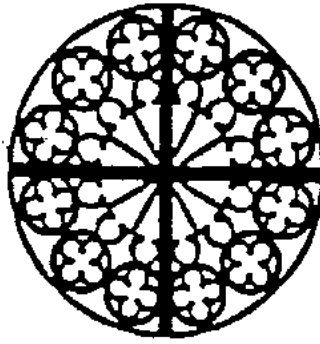


"Oh, We Give Thanks: A Bread Communion"

Sunday, November 26, 10:50 AM, 2023

First Unitarian Universalist Society of San Francisco





Order of Service
Sunday November 26, 2023
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2023>

Welcome to Worship!

UUSF will no longer require masks indoors on our premises,
following the lead of the San Francisco Department of Health.

We do, however, encourage people to wear masks or do anything else
that protects and respects their own health and comfort.

There is a designated mask-only area on the far right side of the Sanctuary.

Prelude *Flute Sonata* in E-minor, Andante (mvt 3) Bach
Jef Caers, flautist; Mark Sumner, pianist

Opening Words and Welcome Rev. Vanessa Rush Southern, Senior Minister

Unison Chalice Lighting Dennis Adams, Worship Associate

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

*Hymn 1010 *We Give Thanks* Wendy Luella Perkins
Andy Kessler, songleader; Mark Sumner, pianist

[\(CLICK HERE OR TURN TO PAGES 6, 7 & 8 TO VIEW HYMN\)](#)

Brief Invitations

Greeting One Another

Unison Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Poem Perhaps the World Ends Here, by Joy Harjo

Reflection

Dennis Adams

Music *Fantaisie* #10 for solo flute

Telemann
Jef Caers, flautist

Poem Welcome Morning, by Anne Sexton

Offering

The offering today will be taken to support the work **SF-Marin Food Bank** (www.sfmfoodbank.org/). The mission of the SF-Marin Food Bank is to end hunger in San Francisco and Marin. Before the pandemic, one in five neighbors was at risk of hunger. Now, we know the need is even greater. We address hunger head-on, from our food pantry network and home-delivered groceries to CalFresh (food stamp) enrollment. Every week, over 53,000 households count on us for food assistance. 60% of what we distribute to them is fresh fruit and vegetables. Those who desire to join other UUSF members and friends in working at our local Interfaith Food Pantry on Saturdays can do so by visiting <https://www.uusf.org/foodpantry> for monthly updates. The next Saturday that UUSF will lead the food pantry is January 6, 2024. To make a donation on Vanco (bit.ly/uusfpayments), using the Donate Button on our website, or by scanning the QR code below, please select the line for either Sunday Plate Offering or Special Sunday Offerings. The designation is important to ensure your gift gets applied correctly. If you are sending a check, please mark in the memo today's date, 11-26-23, "Sunday Plate"



Offertory *Partita in A minor, Allemande* for solo flute

Bach
Jef Caers, flautist

Sermon "Oh We Give Thanks"

Rev. Vanessa Rush Southern

Bread Communion

*Hymn 407

We're Gonna Sit at the Welcome Table

WELCOME TABLE

Andy Kessler, songleader; Mark Sumner, pianist

[\(CLICK HERE OR TURN TO PAGES 9 & 10 TO VIEW HYMN\)](#)

*Benediction

Postlude *Flute concerto* in G major F. VI n. 6, mvt 1, allegro

Vivaldi
Jef Caers, flautist; Mark Sumner, pianist

*Please rise in body or spirit.



PARTICIPANTS

Worship Leaders

Rev. Vanessa Rush Southern, Senior Minister
Dennis Adams, Worship Associate

Sunday Support

Eric Shackelford, Cameras
Alex Schofield Sound
Jonathan Silk, Order of Service
Jose Matias Pineda, Thomas Brown, Sextons
Carrie Steere-Salazar, Flowers
Linda Messner, Head Usher

Musicians

Jef Caers, Flautist
Mark Sumner, Pianist
Andy Kessler, Songleader

ABOUT

Jef Caers is Professor of Earth and Planetary Sciences at Stanford University. His research focuses on the discovery of minerals critical to the energy transition. He is a regular flute player at St. Ignacius Parish in San Francisco. Jef recently got happily married to Oscar and lives with a Corgi and two tabby cats on Bernal Heights.

INFORMATION

Name Tags

If you've been coming to church on Sundays for a while and would like a personal name tag, there's a clipboard beneath the bulletin board in the gallery where you can write your name and acquire a name tag.

