

# "Gaining Our Freedom"

Sunday, September 1, 2024, 10:50 am

First Unitarian Universalist Society of San Francisco



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**Order of Service**  
**Sunday September 1, 2024**  
**10:50 AM - 12:15 PM**

Livestreamed at [bit.ly/uusfmedia](https://bit.ly/uusfmedia)

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2024>

A Guide for Newcomers! - What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

**Welcome to Worship!**

UUSF no longer requires masks indoors on our premises,  
following the lead of the San Francisco Department of Health.

We do, however, strongly recommend people to wear masks  
or do anything else that protects and respects their own health and comfort.  
There is a designated mask-only area on the far right side of the Sanctuary.

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Prelude      *Marching in the Street*

Rockin' Solidarity Labor Chorus; Pat Wynne, Director

Opening Words and Welcome

Rev. Vanessa Rush Southern, Senior Minister

Unison Chalice Lighting

Rev. Millie Phillips, Affiliated Community Minister

We light this chalice for the light of truth,  
the warmth of love,  
and the fire of commitment.  
We light this symbol of our faith  
as we gather together.

\*Hymn 157

*Step by Step the Longest March*

SOLIDARITY

Andrew Kessler, songleader; Mark Sumner, pianist

[\(CLICK HERE OR TURN TO PAGE 6 TO VIEW HYMN\)](#)

Brief Invitations

Lucy Smith, Board Secretary

Greeting One Another

Unison Covenant

Dennis Adams, Worship Associate

Love is the spirit of this church, and service is its prayer.  
This is our great covenant: to dwell together in peace,  
to seek the truth in freedom, and to help one another.

\*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and  
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5  
faith a - rise; Let peace, good - will on earth be sung through  
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8  
ev - ery land, by ev - ery tongue.  
ca - da tie - rra, ca - da voz. A - men.

Reflection

Dennis Adams

Music

*Ain't You Got a Right  
We Were There*

Rockin' Solidarity Labor Chorus; Pat Wynne, Director

Offering

Today's offering will go to support The First Unitarian Universalist Society of San Francisco. To make a donation on Vanco ([bit.ly/uusfpayments](https://bit.ly/uusfpayments)), using the Donate Button on our website, or by scanning the QR code below, please select the line for either Sunday Plate Offering or Special Sunday Offerings. The designation is important to ensure your gift gets applied correctly. If you are sending a check, please mark in the memo today's date, 09-01-24.



Offertory Music    *Mujeres de la Maquila*  
                          *No Sweat*

Rockin' Solidarity Labor Chorus; Pat Wynne, Director

Sermon        "Gaining Our Freedom"

Rev. Millie Phillips

\*Hymn 1007                      *There's a River Flowing in My Soul*                      Rose Sanders and Kenny Smith  
   Andrew Kessler, songleader; Mark Sumner, pianist

[\(CLICK HERE OR TURN TO PAGES 7 & 8 TO VIEW HYMN\)](#)

Benediction

Rev. Millie Phillips

Postlude                      *We Shall Overcome*

Rockin' Solidarity Labor Chorus; Pat Wynne, Director

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\*Please rise in body or spirit.



## PARTICIPANTS

### **Worship Leaders**

Rev. Millie Phillips, Affiliated Community Minister

Rev. Vanessa Rush Southern, Senior Minister

Dennis Adams, Worship Associate

Lucy Smith, Board Secretary

### **Sunday Support**

Eric Shackelford; Shulee Ong; Francisco Castellanos, Camera Operators

Jonathan Silk, Communications Director

Thomas Brown, Jose Matias Pineda, Francisco Castellanos, Sextons

Judy Payne, Flowers

Linda Messner, Head Usher

### **Musicians**

Rockin' Solidarity Labor Chorus

Pat Wynne, Labor Chorus Director

Andrew Kessler, Songleader

Mark Sumner, Pianist

## ABOUT

**Rev. Millie Phillips** is affiliated to UUSF as a community minister and works as the Contra Costa County organizer for the Faith Alliance for a Moral Economy (FAME), a project of the East Bay Alliance for a Sustainable Economy (EBASE). Before training to be a minister, she had extensive experience as a labor union activist.

