

"Understanding Autism, Each Other, and Ourselves"

Sunday, April 21, 2024

First Unitarian Universalist Society of San Francisco





Order of Service
Sunday April 21, 2024
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2024>

A Guide for Newcomers! - What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

Welcome to Worship!

UUSF no longer requires masks indoors on our premises,
following the lead of the San Francisco Department of Health.

We do, however, strongly recommend people to wear masks
or do anything else that protects and respects their own health and comfort.
There is a designated mask-only area on the far right side of the Sanctuary.

Prelude

Sonnet
Two Fantasias

E. de Valderabano
Anonymous / F. de Milano
Eric Hamilton, guitarist

Opening Words and Welcome

Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

[\(CLICK HERE OR TURN TO PAGES 6 & 7 TO VIEW HYMN\)](#)

Brief Invitations

Greeting One Another

Unison Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

**Doxology

TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Reflection

Tad Hopp, Worship Participant

Reflection

Santana McBride, Worship Associate

Music

Come Heavy Sleep

John Dowland
Eric Hamilton, guitarist

**Children/youth exit to classes during doxology.

Offering

Today's offering will go toward the **Autistic Self-Advocacy Network (ASAN)**. ASAN works to make our society more inclusive for autistic people, and they believe that autistic people should have a say in policies that affect them, per their motto: Nothing About Us, Without Us! More details are available at autisticadvocacy.org. To make a donation on Vanco (bit.ly/uusfpayments), using the Donate Button on our website, or by scanning the QR code below, please select the line for either Sunday Plate Offering or Special Sunday Offerings. The designation is important to ensure your gift gets applied correctly. If you are sending a check, please mark in the memo today's date, **04-21-24 "Sunday Plate"**



Offertory

Jesu, Joy of Man's Desiring

Johann Sebastian Bach
Eric Hamilton, guitarist

Sermon

"Understanding Autism, Each Other, and Ourselves"

Sam King

*Hymn 6

Just as Long as I Have Breath

NICHT SO TRAURIG

Ben Rudiak-Gould, song leader; Mark Sumner, pianist

[\(CLICK HERE OR TURN TO PAGE 8 TO VIEW HYMN\)](#)

*Benediction

Postlude

Fugue BWV 1000

Bach
Eric Hamilton, guitarist

*Please rise in body or spirit.



PARTICIPANTS

Worship Leaders

Sam King, Guest Preacher
Rev. Millie Phillips, Affiliated Community Minister
Santana McBride, Worship Associate
Tad Hopp, Worship Participant

Sunday Support

Shulee Ong, Camera; Eric Shackelford, Camera; Jackson Munn, Camera
Jonathan Silk, Communications Director
Thomas Brown, Jose Matias Pineda, Francisco Castellanos, Sextons
Amy Kelly, Flowers
Linda Messner, Head Usher

Musicians

Eric Hamilton, Guitarist
Mark Sumner, Pianist
Ben Rudiak-Gould, Songleader

ABOUT



Eric Hamilton has been a guitarist for over 50 years, performing from the West Coast to the East, Canada, the Caribbean, and Central America. He has taught music education in the Los Angeles and Oakland unified school districts, as well as recorded 14 CDs of music for solo guitar with large and small ensembles and a full orchestra. Eric will be returning to UUSF for a special Starr King Way Performance Series (SKWPS) Concert on Sunday, June 9 at 1:30 pm in the Chapel. You're all invited! For more information about the concert, go to www.uusf.org/skwps.

1053

How Could Anyone

$\text{♩} = 74$

F#m/C E/B F#m B7

How could an-y-one ev - er tell you_ you were

E C#m

an - y-thing less than beau - ti - ful?_ How could

F#m B7 E B7/F#

an - y-one ev - er tell you_ you were less than

Words & music: Libby Roderick, 1958 -, © 1988, 2004 Libby Roderick Music. All rights reserved.

How Could Anyone - 2

E/G# F#m/C E/B F#m B7

whole? How could an-y-one fail to no - tice — that your

E C#m A

lov - ing is a mir - a - cle? — How deep - ly you're con -

Opt. repeat	Last time
A/E	A/E
F#m/C#	E
E	E

B7

nec - ted to my soul. How could soul. —

6 Just as Long as I Have Breath

$\text{♩} = 120$

1. Just as long as I have breath, I must ans - wer,
 2. Just as long as vi - sion lasts, I must ans - wer,
 3. Just as long as my heart beats, I must ans - wer,

"Yes," to life; though with pain I made my way,
 "Yes," to truth; in my dream and in my dark,
 "Yes," to love; dis - ap - point - ment pierced me through,

still with hope I meet each day. If they ask what
 al - ways: that c - lu - sive spark. If they ask what
 still I kept on lov - ing you. If they ask what

I did well, tell them I said, "Yes," to life.
 I did well, tell them I said, "Yes," to truth.
 I did best, tell them I said, "Yes," to love.

