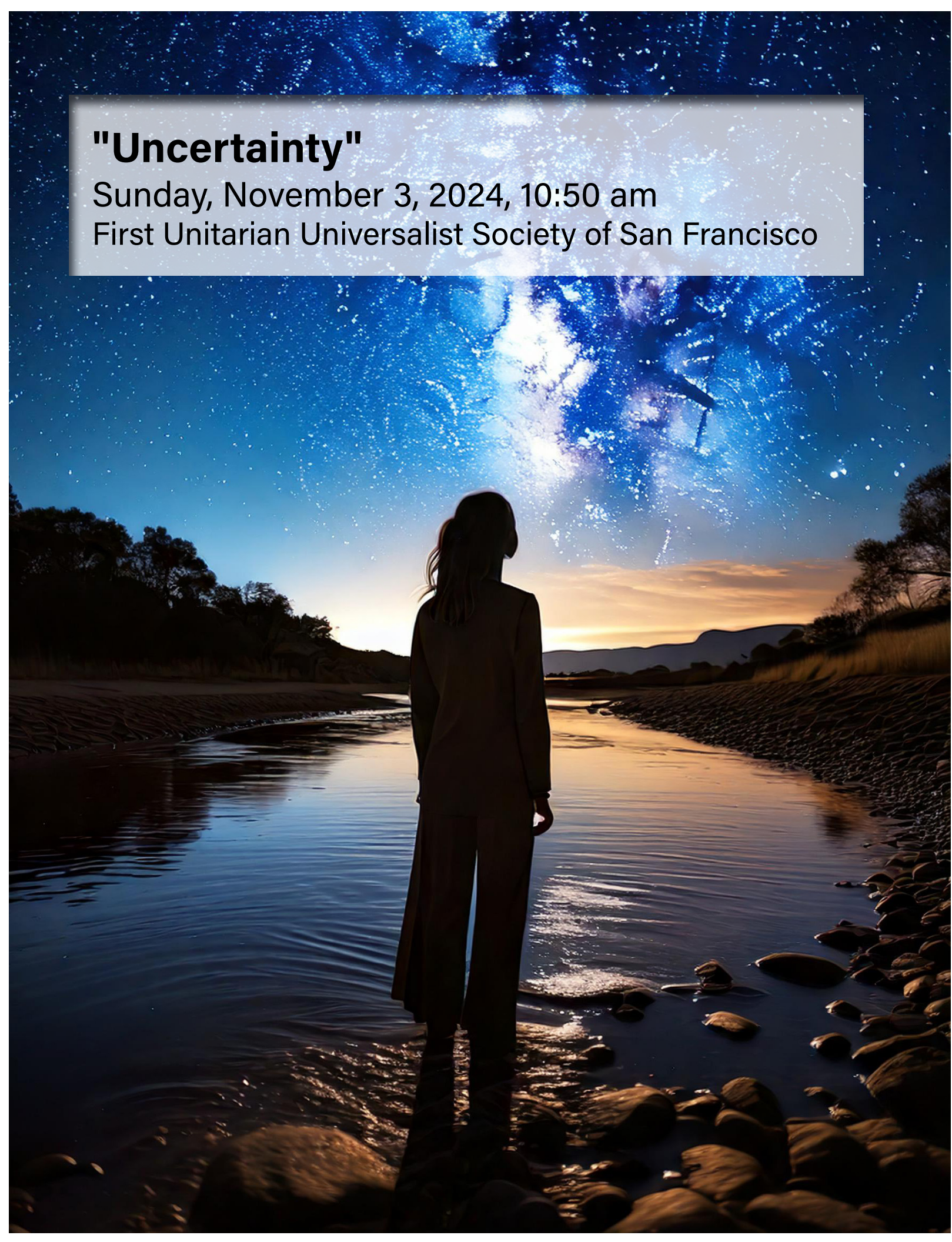


"Uncertainty"

Sunday, November 3, 2024, 10:50 am

First Unitarian Universalist Society of San Francisco



Order of Service
Sunday November 3, 2024
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2024>

A Guide for Newcomers - What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

Welcome to Worship!

UUSF no longer requires masks indoors on our premises,
following the lead of the San Francisco Department of Health.

