

"Show Tunes and Tee-Shirts"

Sunday, June 1, 2025, 10:50 am

First Unitarian Universalist Society of San Francisco





Order of Service
Sunday June 1, 2025
10:50 AM - 12:15 PM
Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2024>

A Guide for Newcomers - What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

Welcome to Worship!

UUSF no longer requires masks indoors on our premises,
following the lead of the San Francisco Department of Health.

We do, however, strongly recommend people to wear masks
or do anything else that protects and respects their own health and comfort.
There is a designated mask-only area on the far right side of the Sanctuary.

Stay Engaged: Explore Our Busy Hand Activity Station

Did you know we have a busy hand activity station at the back of the sanctuary for all ages?

You can find fidget toys, coloring, and so much more.

Check it out if you need something to keep your hands busy during the service.

Prelude	Themes from “ <i>The Seasons</i> ”	Antonio Vivaldi
	Spring - Summer - Autumn - Winter	
		Reiko Oda Lane, organist

Opening Words and Welcome	Rev. Vanessa Rush Southern, Senior Minister
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Unison Chalice Lighting	Dennis Adams, Worship Associate
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We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

*Hymn 128

For All That Is Our Life

SHERMAN ISLAND

([CLICK HERE OR TURN TO PAGES 6 and 7 TO VIEW HYMN](#))

Call to Membership

Rev. Vanessa Southern, Judith Stoddard and Emma Wakel-

Greeting One Another

*Unison Covenant

Rev. Vanessa Rush Southern

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Reflection

Dennis Adams

Offering

Rev. Vanessa Rush Southern

This week's offering will be a gift made in honor of **George Miller to the George A. Miller Scholars Program at UC Berkeley** (<https://millerscholars.berkeley.edu>). For more information about the program, [turn to page 5 here](#). To make a donation on Vanco (<bit.ly/uusfpayments>), using the Donate Button on our website, or by scanning the QR code, please select the line for Special Sunday Offering. The designation is important to ensure your gift gets applied correctly. If you are sending a check, please mark in the memo today's date, **06-01-25**.



Offertory Music *Freedom Come*

Ben Allaway

UUSF Choir, Mark Sumner, director

Meditation

Rev. Vanessa Rush Southern

In Words

In Silence...

*During this time if you have lost someone close to you in the past year,
we invite you to stand or raise your hand in silent witness.*

In Music

Music Corner of the Sky from *Pippin*

Stephen Schwartz, arr. Huff

UUSF Choir, Mark Sumner, director, Wm. García Ganz, pianist

Sermon "Show Tunes and Tee-Shirts"

Rev. Vanessa Rush Southern

*Hymn 331

Life is the Greatest Gift of all

BROTHER JAMES' AIR

[\(CLICK HERE OR TURN TO PAGE 8 TO VIEW HYMN\)](#)

Brief Invitations

Rev. Vanessa Rush Southern

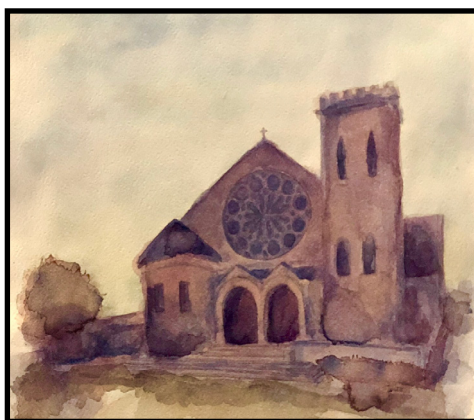
*Benediction & Extinguishing of the Chalice

Postlude The Heavens Are Telling - Psalm 19

Benedetto Marcello

Reiko Oda Lane, organist

*Please rise in body or spirit.





