Ingathering Sunday
Bring in the People and the Waters!

Sunday, September 10, 10:50 AM, 2023
First Unitarian Universalist Society of San Francisco
Order of Service
Sunday September 10, 2023
10:50 AM - 12:15 PM
Livestreamed at bit.ly/uusfmedia

Welcome to the Worship!
UUSF will no longer require masks indoors on our premises, following the lead of the San Francisco Department of Health.

We do, however, encourage people to wear masks or do anything else that protects and respects their own health and comfort.
There is a designated mask-only area on the far right side of the Sanctuary.

Prelude  Come Thou Fount of Every Blessing  NETTLETON/ Gilbert Martin
         Ciacona in E-minor, BuxWV 160  Dietrich Buxtehude
         Reiko Oda Lane, organist
Welcome  Rev. Vanessa Rush Southern, Senior Minister
Opening Words
"We are the Candle" by Dennis Adams, Worship Associate

Unison Chalice Lighting
We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

*Hymn 126
Come, Thou Fount of Every Blessing

(CLICK HERE OR TURN TO PAGES 6 & 7 TO VIEW HYMN)

Brief Invitations
Lucy Smith, Board of Trustees

Greeting One Another

Story for All Ages  “The Cracked Pot”  Rev. Laura Shennum, Minister of Congregational Life
From uu & me! Collected Stories, edited by Betsy Hill Williams (Boston: Skinner House, 2003)

Unison Covenant
Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

*Doxology
TALLIS CANON

From all that dwell below the skies; let songs of hope and
De todos bajo el gran sol; surja esperanza

faith arise; Let peace, goodwill on earth be sung through
fé, amor; verdad, belleza cantando, de

every land, by every tongue.
cada tierra, cada voz. Amen.
Offering

The offering today goes to support the work of Food and Water Watch. With more than 2 million supporters, Food & Water Watch fights for safe food, clean water, and a livable climate for all of us. More info at www.foodandwaterwatch.org. To make a donation on Vanco (bit.ly/uusfpayments) or using the Donate Button (below) & on our website, please select the “Offering” choice to make your gift. If you are sending a check, please mark in the memo today's date 9-10-23 and “special offering”.

DONATE

Offertory Music  At the River  Aaron Copland
UUSF Choir; Mark Sumner, director; Wm. García Ganz, pianist

Blessing on the people  Rev. Seanan Fong, Community Minister

*Hymn 1008  When Our Heart Is in a Holy Place  Joyce Poley
(CLICK HERE OR TURN TO PAGES 8, 9 & 10 TO VIEW HYMN)

*Benediction  Rev. Vanessa Rush Southern

Postlude  Festival Toccata  Percy Fletcher
Reiko Oda Lane, organist

*Please rise in body or spirit.
PARTICIPANTS

Worship Leaders
Rev. Vanessa Rush Southern, Senior Minister
Rev. Laura Shennum, Minister of Congregational Life
Rev. Seanaan Fong, Community Minister
Dennis Adams, Worship Associate
Lucy Smith, Board of Trustees

Sunday Support
Shulee Ong; Eric Shackelford; Jackson Munn, Cameras
Santana Gonzalez-Gomez, Live Chat Moderator
Jonathan Silk, Communications Director
Matias Salazar, Sexton
Amy Kelly, Flowers
Linda Messner, Head Usher

Musicians
Reiko Oda Lane, Organist
UUSF Choir
Mark Sumner, Music Director
Nancy Munn, Soloist
Wm. García Ganz, Pianist
1. Come, thou fount of ev’ry blessing, tune our hearts to sing thy grace. Streams of mercy never ceasing, call for come.

2. Come, thou fount of ev’ry vision, lift our eyes to what may ways. Lift our gloom and desperation, show the songs of loudest praise. While the hope of life’s pergether in thy home. Hear the cries of war fall promise of this day. Help us bind ourselves in

3. Come, thou fount of inpiration, turn our lives to higher affection fills our hearts with joy and love, teach us silent, feel our love glow like the sun. When we union, help our hands tell of our love. With thine

Words: v. 1, Robert Robinson, 1735-1790, adapt., vs. 2-3, Eugene B. Navias, 1928- Music: John Wyeth, Repository of Sacred Music, Part II, 1813

NETTLETON
8.7.8.7.D.