We do, however, strongly recommend people to wear masks
or do anything else that protects and respects their own health and comfort.
There is a designated mask-only area on the far right side of the Sanctuary.

Stay Engaged: Explore Our Busy Hand Activity Station

Did you know we have a busy hand activity station at the back of the sanctuary for all ages?

You can find fidget toys, coloring, and so much more.

Check it out if you need something to keep your hands busy during the service.

Please return items before you leave the sanctuary.

Prelude	Contemplation on <i>Once to Every Soul and Nation</i> <i>There Is a Balm in Gilead</i>	David P. Ruhl American Spiritual/Olive Nelson Russell Reiko Oda Lane, organist
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Opening Words and Welcome	Rev. Vanessa Rush Southern, Senior Minister
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Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Greeting One Another

*Hymn 1023

Building Bridges

ROUND

([CLICK HERE OR TURN TO PAGE 6 TO VIEW HYMN](#))

*Unison Covenant

Love is the spirit of this church, and service is its prayer.
 This is our great covenant: to dwell together in peace,
 to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
 De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
 faith a - rise; Let peace, good - will on earth be sung through
 fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
 ev - ery land, by ev - ery tongue.
 ca - da tie - rra, ca - da voz. A - men.

Reflection

Santana McBride, Worship Associate

Offering

Our offering this morning will be taken to support the work of **The San Francisco Interfaith Council (SFIC)**. The SFIC convenes and amplifies the voice of our City's faith-based community on such issues as homelessness, disaster preparedness response and recovery, civil and human rights, housing affordability, immigration and so much more. To learn more go to their website at <https://www.sfinterfaithcouncil.org/>. To make a donation on Vanco (bit.ly/uusfpayments), using the Donate Button on our website, or by scanning the QR code below, please select the line for either Sunday Plate Offering or Special Sunday Offerings. The designation is important to ensure your gift gets applied correctly. If you are sending a check, please mark in the memo today's date, **11-03-24**.



Offertory Music O del mio amato ben – a lament of lost enchantment Stephano Donaudy
Andrew Kessler, baritone; Wm. García Ganz, pianist

Meditation Rev. Vanessa Rush Southern

In Words

In Silence...

*During this time if you have lost someone close to you in the past year,
we invite you to stand or raise your hand in silent witness.*

In Music

Reading

Anthem *Earth Song* Frank Ticheli
UUSF Choir, Mark Sumner, director

Sermon "Uncertainty" Rev. Vanessa Rush Southern

*Hymn 149 *Lift Every Voice and Sing* LIFT EVERY VOICE

[\(CLICK HERE OR TURN TO PAGES 7-8 TO VIEW HYMN\)](#)

Invitations

*Benediction & Extinguishing of the Chalice

Postlude *Toccata on Lift Every Voice* Mark Miller
Reiko Oda Lane, organist

*Please rise in body or spirit.



PARTICIPANTS

Worship Leaders

Rev. Vanessa Rush Southern, Senior Minister
Santana McBride, Worship Associate

Sunday Support

Eric Shackelford; Shulee Ong; Francisco Castellanos, Camera Operators
Jonathan Silk, Communications Director
Thomas Brown, Jose Matias Pineda, Francisco Castellanos, Sextons
Athena Papadakos, Flowers
Linda Messner, Head Usher

Musicians

Reiko Oda Lane, organist
UUSF Choir
Mark Sumner, director
Andrew Kessler, baritone
Wm. García Ganz, pianist



Building Bridges

1023

$\text{♩} = 96$

(1) Fm Cm Fm Cm

Build - ing Bridg-es — be - tween our di - vi - sions, — I

(2)

reach out to you, will you reach out to me? With

(3)

all of our voic-es — and all of our vi - sions,

(4)

friends, we could make such sweet har-mo - ny.

Words: The women of Greenham Common peace occupation in England, 1983

Music: Contemporary English Quaker Round

149 Lift Every Voice and Sing

$\text{♩} = 76$

1. Lift ev - ery voice and sing, till earth and heav - en
 2. Ston - y the road we trod, bit - ter the chas - tening
 3. God of our wea - ry years, God of our si - lent

ring, ring with the har - mo - nies of lib - er -
 rod, felt in the days when hope un - born had
 tears, thou who hast brought us thus far on the

ty; let our re - joic - ing rise high as the lis - tening
 died; yet with a stead - y beat, have not our wea - ry
 way; thou who hast by thy might led us in - to the

skies, let it re - sound loud as the roll - ing sea.
 feet come to the place for which our fa - thers sighed?
 light, keep us for - ev - er in the path, we pray.

