

"Curiously Non-Judgmental"

Sunday, May 3, 2026 10:50 am

First Unitarian Universalist Society San Francisco



Order of Service
Sunday, May 3, 2026
10:50 AM - 12:15 PM
Livestreamed at bit.ly/uusfmedia

New to UUSF? Complete Our Connections form at <https://bit.ly/uuconnections2024>

A Guide for Newcomers! - What to Expect During Worship (read at <https://bit.ly/newcomersguideuusf>)

Welcome to Worship!

UUSF no longer requires masks indoors on our premises,
following the lead of the San Francisco Department of Health.

We do, however, strongly recommend people to wear masks
or do anything else that protects and respects their own health and comfort.
There is a designated mask-only area on the far right side of the Sanctuary.

Stay Engaged: Explore Our Busy Hand Activity Station

Did you know we have a busy hand activity station at the back of the sanctuary for all ages?

You can find fidget toys, coloring, and so much more.

Check it out if you need something to keep your hands busy during the service.

Please return items before you leave the sanctuary.

Prelude How Firm a Foundation [An Early American Hymn-1837] F. D. Ashdown
(Cantabile - Ornamented Theme - Fanfare - Chorale - Toccata)

Words of Welcome and Call to Worship Rev. Laura Shennum, Minister of Congregational Life

Unison Chalice Lighting

We light this chalice for the light of truth,
the warmth of love,
and the fire of commitment.
We light this symbol of our faith
as we gather together.

*Hymn 324

Where My Free Spirit Onward Leads

KINGSFOLD

[\(CLICK HERE OR TURN TO PAGES 6-7 TO VIEW HYMN\)](#)

Greeting One Another

Time for All Ages "A Day At the Lawn" by Erik Walker Wikstrom

Rev. Laura Shennum

*Please rise in body or spirit.

*Unison Covenant

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in freedom, and to help one another.

*Doxology

TALLIS' CANON

From all that dwell be - low the skies; let songs of hope and
De to - dos ba - jo el gran sol; sur - ja, es - pe - ran - za

5
faith a - rise; Let peace, good - will on earth be sung through
fé, a - mor; ver - dad, y be - lle - za can - tan - do, de

8
ev - ery land, by ev - ery tongue.
ca - da tie - rra, ca - da voz. A - men.

UU Cub Scout Love & Help Badge

Rev. Laura Shennum, Robert Jumonville, Sam King

Overview

Reflection

Presentation

Offering

Today's offering will go to support the **Edgewood Center for Children and Families**. Edgewood Center for Children and Families is a leading mental health care, social services, and academic support organization in the San Francisco Bay Area. Established in 1851, it offers over 15 programs in San Francisco and San Mateo counties, providing prevention, early intervention, community-based services, intensive programs, and residential care to over two thousand children and youth annually. To learn more turn to page 4. To make a donation on Vanco (bit.ly/uusfpayments), using the Donate Button on our website, or by scanning the QR code, please select the line for Special Sunday Offering. The designation is important to ensure your gift gets applied correctly. If you are sending a check, please mark in the memo today's date, **05-03-26**.

Offertory Music

Good Day

Tyler Joseph (21 Pilots)

UUSF Choir; Robert Chambers drummer; Wm. Garcia Ganz, pianist

Meditation

Rev. Vanessa Rush Southern, Senior Minister

In Words...

In Silence...

During this time if you have lost someone close to you in the past year, we invite you to stand or raise your hand in silent witness to this loss.

Music

The Long and Winding Road

John Lennon & Paul McCartney, arr. Paul Langford
UUSF Choir; Wm. Garcia Ganz, pianist

Reading

“Holy Curiosity” by Alicia Forde

Diana Bacon

Reflection

Jackson Munn

Reflection

Isabel Murray

Honoring High School Seniors

Rev. Vanessa Rush Southern & Rev. Laura Shennum

*Hymn 301

Touch The Earth, Reach the Sky!

TOUCH THE EARTH

[\(CLICK HERE OR TURN TO PAGE 8 TO VIEW HYMN\)](#)

Invitations

Linda Enger, Vice Moderator, Board of Trustees

Extinguishing of the Chalice

*Benediction

Postlude

Rejoicing - Bourree - Minuet Finale [The Royal Firework]

G. F. Handel

*Please rise in body or spirit.

