

# "Little Did I Know"

Sunday, May 7, 10:50 AM, 2023

First Unitarian Universalist Society of San Francisco







**Order of Service**  
**Sunday May 7, 2023**  
**10:50 AM - 12:15 PM**

Livestreamed at [bit.ly/uusfmedia](https://bit.ly/uusfmedia)

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2023>

**Welcome to the Worship!**

UUSF will no longer require masks indoors on our premises,  
following the lead of the San Francisco Department of Health.

We do, however, encourage people to wear masks  
or do anything else that protects and respects their own health and comfort,  
and there is a designated mask-only area on the far right side of the Sanctuary.

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Prelude	<i>O Come, You Longing Thirsty Souls</i> <i>Children of the Heavenly Father</i> <i>Make Channels for the Streams of Love</i>	R Vaughan Williams / Richard Purvis Swedish Folk Song arr. Joyce Jones Early American folk melody Reiko Oda Lane, organ
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Opening Words and Welcome	Carmen Barsody, Worship Associate
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Unison Chalice Lighting	Mari Magaloni Ramos, Worship Associate
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We light this chalice for the light of truth,  
the warmth of love,  
and the fire of commitment.  
We light this symbol of our faith  
as we gather together.

*Hymn 1074	<i>Turn the World Around</i>	Harry Belafonte
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We sing this hymn in honor of Harry Belafonte, singer, actor, social activist, beloved and talented  
and deeply principled and courageous human being, who passed away on April 25th, 2023.

[\(CLICK HERE OR TURN TO PAGES 6 to 11 TO VIEW HYMN\)](#)

Brief Invitations

Rev. Vanessa Rush Southern, Senior Minister

## Greeting One Another

Story for All Ages “Diaper Wisdom” by Rev. Christian Schmidt (from Little Did I Know)

## Unison Covenant

Love is the spirit of this church, and service is its prayer.  
This is our great covenant: to dwell together in peace,  
to seek the truth in freedom, and to help one another.

## \*\*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and  
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5  
faith a - rise; Let peace, good - will on earth be sung through  
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8  
ev - ery land, by ev - ery tongue.  
ca - da tie - rra, ca - da voz. A - men.

Reading “Imani’s Question” by Rev. Cheryl M. Walker (from Little Did I Know)

## Reflection

Carmen Barsody

Music *Eure Kinder*

Kinley Lange  
UUSF Choir, Mark Sumner, director

Reading “Love’s Pronoun is Plural” by Rev. Elea Kemler (from Little Did I Know)

## Times of Spoken and Silent Meditation

Rev. Vanessa Rush Southern

## Offering

Today's offering will go to the **Black Women's Health Imperative**. For more information see their website at: <https://bwhi.org>. BWHI's mission is eliminating the barriers to wellness for Black women and girls and to achieving health equity for Black women in America. Founded in 1983 by Byllye Y. Avery as the National Black Women's Health Project at a conference on the campus of Spelman College, BWHI has evolved into a nationally recognized organization leading health policy, education, research, knowledge and leadership development and communications designed to improve the healthy outcomes of Black women.. To make a donation on Vanco ([bit.ly/uusfpayments](http://bit.ly/uusfpayments)) or using the Donate Button (below) & on our website, please select the "Offering" choice to make your gift. If you are sending a check, please mark in the memo today's date and "special offering" 05-07-23.



DONATE

Offertory Music     *Children Will Listen, from Into the Woods*     Stephen Sondheim  
UUSF Choir, Mark Sumner, director; Wm. García Ganz, pianist

Reading     "The Veil" by Rev. Kim Wildszewski (from Little Did I Know)

Sermon     "Little Did I Know"     Rev. Vanessa Rush Southern

\*Hymn 131     *Love Will Guide Us*     OLYMPIA

([CLICK HERE OR TURN TO PAGES 12 & 13 TO VIEW HYMN](#))

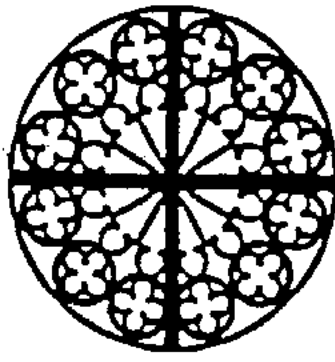
\*Benediction

Postlude     *Rejoicing - Bourree - Minuet Finale* (The Royal Fireworks)     G F Handel  
Reiko Oda Lane, organ

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\*Please rise in body or spirit.