Words: James Weldon Johnson, 1871-1938
 Music: J. Rosamond Johnson, 1873-1954,
 © 1921 Edward B. Marks Music Co., renewed

LIFT EVERY VOICE
 Irregular

Sing a song full of the faith that the dark past has
We have come o - ver a way that with tears has been
Lest our feet stray from the plac - es, our God, where we

taught us; sing a song full of the
wa - tered; we have come, tread - ing our
met thee; lest our hearts drunk with the

hope that the pres - ent has brought us; fac - ing the
path thru the blood of the slaugh - tered, out from the
wine of the world, we for - get thee; shad - owed be -

ris - ing sun of our new day be -
gloom - y past, till now we stand at -
neath thy hand, may we for - ev - er

gun, let us march on till vic - to - ry is won.
last where the white gleam of our bright star is cast.
stand, true to our God, true to our na - tive land.

F R E E D O M

TODAY!

Discover Connection: Join Our Newcomer Small Group Taster Sessions! - Sundays, Nov 3 and 17, 9:30-10:30 am

Newcomers are invited to participate in Small Group Taster Sessions at UUSF on Sundays, November 3 and 17, from 9:30 to 10:30 a.m. These sessions, led by Membership Committee member Sue Anthony, aim to help newcomers explore the Small Group Ministry program, fostering connections and reflections within the community. RSVP at <https://t.ly/Newcomer-Small-Group>. Participants will receive reminders from Membership and Young Adult Manager Emma Wakeling prior to each session, and any inquiries can be directed to her via email ewakeling@uusf.org.

Black, Indigenous, & People Of Color Group - Sundays, Nov 3 and 17, 9:30-10:50 am, Stebbins Room

Join us for a conversation and community-building event open to anyone who identifies as Black, Indigenous, or a person of color (BIPOC). Meetings are held via Zoom and in person in the Stebbins Room on the first Sunday of each month, typically from 9:30 to 10:50 am. To receive information about the next meeting or to be added to the mailing list, please email bipoc@uusf.org.

New to this community? New to Unitarian Universalism? - Sunday, November 3, 12:30 pm, Fireside Room

Newcomers are welcome to join us after the service to meet some of our members and learn more about our congregation and Unitarian Universalism. It's a great chance to meet other folks in the community, ask any questions you might have, and find out how to get involved in our programs and ministries. Free childcare is available to attendees who need it. We look forward to meeting you!

Join the Harmony: Experience 21V Choir's Inspiring Performance on November 3 at 1:30 pm in the Sanctuary

The Starr King Way Performance Series (SKWPS) featuring the 21V Choir will be held today at 1:30 pm in the Sanctuary, after lunch in a room TBD. Titled "Reclaiming Radical 2.0," the event promotes community through song and includes collaborations with the Cantabile Youth Singers, honoring social justice figures. Admission is free with a suggested \$20 donation, offering pre-election inspiration and arts engagement. More info can be found at <https://www.uusf.org/skwps>

WEATHERING THE ELECTIONS TOGETHER

Election Night Watch Party at UUSF - Tuesday, November 5, Starting at 6:00 pm, TSK Room/Zoom

Anxious about the election? Join us for an Election Night Watch Party at UUSF, hosted by Revs Vanessa and Laura. Food and snacks will be provided. Reservations are not required, but letting us know your attendance helps plan food and room size. Wear your election swag! Join us on Zoom at <https://t.ly/election2024UUSF>. You can phone in at +1 408 638 0968. Meeting ID: 833 2700 9640. Passcode: 147798

We will have food and snacks. B.Y.O.B. Reservations are not required, but letting us know that you are coming will help us plan how much food to buy. Sign up in the gallery on Sundays or register at <https://t.ly/electionnightuusf>

Post-Election Community Gathering: Food, Songs, and Connection - Wednesday, November 6 6:30pm-8pm, TSK Room