PARTICIPANTS

Worship Leaders

Rev. Vanessa Rush Southern, Senior Minister
Dennis Adams, Worship Associate
Emma Wakeling, Membership and Young Adult Manager
Judith Stoddard, Membership Committee

Sunday Support

Eric Shackelford; Shulee Ong; Eli Boshears, Camera Operators
Jonathan Silk, Director of Communications
Kelvin Jones; Matias Pineda Salazar; Francisco Castellanos, Sextons
Judy Payne, Flowers
Linda Messner, Head Usher

Musicians

Reiko Oda Lane, organist
UUSF Choir
Mark Sumner, director
Wm. García Ganz, pianist

The George A. Miller Scholars Program

The George A. Miller Scholars Program provides outstanding community college transfer students the opportunity to develop leadership, research, and/or community service skills and apply them in practice. Every year ten low-income, first-generation students are selected based on their leadership potential, academic excellence, and commitment to community service and education. As a close-knit group of students, Miller Scholars participate in the program for two years, receiving individualized personal attention and guidance that helps them transition to UC Berkeley, succeed academically, and develop skills to ensure long-term success. More info at <https://millerscholars.berkeley.edu>

Join us for a New Member Celebration!

After the service, enjoy coffee, tea, and cake in the Courtyard as we welcome our new members.

$\text{♩} = 76$

The musical score is written for voice and piano. It begins with a treble clef, a key signature of two flats (B-flat and E-flat), and a 4/4 time signature. The tempo is marked as quarter note = 76. The first system shows the vocal melody starting with a whole rest, followed by a repeat sign and then a half note G4. The piano accompaniment starts with a half note G3 in the bass and a half note B-flat3 in the treble. The second system continues the vocal melody with a half note A4, a quarter note B-flat4, and a half note C5. The piano accompaniment continues with a half note G3, a half note B-flat3, and a half note C4. The third system shows the vocal melody with a half note D5, a quarter note E5, and a half note F5. The piano accompaniment continues with a half note G3, a half note B-flat3, and a half note C4. The fourth system shows the vocal melody with a half note G5, a quarter note A5, and a half note B5. The piano accompaniment continues with a half note G3, a half note B-flat3, and a half note C4. The fifth system shows the vocal melody with a half note C6, a quarter note B5, and a half note A5. The piano accompaniment continues with a half note G3, a half note B-flat3, and a half note C4. The sixth system shows the vocal melody with a half note G5, a quarter note F5, and a half note E5. The piano accompaniment continues with a half note G3, a half note B-flat3, and a half note C4. The seventh system shows the vocal melody with a half note D5, a quarter note C5, and a half note B4. The piano accompaniment continues with a half note G3, a half note B-flat3, and a half note C4. The eighth system shows the vocal melody with a half note A4, a quarter note G4, and a half note F4. The piano accompaniment continues with a half note G3, a half note B-flat3, and a half note C4. The ninth system shows the vocal melody with a half note E4, a quarter note D4, and a half note C4. The piano accompaniment continues with a half note G3, a half note B-flat3, and a half note C4. The tenth system shows the vocal melody with a half note B3, a quarter note A3, and a half note G3. The piano accompaniment continues with a half note G3, a half note B-flat3, and a half note C4.

1. For
2. For
3. For
4. For

all that is our life we sing our thanks and praise; for
needs which oth - ers serve, for ser - vic - es we give, for
sor - row we must bear, for fail - ures, pain, and loss, for
all that is our life we sing our thanks and praise; for

all life is a gift which we are called to use to
work and its re - wards, for hours of rest and love; we
each new thing we learn, for fear - ful hours that pass: we
all life is a gift which we are called to use to

⊕ Words: Bruce Findlow, 1922-
Music: Patrick L. Rickey, 1964- , © 1992 Unitarian Universalist Association

SHERMAN ISLAND
6.6.6.6.6.6.

build the com - mon good and
 come with praise and thanks for
 come with praise and thanks for
 build the com - mon good and

1.-3.
 make our own days glad.
 all that is our life.
 all that is our life.
 make our own days

4.
 glad.

