



## "After the OObleck" - A Forgiveness Ritual

Sunday, November 20, 10:50 AM, 2022

First Unitarian Universalist Society of San Francisco



## Order of Service Sunday, November 20, 2022 10:50 AM - 12:15 PM

Livestreamed at [bit.ly/uusfmedia](https://bit.ly/uusfmedia)

New to UUSF? Complete Our Connections form at [bit.ly/uusfconnections2022](https://bit.ly/uusfconnections2022)

Welcome back to those returning to onsite Worship Service!

Please stay masked during the Worship Service and maintain social distance.

After service we invite you to convene for coffee hour in the Courtyard  
or online on the 1st and 3rd Sundays of the month (<https://bit.ly/coffeeuu>)

Please be mindful of social distance and wear your mask when you are not eating or drinking.

### Prelude

*We Gather Together in Joyful Thanksgiving  
'Tis a Gift to Be Simple  
Let Us Break Bread Together*

KREMSER/ H Whitford  
Early American Hymn/J Southbridge  
American Spiritual/ O Nelson Russell  
Reiko Oda Lane, organist

### Opening Words and Welcome

Rev. Laura Shennum, Minister of Congregational Life

### Unison Chalice Lighting

We light this chalice for the light of truth,  
the warmth of love,  
and the fire of commitment.  
We light this symbol of our faith  
as we gather together.

[\(CLICK HERE OR TURN TO PAGE 8 TO VIEW HYMN\)](#)

Brief Invitations

Carmen Barsody, Worship Associate

Greeting One Another

Covenant

Carmen Barsody

Love is the spirit of this church, and service is its prayer.  
This is our great covenant: to dwell together in peace,  
to seek the truth in freedom, and to help one another.

\*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and  
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5  
faith a - rise; Let peace, good - will on earth be sung through  
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8  
ev - ery land, by ev - ery tongue.  
ca - da tie - rra, ca - da voz. A - men.

Times of Spoken and Silent Meditation

Rev. Laura Shennum

Music *There is a Balm in Gilead*

William Dawson

Brielle Marina Neilson, mezzo soprano; UUSF Choir; Mark Sumner, conductor

Story "After the Oobleck"  
adapted from "Bartholomew and the Oobleck" by Dr Seuss

Carmen Barsody

## Offering

Our offering this morning will go to support the works and ministries of this community. To make a donation on Vanco ([bit.ly/uusfpayments](http://bit.ly/uusfpayments)) or using the Donate Button (below) & on our website, please select the "Offering" choice to make your gift. If you are sending a check, please mark in the memo today's date and "special offering" 11-20-22.



DONATE

Music *Agnus Dei*

Kinley Lange  
UUSF Choir; Mark Sumner, conductor

Responsive Reading 637 "A Litany of Atonement" by Rev. Rob Eller-Isaacs Rev. Laura Shennum

Hymn *Words That We Hold Tight*

Bishop Dr. Adedeji Ishola, Traditional Yoruba Tune  
UUSF Choir; Mark Sumner, conductor; Jon Silk, percussion

Sermon "A Forgiveness Ritual"

Rev. Laura Shennum

\*Hymn 1008

*When Our Heart Is In a Holy Place*

Joyce Polly

[\(CLICK HERE OR TURN TO PAGES 9, 10 & 11 TO VIEW HYMN\)](#)

\*Benediction

Rev. Laura Shennum

Postlude *Now Thank We All Our God*

J S Bach/ V Fox  
Reiko Oda Lane, organist

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\*Please rise in body or spirit.