Join us the day after the election for a community gathering to share food and sing songs, providing a supportive space to connect regardless of election outcomes. Bring a dish for the potluck and feel free to lead or join in singing, with hymnals available. This inclusive event welcomes individuals from all political backgrounds. Register: <https://t.ly/postelectionuusf>

UPCOMING HAPPENINGS

Middle East War: Expectations for the New Administration - Sunday, November 10, 9:30 am, TSK/Zoom

Dr. Stephen Zunes, a Professor of Politics and Director of Middle Eastern Studies at the University of San Francisco, will discuss U.S. support for Israel's military actions in the Middle East, analyzing potential changes under the new administration compared to the Biden administration. He will address the implications of U.S. policy on international law and explore how peace and human rights activists can influence a more constructive U.S. approach. This presentation aims to enhance understanding of the region's history and ongoing diplomatic efforts to resolve conflicts.

More info at <https://www.uusf.org/forum>.

UPCOMING HAPPENINGS

Artistry Unveiled: A Journey with Barbara and Gordon Sizelove - Sunday Reception, November 10, from 12:15 pm to 3:00 pm

View artworks by Barbara and Gordon Sizelove in the Thomas Starr King Room and Martin Luther King Room. Based in San Francisco, Barbara has over 40 years of experience creating diverse artworks, while Gordon is known for his vibrant, biomorphic paintings. Both artists engage with the local art community and explore various themes in their work. Join us for a reception in the King Rooms on Sunday, November 10, from 12:15 pm to 3:00 pm, where you can meet the artists and explore their works while enjoying some light refreshments.

Planning A Memorial or Celebration of Life Service/What Support Does UUSF Provide - November 10

Join Revs. Vanessa Rush Southern and Laura Shennum on Sunday, November 10 1-2:30pm, Chapel for resources and Q&A on planning memorials or celebrations of life. We'll discuss UUSF's support for members at the end of life. Please register for food planning at <https://t.ly/UU6He>

20s & 30s Spiritual Discussion Group - Tuesday, Nov.12 and Tuesday, Nov., 26 , 6:30 pm - 8:00 pm

Join the 20s & 30s Spiritual Discussion Group to engage in spiritual reflection with peers aged 18-39. Sessions, based on monthly Soul Matters themes, will focus on 'The Practice of Repair' in November. Attend in-person on November 12 or online on November 22 for meaningful conversations. Register at <https://t.ly/2M9ZU>.

SOUL MATTERS (<https://www.uusf.org/soulmatters>)

November: The practice of Repair

Repair. In a world of fast fashion and planned obsolescence, of consumer mindsets and quick fixes, there is a parallel world of people and practices that are about how to pull things broken, frayed, a little wonky, back into usable, mended states, and even broken things back into wholeness. Repair is that work. Many of you are familiar with the Japanese practice of "Kintsugi." It is literally that practice—"kin" meaning golden and "tsugi" meaning repair—where a broken piece of pottery is mended back together and visibly so, even thought more beautiful for the broken seams and wabi-sabi beauty of it. And in this parallel world bent on mending, there is the underlying assumption that we try not to treat the world and its things, but also its people and institutions, certainly not the earth, as dispensable, as incidental to our forward motion. We are in a world in need of a lot of repair. This month we think about some of the aspects of what it means to be menders.

Explore the Soul: Robert Lavett Smith's Poetry and Soul Matter Events! <https://www.uusf.org/soulmatters>

WELCOME TO WORSHIP!

If you're new, please familiarize yourself with the guidance and support available on Sundays below. If you have any questions, an usher, greeter, or member of staff will be happy to help.

COVID-19: UUSF no longer requires masks indoors on our premises, following the lead of the San Francisco Department of Health. We do, however, encourage people to wear masks or do anything else that protects and respects their own health and comfort. There is a designated mask-only area on the far right side of the Sanctuary. If you feel unwell, please stay home and enjoy the service at home via livestream. (bit.ly/uusfmedia)

BUSY HANDS: Explore our Busy Hands activity station located at the back of the sanctuary. You will find things like fidget toys and coloring for all ages to help you keep your hands busy during service. Please return items before leaving the sanctuary.

Pets: If you came with your pet, there is a pet-friendly section on the furthest section on the left toward the front of the sanctuary.