Life Is the Greatest Gift of All 331

$\text{♩} = 96$ Unison

1. Life is the great - est gift of all the rich - es on this
 2. Mind is the bright - est gift of all, its thought no bar - rier
 3. We are of life, its shin - ing gift, the meas - ure of all

earth; life and its crea - tures, great and small, of
 mars; it seeks cre - a - tion's hid - den plan, its
 things; up from the dust our tem - ples lift, our

high and low - ly birth: so trea - sure it and
 quest sur - mounts all bars; it reins the wind, it
 vi - sion soars on wings; for seed and root, for

mea - sure it with deeds of shin - ing worth.
 chains the storm, it weighs the out - most stars.
 flower and fruit, our grate - ful spir - it sings.

Words: From William E. Oliver,
 ⊕ adapt. by Waldemar Hille, 1908- , used by perm. of Hodgin Press
 Music: James Leith McBeth Bain, c. 1840-1925,
 ⊕ arr. by David Dawson, 1939-

BROTHER JAMES' AIR
 8.6.8.6.8.6.

BEAUTY, TRUTH, AND GOODNESS

TODAY!

Let Cuba Live with David Ramirez Alvarez & Yasser Ibarra - Forum, June 1, 9:30 am, TSK/Zoom

A light breakfast will be available beginning at 9:00 am - More info at <https://www.uusf.org/forum>

Trump's increasing aggression towards Cuba calls for solidarity with the country's resistance. An educational exchange highlights Cuba's advancements in healthcare, education, LGBTQ rights, and environmental protections. Yasser Ibarra and David Ramirez Alvarez, officials at the Cuban Embassy in the U.S., are involved in promoting Cuba's interests and celebrating its cultural milestones.

Black, Indigenous, & People Of Color Group - Sunday, June 1 from 9:30-10:50 am, Stebbins Room

Join us for a conversation and community-building event open to anyone who identifies as Black, Indigenous, or a person of color (BIPOC). Meetings are held via Zoom and in person in the Stebbins Room on the first Sunday of each month, typically from 9:30 to 10:50 am. To receive information about the next meeting or to be added to the mailing list, please email bipoc@uusf.org.

New to this community? New to Unitarian Universalism? - Sunday, June 1, 12:30 pm, Fireside Room

Newcomers are welcome to join us after the service to meet some of our members and learn more about our congregation and Unitarian Universalism. It's a great chance to meet other folks in the community, ask any questions you might have, and find out how to get involved.

UPCOMING HAPPENINGS

20s & 30s Community Outing: Rebel Girls Bingo! - Thursday, June 5, 7:00 pm at The Commons at KQED

The 20s & 30s Community is invited to attend Rebel Girls Bingo on Thursday, June 5, at 7:00 PM at The Commons at KQED, featuring bingo rounds, prizes, and storytelling about remarkable women from Bay Area history. UUSF has purchased a limited number of tickets, so interested attendees should fill out the registration form promptly to secure their spot. The venue is accessible for individuals with mobility challenges and is conveniently located near BART and MUNI stops. Emma Wakeling will confirm ticket reservations via email and provide additional details the week before the event; for any questions, attendees can contact her at ewakeling@uusf.org. Register at <https://t.ly/202506bingo>.

Annual Meeting - Sunday, June 8, 12:30 pm, TSK Room/Zoom

The Annual Meeting of the First Unitarian Universalist Society of San Francisco is set for June 8, 2025, at 12:30 pm, taking place both in the TSK Room and via Zoom (<https://t.ly/20250608AnnualMeeting>). This annual event allows the congregation to express gratitude to volunteers, vote on candidates for the Board of Trustees and Nominating Committee, honor May Treat Morrison, remember deceased members and feature a presentation of the Ann Dillon Award. Additionally, the meeting will recognize Rev. Alyson Jacks as a Minister Emerita. Nominee information and the agenda can be accessed online (<https://www.uusf.org/nominatingcommittee>), and absentee ballots (<https://t.ly/2025absenteeballotuusf>) for voting can be submitted via email to secretary@uusf.org, with a deadline of June 6 at 4 pm. The Annual Report for 2024-25 will also be discussed. Everyone is encouraged to attend, either in person or online.