**The Labor Heritage/Rockin' Solidarity Chorus** is based in the San Francisco Bay Area and is made up of workers from many unions, as well as students and independent folks who love to sing. We are dedicated to building more democracy and representation within our unions and we come together to celebrate our love of music and workers' culture. The Chorus is directed by musician and labor organizer **Pat Wynne**. Under her leadership, we borrow from many musical traditions such as South African and Gospel; traditional and newly composed labor songs; songs in Yiddish, Latin, Spanish and Xshosha; and parodies of popular songs created in the Joe Hill tradition. Pat Wynne's musical mission is to create a new canon of labor music that better reflects the diversity of our working population. Our accompanist and Pat Wynne's musical collaborator is Bernard Gilbert.

# Step by Step the Longest March

157

*♩ = 72 Unison*

*Fm Bbm*

Step by step the long-est march can be won, can be

*Fm Db Bbm Fm C7*

won. Man-y stones can form an arch, sin-gly none, sin-gly

*Fm Db Bbm*

none. And by un-ion, what we will can be ac-com-plished

*C7 Ab Db Fm C7 Fm*

still; drops of wa-ter turn a mill, sin-gly none, sin-gly none.

Words: Anon.

⊕ Music: Irish folk song, adapt. and arr. by Waldemar Hille, 1908-1996,  
© 1969 by Waldemar Hille

SOLIDARITY  
7.6.7.6 D.

LABOR AND LEARNING

# 1007      There's a River Flowin' in My Soul

Slow gospel feel   ♩ = 120

*Chord progression: Eb Eb7 Ab/C Eb Bb7*

There's a riv-er flow-in' in my soul. heart. mind.

*Chord progression: Eb Eb/G Bb*

There's a riv-er flow-in' in my soul. heart. mind.

*Chord progression: Bb7 Eb Eb/G Eb/Bb G*

And it's tell - in' me that I'm some - bo - dy.

Words & music: Rose Sanders, 1945 - ,  
arr. Kenny Smith, 1965 -



There's a River Flowin' in My Soul - 2

Cm A<sup>b</sup> sus2 E<sup>b</sup> A<sup>b</sup> E<sup>b</sup>

— There's a riv-er — flow-in' in my soul. heart. mind.

1, 2 3 *Sing this section several times* A<sup>b</sup>

There's a riv-er flow-in'. There's a

Last time E<sup>b</sup> A<sup>b</sup> E<sup>b</sup>

riv-er flow-in' in my soul.



## TODAY!

### Calling All Artist's for the UUSF Friends and Family Art Show 2024

Bring your artwork to contribute to the Friends and Family Group Art Show! Participation is open to UUSF members, family, and friends, with a maximum of three pieces per artist. All artwork must be ready to hang on the wall. Art Intake Sunday, September 1, 9:00 a.m.–2:00 p.m. The Art Committee is also looking for volunteers to hang artwork. For questions or to learn more, contact Paul Kensinger at [clrqest@aol.com](mailto:clrqest@aol.com) or 415-467-9337. Join us for an Artist's Reception on Sunday, September 8 from 12:30 p.m.–3:00 p.m in the King Rooms.

### Newcomer Orientation - Sunday, September 1, 12:30 pm, Fireside Room

Those who are new to our church are encouraged to come and join us in the Fireside Room after the service so that they can get to know some of our members and learn more about Unitarian Universalism and our congregation. You will get the opportunity to meet other people in the community, ask any questions that you might have, and learn how to become involved in our activities and ministries. This is a wonderful opportunity.

### Registration for Sunday School Class Now Open!

This year's programming begins with our annual waffle breakfast on Sunday, September 8 at 9:30am. The breakfast is free and open to everyone in our Sunday School community, whether it's your first time at UUSF or your 500th. We hope to see you there! Registration is open for the 2024-25 school year! Please register your children and youth by going to <https://bit.ly/UUSF-RE2024> or scan the QR code. More info at <https://www.uusf.org/cre>



## HAPPENINGS

### UUSF's Garden Party Auction - Sunday, October 20, 12:30 pm

On Sunday, October 20th, UUSF will host its Garden Party Auction, featuring African daisies, asters, sunflowers, mums, and azaleas. The event includes food, music, and a plant show. Membership is open, and donations can be made online, at the gallery, or in-person. Click the link: <https://bit.ly/uusfauction-2024> or scan the QR code to donate or buy tickets!