LOVE AND COMPASSION
ev-er to be faith-ful, may we still thy good-ness prove.
all serve one an-oth-er, then our hea-ven is be-gun.
aid, O fount of jus-tice, earth be fair as heav’n a-bove.
When Our Heart Is in a Holy Place

When our heart is in a holy place, We are bless'd with love and a-

© Words & music: Joyce Poley, 1941 -, © 1996 Songstyle Music (SOCAN),
keyboard arr. Lorne Kellett, 1950 -
When Our Heart Is in a Holy Place - 3

see our faces in each other's eyes,
hear our voices in each other's words,
feel the power of each other's faith,

Then our heart is in a holy place. When our heart is in a holy place.
Then our heart is in a holy place. When our heart is in a holy place.
Then our heart is in a holy place. When our heart is in a holy place.
mazing grace,—When our heart is in a holy place When we

trust the wisdom in each of us, Ev'ry
tell our story from deep inside, And we
share the silence of sacred space, And the

color ev'ry creed and kind, And we
listen with a loving mind, And we
God of our Heart stirs within, And we
TODAY

Rev. Seanan Fong’s San Francisco Contemplarium Reflection Stand Pop-up - Sept. 10, Courtyard
Rev. Seanan Fong’s San Francisco Contemplarium Reflection Stand Pop-up coming to UUSF on Sunday, September 10th. The Pop-up will be in the courtyard before and after service and Rev. Fong will be available for questions or just to meet you. Show up and find out what it is all about, and be part of the experience!

San Francisco: What’s Its Future? Forum with Supervisor Dean Preston - Sept. 10, 9:30 am, TSK Room
At the same time, SF has emerged as a leader in stopping pandemic related evictions, providing tenants facing displacement with free legal counsel, and working to reduce the number of homeless people living on our streets. Mr. Preston serves on the SF Board of Supervisors, representing District 5, which includes the Tenderloin, Fillmore, Western Addition, Hayes Valley, Lower Pacific Heights, Japantown, Alamo Square, North of Panhandle, Lower Haight, and Upper Haight. Light breakfast served at 9am. Zoom: bit.ly/uuforum-9-10-23 Info: www.uusf.org/forum

Newcomer Orientation - Sunday, Sept. 10 at 12:30 pm in the Fireside Room
Do you want to learn more about Unitarian Universalism? Join us in the Fireside Room after the service to meet some of our members and learn more about our congregation and Unitarian Universalism in the community.

Global Conversations at UUSF - Sunday, Sept. 10, 12:30 pm to 2:00 pm, MLK Room
We welcome Horst Bansner’s description of his recent visit to Ireland, and the changes that have come about in this celebrated and unique little country. Ireland has had a tumultuous history. From its earliest beginnings of Celtic, Viking and Norman invasions, and later, suffering imperialist policies imposed by its neighboring island – yet it has produced an enviable and rich culture and stable, democratic government. Ireland is credited with saving Western Civilization during the Dark Ages, by preserving classical writings in its monasteries. In the last few decades, Ireland has changed tremendously and we may learn from Ireland’s transformation!

Aloha! On September 17 our online Auction will go live (https://bit.ly/UUAuction23)
Now is the time to put your donation online at https://bit.ly/UUAuction23! If you need any help posting your donation or buying tickets, please contact Gino Fortunato (yospike0@yahoo.com) Please note that the Sunday, October 15 UUSF Auction and Party is a family-friendly event, and tickets for children 13 and under are free.

In a city like San Francisco, UUSF gives a lot back to its community in the face of rising expenses. These include: building costs, programs, classes, religious education, forums, services, scholarships, donations to community organizations, social justice work costs, social events, and much more. Our Annual Auction and Party is an opportunity to receive support as well as give support. It is a way to make us all stronger.

Want to be involved, donate or buy tickets? Come see us at our Auction Table in the gallery before and after Church. And while you are at it, you might want to make a lei!

Questions? Gino Fortunato (yospike0@yahoo.com), Gregory Stevens (gregorystevensw@gmail.com) or Cheryl Deane (cdd.mft@gmail.com)

UPCOMING

You are invited to a reception for UUSC President Rev. Mary Katherine Morn
Saturday, September 16 from 4-6 @ UUSF
We are delighted that we will be hosting the president of the Unitarian Universalist Service Committee (UUSC) – Rev. Mary Katherine Morn - at a reception at UUSF on September 16 from 4-6 pm. She will be update us regarding some of the current social and environmental justice projects of the UUSC and will be available to answer your questions. If you are not familiar with UUSC, it is the UU’s national organization for advocacy, grass roots social and environmental justice partnerships, and justice education and leadership. Donations to UUSC fund on-the-ground justice work both within the US and around the world. Many thanks to the many members of our congregation who are already members of the UUSC and donate to support its work. For more information visit UUSC.org and stop by our UUSC table on Sunday mornings. You can also go here: https://www.uusc.org/initiatives/ to see some information about some of the work of the UUSC. Light refreshments will be served at the reception. Hope to see you on Saturday the 16th!
**Did you know that UUSF Board of Trustees meetings are open to members?**

Each month, our Board meeting begins with a place on the agenda for membership to address the Board. If you would like to attend a Board meeting, email secretary@uusf.org or moderator@uusf.org for instructions.