Young Adults Lunch - Sunday, June 15, 12:30 pm, Chapel

Join us for the Young Adults Lunch on Sunday, June 15 at 12:30 pm in the Chapel, where we will order food for delivery to accommodate our growing group. This month, lunch is complimentary from UUSF as a thank you for our community's growth.

No registration is needed; just drop in and enjoy!

UUSF Environmental Justice - Sunday, June 15, 12:30 pm, Fahs Room

Join the UUSF Environmental Justice Working Group for monthly meetings on the third Sunday of each month at 12:30 pm in the Fahs Room. Everyone is welcome to share ideas and volunteer for projects, and don't forget to check out the new bulletin board in the gallery.



Episode 2 of Pod and Country is Now Available!

Check it out by going to <https://podandcountry.podbean.com/>

In this episode of Pod and Country, an audio magazine focused on spiritual themes, hosts Rev. Vanessa Rush Southern and Rev. John Buehrens continue their discussion on the Unitarian response to tyranny and oppression, delving into its historical context and contemporary implications. The episode also features comedic sketches, a song by singer/songwriter Baxter Robertson, and an interview with Rev. Laura Shennum, the UUSF Minister of Congregational Life and former Minister of the Cascade Unitarian Universalist Fellowship in Wenatchee, WA.



ADULT SPIRITUAL GROWTH CLASS - (uusf.org/are)

Dive into Love: Join Our 'Love At The Center' Discussion Series! - July 9 to August 6

Join Rev. Laura Shennum for "Love At The Center," a discussion series running Wednesdays from July 9 to August 6, from 6:15 pm to 8:15 pm at the UUSF Courtyard. Participants will explore Unitarian Universalist theology through the book "Love At The Center," reading five essays each week. You can email Alicia Cover at acover@uusf.org to have the essays emailed to you. A casual gathering begins at 6:15 pm for dinner, with discussions starting at 6:30 pm; the course is currently in-person only, but an online option may be available based on interest. For questions or to register, contact Rev. Laura Shennum at lsennum@uusf.org or visit the provided registration link at <https://t.ly/loveatthecenter> or scan the QR code.



WELCOME TO WORSHIP!

If you're new, please familiarize yourself with the guidance and support available on Sundays below. If you have any questions, an usher, greeter, or member of staff will be happy to help.

COVID-19: UUSF no longer requires masks indoors on our premises, following the lead of the San Francisco Department of Health. We do, however, encourage people to wear masks or do anything else that protects and respects their own health and comfort. There is a designated mask-only area on the far right side of the Sanctuary. If you feel unwell, please stay home and enjoy the service at home via livestream. (bit.ly/uusfmedia)

BUSY HANDS: Explore our Busy Hands activity station located at the back of the sanctuary. You will find things like fidget toys and coloring for all ages to help you keep your hands busy during service. Please return items before leaving the sanctuary.

Pets: If you came with your pet, there is a pet-friendly section on the furthest section on the left toward the front of the sanctuary.

HEARING ASSISTANCE DEVICE: We can provide hearing assistance devices for the service. These are with the ushers in the back of the sanctuary, who will help you get oriented and comfortable with one.

CANDLES: In Unitarian Universalism we light candles to recognize sacred time, honor loved ones, mark important life events, and more. If you have something on your mind for which you'd like to light a candle, you are invited to come forward and light one silently during service.

SOCIAL HOUR: Everyone is welcome and invited to join us at social hour after service. This is normally in the courtyard (when weather permits) or in our Thomas Starr King room at the end of the hallway outside of the sanctuary. Help yourself to beverages and snacks!

Welcome to UUSF: Connect and Discover

NEW TO UUSF? Complete a Connections form to receive our newsletter, which includes a link to the Order of Service and Sunday Livestream. If you're at UUSF in person, you can find a yellow connections card at the welcome table in the gallery outside the sanctuary or in a pew in front of you. You can also fill it out online at <https://bit.ly/uuconnections2024>.

