



Order of Service Sunday March 5, 2023 10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at https://bit.ly/uuconnections2023

Welcome to the Worship!

Please stay masked during the Worship Service and maintain social distance.

After service we invite you to convene for coffee hour in the Courtyard or online on the 1st and 3rd Sundays of the month (https://bit.ly/coffeeuu)

Please be mindful of social distance and wear your mask when you are not eating or drinking. Choir members who sing without masks as well as anyone who speaks during the worship service on the Chancel have already been tested for Covid-19.

Prelude

Make Channels for the Streams of Love How Firm A Foundation Early American Melody/arr. D Wood Early American Hymn/arr. F Ashdown Reiko Oda Lane, organist

Opening Words and Welcome

Rev. Vanessa Rush Southern, Senior Minister

Unison Chalice Lighting

We light this chalice for the light of truth, the warmth of love, and the fire of commitment.

We light this symbol of our faith as we gather together.

*Hymn 361

Enter, Rejoice, and Come in

REJOICE

(CLICK HERE OR TURN TO PAGE 6 TO VIEW HYMN)

Brief Invitations

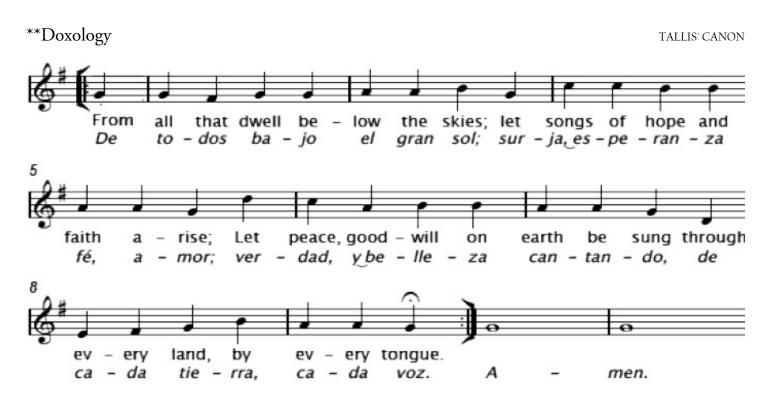
Greeting One Another

Time for All Ages

Rev. Laura Shennum, Minister of Congregational Life

Unison Covenant

Love is the spirit of this church, and service is its prayer. This is our great covenant: to dwell together in peace, to seek the truth in freedom, and to help one another.



Annual Giving Kick Off Dolores Perez Heilbron and David Heilbron, Annual Giving Co-Chairs



^{**}Children/youth exit to classes during doxology

Times of Spoken and Silent Meditation

Rev. Vanessa Rush Southern

Offering

The Offering today will go to the Sogorea Te' Land Trust. They are an urban Indigenous women-led land trust that facilitates the return of Indigenous land to Indigenous people. To learn more go to https://sogoreate-landtrust.org/. To make a donation on Vanco (bit.ly/uusfpayments) or using the Donate Button (below) & on our website, please select the "Offering" choice to make your gift. If you are sending a check, please mark in the memo today's date and "special offering" 3-05-23.





Offertory Music La Nuit

Ernest Chausson

Laurel Sprigg, Nancy Munn, sopranos; Mark Sumner, pianist

Sermon "Greatness: Unpacking the Burden"

Rev. Vanessa Rush Southern

*Hymn 305

De Colores

Arr. Betty A. Wylder

(CLICK HERE OR TURN TO PAGES 7, 8 & 9 TO VIEW HYMN)

*Benediction Rev. Vanessa Rush Southern

Postlude Chorale and Toccata on How Firm A Foundation

Franklin Ashdown Reiko Oda Lane, Organist

^{*}Please rise in body or spirit.

PARTICIPANTS

Worship Leaders

Rev. Vanessa Rush Southern, Senior Minister Rev. Laura Shennum, Minister of Congregational Life Dolores Perez-Heilbron and David Heilbron, Annual Giving Co-Chairs

Sunday Support

Shulee Ong; Eric Shackelford; Jackson Munn, Livestream Cameras
Jonathan Silk, Communications Director
Joe Chapot, Live Chat Moderator
Thomas Brown, Sexton
Kelvin Jones, Sexton
Amy Kelly, Flowers
Linda Messner, Head Usher

Musicians

Reiko Oda Lane, Organist Mark Sumner, Music Director Laurel Sprigg, Soprano Nancy Munn, Soprano UUSF Choir

These are the designs for the temporary banners that will go up on Starr King Way after we all agree on the language, so if you have any word or phrase suggestions, please visit the bulletin board past the office and write your suggestions down on an index card or send them to info@uusf.org.

