

# "A Sacred Choice: Reproductive Justice"

Sunday, May 14, 10:50 AM, 2023  
First Unitarian Universalist Society of San Francisco





**Order of Service**  
**Sunday May 14, 2023**  
**10:50 AM - 12:15 PM**

Livestreamed at [bit.ly/uusfmedia](https://bit.ly/uusfmedia)

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2023>

**Welcome to the Worship!**

UUSF will no longer require masks indoors on our premises,  
following the lead of the San Francisco Department of Health.

We do, however, encourage people to wear masks or do anything else  
that protects and respects their own health and comfort.

There is a designated mask-only area on the far right side of the Sanctuary.

---

Prelude	<i>Immortal Love</i>	Charles V Stanford
	<i>Ave Maria</i>	Franz Schubert
	<i>O Sons and Daughters, Let Us Sing!</i>	15th C. French Melody arr. G Martin
		Reiko Oda Lane, organ

Opening Words and Welcome	Rev. Laura Shennum, Minister of Congregational Life
---------------------------	---

Unison Chalice Lighting

We light this chalice for the light of truth,  
the warmth of love,  
and the fire of commitment.  
We light this symbol of our faith  
as we gather together.

*Hymn 1053	<i>How Could Anyone</i>	Libby Roderick
------------	-------------------------	----------------

[\(CLICK HERE OR TURN TO PAGES 6 & 7 TO VIEW HYMN\)](#)

Brief Invitations	Rev. Laura Shennum
-------------------	--------------------

Greeting One Another

Story for All Ages “Two Pebbles”  
From “*Ancient Stories for Modern Times*”  
Retold by Faye Mogensen

Rev. Laura Shennum

Unison Covenant

Bree Shennum, Worship Associate

Love is the spirit of this church, and service is its prayer.  
This is our great covenant: to dwell together in peace,  
to seek the truth in freedom, and to help one another.

\*\*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and  
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5  
faith a - rise; Let peace, good - will on earth be sung through  
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8  
ev - ery land, by ev - ery tongue.  
ca - da tie - rra, ca - da voz. A - men.

Reflection Excerpt from “*What the Constitution Means to Me*” by Heidi Schrek

Bree Shennum

Music Words from *Two Women*

Jane Marshall  
UUSF Choir, Mark Sumner, director

*Two texts conveying the spirituality and dedication of women separated in time by seven centuries. The texts are I. Nurture (Mechtild of Magdeburg) and II. The Simple Path (Teresa of Calcutta). Each text urges the listener to work for healing and restoration of ourselves, our communities, and our world.*

Times of Spoken and Silent Meditation

Rev. Laura Shennum

## Offering

Today's offering will go to **RAMS, Inc.** (<https://ramsinc.org/>) they are a non-profit mental health organization that is committed to advocating for and providing community-based, culturally competent, and consumer-guided comprehensive services. Founded in San Francisco's Richmond District in 1974, RAMS offers comprehensive services that aim to meet the behavioral health, social, vocational, and educational needs of the diverse community of the San Francisco Area with expertise in serving the Asian & Pacific Islander American and Russian-speaking populations. To make a donation on Vanco ([bit.ly/uusfpayments](http://bit.ly/uusfpayments)) or using the Donate Button (below) & on our website, please select the "Offering" choice to make your gift. If you are sending a check, please mark in the memo today's date and "special offering" 05-14-23.

[DONATE](#)

Offertory Music    *We Are.....*

Ysaye M. Barnwell  
UUSF Choir, Mark Sumner, director; Peg Lisi, soloist

Sermon        "*Sacred Choice*"

Rev. Laura Shennum

\*Hymn 1017

*Building a New Way*

Mark Sandafer

[\(CLICK HERE OR TURN TO PAGES 8 & 9 TO VIEW HYMN\)](#)

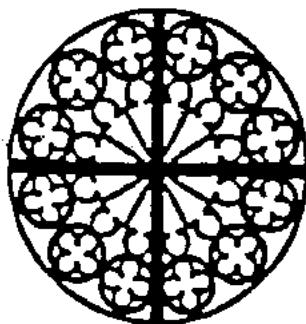
\*Benediction

Postlude        *Rigaudon*

Andre Campra  
Reiko Oda Lane, organ

---

\*Please rise in body or spirit.