⊕ Words: Alicia S. Carpenter, 1930- , © 1981 Alicia S. Carpenter
 Music: Johann G. Ebeling, 1637-1676,
 ⊕ harmony rev. by John Edwin Giles, 1949- ,
 © 1992 Unitarian Universalist Association

NICHT SO TRAURIG
 7.7.7.7.7.

TODAY!

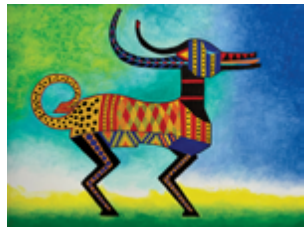
UUSF Annual Operating Fund Pledge Drive for 2024-25

"Oh, the days dwindle down to a precious few." - No, wait. That's a song about September, and it's only Spring at UUSF! Yet, the lyrics are on point because our Annual Pledge Canvass days are indeed dwindling. And we still have a big chunk of money to raise. Many members and friends have already expressed their support through their pledges. If you have not done so already, please submit your pledge form this week. For financial planning purposes, it is very important to get all pledges soon. Will we be able to afford to do all the things we enjoy about UUSF next year? Please join with us to make sure the answer is a resounding YES. Co-Chairs Jack and Sherry Delo will be at a table in the gallery to answer any of your questions. <https://www.uusf.org/pledge>



The Men's Story Project: Masculinities, Health and Social Justice - Sunday, April 21, 9:30 am TSK Room/Zoom

Sunday Forum with **Jocelyn Lehrer**. The Men's Story Project (MSP) is a research-based program aimed at promoting public dialogue about masculinity, addressing issues like reduced healthcare access, violence against women, homophobia, substance abuse, HIV/AIDS, and gender inequality. Founder/Director Dr. Joycelyn Lehrer has 25 years of experience in preventing gender-based violence, HIV/AIDS, and promoting healthy masculinities and gender equality. A light breakfast will be offered at 9:00 am. More info and links to Zoom: <https://www.uusf.org/forum>



Stop by the Kings Gallery to see the new artwork on display until April 29!

Now thru April 29, the UUSF Art Committee is featuring the artist Charles Dabo. Mr. Dabo aims to create artwork that connects to his cultural heritage and encourages contemplation and interest in various aspects. He uses geometric shapes in abstract compositions to explore optical illusions and traditional wisdom. Charles' work is characterized by vivid colors, stylized mythical animals, and geometric shapes associated with West African proverbs and legends. Elaine Pratt's new show "Digital Landscapes" will debut in May.

HAPPENINGS

Passover Seder - Friday, April 26, 6:30 pm, TSK Room

RSVP for the seder at <https://bit.ly/UuSeder2024>

Join us for a celebration of freedom, exploring the connection between ancient rituals and modern liberation struggles. Enjoy a potluck dinner, singing, and traditional Passover food. All ages are welcome. Volunteers are needed for set-up, clean-up, and dish sharing. A suggested donation of \$10-20 covers wine, food, and other costs. Contact Mia at miashackelford@gmail.com for ideas or to help organize this year's seder.



Animal Rights and the Law with Wayne Hsiung - April 28, 9:30 am TSK Room/Zoom

Wayne Hsiung is an attorney who is an internationally recognized animal rescuer and investigator. Wayne was recently jailed for 38 days for organizing a peaceful protest and the open rescue of chickens and ducks from factory farms in Sonoma County, California. He was facing a maximum 16-year prison sentence last month for rescuing beagles from the 2nd largest breeder of dogs for experimentation in the U.S., Ridglan Farms in Dane County, Wisconsin. Charges were abruptly dropped right before trial to keep hidden from the public various criminal abuses of the dogs. Wayne has since petitioned for a special prosecutor to charge Ridglan Farms. Wayne works for animals despite the efforts of powerful industries to stop him and the dangers of the factory farming system in this country. Join us for an engaging discussion and learn what you can do to help. A light breakfast will be offered at 9:00 am. More info and links to Zoom: <https://www.uusf.org/forum>



HAPPENINGS

Allyne Circle Honors Reception - Sunday, April 28, 12:30 pm, King Rooms

All are welcome to join us after service on Sunday, April 28 to honor the Allyne Circle: members of our community who generously remembered UUSF with a legacy gift. We'll gather to remember these members and express our gratitude. At the reception, we will unveil our refreshed plaque with a dozen new names on it as we enjoy a light lunch with the friends and family members of the Allyne Circle.

