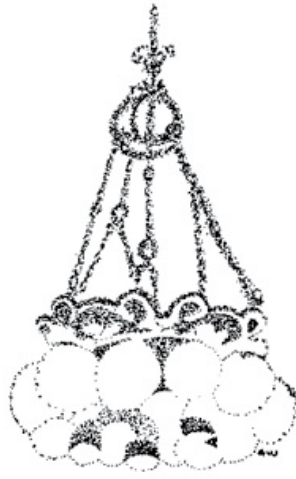


"Independence?"

Sunday, July 2, 10:50 AM, 2023

First Unitarian Universalist Society of San Francisco





Order of Service
Sunday July 2, 2023
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2023>

Welcome to the Worship!

UUSF will no longer require masks indoors on our premises,
following the lead of the San Francisco Department of Health.

We do, however, encourage people to wear masks or do anything else
that protects and respects their own health and comfort.

There is a designated mask-only area on the far right side of the Sanctuary.

Prelude *Prelude* from *Suite II* in d minor
 Gigue

Johann Sebastian Bach

Jill Brindel, cellist

Opening Words and Welcome

Rev. Vanessa Rush Southern, Senior Minister

Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Ben Rudiak-Gould, songleader; Reiko Oda Lane, organist

[\(CLICK HERE OR TURN TO PAGES 6 & 7 TO VIEW HYMN\)](#)

Brief Invitations

Sam King, Worship Associate

Greeting One Another

Unison Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Reflection

Sam King

Music *Allemande* from *Suite II*

Bach
Jill Brindel, cellist

Time of Prayer/Meditation

Offering

This morning's offering will support the **American Civil Liberties Union's (ACLU)** Trans Justice, Abortion Access, and Bodily Autonomy Initiatives. The American Civil Liberties Union is an American non-profit organization founded in 1920 "to defend and preserve the individual rights and liberties guaranteed to every citizen by the United States Constitution and laws." For additional information, please visit <https://www.aclu.org/>. To make a donation on Vanco (bit.ly/uusfpayments) or using the Donate Button (below) & on our website, please select the "Offering" choice to make your gift. If you are sending a check, please mark in the memo today's date and "special offering" 7-02-23.

[DONATE](#)

Offertory Music *Sarabande*

Bach
Jill Brindel, cellist

Sermon "Independence?"

Rev. Vanessa Rush Southern

*Hymn 149

Lift Every Voice and Sing

LIFT EVERY VOICE

Ben Rudiak-Gould, songleader; Reiko Oda Lane, organist

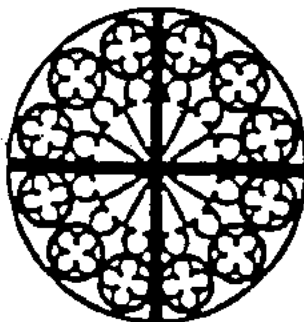
[\(CLICK HERE OR TURN TO PAGES 8 & 9 TO VIEW HYMN\)](#)

*Benediction

Postlude Improvisation on *Lift Every Voice and Sing*

Mark Miller
Reiko Oda Lane, organist

*Please rise in body or spirit.



PARTICIPANTS

Worship Leaders

Rev. Vanessa Rush Southern, Senior Minister

Sam King, Worship Associate

Sunday Support

Shulee Ong; Eric Shackelford, Livestream Cameras

Jonathan Silk, Communications Director

Matias Salazar, Sexton

Amy Kelly, Flowers

Linda Messner, Head Usher

Musicians

Reiko Oda Lane, Organist

Jill Brindel, Cellist

Ben Rudiak-Gould, songleader

ABOUT

Jill Rachuy Brindel has been a cellist with the San Francisco Symphony since 1980 and a member of the Navarro Trio for more than twenty years. This ensemble was hailed as “the premier trio of Northern California” by Terry McNeill writing for North Bay Classical Music. (www.nbcm.org) She studied at Indiana University and Chicago Musical College and was formerly Assistant Principal Cellist of the Lyric Opera of Chicago Orchestra, Principal Cellist of the Mendocino Music Festival for its first six years, cellist for the Navarro Quartet and a member of the Houston Symphony. She has performed chamber music at Kohl Mansion, the Russian River Chamber Festival, Old First Church, the Ralston Chamber Series, Rossmoor, Chamber Music Sundaes, the San Francisco Symphony Chamber series and at Sonoma State University, where the Navarro Trio is in residence. In 2006 she returned to the Mendocino Music Festival as Principal Cellist and chamber soloist and in 2009 she became co-director of the Emerging Artists Program at the festival. Ms. Brindel actively promotes the music of her late father, composer Bernard Brindel. She is a private instructor of cello as well as the coach for the cello section of the SFS Youth Orchestra. Ms. Brindel has given seminars on audition techniques to students at the University of Nevada at Reno and the New World Symphony. In 2011 the San Francisco Symphony selected her to hold the Gary & Kathleen Heidenreich Second Century Cello Chair. On August 23, 2014 the Navarro Trio played in the opening concert in Schroeder Hall , the new Chamber music hall at Sonoma State University. She has been an instructor of cello at Sonoma State University since 2015.