## PARTICIPANTS

### Worship Leaders

Rev. Laura Shennum, Minister of Congregational Life  
Bree Shennum, Worship Associate

### Sunday Support

Shulee Ong; Eric Shackelford; Jackson Munn, Livestream Cameras  
Jonathan Silk, Communications Director  
Amy Kelly, Flowers  
Linda Messner, Head Usher

### Musicians

Reiko Oda Lane, Organist  
Mark Sumner, Music Director  
UUSF Choir  
Peg Lisi, Soloist  
Wm. García Ganz, Pianist

### UUSF 2023-2024 Annual Operating Fund Campaign Update

We have raised \$686,000 of our \$750,000 goal *with pledges from 195 households!* Thanks to everyone who responded with your commitments for next year. *We got through the pandemic strong thanks to all of you and we are leaning into the future thanks to you!* We are short of our goal by almost \$64,000 and so the remaining 42 households are incredibly important -- as are members, friends, livestream attendees that we don't even know. So, if you haven't pledged please do so. We need you! You can send us an email with your pledge (send it to [Stewardship@uusf.org](mailto:Stewardship@uusf.org)) or you can fill out a pledge form online here. Thank you so much for your commitment. Particularly this time of year we acknowledge gratitude and the sheer necessity of financial resources to make UUSF strong and enduring as a place to be part of and to turn to in your life for meaning, community and transforming the world for better.



1053

## How Could Anyone

$\text{♩} = 74$

F#m/C E/B F#m B7

How could an-y-one ev - er tell you\_ you were

E C#m

an - y-thing less than beau - ti - ful?\_ How could

F#m B7 E B7/F#

an - y-one ev - er tell you\_ you were less than

Words & music: Libby Roderick, 1958 - , © 1988, 2004 Libby Roderick Music. All rights reserved.

# How Could Anyone - 2

E/G# F#m/C E/B F#m B7

whole? How could an-y-one fail to no - tice — that your

E C#m A

lov - ing is a mir - a - cle? — How deep - ly you're con -

B7

Opt. repeat	Last time	
A/E	F#m/C#	E

nec - ted to my soul. How could soul. —

1017

## Building a New Way

*Rock feel, swing eighths ♩ = 116*

**Cm7**

1. We are build - ing  
(2. We are work) - ing

**G7**

— a new way. — We are build -  
— to be free. — We are work -

**G7sus**

ing — a new way. —  
ing — to be free —

Words & music: Martha Sandefer, 1952 - , © 1986 Martha Sandefer,  
⊕ arr. Jim Scott, 1946 -



# Building a New Way - 2

Cm7

We are build - ing a new way, — feel - ing strong -  
We are work - ing to be free — hate and greed

Fm7

Cm7

er ev' - ry day, — We are build - ing —  
— and jeal - ous-y. — We are work - ing —

G7

Cm7

1, 2, 3  
G 7(#9)

4  
Cm9

— a new way. —  
— to be free. —

2. We are work  
3. We can feed  
4. Peace and free -

3. We can feed our every need (3X)  
Start with love, that is the seed.  
We can feed our every need.

4. Peace and freedom is our cry (3X)  
Without these this world will die.  
Peace and freedom is our cry.

## TODAY

### Signup for the All Church Retreat - May 27 - 29, Occidental, CA

Registration deadline is May 15!



