



# **Hello Frank Celebrating Oct. 4th, the Feast of St. Francis**

Sunday, October 1, 10:50 AM, 2023  
First Unitarian Universalist Society of San Francisco

**Order of Service**  
**Sunday October 1, 2023**  
**10:50 AM - 12:15 PM**

Livestreamed at [bit.ly/uusfmedia](https://bit.ly/uusfmedia)

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2023>

**Welcome to the Worship!**

UUSF will no longer require masks indoors on our premises,  
following the lead of the San Francisco Department of Health.

We do, however, encourage people to wear masks or do anything else  
that protects and respects their own health and comfort.

There is a designated mask-only area on the far right side of the Sanctuary.

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Prelude      *Sonata in F Major Op. 6: II. Andante ma non troppo*      Richard Strauss  
Christoph Wagner, cellist; Joanne Kong, pianist

Opening Words and Welcome      Carmen Barsody & Sam Dennison

Unison Chalice Lighting      Jumonville Family, Chalice Lighting

We light this chalice for the light of truth,  
the warmth of love,  
and the fire of commitment.  
We light this symbol of our faith  
as we gather together.

\*Hymn 203      *All Creatures of the Earth and Sky*      LASST UNS ERFREUEN  
Mark Sumner, songleader; Wm. García Ganz, pianist  
([CLICK HERE OR TURN TO PAGES 6 & 7 TO VIEW HYMN](#))

Brief Invitations      Linda Enger, Board of Trustees

Greeting One Another

Story for All Ages      "Brother Juniper"      Carmen Barsody

Unison Covenant      Dennis Adams, Worship Associate

Love is the spirit of this church, and service is its prayer.  
This is our great covenant: to dwell together in peace,  
to seek the truth in freedom, and to help one another.





From all that dwell be - low the skies; let songs of hope and  
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5  
faith a - rise; Let peace, good - will on earth be sung through  
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8  
ev - ery land, by ev - ery tongue.  
ca - da tie - rra, ca - da voz. A - men.

Time of Prayer/Meditation

Carmen Barsody

Reading

Sam Dennison

## On Pity and Solidarity

Pity may be the perversion of compassion, but its alternative is solidarity. . . . [O]ut of solidarity people establish deliberately, and as it were, dispassionately a community of interest with the oppressed and exploited. Their common interest is the grandeur of man or the honor of the human race or the dignity of man.

[S]olidarity is able to comprehend a multitude, conceptually, not only the multitude of a class or a nation, or a people, but eventually all humanity.

But this solidarity, though it may be aroused by suffering, is not guided by it, and it comprehends the strong and the rich no less than the weak and the poor; compared with the sentiment of pity, it may appear cold and abstract, for it remains committed to 'ideas' - to greatness, or honor, or dignity - rather than 'love' of men.

Pity, because it is not stricken in the flesh and keeps its sentimental distance, can succeed where compassion always will fail. It can reach out to the multitude, and therefore, like solidarity, enter the market place. But pity, in contrast to solidarity does not look up on both fortune and misfortune, the strong and the weak with an equal eye; without the presence of misfortune, pity would not exist, and it therefore has just as much vested interest in the existence of the unhappy as thirst for power has a vested interest in the existence of the weak.

From Hannah Arendt *On Revolution*

Music      *Spiegel im Spiegel*

Arvo Pärt  
Christoph Wagner, cellist; Joanne Kong, pianist

Reflection

Carmen Barsody

Offering

The offering today goes to support the work and ministries of the **Faithful Fools**, honoring the vision of co-founder, Rev. Kay Jorgensen, who was a social justice minister of this congregation, and the shared commitment of UUSF and Faithful Fools for 25 years. To make a donation on Vanco ([bit.ly/uusfpayments](http://bit.ly/uusfpayments)) or using the Donate Button or scan the QR code (below) & on our website, please select the “Offering” choice to make your gift. If you are sending a check, please mark in the memo today’s date 10-01-23 and “special offering”.



