

“All for One & One for All”

Sunday, August 3, 2025, 10:50 am

First Unitarian Universalist Society of San Francisco



Order of Service
Sunday August 3, 2025
10:50 AM - 12:15 PM
Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2024>

A Guide for Newcomers - What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

Welcome to Worship!

UUSF no longer requires masks indoors on our premises,
following the lead of the San Francisco Department of Health.

We do, however, strongly recommend people to wear masks
or do anything else that protects and respects their own health and comfort.
There is a designated mask-only area on the far right side of the Sanctuary.

Stay Engaged: Explore Our Busy Hand Activity Station

Did you know we have a busy hand activity station at the back of the sanctuary for all ages?
You can find fidget toys, coloring, and so much more.
Check it out if you need something to keep your hands busy during the service.
Please return items before you leave the sanctuary.

Prelude Percussion Improvisation

Matt Meyer, percussionist

Opening Words and Welcome

Rev. Vanessa Rush Southern, Senior Minister

Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

*Hymn

Bright Morning Star

Trad. Music, words by Matt Meyer

Greeting One Another

*Unison Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

Reflection

Asani Seawell, Worship Associate

Offering

Our offering today is for the organization **Reclaim Our Vote**, a voter outreach program of the Virginia-based, non-partisan **Center for Common Ground**. The Center has been working to reimagine what voter mobilization looks like, supporting voters in communities of color, primarily in the South. UU **the Vote** (a UU initiative providing opportunities to bring democratic values to life) officially partners with **Reclaim Our Vote** in its mission: contacting BIPOC voters to increase turnout. Specifics include providing early voting locations and times, voter registration deadlines, information for free rides to the polls, and phone numbers for county election officials. In sum, **Reclaim Our Vote** provides the crucial information that empowers voters. To make a donation on Vanco (bit.ly/uusfpayments), using the Donate Button on our website, or by scanning the QR code, please select the line for Special Sunday Offering. The designation is important to ensure your gift gets applied correctly. If you are sending a check, please mark in the memo today's date, **08-03-25**.



Offertory Music *More Waters Rising*

Saro Lynch-Thomason
Matt Meyer, percussionist

Meditation

In Words

In Silence...

*During this time if you have lost someone close to you in the past year,
we invite you to stand or raise your hand in silent witness.*

Reading Words by King, Baldwin, & Cullors

Music *I'm Gonna Lift My Sister Up*

Faya Ora Rose Touré
Matt Meyer, percussionist

Sermon "All for One & One for All"

Matt Meyer

*Hymn *Olam Chesed Yibaneh*

Rabbi Menachem Creditor

Brief Invitations

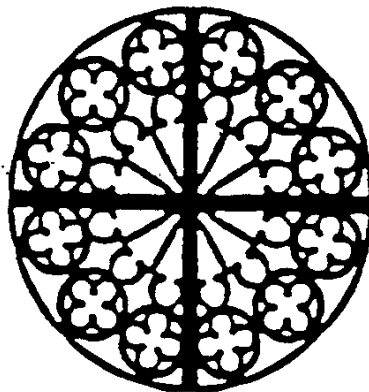
Liz Strand, Trustee

*Benediction & Extinguishing of the Chalice

Postlude Percussion Improvisation

Matt Meyer, percussionist

*Please rise in body or spirit.





PARTICIPANTS

Worship Leaders

Matt Meyer, Guest Preacher
Rev. Vanessa Rush Southern, Senior Minister
Asani Seawell, Worship Associate
Liz Strand, Trustee

Sunday Support

Eric Shackelford; Shulee Ong; Eli Boshears, Camera Operators
Jonathan Silk, Director of Communications
Kelvin Jones; Matias Pineda Salazar; Francisco Castellanos, Sextons
Amy Kelly, Flowers
Linda Messner, Head Usher

Musicians

Matt Meyer, percussionist
Mark Sumner, songleader

About



Matt Meyer has led music and worship for hundreds of services in congregations all over the U.S. and Canada. Matt has a degree in hand drumming from Berklee College of Music and has studied abroad in Cuba, Ghana, and Central America. In addition to music, Matt is also an active community organizer and educator. To learn more about Matt's work go to <https://www.rhythmrevelations.com/>.

Offertory Update

On July 27 we took the offering for "The Arc" (thearc.org) and we raised a total of \$390.75.

TODAY!

