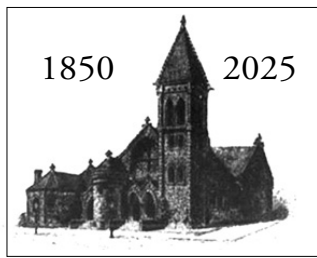


"Presente!"

Sunday, November 2, 2025, 10:50 am

First Unitarian Universalist Society of San Francisco





Order of Service
Sunday November 2, 2025
10:50 AM - 12:15 PM

Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2024>

A Guide for Newcomers! - What to Expect During Worship (read at <https://bit.ly/newcomersguideuusf>)

Welcome to Worship!

UUSF no longer requires masks indoors on our premises,
following the lead of the San Francisco Department of Health.

We do, however, strongly recommend people to wear masks
or do anything else that protects and respects their own health and comfort.
There is a designated mask-only area on the far right side of the Sanctuary.

Stay Engaged: Explore Our Busy Hand Activity Station

Did you know we have a busy hand activity station at the back of the sanctuary for all ages?

You can find fidget toys, coloring, and so much more.

Check it out if you need something to keep your hands busy during the service.

Please return items before you leave the sanctuary.

Prelude	<i>Somos del Senor</i> Adagio [Suite for Organ]	Hispanic Melody, Emma Lou Dimer Thommaso Albinoni Reiko Oda Lane, organist
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Opening Words and Welcome	Rev. Laura Shennum, Minister of Congregational Life
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Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

*Hymn 16

Tis A Gift to Be Simple

SIMPLE GIFTS

([CLICK HERE OR TURN TO PAGES 6-7 TO VIEW HYMN](#))

Greeting One Another

Time for All Ages "The Memory Tree" A Wisdom Tale from Britta Teckentrupp

*Unison Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON



From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

This Time of Year

Rev. Vanessa Rush Southern, Senior Minister

Offering

This morning's offering will benefit the work of the **The Interfaith Movement for Human Integrity (IM4HI)**. The Interfaith Movement for Human Integrity is a California-based multifaith organization that works to defend the humanity of immigrants and fight for the rights of the incarcerated. It mobilizes congregations and people of faith to advocate for social justice issues related to immigration and mass incarceration. To make a donation on Vanco (bit.ly/uusfpayments), using the Donate Button on our website, or by scanning the QR code below, please select the line for Special Sunday Offerings. The designation is important to ensure your gift gets applied correctly. If you are sending a check, please mark in the memo today's date, 11-02-25.



Offertory Music

Esto les digo

Kinley Lange

UUSF Choir; Hallie McDonologue, soprano; Mark Sumner, director

Where two or three are gathered in My name, there will I be also.

Reflection and Remembrance

Mark Caswell, Ministerial Intern

Meditation

In Words

In Silence...During this time if you have lost someone close to you in the past

year, we invite you to stand or raise your hand in silent witness to this loss.

Music

Y Comienzo a Bailar

words and music by Elizabeth Alexander

UUSF Choir; Akané Ota, mezzo-soprano; Mark Sumner, director; Wm. García Ganz, pianist

We hold out our hands, offering bread, chocolate, our garden's tenderest gifts. The shadows neither answer us nor eat, but smile in the imperceptible way the dead always smile - so that suddenly the tomatoes gleam bright in the blue bowl, the wet salt on our lips crackles, the wind's caress within us is cooler and sweeter, and (certain that the musicians have finally arrived) I rise from my chair and start to dance.

Ritual of Remembrance

Vanessa Rush Southern

I call out the name of _____,

who was _____ [fill in their relationship to you] to me.

My ancestor(s) taught me _____ [fill in a short sentence or phrase of some wisdom about life they taught you.]

[Speak their name again] _____.

Community Responds: Presente!

Blessing

"Feeding You" by Carmen Tafolla

Mari Magaloni Ramos, Worship Associate

*Hymn 336

All My Memories of Love

ADORO TE DEVOTE

[\(CLICK HERE OR TURN TO PAGES 8-9 TO VIEW HYMN\)](#)

Brief Invitations

Galen Workman, Moderator, Board of Trustees

*Benediction & Extinguishing of the Chalice

*Please rise in body or spirit.

