



"Inclusion"

Sunday, February 2, 2025, 10:50 am

First Unitarian Universalist Society of San Francisco

Order of Service
Sunday February 2, 2025
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2024>

A Guide for Newcomers - What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

Welcome to Worship!

UUSF no longer requires masks indoors on our premises,
following the lead of the San Francisco Department of Health.

We do, however, strongly recommend people to wear masks
or do anything else that protects and respects their own health and comfort.
There is a designated mask-only area on the far right side of the Sanctuary.

Stay Engaged: Explore Our Busy Hand Activity Station

Did you know we have a busy hand activity station at the back of the sanctuary for all ages?

You can find fidget toys, coloring, and so much more.

Check it out if you need something to keep your hands busy during the service.

Please return items before you leave the sanctuary.

Prelude	<i>Ubi Caritas - Where There Is Charity and Love</i> <i>All People That on Earth Do Dwell</i>	James Aylward Mark Thewes/Laurence Curry Reiko Oda Lane, organist
---------	--	---

Opening Words and Welcome	Rev. Vanessa Rush Southern, Senior Minister
---------------------------	---

Unison Chalice Lighting	Carmen Barsody
-------------------------	----------------

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

Greeting One Another

*Hymn No. 407

We're Gonna Sit at the Welcome Table

WELCOME TABLE

[\(CLICK HERE OR TURN TO PAGES 6 - 7 TO VIEW HYMN\)](#)

*Unison Covenant

Love is the spirit of this church, and service is its prayer.
 This is our great covenant: to dwell together in peace,
 to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
 De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
 faith a - rise; Let peace, good - will on earth be sung through
 fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
 ev - ery land, by ev - ery tongue.
 ca - da tie - rra, ca - da voz. A - men.

Reflection

Carmen Barsody, Worship Associate

Offering

Our offering this morning will be to support the work of **DRUMM (Diverse Revolutionary UU Multicultural Ministries)**. DRUUMM is the oldest and largest Unitarian Universalist People of Color ministry and anti-racist community organization in North America. Read more on page 5 or click [here](#). To make a donation on Vanco (bit.ly/uusfpayments), using the Donate Button on our website, or by scanning the QR code, please select the line for Special Sunday Offering. The designation is important to ensure your gift gets applied correctly. If you are sending a check, please mark in the memo today's date, **02-02-25**.



Offertory Music Ubi caritas from *Four Motets*

Maurice Duruflé

UUSF Choir, Mark Sumner, director

*Where charity and love are, God is there. Love has gathered us into one.
Let us rejoice and be glad. Let us love the living God.
And from a sincere heart let us love. Where charity and love are, God is there.*

Meditation

Rev. Vanessa Rush Southern

In Words

In Silence...

*During this time if you have lost someone close to you in the past year,
we invite you to stand or raise your hand in silent witness.*

In Music

Reading "See No Stranger" by Valarie Kaur

Carmen Barsody

Music *Soon We Will Be Done*

Kyle Pederson

David King, Nancy Munn, Millie Phillips, soloists; UUSF Choir;
Mark Sumner, director; Wm. García Ganz, pianist

Sermon "Inclusion"

Rev. Vanessa Rush Southern

*Hymn No. 131

Love will Guide Us

OLYMPIA

[\(CLICK HERE OR TURN TO PAGES 8-9 TO VIEW HYMN\)](#)

Invitations

Galen Workman, Moderator, Board of Trustees

*Benediction & Extinguishing of the Chalice

Postlude *Chorale and Toccata* from "All People that on Earth"

Mark Thewes

Reiko Oda Lane, organist

*Please rise in body or spirit.



PARTICIPANTS

Worship Leaders

Rev. Vanessa Rush Southern, Senior Minister
Rev. Laura Shennum, Minister of Congregational Life
Carmen Barsody, Worship Associate
Galen Workman, Moderator, Board of Trustees

Sunday Support

Eric Shackelford; Shulee Ong; Francisco Castellanos; Eli Boshears, Camera Operators
Jonathan Silk, Communications Director
Matias Pineda Salazar, Francisco Castellanos, Sextons
Judy Payne, Flowers
Linda Messner, Head Usher

Musicians

Reiko Oda Lane, organist
Mark Sumner, Music Director
UUSF Choir
David King, Nancy Munn, Millie Phillips, soloists
Wm. García Ganz, pianist

