

"Freedom to Love"

Sunday, June 29, 2025, 10:50 am

First Unitarian Universalist Society of San Francisco

Order of Service
Sunday June 29, 2025
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2024>

A Guide for Newcomers - What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

Welcome to Worship!

UUSF no longer requires masks indoors on our premises,
following the lead of the San Francisco Department of Health.

We do, however, strongly recommend people to wear masks
or do anything else that protects and respects their own health and comfort.
There is a designated mask-only area on the far right side of the Sanctuary.

Stay Engaged: Explore Our Busy Hand Activity Station

Did you know we have a busy hand activity station at the back of the sanctuary for all ages?

You can find fidget toys, coloring, and so much more.

Check it out if you need something to keep your hands busy during the service.

Please return items before you leave the sanctuary.

Prelude *Uf de Höchalp*
 L'air de Rien

Max Sommer
Robert Scotton
Stephen Saxon, alphorn

Opening Words and Welcome

Rev. Laura Shennum, Minister of Congregational Life

Unison Chalice Lighting

Maria, Worship Associate

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

*Hymn 305

De Colores

DECOLORES

Stephen Saxon, songleader; Mark Sumner, pianist

[\(CLICK HERE OR TURN TO PAGES 6-8 TO VIEW HYMN\)](#)

Greeting One Another

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

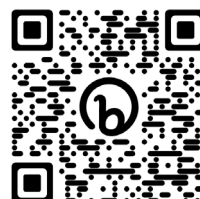
8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Reflection

Maria

Offering

The offering today goes to support the **UUSF Defend Our Rights Fund**. The fund was started this year with an anonymous gift of \$20,000 by a member of UUSF along with a grant of \$30,000 from the William and Alice Hinckley Fund to provide resources for the legal defense and support of those whose basic rights might be under attack in the upcoming years. Defense and support of members of UUSF will be given priority, but it will also be available to community members in our neighborhood and neighboring communities. For more information, email UUSF's Moderator, Galen Workman, at Moderator@uusf.org or one of your ministers. To make a donation on Vanco (bit.ly/uusfpayments), using the Donate Button on our website, or by scanning the QR code, please select the line for Special Sunday Offering. The designation is important to ensure your gift gets applied correctly. If you are sending a check, please mark in the memo today's date, **06-29-25**.



Offertory Music *Psalm 23*

Stephen Saxon

Stephen Saxon, Eb Alto Horn and Mark Sumner, Pianist

Meditation

Rev. Laura Shennum

In Words

In Silence...

*During this time if you have lost someone close to you in the past year,
we invite you to stand or raise your hand in silent witness.*

In Music

Glitter Blessing

Rev. Laura Shennum

Music *Edelweiss*

Robert Könul
Stephen Saxon, alphorn

Sermon "Freedom to Love"

Rev. Laura Shennum

*Hymn 149

Lift Every Voice and Sing

LIFT EVERY VOICE

Stephen Saxon, songleader; Mark Sumner, pianist

[\(CLICK HERE OR TURN TO PAGES 9-10 TO VIEW HYMN\)](#)

Brief Invitations

Linda Enger, Trustee

*Benediction & Extinguishing of the Chalice

Rev. Laura Shennum

Postlude *Festival Music #1*

Stephen Saxon
Stephen Saxon, Eb Alto Horn; Mark Sumner, Pianist

*Please rise in body or spirit.





PARTICIPANTS

Worship Leaders

Rev. Laura Shennum, Minister of Congregational Life
Maria, Worship Associate
Linda Enger, Trustee

Sunday Support

Eric Shackelford; Shulee Ong; Eli Boshears, Camera Operators
Jonathan Silk, Director of Communications
Kelvin Jones; Matias Pineda Salazar; Francisco Castellanos, Sextons
Judy Payne, Flowers
Linda Messner, Head Usher

Musicians

Stephen Saxon, alphorn, alto horn, and songleader
Mark Sumner, pianist

About

Stephen Saxon (alphorn, alto horn, and voice) has been the bass section leader for the UUSFF choir since January of this year. He has been a member of Chanticleer, the Pacific Mozart Ensemble, the San Francisco Choral Artists, Clockwork, The Klezmerim, The San Francisco Klezmer Experience, and he has performed as soloist with the San Francisco Symphony, the Spokane Symphony, Kitka, and various other ensembles. Stephen is also a cybersecurity engineer and has written two books on network operating systems. An amateur genealogist, he has traced his family roots back to the late 1400's. He bats and throws right-handed (neither one very well), and he is almost finished making a first quilt for his exceptionally lovely granddaughter.