PARTICIPANTS

Worship Leaders

Rev. Vanessa Rush Southern, Senior Minister
Rev. Laura Shennum, Minister of Congregational Life
Mark Caswell, Ministerial Intern
Mari Magaloni Ramos, Worship Associate
Galen Workman, Moderator, Board of Trustees

Sunday Support

Eric Shackelford; Shulee Ong; Alicia Cover, Eli Boshears, Camera Operators
Desired Effect, Audio Support
Jonathan Silk, Order of Service
Jose Matias Pineda; Francisco Castellanos, Sextons
Judy Payne, Flowers
Linda Messner, Head Usher

Musicians

Reiko Oda Lane, organist
UUSF Choir
Mark Sumner, director
Hallie McDonologue, soprano
Akané Ota, mezzo-soprano
Wm. García Ganz, pianist

The Interfaith Movement for Human Integrity

The Interfaith Movement for Human Integrity (IM4HI) is a California-based multifaith organization dedicated to defending the rights and humanity of immigrants and the incarcerated. Founded from two social justice organizations in the 1990s and renamed in 2015, IM4HI mobilizes faith communities to advocate for social justice through initiatives focused on immigrant justice and criminal justice reform. Its mission emphasizes compassion, the sacredness of every individual, and the belief that love transcends borders. With programs that include sanctuary support for immigrants, public education, and advocacy for alternatives to incarceration, IM4HI actively engages in community organizing and policy advocacy to promote racial equity and justice across California. This year's Love Over Fear benefit concert for IM4HI will take place on November 13 at Freight & Salvage in Berkeley. Come and enjoy a powerful lineup of musicians, poets, and storytellers will grace the stage to inspire the audience in an embodied call for solidarity and offer their creative gifts as a healing balm for weary souls. UUSF will be a sponsor of that event. Learn more at <https://www.im4humanintegrity.org/>

Offertory Update

On Oct. 26 we took the offering for The American Red Cross and we raised a total of \$1,145.75.

16 'Tis a Gift to Be Simple

♩ = 104 Unison

'Tis a gift to be sim - ple, 'tis a gift to be free, 'tis a
gift to come down where we ought to be, and
when we find our-selves in the place just right, 'twill be in the val-ley of
love and de-light. When true sim-plic-i-ty is gained, to
bow and to bend we shan't be a-shamed. To turn, turn will

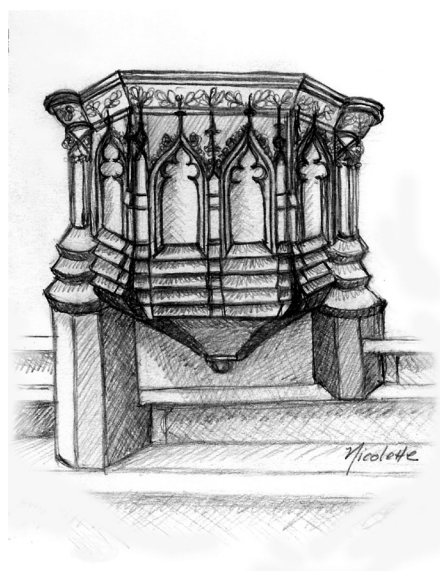
Words: Joseph Bracket, 18th cent.
Music: American Shaker tune

SIMPLE GIFTS
Irregular with refrain

THE CELEBRATION OF LIFE

be our de-light, 'till by turn-ing, turn-ing we come 'round right.

The image shows a musical score for a song. It consists of two staves, a treble staff and a bass staff, both in G major (one sharp). The treble staff has a melody line with eighth and sixteenth notes. The bass staff has a bass line with eighth and sixteenth notes. The lyrics are written below the treble staff.



336 All My Memories of Love

$\text{♩} = 126$

1. All my mem-o - ries of love hang up - on high stars.
 2. Wil - lows in Sep - tem - ber touch the wa - ter clear,
 3. Man - y are the grace - ful hearts hung up - on this tree.