New UU! - Sunday, April 28, 12:30 pm–2:00 pm, in person at UUSF

New UU is an interactive class offered quarterly by Revs. Vanessa Rush Southern and Laura Shennum, which gives you the chance to get a deeper understanding of Unitarian Universalism and our congregation. If you're interested but not available for the next class, let [Emma Wakeling](mailto:emma.wakeling@uusf.org) know and we will reach out to you when we offer the class again: ewakeling@uusf.org. Register at <https://bit.ly/NewUu0428>



Barbara Jeanne Conahan Celebration of Life Memorial Service

Saturday, May 4, 12:00 pm, Sanctuary/Livestream

Barbara Jeanne Conahan passed away on March 12, 2024, at the age of 76, leaving behind a legacy of love, laughter, and enduring friendships. Read Barbara's obituary to learn more about her at <https://legcy.co/49oHLuG>.

Watch the memorial service in person or online at <https://bit.ly/UUBarbService>.

Extravaganza of Joy: Karaoke Version!! - Friday, May 10, 6-8:30 pm



Join us for the final Extravaganza of Joy on Friday, May 10! We will have a hosted Karaoke Night with **Tami Gosnell**, whom Revs. Shennum and Southern got to see in action last summer during the retreat! Tami is a hoot and knows how to bring people out of their shell! All ages, singing abilities, and talents are encouraged to attend! Attendees will provide a joyful potluck dinner. Let's wrap this year up with some good food and a joyful time! To register and let us know you are coming, use the link provided: <https://bit.ly/UuMayJoy>



UUSF All Church Retreat! - Saturday, May 25 - Mon, May 27

The CYO Retreat Center in Sonoma Country offers a rejuvenating retreat experience with friends and family. Participants can enjoy s'mores, singing songs, and stargazing at the campfire. The center features comfortable dormitory cabins, showers, bathrooms, a swimming pool, pond for canoeing, archery, tennis, basketball courts, and beautiful trails. Age 3 and under are free, while other participants pay \$250. Participants can contact **Alicia Cover** at acover@uusf.org for questions. The deadline is May 12. Register: <https://bit.ly/UUSFRetreat2024>. To apply for a scholarship: <https://bit.ly/UusfRetreatScholarship>. The deadline for scholarships is May 5.



Adult Spiritual Growth Classes (www.uusf.org/are)

Ministers' Book Group: April and May - On Repentance and Repair, by Rabbi Danya Ruttenberg

In April and May, Revs. Shennum and Southern will lead three sessions on Rabbi Ruttenberg's book, *On Repentance and Repair: Making Amends in an Unapologetic World*. This book is the UUA Common Read for this year and offers a framework for how we look at making amends and how we work toward forgiveness and repair that applies to both personal transgressions and the legacy of larger societal systemic harms (like the legacy of enslavement, sexual harassment and violence, Native genocide, and displacement) Rabbi Ruttenberg draws from the work of the great medieval Jewish philosopher Maimonides. Please join us as we think concretely about what healing and hope might look like and the tools we might gather to be part of that work. The sessions will be held on Zoom on **April 24th, and May 8th from 6:30–8 pm**. Register at <https://www.uusf.org/are>

Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

CONGREGATIONAL COVENANT (under construction)

In an effort to make the world a better place, we support each other's journey to seek truth with openness, curiosity and respect for different perspectives and paths.

As love is our spirit, we commit to respect, accept, listen to and support each other.

We hold ourselves and each other accountable by continually assessing our individual and community actions toward living into our covenant. This will include speaking up when someone's actions are not aligned.

We commit to be in community with openness and loving kindness, acknowledging our own biases and differing perspectives.

UUSF MEDIA

View our videos <http://www.youtube.com/c/UUSFMedia>
Check out our Podcasts <https://www.uusf.org/worship-archives>
Go to our website at <https://www.uusf.org/>



"Perspectives on Earth"
Sunday, April 14, 10:50 am, 2024

WATCH LAST WEEKS SERVICE: <https://bit.ly/UUSFServices>