## PARTICIPANTS

### **Worship Leaders**

Rev. Vanessa Rush Southern, Senior Minister  
Rev. Laura Shennum, Minister of Congregational Life  
Carmen Barsody, Worship Associate

### **Sunday Support**

Shulee Ong; Eric Shackelford; Jackson Munn, Livestream Cameras  
Jonathan Silk, Communications Director  
Santana Gonzalez-Gomez, Chat Moderator  
Athena Papadakos, Flowers  
Linda Messner, Head Usher

### **Musicians**

Reiko Oda Lane, Organist  
Mark Sumner, Music Director  
UUSF Choir  
Wm. García Ganz, Pianist

### **UUSF 2023-2024 Annual Operating Fund Campaign Update**

We have raised \$672,000 of our \$750,000 goal with pledges from 181 households! Thanks to everyone who responded with your commitments for next year. We are, however, short of our goal by almost \$80,000 and so the remaining 56 households are incredibly important -- as are members, friends, livestream attendees that we don't even know. So, if you haven't pledged please do so. We need you! You can send us an email with your pledge (send it to [Stewardship@uusf.org](mailto:Stewardship@uusf.org)) or you can fill out a pledge form: <https://bit.ly/pledgeuusf2023> or scan the QR code with your smart phone camera. Thank you so much for your commitment. Particularly this time of year we acknowledge gratitude and the sheer necessity of financial resources to make UUSF strong and enduring as a place to be part of and to turn to in your life for meaning, community and transforming the world for better.



# 1074 Turn the World Around

Upbeat calypso ♩ = 160

Piano introduction in D major, 2/4 time. The melody is played in the right hand with eighth notes, and the bass line is in the left hand with quarter notes. Chords are indicated above the staff: D, D/F#, G, A, A/C#, D.

\*chords repeat 2-bar pattern unless otherwise noted

Vocal melody and piano accompaniment for the first verse. The melody is in the right hand, and the piano accompaniment is in the left hand. The lyrics are:

1. We come from the fi - re, liv - ing in the fi - re,
2. We come from the wa - ter, liv - ing in the wa - ter,
3. We come from the moun - tain, liv - ing on the moun - tain,

Vocal melody and piano accompaniment for the chorus. The melody is in the right hand, and the piano accompaniment is in the left hand. The lyrics are:

go back to the fi - re, turn the world a - round.  
 go back to the wa - ter, turn the world a - round.  
 go back to the moun - tain, turn the world a - round.

Words & music: Harry Belafonte, 1927 – and Robert Freedman, © 1975 Clara Music Publishing Corp. (ASCAP).

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⊕ Arr. Jason Shelton, 1972 –

Whoa, \_\_\_\_\_ so is life! Ah, \_\_\_\_\_

The first system of the musical score is in D major (two sharps). The vocal line (treble clef) begins with a whole note chord (D4, F#4), followed by a half note (A4), and then a whole note (D5) with a fermata. The piano accompaniment (grand staff) features a steady eighth-note bass line in the left hand and chords in the right hand.

so is life! Whoa, \_\_\_\_\_ so is life!

The second system continues the piece. The vocal line has a half note (A4) with a fermata, followed by a whole note (D5) with a fermata, and then a half note (A4). The piano accompaniment continues with its rhythmic pattern.

Ah, \_\_\_\_\_ so is life!

The third system concludes the phrase. The vocal line has a half note (A4) with a fermata, followed by a whole note (D5) with a fermata, and then a half note (A4). The piano accompaniment continues with its rhythmic pattern.



Do you know who I am?

*2nd time only*

Do you know who I am? Do I know who you are?