Offertory Music      *Fantasiestücke Op. 73: II. Lebhaft, leicht*

Robert Schumann  
Christoph Wagner, cellist; Joanne Kong, pianist

Reflection

Sam Dennison

\*Hymn 1028

*The Fire of Commitment*  
Jason Shelton  
Mark Sumner, songleader; Jon Silk, drummer; Wm. García Ganz, pianist

[\(CLICK HERE OR TURN TO PAGES 8, 9 & 10 TO VIEW HYMN\)](#)

\*Benediction

Carmen Barsody

Postlude      *Fantasiestücke Op. 73: III. Rasch und mit Feuer*

Schumann  
Christoph Wagner, cellist; Joanne Kong, pianist

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\*Please rise in body or spirit.



## PARTICIPANTS

### **Worship Leaders**

Carmen Barsody

Sam Dennison

Dennis Adams, Worship Associate

Linda Enger, Board of Trustees

Jumonville Family, Chalice Lighting

### **Sunday Support**

Shulee Ong; Eric Shackelford, Cameras

Jonathan Silk, Communications Director

Jose Matias Pineda, Sexton

Carrie Steere-Salazar, Flowers

Linda Messner, Head Usher

### **Musicians**

Christoph Wagner, Cellist

Joanne Kong, Pianist

Mark Sumner, Songleader

Wm. García Ganz, Pianist

## ABOUT

Internationally-acclaimed concert artists **Christoph Wagner**, cellist, and **Joanne Kong**, pianist, weave together live music, reflections and imagery in an inspiring event that will illuminate how embracing the connections we have to the natural world and all beings can bring about transformative spiritual growth, positive change and planetary healing.

We are remembering our dear neighbor, **Father Louis Vitale**, who passed away on Sept. 6th at the age of 91. He will be remembered for many accomplishments, but we remember him as a Tenderloin resident who lived a life of solidarity, simplicity, and seeking justice for his community--a Franciscan who knew what it is to live out loud in all his glorious humanity. There is a memorial for Fr. Louie at St. Boniface Church on Golden Gate on Friday, Oct. 6th at 3pm More info about Fr. Louie can be found at <https://bit.ly/FrLouie>



Photo: Father Vitale and Meg Whitaker-Greene  
at the Fools for an art show.

# All Creatures of the Earth and Sky

$\text{♩} = 84$

1. All crea- tures of the earth and sky, come,  
2. Swift rush - ing wind so wild and strong, white  
3. Cool flow - ing wa - ter, pure and clear, make

kin - dred, lift your voic - es high, Al - le - lu - ia, Al - le -  
clouds that sail in heav'n a - long, Al - le - lu - ia, Al - le -  
mu - sic for all life to hear, Al - le - lu - ia, Al - le -

lu - ia! Bright burn - ing sun with gold - en beam, soft  
lu - ia! Fair ris - ing morn in praise re - joice, high  
lu - ia! Dance, flame of fire, so strong and bright, and

Words: Attributed to St. Francis of Assisi, 1182–1226, alt.

Music: From *Ausserlesene Catholische Kirchengesang*, 1623, adapt. and harm. by Ralph Vaughan Williams, 1872–1958, music used by perm. of Oxford University Press

LASST UNS ERFREUEN  
8.8.4.4.8.8.  
with Alleluias

W O R S H I P

shin - ing moon with sil - ver gleam: Al - le -  
 stars of eve - ning find a voice: Al - le -  
 bless us with your warmth and light: Al - le -

lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le -  
 lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le -  
 lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le -

lu - ia, Al - le - lu - ia!  
 lu - ia, Al - le - lu - ia!  
 lu - ia, Al - le - lu - ia!

4. Embracing earth, you, day by day,  
 bring forth your blessings on our way,  
 Alleluia, Alleluia!  
 All herbs and fruits that richly grow,  
 let them the glory also show:  
 Alleluia, Alleluia, Alleluia, Alleluia,  
 Alleluia!