Edgewood Center for Children and Families

Edgewood Center for Children and Families is a leading mental health care, social services, and academic support organization in the San Francisco Bay Area. Established in 1851, it offers over 15 programs in San Francisco and San Mateo counties, providing prevention, early intervention, community-based services, intensive programs, and residential care to over two thousand children and youth annually. Edgewood is expanding its services to meet the growing needs of Bay Area children, youth, and families. The organization is broadening outreach, identifying new growth channels, and realigning outpatient services to meet the growing needs of its clients. Additionally, Edgewood has re-established a teaching institute for research, advocacy, and educational programs to train the next generation of providers. The organization's vision is to empower everyone to live life with understanding, confidence, strength, and joy. More information at <https://edgewood.org/>

Participants

Worship Leaders

Rev. Laura Shennum, Minister of Congregational Life

Rev. Vanessa Rush Southern, Senior Minister

Robert Jumonville

Isabel Murray

Jackson Munn

Sam King, Worship Associate

Diana Bacon

Linda Enger, Vice Moderator, Board of Trustees

Sunday Support

Eric Shackelford; Shulee Ong; Alicia Cover; Eli Boshears, Camera Operators

Desired Effect, Sound

Jonathan Silk, Order of Service

Kelvin Jones; Jose Matias Pineda; Justin Roth, Sextons

Athena Papadakos, Flowers

Linda Messner, Head Usher

Musicians

Reiko Oda Lane, organist

UUSF Choir

Robert Chambers, drummer

Wm. Garcia Ganz, pianist

Isabel Murray and Jackson Munn



Hi, I am **Isabel Murray**! I am a senior at Sacred Heart Cathedral Preparatory, where I've co-founded the women's flag football program and led "Advocacy in Action," our school's political science club. Outside of school, I'm a Starbucks barista, avid History Channel watcher, and enthusiastic football fan (go Steelers!). I am super excited to be studying law, justice, and social change at the University of Michigan next fall. Thank you all for coming today, and special thanks to Erica, Andy, Hannah, and Barney Omar Murray for their love and support, even when I'm irritable and hangry.



Jackson Munn is the son of Jed and Nancy Munn and the nephew of Maric Munn and Amy Kelly. He is graduating from George Washington High School this June. He plans to study macroeconomics and political science at CCSF and hopes to transfer to UC Berkeley. He also plans to continue speech and debate in college and to continue working for progressive political campaigns.

Our offering for Sunday, April 26, 2026, was in support of the **Society for Community Work (SCW) Scholarship Committee**, which provides annual scholarships ranging from \$1,500 to \$2,500 for students who align with Unitarian Universalist values. We received a total of \$1,832.00.

324

Where My Free Spirit Onward Leads

♩ - 116

1. Where my free spir - it on - ward leads, well,
 2. My fam - i - ly is not con - fined to
 3. The ev - er spin - ning u - ni - verse, well,

there shall be my way; by my own light il -
 moth - er, mate, and child; but it in - cludes all
 there shall be my home; I sing and spin with -

lu - mined I've jour - neyed night and
 crea - tures be they tame or be they
 in it as through this life I

day, my age, a time - worn cloak I wear as
 wild; my fam - i - ly up - on this earth in -
 roam, e - ter - ni - ty is hard to ken and

⊕ Words: Alicia S. Carpenter, 1930- , © 1989 Alicia S. Carpenter
 Music: English traditional melody, harmony and arr. by Ralph Vaughan
 Williams, 1872-1958, used by perm. of Oxford University Press

KINGSFOLD
C.M.D.

HUMANITY: WOMEN AND MEN

once I wore my youth, I cel - e - brate life's
- cludes all liv - ing things on land, or in the
hard - er still is this: a hu - man life when

mys - ter - y; I cel - e - brate death's truth.
o - cean deep, or borne a - loft on wings.
tru - ly seen is brief - er than a kiss.

301

Touch the Earth, Reach the Sky!

♩ = 52 Unison

1. Touch the earth, reach the sky! Walk on shores while
 2. Touch the earth, reach the sky! Chil - dren ask the
 3. Touch the earth, reach the sky! All are born and

spir - its fly o - ver the o - cean, o - ver the land, our
 rea - sons why. In our lives the an - swers show, and
 all shall die; life's the time left in be - tween, to

faith a quest to un - der - stand.
 by our love they learn and grow.
 fol - low a star, to build a dream.

4. Touch the earth, reach the sky!
 Hug the laughter, feel the cry.
 May we see where we can give,
 for this is what it means to live.

5. Touch the earth, reach the sky!
 Soar with courage ever high,
 spirits joining as we fly,
 to touch the earth, to reach the sky.