360 Here We Have Gathered

$\text{♩} = 76$

1. Here we have gath - ered, gath - ered side by side;
 2. Here we have gath - ered, called to cel - e - brate
 3. Life has its bat - tles, sor - rows, and re - gret:

cir - cle of kin - ship, come and step in - side!
 days of our life - time, mat - ters small and great:
 but in the shad - ows, let us not for - get:

May all who seek here find a kind - ly
 we of all a - ges, wom - en, chil - dren,
 we who now gath - er know each oth - er's

word; may all who speak here
 men, in - fants and sa - ges,
 pain; kind - ness can heal us:

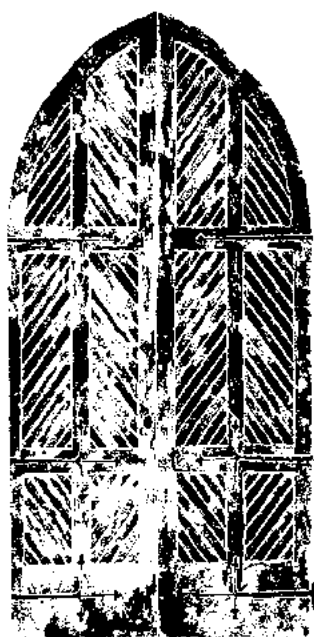
⊕ Words: Alicia S. Carpenter, 1930- , © 1979 Alicia S. Carpenter
 Music: Genevan psalter, 1543

OLD 124TH
 10.10.10.10.10.

ENTRANCE SONGS

feel they have been heard. Sing now to -
 shar - ing what we can. Sing now to -
 as we give, we gain. Sing now in

geth - er this, our hearts' own song.
 geth - er this, our hearts' own song.
 friend - ship this, our hearts' own song.



149 Lift Every Voice and Sing

$\text{♩} = 76$

1. Lift ev - ery voice and sing, till earth and heav - en
 2. Ston - y the road we trod, bit - ter the chas - tening
 3. God of our wea - ry years, God of our si - lent

ring, ring with the har - mo - nies of lib - er -
 rod, felt in the days when hope un - born had
 tears, thou who hast brought us thus far on the

ty; let our re - joic - ing rise high as the lis - tening
 died; yet with a stead - y beat, have not our wea - ry
 way; thou who hast by thy might led us in - to the

skies, let it re - sound loud as the roll - ing sea.
 feet come to the place for which our fa - thers sighed?
 light, keep us for - ev - er in the path, we pray.

Words: James Weldon Johnson, 1871-1938
 Music: J. Rosamond Johnson, 1873-1954,
 © 1921 Edward B. Marks Music Co., renewed

LIFT EVERY VOICE
 Irregular

F R E E D O M

Sing a song full of the faith that the dark past has
We have come o - ver a way that with tears has been
Lest our feet stray from the plac - es, our God, where we

taught us; sing a song full of the
wa - tered; we have come, tread - ing our
met thee; lest our hearts drunk with the

hope that the pres - ent has brought us; fac - ing the
path thru the blood of the slaugh - tered, out from the
wine of the world, we for - get thee; shad - owed be -

ris - ing sun of our new day be -
gloom - y past, till now we stand at
neath thy hand, may we for - ev - er

gun, let us march on till vic - to - ry is won.
last where the white gleam of our bright star is cast.
stand, true to our God, true to our na - tive land.

TODAY

Black, Indigenous, & People of Color Gathering - July 2 from 9:30 am to 10:50 am, Stebbins Room

This sacred space is open to our members and friends who are Black, Indigenous and People of Color. The meeting takes place by Zoom and in-person in the Stebbins Room on the first Sunday of every month from 9:30-10:50am. If you are interested in attending or finding out more, please email bipoc@uusf.org. Please come join this space for joy, renewal, care and inspiration.

Newcomer Orientation - Sunday, July 2 at 12:30 pm in the Fireside Room

Do you want to learn more about Unitarian Universalism? Join us in the Fireside Room on the first Sunday of the month after the service to meet some of our members and learn more about our congregation and Unitarian Universalism in the community.

UPCOMING

2023 UUSF Auction - Auction Planning Meeting - Sunday, July 9 at 12:30 pm

SAVE THE DATE: UUSF 2023 Auction will be Sunday, October 15 at 12:30 pm. Last year's 'Homecoming' auction was a lot of fun and a big success. Please plan to join us that day and help make this year's auction even better!

An **auction planning meeting** will be held July 9 at UUSF at 12:30 pm. Help is needed in all aspects of the auction planning, particularly with food and tabling. Please join us to help make it a great auction! We can't do it without YOU.