5. All you of understanding heart,  
 forgiving others, take your part,  
 Alleluia, Alleluia!  
 Let all things now the Holy bless,  
 and worship God in humbleness:  
 Alleluia, Alleluia, Alleluia, Alleluia,  
 Alleluia!

W O R S H I P

# 1028 The Fire of Commitment

With joy and energy ♩ = 150

The musical score is written for piano and voice. It begins with a piano introduction in E-flat major, 4/4 time, marked 'With joy and energy' and a tempo of 150 beats per minute. The piano part features a rhythmic pattern of eighth and sixteenth notes. The vocal line enters with a melody of eighth notes. The lyrics are as follows:

1. From the light of days re-mem-bered burns a  
 (2. From the) stor-ies of our liv-ing rings a  
 (3. From the) dreams of youth-ful vis-ion comes a

The score continues with a piano accompaniment and a vocal line. The lyrics are:

bea-con bright and clear Guid-ing hands and hearts and  
 song both brave and free Call-ing pil-grims still to  
 new, pro-phet-ic voice Which de-mands a deep-er

Note: The use of percussion is highly recommended.

⊕ Words: Mary Katherine Morn, 1961 – and Jason Shelton, 1972 –  
 ⊕ Music: Jason Shelton, 1972 – , © 2001 Jason Shelton  
 FIRE OF COMMITMENT, 8.7.8.7 with refrain



Cm7 Eb/Bb Db Ab Bbsus Bb Ab Bb

spir - its In - to faith set free from fear.  
 wit - ness to the life of lib - er - ty When the  
 jus - tice built by our cour - a - geous choice

Cm Bb Ab Eb/G Fm7 Eb/G

fire of com - mit - ment sets our mind and soul a -

Ab Bbsus Bb Cm Eb/G Ab Eb

blaze When our hun - ger and our pas - sion meet to

Db Ab Bbsus Bb Bb7 Cm Bb

call us on our way When we live with deep as -

Ab Eb/G Fm7 Eb/G Ab Bb<sub>sus</sub> Bb

sur - ance of the flame that burns with - in Then our

Cm Eb/G Ab Eb/G Fm7 Bb Bb<sub>sus</sub>

pro - mise finds ful - fill - ment and our fu - ture can be -

Eb Bb/D Cm7 Eb/Bb Ab Bb

gin.

1, 2 Eb Ab/Bb 3 Eb(add9)

2. From the  
3. From the

## TODAY

### **The Aloha Ohana Auction is Only 3 Weeks Away! ([bit.ly/UUAuction23](http://bit.ly/UUAuction23))**

Go to <https://bit.ly/uusftickets> to buy tickets in an advance for the Aloha-Ohana auction and you will move quickly through the Auction line after Church on October 15. And while you are at it, check out the Auction Catalog. This year we have some amazing items to bid on – experiences, events and cool stuff! You can easily start your holiday gift-buying as well.

Your participation in the Auction will make UUSF a stronger, more connected community. Not only that, but your donation means you will enjoy a party, luau feast and live auction that you will long remember. And don't forget - you can still donate items to our Online Auction Catalog at <https://bit.ly/uusfbidauction>.

Please note: An authentic Hawaiian luau feast takes days to prepare so the sooner we know you are coming the better. This is a family-friendly event, children 13 and under are free. Get your tickets online at <https://bit.ly/uusftickets>, or in the gallery before and after services this Sunday.



### **Black, Indigenous, & People of Color Gathering - Oct. 1 from 9:30 am to 10:50 am, Stebbins Room**

This sacred space is open to our members and friends who are Black, Indigenous and People of Color. The meeting takes place by Zoom and in-person in the Stebbins Room on the first Sunday of every month from 9:30-10:50am. If you are interested in attending or finding out more, please email [bipoc@uusf.org](mailto:bipoc@uusf.org). Please come join this space for joy, renewal, care and inspiration.

