

"Listening Deeply to Hear if We Got the Story Right"

Sunday, October 13, 2024, 10:50 am

First Unitarian Universalist Society of San Francisco



Order of Service
Sunday October 13, 2024
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2024>

A Guide for Newcomers - What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

Welcome to Worship!

UUSF no longer requires masks indoors on our premises,
following the lead of the San Francisco Department of Health.

We do, however, strongly recommend people to wear masks
or do anything else that protects and respects their own health and comfort.
There is a designated mask-only area on the far right side of the Sanctuary.

Stay Engaged: Explore Our Busy Hand Activity Station

Did you know we have a busy hand activity station at the back of the sanctuary for all ages?

You can find fidget toys, coloring, and so much more.

Check it out if you need something to keep your hands busy during the service.

Please return items before you leave the sanctuary.

Prelude *Many and Great, O God* Joseph Renville
Nancy Munn, Akané Ota, Ben Rudiak-Gould, Andy Kessler, soloists; Wm. García Ganz, pianist

Opening Words and Welcome

Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

*Hymn 112

Do You Hear?

FOUNDATION

[\(CLICK HERE OR TURN TO PAGES 6-7 TO VIEW HYMN\)](#)

Time for All Ages "True Story of the Three Little Pigs" by Jon Scieszka Rev. Laura Shennum,
Minister of Congregational Life

Greeting One Another

*Unison Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Reflection

Mari Magaloni Ramos, Worship Associate

Offering

This morning's offering will benefit **End of Life Choices California (EOLCCA)**. End of Life Choices California empowers Californians with knowledge, support, and personal guidance to navigate terminal illness and end of life, offering hope, dignity, and autonomy. More about them on [page 5](#). To make a donation on Vanco (bit.ly/uusfpayments), using the Donate Button on our website, or by scanning the QR code below, please select the line for either Sunday Plate Offering or Special Sunday Offerings. The designation is important to ensure your gift gets applied correctly. If you are sending a check, please mark in the memo today's date, 10-13-24.

DONATE



Offertory Music *Welcome Song* from *Borders*

John Muehleisen

Quodlibet featuring: The traditional songs: As a beam o'er the face of the waters may glow,
a traditional Irish folksong; Fanga Alafia, a traditional African Welcome Song; Arirang, a traditional Korean
folksong; and a dance tune from Arabic Andalusia

UUSF Choir, Mark Sumner, director

Meditation

Kate Steinberg, Ministerial Intern

In Words

In Silence...

*During this time if you have lost someone close to you in the past year,
we invite you to stand or raise your hand in silent witness.*

In Music

Reading

Anthem *Cuenten las Maravillas del Senor*

Tony Alonso/arr. Chris de Silva

UUSF Choir, Mark Sumner, director; Wm. García Ganz, pianist

Sermon "Listening Deeply to Hear if We Got the Story Right"

Rev. Vanessa Rush Southern

*Hymn 1017

Building a New Way

Martha Sandefer

[\(CLICK HERE OR TURN TO PAGES 8-9 TO VIEW HYMN\)](#)

Invitations

Let's go to the garden party
to bid hello to our old friends
A chance to share our memories
and figure, how to spend.

When you get to the garden party
we'll wish you a lot of luck.
Just sit and watch; have a cup of tea
or how to spend a buck.

CHORUS:
Buy a ticket now!
Check out the Silent Auction! How?
Just look here (*);
click on the catalog
and then, go treat yourself.

Joe Smiell and his Bavarian Band,
a costume contest and a flower tattoo
a photo booth, and more is planned
so much to ballyhoo.

A plant sale at this garden party.
Asian fare at this Oktoberfest!
So much to share, nothing can compare
as we, take stock in how we're blessed.

CHORUS:
CHORUS repeated:
then 'la la la' over music (third chorus)

*Benediction & Extinguishing of the Chalice

Postlude *The Dirt is Red Here* from *Earth Speaks*

Reena Esmail
Nancy Munn, Akané Ota, soloists

*Please rise in body or spirit.