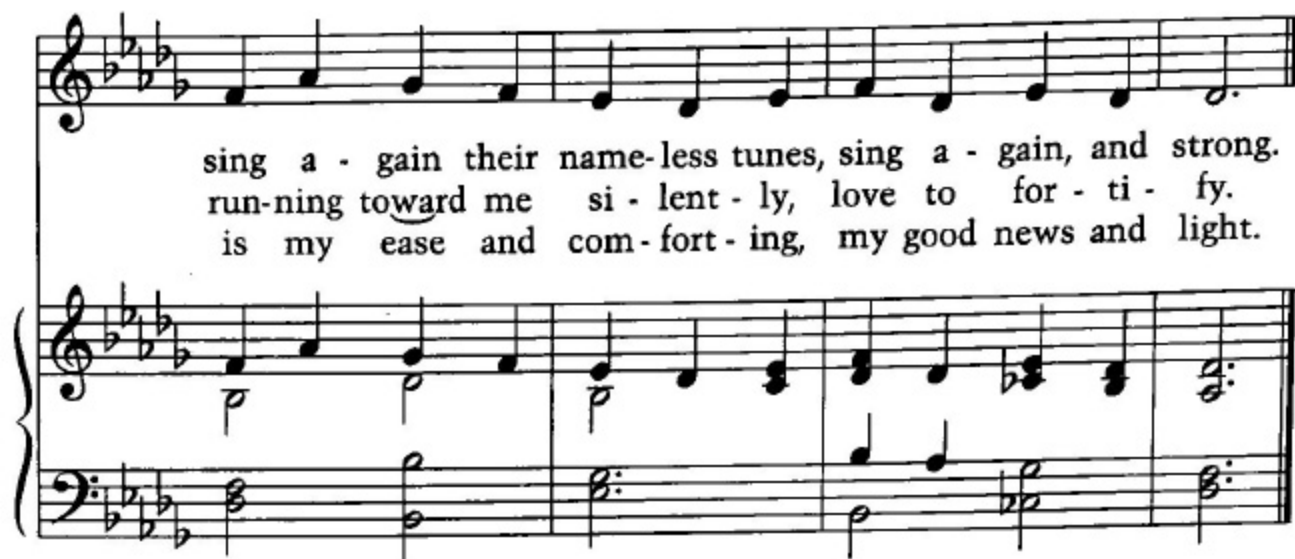
All the souls I've lost to tears now the au - tumn jars;
 set a - mong the rush - es tall of the flow - ing year.
 And it seems there's room for mine on these branch - es free;

and the air a - round me here thick - ens with their song;
 Ris - ing up from sun - lit past comes the shad - owed sigh
 and the sky a - bove the tree, wheth - er wet or bright,

Words: Anna Akhmatova, c. 1888-1966,
 ⊕ trans. by Mark L. Belletini, 1949-
 Music: Solesmes version of plainsong melody, adapt.

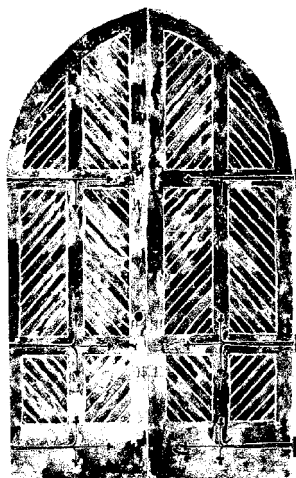
ADORO TE DEVOTE
 7.5.7.5.D.

INSIGHT AND WISDOM



musical score with lyrics

sing a - gain their name-less tunes, sing a - gain, and strong.
run-ning toward me si - lent - ly, love to for - ti - fy.
is my ease and com - fort - ing, my good news and light.



Events, Meetings & Volunteer Opportunities (www.uusf.org/news)

TODAY

Trick-or-Treating for UNICEF! Children and youth will be trick-or-treating for UNICEF during the coffee hour after service today. Bring your loose change and dollars to put in their boxes.

New to this community? New to Unitarian Universalism? - Sunday, November 2, 12:30 pm, Fireside Room Newcomers are welcome to join us after the service to meet some of our members and learn more about our congregation and Unitarian Universalism. It's a great chance to meet other folks in the community, ask any questions you might have, and find out how to get involved in our programs and ministries. Free childcare is available to attendees who need it. We look forward to meeting

Living the Unitarian Universalist Values in a Media Saturated World. Media literacy educator **Riki Panganiban** will lead a talk on **November 2 at 1:00 pm in the Chapel**, connecting media literacy to Unitarian Universalist values and discussing their application in today's media-saturated society.

UPCOMING EVENTS

UUSF and San Francisco Friends (Quakers) will host a screening of the Oscar-winning documentary "No Other Land" on **Saturday, November 8 from noon to 3 PM, TSK Room**, highlighting the realities of apartheid and ethnic cleansing in Masafer Yatta. Following the film, there will be a discussion with activists on potential solutions for the West Bank and ways for U.S. citizens to contribute to the cause. Tickets: <https://t.ly/NoOtherLandsTix>

Join the Pagan Interest Circle's ritual on **November 8th, 2025, at 6:45 pm in the Chapel** to celebrate the Full Moon and the start of a new yearly cycle, focusing on grounding and protection while honoring our ancestors. Participants are encouraged to share their personal stories and bring finger food or nonalcoholic beverages for a communal gathering after the ritual.