1010

We Give Thanks

Easy flow ♩ = 60

The musical score is written for a piano and voice. It is in the key of D major (two sharps) and 2/4 time. The tempo is marked 'Easy flow' with a quarter note equal to 60 beats per minute. The score consists of two systems of three staves each. The first system contains the first line of the song, and the second system contains the second line. The piano part includes chords and a melodic line in both hands. The voice part is written in a single line with lyrics underneath. The lyrics are: 'Oh, we give thanks for this pre - cious day, For all gath - er'd here, day, For all gath - er'd, all gath - er'd'. The chords are: A9 sus4, D, Em7, D/F#, Em7, D.

(Melody) Oh, we give thanks for this pre - cious

(Harmony) Oh, we give thanks for this pre - cious

day, For all gath - er'd here,

day, For all gath - er'd, all gath - er'd

⊕ Words & music: Wendy Luella Perkins, 1966 - , © 2004 Wendy Luella Perkins,
 ⊕ arr. Susan Peck, 1960 -

We Give Thanks - 2

F#m G D A/C#

and those far a - way; For this time we
(food)

here, far a - way; For this time we
(food)

Bm F#m/A G

share with love and care, _____

share with love and care,

We Give Thanks - 3

D/F# Em7 A9 sus4

Oh, we give thanks for this pre-cious

Oh, we give thanks for this pre-cious

D 1 A9 sus4 2

day. Oh, we give

day. Oh, we give

rit.

We're Gonna Sit at the Welcome Table

$\text{♩} = 80$

1. We're gon-na sit at the wel-come ta -
2. All kinds of peo-ple a-round that ta -
3. No fan-cy style at the wel-come ta -

ble. We're gon-na sit at the wel-come
ble. All kinds of peo-ple a-round that
ble. No fan-cy style at the wel-come

ta - ble one of these days, hal-le-lu-jah! We're gon-na
ta - ble one of these days, hal-le-lu-jah! All kinds of
ta - ble one of these days, hal-le-lu-jah! No fan-cy

Words & music: Traditional,
⊕ arr. by Mary Allen Walden, 1946- , © 1992 Unitarian Universalist Association

WELCOME TABLE
Irregular

sit at the wel - come ta - ble, gon - na
 peo - ple a - round that ta - ble, gon - na
 style at the wel - come ta - ble, gon - na

sit at the wel - come ta - ble one of these days.
 sit at the wel - come ta - ble one of these days.
 sit at the wel - come ta - ble one of these days.



HAPPENINGS

Only One More Week till UUSF's Holiday Fair - Sunday, December 3 at 12:30 pm

From Cheryl Deaner and Kathleen Quenneville, co-chairs of the Holiday Fair.

The Holiday Fair crew is getting excited about the fun we have ahead for you! Please note that Sunday, November 26, will be the last time we table before the holiday fair. The fair will be held on Sunday, December 3, after services.

If you were thinking of volunteering or supporting the fair in any way, now is the time to let us know! We have room for a few more vendors: one ticket taker, one food server, two wine pull table hosts, and two bartenders. Just go to Holidayfair@UUSF.org to volunteer, or see us this Sunday at our table in the gallery.

To make December 3rd easy, bring cash or a checkbook if you can. We can exchange credit card payments for tickets for the chili luncheon, the tea room, or the bar, but not all of our vendors take credit cards. And don't forget to wear your ugly sweater; you may win a prize!

And finally, if you would like to share your favorite memory of the Holiday Fair for December's Flame Plus, please email Julia Wald at jpwald@waldlawyers.com. How did the fair get started anyway? Does anyone remember? If so, please email Julia!

If you would like to find out more, see us at our table in the gallery after service. Or email us at HolidayFair@UUSF.org.



The Up On Top cookie sale will be at the Holiday Fair on December 3.

The sale funds holiday gifts and a party for the families in the after-school program started by our congregation. In an effort to become more sustainable, we are asking folks to drop off containers (think plastic with snap-on lids) after the service on November 26 (today) to package the cookies.

The Women's Rights Group - <https://www.uusf.org/womensgroup>

The next meeting of the The Women's Rights Group is scheduled for 10:00 am on Saturday, December 2 in the Fahs Room.