## PARTICIPANTS

### **Worship Leaders**

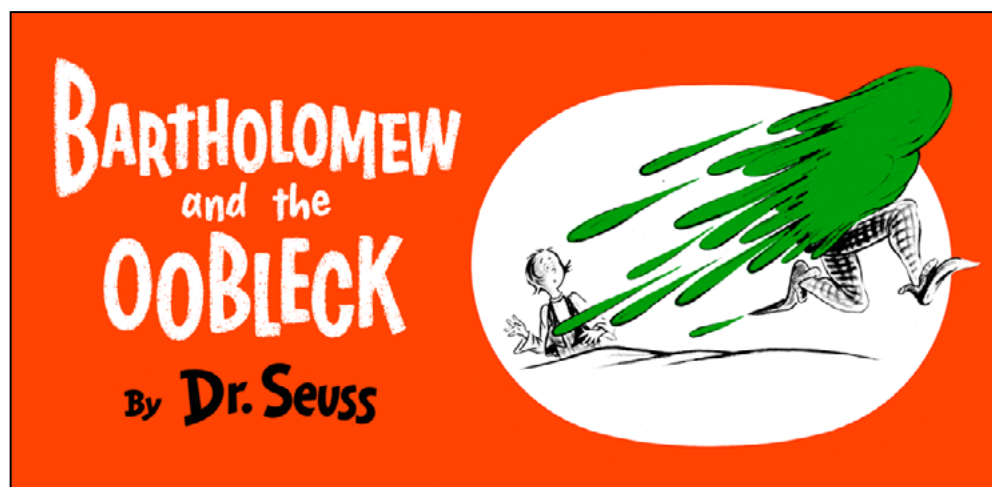
Rev. Laura Shennum, Minister of Congregational Life  
Carmen Barsody, Worship Associate

### **Sunday Support**

Shulee Ong; Eric Shackelford;  
Jackson Munn, Cameras  
Jonathan Silk, Communications Director  
Joe Chapot, Live Chat Moderator  
DeAndre Smith, Sexton  
Kelvin Jones, Sexton  
Amy Kelly, Flowers  
Linda Messner, Head Usher

### **Musicians**

Reiko Oda Lane, Organist  
UUSF Choir  
Mark Sumner, Music Director  
Brielle Marina Neilson, Mezzo Soprano  
Wm. García Ganz, Pianist



# Break Not the Circle

323

$\text{♩} = 60$

1. Break not the cir - cle of en - a - bling  
 2. Come, won - der at this love that comes to  
 3. Join then the move - ment of the love that

love where peo - ple grow, for - giv - en and for -  
 life, where words of free - dom are with hu - mor  
 frees, till peo - ple of what - ev - er race or

giv - ing; break not that cir - cle, make it wid - er  
 spo - ken, and peo - ple keep no score of wrong and  
 na - tion will tru - ly be them - selves, stand on their

still, till it in - cludes, em - brac - es all the liv - ing.  
 guilt, but will that hu - man bonds re - main un - bro - ken.  
 feet, see eye to eye with laugh - ter and e - la - tion.

Words: Fred Kaan, 1929- , © 1975 Hope Publishing Co.  
 ⊕ Music: Thomas Benjamin, 1940- , © 1992 Unitarian Universalist Association

YADDO  
 10.11.10.11.

HUMANITY: WOMEN AND MEN



# 1008 When Our Heart Is in a Holy Place

♩ = 88



Chorus

When our heart is in — a ho - ly place, When our

The first line of the chorus spans two measures. The melody in the right hand starts with a half note G4, followed by quarter notes A4, Bb4, and C5, then a half note D5. The left hand provides a harmonic accompaniment with chords and moving lines.

heart is in a ho - ly place We are bless'd with love — and a -

The second line of the chorus spans two measures. The melody in the right hand starts with a half note G4, followed by quarter notes A4, Bb4, and C5, then a half note D5. The left hand provides a harmonic accompaniment with chords and moving lines.

⊕ Words & music: Joyce Poley, 1941 - , © 1996 Songstyle Music (SOCAN),  
keyboard arr. Lorne Kellett, 1950 -

When Our Heart Is in a Holy Place - 3

Ab Bb G Cm

see our fa - ces in each oth - er's eyes, —  
 hear our voi - ces in each oth - er's words, —  
 feel the pow - er of each oth - er's faith, —

Ab Abm Eb

Then our heart is in a ho - ly place. When our  
 Then our heart is in a ho - ly place. When our  
 Then our heart is in a ho - ly place. When our

⌘ Coda Eb Ab Abm Eb

place. When our heart is in a ho - ly place.