TODAY'S OFFERING

Our offering this morning will be to support the work of DRUUMM (Diverse Revolutionary UU Multicultural Ministries). DRUUMM is the oldest and largest Unitarian Universalist People of Color ministry and anti-racist community organization in North America. As a 501(c)3 organization, it supports individuals who self-identify as People of Color and affirm its mission and values. DRUUMM traces its lineage to Black and African American communities, Latino/a UU Networking Association, ministers, religious professionals, and youth and young adults of color. With a growing membership, DRUUMM aims to become an anti-racist, anti-oppressive, multicultural organization within the UUA. Learn more at <https://www.druumm.org>.



Voting Meeting Today!

Sunday, February 2, 12:30 pm, TSK Room/Zoom.

A special voting meeting for members will take place after service today, to approve two resolutions. One addresses the First Unitarian Universalist Society's social justice priorities under the new Federal administration (<https://t.ly/resolution-uusf>), and the other urges an end to apartheid in Palestine (<https://t.ly/AFC-Resolution>). Motions to amend the proposed resolutions will be allowed at the meeting. However, no absentee ballots are permitted by the Bylaws. **Zoom Link:** <https://t.ly/votefeb2>. You can phone in at +1 408 638 0968. Meeting ID: 845 3671 8272

We're Gonna Sit at the Welcome Table

$\text{♩} = 80$

1. We're gon-na sit at the wel-come ta-
2. All kinds of peo-ple a-round that ta-
3. No fan-cy style at the wel-come ta-

ble. We're gon-na sit at the wel-come
ble. All kinds of peo-ple a-round that
ble. No fan-cy style at the wel-come

ta-ble one of these days, hal-le-lu-jah! We're gon-na
ta-ble one of these days, hal-le-lu-jah! All kinds of
ta-ble one of these days, hal-le-lu-jah! No fan-cy

sit at the wel - come ta - ble, gon - na
 peo - ple a - round that ta - ble, gon - na
 style at the wel - come ta - ble, gon - na

sit at the wel - come ta - ble one of these days.
 sit at the wel - come ta - ble one of these days.
 sit at the wel - come ta - ble one of these days.

1.-2. 3.



$\text{♩} = 60$

1. Love will guide us, peace has tried us, hope in-
 2. If you can - not sing like an - gels, if you
 3. Love will guide us, peace has tried us, hope in-
 side us will lead the way on the
 can - not speak be - fore thou - sands, you can
 side us will lead the way on the
 road from greed to giv - ing. Love will
 give from deep with - in you. You can
 road from greed to giv - ing. Love will

Words: Sally Rogers, © 1985 Sally Rogers, used by perm. of
 Thrushwood Press Publishing

⊕ Music: Traditional, arr. by Betty A. Wylder, 1923- ,
 © 1992 Unitarian Universalist Association

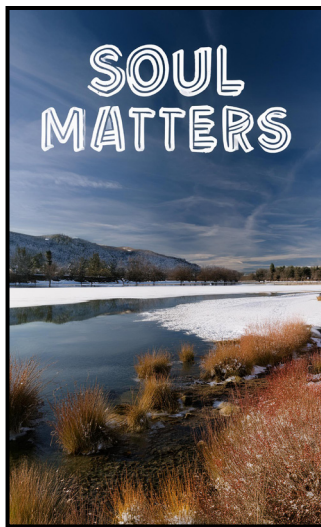
OLYMPIA
 L.M.

LOVE AND COMPASSION

guide us through the hard night.
 change the world with your love.
 guide us through the hard night.

The musical score is written in G major (one sharp) and 4/4 time. The vocal line (treble clef) consists of a single melodic line. The piano accompaniment (grand staff) features a flowing arpeggiated pattern in the left hand and a more rhythmic accompaniment in the right hand. The lyrics are placed below the vocal line.





February: Inclusion

Our theme for the month of February is the practice of inclusion. In a time when it feels like the safe place to be is curled up in bed with the curtains drawn, it can be difficult to know that challenging ourselves to be in community and welcoming others are the best places for us to find safety right now. Inclusion calls us to move beyond just belonging or tolerating. It calls us to live into our values and put love at the center of all we do. Inclusion invites us to examine ourselves and determine what we are not recognizing in ourselves that prevents us from being whole. The practice of inclusion reminds us we have to actively participate in our lives and in our communities to constantly become aware of how to make more room in our hearts and in our congregation. This is especially important when so many are pulling back policies and practices of expanding their communities. Let us enter into this month with curiosity about how we can be more inclusive of pieces of ourselves and inclusive of others in our congregation and community.