Do I know who you are?

See we one a-noth-er clear-ly? Do we know who we are?

See we one an - oth - er clear - ly?

Do you know who I am? Do I know who you are?

Do we know who we are?

See we one a-noth-er clear-ly? Do we know who we are?

The first system of the musical score is in D major (two sharps). It consists of three staves. The top staff is a vocal line with a melody of quarter and eighth notes. The middle staff is another vocal line with a similar rhythmic pattern. The bottom staff is a piano accompaniment with block chords in the right hand and a simple bass line in the left hand. The lyrics are 'Do we know who we are?' and 'See we one a-noth-er clear-ly? Do we know who we are?'.

Whoa, \_\_\_\_\_ so is life! A-ba-tee-wah, \_\_\_\_\_

The second system continues the musical score. The vocal lines feature a melodic phrase 'Whoa, \_\_\_\_\_ so is life! A-ba-tee-wah, \_\_\_\_\_' with a long note followed by a rest. The piano accompaniment provides harmonic support with chords and a steady bass line. The key signature remains D major.

so is life! Whoa, \_\_\_\_\_

The third system concludes the musical score. It features the vocal lines singing 'so is life! Whoa, \_\_\_\_\_' with a long note and rest. The piano accompaniment continues with chords and a bass line. The key signature remains D major.

so is life! A-ba-tee - wah, \_\_\_\_\_ so is life!

*Building in intensity - louder each time*

D2

1. Wa - ter make the riv - er, riv - er wash the moun-tain  
 2. Heart is of the riv - er, bod-y is the moun-tain  
 3. We are of the spir - it, tru-ly of the spir - it

D2

Fi - re make the sun - light, turn the world a - round.  
 Spir-it is the sun - light, turn the world a - round.  
 On - ly can the spir - it turn the world a - round!

*gliss. last time only*



Whoa, \_\_\_\_\_ so is life! A-ba-tee - wah, \_\_\_\_\_ (ha!)

so is life! Whoa, \_\_\_\_\_ so is life! A-ba-tee-

wah, \_\_\_\_\_ (ha!) so is life! so is life!

## Love Will Guide Us

$\text{♩} = 60$

1. Love will guide us, peace has tried us, hope in -  
 2. If you can - not sing like an - gels, if you  
 3. Love will guide us, peace has tried us, hope in -

side us will lead the way on the  
 can - not speak be - fore thou - sands, you can  
 side us will lead the way on the

road from greed to giv - ing. Love will  
 give from deep with - in you. You can  
 road from greed to giv - ing. Love will

Words: Sally Rogers, © 1985 Sally Rogers, used by perm. of  
 Thrushwood Press Publishing

⊕ Music: Traditional, arr. by Betty A. Wylder, 1923- ,  
 © 1992 Unitarian Universalist Association

OLYMPIA  
 L.M.

LOVE AND COMPASSION

guide us through the hard night.  
change the world with your love.  
guide us through the hard night.





# Events, Meetings & Volunteer Opportunities ([www.uusf.org/news](http://www.uusf.org/news))

## TODAY

### **Black, Indigenous, & People of Color Gathering - May 7 from 9:30 am to 10:50 am, Kincaid Room**

This sacred space is open to our members and friends who are Black, Indigenous and People of Color. The meeting takes place by Zoom and in-person in the Kincaid Room on the first Sunday of every month often from 9:30-10:50am. If you are interested in attending or finding out more, please email [bipoc@uusf.org](mailto:bipoc@uusf.org). Please come join this space for joy, renewal, care and inspiration.

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### **Newcomer Orientation - Sunday, May 7 at 12:30 pm in the Fireside Room**

Do you want to learn more about Unitarian Universalism? Join us in the Fireside Room on May 7th after the service to meet some of our members and learn more about our congregation and Unitarian Universalism in the community.