Sunday Forum: Saikat Chakrabarti's Vision for Change. Join Saikat Chakrabarti on November 9 at 9:30 am **in the TSK Room or on Zoom** as he discusses his congressional insights and grassroots strategies for overcoming political challenges. Aiming to inspire new voters and promote community unity, Chakrabarti advocates for a government that prioritizes ordinary people and transformative policies. Learn more at <https://www.uusf.org/forum>

The UUSF King's Gallery is set to unveil the "A Year of Neckties" exhibit on **Sunday, November 9 at 12:15 pm**, honoring the vibrant spirit of Ken Keep through the artistic creations of textile artist Sue Fox. This exhibit draws inspiration from Keep's impressive collection of over 2,400 neckties, with sale proceeds benefiting the Keep Kindness fund. Ken Keep was a charismatic individual whose life journey included Navy service and a strong connection to the Unitarian community, where he became a beloved figure known for his warmth and encouragement. Ken passed away in 2021.

On **Sunday, November 9 at 1:30 pm in the Sanctuary**, the Bernal Hill Players as part of the Starr King Way Performance Series (SKWPS) will present "Melodies of the Americas," a chamber music concert featuring flute, clarinet, and piano works by composers such as Miguel del Águila and Astor Piazzolla. Known for their engaging performances, the ensemble will showcase contemporary chamber music infused with folk elements and discuss the pieces during the concert. Learn more at <https://www.uusf.org/skwps>

The 20s & 30s Spiritual Discussion Group is hosting sessions on **November 11 and 25 from 7:00-8:30 PM** on Zoom, focusing on the theme 'Cultivating Compassion.' Open to individuals aged 18-39, these discussions will incorporate various sources to enhance spiritual reflection and connection among participants. Register at <https://t.ly/HVeSk>

The Elder Wisdom Group meets on the second **Wednesday of each month from 12pm to 2pm**, with the next meeting scheduled for November 12, where senior citizens can discuss important topics over a light lunch.

UPCOMING EVENTS

Sunday Forum with Tim Redmond: Where Does San Francisco Stand? - Join us on **Sunday, November 16 at 9:30 am** for a discussion with Tim Redmond on the impact of recent election results on San Francisco's housing crisis and law enforcement. Gain insights from Redmond's extensive experience in local journalism and learn how citizens can contribute to shaping the future of our city.

Join us for the Festivals of Lights at UUSF's Holiday Faire on **Sunday, December 7**, celebrating various cultural and religious traditions that honor light during the darkening of the year. Visit our table in the Gallery after services for more information and to get involved as a volunteer or vendor. For inquiries or to attend the Committee Meeting on **Sunday, November 16**, please contact Cheryl

Join us on **Sunday, November 16 from 12:30-2:00 pm** in the TSK Room for a reading and celebration of Kathleen McClung's new poetry collection, "Climbing the Fire Escape, Flipping the Raft," featuring a dialogue with Rev. Vanessa Rush Southern. The event will include book sales and signing, with copies available for purchase in advance.

Join the UUSF young adults for a potluck lunch on **Sunday, November 16, at 12:30 pm in the Chapel**. Bring a dish to share, and if it needs refrigeration, ask for assistance to store it in the kitchen fridge.

Join a book discussion on "Social Change Now: A Guide for Reflection and Connection" by Deepa Iyer, facilitated by Mark Caswell, on **Sunday, November 16 and 23 at 12:30 pm**. Participants will delve into Iyer's Ecosystem model and its relevance to Unitarian Universalist values and social change efforts within the community. Register at <https://t.ly/flUtI>

The November Minister's Book Group led by Rev. Southern will discuss "Better Living Through Birding" by Christian Cooper on **Wednesday, November 19 from 6:30-8 PM via Zoom**. In his memoir, Cooper shares his experiences as a Black man in the natural world, detailing his passion for birding and how it has positively influenced his life. Learn more at <https://www.uusf.org>.

The New UU class, "Welcome Home," will be held on **Sunday, November 23, at 1 PM in the Fireside Room**, providing an interactive introduction to Unitarian Universalism and the UUSF community. Led by Rev. Vanessa Rush Southern and Emma Wakeling, the class is open to everyone, regardless of interest in membership. Register at <https://uusf.org/membership#newuu>

WELCOME TO WORSHIP!

If you're new, please familiarize yourself with the guidance and support available on Sundays below. If you have any questions, an usher, greeter, or member of staff will be happy to help.