PARTICIPANTS

Worship Leaders

Rev. Vanessa Rush Southern, Senior Minister
Rev. Laura Shennum, Minister of Congregational Life
Kate Steinberg, Ministerial Intern
Mari Magaloni Ramos, Worship Associate

Sunday Support

Eric Shackelford; Shulee Ong; Francisco Castellanos, Camera Operators
Jonathan Silk, Communications Director
Thomas Brown, Jose Matias Pineda, Francisco Castellanos, Sextons
Amy Kelly, Flowers
Linda Messner, Head Usher

Musicians

UUSF Choir
Mark Sumner, Music Director
Nancy Munn, Akané Ota, Ben Rudiak-Gould, Andy Kessler, soloists
Wm. García Ganz, pianist

ABOUT

At **End of Life Choices California (EOLCCA)**, our core mission is to empower Californians with knowledge, support, and personal guidance. We are here to help navigate the deeply personal journey toward a peaceful and dignified end of life. Terminal illness and the prospect of dying can feel overwhelming. Our organization stands as a beacon of hope, dignity, and autonomy in the face of this challenge. We offer a helping hand to those facing the most challenging moments of their lives. EOLCCA is a volunteer-powered organization dedicated to restoring control and autonomy for individuals with terminal illnesses, promoting dignity and informed choices in end-of-life care. More information can be found on their website at <https://endoflifechoicesca.org/>

Join us today for a presentation from 1:00 to 2:30 pm in the TSK Room led by Reina Galanes, End of Life Choices California Board Member, who will discuss the importance of sharing values and end-of-life wishes with loved ones; legal end-of-life options; and the resources and support provided by End of Life Choices California. Refreshments provided.

$\text{♩} = 84$ Unison

1. Do you hear, oh my friend, in the
 2. Through the roar, through the rush, through the
 3. From the place where you stand to the

place where you stand, through the
 through, through the crush, do you
 out - er - most strand, do you

sky, through the land, do you hear, do you hear? In the
 hear in the hush of your soul, of your soul? Hear the
 hear, oh my friend, do you hear, do you hear? All the

heights, on the plain, in the vale, on the main, in the
 cry fear won't still, hear the heart's call to will, hear a
 dreams, all the dares, all the sighs, all the prayers—they are

Another harmonization, 69

⊕ Words: Emily L. Thorn, 1915–, © 1992 Unitarian Universalist Association

Music: William Caldwell's *Union Harmony*, 1837,

harmony by Eugene Wilson Hancock, 1929–, © 1984 Eugene Hancock

FOUNDATION
6.6.6.6.D.

COMMITMENT AND ACTION

sun, in the rain, do you hear, do you hear?
sigh's star-tling trill in your soul, in your soul?
yours, mine, and theirs—do you hear, do you hear?



1017 Building a New Way

Swing 128
Rock feel, swing eighths ♩ = 116

Cm7

1. We are build - ing
(2. We are work) - ing

G7

— a new way. — We are build -
— to be free. — We are work -

G7sus

ing — a new way. —
ing — to be free. —

Detailed description: The musical score is written for a vocal line and a piano accompaniment. The key signature has three flats (Bb, Eb, Ab) and the time signature is 4/4. The tempo is marked 'Swing 128' and the feel is 'Rock feel, swing eighths' with a tempo of 116 beats per minute. The score is divided into three systems. The first system starts with a Cm7 chord and contains the first two lines of the vocal melody and piano accompaniment. The second system features a G7 chord and continues the melody and accompaniment. The third system features a G7sus chord and concludes the piece. The piano accompaniment consists of a rhythmic pattern in the right hand and a more melodic line in the left hand, often using chords and single notes.

Words & music: Martha Sandefer, 1952 - , © 1986 Martha Sandefer,
⊕ arr. Jim Scott, 1946 -

Building a New Way - 2

Cm7

We are build - ing a new way, — feel - ing strong -
We are work - ing to be free — hate and greed

Fm7 Cm7

er ev' - ry day, — We are build - ing —
— and jeal - ous-y. — We are work - ing —

G7 Cm7 1, 2, 3 G7(#9) 4 Cm9

— a new way. —
— to be free. —

3. We can feed our every need (3X)
Start with love, that is the seed.
We can feed our every need.

4. Peace and freedom is our cry (3X)
Without these this world will die.
Peace and freedom is our cry.

TODAY!

Californians United for a Responsible Budget - Closing Prisons in California - Sunday, October 13, 9:30 am

Californians United for a Responsible (CURB) is a coalition of over 80 grassroots organizations working together to reduce the number of incarcerated people in California, reduce the number of jails and prisons in the state, and shift wasteful spending away from incarceration and towards healthy community investments. Tannah and Olivia will be sharing more about California's prison system, the campaign, and urgent ways to take action ahead to protect our progress and defeat harmful propositions like Prop 36 on this November's ballot. Zoom: <https://t.ly/101324UUForum>. You can phone in at +1 669 444 9171. Meeting ID: 917 8229 4250 Passcode: 36289. A light breakfast will be available beginning at 9:00 a.m.