*rall.*



When Our Heart Is in a Holy Place - 2

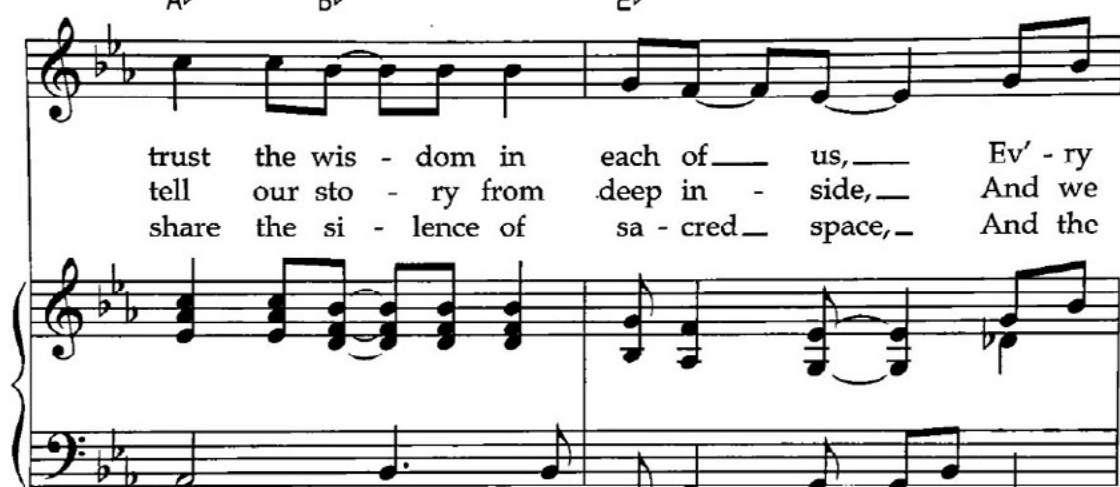
Ab Eb Ab Abm Eb

*Last time to Coda* 



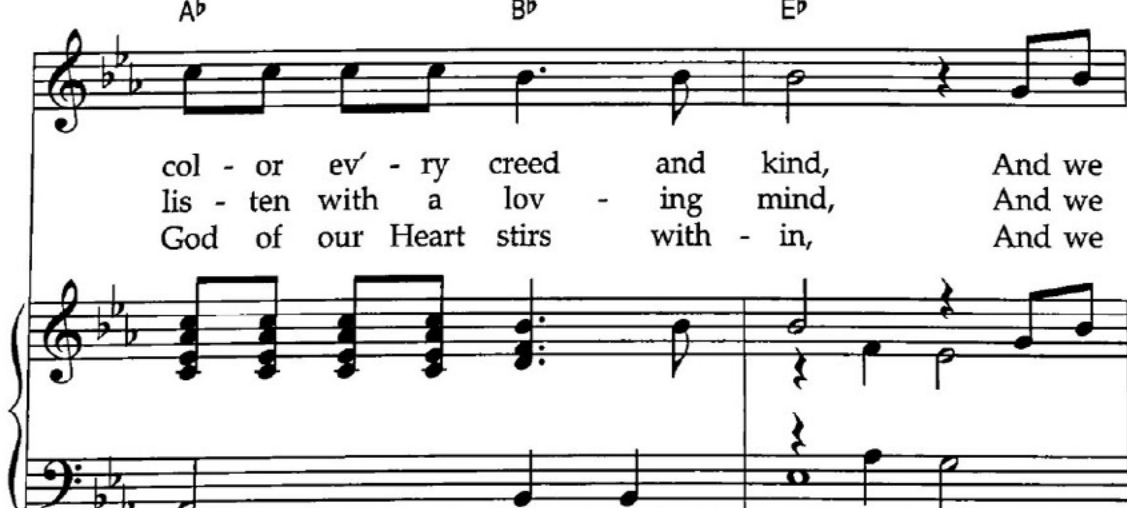
maz - ing grace,—When our heart is in a ho - ly place When we