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### **Are You Intimidated By Using Google Docs? We're here to help! Sunday, May 7, 12:30 in the Kincaid Room**

Gino Fortunato will lead a training following the worship service today in the Kincaid Room from 12:30-1:30 pm. Please bring your lunch as well as any questions you might have! Please email **Erica Murray** in advance with any inquiries at [ericaelizabeth@hotmail.com](mailto:ericaelizabeth@hotmail.com). It would be preferable if you could also bring your laptop computer or tablet, but this is not obligatory.

## UPCOMING

### **Sign Up to Volunteer for the Interfaith Food Pantry - Saturday, May 13 from 8:15 am to 11:15 am**

Join a wonderful community of volunteers every Saturday to feed our lower income neighbors. UUSF is leading the pantry crew on May 13, so this is a great time to connect with other members. Meet at Old First Presbyterian (Van Ness and Sacramento) from 8:15 - 11:15 am (or come early at 7:30 to help unload the truck). We will distribute food to 315+ households. If this is your first time, please introduce yourself to UUSF Coordinator **Hanna Hart** at [info@uusf.org](mailto:info@uusf.org). Sign-Up: <https://bit.ly/foodpantryuusf>  
Website: <https://www.uusf.org/foodpantry>

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### **Forum - Sunday, May 14 at 9am: No World War 3! It's This System, Not Humanity, That Needs to Become Extinct!**

A presentation and discussion for those who agonize over the escalating war in Ukraine and the looming danger of nuclear war. Main presenter David Santos is a leader in the Revolution Club (Instagram: @revclub\_bay) and a fighter for a real revolution based on the new communism forged by Bob Avakian. Zoom: <https://bit.ly/forum-5-14-23>

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### **Carol Johnson Memorial Service on Saturday, May 20, 10:00 am, TSK Room**

Carol Johnson, a longtime member of this church, passed away on January 17, 2023 at the age of ninety-four. A memorial service will be held at UUSF in her honor. Lunch at 12:00 pm RSVP required email [tamidjohnson@gmail.com](mailto:tamidjohnson@gmail.com)

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### **Forum - Sunday, May 21 at 9am: An Encounter With The Work Of Artist Leslie Goldberg - The Family Of Man!**

Leslie's paintings and character drawings, which are presently on display in the King Rooms, are fictitious. But, as with all fiction, it is not entirely fictitious. Leslie Goldberg is a former writer with the San Francisco Examiner, a Pulitzer Prize nominee, a former journalism teacher at SFSU and City College of San Francisco. Zoom: <https://bit.ly/forum-5-21-23>

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### **White Allies Group: Let's Talk About Bias - Monday, May 22 at 6:30 pm on zoom**

This month, Revs. Vanessa Rush Southern and Laura Shennum will meet with you via Zoom to watch and discuss a video about bias. To register and acquire the zoom link go to <https://bit.ly/waguusf522>

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### **New UU: A Welcome Home - Tuesday, May 23, 6:30pm at UUSF**

Join Revs. Vanessa Rush Southern and Laura Shennum for our New UU class! Held in-person at UUSF, this interactive class will introduce you to Unitarian Universalism and our congregation. Register: <https://bit.ly/newuu5-23-23>

**UUSF BOARD OF TRUSTEES ENCOURAGES YOU TO PUT THESE DATES ON YOUR CALENDAR, AS A VOTING MEMBER OF OUR CONGREGATION:**

**Go to <https://bit.ly/3n9bypa> to read the proposed FY24 budget for the congregation to review.**

1. Fri 5/12 Budget Q & A #2 Zoom 6pm - Zoom Link: <https://bit.ly/3KFdRrW>
2. Sun 5/14 Budget Amendments are due to [Secretary@uusf.org](mailto:Secretary@uusf.org)
3. Sun 5/21 Budget Vote Meeting 12:15pm - 2:15pm Zoom and in person in TSK Room - Zoom Link: <https://bit.ly/41oLW6l>
4. Sun 6/4 Annual Meeting 12:30pm - 2:30pm Zoom and in person in TSK Room - Zoom Link: <https://bit.ly/3mS9Wjs>

Each year, our community holds an **Annual Meeting** during the month of June. The meeting will be held in person and on ZOOM. The Annual Meeting is an opportunity to thank the many members of the congregation who have volunteered their time and treasure during the year. We will vote on Board of Trustee and Nominating Committee candidates. We will announce the Anne Dillon award recipient, learn about May Treat Morrison and remember those who have died. We will also announce the results of our pledge drive.