Offertory Update

On June 15 we took the offering for **Safe and Sound** and we raised a total of \$437.
Last Sunday we took an offering for UUSF and we raised a total of \$285.

Sweet Celebration: 90 Cupcakes for 90 Years of Love!

At social hour today, Mary Castiglia is bringing 90 cupcakes so we can celebrate her 90th Birthday with her!
So put love and cupcakes at the center of your Sunday.

De Colores

305

$\text{♩} = 60$

1. All the col-ors, yes, the col - ors we see in the
 2. All the col-ors, yes, the col - ors of peo - ple pa-
 3. All the col-ors, yes, the black and the white and the
 1. *De col - or - es, de col - or - es se vis - ten los*

spring-time with all of its flow-ers. All the
 rad - ing on by with their ban-ners. All the
 red and the brown and the yel - low. All the
cam - pos en la pri - ma - ve - ra. De col-

Words: David Arkin, used by perm. of Hodgins Press

Music: Traditional Spanish folk,

⊕ arr. by Betty A. Wylder, 1923- , © 1992 Unitarian Universalist Association

DE COLORES

Irregular with refrain

col - ors, when the sun - light shines out through a
 col - ors, yes, the col - ors of pen - nants and
 col - ors, all the col - ors of peo - ple who
 - or - es, de col - or - es son los pa - ja -

rift in the cloud and it show - ers. All the
 stream - ers and plumes and ban - dan - nas. All the
 smile and shake hands and say "Hel - lo!" All the
 ri - tos que vien - en de a fue - ra. De col -

col - ors, as a rain - bow ap - pears when a
 col - ors, yes, the col - ors of peo - ple now
 col - ors, yes, the col - ors of peo - ple who
 or - es, de col - or - es es al ar - co

storm cloud is touched by the sun.
 tak - ing their place in the sun. All the
 know that their free - dom is won. Y por
 ir - is que ve - mos lu - cir.

col - ors a - bound for the whole world a - round and for
 e - so los gran - des a - mo - res de much - os col -

ev - 'ry - one un - der the sun.
 or - es me gus - tan a mi. Interlude

149 Lift Every Voice and Sing

$\text{♩} = 76$

1. Lift ev - ery voice and sing, till earth and heav - en
 2. Ston - y the road we trod, bit - ter the chas - tening
 3. God of our wea - ry years, God of our si - lent

ring, ring with the har - mo - nies of lib - er -
 rod, felt in the days when hope un - born had
 tears, thou who hast brought us thus far on the

ty; let our re - joic - ing rise high as the lis - tening
 died; yet with a stead - y beat, have not our wea - ry
 way; thou who hast by thy might led us in - to the

skies, let it re - sound loud as the roll - ing sea.
 feet come to the place for which our fa - thers sighed?
 light, keep us for - ev - er in the path, we pray.

Words: James Weldon Johnson, 1871-1938
 Music: J. Rosamond Johnson, 1873-1954,
 © 1921 Edward B. Marks Music Co., renewed

LIFT EVERY VOICE
 Irregular

F R E E D O M

Sing a song full of the faith that the dark past has
 We have come o - ver a way that with tears has been
 Lest our feet stray from the plac - es, our God, where we

taught us; sing a song full of the
 wa - tered; we have come, tread - ing our
 met thee; lest our hearts drunk with the

hope that the pres - ent has brought us; fac - ing the
 path thru the blood of the slaugh - tered, out from the
 wine of the world, we for - get thee; shad - owed be -

ris - ing sun of our new day be -
 gloom - y past, till now we stand at
 neath thy hand, may we for - ev - er

gun, let us march on till vic - to - ry is won.
 last where the white gleam of our bright star is cast.
 stand, true to our God, true to our na - tive land.

F R E E D O M

TODAY!

Art Committee Artists' Art Reception - Sunday, June 29, at 12:30 pm in the King Rooms

You are invited to an art showing featuring the works of Steve Sweetser and Judith Williams on Sunday, June 29, at 12:15 pm in the King Rooms. Sweetser, a former veterinarian turned artist, presents his mixed media abstract and collage pieces that explore geometric forms and human emotions. Judith Williams showcases her rich encaustic paintings, rooted in Ancient Greek techniques, revealing the beauty of layered beeswax and pigments. Join us for this unique opportunity to engage with the diverse artistic expressions of both artists.

