

"Compassion"

Sunday, May 28, 10:50 AM, 2023

First Unitarian Universalist Society of San Francisco



Order of Service
Sunday May 28, 2023
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2023>

Welcome to the Worship!

UUSF will no longer require masks indoors on our premises,
following the lead of the San Francisco Department of Health.

We do, however, encourage people to wear masks or do anything else
that protects and respects their own health and comfort.
There is a designated mask-only area on the far right side of the Sanctuary.

Prelude *Sarabande* from Cello Suite J.S. Bach
Christoph Wagner, cellist Joanne Kong, pianist

Opening Words and Welcome Richard Davis, Worship Associate

Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

*Hymn 86 Blessed Spirit of My Life PRAYER
Mark Sumner, pianist; Ben Rudiak-Gould, songleader

[\(CLICK HERE OR TURN TO PAGE 6 TO VIEW HYMN\)](#)

Greeting One Another

Unison Covenant

Love is the spirit of this church, and service is its prayer.
 This is our great covenant: to dwell together in peace,
 to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
 De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
 faith a - rise; Let peace, good - will on earth be sung through
 fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
 ev - ery land, by ev - ery tongue.
 ca - da tie - rra, ca - da voz. A - men.

Introduction to the Service

Joanne Kong

Music 2nd movement from *Cello Concerto*

Antonin Dvorak

Christoph Wagner, cellist Joanne Kong, pianist

Reading Ten Thousand Baby Names by Kathleen McTigue

Joanne Kong

Music *Song of the Birds*

Pablo Casals

Christoph Wagner, cellist Joanne Kong, pianist

Offering

Richard Davis

Swords to Plowshares is a Bay Area-based nonprofit organization which since 1975 has been dedicated to supporting all veterans. They offer support in the areas of health and wellness, housing, jobs and legal issues. Learn more at www.swords-to-plowshares.org. To make a donation on Vanco (bit.ly/uusfpayments) or using the Donate Button (below) & on our website, please select the “Offering” choice to make your gift. If you are sending a check, please mark in the memo today’s date and “special offering” 05-28-23.

DONATEMusic 1st movement from *Cello Concerto*

Antonin Dvorak

Christoph Wagner, cellist Joanne Kong, pianist

Reflection

Joanne Kong

*Hymn 125

From the Crush of Wealth and Power

BRIDEGROOM

Mark Sumner, pianist; Ben Rudiak-Gould, songleader

[\(CLICK HERE OR TURN TO PAGE 7 TO VIEW HYMN\)](#)

*Closing Words

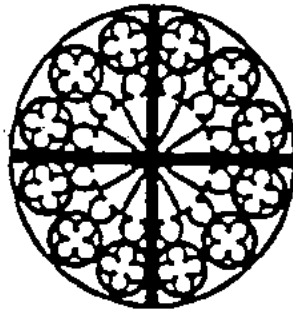
Christoph Wagner

Postlude *Variations on a Theme* by Rossini

Bohuslav Martinu

Christoph Wagner, cellist Joanne Kong, pianist

*Please rise in body or spirit.



PARTICIPANTS

Worship Leaders

Richard Davis, Worship Associate

Sunday Support

Shulee Ong; Eric Shackelford; Jackson Munn, Livestream Cameras

Jonathan Silk, Communications Director

Judy Payne, Flowers

Linda Messner, Head Usher

Musicians

Christoph Wagner, cellist

Joanne Kong, pianist

Mark Sumner piano

Ben Rudiak-Gould, songleader

ABOUT

Internationally-acclaimed concert artists **Christoph Wagner**, cellist, and **Joanne Kong**, pianist, weave together live music, reflections and imagery in an inspiring event that will illuminate how embracing the connections we have to the natural world and all beings can bring about transformative spiritual growth, positive change and planetary healing.