Ab Bb Eb



trust the wis - dom in each of — us, — Ev' - ry  
 tell our sto - ry from deep in - side, — And we  
 share the si - lence of sa - cred — space, — And the

Ab Bb Eb



col - or ev' - ry creed and kind, And we  
 lis - ten with a lov - ing mind, And we  
 God of our Heart stirs with - in, And we

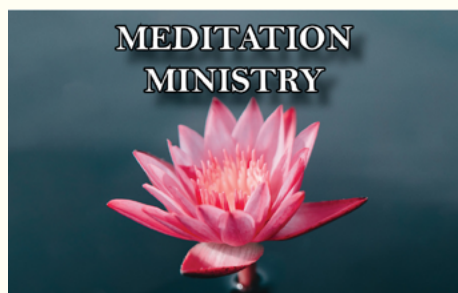
*A!*

## The Holiday Faire is Back!!! Sunday, December 4, 12:15 pm

This year's theme is "The Gift of Presence". On Sunday Dec 4th after service please partake in our Fundraising Holiday Faire lunch of tamales, a traditional treat during the Christmas season in Hispanic cultures! The cost is sliding scale but starts at \$25 per plate. The lunch also benefits La Cocina Market place, which promotes female empowerment and entrepreneurship. For more information on this wonderful organization, see: <https://lacocinasf.org/> We will also have for your enjoyment; Victorian Tea Room, Wine Sold by the Glass, Wine Auction, Hot Chocolate Station, Vendors and Gifts, Arts and Crafts, Jumble Sale, Sing Along and Fun for Everyone! Visit us at the Holiday Faire table after church today to find out about our new activities this year, to volunteer or to become a vendor or email Christopher at [holidayfair@uusf.org](mailto:holidayfair@uusf.org)



## Adult Spiritual Growth Classes ([www.uusf.org/are](http://www.uusf.org/are))



### Morning Meditation

Tuesdays & Thursday, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation experience.

### Equanimity Practice

Fridays, 8-8:30 am (<https://us04web.zoom.us/j/75735734442#success>)

A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

# Events, Meetings & Volunteer Opportunities ([www.uusf.org/news](http://www.uusf.org/news))

**Virtual Coffee Hour is now 1st and 3rd Sundays of the month!** - Zoom Link: <https://bit.ly/coffeeuu>

Following the service, we invite you to join us for virtual coffee hour.

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## **Help Tenderloin and Western Addition Children Have a Happier Holiday Season!**

After a hiatus of 2 years during COVID, one of our beloved holiday traditions – the Angel Child Program – is returning. Once again our church is partnering with the Bay Area Women and Children's Center (BAWCC) to offer us a special opportunity for us to be good neighbors to some families in our city who have little or no resources with which to buy their children holiday presents.

Each year the BAWCC collects the names of children from such families, mostly residing in the Tenderloin and Western Addition, and the description of a gift that each child would like to have. They then distribute the names, ages, and gift requests of these children to various community organizations that have agreed to collect gifts for the children.

Our church has pledged to provide presents for 20 children this year. To sponsor a child or find out more about the program, please stop by the Angel Child Table after the service today, or contact Linda Harris [linda.p.harris@gmail.com](mailto:linda.p.harris@gmail.com).

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## **Want to Help Relieve Suffering, Oppression, and Injustice?**

### **Join us for the UUSC Guest at Your Table program beginning Thanksgiving**

Every year from Thanksgiving through the December holiday season, thousands of Unitarian Universalists of all ages place Guest at Your Table boxes on their dining tables or other family gathering places and “feed” the boxes daily with contributions for the work of the Unitarian Universalist Service Committee. We will be handing out Guest at Your Table boxes and talking about the program during the service in the Sanctuary this morning. You can also make an online donation to this program at any time. Go to <https://bit.ly/GAYT2022> Donations by check can be mailed to UUSC, PO Box 808, Newark, NJ 07101-0808. More questions? Please check our article in the Flame. (<https://www.uusf.org/flame>)

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## **Black, Indigenous, & People of Color Gathering - December 4 from 9:30 am to 10:50 am, Stebbins Room**

The sacred space is open to our members and friends who are Black, Indigenous and People of Color. The meeting takes place by Zoom and in-person in the Stebbins Room on the first Sunday of every month often from 9:30-10:50am. If you are interested in attending or finding out more, please email [bipoc@uusf.org](mailto:bipoc@uusf.org). Please come join this space for joy, renewal, care and inspiration.