Poem of the Month Implicit In The Light By Robert Lavett Smith

In February, month of indecision,
A strained inclusion permeates the air—
Squabbling sparrows shower with derision
Spring's timid green, apparent everywhere;
In colder climates, there might still be snow,
Yet ripeness is implicit in the light
That sifts through foliage to lawns below,
Turning the withered grasses golden white.
This skittish moment when two seasons meet
Seems to encompass all the lumbering year:
Spring's frigid drizzle and late autumn heat,
Petulant fogs that never really clear.
May we, too long indoors, resolve to be
Open to nature's inclusivity.



Photo: The Women's Building San Francisco.
Learn more at <https://www.uusf.org/soulmatters>

To engage in ancient practice of meditating on a piece of writing as a spiritual practice.

- Written instructions at <https://t.ly/visioinstructions>
- Participate in our August 4th service and guided meditation go to <https://t.ly/VisioDivinaAugust>
- Or watch this video recording and have us guide you through the process, go to <https://t.ly/VisioDivinaFebruary2025>

Minister's Book Group

Stress Less, Accomplish More by Emily Fletcher
Wednesday, February 19, 6:30-8:00 pm (Zoom)

Led by Rev. Vanessa Rush Southern

I think I have never picked a self-help book for this group, but this month I am picking one. It is an easy read, and you may notice the pattern of too many chapters telling you how everything in your life will change before the one chapter that tells you the very simple thing she is asking you to do for 15 minutes twice a day. AND, and, and I think we will all need anchoring practices that quiet our nervous system. I've been adding her formula for meditation (and even her voice in the recordings you can access) to my morning and afternoon practices, and it is helping, so let me toss this easy read into our invitations to read and discuss together.

More info and to register: <https://uusf.org/are#mbg>



Welcome to these invitations to go deeper. Website: <https://www.uusf.org/soulmatters>



STARR KING WAY Performance Series 2025

FEB 2 – Special guest: **ANDREW FINN MAGILL**, multi-genre fiddler/violinist

MAR 2 – **NANCY MUNN & JOACHIM REINHUBER***

MAR 8 – **WICKEDLY FUN BROADWAY SING-A-LONG****

APR 5 – **TWO LOOKS AT ONE ACT****, immersive experience with a one-act play

MAY 4 – Special guest: **RITA LACKEY**, gospel songstress/pianist

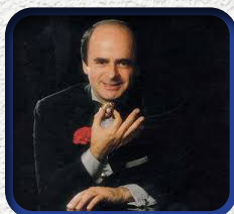
JUN 29 – Special guests: **LOS CENZONTLES**, Mexican-American band

JUL 20 – **RAMI BAR-NIV***

AUG 31 – **GIACOMO FIORE***

SEP 21 – **SHANNON WARTO & BOB PHILLIPS***

NOV 9 – Special guests: **BERNAL HILL PLAYERS**, flute, clarinet, piano



SUNDAYS, 1:30PM, UUSF SANCTUARY
\$20 SUGGESTED DONATION FOR ALL EVENTS

*SKWPS IN-HOUSE PERFORMANCE

**SATURDAY 6PM WITH CATERED DINNER OPTION (\$30) MLK/TSK ROOMS

UUSF Arts in Ministry & Shared Life Initiative present... We Don't Need No Stinkin' Fascism! PRESIDENT'S DAY SPECIAL!

UU writers, poets, musicians, and humorists have a thing or two to say about the mentality on display in autocratic circles. We'd actually like to keep a few things like democratic and human rights, public schools and libraries, fact-based journalism, and a livable climate . . . And now UUSF has been designated a **Good Trouble Congregation**, so let's get to it!

Sunday, February 16, 12:30-2:30 PM, TSK Room

Join us for a literary festival with food, readings, theater, & music.
Donation \$10. No one turned away.