⊕ Words & music: Grace Lewis-McLaren, 1939- ,
 © 1988 Grace Lewis-McLaren

TOUCH THE EARTH
 6.7.7.8.

TODAY'S EVENTS

Join us for Newcomer Orientation on **Sunday, May 3 at 12:30 pm in the Fireside Room**, where you can explore our vibrant Unitarian Universalist community. This event is perfect for those new to the faith or simply curious, offering a chance to connect with welcoming members and learn about our congregation. Don't miss this opportunity to mingle, ask questions, and discover how you can get involved!

The Pagan Interest Circle (PICT) invites everyone to celebrate Beltane on **Sunday, May 3rd**, in the UUSF Courtyard after the church service. The festivities will include making flower-wreath crowns, lighting a cauldron to honor the sun's growing power, and dancing around the **Maypole at 1:00 pm**. Participants are encouraged to bring flowers for crown-making, a bag lunch or snack, and to join in the celebration of creativity, community, and love.

We are deeply grateful for the generous donations to our food and clothing boxes, which have been vital for those who fear immigration raids and ICE. Who cannot go to their jobs because of the recent fear of immigration raids. We encourage continued contributions, particularly bags of rice and various beans, along with soups, sauces, and spices. Our efforts will persist until everyone feels safe accessing their local grocery stores, and the recipients have expressed their heartfelt thanks for your support.



SKWPS Special Fundraiser Concert Sunday, May 3rd at 1:30 pm, Sanctuary

Experience the Daring Feats of Opera
\$20

Lila Khazoum (soprano), Sara Couden (contralto), and Zachary Gordin (baritone/piano) present DARING FEATS OF OPERA!! Come hear the marvels of Opera!! Notes higher than you've ever imagined...and lower than you'd thought possible!! Wildly fast songs that will leave you in a whirl!! Beautiful slow songs you could listen to forever!! Music so gorgeous it will uplift your soul—and so strange it will shift your understanding!!

In short, come hear Lila, Sara, and Zach sing Opera...the most daring art form of all!!

UPCOMING EVENTS

Young adults are invited to a social outing at the Museum of the African Diaspora (MOAD) on **Thursday, May 7, at 6:30 pm**, where they can enjoy free admission during Downtown First Thursdays. The visit will include the current exhibition, UNBOUND: Art, Blackness & the Universe, which examines the connections between Blackness and the cosmos. Participants are encouraged to reserve their free tickets online in advance and meet in the museum lobby for a timely entry. Scan the QR Code to register.



Join us on **Sunday, May 10 at 9:00 am** for a discussion on the Farmworker movement of the 1960s-70s, led by Bruce Neuburger, author of "Lettuce Wars: Ten Years of Work and Struggle in the Fields of California." The program will explore the origins, triumphs, and challenges of this significant labor and civil rights struggle that began with the Delano grape strike in 1965. Attendees can enjoy coffee and a light breakfast while engaging in a Q&A session following the presentation.

Join us for the **All Church Retreat from May 23-25, 2026**, in the beautiful Redwoods of Sonoma County. Enjoy a weekend filled with campfire activities, nature walks, and engaging workshops, all designed to rejuvenate your spirit. The CYO Retreat Center offers comfortable accommodations, recreational facilities, and nearby attractions like Wild Flour Bakery and local wineries. Participants should bring their own bedding, towels, and toiletries.

Don't miss out—register by May 10, 2026, and reach out to acover@uusf.org with any questions!

For more info and to sign-up go to uusf.org/annual-events or scan the QR code.



Join the May Minister's Book Group for a discussion of "Mother Mary Comes to Me" by Arundhati Roy on **Wednesday, May 27 from 6:30-8 pm via Zoom**. This memoir by the acclaimed Indian author and activist explores the profound and complex relationship between Roy and her mother, highlighting themes of pain, love, and the lessons learned about humanity. Through their intertwined stories, Roy reflects on the fierce and visionary nature of both women. Participants will delve into the emotional layers and insights that arise from their bond. For more info and to register go to <https://www.uusf.org/are>.

Join us for the inaugural Croquet with the Clergy event on Saturday, June 6, from 11:30 am to 2:30 p.m. at Stern Grove, hosted by the SF Croquet Club. The event is open to UUSF members, families, and friends, with a registration fee of \$50 per player to support the 2025 Church Auction. Children over 10 can participate, while families with younger children are encouraged to attend and enjoy the festivities. Scan the QR Code to register.