### Happy Birthday To You!! - Sunday, September 8, 12:30 pm, Gallery

Is your birthday in July, August, or September? If so, then stop by the Birthday Table in the gallery after service to pick up your birthday surprise! We will celebrate the next quarter of birthdays in December.

### Forum: This Election Will Reverberate for Two Generations. Sunday, September 8, 9:30 am, TSK Room/Zoom

Join Church member Cal Ball for a Sunday Forum discussing the election and its impact on democracy. He will discuss attempts to undermine democracy, the Supreme Court's role, and the importance of voting rights for marginalized communities. A light breakfast will be available beginning at 9:00 a.m. Zoom link and more information go to <https://www.uusf.org/forum>

### 20s & 30s: Spiritual Discussion Group: September dates: Tuesday the 10th (in-person at UUSF) and Tuesday the 24th (Zoom), both 6:30 PM-8:00 pm.

Join the 20s & 30s Spiritual Discussion Group for spiritual reflection and discussion, open to all aged 18-39. Sessions are drop-in, in-person or online, and focus on Soul Matters themes. Topics include invitation, deep listening, and repair. Questions? Email [ewakeling@uusf.org](mailto:ewakeling@uusf.org)

**UUSF WILL BE CLOSED ON 9-02-24.**

**HAPPY LABOR DAY!!!**

# HAPPENINGS

## **Party for Democracy Sunday, September 15, 12:30, TSK Room**

Party for Democracy features food, music, and election updates. National phone banking starts August 27th and continues weekly through October. UU Phoenix invites volunteers for door-to-door canvassing in Arizona, and donors can support UU the Vote activities through Fund-a-Need.

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## **Join us for an Appreciation Lunch then Music with Up On Top! Sunday, September 22, 12:30 pm, TSK Room**

On September 22, Up On Top, an afterschool program for kindergarten to fifth-grade kids in Tenderloin and Western Addition, invites attendees for an appreciation lunch and Starr King Way Performance Series.

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## **Starr King Way Performance Series (SKWPS) - Sunday, September 22, 1:30 pm, Sanctuary**

SKWPS presents Christoph Wagner and Joanne Kong in an uplifting musical journey on September 22nd. Up On Top provides lunch, and a suggested donation of \$20 is requested. Support ARTS at UUSF for the upcoming season. Learn more at <https://www.uusf.org/skwps>

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## **Soul Matters** (<https://uusf.org/#soul-matters>)

### **The Invitation to Play - Saturday, September 14, 1:00-4:00 pm, TSK Room**

Join Michael Bossier and Mari Magaloni Ramos for a playful session on September 14, focusing on exploring one's voice, building community, and cultivating a deeper self. To register go to <https://uusf.org/#soul-matters>

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### **Minister's Book Group - Wednesday, September 18, 6:30-8 PM (Zoom)**

Minister's Book Group will discuss Faithful Practices by Erik Walker Wikstrom, featuring diverse contributors sharing their spiritual practices in everyday life, offering inspiration for those seeking spiritual growth. Lead by Rev. Laura Shennum. To register go to <https://uusf.org/#soul-matters>

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### **Craft the Theme Small Group - Sunday, September 22, 1:00-3:00 pm, Art Room**

Come engage in a small group process with craft materials and express what the theme means to you. This small group does not require a full year commitment. You are welcome to bring your own supplies, and supplies will be provided. To register go to <https://uusf.org/#soul-matters>

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### **Soul Matters Groups - Small Group Ministry**

UUSF's small group ministry program offers monthly themes-focused, twice-monthly groups led by trained facilitators. Register and inquire about the program. Learn more about Small Group Ministry at <https://www.uusf.org/sgm> To register go to <https://uusf.org/#soul-matters>

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## **Adult Spiritual Growth Classes** ([www.uusf.org/are](http://www.uusf.org/are))