It's time to retreat to the Redwoods! We are ready to return to Sonoma Country to enjoy time with friends and family. We'll spend our first evening at the campfire making s'mores, singing campfire songs, and staring up at the star-filled night sky. There will be time to enjoy a walk in the woods, read a book or play games. We'll have fun workshops and fun worship. We'll dance the Happy Dance at the Talent Show. Come and rejuvenate the spirit. You'll be glad you did. This is a family-friendly event! The CYO Retreat Center has comfortable dormitory cabins, showers and bathrooms, swimming pool, a pond for canoeing, archery, tennis and basketball courts, and beautiful trails. CYO is up the road from Wild Oat Bakery, famous for their sticky buns; local wineries, the town of Occidental, and close by to the Russian River. Retreaters bring their own bedding, towels and toiletries.

Adults: \$205; Children (4-18): \$150; Children (0-3): Free! Register at <https://bit.ly/3nvoSnD> Website: <https://www.uusf.org/retreat>

## UPCOMING

### 2023 Auction Planning Meeting on Thursday, May 18, 5:00 pm, Google Meet will be used for this meeting.

What?! Too early to talk about the auction you say? No, its not! The UUSF auction in October will require much planning, which begins now! Join us on May 18th at 5PM to discuss the fun we'll have raising funds for a worthy cause: UUSF!

Go to <https://bit.ly/auctionplanning2023-1> to join this meeting

---

### Carol Johnson Memorial Service on Saturday, May 20, 10:00 am, TSK Room

Carol Johnson, a longtime member of this church, passed away on January 17, 2023 at the age of ninety-four. A memorial service will be held at UUSF in her honor. Lunch at 12:00 pm RSVP required email [tamidjohnson@gmail.com](mailto:tamidjohnson@gmail.com)

---

### Forum - Sunday, May 21 at 9am: An Encounter With The Work Of Artist Leslie Goldberg - The Family Of Man!

Leslie's paintings and character drawings, which are presently on display in the King Rooms, are fictitious. But, as with all fiction, it is not entirely fictitious. Leslie Goldberg is a former writer with the San Francisco Examiner, a Pulitzer Prize nominee, a former journalism teacher at SFSU and City College of San Francisco. Zoom: <https://bit.ly/forum-5-21-23>

---

### White Allies Group: Let's Talk About Bias - Monday, May 22 at 6:30 pm on Zoom

This month, Revs. Vanessa Rush Southern and Laura Shennum will meet with you via Zoom to watch and discuss a video about bias. To register and acquire the zoom link go to <https://bit.ly/waguusf522>

---

### New UU: A Welcome Home - Tuesday, May 23, 6:30pm at UUSF

Join Revs. Vanessa Rush Southern and Laura Shennum for our New UU class! Held in-person at UUSF, this interactive class will introduce you to Unitarian Universalism and our congregation. Register: <https://bit.ly/newuu5-23-23>

---

### Forum - Sunday, May 28 at 9am: Wayne Hsiung: How Plant-Based Food Can Save Our Planet!

Wayne Hsiung is an attorney who has led teams that have investigated and rescued animals from animal-abusing enterprises across the nation – while challenging unconstitutional “ag gag” laws in the process. Recently he served as the lead counsel in two “right to rescue” trials in which activists were acquitted after being charged for giving aid to sick and dying animals in factory farms, garnering much media attention. Zoom: <https://bit.ly/forum-5-28-23>

**UUSF BOARD OF TRUSTEES ENCOURAGES YOU TO PUT THESE DATES ON YOUR CALENDAR, AS A VOTING MEMBER OF OUR CONGREGATION:**

**Go to <https://bit.ly/3n9bypa> to read the proposed FY24 budget for the congregation to review.**

1. Sun 5/14 Budget Amendments are due to [Secretary@uusf.org](mailto:Secretary@uusf.org)
2. Sun 5/21 Budget Vote Meeting 12:15pm - 2:15pm Zoom and in person in TSK Room - Zoom Link: <https://bit.ly/41oLW6l>
3. Sun 6/4 Annual Meeting 12:30pm - 2:30pm Zoom and in person in TSK Room - Zoom Link: <https://bit.ly/3mS9Wjs>

Each year, our community holds an **Annual Meeting** during the month of June. The meeting will be held in person and on ZOOM. The Annual Meeting is an opportunity to thank the many members of the congregation who have volunteered their time and treasure during the year. We will vote on Board of Trustee and Nominating Committee candidates. We will announce the Anne Dillon award recipient, learn about May Treat Morrison and remember those who have died. We will also announce the results of our pledge drive.