Blessed Spirit of My Life

86

$\text{♩} = 96$

1. Bless - ed Spir - it of my life, give me strength through
2. Spir - it of great mys - ter - y, hear the still, small

stress and strife; help me live with dig - ni - ty;
voice in me. Help me live my word - less creed

let me know se - ren - i - ty. Fill me with a vis - ion,
as I com - fort those in need. Fill me with com - pas - sion,

clear my mind of fear and con - fu - sion. When my thoughts flow
be the source of my in - tu - i - tion. Then, when life is

rest - less - ly, let peace find a home in me.
done for me, let love be my leg - a - cy.

⊕ Words & music: Shelley Jackson Denham, 1950- ,
© 1987 Shelley Jackson Denham

PRAYER
7.7.7.7.6.9.7.7.

MEDITATION AND MYSTICAL SONGS

From the Crush of Wealth and Power

125

♩ = 80 Unison

1. From the crush of wealth and pow - er some - thing
 2. E - ven now our hearts are wa - ry of the
 3. When our love for one an - oth - er makes our
 4. Ev - 'ry time our spir - its lan - guish ter - ri -

bro - ken in us all waits the spir - it's si - lent
 friend we need so much. When I see the pain you
 bur - dens light to bear, find the sis - ter and the
 fied to draw too near, may we know each oth - er's

hour plead - ing with a poi - gnant call, bind
 car - ry, shall I, with a gen - tle touch, bind
 broth - er, hun - gry for the feast we share; bind
 an - guish and, with love that casts out fear, bind

all my wounds a - gain.
 all your wounds a - gain?
 all their wounds a - gain.
 all our wounds a - gain.

Ⓢ Words: Kendyl L. R. Gibbons, 1955- , © 1992 Unitarian Universalist Association
 Music: Peter Cutts, 1937- , © 1969 Hope Publishing Co

BRIDEGROOM
 8.7.8.7.6

LOVE AND COMPASSION

TODAY

Forum - Sunday, May 28 at 9am: Wayne Hsiung: How Plant-Based Food Can Save Our Planet!

Wayne Hsiung is an attorney who has led teams that have investigated and rescued animals from animal-abusing enterprises across the nation – while challenging unconstitutional “ag gag” laws in the process. Recently he served as the lead counsel in two “right to rescue” trials in which activists were acquitted after being charged for giving aid to sick and dying animals in factory farms, garnering much media attention. **Zoom:** <https://bit.ly/forum-5-28-23>

UPCOMING

Black, Indigenous, & People of Color Gathering - June 4 from 9:30 am to 10:50 am, Stebbins Room

This sacred space is open to our members and friends who are Black, Indigenous and People of Color. The meeting takes place by Zoom and in-person in the Stebbins Room on the first Sunday of every month from 9:30-10:50am. If you are interested in attending or finding out more, please email bipoc@uusf.org. Please come join this space for joy, renewal, care and inspiration.

It's Mark Sumner's Birthday!

Please join us at Mystique Cafe, 464 Castro on Tuesday, May 30th, 5:00 pm, to celebrate Mark! Please RSVP with Suzy Bernahola ASAP at sbernahola@uusf.org

ANNUAL MEETING - Sunday, June 4, 12:30 in person in TSK Room and Zoom Link: <https://bit.ly/3mS9Wjs>

Each year, our community holds an annual meeting during the month of June. This year's meeting is scheduled for June 4, 2023, commencing at 12:30 pm, after the Sunday Service. The meeting will be held in person and online.

The Annual Meeting is an opportunity to thank the many members of the congregation who have volunteered their time and treasure during the year. We will vote on Board of Trustee and Nominating Committee candidates. We will learn about **May Treat Morrison** and remember those who have died.

UUSF Election Slate 2023-24

The Nominating Committee is pleased to present the slate of nominees for the 2023-2024 Board of Trustees and the next Nominating Committee. In accordance with the UUSF by-laws, the slate will be voted on at the annual meeting of the membership on June 4, 2023. Please go to <https://www.uusf.org/nominatingcommittee> to read the biographies on the Nominees.