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## **Newcomer Orientation - Every First Sunday at 12:30 pm in the Fireside Room**

Interested in learning more about Unitarian Universalism? Join us on December 4th after the service in the Fireside Room to meet some of our members and learn more about our congregation and Unitarian Universalism in the community. Questions? Email [info@uusf.org](mailto:info@uusf.org)

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## **You can have your flower dedication included in the Order of Service - Email Jonathan Silk at [jsilk@uusf.org](mailto:jsilk@uusf.org)**

Dedications are \$25. The Flower Committee has been designing flower arrangements every Sunday in the Sanctuary since 1902. A flower dedication can be made in honor of a loved one, and it will appear in the Order of Service. Website: <https://www.uusf.org/flowers>

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## **Visit Our Covid Care & Concern Table After Church in the Gallery**

Please visit our Covid Care & Concern Table where people can get information about the latest boosters (#3 and #4 shots). We want to make sure we have data so we can create Christmas Services with care and concern for our community. For that reason, we will informally gather booster information. Please respond to this Survey at <https://bit.ly/covidsurveyuusf> about your booster status - it will be kept confidential. Or write your booster status on an index card at the Care & Concern table and place it in the box. Proof of COVID vaccines is no longer required as of 11/13/22. Reminder: If you feel sick, stay home. Masks are still required while indoors and during Worship on Sundays.

## **Call for volunteers: Annual Homeless Person's Memorial Vigil - 5:30 pm, December 15 (Processional at 5:00)**

*Organized by SF Interfaith Council, SF Night Ministry, Faithful Fools, SF Coalition on Homelessness, and ABD/Skywatchers*, this memorial vigil is held every year on or near the Winter Solstice to honor the memories of our neighbors and friends who have died on the streets of San Francisco that year. We gather at Civic Center Plaza across from City Hall, have a singing processional, and return for a vigil in the plaza.

In silence, in prayer, in song we remember them, honor them, mourn our loss, reach out to each other for comfort and hope, and nourish our solidarity in working for change. In preparation for the memorial we create fabric banners that hold the name of each loved one lost that year. If you're interested in volunteering to be part of that creative process—whether you're great with a sewing machine or scissors and glue—please contact Deirdre at [dbvisser@gmail.com](mailto:dbvisser@gmail.com).



# "The Double-edged Sword of Faith"

## November 13

[CLICK HERE TO VIEW LAST WEEKS WORSHIP SERVICE](#)



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# Welcome to the First Unitarian Universalist Society of San Francisco

Since its founding in 1850 our congregation has been a beacon of religious liberalism in this city. During the Civil War, the [Rev. Thomas Starr King](#) was credited with keeping California in the Union. He also challenged racism, raised millions for humanitarian relief and inspired new efforts in education.

Unitarianism and Universalism in America both arose in New England during the American Revolution. Because the roots of both traditions are in the Judeo-Christian tradition, you will see on the walls of our sanctuary two inscriptions:

"What doth the Lord require of thee, but to do justly, to love mercy, and to walk humbly with your God?" (from the Hebrew prophet Micah) and "The Kingdom of God is within you." (from the Gospels)

Our religious forebears were far more interested in the teaching examples of Jesus than in beliefs about Jesus. Today we agree more about how we strive to treat others than we do about beliefs. Our backgrounds and spiritual orientations are diverse. Among us are people who consider themselves atheists, agnostics, humanists, Christians, Jews, Buddhists, Muslims, Pagans and people guided by other forms of spirituality and belief.

Belief is many things, and so is disbelief. But we are interested in what happens to us when we open our minds to wider truth, our hearts to compassion, and our souls to the call to work for justice and peace.

## OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

## OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

For more about our congregation,  
please visit our website at [www.uusf.org](http://www.uusf.org).

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