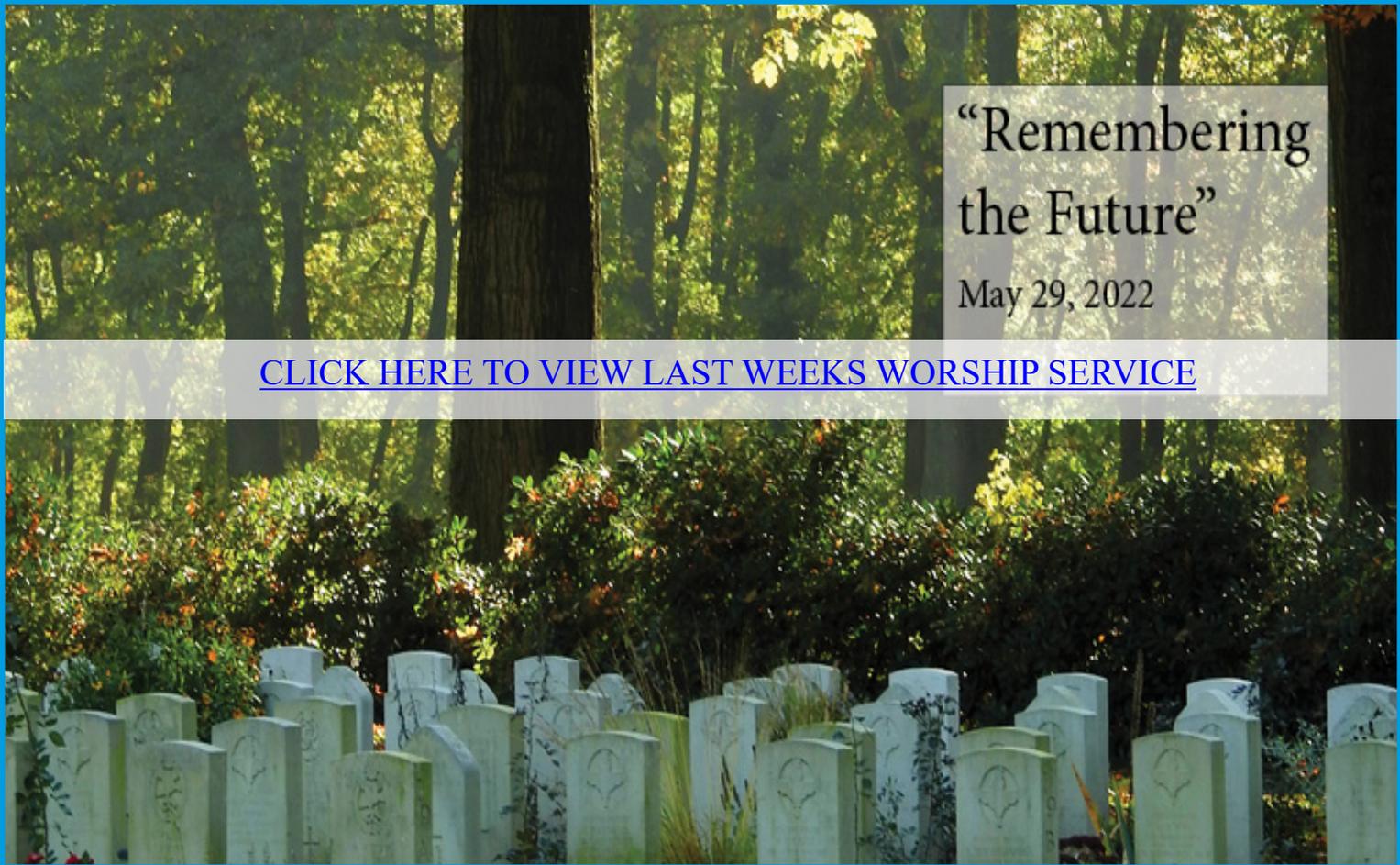
4th Sundays at 1 pm PST / 4 pm EST on Zoom (<https://bit.ly/paganismclass>)

Series of 9 monthly classes. Class is FREE. \$5 per class donation welcome but not required. This course introduces the practices, beliefs, and history of Modern Pagan spirituality. Participants in this class will create and maintain a student altar as we explore basic altar set up and ritual tools, the wheel of the year, deity, the four elements, and more.

UU 10 Step Empowerment: 10-Steps To Personal Resilience & Empowerment In A Chaotic Climate

This group is for you. Learn more and register to attend (<https://www.goodgriefnetwork.org/uu/>)

Recognizing our shared vision of gathering people together to bravely and compassionately search for meaning and build a just, equitable, and relational world, Good Grief Network is partnering with Unitarian Universalist Church congregations in California to bring our 10-Step Empowerment Program to the UU community. Presented by the Unitarian Universalist Church of Berkeley and Unitarian Society of Santa Barbara, in conjunction with the Good Grief Network.



“Remembering
the Future”

May 29, 2022

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UUSF MEDIA

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Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

For more about our congregation,
please visit our website at www.uusf.org.

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