Board of Trustees: The Board consists of nine members, five of whom are elected in "odd" years (2023) and four of whom are elected in "even" years. Board members are elected to two-year terms and may not serve more than six consecutive years. The nominees for this year are **Lori Lai** (incumbent); **Linda Enger** (incumbent); **Megan Lehmer** (incumbent); **Sam King**; and **Galen Workman**.

Nominating Committee: This Committee consists of seven members, four of whom are elected in "odd" years (2023) and three of whom are elected in "even" years. Nominating Committee members are elected to two-year terms and may not serve more than four consecutive years. The nominees for this year are **Erica Murray** (incumbent); **Teresa Goebel** (incumbent); **Hanna Hart**; and **Robert Pakenham**.

On behalf of the 2022-23 Nominating Committee, Judith Ottoson, chair jottoson@comcast.net 415-839-6360

Newcomer Orientation - Sunday, June 11 at 12:30 pm in the Fireside Room

Do you want to learn more about Unitarian Universalism? Join us in the Fireside Room on June 11 after the service to meet some of our members and learn more about our congregation and Unitarian Universalism in the community.

UUSF Budget Passed and over \$20,000 Additional Pledges in!

Last Sunday the Amendment and Budget for our FY24 was passed at the congregational meeting. That budget that begins on July 1, 2023 and runs through June 30th, 2024 has an expectation of \$750,000 of pledges and committed donations from members and friends. Last week, in response to the email and letter we sent, our giving went from \$707,000 in pledges and commitments to \$730,000. Thank you who sent in your pledges and those of you who sent in generous increases in the pledges you already made!



At this point the possibility of staff furloughs has been taken off the possible budget cuts. The way this speaks to support of our staff and the commitment to our values is not lost on our staff. The additional fundraising also looks like it will allow us to restore most of our programmatic budget cuts too.

We still have a little ways to go. So we are asking those of you who haven't already done so, if you can, to please make your financial commitment. Our robust financial support for UUSF is what allows the community to both exist and thrive. When we support the strength of the community we do so as people like us have done since 1850 to make sure UUSF -- its community, its work in the world -- endures and serves us and those who find us in good times and in harder, challenging times too.

Go to (<https://bit.ly/uusfpledgeform23-24>) (or scan the QR CODE above) This form offers space for those who haven't already pledged to do so and for those who have already pledged (thank you!), to raise your pledge or give an additional one-time gift for the operating budget of Fiscal Year 2024.



SACReD

Spiritual Alliance of Communities
for Reproductive Dignity

The Women's Rights Group has proposed and Board has approved a Resolution for the Congregation to join the Spiritual Alliance of Communities for Reproductive Dignity (aka SACReD).

This resolution will be voted on by the congregation on June 4th at the Annual Meeting. To review the resolution to be voted on by the Congregation go to <https://bit.ly/3HckOO8>. Email your resolution amendments to Secretary@uusf.org by May 28. The Women's Rights Group is meeting this summer! Everyone in the congregation interested in working toward increasing all Women's' access to comprehensive reproductive health care is invited! Our next meeting is on Saturday, June 24 at 10:00 am on Zoom. Here is the link: <https://zoom.us/j/99050504950>

Adult Spiritual Growth Classes (www.uusf.org/are)

Morning Meditation & Equanimity Practice

Morning Meditation - Tuesdays & Thursday, 8-8:30 am: A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation. **Equanimity Practice** - Fridays, 8-8:30 am: A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes.

Both on Zoom: <https://bit.ly/3A8ZI73>

Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

UUSF MEDIA

You can listen to our sermon-only podcasts at <https://bit.ly/SermonsUUSF>

Visit <https://bit.ly/ServicesUUSF> to listen to our complete service podcasts

Watch our videos at <http://www.youtube.com/c/UUSFMedia>

Go to our website at <https://www.uusf.org/>

A close-up photograph of a koala sleeping peacefully on a thick, brown tree branch. The koala's grey fur is soft and textured, and its eyes are closed. The background is a blurred green, suggesting a forest setting.

“Nap Ministry” Sunday, May 21

WATCH LAST WEEKS SERVICE: <http://www.youtube.com/c/UUSFMedia>