A GUIDE FOR NEWCOMERS: What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

ART SHOW

Art Showing Invitation: Featuring Steve Sweetser and Judith Williams

Sunday, June 29, 12:15 pm, King Rooms



Join us as we celebrate Steve Sweetser's journey from a retired veterinarian to an accomplished artist, showcasing his mixed media abstract and collage pieces that draw inspiration from art history and renowned artists. His recent series, including Facing East and Samyn, invite viewers to explore geometric forms and textured layers, while his Countenance and Wagnerian Opera Heroines Series evoke deep human emotions.



Experience the rich, textured encaustic paintings of **Judith Williams**, whose artistic practice is rooted in the Ancient Greek technique. With a BFA from Sonoma State University and extensive teaching experience, Williams creates stunning works that reveal the beauty of layered beeswax, resin, and pigments.

THE ARTS AT UUSF



Celebrating Heritage: Los Cenzontles Set to Dazzle at SKWPS 2025!

Sunday, June 29, 1:30 pm, Sanctuary

Los Cenzontles will perform at the SKWPS on June 29, at 1:30 pm. Founded in 1989 by Eugene Rodriguez, this youth music group from San Pablo and Richmond, California, promotes Mexican cultural traditions and cross-cultural connections through their academy, band, and media productions. They have revitalized Mexican roots music in California, interpreting traditional and original songs with depth and clarity. The band has performed in the U.S., Mexico, Cuba, the UK, and the Dominican Republic, showcasing their heritage globally. Members trained at their Cultural Arts Academy and collaborate with various folk musicians, serving as teachers and programming staff, passing on musical traditions to new generations and inviting students to perform with them.



**STARR KING WAY
Performance Series**



June: Freedom

uusf.org/soulmatters

“Freedom From” or “Freedom To”

Adapted from Soul Matters Small Group Introduction

There is a big difference between “freedom from” and “freedom to.”

Our Unitarian Universalist faith gets this. At its best, it never simply asks us, “What do you need to get away from?” No, it pushes us to ask the deeper question of “What is it that you want to run toward?” Mature freedom is never about the absence of all constraints; it’s about being able to commit yourself to the things that have your heart. Or to put it another way, true freedom is about constraints of our own choosing. So what is it for you, friends? Where in your life are you feeling forced to say “No” when your heart really wants to say “Yes”? What is it that you want to use your freedom for? It’s not the bars of a prison that make us want to escape; it’s suddenly noticing what’s on the other side of those bars that makes us want to get out. This month, don’t take your eyes off of it. Keep that longing clearly in view. And if you do, you’ll be surprised how easy it is to bend open those bars... and simply walk out.

Poem of the Month



Lightning Bugs and Lengthened Light By Robert Lavett Smith

In June we feel the siren call of freedom
Foretold by lightning bugs and lengthened light—
The endless evenings very soon to come
Will swell our dreams with incandescent night.
This isn’t just the freedom we once knew
When schoolyards emptied into ecstasy;
So late in life, we recognize as true
A fundamental yearning to be free.
It manifests in each nocturnal flower,
In the omniscient crows that rise from wires:
A liberty of uncontested power
Bidding us summon summer’s secret fires,
A wanderlust it’s pointless to deny
The vagrant stars that stumble through the sky.

Minister’s Book Group

Severance by Ling Ma

Wednesday, June 25, 6:30-8:00 pm (Zoom)

Led by Rev. Vanessa Rush Southern

When the theme for the month is “Freedom,” what is better than a book with a vision of apocalypse, wild and surprising? Ling Ma is a novelist and assistant professor of practice in the arts at the University of Chicago, and she takes us on a wild ride. How does her writing of labor exploitation and bodily autonomy in the workplace inspire us to fight for freedom?

More info and to register: <https://uusf.org/are#mbg>

Join the 20s & 30s Spiritual Discussion Group on Zoom for sessions on June 10 and 24 from 7:00-8:30 pm. Open to ages 18-39, these discussions focus on the monthly theme, ‘The Practice of Freedom,’ using diverse sources for enrichment. Register at <https://t.ly/spiritualdiscussion-june2025> to receive a reminder and Zoom link, and contact Emma Wakeling (ewakeling@uusf.org) for questions or registration issues.