Honoring Voting Rights—Working for Democracy - Sunday, August 3, 12:30 pm, TSK Room

Plan to join us after the church service for a program featuring food, music, history, and the launch of our new writing-to-voters project partnering with Reclaim Our Vote. Youth middle school and above are invited to participate. Reclaim Our Vote's mission is outreach and support to voters in communities of color, primarily in the rural South. The focus will be on Virginia state elections, as many major offices will be on the ballot this fall. Messages are prepared by locals familiar with the culture and concerns of each specific community. Our task is to transcribe their words onto colorful, handwritten postcards.

New to this community? New to Unitarian Universalism? - Sunday, August 3, 12:30 pm, Fireside Room

Newcomers are welcome to join us after the service to meet some of our members and learn more about our congregation and Unitarian Universalism. It's a great chance to meet other folks in the community, ask any questions you might have, and find out how to get involved in our programs and ministries. Free childcare is available to attendees who need it. We look forward to meeting you!

Art Unveiled: Discover the Emotional Geometry and Ancient Beauty in the Kings Gallery

Join us after church on Sunday to explore the new artwork by Steve Sweetser and Judith Williams in the King Rooms, featuring Sweetser's mixed media pieces and Williams' encaustic paintings. Don't miss the opportunity to engage with their unique artistic expressions. Additionally, participate in the UUSF Family and Friends Art Show, open to UUSF members, families, and friends. Artists can submit 1-3 ready-to-hang pieces on August 24 from 10-2:00 pm, with an artist reception scheduled for September 7th from 12:15 pm to 3:00 pm.

UPCOMING HAPPENINGS

Young Adult Outing: SFMoMA Free First Thursdays - Thursday, August 7, 6:30 pm-8:00 pm

Young adults are invited to a social outing at the San Francisco Museum of Modern Art (SFMOMA), which houses over 50,000 works. They can enjoy free general admission through the museum's Free First Thursdays program, available to residents of the nine Bay Area counties. Register at <https://t.ly/pIpeZ>. For questions, contact Membership and Young Adult Manager Emma Wakeling at ewakeling@uusf.org.

Celebrate the Harvest: Join Us for a Magical August Potluck! - Saturday, August 9, 6:45 pm, Chapel

August marks the transition between summer and autumn, characterized by the end of summer leisure and the onset of harvest activities. The Pagan Interest Circle is hosting a First Harvest Full Moon Potluck on August 9, 2025, celebrating the first fruits of the grain harvest with food, fun, and games. This month is rich in cultural traditions, with various communities around the world celebrating harvest festivals that emphasize themes of gratitude, hope, and renewal. For more info contact Christine Patch-Lindsay at cplhealer@comcast.net no later than 3:00 pm Saturday, August 9. Website: <https://www.uusf.org/pict>

New UU Class: Welcome Home - Sunday, August 10, 1:00 pm, Fireside Room

New UU is an interactive class led by Rev. Laura Shennum and Emma Wakeling, designed to deepen understanding of Unitarian Universalism and the UUSF community. The class covers UU history, the congregation's mission, the membership process, and ways to engage with the community, and is open to all, regardless of membership interest. The next session will be held on Sunday, August 10 at 1 PM at UUSF, with snacks and childcare provided; registration is encouraged (<https://uusf.org/are#new-uu>), and questions can be directed to Emma Wakeling at ewakeling@uusf.org.

UUSF Environmental Justice - Sunday, August 17, 12:30 pm, Fahs Room

Join the UUSF Environmental Justice Working Group for monthly meetings on the third Sunday of each month at 12:30 pm in the Fahs Room. Everyone is welcome to share ideas and volunteer for projects, and don't forget to check out the new bulletin board in the gallery.

Minister's Book Group - *James* by Percival Everett - Wednesday, August 20, 6:30-8:00 pm (Zoom)

Everett is a distinguished professor of English at the University of Southern California. In *James* he takes the story of *The Adventures of Huckleberry Finn*, the classic tale by Mark Twain, and flips it, putting the runaway slave, Jim (James), at the center. Lionel Trilling called *The Adventures of Huckleberry Finn*, "one of the world's great books and one of the central documents of American culture." Everett is not just playing with a classic; he is upending a national narrative. And does so, apparently, with incredible skill and power. Info & to register: <https://uusf.org/are#mbg>

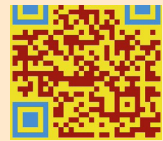
UPCOMING HAPPENINGS

STARR KING WAY PERFORMANCE SERIES (SKWPS)

Strings of Innovation: Giacomo Fiore's Musical Journey and Upcoming Show!