### **California, A Slave State with Jean Pfaelzer - Oct. 1 in the TSK Room & Zoom 9:30 am PT/12:30 pm ET.**

Part of our Human Rights Working Group and Forum Series called Dangerous Truths Episode 7. Jean Pfaelzer is a commentator, historian, and professor of American studies at the University of Delaware. Her most recent book, "California, A Slave State", upends our understanding of slavery as a North-South struggle. In deep research across three centuries, vivid storytelling and interviews, she documents that our state's beginnings and sunny utopian prosperity have a history of brutal multiracial bondage, resistance, and servitude that persists today. Zoom: <https://bit.ly/uuforum-10-01-23> Info: [www.uusf.org/forum](http://www.uusf.org/forum) - Light breakfast available at 9am.

### **Newcomer Orientation - Sunday, Oct. 1 at 12:30 pm in the Fireside Room**

Do you want to learn more about Unitarian Universalism? Join us in the Fireside Room after the service to meet some of our members and learn more about our congregation and Unitarian Universalism in the community.

### **Parent/Guardian Education Event: Youth Mental Health Awareness - Sunday, Oct. 1 at 12:30 TSK room**

We will have the first of our Parent/Guardian Education Events. We will watch the movie, Tell My Story, which is a film to raise awareness about youth mental health. We will have a discussion afterwards facilitated by Athena Papadakos, Mental Health Professional and Rev. Laura Shennum, Minister of Congregational Life. Resources will be offered at the end of the session. Lunch and childcare will be provided.

### **"Concert for Community" - Oct. 1 at 1pm, Sanctuary/Livestream: [bit.ly/uusfconcert10-1-23](http://bit.ly/uusfconcert10-1-23)**

As part of our October Extravaganza of Joy events and in a special offering for our community, Flutist / composer Christian Artmann, Elena McEntire (daughter of Bruce and Ruth Cowan), and pianist / composer Laszlo Gardony will be celebrating the joy of coming together in music and the release of Christian's new album The Middle of Life (Sunnyside, 2023). Deeply centered in contemporary jazz but also reflecting European roots, the music transcends stylistic boundaries and "conveys a perspective beyond boundaries—a singular story capable of including us all" (All About Jazz).

### **Let's Create a New Photo Directory**

We are creating a new Photo Directory of the member and friends of our community.

Please schedule a time for your photo session at [bit.ly/photouusf2023](http://bit.ly/photouusf2023), scan the QR code or stop by the table after the worship service in the Gallery. If everyone participates, we will have a valuable tool for remembering names and faces. It won't be complete without you!





# HAPPENINGS

## **Women's Rights Group Meeting - Saturday October 7, 10:00 am, Kinkaid Room**

The meeting will be hybrid (<https://www.uusf.org/womensgroup>), but there will be refreshments and coffee for those who attend in person at UUSF. We will be discussing: The logistics of the SACReD celebration planned for December 10, 2023. Providing food and babysitting services to future FUUSF Parent's Night out Events planned for this church year. The possibility of a SisterSong led workshop. Update on Planned Parenthood volunteering opportunities.

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## **Calling All Artists! UUSF Members, Family and Friends Group Show!!!**

**Bring your artwork to UUSF on Sunday, October 8 from 9:00 am to 2:00 pm.** Please, we limit each artist to no more than three pieces. All items must be ready to hang on the walls of the TSK and MLK rooms. The art reception for this show will be held on Sunday, November 19 at 12:30 pm, and the show will conclude on Sunday, November 26 at which time you must take your artworks home. For more information contact Paul Kensinger at [clrquest@aol.com](mailto:clrquest@aol.com) or 415-467-9337.

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## **10 Years After Occupy. Forum with Tim Paulson - Oct. 8 in the TSK Room & Zoom 9:30 am PT/12:30 pm ET.**

Ten years ago, one of the most uniquely organized economic justice campaigns exploded inside a little park in New York City. Before national pundits could typecast the phenomenon, Occupy Wall Street had spread like wildfire, city after city, across America. Mr. Paulson was asked to write a reflection of his and the San Francisco Labor Council's role steering resources and strategies with the myriad of partners and spontaneous leaders that emerged during this 2013 revolt. Zoom: <https://bit.ly/uuforum-10-08-23>

Info: [www.uusf.org/forum](http://www.uusf.org/forum) - Light breakfast available at 9am.