To engage in ancient practice of meditating on an image as a spiritual practice.

The above image is titled Faith Ringgold—Groovin’ High (1996). More info about the image can be found at the link below.

(<https://t.ly/imageofthemoth-june2025>)

Written instructions for Visio Divina can be found at <https://t.ly/visio-instructions>.

Watch this video recording and have us guide you through the process, go to <https://t.ly/202506VisioDivina>



Welcome to these invitations to go deeper. Website: <https://www.uusf.org/soulmatters>

Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109

415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

CONGREGATIONAL COVENANT (under construction)

In an effort to make the world a better place, we support each other's journey to seek truth with openness, curiosity and respect for different perspectives and paths.

As love is our spirit, we commit to respect, accept, listen to and support each other.

We hold ourselves and each other accountable by continually assessing our individual and community actions toward living into our covenant. This will include speaking up when someone's actions are not aligned.

We commit to be in community with openness and loving kindness, acknowledging our own biases and differing perspectives.

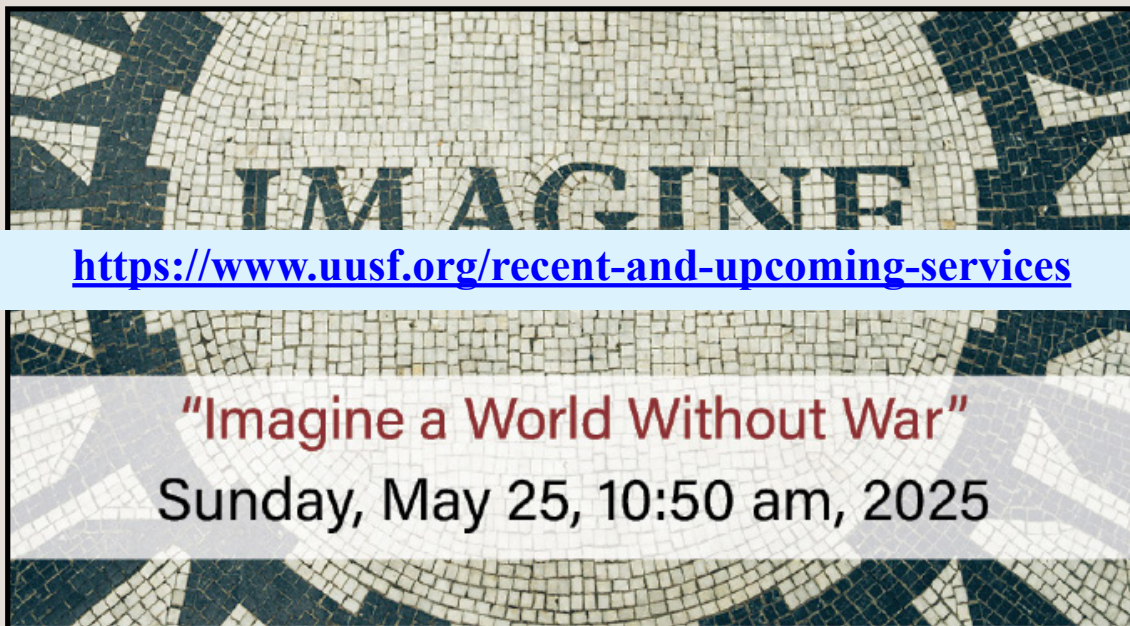
We welcome the newcomer, we commit to building trust with each other, we celebrate differences and make space for repair when harm occurs.

UUSF MEDIA

View our videos <http://www.youtube.com/c/UUSFMedia>

Check out our Podcasts <https://www.uusf.org/worship-archives>

Go to our website at <https://www.uusf.org/>



<https://www.uusf.org/recent-and-upcoming-services>



Scan the QR code ↑ to visit our UUSF Media YouTube channel and view upcoming and previously recorded services.