Readings by

Kathleen McClung
Dennis Adams
Susan Anthony
Gregory Stevens
Bruce Neuburger

Sketches by

Michael and Mari

Music by

Francisco Herrera

Special guest

S.E. Poet Laureate Genny Lim

Moderator

Rev. Vanessa Rush Southern



TODAY!

The Long and Bitter, but Beautiful, Struggle for a New World with Nell Myhand

Sunday Forum, February 2, 9:30 am, TSK Room and on Zoom. A light breakfast will be available beginning at 9:00 a.m.

Join us for an interactive presentation focused on the Poor People's Campaign's efforts to combat systemic racism and White Christian Nationalism. Nell Myhand, an Oakland-based organizer and co-chair of the California PPC, works to elevate the voices of low/no wealth individuals and advocate for essential resources like housing, education, healthcare, and a sustainable climate. More info at <https://www.uusf.org/forum>

Black, Indigenous, & People Of Color Group - Sunday, February 2 from 9:30-10:50 am, Stebbins Room

Join us for a conversation and community-building event open to anyone who identifies as Black, Indigenous, or a person of color (BIPOC). Meetings are held via Zoom and in person in the Stebbins Room on the first Sunday of each month, typically from 9:30 to 10:50 am. To receive information about the next meeting or to be added to the mailing list, please email bipoc@uusf.org.

Newcomer Small Group Taster Session - Sunday, February 2 from 9:30 to 10:30 a.m. Fireside Room

Join our Newcomer Small Group Taster Session this morning from 9:30 to 10:30 a.m. in the Fireside Room. This is a chance for newcomers to explore our Small Group Ministry, reflect, and connect. Led by Sue Anthony from the Membership Committee, all are welcome, even if you missed the first session.

New to this community? New to Unitarian Universalism? - Sunday, February 2, 12:30 pm, Fireside Room

Newcomers are welcome to join us after the service to meet some of our members and learn more about our congregation and Unitarian Universalism. It's a great chance to meet other folks in the community, ask any questions you might have, and find out how to get involved in our programs and ministries. Free childcare is available to attendees who need it. We look forward to meeting you!

Join the Fun: Sing Along Broadway Tickets Now Available Today in the Gallery

Tickets for the Sing Along Broadway event go on sale today. This annual event is an opportunity to join UUSF members and friends in an evening of dining, fellowship, and song, led by Music Director Mark Sumner. Lift your voice in song with others, or offer a solo if you have a favorite Broadway tune you usually only sing in the shower! The Sing Along is Saturday evening, March 8. Hope to see everyone there!

Our first Starr King Way Performance Series (SKWPS) performance of 2025 is happening TODAY!

Featuring Andrew Finn Magill - February 2, 1:30 pm, Sanctuary



North Carolina violinist/fiddler Andrew Finn Magill (<https://andrewfinnmagill.com/>) is a Fulbright Fellow, North Carolina Arts Council Fellow, All-Ireland fiddle finalist, and 2024 Seifert jazz violin finalist in Poland. Magill's solo show is one violinist's global journey through many musical traditions and soundscapes, including a year in Malawi and two years in Brazil, among other places. This journey has been enabled by a constellation of grants and a commitment to connection with other people through the common language of music.

More info can be found at <https://www.uusf.org/skwps>



UPCOMING HAPPENINGS

Join Us in Making a Difference: Volunteer for the Interfaith Winter Shelter from Feb 10 to March 3

Volunteer now for the Interfaith Winter Shelter at UUSF from Feb 10 to March 3. A joint effort of the San Francisco Interfaith Counsel, each year from mid-February to early March, our church hosts up to 70 unhoused folks and provides meals. You can sign up here to help cook and serve breakfast, cook and serve dinner, or be a host liaison for guest organizations that are cooking dinner. It's a wonderful way to serve our neighbors and connect with our Unitarian Universalist community. Sign up for multiple slots and feel free to bring friends! Children aged 8 and up are welcome with supervision. Younger children, please inquire. Sign up at <https://www.uusf.org/shelter>. You can also visit us at a table in the church gallery after the Sunday service. Questions? Email us at wintershelte@uusf.org.

If you are a young adult aged 18-39 and you'd like to volunteer to make dinner alongside the UUSF young adult community on Thursday, February 13, please fill out this form (<https://t.ly/YAWinterShelter2025>) or contact Membership and Young Adult Manager Emma Wakeling at ewakeling@uusf.org.