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## **BLESSING of the ANIMALS - Sunday, October 8, 1:00 pm, Chapel**

Join us in this celebration with music, songs, and speakers! This service affirms respect for all life, reminding us that we are a part of the interdependent web of all existence. This ritual is in the tradition of Saint Francis of Assisi, namesake of our City, patron of animals and the environment. Rev. John Buehrens will give a homily: "The Great Animal Orchestra". Bring your animal companions (or a photograph of them), and participate in this recognition of all the creatures of this earth.

## **Adult Spiritual Growth Classes** ([www.uusf.org/are](http://www.uusf.org/are))

### **Weekly Grief Group meets on Saturdays from 10am to 11:30 am in the Fahs Room**

Facilitated by **Bruce Clements** we will meet weekly to create a space for conversation, community, and sharing about grief people are experiencing in their lives. This group is drop-in. More info contact Rev. Shennum at [ishennum@uusf.org](mailto:ishennum@uusf.org). Bruce grew up in New York City and graduated from Columbia College, Union seminary and the state university of New York at Albany. The question for next Saturday is, "What obligations to the person who has gone weight upon you, and what obligations lift you up?"

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## **HEBREW BIBLE: An Introduction for Skeptics, Seekers, and Progressives - Oct. 2 to Dec 4**

Nine sessions, Monday evenings 7pm to 8:30pm beginning October 2 on Zoom and led by Rev. John Buehrens. Open to UUs and friends throughout the Bay Area. The first session is free and open to all, although prior registration is necessary to receive the Zoom link. Like the following eight sessions, it is based on the book, *Understanding the Bible: An Introduction for Skeptics, Seekers, and Religious Liberals*, by Buehrens (Beacon, 2002). Copies from UUSF for \$15 or online from Beacon, UUA or Amazon. Register at <https://bit.ly/3YYh6Bu>

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## **"White Fragility" Discussion Group - 10/23 6:30 to 8pm (in person)**

A classic for beginning to see frameworks for how to step into the work of seeing and undoing patterns that perpetuate white supremacy, the book "White Fragility" looks at both structures, but more so ways of thinking and behaving that reinforce the structures and culture of white supremacy. Robin DiAngelo's book is one that we recommend all members of UUSF not only read but participate in a discussion group around. Participants are asked to prepare for this session by reading the assigned chapters. Please RSVP to Vanessa if you want to be part of this discussion. Vanessa's email is: [VRSouthern@uusf.org](mailto:VRSouthern@uusf.org).

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## **Minister's Book Group - 10/25, 6:30-8pm Solito: A Memoir Paperback by Javier Zamora (on Zoom)**

All are welcome to join the Minister's Book Group, an on-line gathering in which we read a book our Senior Minister, Vanessa Southern, chooses (often before she has read it!). Designed to provoke conversation about our lives and values, enter into the voice and experience of writers and thinkers we can learn from, and chew on both fiction and non-fiction, gathering wisdom from among us! Go to <https://www.uusf.org/are> to check out the upcoming book groups and you can register at <https://bit.ly/3szGbGL>



# Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109  
415-776-4580 / [info@uusf.org](mailto:info@uusf.org)

## OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

## OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.


## UUSF MEDIA

You can listen to our sermon-only podcasts at <https://bit.ly/SermonsUUSF>

Visit <https://bit.ly/ServicesUUSF> to listen to our complete service podcasts

Watch our videos at <http://www.youtube.com/c/UUSFMedia>

Go to our website at <https://www.uusf.org/>



"Healing and Hope: A sermon on  
forgiveness and beyond"  
Sunday, September 24, 2023

WATCH LAST WEEKS SERVICE: <https://bit.ly/UUSFServices>