Save the Date: Join the UUSF Art Committee for an exclusive pre-release screening of the documentary short “**Box of Dreams**” on **Saturday, July 26, at 1:00 pm in the Chapel**. This film, created by Jenny Badger Sultan, explores a Jungian painted journey through dreams. The event will include an audience-led Q&A and discussion featuring artist and producer Hank Sultan and filmmaker Kirk Goldberg.

Environmental Justice Working Group Promotes Zero Waste Initiative at Sunday Social Hour

The Environmental Justice Working Group is striving for zero waste during the Sunday after-service social hour, aligning with UU values and the 7th Principle. So far, they've replaced disposable items with stoneware cups, plates, and real utensils; introduced a sugar dispenser; and added oat milk as a dairy-free creamer option. To maintain this initiative, they are seeking volunteers to help wash and store these items weekly, as well as additional help to launder kitchen linens. Interested individuals are encouraged to sign up for one Sunday a month to assist with these efforts. For information or questions, or to join us, email Amanda at acsfca@gmail.com to join the Coffee Cup Crew.

UUSF Church Cookbook Sign-Up - Signup at <https://t.ly/UUSFCookBook>

UUSF is launching its first-ever church cookbook and is seeking contributions from the congregation to strengthen community bonds through shared recipes. Interested individuals can sign up to help with various aspects of the project, including planning, design, and recipe submissions, with initial sign-ups available starting June 22nd until June 30th. A potluck event featuring recipes from the cookbook will be organized after its publication, and further details will be shared with those who sign up.

STARR KING WAY PERFORMANCE SERIES (SKWPS)

Celebrating Heritage: Los Cenzontles Set to Dazzle at SKWPS 2025

Sunday, June 29, 1:30 pm, Sanctuary

Los Cenzontles, a celebrated music group founded in 1989 by Eugene Rodriguez, will perform at SKWPS 2025 on Sunday, June 29 at 1:30 pm in the Sanctuary. Originating as a youth music ensemble in California, they have dedicated themselves to promoting Mexican cultural traditions and fostering cross-cultural connections through their academy, band, and various media productions. Renowned for their interpretations of traditional, classic, and original songs, Los Cenzontles captures the essence of their heritage while performing globally in countries such as the United States, Mexico, Cuba, the UK, and the Dominican Republic. The group's members, trained at their Cultural Arts Academy, not only perform but also teach and pass on musical traditions to new generations, often inviting students to join them on stage.



UPCOMING HAPPENINGS

New to this community? New to Unitarian Universalism? - Sunday, July 6, 12:30 pm, Fireside Room

Newcomers are welcome to join us after the service to meet some of our members and learn more about our congregation and Unitarian Universalism. It's a great chance to meet other folks in the community, ask any questions you might have, and find out how to get involved.

Don't Miss A Day of Sun, Fun & Giants!! We're headed back to the ballpark!- Sunday, July 13

Join us for a day of sun, fun, and baseball as we cheer on the Giants against the Dodgers on Sunday, July 13! Tickets are available for \$50 each, with the game starting at 1:05 PM in section View Reserve 307. Don't miss out on this exciting matchup! To purchase tickets go to bit.ly/uusfpayments and, make sure to add your payment where it says: **Events-UUSF sponsored/Giants \$50 July 13**.

Dive into Love: Join Our 'Love At The Center' Discussion Series! - July 9 to August 6

Join Rev. Laura Shennum for "Love At The Center," a discussion series running Wednesdays from July 9 to August 6, from 6:15 pm to 8:15 pm at the UUSF Courtyard. Participants will explore Unitarian Universalist theology through the book "Love At The Center," reading five essays each week. You can email Alicia Cover at acover@uusf.org to have the essays emailed to you. A casual gathering begins at 6:15 pm for dinner, with discussions starting at 6:30 pm; the course is currently in-person only, but an online option may be available based on interest. For questions or to register, contact Rev. Laura Shennum at lshennum@uusf.org or visit the provided registration link at <https://t.ly/loveatthecenter>.