First

Unitarian

Universalist

Society

of

San Francisco

UUSF.ORG

Vibrant

Joyous

Caring

Inclusive

Courageous



Deeds Not Creeds

Justice Seeking

Join UUs

361 Enter, Rejoice, and Come In



- Don't be afraid of some change.
 Don't be afraid of some change.
 Today will be a joyful day;
 enter, rejoice, and come in.
- 5. Enter, rejoice, and come in. Enter, rejoice, and come in. Today will be a joyful day; enter, rejoice, and come in.

Words & music: Louise Ruspini

Arr. by Betty A. Wylder, 1923-, © 1992 Unitarian Universalist Association

REJOICE 7.7.8.7.



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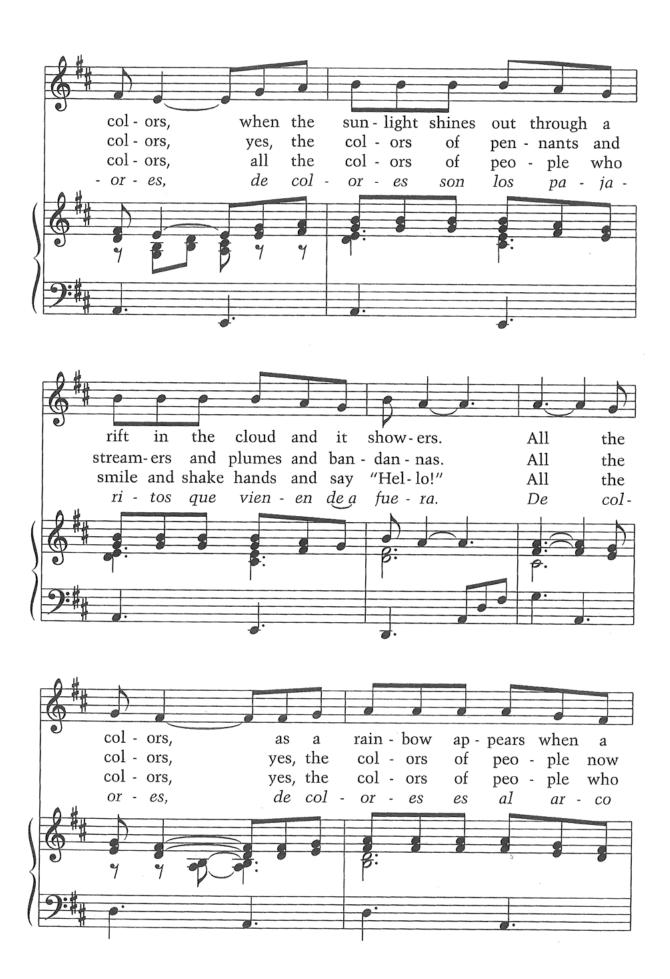


Words: David Arkin, used by perm. of Hodgin Press

Music: Traditional Spanish folk,

🕀 arr. by Betty A. Wylder, 1923- , © 1992 Unitarian Universalist Association

DE COLORES Irregular with refrain





Events, Meetings & Volunteer Opportunities (www.uusf.org/news)

TODAY





https://bit.ly/pledgeuusf2023





Annual Canvass Kick-Off! Sunday, March 5 at 12:15 pm

Join Dolores, David, and all your beloveds for our Annual Canvass Kick-Off! We will have snacks and a table where folx can ask questions and fill out their pledge forms. We will also be soliciting ideas for a <u>banner</u> to go up on Starr King Way. Look for all this in the Gallery after worship. To make your pledge and to learn more go to https://www.uusf.org/pledge

Black, Indigenous, & People of Color Gathering - March 5 from 9:30 am to 10:50 am, Stebbins Room

This sacred space is open to our members and friends who are Black, Indigenous and People of Color. The meeting takes place by Zoom and in-person in the Stebbins Room on the first Sunday of every month often from 9:30-10:50am. If you are interested in attending or finding out more, please email bipoc@uusf.org. Please come join this space for joy, renewal, care and inspiration.

Newcomer Orientation - Sunday, March 5 at 12:30 pm in the Fireside Room

Here is an opportunity to learn more about Unitarian Universalism. Join us after the service to meet some of our members and learn more about our congregation and Unitarian Universalism in the community. (https://www.uusf.org/membership)

Sign a petition after the service on Sunday in the gallery at the Social Justice table to honor Dr. Howard Thurman with a commemorative street sign in San Francisco.