### **BIPOC Small Group - Deepening Series - Third Sundays starting September 15 from 1:00-3:00 pm**

BIPOC Small Group - Deepening Series, led by Rev. Seanan Fong, will provide a space for the BIPOC community to engage in spiritual themes and practices. To register go to <https://uusf.org/are#bipoc-small-group>

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### **Creating Your Own Theology Three Part Series - First Set: Thursdays, October 3-24, 6:00 pm-8:00 pm**

Rev. Laura Shennum's three-part series, "Creating Your Own Theology," will explore personal beliefs, systems, and integrating theology into communal theology, fostering deepening commitments in a covenantal faith community. To register go to <https://www.uusf.org/are>

# Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109

415-776-4580 / [info@uusf.org](mailto:info@uusf.org)

## OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

## OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

## CONGREGATIONAL COVENANT (under construction)

In an effort to make the world a better place, we support each other's journey to seek truth with openness, curiosity and respect for different perspectives and paths.

As love is our spirit, we commit to respect, accept, listen to and support each other.

We hold ourselves and each other accountable by continually assessing our individual and community actions toward living into our covenant. This will include speaking up when someone's actions are not aligned.

We commit to be in community with openness and loving kindness, acknowledging our own biases and differing perspectives.

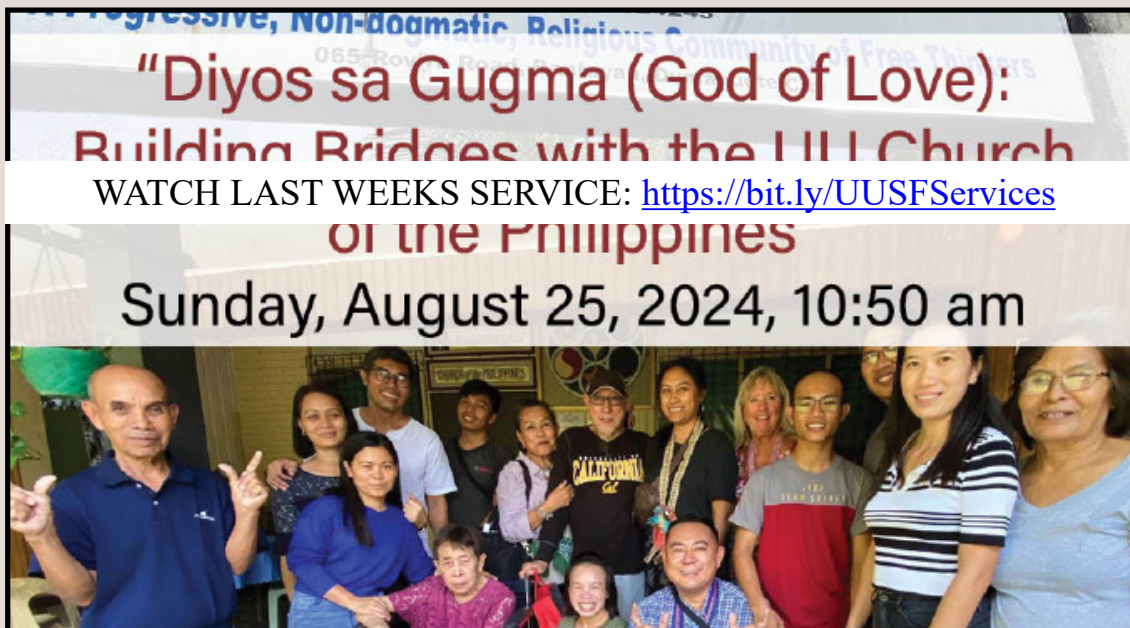
We welcome the newcomer, we commit to building trust with each other, we celebrate differences and make space for repair when harm occurs.

## UUSF MEDIA

View our videos <http://www.youtube.com/c/UUSFMedia>

Check out our Podcasts <https://www.uusf.org/worship-archives>

Go to our website at <https://www.uusf.org/>



Scan the QR code ↑ to  
visit our UUSF Media  
YouTube channel and  
view upcoming and  
previously recorded  
services.