Volunteer with the Interfaith Food Pantry July 15

Join fellow UUSF members and other community volunteers to help distribute groceries to 325+ households. This is a great opportunity for individuals and for families to pitch in and help feed our community. Food prices are high and we are needed now as much as ever! We lead the crew Saturday, July 15 and would love to have you join. Volunteer shifts start at 8:15 (or 7:30 if you can help unload the truck). Sign up at <https://bit.ly/foodpantryuusf>. If you have any questions, please contact **Hanna Hart** hanna@harts.net or **Ben Bear** welcoming.corporate.overlords@gmail.com.

"Paintings Inspired by Landscapes" are now on display in the King Rooms.

If you missed the Henry Sultan reception on Sunday, June 18th, Henry will be on-site to greet guests from 1 to 3pm on Saturday, July 1st, 8th, and 15th. So come meet the artist and see his creations, which are on display in the King rooms through July. If you can't make it to the King Rooms to see the art in person, you can take a virtual tour here at (<https://bit.ly/sultanart>).

Sensible Cinema presents "Brothers on the Line" on Friday, July 21, at 6:30 pm, both in person and through Zoom.

Brothers On The Line is an award winning documentary exploring the extraordinary journey of the Reuter brothers (Walter, Roy and Victor) three prolific union organizers who helped build the United Auto Workers (UAW). Directed by Sasha Reuter (Victor's Grandson) and narrated by Martin Sheen this film includes graphic archival footage, a pulsating soundtrack as well as first-hand accounts from labor, management and political personalities including one of the last interviews with Senator Ted Kennedy. The film shows the behind the headlines scenes of picket line conflict, assassination attempts and inter-union power struggle during this forty year crusade that led to unionization of GM, Ford and Chrysler auto workers known as the United Auto Workers (UAW). Also the film shows how the UAW played a major role in underwriting the Civil Rights Movement, the farmworkers fight led by Cesar Chavez and helped raise living standards not just for the millions of autoworkers but also for a large number of American workers. **Zoom:** <https://bit.ly/sensiblecinema> **Website:** <https://www.uusf.org/cinema>

HAPPENINGS

Help Wanted!

Help Wanted! Are you interested in getting more involved at UUSF? We need your involvement! The UUSF Nominating Committee is matching Church groups who need volunteers with members looking for ways to get more involved. Every opportunity is unique in terms of time commitment, prior experience/skills and subject matter - we're confident that there is an opportunity that will suit you!

Please go to <https://www.uusf.org/nominatingcommittee> to access available opportunities, or email the UUSF Nominating Committee at NomCom@uusf.org for more information. Check out our "Help Wanted" bulletin board in the Church Gallery during coffee hour on Sundays after service! If you are a Church group looking for volunteers, email the Nominating Committee and we'll work with you to publicize your opportunity.

The Women's Rights Group Encourages You To Put These Dates On Your Calendar!

The Women's Rights Group is meeting this summer! Everyone in the congregation interested in working toward increasing all Women's access to comprehensive reproductive health care is invited! See the dates shown below. All meetings will be hybrid, but we encourage everyone to come in person and enjoy the breakfast treats and the community! At these meetings, we will be working on our planned Fall Activities. We will need a lot of volunteers to work on these projects, which include:

Co-sponsoring lectures with the Forum that highlights individuals who are prominent activists in the area women's reproductive rights; Partnering with our local and regional Planned Parenthood Organization on activities such as clinic escorts and campaigns to encourage individuals to consider women's reproductive rights when choosing candidates to support; Working with our Religious Education committee and staff to identify and meet the needs of our member families; Field Trip to the First Unitarian Church (Dallas, TX) to better understand their programs; Outreach to other churches in the Bay Area to increase our impact; Outreach to the Interfaith Council.

THE WOMEN'S RIGHTS GROUP IS MEETING THIS SUMMER!

SATURDAY, JULY 22 at 10:00 AM and SATURDAY, AUGUST 26 at 10:00 AM.

Zoom links can be found at <https://www.uusf.org/womensgroup>.

Adult Spiritual Growth Classes (www.uusf.org/are)

Morning Meditation & Equanimity Practice

Morning Meditation - Tuesdays & Thursday, 8-8:30 am: A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation. **Equanimity Practice** - Fridays, 8-8:30 am: A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes. **Both on Zoom:** <https://bit.ly/3A8ZI73>



Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

UUSF MEDIA

You can listen to our sermon-only podcasts at <https://bit.ly/SermonsUUSF>

Visit <https://bit.ly/ServicesUUSF> to listen to our complete service podcasts

Watch our videos at <http://www.youtube.com/c/UUSFMedia>

Go to our website at <https://www.uusf.org/>



“Big Music Sunday”

June 25, 2023

WATCH LAST WEEKS SERVICE: <http://www.youtube.com/c/UUSFMedia>