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## **UUSF Election Slate 2023-24**

The Nominating Committee is pleased to present the slate of nominees for the 2023-2024 Board of Trustees and the next Nominating Committee. In accordance with the UUSF by-laws, the slate will be voted on at the annual meeting of the membership on June 4, 2023. Please go to <https://www.uusf.org/nominatingcommittee> to read the biographies on the Nominees.

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## **The Women's Rights Group has proposed and Board has approved a Resolution for the Congregation to join the Spiritual Alliance of Communities for Reproductive Dignity (aka SACReD).**

This resolution will be voted on by the congregation on June 4th at the Annual Meeting. To review the resolution to be voted on by the Congregation go to <https://bit.ly/3HckOO8>. We encourage you to attend the following information session on **May 20 at 8am**. Email your resolution amendments to [Secretary@uusf.org](mailto:Secretary@uusf.org) by **May 28**. Zoom links to these meetings and to learn more about the Spiritual Alliance of Communities for Reproductive Dignity (aka SACReD) and the resolution to to <https://www.uusf.org/womensgroup>.

## **2023 All Church Retreat - Sat, May 27th - Mon, May 29, Occidental, CA - Registration deadline is May 15!**

It's time to retreat to the Redwoods! We are ready to return to Sonoma Country to enjoy time with friends and family. We'll spend our first evening at the campfire making s'mores, singing campfire songs, and staring up at the star-filled night sky. There will be time to enjoy a walk in the woods, read a book or play games. We'll have fun workshops and fun worship. We'll dance the Happy Dance at the Talent Show. Come and rejuvenate the spirit. You'll be glad you did. This is a family-friendly event! The CYO Retreat Center has comfortable dormitory cabins, showers and bathrooms, swimming pool, a pond for canoeing, archery, tennis and basketball courts, and beautiful trails. CYO is up the road from Wild Oat Bakery, famous for their sticky buns; local wineries, the town of Occidental, and close by to the Russian River. Retreaters bring their own bedding, towels and toiletries.

Adults: \$205; Children (4-18): \$150; Children (0-3): Free! Register at <https://bit.ly/3nvoSnD> Website: <https://www.uusf.org/retreat>

## **Adult Spiritual Growth Classes ([www.uusf.org/are](http://www.uusf.org/are))**

### ***Rest is Resistance: A Manifesto* by Tricia Hersey**

Led by Rev. Vanessa Rush Southern, Senior Minister - Register at <https://bit.ly/MBG052023>

Tricia Hersey is the founder of the Nap Ministry, an organization that examines rest as a form of resistance, sponsoring events like the Collective Napping Experiences, workshops, and art installations. Hersey is an artist, poet, theologian and community organizer. As we head toward summer, we look at the wisdom and the deliciousness of her invitation to rest as part of our work transforming the world for the better.

**Wednesday, May 24, 6:30-8 pm or Thursday, May 25, noon-1:30 pm**

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### **Morning Meditation & Equanimity Practice**

**Morning Meditation** - Tuesdays & Thursday, 8-8:30 am: A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation. **Equanimity Practice** - Fridays, 8-8:30 am: A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

Both on Zoom: <https://bit.ly/3A8ZI73>

# Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109  
415-776-4580 / [info@uusf.org](mailto:info@uusf.org)

## OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

## OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

## UUSF MEDIA

You can listen to our sermon-only podcasts at <https://bit.ly/SermonsUUSF>

Visit <https://bit.ly/ServicesUUSF> to listen to our complete service podcasts

Watch our videos at <http://www.youtube.com/c/UUSFMedia>

Go to our website at <https://www.uusf.org/>



WATCH LAST WEEKS SERVICE: <http://www.youtube.com/c/UUSFMedia>

**"A May Day Convergence"**  
**Sunday, April 30, 10:50 am**