Save the date: A cocktail or pot luck dinner is tentatively planned for Angela Williams on the evening of Saturday, December 9. More details to follow. A SACReD welcome and celebration is planned for the weekend of December 10. Angela Williams of SACReD will be preaching the sermon on Sunday and presenting the congregation with a plaque and a banner. A workshop is in planning with Angela for the afternoon of Saturday, December 9 followed by a cocktail party. We need people to assist with set-up, serving.

Black, Indigenous, & People of Color Gathering - Dec. 3 from 9:30 am to 10:50 am, Stebbins Room

This sacred space is open to our members and friends who are Black, Indigenous and People of Color. The meeting takes place by Zoom and in-person in the Stebbins Room on the first Sunday of every month from 9:30-10:50am. If you are interested in attending or finding out more, please email bipoc@uusf.org. Please come join this space for joy, renewal, care and inspiration.

UU's for Justice In the Middle East Event - Saturday, December 9 from Noon to 3:00 pm, TSK Room

UU's for Justice in the Middle East—Bay Area chapter invites you to discuss Gaza after watching the film "Gaza Fights for Freedom" by Abby Martin about the non-violent protests there in 2018. We will serve lunch before the film. This debut feature film by journalist Abby Martin began while reporting in Palestine, where she was denied entry into Gaza by the Israeli government on the accusation she was a "propagandist." So Abby connected with a team of journalists in Gaza to produce the film through the blockaded border. It is a documentary about the historic Great March Of Return protests, which occurred every week from March 2018 until December 2019, but covers so much more.

Questions? Email humanrights@uusf.org

HAPPENINGS

Newcomer Orientation - Sunday, December 10 at 12:30 pm in the Fireside Room

Do you want to learn more about Unitarian Universalism? Join us in the Fireside Room after the service to meet some of our members and learn more about our congregation and Unitarian Universalism in the community.

Guest at Your Table Program

Every year from Thanksgiving through New Year's, thousands of Unitarian Universalists of all ages place Guest at Your Table boxes (or other special containers) on their dining tables or other family gathering places and "feed" these containers daily with contributions for the work of our denomination's "faith in action" organization, the Unitarian Universalist Service Committee. We learn about some of the grassroots partners the UUSC works with—the unseen "guests" at our tables—and the work they do to promote justice and create transformational solutions to the problems their communities and our world are facing. The ritual of making contributions to a Guest at Your Table box offers us an opportunity to set aside time daily to reflect on our UU commitment to social justice and human rights work and the meaning of the choices we make on a daily basis about our material resources.



Amid the commercial whirl of the holiday season, it gives all of us an opportunity to reflect on and share our many blessings and to connect with the deeper meaning of the season. For more information about this program and some of the work it supports at UUSC, please visit <https://www.uusc.org/>.

If you weren't at the service on 11/19 for this year's Guest at Your Table Program kickoff and box distribution, it's not too late to participate in this program. Boxes and information about the program will be available at the UUSC table after the service every Sunday through 12/16 and in the church office after that. You can also contact Linda Harris at linda.p.harris@gmail.org for more information.



THE ANNUAL VIGIL
Memorial for Homeless and Unstably Housed San Franciscans

Join us—people of all faiths, or no faith—to remember our neighbors who have died this year while living on the streets and on the margins of San Francisco.

THURSDAY, DECEMBER 14 | 5PM PST | CIVIC CENTER PLAZA
LIVE online at 5:30PM | www.facebook.com/sanfrancisconightministry/live/

Faithful Fools | ABD/Skywatchers | SF Night Ministry | SF Interfaith Council

Adult Spiritual Growth Classes (www.uusf.org/are)

Morning Meditation & Equanimity Practice

Morning Meditation - Tuesdays & Thursday, 8-8:30 am: A simple, centering loving kindness meditation practice which is appropriate for all religious backgrounds and levels of meditation. **Equanimity Practice** - Fridays, 8-8:30 am: A meditation practice on cultivating equanimity—that is, accepting the reality of life's highs and lows and developing an attitude of peaceful calm abiding throughout the inevitable changes. **Both on Zoom:** <https://bit.ly/3A8Zl73>

Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.


UUSF MEDIA

You can listen to our sermon-only podcasts at <https://bit.ly/SermonsUUSF>

Visit <https://bit.ly/ServicesUUSF> to listen to our complete service podcasts

Watch our videos at <http://www.youtube.com/c/UUSFMedia>

Go to our website at <https://www.uusf.org/>



"In Transition"
Sunday, November 19, 2023

WATCH LAST WEEKS SERVICE: <https://bit.ly/UUSFServices>