---

## **UUSF Election Slate 2023-24**

The Nominating Committee is pleased to present the slate of nominees for the 2023-2024 Board of Trustees and the next Nominating Committee. In accordance with the UUSF by-laws, the slate will be voted on at the annual meeting of the membership on June 4, 2023. Please go to <https://www.uusf.org/nominatingcommittee> to read the biographies on the Nominees.

**Board of Trustees:** The Board consists of nine members, five of whom are elected in "odd" years (2023) and four of whom are elected in "even" years. Board members are elected to two-year terms and may not serve more than six consecutive years. The nominees for this year are **Lori Lai** (incumbent); **Linda Enger** (incumbent); **Megan Lehmer** (incumbent); **Sam King**; and **Galen Workman**.

**Nominating Committee:** This Committee consists of seven members, four of whom are elected in "odd" years (2023) and three of whom are elected in "even" years. Nominating Committee members are elected to two-year terms and may not serve more than four consecutive years. The nominees for this year are **Erica Murray** (incumbent); **Teresa Goebel** (incumbent); **Hanna Hart**; and **Robert Packenham**.

**On behalf of the 2022-23 Nominating Committee, Judith Ottoson, chair** [jottoson@comcast.net](mailto:jottoson@comcast.net) 415-839-6360

---

## **The Women's Rights Group has proposed and Board has approved a Resolution for the Congregation to join the Spiritual Alliance of Communities for Reproductive Dignity (aka SACReD).**

This resolution will be voted on by the congregation on June 4th at the Annual Meeting. To review the resolution to be voted on by the Congregation go to <https://bit.ly/3HckOO8>. We encourage you to attend the following information session on **May 20 at 8am**. Email your resolution amendments to [Secretary@uusf.org](mailto:Secretary@uusf.org) by May 28. Zoom links to these meetings and to learn more about the Spiritual Alliance of Communities for Reproductive Dignity (aka SACReD) and the resolution to <https://www.uusf.org/womensgroup>.

## **Adult Spiritual Growth Classes** ([www.uusf.org/are](http://www.uusf.org/are))

### ***Rest is Resistance: A Manifesto* by Tricia Hersey**

Led by Rev. Vanessa Rush Southern, Senior Minister - Register at <https://bit.ly/MBG052023>

Tricia Hersey is the founder of the Nap Ministry, an organization that examines rest as a form of resistance, sponsoring events like the Collective Napping Experiences, workshops, and art installations. Hersey is an artist, poet, theologian and community organizer. As we head toward summer, we look at the wisdom and the deliciousness of her invitation to rest as part of our work transforming the world for the better.

**Wednesday, May 24, 6:30-8 pm or Thursday, May 25, noon-1:30 pm**

---

### **Morning Meditation & Equanimity Practice**

**Morning Meditation** - Tuesdays & Thursday, 8-8:30 am: A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation. **Equanimity Practice** - Fridays, 8-8:30 am: A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

Both on Zoom: <https://bit.ly/3A8ZI73>

# Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109  
415-776-4580 / [info@uusf.org](mailto:info@uusf.org)

## OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

## OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

## UUSF MEDIA

You can listen to our sermon-only podcasts at <https://bit.ly/SermonsUUSF>

Visit <https://bit.ly/ServicesUUSF> to listen to our complete service podcasts

Watch our videos at <http://www.youtube.com/c/UUSFMedia>

Go to our website at <https://www.uusf.org/>



WATCH LAST WEEKS SERVICE: <http://www.youtube.com/c/UUSFMedia>

**"Little Did I Know"**

**Sunday, May 7, 10:50 am**