UUSF Environmental Justice - Sunday, July 20, 12:30 pm, Fahs Room

Join the UUSF Environmental Justice Working Group for monthly meetings on the third Sunday of each month at 12:30 pm in the Fahs Room. Everyone is welcome to share ideas and volunteer for projects, and don't forget to check out the new bulletin board in the gallery.

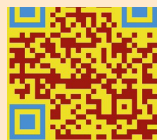
Young Adults Lunch - Sunday, July 20, 12:30 pm, Fireside Room

Join us for the Young Adults Lunch on Sunday, July 20 at 12:30 pm in the Fireside Room, where we will order food for delivery to accommodate our growing group. This month, lunch is complimentary from UUSF as a thank you for our community's growth. No registration is needed; just drop in and enjoy!



Pod and Country Episode 3 is out now! - Check it out by going to <https://podandcountry.podbean.com/>

In episode 3, we expand our focus from theological and historical foundations of Unitarian Universalism to actively engaging with our communities to support those fighting against systemic injustice. Featuring an interview with **Adrian Tirtanadi, Executive Director of Open Door Legal**, we learn about their successful approach to providing universal legal access, which significantly reduced homelessness in their initial community. The episode also includes a visit to **Rev. Nathan Ryan in Baton Rouge**, discussions on cultural context, and contributions from **Francisco Herrera**, along with comedy and poetry, culminating in a reflection from Rev. Vanessa Rush Southern. <https://podandcountry.podbean.com/>



WELCOME TO WORSHIP!

If you're new, please familiarize yourself with the guidance and support available on Sundays below. If you have any questions, an usher, greeter, or member of staff will be happy to help.

COVID-19: UUSF no longer requires masks indoors on our premises, following the lead of the San Francisco Department of Health. We do, however, encourage people to wear masks or do anything else that protects and respects their own health and comfort. There is a designated mask-only area on the far right side of the Sanctuary. If you feel unwell, please stay home and enjoy the service at home via livestream. (bit.ly/uusfmedia)

BUSY HANDS: Explore our Busy Hands activity station located at the back of the sanctuary. You will find things like fidget toys and coloring for all ages to help you keep your hands busy during service. Please return items before leaving the sanctuary.

Pets: If you came with your pet, there is a pet-friendly section on the furthest section on the left toward the front of the sanctuary.

HEARING ASSISTANCE DEVICE: We can provide hearing assistance devices for the service. These are with the ushers in the back of the sanctuary, who will help you get oriented and comfortable with one.

CANDLES: In Unitarian Universalism we light candles to recognize sacred time, honor loved ones, mark important life events, and more. If you have something on your mind for which you'd like to light a candle, you are invited to come forward and light one silently during service.

SOCIAL HOUR: Everyone is welcome and invited to join us at social hour after service. This is normally in the courtyard (when weather permits) or in our Thomas Starr King room at the end of the hallway outside of the sanctuary. Help yourself to beverages and snacks!

Welcome to UUSF: Connect and Discover

NEW TO UUSF? Complete a Connections form to receive our newsletter, which includes a link to the Order of Service and Sunday Livestream. If you're at UUSF in person, you can find a yellow connections card at the welcome table in the gallery outside the sanctuary or in a pew in front of you. You can also fill it out online at <https://bit.ly/uuconnections2024>.

A GUIDE FOR NEWCOMERS: What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109

415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

CONGREGATIONAL COVENANT (under construction)

In an effort to make the world a better place, we support each other's journey to seek truth with openness, curiosity and respect for different perspectives and paths.

As love is our spirit, we commit to respect, accept, listen to and support each other.

We hold ourselves and each other accountable by continually assessing our individual and community actions toward living into our covenant. This will include speaking up when someone's actions are not aligned.

We commit to be in community with openness and loving kindness, acknowledging our own biases and differing perspectives.

We welcome the newcomer, we commit to building trust with each other, we celebrate differences and make space for repair when harm occurs.

UUSF MEDIA

View our videos <http://www.youtube.com/c/UUSFMedia>

Check out our Podcasts <https://www.uusf.org/worship-archives>

Go to our website at <https://www.uusf.org/>

<https://www.uusf.org/recent-and-upcoming-services>

"Spirituality and Inner Freedom"
Sunday, June 22, 10:50 am, 2025



Scan the QR code ↑ to
visit our UUSF Media
YouTube channel and
view upcoming and
previously recorded
services.