Spread Kindness: UUSF Card Ministry

Plan to stop by the card ministry table after the service. You will have a chance to write a card to those in our community who have experienced illness or loss, as well as a chance to thank those who are serving our community. We provide cards, notes, stickers, and postage.

UUs for Justice in the Middle East Fundraiser for Families in Gaza - Sunday, October 13, 12:30 pm, Fireside

We invite you to a fundraising event in support of four families in Gaza. Come hear their personal stories and learn how UUSF can support those in dire need in Palestine. Speakers will include Rabbi Lynn Gottlieb from Jewish Voice for Peace and Allison Tanner. Lunch and refreshments will be provided. Contact Bresha Younger at breshayounger@gmail.com for more information. Zoom Link: <https://t.ly/UUJLM1013>

Advance Care Planning and End-of-Life Options in California - Sunday, October 13, 1:00-2:30 pm, TSK Room

On October 13, a volunteer from End-of-Life Choices California will discuss California's advanced care planning and end-of-life options. The Reina Galanes, End of Life Choices California Board Member, will discuss the importance of sharing values and end-of-life wishes with loved ones; legal end-of-life options; and the resources and support provided by End of Life Choices California. Legal end-of-life options in California include stopping unwanted medical treatments; hospice care; palliative care; voluntarily stopping eating and drinking (VSED); and California's End of Life Option Act (also known as medical aid in dying). Refreshments will be provided. Questions? Contact Rev. Laura at lsheenum@uusf.org.

Vote Forward: Return Letters & Join Phone Banking

Return all Vote Forward letters today, October 13th. National phone banking continue Tuesdays through October. Signup for Phone Banks <https://uuthevote.org/get-involved/>

UPCOMING HAPPENINGS

UUSF's October 20th Live Auction and Garden Party is Right Around the Corner

Now is the time to purchase tickets for the Live Garden Party and Auction on October 20th at <https://t.ly/uuauction2024>. Don't wait to the last minute! Buying tickets now will allow you to breeze through the auction line on October 20th. Also, check out our Silent Auction by clicking on the "Auction Catalog," <https://t.ly/uuauction2024> where you will find many items, outings, and community parties. The church is hosting a garden party plant sale and Oktoberfest event on October 20th. Donations are welcome between October 13-19. The event features Asian and German food, beverages, pretzels, and desserts, with vegan and gluten-free options. Activities include a poker raffle, flower tattoos, photo booth, silent auction bidding, and costume contest. Children and teen activities are also available. Questions? Email us at auction@uusf.org or see our table in the Gallery before or after church.



DONATE WINE FOR A GOOD CAUSE - QUALITY BOTTLES OF WINE DONATIONS NEEDED FOR THE AUCTION

We need your wine bottle donations in order to create cases of wine to auction off at this year's auction. Please consider donating a \$20+ bottle of wine to support this major fundraising event for the UUSF. You can drop off your bottles of wine at the front desk at church during the week or at the Auction table in the Gallery on Sundays. For additional information, contact Thad Smith at 630smith@gmail.com.

SOUL MATTERS (<https://www.uusf.org/soulmatters>)

October: The practice of Deep Listening

Listening helps us find our way. The listening of therapists allows us to navigate our way through life. We turn to prayer to hear God's guidance. We listen to experts so we can get ahead. Like a flashlight that leads us through the darkness, listening helps us stay on course. And yet maybe there's more to it than that. What if listening doesn't just guide us through the world but also creates our world? That sacred space of being deeply listened to isn't just calling us home; it is home. We don't have conversations; we are our conversations. Listening literally constructs the world we live in. And whom we become. One wonders if this is why the poet Joyce Kilmer says, "Listen carefully. Your whole life might depend on what you hear."

To learn more go to <https://www.uusf.org/soulmatters>

Minister's Book Group - Wed, Oct. 16, 6:30-8 PM (Zoom)- "Touch the Future: A Manifesto in Essays"

In this month's discussion led by Rev. Vanessa Southern, we explore Deep Listening with John Lee Clark's collection of essays on the DeafBlind experience. Born Deaf into an ASL-speaking family, Clark became blind by teen years, leading the Protactile movement. His book is considered a "manifesto on the power and untapped potential of touch." To register go to <https://www.uusf.org/are>

Adult Spiritual Growth Classes (www.uusf.org/are)

Register for New UU Class - Sunday, October 27, 1:00 pm to 3:00 pm, Fireside Room

Revs. Vanessa Rush Southern and Laura Shennum offer New UU, an interactive class that offers a deeper understanding of Unitarian Universalism and our congregation. Taking the class is also one of the steps to becoming a member; however, everyone is welcome, no matter their interest in joining UUSF. To register go to <https://uusf.org/membership#newuu>

WELCOME TO WORSHIP!