COVID-19: UUSF no longer requires masks indoors on our premises, following the lead of the San Francisco Department of Health. We do, however, encourage people to wear masks or do anything else that protects and respects their own health and comfort. There is a designated mask-only area on the far right side of the Sanctuary.

If you feel unwell, please stay home and enjoy the service at home via livestream. (bit.ly/uusfmedia)

BUSY HANDS: Explore our Busy Hands activity station located at the back of the sanctuary. You will find things like fidget toys and coloring for all ages to help you keep your hands busy during service. Please return items before leaving the sanctuary.

CHILDREN/YOUTH: All ages are welcome in the Sanctuary for service. Children/youth and their parents/guardians are invited to sit together in the first few rows of pews. Most Sundays, we also offer a variety of age-specific programming; turn to the back of the Order of Service for today's offerings.

PETS: If you came with your pet, there is a pet-friendly section on the furthest section on the left toward the front of the sanctuary. To read our new dog policy (as of July 2025), visit <https://bit.ly/uudogpolicy>.

HEARING ASSISTANCE DEVICE: We can provide hearing assistance devices for the service. These are with the ushers in the back of the sanctuary, who will help you get oriented and comfortable with one.

CANDLES: In Unitarian Universalism we light candles to recognize sacred time, honor loved ones, mark important life events, and more. If you have something on your mind for which you'd like to light a candle, you are invited to come forward and light one silently during service.

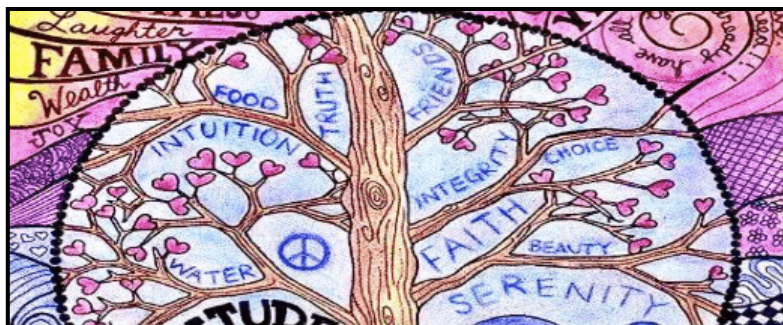
SOCIAL HOUR: Everyone is welcome and invited to join us at social hour after service. This is normally in the courtyard (when weather permits) or in our Thomas Starr King room at the end of the hallway outside of the sanctuary. Help yourself to beverages and snacks!

NEW TO UUSF? Complete a Connections form to receive our newsletter, which includes a link to the Order of Service and Sunday Livestream. If you're at UUSF in person, you can find a yellow connections card at the welcome table in the gallery outside the sanctuary or in a pew in front of you. You can also fill it out online at <https://bit.ly/uuconnections2024>.

A GUIDE FOR NEWCOMERS: What to Expect During Worship (read at <https://bit.ly/newcomersguideuusf>)

November: Nurturing Gratitude uusf.org/soulmatters

Grateful living involves recognizing the abundance and extraordinary aspects of our lives that can uplift us through challenges, as highlighted by Kristi Nelson in her book “Wake Up Grateful.” As we enter Autumn and the month of November, the theme of Nurturing Gratitude encourages us to shift our perspective amidst personal and global concerns. Practicing gratitude allows us to appreciate the beauty, resilience, and blessings in our lives, providing a grounding force that reminds us of what we cherish and that we are not alone in our struggles. This month, take time to notice new aspects of your surroundings, express gratitude to those who have supported you, and reflect on your journey. As Meister Eckhart wisely stated, a simple “thank you” can be a profound prayer, guiding us through this season.



Visio Divina: To engage in ancient practice of meditating on an image as a spiritual practice.

November's image is “The Gratitude Tree” by Matt Ross, who reflects on gratitude's importance and encourages others to appreciate their journeys.

Written instructions for Visio Divina can be found at <https://t.ly/visio-instructions>.

Watch this video recording and have us guide you through the process, go to <https://t.ly/202511VisioDivina>

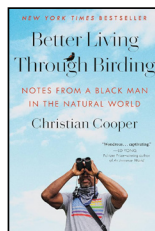
Minister's Book Group

Better Living Through Birding: Notes from a Black Man in the Natural World

by Christian Cooper

Wednesday, November 19, 6:30-8 PM (Zoom)

Led by Rev. Vanessa Rush Southern



Christian Cooper describes himself as a “Blerd” (Black nerd). He is also a creator of comic books professionally and an expert bird walker who discovered birding as a youth in Long Island and could be found most weekends and even early mornings during migration season in New York's Central Park engaged in his favorite hobby. His memoir talks about his growing up, how he came to bird, why he loves it, and how it has shaped his life in ways that are (mostly) delightful. Registration link coming soon.