HEARING ASSISTANCE DEVICE: We can provide hearing assistance devices for the service. These are with the ushers in the back of the sanctuary, who will help you get oriented and comfortable with one.

CANDLES: In Unitarian Universalism we light candles to recognize sacred time, honor loved ones, mark important life events, and more. If you have something on your mind for which you'd like to light a candle, you are invited to come forward and light one silently during service.

SOCIAL HOUR: Everyone is welcome and invited to join us at social hour after service. This is normally in the courtyard (when weather permits) or in our Thomas Starr King room at the end of the hallway outside of the sanctuary. Help yourself to beverages and snacks!

Welcome to UUSF: Connect and Discover

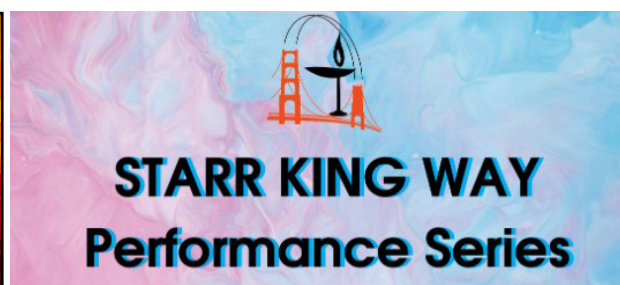
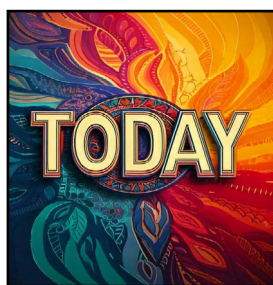
NEW TO UUSF? Complete a Connections form to receive our newsletter, which includes a link to the Order of Service and Sunday Livestream. If you're at UUSF in person, you can find a yellow connections card at the welcome table in the gallery outside the sanctuary or in a pew in front of you. You can also fill it out online at <https://bit.ly/uuconnections2024>.

A GUIDE FOR NEWCOMERS: What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

Arts in Ministry and Shared Life

Upcoming Events

We raised almost \$30,000 at last year's auction for our "Arts in Worship and Shared Life" initiative. The impetus for raising this money was hearing in our strategic planning process of the desire for greater use of the arts in our life together. There was a desire to hear and see expressed, to celebrate and understand and be more embracing of one another's cultural histories and traditions. You also saw the arts as a way to bridge different generations and life experiences. And we all wanted to bring vibrancy and depth to our understanding of the arts and cultural traditions that are important to people in our city, important to people in our own community, and to invite all of us to reflect, as the arts so often do, on the biggest questions of the search for truth and meaning. These explorations would, we hoped, would add another layer to the extravaganza of joy in our life together, and build deeper connections among us. Thanks to the generous donations at last year's auction, we have some funds (and an excuse) to lean into this experiment together! Here is some information about the upcoming SKWPS concert in November. Please join in with your ideas and participation!



Join the Harmony: Experience 21V Choir's Inspiring Performance on November 3 at 1:30 pm in the Sanctuary

The Starr King Way Performance Series (SKWPS) featuring the 21V Choir will be held today at 1:30 pm in the Sanctuary, after lunch in a room TBD. Titled "Reclaiming Radical 2.0," the event promotes community through song and includes collaborations with the Cantabile Youth Singers, honoring social justice figures. Admission is free with a suggested \$20 donation, offering pre-election inspiration and arts engagement. More info can be found at <https://www.uusf.org/skwps>

Artistry Unveiled: A Journey with Barbara and Gordon Sizelove

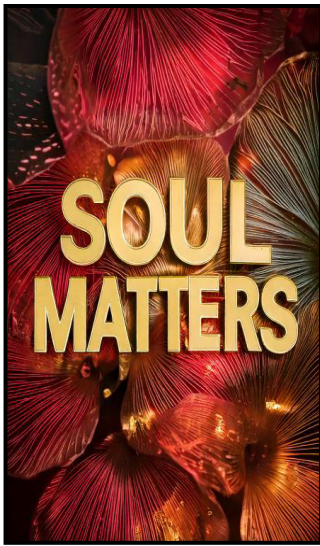
The UUSF Art Committee presents "Artistry Unveiled," featuring the works of San Francisco artists Barbara and Gordon Sizelove. Barbara, with over 40 years of experience and education from Boston University and the San Francisco Art Institute, creates diverse artworks including linocuts and acrylic paintings. Gordon, a Boston native, is known for his vibrant, biomorphic paintings influenced by Renaissance art. Both artists are active in the local art community. Join us for a reception in the King Rooms on Sunday, November 10, from 12:15 pm to 3:00 pm to meet the artists and enjoy light refreshments.