On behalf of the Committee to Install a Commemorative Street Sign to Honor the Legacy of **Dr. Howard Thurman** (1899-1981), we the undersigned respectfully request the City of San Francisco to erect a Commemorative Street Marker honoring one of the City's most distinguished residents, the late Dr. Howard Thurman. We intend to present this petition to Supervisor Aaron Peskin (who presides over District 3 where we hope to place the commemorative street sign) We will show overwhelming support, via our signature drive, for a Commemorative Street sign. The corner of Pfeiffer Street and Stockton Street, is the exact location of Dr. Howard Thurman and Sue Bailey Thurman's last San Francisco residence. These "Commemorative" Street Signs are found all over the streets of San Francisco and will not affect any postal address considerations.

UPCOMING

Unitarian Universalist Sunday Forum - Sunday, March 12, 9:00 am TSK/Zoom (https://bit.ly/forum-3-12-23)

Forum is privileged to present the inspirational activist and friend **David Hartsough** and his presentation is titled "Adventures of a Longtime Peace & Justice Activist: "Stop the Madness of War - Start Negotiations Now!" David Hartsough is a renowned American Quaker and Peace Activist, Civil Rights leader, and author who is dedicated to ending conflicts, abolishing nuclear weapons, promoting civil rights for all, and establishing global peace through nonviolent means. https://www.uusf.org/forum

Adult Spiritual Growth Classes (www.uusf.org/are)

Minister's Book Group in March - "Babel" by R.F. Kuang

Led by Rev. Vanessa Rush Southern, Senior Minister - Register at https://bit.ly/uusfmbgmar23

The full title, "Babel: Or the Necessity of Violence: An Arcane History of the Oxford Translators' Revolution" is a work of speculative fiction set in 19th Century England at Oxford (Kuang, where she earned a Master's degree). In her imagined world, words have particular power that raises for the protagonist questions of violence, colonial power, and the necessity of hard human choices. The book is 560 pages so get started early!



Wednesday, March 22, 6:30-8 pm or Thursday, March 23, noon-1:30 pm

If you need help acquiring the book or purchasing it, please let us know at info@uusf.org for help.

Morning Meditation

Tuesdays & Thursday, 8-8:30 am (https://us04web.zoom.us/j/75735734442#success)

A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation

Equanimity Practice

Fridays, 8-8:30 am (https://us04web.zoom.us/j/75735734442#success)

A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

Call to Membership

UUSF is a community with a history dating back over 170 years. We have lasted this long thanks to our members, whose hard work and contributions have made us a San Francisco institution. Throughout the year we host ceremonies during Sunday Worship where new members are formally recognized and sign the membership book.

If you are interested in becoming a member of UUSF, and part of a storied tradition, then please reach out to Joe Chapot at jchapot@uusf.org or 415-590-7836.

Our next call to membership is Sunday, March 26.

Are you interested in getting more involved at UUSF? We need your involvement!

The UUSF Nominating Committee is matching church groups who need volunteers with members looking for ways to get more involved. Every opportunity is unique in terms of time commitment, prior experience/skills and subject matter - we're confident that there is an opportunity that will suit you! Current opportunities include ushering, joining the Art Committee or the Women's Group and working with the Health Education and Resource Team (HEART).

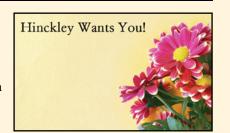


Go to https://www.uusf.org/nominatingcommittee to access available opportunities, or email the UUSF Nominating Committee at NomCom@uusf.org for more information. Check out our "Help

Wanted" bulletin board during coffee hour on Sundays after service! If you are a church group looking for volunteers, email the Nominating Committee and we'll work with you to publicize your opportunity.

The William and Alice Hinckley Fund Scholarships

This is for you or someone you know who will be starting graduate school in 2023-2024. Applicants must be coming from or attending school in one of the nine Bay Area counties and must be studying/training to join one of the helping professions. The application period is open now through March 31. If you have any questions email Lucy Smith at lhsmith.630@gmail.com.



Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109 415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

UUSF MEDIA

You can listen to our sermon-only podcasts at https://bit.ly/SermonsUUSF

Visit https://bit.ly/ServicesUUSF to listen to our complete service podcasts

Watch our videos at http://www.youtube.com/c/UUSFMedia

Go to our website at https://www.uusf.org/