How Animal Cruelty Helps Fund the MAGA Movement with Wayne Hsiung

Sunday Forum, February 9, 9:30 am, TSK Room and on Zoom. A light breakfast will be available beginning at 9:00 a.m.

The factory farming industry heavily impacts the new administration, contributing billions and employing inhumane practices. Since 2022, over 90 million poultry have been euthanized due to bird flu, affecting all animals and harming natural resources. Awareness of food production issues is vital. Wayne Hsiung, an attorney and animal rights advocate, co-founded The Simple Heart Initiative. Join us for an update on food systems and safety efforts! More info at <https://www.uusf.org/forum>

Sensible Cinema is hosting a screening of the documentary 'Small is Beautiful' by Carolyn M. Scott

Sunday, February 9 at 12:30 pm in the TSK Room

Join us on Sunday, Feb. 9th, for the film "Small is Beautiful," which highlights a Sonoma community's fight against overdevelopment threatening the environment and local residents. The film discusses California's housing mandates and their impact on rural fire evacuation and community input. A panel discussion will follow with filmmaker Carolyn M Scott, environmental lawyer Stewart Flashman, and former San Francisco planning commission VP Dennis Richards. MORE INFO: <https://www.uusf.org/cinema>

WELCOME TO WORSHIP!

If you're new, please familiarize yourself with the guidance and support available on Sundays below. If you have any questions, an usher, greeter, or member of staff will be happy to help.

COVID-19: UUSF no longer requires masks indoors on our premises, following the lead of the San Francisco Department of Health. We do, however, encourage people to wear masks or do anything else that protects and respects their own health and comfort. There is a designated mask-only area on the far right side of the Sanctuary. If you feel unwell, please stay home and enjoy the service at home via livestream. (bit.ly/uusfmedia)

BUSY HANDS: Explore our Busy Hands activity station located at the back of the sanctuary. You will find things like fidget toys and coloring for all ages to help you keep your hands busy during service. Please return items before leaving the sanctuary.

Pets: If you came with your pet, there is a pet-friendly section on the furthest section on the left toward the front of the sanctuary.

HEARING ASSISTANCE DEVICE: We can provide hearing assistance devices for the service. These are with the ushers in the back of the sanctuary, who will help you get oriented and comfortable with one.

CANDLES: In Unitarian Universalism we light candles to recognize sacred time, honor loved ones, mark important life events, and more. If you have something on your mind for which you'd like to light a candle, you are invited to come forward and light one silently during service.

SOCIAL HOUR: Everyone is welcome and invited to join us at social hour after service. This is normally in the courtyard (when weather permits) or in our Thomas Starr King room at the end of the hallway outside of the sanctuary. Help yourself to beverages and snacks!

Welcome to UUSF: Connect and Discover

NEW TO UUSF? Complete a Connections form to receive our newsletter, which includes a link to the Order of Service and Sunday Livestream. If you're at UUSF in person, you can find a yellow connections card at the welcome table in the gallery outside the sanctuary or in a pew in front of you. You can also fill it out online at <https://bit.ly/uuconnections2024>.

A GUIDE FOR NEWCOMERS: What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109

415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

CONGREGATIONAL COVENANT (under construction)

In an effort to make the world a better place, we support each other's journey to seek truth with openness, curiosity and respect for different perspectives and paths.

As love is our spirit, we commit to respect, accept, listen to and support each other.

We hold ourselves and each other accountable by continually assessing our individual and community actions toward living into our covenant. This will include speaking up when someone's actions are not aligned.

We commit to be in community with openness and loving kindness, acknowledging our own biases and differing perspectives.

We welcome the newcomer, we commit to building trust with each other, we celebrate differences and make space for repair when harm occurs.

UUSF MEDIA

View our videos <http://www.youtube.com/c/UUSFMedia>

Check out our Podcasts <https://www.uusf.org/worship-archives>

Go to our website at <https://www.uusf.org/>

WATCH LAST WEEKS SERVICE: <https://bit.ly/UUSFServices>

"Story: Wine, Weddings, and a Coming Out"
Sunday, January 26, 10:50 am, 2025



Scan the QR code ↑ to
visit our UUSF Media
YouTube channel and
view upcoming and
previously recorded
services.