Poem of the Month

“Gratitude Walking” by Dr. David Breeden

I used to walk across
a wooden bridge arched
over a creek. The wide
planks were rotted, yet
still, it carried me. This
is what life does, I thought:
what words do,
what love does.
Even half-broken
the bridge was enough.
Even falling apart,
it gave itself. And so
I said thanks
to the bridge,
to the creek,
to the sky,
to my calloused feet
that keep moving.
Thank you, I said,
over and again
as the air trembled
its deep, ordinary music.

Soul Matters Spiritual Practices Small Group

Facilitated by Rev. Laura Shennum

Each month we will engage in a new spiritual practice related to the theme of the month. You will have an opportunity to engage in a spiritual practice on your own and then with the group.

This will be an in-person class and you will need to register to receive the spiritual practice packet. To view the themes and spiritual practices for each month go to <https://t.ly/w6r4A> To Register go to <https://t.ly/1TOB>

Website:

<https://www.uusf.org/soulmatters>

ART SHOW

A Year of Neckties—a Tribute to Ken Keep's Exuberant Spirit of Collecting



Join us for the launch of our November & December exhibit at the UUSF King's Gallery space on Sunday, November 9, from 12:15 pm to 3:00 pm.

After the passing of longtime UUSF member Ken Keep, his extensive collection of over 2400 neckties inspired Bay Area textile artist Sue Fox to create the "Quilted Tapestries" exhibit, showcasing her year-long exploration of the ties' colors, patterns, and humorous designs. The exhibit features larger wall or bed artworks, narrative-themed necktie banners called "Dancing Neckties," and bold, colorful "Pillow-Pops." The launch of the exhibit will take place on November 9th in the UUSF King's Gallery, with all profits from sales donated to the Keep Kindness fund, established to support the special needs of congregants, particularly the elderly and disabled.

November 9 - Melodies of the Americas: A Vibrant Chamber Music Celebration!

The Bernal Hill Players: Martha Rodríguez-Salazar, flute; Leah di Tullio, clarinet; Jennifer Peringer, piano
Sunday, November 9, 1:30 pm, Sanctuary

SKWPS PRESENTS The Bernal Hill Players have delighted the Bay Area and beyond for over 15 years with their innovative and friendly performances of chamber music from different historical periods and cultural backgrounds, with a particular focus on Bay Area, Mexican, and women composers. This concert is a program of contemporary chamber music from the Americas, featuring strong folk flavors mixed in with contrapuntal complexity and sparkling instrumental virtuosity. Performers Martha Rodríguez-Salazar on flute, Leah di Tullio on clarinet, and Jennifer Peringer on piano will perform and chat about duets and trios for flute, clarinet, and piano by composers Miguel del Águila, José Elizondo, Valerie Coleman, Libby Larsen, Gabriela Lena Frank, and Astor Piazzolla.



Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109

415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

CONGREGATIONAL COVENANT (under construction)

In an effort to make the world a better place, we support each other's journey to seek truth with openness, curiosity and respect for different perspectives and paths.

As love is our spirit, we commit to respect, accept, listen to and support each other.

We hold ourselves and each other accountable by continually assessing our individual and community actions toward living into our covenant. This will include speaking up when someone's actions are not aligned.

We commit to be in community with openness and loving kindness, acknowledging our own biases and differing perspectives.

UUSF MEDIA

View our videos <http://www.youtube.com/c/UUSFMedia>

Check out our Podcasts <https://www.uusf.org/worship-archives>

Go to our website at <https://www.uusf.org/>

Watch Previous and Upcoming Services:

<https://bit.ly/UUSFServices>



Scan the QR code to visit our UUSF Media YouTube channel and view upcoming and previously recorded services.

Today's Sunday School Plans

<https://bit.ly/UUSFServices>

This Sunday (November 2):

- Preschoolers will meet in the Sunday School courtyard (at the downstairs playground) at 11am for art and games.
- Grades K-12 will meet in the Sanctuary at 11am, exit during the Doxology, then join the preschoolers in the Sunday School courtyard.
- Once everyone has gathered in the courtyard, we will trick or treat, play games, and do an art project.
- After 12:15pm, children and youth will trick or treat for UNICEF during coffee hour, collecting