The next Board meeting takes place on Tuesday, September 19 at 6:30pm in Fireside Room.

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**Adult Spiritual Growth Classes** ([www.uusf.org/are](http://www.uusf.org/are))

**Weekly Grief Group** meets on Saturdays from 10 am to 11:30 am in the Fahs Room

Facilitated by Bruce Clements we will meet weekly to create a space for conversation, community, and sharing about grief people are experiencing in their lives. This group is drop-in. Questions? Rev. Shennum at lshennum@uusf.org. Bruce grew up in New York City and graduated from Columbia College, Union seminary and the state university of New York at Albany. After serving a church in Schenectady, New York, for seven years, he taught writing and literature at Union College, Schenectady, and the state university of Connecticut. Each week, we will have a new question to discuss in our group. On Sept. 16, people attending the Grief Group will be asked, "What did the person you loved lose when they passed away?"

**Morning Meditation & Equanimity Practice**

- **Morning Meditation** - Tuesdays & Thursday, 8-8:30 am: A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation.
- **Equanimity Practice** - Fridays, 8-8:30 am: A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes. Both on Zoom: [https://bit.ly/3A8ZJ73](https://bit.ly/3A8ZJ73)

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**The European Refugee Crisis. Forum with Richard Hardigan** - Sept. 17, 9:30 am, TSK Room

In 2015 over 1.3 million people applied for asylum in Europe. They were escaping violence, conflict, religious or ethnic discrimination and poverty. Roughly half of the asylum seekers came from Syria, Afghanistan and Iraq, where war and violence caused hundreds of thousands of people to flee their homes. Richard Hardigan is a professor at San Francisco State University. He has worked with refugees on the Greek islands of Lesvos and Samos, in the forests along the Balkan Route and on the rescue ships Sea Watch and SOS Humanity in the Central Mediterranean. Light breakfast served at 9am. Zoom: [https://bit.ly/uuforum-9-17-23](https://bit.ly/uuforum-9-17-23) Info: [www.uusf.org/forum](http://www.uusf.org/forum)

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**Three-Part “White Fragility” Discussion Group** - 9/28, 10/23 & 11/30 6:30 to 8pm (in person)

A classic for beginning to see frameworks for how to step into the work of seeing and undoing patterns that perpetuate white supremacy, the book “White Fragility” looks at both structures, but more so ways of thinking and behaving that reinforce the structures and culture of white supremacy. Robin DiAngelo's book is one that we recommend all members of UUSF not only read but participate in a discussion group around. Participants are asked to prepare for each session by reading the assigned chapters. Please RSVP to Vanessa if you want to be part of the three-part discussion. Vanessa's email is: VRSouthern@uusf.org.

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**Minister's Book Group** - 9/27, 6:30-8pm Midnight Library by Matt Haig (on Zoom)

All are welcome to join the Minister's Book Group, an on-line gathering in which we read a book our Senior Minister, Vanessa Southern, chooses (often before she has read it!). Designed to provoke conversation about our lives and values, enter into the voice and experience of writers and thinkers we can learn from, and chew on both fiction and non-fiction, gathering wisdom from among us! Go to [https://www.uusf.org/are](https://www.uusf.org/are) to check out the upcoming book groups and you can register at [https://bit.ly/3szGbGL](https://bit.ly/3szGbGL)

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**HEBREW BIBLE: An Introduction for Skeptics, Seekers, and Progressives** - Oct. 2 to Dec 4

Nine sessions, Monday evenings 7pm to 8:30pm beginning October 2 on Zoom and led by Rev. John Buehrens. Open to UUs and friends throughout the Bay Area. The first session is free and open to all, although prior registration is necessary to receive the Zoom link. Like the following eight sessions, it is based on the book, Understanding the Bible: An Introduction for Skeptics, Seekers, and Religious Liberals, by Buehrens (Beacon, 2002). Copies from UUSF for $15 or online from Beacon, UUA or Amazon. Register at [https://bit.ly/3YYh6Bu](https://bit.ly/3YYh6Bu)

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OUR SOCIETY’S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY’S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

UUSF MEDIA

You can listen to our sermon-only podcasts at https://bit.ly/SermonsUUSF

Visit https://bit.ly/ServicesUUSF to listen to our complete service podcasts

Watch our videos at http://www.youtube.com/c/UUSFMedia

Go to our website at https://www.uusf.org/

“Good Job!”

Sunday, September 3, 2023