If you're new, please familiarize yourself with the guidance and support available on Sundays below. If you have any questions, an usher, greeter, or member of staff will be happy to help.

COVID-19: UUSF no longer requires masks indoors on our premises, following the lead of the San Francisco Department of Health. We do, however, encourage people to wear masks or do anything else that protects and respects their own health and comfort. There is a designated mask-only area on the far right side of the Sanctuary. If you feel unwell, please stay home and enjoy the service at home via livestream. (bit.ly/uusfmedia)

BUSY HANDS: Explore our Busy Hands activity station located at the back of the sanctuary. You will find things like fidget toys and coloring for all ages to help you keep your hands busy during service. Please return items before leaving the sanctuary.

Pets: If you came with your pet, there is a pet-friendly section on the furthest section on the left toward the front of the sanctuary.

HEARING ASSISTANCE DEVICE: We can provide hearing assistance devices for the service. These are with the ushers in the back of the sanctuary, who will help you get oriented and comfortable with one.

CANDLES: In Unitarian Universalism we light candles to recognize sacred time, honor loved ones, mark important life events, and more. If you have something on your mind for which you'd like to light a candle, you are invited to come forward and light one silently during service.

SOCIAL HOUR: Everyone is welcome and invited to join us at social hour after service. This is normally in the courtyard (when weather permits) or in our Thomas Starr King room at the end of the hallway outside of the sanctuary. Help yourself to beverages and snacks!

Welcome to UUSF: Connect and Discover

NEW TO UUSF? Complete a Connections form to receive our newsletter, which includes a link to the Order of Service and Sunday Livestream. If you're at UUSF in person, you can find a yellow connections card at the welcome table in the gallery outside the sanctuary or in a pew in front of you. You can also fill it out online at <https://bit.ly/uuconnections2024>.

A GUIDE FOR NEWCOMERS: What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

You're invited to the next UUSF Board Meeting! - 3rd Tuesday of the month from 6:30 PM - 8:30 pm

The board meeting is open to UUSF members both in person and via Zoom. The board meeting meets the 3rd Tuesday of the month from 6:30 p.m. to 8:30 p.m., and members are recognized and allowed to share (briefly) a thought or concern at the beginning of the meeting, but can stay for the whole meeting if they wish. Meetings take place in the Fireside Room. You can also join via Zoom; email the Secretary of the Board for the Zoom link: secretary@uusf.org.

Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109

415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

CONGREGATIONAL COVENANT (under construction)

In an effort to make the world a better place, we support each other's journey to seek truth with openness, curiosity and respect for different perspectives and paths.

As love is our spirit, we commit to respect, accept, listen to and support each other.

We hold ourselves and each other accountable by continually assessing our individual and community actions toward living into our covenant. This will include speaking up when someone's actions are not aligned.

We commit to be in community with openness and loving kindness, acknowledging our own biases and differing perspectives.

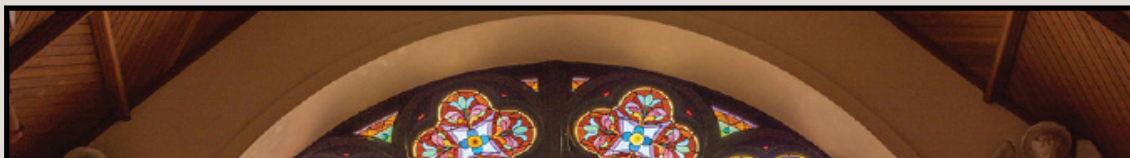
We welcome the newcomer, we commit to building trust with each other, we celebrate differences and make space for repair when harm occurs.

UUSF MEDIA

View our videos <http://www.youtube.com/c/UUSFMedia>

Check out our Podcasts <https://www.uusf.org/worship-archives>

Go to our website at <https://www.uusf.org/>



WATCH LAST WEEKS SERVICE: <https://bit.ly/UUSFServices>



Scan the QR code ↑ to visit our UUSF Media YouTube channel and view upcoming and previously recorded services.