Your ideas?

If you have an idea for a concert we might host please email Mark Sumner (sngwtme@gmail.com) and he will provide you with a link to an application to complete.

If you have an idea for any arts related event we might host that you would be willing to be a leader in making happen, please email Rev. Vanessa Rush Southern (vrsouthern@uusf.org) and she will provide you with a link to an application to complete.



November: The practice of Repair

Repair. In a world of fast fashion and planned obsolescence, of consumer mindsets and quick fixes, there is a parallel world of people and practices that are about how to pull things broken, frayed, a little wonky, back into usable, mended states, and even broken things back into wholeness. Repair is that work. Many of you are familiar with the Japanese practice of “Kintsugi.” It is literally that practice—”kin” meaning golden and “tsugi” meaning repair—where a broken piece of pottery is mended back together and visibly so, even thought more beautiful for the broken seams and wabi-sabi beauty of it. And in this parallel world bent on mending, there is the underlying assumption that we try not to treat the world and its things, but also its people and institutions, certainly not the earth, as dispensable, as incidental to our forward motion. We are in a world in need of a lot of repair. This month we think about some of the aspects of what it means to be menders. -- Soul Matters (www.soulmatterssharingcircle.com)

Poem of the Month

Let Us Rebuild

By Robert Lavett Smith

November is the season of repair,
Before the winter rains assert their claim,
When autumn is apparent everywhere,
The numb sun shrunken to a faded flame.
The brownest brittle leaves desert the trees
That never are entirely denuded;
Squirrels conduct their yearly inventories;
Songbirds depart, their business
here concluded.
This is the moment to address the damage
We've carelessly inflicted through the year,
To speak of secret wounds with quiet courage,
The path before us difficult but clear.
Let us rebuild the ruins of the heart,
Drawing upon forbearance, faith, and art.



To engage in ancient practice of meditating on a piece of writing as a spiritual practice.

- Written instructions at <https://t.ly/visioinstructions>
- Participate in our August 4th service and guided meditation go to <https://t.ly/VisioDivinaAugust>
- Or watch this video recording and have us guide you through the process, go to <https://t.ly/VisioDivinaNovember2024>



Welcome to these invitations to go deeper. Website: <https://www.uusf.org/soulmatters>

Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109

415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

CONGREGATIONAL COVENANT (under construction)

In an effort to make the world a better place, we support each other's journey to seek truth with openness, curiosity and respect for different perspectives and paths.

As love is our spirit, we commit to respect, accept, listen to and support each other.

We hold ourselves and each other accountable by continually assessing our individual and community actions toward living into our covenant. This will include speaking up when someone's actions are not aligned.

We commit to be in community with openness and loving kindness, acknowledging our own biases and differing perspectives.

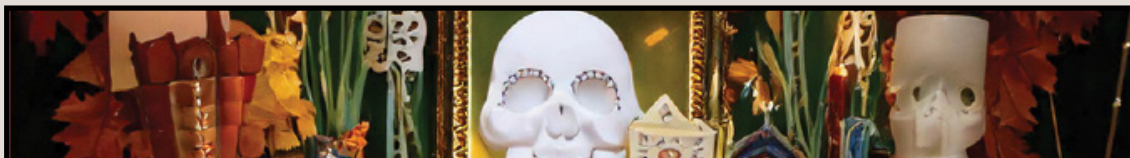
We welcome the newcomer, we commit to building trust with each other, we celebrate differences and make space for repair when harm occurs.

UUSF MEDIA

View our videos <http://www.youtube.com/c/UUSFMedia>

Check out our Podcasts <https://www.uusf.org/worship-archives>

Go to our website at <https://www.uusf.org/>



WATCH LAST WEEKS SERVICE: <https://bit.ly/UUSFServices>



Scan the QR code ↑ to visit our UUSF Media YouTube channel and view upcoming and previously recorded services.