If you're new, please familiarize yourself with the guidance and support available on Sundays below. If you have any questions, an usher, greeter, or member of staff will be happy to help.

COVID-19: UUSF no longer requires masks indoors on our premises, following the lead of the San Francisco Department of Health. We do, however, encourage people to wear masks or do anything else that protects and respects their own health and comfort. There is a designated mask-only area on the far right side of the Sanctuary.

If you feel unwell, please stay home and enjoy the service at home via livestream. (bit.ly/uusfmedia)

BUSY HANDS: Explore our Busy Hands activity station located at the back of the sanctuary. You will find things like fidget toys and coloring for all ages to help you keep your hands busy during service. Please return items before leaving the sanctuary.

CHILDREN/YOUTH: All ages are welcome in the Sanctuary for service. Children/youth and their parents/guardians are invited to sit together in the first few rows of pews. Most Sundays, we also offer a variety of age-specific programming; turn to the back of the Order of Service for today's offerings.

PETS: If you came with your pet, there is a pet-friendly section on the furthest section on the left toward the front of the sanctuary. To read our new dog policy (as of July 2025), visit <https://bit.ly/uudogpolicy>.

HEARING ASSISTANCE DEVICE: We can provide hearing assistance devices for the service. These are with the ushers in the back of the sanctuary, who will help you get oriented and comfortable with one.

CANDLES: In Unitarian Universalism we light candles to recognize sacred time, honor loved ones, mark important life events, and more. If you have something on your mind for which you'd like to light a candle, you are invited to come forward and light one silently during service.

SOCIAL HOUR: Everyone is welcome and invited to join us at social hour after service. This is normally in the courtyard (when weather permits) or in our Thomas Starr King room at the end of the hallway outside of the sanctuary. Help yourself to beverages and snacks!

NEW TO UUSF? Complete a Connections form to receive our newsletter, which includes a link to the Order of Service and Sunday Livestream. If you're at UUSF in person, you can find a yellow connections card at the welcome table in the gallery outside the sanctuary or in a pew in front of you. You can also fill it out online at <https://bit.ly/uuconnections2024>.

A GUIDE FOR NEWCOMERS: What to Expect During Worship (read at <https://bit.ly/newcomersguideuusf>)



Welcome to the First Unitarian Universalist Society of San Francisco

1187 Franklin Street, San Francisco, CA 94109
415-776-4580 / info@uusf.org

OUR SOCIETY'S VISION

We, The First Unitarian Universalist Society of San Francisco, delight in our authentic, inclusive congregation that reaches across generations, ethnicities, and differences. We take care of one another, building spiritual community, knowing that we are stronger and accomplish more together. Guided by our responsibility to future generations, we take leadership in shaping a compassionate, sustainable world. Inspired by our courageous heritage and compelled by conscience, we hold one another accountable to work for racial, environmental, and economic justice and the dignity and rights of all.

OUR SOCIETY'S MISSION

As a vibrant, joyous, caring, inclusive community of diverse people, we create a nurturing space for spiritual growth and learning. Based on our shared values, we work together courageously and publicly for human rights, economic justice, and environmental salvation.

CONGREGATIONAL COVENANT (under construction)

In an effort to make the world a better place, we support each other's journey to seek truth with openness, curiosity and respect for different perspectives and paths.

As love is our spirit, we commit to respect, accept, listen to and support each other.

We hold ourselves and each other accountable by continually assessing our individual and community actions toward living into our covenant. This will include speaking up when someone's actions are not aligned.

We commit to be in community with openness and loving kindness, acknowledging our own biases and differing perspectives.

We welcome the newcomer, we commit to building trust with each other, we celebrate differences and make space for repair when harm occurs.

UUSF MEDIA

View our videos <http://www.youtube.com/c/UUSFMedia>

Check out our Podcasts <https://www.uusf.org/worship-archives>

Go to our website at <https://www.uusf.org/>

Watch Previous and Upcoming Services:

<https://bit.ly/UUSFServices>



Scan the QR code to visit our UUSF Media YouTube channel and view upcoming and previously recorded services.

Today's Sunday School Plans

This Sunday (May 3):

- preschool/nursery will be in classroom A from 10:45am to 12:15pm
- Grades K-5 will start in the sanctuary at 11am, exit during doxology, and go to Kincaid to engage in curiosity.
- Youth Group will meet for a pizza party from 12:30pm to 2pm in Kincaid.