Sunday, August 31, 1:30 pm, Sanctuary

Giacomo Fiore is an Italian-born guitarist and musicologist who has premiered over thirty new works for electric and classical guitars and released multiple recordings with various labels. His scholarly research centers on U.S. experimental music, intonation, and performance, with publications in notable music journals. Fiore teaches diverse music courses at the University of San Francisco and UC Santa Cruz and is involved with the chamber group Ninth Planet New Music and other Bay Area organizations. He has been a curator for the Center for New Music since 2019 and served as vice president of the Northern California Chapter of the American Musicological Society from 2015 to 2019. Giacomo is scheduled to perform on Sunday, August 31, at 1:30 pm for the Starr King Way Performance Series. For more info go to <https://www.uusf.org/skwps>.



Pod and Country Episode 4 is out now! - Check it out by going to <https://podandcountry.podbean.com/>

In this episode we continue in the best tradition of Unitarian Universalism to take it to the streets. We speak with Bill Ong Hing, a leading voice in the struggle to ensure that immigrants are treated with dignity and fairness under the law that serves all of us regardless of our immigration status. Bill is a law professor and Associate Dean at the University of San Francisco and is the founding director of the Immigration and Deportation Defense Clinic. We also have a delightful conversation with the Rev. Stacy Craig who serves as the minister to both the Chequamegon Unitarian Universalist Fellowship of Wisconsin and the Unitarian Universalist Fellowship of Chico in northern California. As with every episode, we offer a bit of comedy (hard to do in these times!), poetry and music. Come on in! Questions? Email us at podandcountry@uusf.org

WELCOME TO WORSHIP!

If you're new, please familiarize yourself with the guidance and support available on Sundays below. If you have any questions, an usher, greeter, or member of staff will be happy to help.

COVID-19: UUSF no longer requires masks indoors on our premises, following the lead of the San Francisco Department of Health. We do, however, encourage people to wear masks or do anything else that protects and respects their own health and comfort. There is a designated mask-only area on the far right side of the Sanctuary. If you feel unwell, please stay home and enjoy the service at home via livestream. (bit.ly/uusfmedia)

BUSY HANDS: Explore our Busy Hands activity station located at the back of the sanctuary. You will find things like fidget toys and coloring for all ages to help you keep your hands busy during service. Please return items before leaving the sanctuary.

Pets: If you came with your pet, there is a pet-friendly section on the furthest section on the left toward the front of the sanctuary.

HEARING ASSISTANCE DEVICE: We can provide hearing assistance devices for the service. These are with the ushers in the back of the sanctuary, who will help you get oriented and comfortable with one.

CANDLES: In Unitarian Universalism we light candles to recognize sacred time, honor loved ones, mark important life events, and more. If you have something on your mind for which you'd like to light a candle, you are invited to come forward and light one silently during service.

SOCIAL HOUR: Everyone is welcome and invited to join us at social hour after service. This is normally in the courtyard (when weather permits) or in our Thomas Starr King room at the end of the hallway outside of the sanctuary. Help yourself to beverages and snacks!

Welcome to UUSF: Connect and Discover

NEW TO UUSF? Complete a Connections form to receive our newsletter, which includes a link to the Order of Service and Sunday Livestream. If you're at UUSF in person, you can find a yellow connections card at the welcome table in the gallery outside the sanctuary or in a pew in front of you. You can also fill it out online at <https://bit.ly/uuconnections2024>.

A GUIDE FOR NEWCOMERS: What to Expect During Worship (read at <https://bit.ly/newcomersguide-uusf>)

Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109

415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

CONGREGATIONAL COVENANT (under construction)

In an effort to make the world a better place, we support each other's journey to seek truth with openness, curiosity and respect for different perspectives and paths.

As love is our spirit, we commit to respect, accept, listen to and support each other.

We hold ourselves and each other accountable by continually assessing our individual and community actions toward living into our covenant. This will include speaking up when someone's actions are not aligned.

We commit to be in community with openness and loving kindness, acknowledging our own biases and differing perspectives.

We welcome the newcomer, we commit to building trust with each other, we celebrate differences and make space for repair when harm occurs.

UUSF MEDIA

View our videos <http://www.youtube.com/c/UUSFMedia>

Check out our Podcasts <https://www.uusf.org/worship-archives>

Go to our website at <https://www.uusf.org/>

<https://www.uusf.org/recent-and-upcoming-services>

"Poetry in Times of Reverie"
Sunday, July 27, 10:50 am, 2025



Scan the QR code ↑ to
visit our UUSF Media
YouTube channel and
view upcoming and
previously recorded
services.